## A Slick Cure For Oil Spills

Inventor Working On Device To Solve Problem


Courf: Gays Not Protected By Constifution
WASHINGTON (UTP) - The
Navy has the right to dismits
homosexualis because they ris homosexuals because they are
not protected by the consthe.
tonal right in privucy tin their sexual alfatrs, federal appeals
courl ruled. The U.S. CIrcuit Court of
Appeals Ior the Dostrict of Col
 "traditionally condenned" $" 1 "$
American soctery and is not
right protected right protected from goverrment
inimhilon
The ruling gives the Navy, and by tmplicalion other branches of force mandatiory dismisasal rulte
aralnat anyone proven to be against anyone proven to be a
The courl. Ied by Judge Rob. ert Bork, sald hornusexuals hav io
?no consthullonal right engage in hothosexual conduct
and hat. as fudges, we.. have nos warrane to create oine.
hoomose xual aclviy had "
been protecled" by law. "It the revolution in sexual we think 11
the must arrive through the moral cholers of the prople
and their elected repre. sentatives. not through th
Judictal" process. Bork sald. The appeals cours sald the
Supreme Court has never ruled thal hymosexuals have a right to
privacy th thelr sexual activiles. The Washungion, D.C. Tederal
appeals court ruled In a simlar case in 1978 that the Alr Forre
had the right to dismiss one of had the right io dismiss one of
their servicemirn solely because he was a homosexual.

## 10DAY

|  <br> Back To Schoo! <br> With school scheduled to resume Aug. 27, today we begln listing bus schedules for Seminole County schools. On page for Seminole, Oviedo, and Lyman high schools schedules for other schools will be published In subsequent edifions oi the Herald. |
| :---: |



Olympic Exuberance
Karch Klraly, a member of Amerlca's gold medal-winning valleyball leam, clowns for the camera during the olymple athletes' wisif to Walt Disnay World Thursday. With Kiraly Timmons. The Olymplans
Dalls. See page JA for story.


Sanford's Haggie Cockman attaches his patented nozzle to a

## Mondale's Staff Called 'Know-It-All White Boys'




In Minneapols. Dayton Duncan, Mondiale's
deputy press secrelary, sild hr did not know deputy press secretary, sild he did not kinw
what prompted Young to offer surt a character ualton of the Mondalle staff. The Alanta mayor nadd he knows and likes
Jesse Juckson, tuat added that "he swares lielt out of white Solks."
"lt makes us feel gooxt to scare white folks. Bur his is cruanter produritve it a minorly slluallon.

## Ferraro Keeps 'Em Guessing

 NEW YORK IUPA - Demosral- file a report wilth the Federal White the bemorratic candidate worked to end the con Geraldife Ferraro says she is Publication of the documents
'happy" with her husband's is expected to resolve a discrepis expected to resolve a discrep-
ancy over Ms. Fertarós in volvement whe the reat rstale
firm headed by her luyshand firm headed by her linstianm
John Zaccaro,
Ms. Ferraro declined to com ment min report's she ownins hall of
ther tuabands company, She her husband's rompany, She
has clamed very lillie partictpa
toon the the business. resldent George Bush releaser a nel worth blatenirnt showing
he is a multumblionalre he is a multimillionalre whos
holdings have risen more than 3300,000 in the past five years The most secent Income lax selurns could not be releaselt Bec ferrato pat
 oured $i n$ preparation for their release Moneparallon for their reiease

A Sanford First: Female OB-GYN

By Busan Loden
Horald staft Writer Sanford women have a chotce they've
never had before. Wuthout leaving town. they can be treated by woman obsietriclan-gy necologist.
But 30 - year-old Dr. Uahagirdar
says that juat because she ta a woman is no reason for wormen to chose her as their
not phyyitcan, even though oome, she sald,
will probably select her because of her Bex. Jahagirdar and her urologist
Dusband Ravi. deetided to bring hiletr brand nizw mirdical degrees, recelve from Tulane University in New Orieans in
June, to Sanford because the community June. to Sanford because the community
nreds them, she sald with a distlact
ladtan accent.
The palr. who are matives of indth.
Tlooked arand for opportunites all ovef looked around for opportunties all over Ms. Jahagirdra. whose offce has been


## Many Tongues Spoken In Seminole County Schools

## By Doanaten merald Btafl write

Things have changed conalderably since 1979 when The federal government told Seminnote County school oftcialig that the lack of a programn for foreign sladentis
was diseriminatory and something had to be done

Today, hundreds of foreign sludenis apeaking as
many as 20 different tanguages are enrolted in the Setininole public achool sysiem. By the $1980 \cdot$ - 1 school year. trillngual Kathe
Schwelzer was named forelgn aludent reglatrar und the nove to educate foreign sludents whether they cuold

That year, 174 lorelign students and youngsters from speak English. When school endid for the nations tis the school systern. In the past See Foreion, page 12A

2A-Evening Herald, Senitord. FI. Sundary, Aug. Tr. 1 Te

## NATION

inbrief
Justice Department Drops 'Baby Jane Doe' Case
NEW YORK IUPII - The Justice Department has dropped Its eflorts to obtain the medical records of the "III stistead pursue a second case thas presents the
Friday was the deadilne for the federal government to flle
Its appeal of a decision by the U.S. 2nd CIrcult Cour of Its appeal of a decisison by the U.S. 2nd Circult Courr of
Appeala denying the government the right to Bee the
nfant's hospital records.
case.: Juatice Department spokesman Mark Shechan sald becaune the infant was out of the hospital and at home At the heart of
At the heart of the legal battie are regulations prompted
by the Baby Jane Doc case and adopted by the U.S. Health and Human Services Administration. The regulationa
require hoaplials to poal the number of a telephone require hoaplials to post the number of a telephone
"houtine" so medical personnel could alert the government when they belleve an infant was not recetving sumcicent
care. The regulatlona also permitt the federal government to

## No Greeting Cards For Disney

BURBANK. Callf. (UPI) - Stockholders have persuaded
directors of Walt Dleney Productlons to terminate an agreement to buy the natlon's third largest manufacture Ray L. Walson. Ray L. Walson. chadrman of the board, sald directors
voted Friday not to purchase Gilbson Greelinga Inc because some slockholders belleved the transaction wa nol in the best interest of the company The dectaion followed an announcement Wednesday by
minncapollo nnancler irwin Jacobs who sald he had enough votes among stockholdera to stop Disney's acqualition.
Jacobs. who owned 6.3 percent of Disney stock.
contended the purchase price of
Dibson was overvalued. Dianey announced plans to buy Gibson last spring as
part of tis altempt to nght off New York linvestor saul part of tis altempt to ight off Nrw York Investor Saul
Steinberg who galned a $\$ 30$ million proft after Disney

## Fight Looms Over Diablo Delay

SAN LuIs obispo, Calf, UPri - An mppeal it expected order that blocked full-power testing of the $\$ 5.1$ billion
Dinblo Canyon nuclear power plant.
"We are considering whether our appeal should be made "We are considerting whether our appeal should be made
to the enilire 12 .judge Court of Appeal or directly to the
Supreme Court. Tony Ledwell. a apokesman for Pacinc Ganeme Electrict Co. sald Friday
The appeal to allow full teating of the 1,100 -megawatt
plant. designed to serve 1 militon people, would be fied "na wifliy as ponalbe, posalbly early next week." he beald "as In a 2.1 declaton Friday afternoon, the U.S. Court of
Appeals for the Dlatrict of Columbla granted a request by Appeals for the District of Columbia granted a request by
plant. opponents. based on mafety isaued. to block a
full-power tening license that was to go inio efrect at 5 p.m.


## Unlucky Pool Player Busted For Pot



Birthday Suits
Dot Brennar, Sanford branch manager for
Emplre of Amerlea bank, presents a check for 8500 to Seminole High School marching Wlichar, Sandy Stiffey, Shelly Howlngton and Bernard Wllke; back, Blly Pennick and lynda Howington. The band is in the midst a fund ralsing drive to pay for 100 new

## WEATHER

mational ripozt
scorching ummer heal in the
 while thunderatorms in the ockes apawned a tormado and nd mudalddes that whenhed out eather Service culd tempera. ures In the south-cenpiral
Kanoen clty of Hutchinson have ranged from of Hutchinson hay to lo3 degree
Unce Tuesdia. Stx other Kan 00-degree mars surpasided the omperaturee mark Prilipeed the centu. mark across Kansene. centate tictals conaldered requeating a revent fires because exing to toly
condition y conditions have prevalled in too climbed over 100 degreer in eummer. The 95. degree pectitore who lined the

The bank's contribution came after pledged 25 cents for each signature collected the Sanford affice Mrs card displayed the promotion recelved a large community response. "We had hundreds of people vis the office during our blrthday week. Many sligned the birthday card because the
wanted to help the band."



Action Reports
$\star$ Fires ${ }^{\circ}$

- Courts
$\star$ Police Beal
 out to Catherine Davis Jackson
and drawn on the accouns of
Ruth L . Ennis was crohed by the
 checcu back to the hooplicang where
Mrs. Ennls was a pattent when The blank check was taken.
Hospilal mald. Myrice Jackson, 23, of 206 Cadillac
Court. Altamonte Spring. was arrested in the case at $1: 32 \mathrm{p} . \mathrm{m}$
Wedneaday at the hospltal. Catherne Jackson. 35 . or 121 Plymouth Ave. Altamonte
Springs. who allegedly permitted prings. who alle gedly pernitted
he suapect to uee her dienilicahon to cash the check has also
been charged with utterng a orgery and grand theff. She was
arrested at her home at 10:41 arrested ar her home Thurady. Both were re.
leased on $\$ 1.000$ bond each and Aug. 31. DRuo foraery
A 39 -year-old Longwood man arrested for allegedly stealing a
precription sitp and forging an order for a controlled drug wan
being held in licu of $\$ 5.000$ bond.
The presented the bogus precription
to a pharmacisi at Walgrens. o a pharmarist at Walgreens, Sanford. on Atg. 12 was ar
rested after the druggist plcked a
suspect in a photo lineup, depu. suspect in a photo lineup. depu-
tes report. The doctor whose
name was used on the form name was used on the form
confrmed that he had not writ. ten the preacription for
percodan, apaln killer, deputies report. Samul Larry Terry of 300 N . Samuel Larry Terry of 300 N.
Grant Sh. was arrested at $2: 10$
D.m. Thurday at hla home.


## FOUOHT IN COURT

A 30 year.old Sanford man
who
herin to leave a Seminole Count
courtroom in Sanford has been
charged with realiting arres
with vioience and wo counte of
batery to p pllice ofmer.
The depulles were called into


## been arrested in Seminol County on a charge of drivin under he Infuence:

 County on a charge of drivinunder he In Huence: Harper. 60 . Zephyrhills. was arrested
1059 p.m. Thursday after
reportedly drove south to reportedly drove south tn th
northbound lane of U.S Highway 17.92. Sanford.
-Joseph P. Marilin. 36 . of 47
Rainbow Drive. Casselberry. Ralnbow Drive, Casselberry.
1010 pm. Thuraday on count Hoad 427. Just suyth of stat
Road 434, Longwood. after $h$ Road 434 , Longwood. after hy
drove 50 mph in 45 mph zonl
and crossed the centerline of the and crossed the centerline of th
roadway. - Jumes Jayc Aibsey 20 ,
Laurel. Md. AI $10: 35 \mathrm{p} . \mathrm{m}$ Thursday. after drwing 75 mp
on west state Road 46 . Seminol on west
County.

- Whllie
Winter Garden Furlow, 6I. Winter Garden , was jalled at
a.m. Thursday after his car hits bulding on Oaks Boulevar Seminole County. -Michael Davld Palmer. 36 .
308 Hermits Trall. Altamon Springs, at 9:35 a.m. Thursda afler his car crossed the cel
lerline of county Road 427 lerline of county Roa
north of Lonkwood. -Joseph John Lindscy. 40 . d
165 W. Fawsell Road. Wint Park, at $11: 09$ p.m. after his catity
falled to maintann a single lant
on Interstate 4. , Lake Mary -Tracy Eugene Wheat. 22. Friday after falling to matntaln
single lane on state Road 434 Springs.
The Sanford Fire Departmen Tharsday -10:18 a am... 115 Shannon
Drive, reacue. A 73 -year-old Drive. rescue. A 73 -year-old
man. Steward B. Clovis. was having a heart altack.
Emergency medical tectinicians began cardiopulmonary re Rusclation enroute to Central
Flordda Reglonal Hospltal. The man. whe had a hlstory of hear problems. was pr
at the hoopital.
at the hospltal.
-6.09 p.m. 1406 W .13 h Sa -6:09 P.m.. 1408 W . 13th Sa..
recue. A 70 year-old woman
had a shoriness or bre head a shoriness or breath. She
was transported to the hospital by ambulance. ${ }_{-8: 31}$ p.m., 1216 W .131 h Se . ralse alarm
Fridey,
$-7: 09$ a.m. 1216 . 13 h St.
rescue. A 88 .year-old man was
having a



## Purchase Of Tape Recorders <br> For Courts Gets Opposition



## FLORIDA <br> inbrief

## Air Force Airman Killed,

 Two Rescued After CrashTYNDALL AIR FORCE BASE (UP1) - One alrman was
killed and two others were reacued Friday following the arral collision of two Alr Force Jet nghters durling a The Iwo survivors were plucked saifely from the Gulf of Mexleo shortly after the collision at 8:40 a.m. about 65 milles east of Panama City in the FForida Panhandle, a was recovered.
Was recovered.
Lt. Col. Art Tate sald all three airmen were partletpating
in an "alr combat maneuverabillty Instrumentallon in an :"alr combat maneuverabillity were particy inating exerectse" at the tume of the incldent. He sald the training
exercise. which involved four $F$.15s and three $F$-4s, was being videntaped by offclals at Tyndall Alr Force Base. ocated near Panama City.

## Sex Offender Freed On Bond

 MIAMI IUPII - Court workers have recommended psychlatric tests for a convicted sex offender who wdisreieased without bond desplte allegatlons he operated a chlld pornography ring and was photographed in sexually xplliclt poses with chlldren. The Dade County Departinent of Correctlons Pretrial hat Michael Ray Jamison. 39, of Miaml, be relcased
hat without bond. sald pretrial services director Timothy Murray sald his oflce recommended Jamison be released
without bond so caseworkers could keep an eye on him without bond so caseworkers could keep an eye on him
and require that he recelve psychatric help.

| 0 | pearance on a Sunday televiston news show. |
| :---: | :---: |
| ued from page 1A | The Phbladelphta Inquirer sald |
| "Teeley. becau | In a story published Friday that |
| owed to see them under terms |  |
| a blind trust he opened upon | August showed Ms. Ferraro and |
|  | Zaccaro each own one share of |
| The trust has assets valued at | Co. - but |
| 79.381, according | those are the only shares of the |
| ment. Which shows | company. |
| worth of $\$ 2,128.069$. | The document, filed with the |
| accaro had earller b | alwo lists her as vice $p$ |
| wife's request that talle of hls flnances. |  |
| A not oblis nated by law to | congresslonal disclosure |
| d that releasing the Inform | s. Ms. Ferraro sald |
|  |  |
|  | her husband s company. In her |
| demeyer sald the candidate | mosit recent ming with the Fed. |
| Id spend the rest of the | May. Ms. Ferraro listed herself as |
| kend preparing the financlal | secretary-treasurer, the paper |

## HOSPITAL NOTES



## CALENDAR

| gaturdat, augubt 18 p.m., closed. 8 p.m., slep. 130 |  |
| :---: | :---: |
| Inn | Normandy Road. Casselbe |
| pen discussion. 8 p.m.. Second | ar Retos Club, no |
| ${ }^{\text {and }}$ and Bay Streets, Sanford. |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
| 1201 W. Firat St., Sanford. ford. |  |
|  |  |
| Sanford Big Book An. 7 p.m.e, | Sanford Duplicate Bridge Club. 1 p.m.. Flonda Power and |
| \%ind Light bullding. N. Myrile Light Building. ${ }^{\text {Sanford Toastmasters, }}$ 7:15 |  |
|  |  |
| - | a.m., Season's restaurant. 2565 |
| League of Women Voters of S. French Ave. |  |
| nole County, Lake M | Histortc Longwood Rotary |
| Hall. Country Club Road. 8 Club. 7:30 a.m... Longwood |  |
|  |  |
|  |  |
| The lesues. For more information tall 699-9034. |  |
|  |  |
| Apopka Alcoholice AnonyBonous. 8 p.m., closed. Apopka |  |
|  |  |
| E.piscopal Church, 615 |  |
| Al-Anon Step and Study, 8 24th St.. Sanford. (Salvationander |  |
| asases for Seminole County resil. |  |
|  |  |
| 1201 W. First St. <br> Sanford 24-Hour Group AA. lawyer. For more information |  |
| open. 8 p.m., Second and Bay Call $834-1660$. $\quad$ Seminole County NA |  |
| \% Reboa Club AA, noon and b:30 P.m.. Allen Chapel A.M.E. |  |
|  |  |
|  |  |
| Clean Alr Reboe at noon, closed. Fellowihip Group AA. senior litne B PM. cloced, 200 N <br> miseloner candidates who will <br> Casuelberry Rotary 7:30 a m. |  |
|  |  |
| Lake Triplei Drive. Casaelberry. Senlor Center, 200 N. Lake |  |
| TUEADAT, AUQUET 21 <br> Reboe Club AA. noon and 5:30 |  |
| \% She Farmily |  |
|  |  |
| She Gamily |  |
| The fate |  |
| Oster "Oddie" Mci'ee |  |
|  |  |
| Whehes Go Cuphecs Our lincere tparesiation For All ïzpressions of fove and Siembath |  |
|  |  |
| For tur cazprescions if fove and yenymithy |  |



## Sanford Man Guilty Of Grand Theft

A Sanford man was found Vernon Mize sentenced McGriff
guitty by a three.man. threc. 1018 montha and two years of
u man a man Jury Thursday on 17 communtity control, a form of in
counts of grand theft and one house arrest. count of burglary.
Vincent McGrim, 18, of Rt. 2. Sanford omas arrested after a Box 3.M. could recelve a max-
Imum sentence of 90 years Circult Judge S. Joseph years. Jr. set Oct. 24 for sentencing. McGrif was arrested May 4 for
shop Iffing in Sanford and after an hour in custody was charged
with the crime for whict he was Found gullty Thursday, taking
17 guns wort 17 guns worth 85.000 from AdN
Gun Shop. $501 S$. French Ave Sanford.
While
While in custody In May on the burglary charge and the shoplift nng charge. a misdemeanor in
which he is accused of taking in pairs of shears from Duggar's
General Store, 2 nd St. Santo Mencral was aentenced in a third theft case from December 20. In

## Texans Welcome Olympi

DALLAS (UPI) - America's
newest heroes wound down a
whitlwind uo post-Olympics euphorta. creating a groundswell of patrittic fervor In a clty
already geared to hom the Re-

Gymnasucs Rold micdalls
 olymple medol winnero or a
crowd of about 100,000 that lined the downlown bireets for
the Ilcker.tape parade Frdday the licker.tape parade Friday.
Many in the adoring crowd
craned their neck for a glimpae of hometown hero Steve Lund-


549 WEST LAKE MARY BOULEVARD LAKE MARY, FLORIDA 32746

1 Mile East Of 1.4)

## RETAIL \& OFFICE SPACE FOR LEASE

RETAIL SPACE AVAILABLE SUITE 201-888 SQUAREF OFFICE SPACE AVAILABLE SUITE $107 \cdot 785$ SQUARE FT.
SUITE $306 \cdot 1131$ SQUARE FT. 305) $323-9310$ опимео (305) 862-3152
.To Learn More About Your Investment Opportunities
William M. Cadden \& Co., Inc.
Gordially Requeses Your Meuendance Me A Seminar Sneroducing

## EQUITEC

REAL ESTATE INVESTORS

## FUND XIV

real eatate limited partnerahlp designed to invest in income-producing properties.

878,000 Or Limited Partnerahlp Interent 150,000 Units, 1500 per Unit
Minlmum Purchase: 6 Units ( $\mathbf{\$ 3 , 0 0 0 )}$
Requirements may vary in some states




Guest Speaker: Edward C. Hillhouse, Jr., Equitec Regional Manager TUESDAY, AUGUST 21, 1984 7:00 PM HOLIDAY INN, I-4 \& 8TATE RD. 46, SANFORD, FLORIDA RBVP TO (308) 321 1-6870


Springs. was round gulty by
jury Wednesday of possesalton of jury wednesday of possession of
mure than 20 grams of marl
juana. Duavis was ordered Johnson to remaln 16 custody unill senten-
cing Oct. 24 . Johneon could cing Oct. 24. Johneson could
recelve up to a year. recelve up to a year.
He was arrested May 18 after ho was arrested May 18 after
woman and her mon ldentifed Johnson as the man that wa ulith her on la her garage May
5. On that day. the woman matio she entered her garage to se whe entered polng on when she
wascovered almost a half a pound discoverred almost a half a pound
of maryuana in a bag the man was carrylng. She and her husband struggled with the
nan. took the bag from him, the man. took the bag from $\mathrm{h} / \mathrm{m}$, and
ilien called the polise.
$\qquad$
Diot PIII Swaeping U.S. New Grapefnit 'Super Pill' Gives Fast Weigit Loss
No Dleting - Ent All You Wa
Pill Doen All the Work ABEMERY HILLS, CA: (Apodid)
 reas" that you will casily lose ns lens
10 pounds 1010 days. Boas of ull, 1
 want of your favorite foods and silll
fore a pound a day or more starting fose a pound very first day until you
frechieve the ideal weight and figure
and This "syper" grapefruit pill is a
dramatically improved version of the dramatically improved version of the
world femous grapefruit diet It is fur world famous grapefruit diet. It is far
more effective than the original and more effecive has mess, fuss, and high
eliminates "hhe mat
cost of eating half a fresh grapefruit cost of eating half a fresh graper
at every meal." "Pill Does All the Work According to the manufacturer
"the pill isser does all the work while
yoe you quickly lose weigh with NO slarvation "dier menus" to follow, NO
calorie counting, NO exercise, and NO hunger pangs." It is 100\%, safe. You simply yake ine pill with a glass
of water before each meal and the of water before each meal and the
amazing combination of powerful in. armexing combination of power ful in.
gredients are so effective they take over and you starl losing weight im.
mediately.
Pull Has all Deily Vuamins tion of ingrediems are whal make this a "supp-pill". It contains highty po-
ient prapeifuit concentrale and a diurtent crappernit conceniraue and ad dur:-
eic to hep eliminate bloar and puffi-
ness. No need to take any vitamins to maintain your good health and ener.
zy. The pill is forififed with ALI gy. The pill is fortified with ALL
$(100 \%)$ of the U.S. Covernment drily vilamin requirements. Contalas Japanese 'Glucomanana'
Each pill pass onntains an amat Each pill also contains an amaz-
ingly effective amount of "eluco mannan". the remarkable nalural dietary fliber discoovery from Japan
(used successfully for over 1900 (used successfully for over 1500
years) that expands in your slomach years) that expands in your slomach
and gives you a full and salisfied feel. ing all day long.
The super-pill is already sweeping the country with glowing repons of
easy and fayt weight loss from for merly overweight poople in all walks
of life who are now slim, trim, and of life who are
atractive again.

## altractive again. Now Avaluble to Public

 You can order your supply ofhitese highy sucessful super"
erse srapefruit pills (now available diriaca-
ly from the manufacturer by mail
 14-day supply (or $\$ 20$ for a s 30-day
supply, or $\$ 35$ for a $60-\mathrm{day}$ supply) Cash, check, or money order to
Citrus Industries, 9903 Santa Monica BA., Depp. 246. Beverly
Hills, Calif.' go212. (Uncondilional money back suaranice ( nor sampls
fled.) Vise. Mestercard, and Amer Expres OK. (Send card number, ex-
piration daut, and signaure.) For fastest sevice for credil card oder
ONLY call toll free 1 HBOOH $B 62$

## Evening Herald

##  <br>   ". <br> Time For New War On Poverty

 month show that 15.2 percent of the U.S. poverty last year.What does it mean to live in poverty? It used to mean golng hungry and shoeless. not having a roof over your head. But poverty
is relative. Today, the government definea family of four with a cash income of less than 810.178 as living in poverty, although thi
does not take into account such things as does not take into account such unigs as table wages.
Some of the people who fall Into the
category of poverty aren't poor category of poverty aren't poor. Others who
barely clear the poverty llne suffer privation Poverty in 1984 may have a differen
standard than in 1934, but if stlll hurts to b poor. And for people who have known
nothing but poverty from the Depresslon to nothing but poverty from the Dep
ihe recesslon, hope lurns to despalr.
Statistically, this is the highest percentag of poverty-stricken people in America since
the Johnson administrallon began its War on Poverty in 1965.
What has caused this national problern? How can the Untted States solve ti? And why
in the wealthlest nation on earth, does on out of every four children less than 6 yeara out live in a poverty-stricken famlly? As with any complex problem. there are no
easy answers. One can blame current budget casy answers. One can blame current budge
cuts for the Increase, while forgettIng that the poverty rate has been cllmbing for the last Ave years. and that last year's increase in the poverty level was the smallest since 1979.
One can polnt to the accomplishment
One can point to the accomplishments of Johnson's programs, while forgetling the
extremely high cost of his War on Poverty and the small decrease In the poverty fogures hat resulted from It .
Or one can polnt out how the economy
affects the poverty rate, while forgetung that affects the poverty rate, while forgetung that
the country is in the middle of a recovery as the number of people in poverty lo increasing. Whatever the real anawers. there are still $t 00$ many poor among us. Nhat can be done? Throwing money at the problerm will not,
Curkithem or on onerty fogodimh,
Cutho programs increases the problem: the Reagan administration has proven that.
the tumes wellye in tell us that only solution: Instead, a mildde road mua
which the government spends enough money to provide a basic safety net for the destltute moncy that the taxes needed to pay for the safety net, or the budget defictit incurred to finance It. strangle the economy with infla trams must te re stagnation. Poverty pro grams must be run efficesntly, without the Ald programs must preserve the pasily, not desiroy 11 . Many children live in poverty because 36 percent of female-headed house holds live in poverty. And this has happene: because programs ine Ald to Famillea with leave their famillica.
Finally, rellef programs must not atine individual Intiative but must encourage it. One thing the government should not do is Bureau study reports that 11 did just census 1882 the poor pald 8 percent of thetr income In taxes, compared to 6.6 percent in 1980. Such obvious inequity must end as a first step in the fight against poverty
objectives without to list such broad-based moeny is just enough to provide the basic safety net. But the United States is full of managers. Of halented people who can run people should work toward
poverty. America pulled the eradication of poverty, just as it pulled out of the war in were clearly defined
The fight won't be easy. It won't be cheap.
may even turn out to be imposilble. But we should make the effor
BERRY'S WORLD

"You'ro gotton a DEMOCRAT hardol"

ay Doria Dietrich

| lease don't scream at me. n down. I'm only human - |  |
| :---: | :---: |
|  |  |
| And od |  |
| der 1 dhrive | , |
| scriptures. "Do unto others as you | 1 |
|  | sounded off. And the garbage man |
| c | didn't plek up the garbage agaln. |
| that I'm burned. am apt to | There siots more. But the negalvisms I encountered |
| hat |  |
| survival tactic in today | posilve relinforcements generated when Dora Lee Russell phoned from |
| ne was when | d |
| bashful that 1 bushed and cried | Sanford drink |
| . | East First Street in Sanford was a |
| hated them. 1 wanted to scream. | mese funder construction) $A$ siorm |
| 1 wrote |  |
| firn't inke the | a |
| handled a stluation | for iwo in a delightulul tete-a.tete after |

Dora Lee. Who thrives on motiva.
Hon. gets all fred up at any negative suggestion. She tells her employees. get in!ngs have traight and get back to
work.:" A lot of people do more than
scream when under stress and ssure. They crack up. I have a Brenda Carter de Treville, director of markelling and community rela.
llons at Brookwood Communlty Hos. lions at Brookwood Communty , will
pltal, and formerly of Sanford, will
conduct a one.hur Siress Man, ment seminar on Saturday. Aus. 25. at noon in Captain's Galley. Red
Lobster. 355 N . Semoran. Winter Park. Open to the communtity, the
only cost is the $\$ 4$ luncheon tab. No In the meanttme. go ahead and
lear the alr Scram. pared for a resounding echo.

RUSTY BROWN Get Rid Of The Purses
Questlon: What does Geraldine Ferraro have that no other woinan
haa? carry her purse.
Ind it algnincant that as soon as the representalifve from Queens

became the first woman on a | natlonal licket. |
| :--- |
| seen with |

Carrylna a purse docsn't go with the image she wanta to project as a
competent. intelligent. persuasive competent.
provessional.
Pumana are a drag on women -
Iterally and ngurautely They Ilterally and nguratively. They in.
hiblt movement and saddic us with a heavy burden.
No woman can appear Innately
forceful and capable encumbered with a purse hanging from h
shoulder or dangling on her arm. bage without atraps. so de digueura the standup cockkall pary. How
often have you had to balance a glass in one hand. a plate of hors your clutch between your ribs and elbow? And then try to eat. There for that.
I became fully aware of juas how much ann Impediment purseat are at
the Democrutic National Convention the Democrituc Nationin Convention
me month O Oponing dyy. Where Was a spectal fund-ratser brunch for
women candidates. More than 3.500
wor women Jammed the San Franclaco
Opera House to celebrate women or achlieverment. On stage were 96
lumlnarien: women of Congress. state offictals, mayors. judges. governor. purse carticr. She would look more like a monarch and leas llike a
matron if she handed her purse to one of her ladies.ln-walting.
Once. Wlth President Reagan, she
was strolling in her own garden at her own home. Windsor Caatle, and purse dangling from her arm.
remember thinkung: What can she remember thinklng: What can she
posalby have tin there - the keys to the kingdom?
reasona we carry purses - for makeup. comb. credtitse zarde and
money. We have allowed ourselves money. We have allowed ourselves datebook. Kleenex. key. paper
clipo, eewing kit, raln hat, etc., etc. cllpp, eewing klt, raln hal,.etc., etc.
What we need Is a F.F.P. move. ment - Freedom From Purses. To launch the movement. we muat:

- Firat: retraln ourselves to carry - Firal: retraln
only the csecntial.
- Second: convince fachion de. bulti-In carryalls. These could in clude deep pockets in pante and full
akirts: zlppered pockets on aleeves II akirs: 2 Ippered pockets on sleeves
had one once on actanvas jacket and


## JACK ANDERSON

## HUD Man Has Violations History

Whe Depariment or An oficial of houng and
Urban Development has an out. stand Deveriopment has an out.
that culle for haran ang antres in in connece.
 property he form
Washington. D.c. The bench warrant was lasued in
District of Columbla Superior Cour Distict of Columbla Superior Cour
hat Oct. 28 when the HUD offctal alled to appear in cour for
ulatus hearng" in the. case. ordera the U.S. marthul "to arrea
cenneth F. Hoibert and bring hila
orthwith on anawer the information forthwith to answer the informa
chargung him" with fallure to
vide hot water for tenants vide hot water for tenants of
33 cen-unit apariment buulding on from November, 1882 O Aprll. 10 Holbert. 5e, an atorney, earns
s68.000a year as a ppectal mastannt
to HUD'e general cieputy asolitant secrelary for farir housing ond equal
oppontuly. When my meoclate
Tony Caly
Tony Capacclo contacted Holbert at


JULIAN BOND

## Problem For Us All

## There wouldn't have been as much shock and surpise expressed

 at the United Nations Internatlonal Conference on Population if theconferees had read a slender book conferecs had read
published last year.
pubilished last year.
At that U.N. session. the confer.
ence secrelary-generad. Rafacl $M$.
 population helped cause wars and
ket .."ng standards low.
The booklet that mak The booklet that makes this bad
news worse is called "Population
Change. Resources and the Change. Resources and the
Environnent." 11 s a repart of a
conference of 50 people from 18 daya to talk ubout the growing
number of people on the Earth and our growing thabillty to feed and That's a farmillar, if furaway tople to mosi of us.' We've learnted
through late-night appeals that fam. through late.night appeals that fam-
ine afficts large numbers of people
In Africa. and now we know that In affrica. and large numbers we know that
even some Americans don't get even some Americans don't get
enough to cat. We ve leaned.
through increasingly expentine ext pertences at the gas pump. that others control valuable resources
we can taflord to do without. So most of us have wome pasatng lnformation about, and sympathy
for. the seemingly "distant pro
blem." Bui what frightens the reader who
absorba the 15 pages of the poplation absorba the 15 pages of the popula.
llon report is a notion that hasn't lion report is a notion that hasn't
seceped into public consclousness eecped Into public conaclousnes
yet. but which muat if we are to survive as a clvilized world.
The dimenalons of the problem are frightening enopulation
Today's world populato bollion grown al population of 1.8 percen each year. That's a reduction from
the 2 percent rate in the 1960 s . But
because the baes is larer. because the base is larger, today:
reduced rate of growth actually

## produces more people. The number

 - 365 million preople between 1975 and 1980 - $15 n+1$ expected to peakuntill it reaches 442 millon bet 1995 and 2000. The population we are used to -
our nelghbors and other American our neighbors and other Americans
of all shimpes. Kinds and colors - ta growing at less than 1 percent
anually. The 5 percent of the world's. ppopulation that lives in
Austra. Beldgum. Denmark East Austria. Belglum. Denmark. Eas
and West Germany. Hungary, Haly Luxembourg. Sweden. Switzerland and the United King $\begin{aligned} & \text { Kom has al } \\ & \text { ready achieved zero population }\end{aligned}$

Twenty other countries Australla ot yugosiavia - hold a fifth of the world's population and hare a slow growth rate with the Aifh of the total population. adds about one-fifh of the world's in
crease in people each year.
It is in the rest of the world that
one-half of the world's people live one-half of the world s people live
and nearly three-quarters of the annual krowth occure.
A third of the world's people. half the population of what tis called. "the
developling world." "tive in countrita where women, on average, have flue or more children in therr. iffetlmes.
Three naliona Three nations - India, Bangladesh
and Pakistan - are half of that and Pa
group.
When the next century begins.
here could be over 6 bullon people on the earth, and 45 percent more people in the developing world. To
feed them. food production have to increase three stmes over
current levele.

That's where the scare begins.
Food production has been golng up Food production has been going up
remarkably since the end of World

WASKINGTON WORLD
That Failing Humor
$\qquad$ "My fellow American. in peased to tell you today that r've Russia forever. We begin bombing The Europeans were not amused.
The communtst bloc thaught lypically Reagan. Many Amertcans he Reagan subconsclous was preveilling. The president's pollicical
atrategists publicly shrugged it off. expresaing confldence that everyone
would underatand the nature of the Quip at the same ume, it dia Oothung to erame a perception in thy
minds of oome crillcs that Reagant
"rigger happy" and does not full "Irigger happy" and does not fulli,
comprehend the devastating pushbution power he holda in hil
hands.
Opposillon candidate Walte Mopposillon candidate Walte was a joke. but sald it was not
joking mather.
The other side of the poltict ence in not faring well ellher in the Democratic Vice Prealdentla
candidate Geraldine Ferraro': re mark that Reagan was not "a good Christlan" because of his budget
cuts in programs for the poor hit the The Mondale forces decided that he was a loose cannon. part of he
charnn. and rushed in a team of former Carter adminnistration alde lo sel her on the right track. But Ms. ecrara ta her own person and
callit them as she sees them. Her comment "you know whal
its like" to be married to an liallan It's like" to be married to an lialan
man. referring to her hubband': dectalon not io reveal his income cixes. did nol sit well with some
Italtan. Amertcan leaders., with the Sons of lialy Pressdent Aldo Calra
calling the statement "unfortu. nalc." Prealdent George Bush didd
Vice not fare wo well when he sald
Reagan was keeplng his "optons open" on ralaing taxes after the Mondale, trled adamantly for days to wipe out the impression
would have to Increase taxes.
ateme from case nled warrant Aprl. 983, by the Distict of Columbla opporation counser in office. allegung
the 33 inatances of fallure to provide hot water in violation. of the dis.
trret's houning code. Holber to
among 28 current and former mong 28 current and former
andlords listed am a major volator
in a list lisued by the cult in a list isued by the clly's houaling
enforcment authortien.
 regulation. In 1900 . tenanis in the
bulding nied a pecliton with houe.
ing authoritice charging Holbert An Independent examiner agreed
with moal of the tenants allega.
tona, and ordered Holber to pay
 Holbert: "fallure to provide the
proper heating and hot water during
various periods from 1978 tital various periods from 1978 to the
present are houang code vilations
of auch substantina nature as to
aignincanly y ffect he health, asely
and securly of tenanis.:
Nine monthe later, another exam-
ner concluded that Holbert ner concluded that Holbert had
reduced tienami-1 related uervices and facellitien by allowing subbtan-
thal hounting code volations to exter thal houalng code violations to
over a prolonked perrod of time." HUD officials wele aware of
Holbertie problems. In fact they
took he unubul sep of holding up
ninal approval of his ladit three ments untll he provided evidence
 single-page check off form frotin. 38 minperior. vioiniting correction randing frons
peeling palnt to boose plater, teaky Inks and diry noors. The mort
werre not menat lodged aganat hin zerloue chargee lodged agzinnat hilm

What Newspapers Across The Nation Are Saying

## Child Porn Fuels Fantasies Of Abusers


dent might need to ralse taxes. It some unforseen
calamity wreckedd all the natlon's most important
Industries. the president might need to ralse calamity wrecked all the nations most important
Industries. the president might need to ralse
taxes.
... If, on the other hand.... Congress wants to … If, on the other hand. ... Congress wants to
ase part with farm subsidies or the honorables lacked
line courage to face down the lobbyists, the volers won't be very happy.
The New York Tlmea
Gabriclle Andersen-Schiess. Mary Decker. Jeff
Hatnick. LI Ning. Evander Holyfld. Mary Lou Retion. Greg Louganis. Carlos Lopes. Winners and losers, bui cach an athiter of stunning
endeavor. The Communist boycott notwithstan.
ding. these and hundreds of Individuala 1 like them endeavor. The Communist boycott notwithistan-
ding. hese and hundreds of Indlviduals Ilke them

- not any nation. present or absent - a alain pave - not any nation. present or absent - again gav
essence and inspitation to the Olympic Games ... essence and inspiration to the Olympic Games ...
The LLos Angeles Olymples is now a ric
memory of extraordinary eflor by thousands of memory of exiraordinary eflor by thousands of
athletes and tens of thousands who labored offstage. America can take pride as tis winners
parade through New York and other ettes this parade through New York and other sittes thi
wrek, and then lhrough their hometowns all ove The land. But its the winners and losess of all
nationalities who testify that the spirl oo competlions still thrives
Omhne (Neb.) World-Herald
The U.S. Rovernments R
The U.S. governments Radio Mart1 prepara-
tons must be bothering Fidel Castro. His reaction
has surprised some people in the United Slates


## 


 media be more akgresslve in revortung lumblewis
 problems of the average clitzens
ti. Castro may have staried something, Once
preple become accustomed to as bil of the people becomie accustomed to a bll ol
frankness and trulh in thetr newa medtia. lley
maty wary more ... the Cuban government may find that tes new policy has whetled the appette of the people
news that doesn't have a Castrolte view polmt.
The Iadianapolle New:
On lase May 7. a lentatue $\$ 180$ millton
mettlement was rearhed by the platulifa antul seven corporate defendanis in the Ageat Orangr The sult was based on clatms of Viethamesc
velerang in veterans that they were exposed at great risk to
Agent Orange and that they are likely to have health problems themselves and that their children may have birthdefects. Meantime. the evidence is inconclusive that
Agent orange is reaponstbe for any unusual birth


## Presidents And The Press

## Perfecting The Art Of Intimidation


press corps for days afterward and
expanded the lectures and protests in
proolonged telephone calls
piasilig 45 prolonged telephone calls - one
lasting 45 minules - to tidividual
reporters." When it comes to the needs of the
poor and deprived. Ronald Reaganins
political opponenis have sald. the politital opponents have sald. the
prestdent has a warm smille and a
cold heart. ournalst could suy the
same thing about hiss attlutude toward same thing about his attllude loward
them: He is probably the bestillked
teme menace to a free press since
Throdore Roosecelt. who futminald
about muckrakers and nled thel sults about muckrakers and Nied Hibel
against publishers and editors.
 louse released without fanfare an
executive order compelling all federa employees with access to clasasified information to submit to polasgried
tests on request. Offelals with securt essis on request. Offlitials with securi-
ty clearances. stated the order, "may be requilred to submit to polerygraph
examinations. when appropriate. In the coursens. of inen appropriate. in
thethorized disclosurgations of un.
ant elassified
informatlone informatlon."
The same execullve order impose yet another. even more odious
system of censorship on every gov crnment employee with aecess to certaln types of classified informa.
ton: Whether actively employed in
the government or not they would The government or not. they would
now have to obtalan writen approval
for everyiting hey planned to suy or
write about thetr activities as tov. write about thelr activities as gov.
ernment offecals.
The rules would apply to books.
book reviews speeches, The rules would apply to books
book reviews. speeches. even works
of ficton. Everything would be sub. of fiction. Everything would be sub-
mitted to government censore who
would delermine what the public would deetermine what the public
would be permited tu see. hear and
read. Such regulatlons had pre read. Such regulatlons had pre.
vlously applied only to employect of
the inteliligence arvices.
Thanks to congreasional interven. Thanks to congresasonal interven
Hon, the Whte House has temporart executve its efliferts to implement the
The Reagan White House has also proposed legislatiton and aupported
other effors to severcly restrct the Other efforts to severtly restrict the
typea and amount of Information
oblainable under the provisions of The Freedom of Information Act.
Outrageoualy hhgh search fees have
been roullecly charged to peran Who have abked for documents.
Allorney General Willam French Smith aleo decreed in May 1901 that
Information requested under the
FOIA could be denied on purely lechnical grounde.
NEXTI The Orand Gura
stasepph for spear is editor and chilef of
aydicated columniat Juck


## Early Detection Best Weapon Against Cancer


A. The chances of surviving cancer today are
better than ever before. And an awareness of cancer symptoms an
Some people, as they age, attribute medical
symploms to "rowing older and allow illinesses symplams io growing oler" and allow ilinesses symptoms to a doctor. Ask questlons and request
further explanatlon during an office visiti, taking Some types of cancer affect senturs more
commonly than younger people. A persistent suggests the possitbilty of lung cancer. Changes surgesis he possibinty oflung cancer. Change on
In bowel habte or rectal beeding are two signo of
cancer of the colon or rectum. A sore that falls to heal. the sudden appearance of a mole or a
change in the shape. ize or color of a wart or mole are symptoms of skin cancer.
With men. frequent or palnful urination. Women should contact a doctor if they notle cancer symptoms of the ulerus, ovary or cervix. vaglinal discharge or enlarkement of the ab vagnal discharge or enlargement of the ab
domen. Monthly breast selfexamination is a self.delectlon technique that alds women with the
discovery of lumps or thickening of breasts. changes in breast shape. a dlacklarge from the

Studles have shown that easly discuvery a
treatment of cancer Improve the chunces for a fill recovery. Anyone who notices cancer mymptoms
should contact a doctor as soxon as possible. A symptom may indicate an illness other than
cancer, which may or may not require medical Even if no symptoms are present. a perlodich
checkup helps detect physical probiema which may not cause paln or other noticeable
symptoms. A doctor can determine the need for specific medical testa. based on a patient's
medical history and generally acceperd guldellines
may cultact the Cancer liformailon Service, if
program of the government's Nattonal Cancer
 Phone numbers are Alakka. 1.800.638.6070 Washinglon. D.C. (and suburbe in Maryland and
VIrginal. 636-5700; and Oahu. Hawall. 524.1234 CIS staff members are avallable dunirg dayktime
hours in Calfornia (area codes $213,714,618$ and 305). Florida. Georgla, Illinois.
Jersey. New York City and Texas.

Senlora may wish to request "Cancer Facts for
People Over 50 ." a free fact sheet prepared by the



sense, meaning "medical doclor" or "phyalictan."
There are many mimilartiles betwren the pro-
feasions. but a few key differences at you point
frasions, bul a few key differences. an you point
out. Thank you for setting the secord atruldat.

Seminole School Bus Schedules


nim

|  |  |
| :---: | :---: |
| ,orer |  |
|  |  |
| \%oim |  |
|  |  |
| omilliommemomon |  |
| arem |  |
| min inatme LTom |  |
|  |  |
| 10n |  |
|  |  |





















## Opening

Ceremonies
parents of prospective stu
dents at the new Loch Lowe Preparatory School, off Lake Mary Boulevard, in Sanford, tour the facillities during
grand opening ceremonies. At left, Marla Norman, sales director for the Greater Seminole County Chamber of Springs, prepares a bow of welcome for the tront door with assistance from, center, ob Lewls, chamber execu. ve directior, and Dick Fess, school will house sludents in grades six through twelve on he 25 -acre campus.

## REALTY TRANSFERS

and

## Doctors Grow New Skin For Wyoming Brothers

## By Olno Del Guere UPI Belence Writ

BOSTON IUPII - Doctors wadt loday they have
grown eniliely new sklins in the hiorater for grown entirely new skins in the laboratory for two young wyoming brothers who recelved third
degree burns on more than 90 percent of thrit bodes last summer.
The Harvard Medical School physiclans belleve Jamie Selby. 6. and his brother Glen. 8, have
survived worse burna that anyone rlse in medtral hlswory thanks to the new skin-growink
technology. technology.
"Since they Just about didn't have any skin left.
there ran't Since they just about didn't have any skin lef.
there can't be loo many people wth much larger
bums.' sald Dr. G. Greenory Gallico. thelr clast burns." sald Dr. G. Greqorv Gallico. thelr plager The only ukin the boys had left - unburned
armptt tissue and moderately burned skin behind their knees and in small pleces on their cealp was grown into large shects of skin that were
sewn back onto theirbodies. The Harvard seam reporte
New England Journal op Medicine. Jamie returned to school earlicr this year and
Glen remalins hosptalized at Boston's Sherners Burn tnstlute with a few areas that have yel to heal, sald a hospital spohemman.
Doctors had Intlally described thetr chance of survival from last summer's aceldent as "very grim." The two boya and a third companlon. who
was killed in the accldent was killed in the aceldent. were playtng with
palnu remover when the third boy III a mateh:
turalng the room .into a ball of names.:

# Because to one fireflighte 

 Because of the newly developed techunique -called aulologous cultured human epithellum The boys will be able to resume "reasonably normal lives." sald Gallico, who practices it
Massachusetis General Hosplial. "The boys were surprisingly gexed natured. Dr. Howard Green at Harvard Medlisal School
discovered that in small parches of akitan discovered that if small patches of nkin are ihen poured into pans. wilthln a month they cal be grown into enough akin to cover ever the The okin is anl organ like the heart or liver. Like Other orgas: 0 must he 'Heartallarer. to the
pattent's own. otherwise the patient's body Nejectsit. other parts of burn victims' bodies and graft them onto the burn sites. Hut in the case of Jamie an onto their burns. onto
Before the new
skin had to be scraped of down on, all the old series of operations. new skin to the muscle. In nd thent borly - first the legs. then the arms Gallico aald Glen's face rematns deformed an will need more plastic surgery. But he tracribed "It might take some gelling used to. but if you knew What
beaulful." he sald. looked like before. It's juat


CIRCUIT COURT JUDGE
18TH JUDICIAL CIRCUIT - GROUP ONE

## NOTICE OF REGULATION OF LAND USE

5inas. แ2, 2 7
(1) K ,

 12 2. 2 ะ, :
 Hiswime








Sandin S. Gham


## 



罣
THE UNINCORPORATED AREAS OF SEMINOLE COUNTY

## ри 

 моBUSINESS
INBRIEF
Southern Bell Names Corporate And External Affairs Manager



 spokeceman with responalisilitece Ior
media relations. communty rela.
 will maintaln offices in botio Orlando and Sanford.
Having befun his career with
Soumhern mell in Fort Lauderdale in
1072 1972. SSrreckler has alsoudorkerf for
the phone company In West palm the phone company in West
Beach, Oriando. and Sanford.


Sirckekler is active in the United
Way of Seminole County. Junlor Achievement of orange County. Prreakfasi Holary Club, and is a Implement school based management tin Seminole County schools. The Advisory Board for Frredom Savings. the
Univeraty of Central Florlda Booster Club and vartuis chamber of commerce commitules. He is also a coach in the seminole soccer league.
Strckler hives in Longwood with his wife JoAnn and
chlldrent Kevin and Kelll.

## Cardinal Panel Gets Member

SANFORD - Mon Cuycr has becn apposined to the
execultive commmitece of Cardinal Industrises. Inc. Guyer currently serves as vice-pres aldent of manuf
dirrector of the facilltes planning depariment
As member of the execuive commiltee, Guyer will be responable for long, term planing, especially in the areas
of locating. dealigning and tailing new manufacturng
 He will also oversee new manufacturing tec
kuarantee krowth and to achicve deflinte goals.
Cardthal manufactures modular housing from facillutes
in Sanford, Altanta and hamornanand
"Ron han long had reaponambillyy for our manufacturng acpening new plants.". sald David Gaker. execulve
 commitite $\left.\begin{array}{l}\text { re } \\ \text { corporallon." }\end{array}\right]$
Cuyer io retident of Pletion, Fibrida and han been with Cartinal since 1987. He owned a conatituctlon firm prist

## ABC Dystrophy Benefit Set

$\underset{\text { WINTER PARK - All ABC Cocktall Lounges in Florida }}{\text { are scheduled to hold the flemis annual cockuall hour tion }}$ are echeduled to hold the frmm annual cocktall hour th
benent the Muscular Dyatrophy Asaoclation Auguat 291 . from $4.6 \mathrm{p} . \mathrm{m}$.
All cash religers will be locked and the proceeds from
salcs are pledged to benenlil local MDA palienta. The ABC sales are pledged to benenil local MDA pa
employeces fund 1 salso o o make a donallon
The MD usesclation serves over 400 pallents and there tammiles throughouit Central Flordd by providing a range or
free servicres. Local patitents attend a cllnic held at the
 orthopedic appliances, and a weck-long sumner camp for
 treatminent for 40 neuromuscelar ditecases incluading
Durcheune Muscular Dyatrophy and amyotrople lateral


Taking The Cake
Staff al First Federal of Seminole pause to celebrate the 50 th annlversary of the bank with cake, balloons and roses. Left Brown, senlor vice president. Tom Buckley, president, and Maxine Eckern, employee with 33 years service.

For Offices Not Yet Paperless

## Firm Kept Busy Shredding Sensitive Records



Personal Income Climbs
WASHINGTON (UPI) - Amer. national navinga rate up to 6.5
Ifans personal income cllmbed percent. the higheat since o. 8 percent In July but spending March. case of heavy appllances and cara. went imto reverse. the
Commerce Deparment sald Commerce Depariment sald
Fridiay.
The ngures atrengimened the new that consumera are being mployment remalne strong They latest repport agreed with atn raflier meusure of reciall wales
for the month that showed for the month that showed from cars to applances. dropAlmericans spent 35 billion durable goods in July than in nent reported. or the overall pent on automobiles. a department analyst sald.
The July income rise of 0.8 trongly as the 0.9 percen increase recorded in June, while
pending grew only 0.3 percent The amount left over and While House spokeaman Larry
Speakea mald the pernonal Speakes andd the personal ingrowth. as we wish. for the economy, and "I docen' tho
any evidence of overhealling." Perional lacome, a broad
meacure of earning before in. meabure of earnings before in.
come laxes are withheld. in. creased $\$ 24.4$ bullion to an an-
nual $\$ 3.027$ trullon based on nual 83.027 trillion based on Dlaposable income. equivaient
to takehome pay after taxes,
aliso went up 0.8 percent. or by also went up 0.8 percent.
\$78 to what would be $\$ 10.928$
annual income for every Amert ${ }^{\text {ann. }}$
Spending on both gooda and
services increased o7 billion to services increased 97 billion 10
an annual $\$ 2.35$ trillion, an $\$ 18$ an annual ${ }^{2.35}$ tillilon, an 1 incrane to what would be annual per captia apending of 80.930 . Spending had been up a
strong 1.2 percent in May before
leveling of to a 0.4 percent


## De Lorean Verdict Won't Stop Stings

## LOS ANGELES IUPII - De. General WIllam French Smith sptte a mesage from Jurors sald Thursday's verditct would Who voted to acquil John De not deter the government from

 Lorran because they berliveved using undercover operationsThe government "silng" opera- in our contloulng battle The government "alling" opera- "In our contlinuing battle
ton was an abuac of the againat crime. American aysierm. Federal in.
vesigator will not siop the unclalrover sactons. lop
nclay.
Als 12 jurors agreed the government had crosed legal
bound on puraung the maver.
lck ex automaker and sug.
geased the government might
lake a second look at its
s geated the government might
lake a seond look at its
invesuligative techniques.
..We inveatigative techniques.
-We welghed the evidence."
Jury foreman Willam Lahr aild Friday, and fell that the
verdict entered verdict entered in the case
would have an trpact trat
would indicate to the government that they should re-
evaluate thelr Invesilgallie evaluate '
lechntques. Bus in Washington. Altorncy his North

## Soviets Say Boycotting Athletes Best Olympic Performances

[^0] hurled the discus 66.70 metera agalnat the In the distance of 66.60.
Throw of 21.64 melera. compared to 2128 with a Angeles. Konstanitin Volkov of the Sovict Union cleared 5.80 meters in the pole vault. compared
lo the Olymple 5.75 .

## SPORTS

## Seniors Battle Taiwan For World Title



Baseball
$\qquad$



#### Abstract

Can hur uls hth ran.".        allowing four hits whille striking allowed Jus four hits. Alta. out nine and walking three. The monte. though. had the game in Senlors backed him with a 11 .hit controi by then, holding al  Letterto and Mark white Shane had a palr of base hills. co beniors, page 10a.


## District 14: Best USA Big League - 3rd In World

## 

$\qquad$ U.S.A. All-Stars are the best Big League bascball team in the Uniled States - but they ended up
finishing third in the Big League World Sertes at Floyd Hull Stadium.
District 14. Which dropped into the loser's
bracket after belng beaten by Talwan on Thursday, was ouated from the tournament on Friday night, 7.3, by a hard.hlititing team from
Maracalbo, zulid State, Venezuela Mare We were best in the U.S.. but we would have
liked to have won tt all." South manager Howard Mable sald. "But the kids had a great tlme down
here and they played wme greai bascball. They here and they played thme gre
represented florida very well."
Venczuela moves into the champlonship game
Saturday might at 5 arainst the Far Easal (PIng Tung. Talwan, Reputich of Chinal. Venezuela
needs to win wo tames for the World Sertes needs to win two games for the World Series tated
A second, w!nertake all ganie would be played Salurday n!ght al 8 .
"Venezuela has a nine team," Mable sald
"They're free awinkers. no you have to mix againnt them. And they. re eapectaly tough when
they get theed.. Venzuela look a $1-0$ lead in the top of the firas a South talater Jefl Lowrey walked Omer Munoz
who then solo second and scored on a single to The South came right back with a two-run
outburst in the boltom of the firat. Todd
Auckiand led oft the tnolng with a doule to right Auckland lect off the insing wiha a double to righ
on V venezuela plicher Nelion Dlaz and scored on Kyle Whitaker's angle to tefl. Whataker then stole both second and thisd atad tocored on Dean Hazen's
2.1 lead.
Alter a scorelesa second Inming. Venezuela broke the game open with five runs in the top of
the third. With one out Nelson Dlaz alagled up the milddie and Munoz followed with a double to right center to plot runners on second and third.
Alana then alagied to right to drive in Dlaz and tle Beareal 2-2.
Eduardo Zambrano then hil into a fielder':
choolce, forcling Alana at second. Marcus Orian choike, Torcing Alana at second. Marcus Ortae left held line, driving In both Dlaz and Munoz and giving Vessezuela a $4-2$ lead. Roberto Zambrano made 115.2 as he unloaded a triple to right-center
and Zambrano scored on a single off the bat of Cerardo Moreno to make it 6-2.
Venezuela knocked Lowrey off the mound in
the third and Auckland came on in relle! the third and Auckland came on in rellef.
Auckland was relleved by Jeff Greene in the fith Auckland was relleved by Jeff Greene in the nith
Greene pitched the lasi three Inning for the Greene, pitched the last three inninge for the
South. gave up two hits, arruck out four and wank
The highlight of the game for District 14 came
in the bollom of the fouth when pinch.hller In the boltom of the fourth when pinch-hilter
Darrin Reichle launched a Dlaz latball over the Darrin Reichle launched a Dlaz fast bail overt the
20 -foot wall down the left field line. zome 340 feet away. Relchle's solo homer cut Venezuela's lead
to $6-3$. but the South couldn't puth acrow to 6-3. but
another run.
Veneruela added a run in the top of the fith to
make 117.3 Eduardo Zambrano led off with double to left-center and scored when Moreno angled up the middie.
District 14 put cogether a two-out rally in the bollom of the eventh. but came up empty and
the game ended on a controveralal call at nra base. With one out. Dwayne McLeond drew
the walk and Auckland followed with a aln lie. Miloeel
 Hazen hit a grounder derp in the whole
between short and third. Munoz. Venetuela's thortstop. gloved the grounder and made the long throw to frat. Mable, and nbout five people in the
prese box, nald the first baseman pulled off the Eno DIOTRICT 14, Page 11A.


Posey Cites Weightroom For Players Great Shape

| $\begin{aligned} & \text { done. } \\ & \text { he frat } \end{aligned}$hencotot |
| :---: |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |



Seminole's Phll Rinkavage pushes up the
bar as teammate Danny Cox spots him. bar as teammate Danny Cox spots him.
Coach Jerry Posey sald the new welghtroom

LAEE BRANTLEY - Lake Brantley ta hoping
Ha buccess in 1983 will carry over Into 1964 and, Its success in 1983 will carry over into 1964, and,
affer the fras three days of practice. It looks like after the fros three dayy of practice. It looks like
there's a good chance li will.
"E "Everybody has a good attitude and the teann
came back in the beat conditlon in a long time." came bark in the best condillon in a long time." Paltots' coach Dave Tullis sald. "I was pleased
with the firal days of practice, but you really can't with the firal days of practice, but you really can 't
tell a whote tot without pads. After we practice in pads. we'll be able to nind out how far we've
progreased." progresed.:
The Patro
amboref on Aug. 31 at Deland.
Oviedo - After
OVIEDO - After an impresalve four-hour workout on Thurday, coach Jack Blanton Is af Seminole High was one of the prime
reasons his 'BA gridders reported in good
shape. hape.
will atart working out in pads Monday as the Sepi. 7 season kickofla approaches. Spring. prelly good." Blanton sald left off in the Spring. prelty good." Blanton sald. "The cond!.
tlon ot the team tis really good. they worked hard in the welght roorn over the summer."
One One strong point for the Lions in the firse
practice sessions was the backfiedd. which Blantion ts counting on for big things in 1984
Running back Running backs Andrew Smilh and Charles "Pop
Bowers and quarterback Kevin Thompson w" Bowers and quarterback Kevin Thompson will be the key oftensive players for the Llons in 1984
and Blanton sald the three have looked good in pracise thu
LYMAN
comment

## James Sparks Eagle Victory

In a clly where defectlons are as common as long winded speches. running back Cralg James long-winded specthes. runng tack Cralg James is one defector Redskins fans Washington Friday ntght, taking a screen pass and sprintling 41 nigrds for a touchdown to spark the New England

yand
Pate Patriots to a 1
the Redskins.
James. who defected from the USFL's
Washingion Federals lo thr NFL Palriols Washington Federals to the NFL Parriots, took a quarterback Tom Ramsey. broke a tackle and burst into the end zone unlouched to snap a
17.17 tie and spearhead New England's flrat xhibution thiumph of 1984
James knew I had them when I caught the pans," James sald. "" had them where I wanted them." New England coach Ron Meyer could not revel went duwitwith injurtes.
Linebacker Johnny Rembert and All. Pro punter Rich Camarillo both sustained knee injuries that may require surgery.
The Patrots viclory spolled a sparkling performance by Babe tautenberg. the Redskings ihld-siting quarterback. who is nighting for a
apot on the roster. Laufenberg completed 10 of 17 passes for 154
yards and a touchdown. He engincered two ${ }^{\text {scoring drives. }}$ "I thought tabe really competed in the end and showed hr's a fighter." saidt Redskins coach Joe showed he's a ngher. said Redskins coach coed
Gibbo. who added that Wanhington's scond
stralght loss "showed we have a lot of things to straight loss "showed we have a lot of things to
correct."
While Jay Schrodeder nazled in his NFL debut.
Schroeder's frat NFL pass was intercepted and Schroeder's frat NFL pass was intercepted and
returned to the one-yard line. seclung up a 1 -yard reurned to the one-yarratine. selling up a 1 -yard
touchdown run by the Patrots Tony Collina. The Redskins scored on a 9 -yard run by
quarterback Joe Thelsmann and a 3 -yard pass quarterback Joe Thelamann and a 3 -yard pass
(rom Thelamann to Anihony Jones.
Mosi Talupu scored two touchdowns rushing for the Patriots.
In another exmbition game last night. David
Krelg and Jim Zorn each threw Kretg and Jim Zorn each threw touchdown
pasaes to cad the Seatle Seahawks to a 17.7 victory over the St. Louls Cardinals.
Zorn Zorn, who came fn for atarter Krieg. completed
seven of 14 passes for 120 yards. Jie connected with Chris Castor for a 40 -yard touchdown pass with $2: 59$ remaining in the ihird quarier io complete the scoring. Krieg hit Cullen Bryan St. Louls opened the scoring Nell Lomax hill Doug Marsh on a 1 -yard touchdown pass with The Seahawks lmproved their preseason The Seahawks improved thetr pre-season
record to 4.0 . The Cardinals dropped to 2.1 . CInc Other games Saturday night Include. CInclnnatl at Chicago; N.Y. Jets at N.Y. Glants: Cleveland at Kaneas Ctty: Indlanapolls at Denver: New Orleans at Houtson; San Franclico at San Dlego; and Green Bay at L.A. Rams. In one game

## SPORTS

## INBRIEF

Player Fires Blistoring 63, Moves Into Deadlock In PGA
BIRMINGHAM, Ala. (UPI) - It was a round that had Gary
Player thinking he might break 60 and lefit others Player thinking he migh break 60 and
marveling at the llete 48 -ycerold South African. Player. who hasn'I won an PGA event in alx years.
Distered the 7,145 -yard Shoal Creck course Priday with a record 9 .under-par 83 io move into a the with Lanny
Wadkina and Lee Trevino at 7 -under 137 midway through the beth POA Champlonahlp.
The round was the lowest ever on a par. 72 course in the had tho 83 s on a par- 70 . aithe round that Gary Player thot was unbellevable."
aid Trevino. "The golf courre played as long al 11
could Play today." ${ }^{\text {Trevino posted a }}$ a8 Priday and Wadkins had a 89 . One


 al 72.146 and courbe deasigne Jack Nlckrand blamide was the
final two hole for $70-147$ to make the cut by one unoke.


 break 80 as well." sald Player afler posiling 10 blrales and
lone bogey.
KIng Nof Counting Money... Yot
SHAKER HEIOHTS, Ohto (UPI) - Belay King does not "Im not going to count my chleckens before they hatch." zald King. who scram oved Paty Shechan into Ioday's third
take a hiree Aho teed over Paly
 Trift tournament. whic
uponsored by Chevrolet
20. really don't believe in fortune-tellung," aald the

 have a combined 1 144 victorite. with JoAnce Carner
leading with 40 end Nancy Loper having 28 .

## O-Twins Extend Load With Win

CHRRLOTTE, N.C. - Milke Moreno rocked a two-run
homer Friday night as he Orlando Twins knocked orf the homer Chatrotic Oroles for the uxth ouralght ume to take a ith-ranime lead in the East Divition of the Southerm Leazue. Sorlando. which hao won rilx etraight. returna honne SilTinder pleld.
 viccory, Ciboon pirked up ho evenh win in th deccions
 base for the Twins while Oreg Morbarde added a macrince

## Brayton Hopes To Spin Gold From 2nd Row

| LONG POND. Pa, (UPI) $\rightarrow$ The wherls of fortune could be churning up gold dust for fourth year racing driver Scoti Brayton. <br> Never starting betler than 10th in any 500 mile race (pocono rigas). Wirayon inds himmel on the second row for Sunday's CART 500 miler at Pocuno. The starting position has hyped his spirits considerably shce his 197.563 mph qually pole-sitter Rick Mears. Bobby Rahal. Mario Andrelll and Tom Sneva. <br> "I'm exclied." sald the 25 -year-old driver. who comes from veteran Gordorhohncock's worked well. For a 500 mile race, we're |
| :---: |

$\qquad$ hen secured a ride for the 1981 Indy, where he stared 29 hir and Inished bed 16 thit than road "Ye been racling more on ovals than road
 been on road coursecs. My crew Road courses or ovala, Brayton hasn't
fared well on elther clrcull this year. He has finshed four of ther creceunt thas year. He has no betler than 1 lih place at Cleveland.
$\cdots$ fully intend to run with the leaders Sunday." Brayton sald. "I came here wanting to quallify in the top nine spois.
Getung to. nith has been great for my

|  | .Seniors <br> Contlnued from 日A. |
| :---: | :---: |
| Dan Heaty's threerrun homer |  |
|  |  |
| Schmit and Laszalc have splut |  |
|  |  |
| 25 hits and elght runs of whichJuat four are carned. Altamonte |  |
|  |  |
| has oulscored ils opponents. |  |
|  |  |
| Schmit was expected. Laszatc has been somewhat of a sur. |  |
|  |  |
| prise. although the polsed Lake |  |
|  |  |
|  |  |


$\qquad$ ball ofl. wheeled and hit Schmil
with the cutoff and Mike Ared
with the cutoff and Mike Schred a
atine to Coffey at third base to nall a runner trying to go from
frat to third. first to third.
Who has played well desplte sing.
ankle spratn, charge a bloop hit
and gunned a one-his strike to
Coffey to mp another runner
trying to stray too far. "They were both. "They were both great throws
and Confey made great plays,
too.: sald Letterio. "On the bloop hitt. he went and got the
ball and then dove at the runner toll and then dove at the runner
to the tag. make the tag. fenee haven't seen a beller de-
ment."

## SCOREBOARD





New Tee Signs Beautify Mayfair - Potter, Bradley Win Dogfight


## O'Brien's 3-Run Homer Hangs Rare Loss On Quisenberry

swing. when I heard the radto broad.
casi announcing that Quisenberyy had casi announcing that Qulsenberry had
20 saves in his last 20 opportunilites... and all of a sudden l'm facing hilm with the score lied, " sald O Briten.
"It was an awfully fun night, to win "It was an awfully fun night, to win
a game like that on my wife's birithday. a game like that on my wife sirinay.
espelally the way 1 was siruggling in especaly he way was singging in
my previnuan four at hats. Maybe some
divine titervention his me - that' divine intervention hit me - that's
what did OBrien aald he did not come to the
plate awed by Quisenberry. who plate awed by Quisenberry. who
missed an opportunity to post his mlased an opportunty to post his
league-teading 33 rd save and his third inas many nights. .You don't like to lose." ald
OBrien. "You atway try to slay O'Brien. "You always try to stay
within yourself and put the right stroke on the ball. You can't be awestruck. You have to be patient and
realize you can only handle certain realize you can only handle certaln
pilches."




Allamonte's speedy Greg James gets nipped at first base.

| 241 h save. Rich Gedinan homered for | for the |
| :---: | :---: |
| Bosion. | Blue Jay- 4, Whate Boz |
| Ortoles 6, Aryela ${ }^{\text {d }}$ | At Chicago. Ernte Whill homered |
| Al Baliumore. Rlck Dempsey | with two outs in the ninth to lift the |
| Ammed a one-out sixith-Inming solo | Blue Jays. Whitl pleked on $\mathbf{2} \mathbf{2 . 2}$ pitch |
| mer to break a 5.5 tie and | froin Lamart Hoyt |
| Stewart came in to preserve the lead to | Inlo the upper right-neld deck to hand |
| sparking the Orioles. Battimore's | the White Sox their third elragight lose |
| triumph broke a three-game |  |
| atreak and gave starter Scoti | Lloyd Moseby alao homered for |
| McGregor, 14.11. his second victory |  |
| since breaking a string of four losses. | Chica |
| Gary Roenlcke also homered for | Tigeria, Marln |
| Baltmore and Dour |  |
| homered for Callfornla. | tered seven hita and atrand |
| A's 7, Yenteen | baserunnera over elght inatige to |
| New York, Dave Kıngman | pllch the TIgera to victory. Kirk Gibson |
| ned has 30th homer and drove | nied lor three runa with a alngle |
| three runs to help the A's to thetr |  |
| reth-tralght victory. Bill Krueger. | 36.498 that boosted the Tliters total |
| went 61.3 lnalngs for the triumph |  |
|  |  |
| d Bill Caudill combined to fnish up | The club has had 40 consecutive |

Blue Jayia, white Boz 3
At Chicado, Ente Whin At Chicago. Engle Whilt homered
with two outs in the ninth to lifit the Blue Jays. Whill pleked on $\mathbf{a} 2.2$ pitch nlo the upper right-neld deek to hand and seventh in the third siraight loas Loyd Moseby also homered for Chicago. Marlnere 2 At Detroll. Mill Witcox. 13.7. ecatbaserunners over elgh inntags to accounted for three runa with a aingle 36,498 that booated the Tigeri' Lotal
his meason to a record of 2.056 .171 . The club has had 40
crowd in excess of 25.000 .

## ...Cook

## Continued from DA.

Sklp Dieht ta one of those with talent. In one game agalnat Oviedo. the blg frat acker came off elght rumb that game. But home rune and RBI aside, the big fellow is truly miseed. hothered by an altery and his adrenal cantly don't produce enough fuld, according to Alta. monte manager Jerrey Thurston. When he runa for a pertiod of time. he becomes tired more eastly
than others. according to pitching coach Oreg Ebbert.


12A-Evenime Herata, Sentord, Fl. Sundy, Aus. 10, ins

## WORLD

## IN BRIEF

Israeli Troops Impose
New Travel Restrictions
BEIRUT, Lebanon IUPII - laraelt troops in southerm
ebanon imposed new Iravel restrictions in the occupied reglon after a Cablnet mintater and Moolem militia Ieade
called on guerrillas o itep up attarks on Saraell soldders. President Amin Gemayel and Prime Minister Ramhtd
Karaml acheduled a meeting today to review divialons Karaml scheduled a meeting today to review divialona
wIthin the Cabinet over how to extend a Syrlanvacked peace plan beyond Belru
The meeting was scheduled hours after Justice Minister
and Moolem Amal miltita Ieader Nabih Berr called on guerrilla groups in southem Lebaion to proteal larael. iwo.-year occupation by stepping up ntlacks on tis solditers. "We will respond on the laraell sealling onf of the south. he abduction of lis people and the thefl or tis water by
necteasing tic altacka to liree a day.: sald Berti, who in also cabinet minister of state for the south.
Berri's remarks. published in Betrut newapapers Friday,
fell short of a government pollicy statement. but renected reil Ihort of a govermment polley statement. but renected
faling Lebanese anger over the 2 year-old Braell milltary
ccupation.
His call colnclded with a reported altack on an laraels
patrol near the southern village of Naballyeh by unknown
gunmen Friday. No casuattles were reported.

## U.S. Beefs Up Search For Mines

CARO. Egypt (UPII - A U.S. navy hhip carrying four
mine sweping helicopters arrived th the Guif of Suez to beef up Egyptan. Broplith and French ships mearching for
mines that have disrupted cormmerctal alippling for three Weeke. USS Shreveport, carrying four Sea Stallion hellicop ters. passed through the Suez Canal from the Mediterra Culf of Sues Friday nightrat a canal authority oflctal aald. Three U.S. Sea Slalling were already in the area for more of the mynterious mines.
Shipplng sources and the Pentagon say at least 18
commerclan vescla have hit mines In the Gulf or Suez and
the Red Sea alnce July

## Third Night Of Rioting in Ulster

BELFAST. Northern Ireland (UPY) - Hundreds of
Protentant youtha threw stones and gasolline bombs at taunchly pro-Britlah Shankhill Road area of the city. Heavily armed trot police fought back. Arring rounds of
plasilc bulleta into the crowd. Early today, police marks Erived In he areace after snimpers. belleved to be memhers of he Ulater Volunteer Force. Indided a pollie patrol car wilt incident. gunile. Police sald no one was hurt in the
The clashes reprenented a new development in the
strife-forn ctiy where the Protesatant loyalista uaually line


## S. African Elections Condemned

 UNITED NATIONS UUPII - The U.N. Securly Councll nattons to withhold recognitton of nexi week's vote The councll. voting 13.0 Friday with the Uniled Stateaand Britain absalaning. condemned the elections as a move and Britain absialning, condemned the elections as a move
by the country's white minority government to reinforce lts system of raclal separation.
South Aricu'w new trilcanneral ieytalailve system -
meparate houses for whites. mixed.race "coloreds" and Asians - will go into effect Sepl. 3. The countryes majority 22 million blacks silll will be dented representation. The vote on the resolution ended a wo-day debate which
South Africa refected as an intrualon in its iniematafalr.

## AREA DEATHS



Doctor
having inadequate training a somnellmes working wilh bogus
credentials she se credentials, she expects she will
be watched closely by her be watched closely by her pa.
thents and other doctors untl ahie
has proven herell has proven herself.
II guess somethin II guese something like that is
alwayin the back of your mind.
but haven't encountered any but y havent back of your mind.
problema in my rested any problems in my restdency. I feel
once they realize 1 'm graduated from an American school and
have tralned here that (belng from on Amertcan school and
have tralned here that beng
foreign bomi shouldn't really.
count.
tween Indian and American
women and chose her specally
she gets pregnane and I will be
there as ohe gets older. II thank tras on CiNs some.
times forget that our primary spectisum of medical complicalot and l liked medicine a lot. In gynecology I found you would be cine. It is not possible to be a untersal doctor. but OB.GYN
gives you a chance to be some. glves you a chance to be some-
thang like that. It's a very unique Bield.:.
The grealest challenge ahead or her. she sald. ts "seeing a Ihrmg going to be with her role is supportive. his nol
neuro-surgery., where you are neero-surgery. Where you are
faced with a tremendous pro-
blem that gets to blem that
lechnical. "I want pallents to regard me
a fridend more than anything else. Even ir they don't use me
a
a as a physictan they should be
free to think that 1 'm somebody they could come to if they need to. That's the feellng I want to
create in the communily..' she seate in the communily." she
sald.

In the normal four years. she sald. The orlental reflagees may need an ex
high school 10 carm thelr diploma.
high inc Engilish caunght to the students is nol
Tased on their own linguagebased on their own language - thels
English teachers in moat cases have no English teachera in most cases
knowledge or the kids language. That makes things tanghagh. Mion Schwelze says. But. she added. the students and teachers continue to work hard.
.Language sklts are worked on frost. "They liatiten. then they opeak, they are
Iearning and the final production of it all is wrilling." And if parentu follow Mise Schwelzer's
advice and get involved in the biligua advice ond get involved In the billigual
program at Seminole Communty College and learn Engllish. It will help the child dren ahe says. If is more difficult for the youngsiers when only the native language so spoken in the home
For one hour clementary schoolly at each or the speaking first, second and third gradera are taken away from their regular classes and
pulled together for an hour of English Instructlon.
At frat , the
At Arst. the language inalructors teach the
bastc "aurvival" akklli of raising one's han bastc "aurvival" "aklli of raising one's
to get attention, Mlas Schwelzer sald.


#### Abstract

...Inventor

\section*{Conthned from paye 1A} slmple device but increatingly important as occanlc petroleum important as oceanle petroleurn exploration growa. itrs also exploration grows. It's also somewhat dimpul to demonatrate wlinout an operating model. model. With With a patented floating nozzle. heavy oll such as the kinde. heavy oll such as the kinker carry, and water are pumped are pumped tary. and water are of an 'inverted ". 10 or Itverted "V" or tepee-shaped then evenly distrbuted down the sides of the tower the aldes or the tower to two rotatling screen-meah beits. The rotating screen.meah beita. The belta asig lengheways like troukh hoiding the mise trough hoiditig the mlature. Since water in thinner inan oll. cockmer Cockman asid, It will run through the screening while the through the screening while the oll catches on the acreen and ts  leep. 65 feet wide and 687 feet ng and can generate up to While Cockman's While Cockman's search for the prototype funds he prototype funds go on, he says his oprinkler will go on sale n hardware storen across sale country this fall under the trade country this rall under the trade name of Mr. Sprinkler The patented sprinkler directs small let or water at in. irchagable attachments about a halfhagable away. The shape of the harface deternins surface determins the conngura. spray can be coniling spray. The to create an archnng upward clrcle, a a level and to downward circle. a quatreev or half circle or a stralgha tine. The saif circle or a stralghat line. The sprinkler can also change the jel of water tn a pulsing now and w $1 /$ not clo will not clog on ang a a hiltch that oook cockman decades to work out workout. Who has hiled to Cokman. wife Sanford 40 yeara wilh hia wife Nada. borm 25 years ago when he plcked up a dacaraded tree valve at a gas stailon. took th home at a gas station. took to home and decided he could make Nomething out of it. Nada. he sald. tolerated ht Nhinking and lin "thinking" and left him alone to purnue his inventing. But so far, Cockman's unker But wo far. Cockman'a Unker- ing has noi made hlm a Hech man. He hasn't even made a proft. pront. Over my 28 years of Invent. ing. 1 have never Ing. ' ' have never made penny.:' he sald. That's why Nada driven an old Thar and why Nada driven an old home smaller thane livea in a home smaller than what they'd like. But. he sald. if Mr. Sprinkler sellis well. he will get her that ne sells well. he will get her that nee car and homee with the second 10 percent of the pront sise car and home with the scond 10 percent of the pronku. The Orot 10 percent will go Dod. 


## Compare! Atlantic Bank Management Account .w. offers the best interest around.




Earn a premium rate of $9.75 \%$ along with unlimited checking In addidion to dha high nue peid oo
 on promiam in in sion

## ...Foreign Students

$\qquad$ These Include 61 le ementary. children. 26
 are considered to be "Ilmited English speaking" Including 38 etemeniary. 13
middie schoolers and 12 high echoolery. The others are elther billingual or English The others are elthe
is therr rative congue.
Natlons reprenented among the new atudents are: Ecuador, France, England,
Dominican Republlc. Halt. Mexico, Lana, Jominican Repubic. Halt. Mexico. Lanas.
Japan. Korra. Iran. Turkey, tialy. Peru. Canada, Venezuela. Jamalca, Coata Rica,
Lebanon. Grece and Vietnam, Misa Schweizer sald.
The forelgn students have no problem
regatering for school as long as they have the "correct immigrattong statuas." Miss
Schwetzer sald, adding this meanu they may have any tmmigration otatus except lourist. She asid many of the forelgn atudents do not

Tarnilies Schwelzer sald the forelgn apeaking studenis are given Intenslve Engillsh classe year, elementary and middle school stu. denis. who recelve one hour dally of Engllish
can "cope "and by the end of the third year can "cope" and by the end of the third year.
they are billngual. She added most of these they are billingual. She ndded most of these
students bring knowledge with them and
they they easily calch up witho other sudestes once
they know tanguge. Some sudents. they know the language. Some students
enpectally ortentals who have recelved only refugree camp educallons. have a more
dimcult time, she sald. Hillt time, she sald.
High achool studenis, meanuhalle. receive
Intensive English clasacs of up to threc hours dally. She sald they usually use two of thoge hours the flrat year for thels English requirement and thereafter use all but on
hour dally as electives whille they continue in required classes of math and othe
subjects. subjects.
All but the orlentals who have recelved
$\rightarrow$

## PEOPLE

## Oh, Susana

Exchange Student Brings Home A Bit Of West Germany...Her Host


Kids want me to drink and say I should I guess
they think it s cool fyou can go nut when you
 Dirk sald that 16 year olds can drlink in
Germany, but you can't drive unnil you are 18 If caughi diving under the inluence In Germany. you lose your license. That makes
mosi young drivers in Germany non drimkers Susannasand drivers in Germany notidimkers.
Not permeted to participate in a tot of the Not permbted to participate in a tot of the
actit itess of her pirers. Susina sald she sometimes (elt shumned when she was in
shool. ${ }^{1}$ never went o any panles. I never
 say 'Hey. Iets do this. Maybe it was my hault
breause my brithtay is in October $\$$ so thal made eme younger than mosit of the skids 1
couldn't drive unull I was a dut couldn't drive umill I was a jundor ands my
parents are very protective. (los). They neye parenis are very protective. Ios. They never iet
me go to partles so I wals never nuvited." she
sald. sald.
Susa
Sut upusina explained that het father who grew up in peru and her mother who is the daughter fambly Iraditions by shellerns carried on thertr
her both her and her slister Alicla. 16.
Aher keepling a close watch over her while was relurtamt Jo see her Ro to Germany
because this will be her last sumamer twits because this will be her last summer before
Iraving for Durbland. X.C. to pursue her studie which she hopes will lead lo a carrecr in
medictive. medictive.
all the susana tevk the chaltenge, "answered all the questions rikht on her Rotary Club
applicatlon and took the trip with the hope that It would prepare luer to ropake the the hrepe that mother. sho suidd. told her that enterngige collerg will mer, she suld. told her that enterng the college
wid of her childhowe and

## Steve Boney Strikes Out On His Own For Germany


 Hived wilh a Oerman farmlly.
nicluding tirree children. Gor
five wreks. He relurned Aug. Hye wreks. He relurned Aug
10us unthke Susana
Huamatisho was in
 the limpuage prosed mo bar.
ter stmee steve suraks hermsince steve spicaks by his Grman tracher. AnWhale there. lie teruk the raty It Bamnower where he hiry writ shopplug. hir silld thd he served as her in. Once the knt aver the with submacthue guns at the alrport in Frink
thlug wrnt wril
Steve siys he rejoyed
mountaln cllmblang lin the Ausitan Alps and a lrain trip saw lots of old. old calasiles And now the 16 -yrar-old Germany will exeliange visits wilh Sleve and his parents. he Reve and Mrs. Whllam ford home.
Steve's irip was arranger by triends tr Orlando. an
finallerd by his srandinother


Steve Boney shows a hat and a survival knife he brought home as souvenirs from Germany
whom he plans to pay back inaglical aura than Mr. Disury from his joh at Wald Disney fully intrided.
World Incidentally. Steve says hores to get an appountinem
 Dising World is out of thls il's goosd to be home. he
world and renlects the truly siys.


Dirk Sirebost visits Susana Huaman at her Sanford home
 never te the same. "Thad never berlow away from homen for a tbing


 See A Bit. Page 3B


Krayola Kollege Kids' Kapers
Highlight of the summer for
Krayola Kollege "kids" was Krayola Kollege "kids"" was attending the special Tues. day morning ithealer parties Co-sponsored by The Evening Chald Thealer, Santord
Chalr
Plaza Actording to Plaza. According to the school's owner, Jean
McLaln, the students were Mclaln, the students were school and day-care cente "every single Tuesday dur ing the entlre summer. Lining up at the theater for lore many students enter public schoois are clockwise, from at upper left, Jeltrey Van Gllder, Jennlier Rabelte. Melinda Hollifield, Chad Moore, Charlie McLain, Billy Holinield. J.R. Beseny.


## Youth Ranch To Benefit From Dance Showcase

$\qquad$


Bobby Burgess, an origin
Mouseketeer, will be the featured performer at the Southeast Dance Assoclation
See BOBBY Page 38

B-Evening Herald, Santord, FI. Sunday, Aug. 19, 184

## PEOPLE

IN BRIEF
Club Establishes Scholarship
Award For Woman Over 25
The Juntor Woman's Club of Sanford has established a Scholarshtp. Ward to be presented to a woman 25 years
old or older. According to Cynthla Doyle. chairman of the scholarshlp commlite. the purpose of the award is to
encourage and assist the individual wishing io return io school and further her education.
Applicants must be currently enrolled in Seminole Communilty College. must have completed one or more Those applying need a 3.0 G.P.A. or beller and must show the need for financlal assistance. Please contact Mrs.
Doyle. 322 -2503. for addillonal inlurminti. Aug. 27 is the Doyie $322-2503$. for ad
deadilie for applying.

## Corvette Club Sets Rally

Mid Florida Corvette Club will meet Aug. 19 for a roads rally at the Firsi Federal parking lot. 312 W. First St. S.
Sanford. Regiatration is from 8.9 .30 a.m. Entry fee is $\$ 12$. or Inormallon, call Butch Coombs, 322.7397

## Mon's Chorus Calls Auditions

The Camerata Chorus. Inc. will hold auditions for men on Aug. 20, according to Dale Morehouse. at St. John's
Auditons will be held at $7: 30$ p.m. at S. Lutheran Church, 1600 South Orlando. Ave.. Winter Park. Intereated men ahould bring one selecion of music; an
accompanist will be provided.
The Camerata Chorus. Inc. Is the chorus of the Orlando The Camerata Chorus. Inc. Is the rhorus of the Orlando
Opera Company. For more Informa For more information about auditloning for the chorus.
please call Dale Morehouse at $644 \cdot 1783$.

## Clothing Class Opens

During the fall term at Seminole Community College Clothing Production Services. a non-credit program makers. will offer the following modules: Basic Sewing Conastruction. Industral Sewing and Pattern Fitling.
Clasees begin Aug. 29 and continue through Dec. 17, but students may enter at any tume.
A thigh school dtploma la not required for acceptance into thls program. Regialer at the admlasions offlice in the
admulniatrallon building. For more information please call adminnastrallon bullding. For more informatlon please call
323.1450 , Extension 420 or 228 , from Orlando 843.7001 .

## Party For Noighborhood Kids

Zillersiern Bellamy was hostess to a hamburger and hot
dog party for children living in the virinity of 1006 . 7 th dog party for children iliving in the vicinfly of 1006 E. 7th St.. Sanford. Artis "Fat" Hardy fixed the fare for about 90
neighborhood children. The party included a break

## Garden Gate

Central Circle of Thie Garden Trim roses, shaping and $r$ Club of Sanford suggesis the moving dead or disecaed and canes.
following gardening lips for Remember to keep all ahallow August:
Start your seeds for herbs for
fall planting out of doors fall planilng out of doorst Start
areda in interlle soll or serdaln
vermiculate.
Check mulch. It may need
replenishing to three inches
decp. Roted plants watered during hot

## Reader Regrets Contributing To Miss America's Fall From Grace



CRICUIT COURT JUDGE
ITIM JUDICIAL CIRGUTT - GROUP ONE


## Who's Cooking?

you know someone you would like to see featured in this spot? you know someone you would like to sec featured in thita spot?
The Cook or the Week column ls published every Wedneday.
Novice cooks and Novice cooks and elhnic cooks, as well as expertenced cooks and masker chefa add a dillierent dimenalon to dining. Who is
your choice? Maybe it's your mother, father, brother, alster or your choice? Maybe it's your mother, father. brother. Wher
iriend.
Subit your suggeations to Doris Dititch. The Herald Submit your suggestions to Doris Dietrich. The Herald
PEOPLE edtlor. 322.2611 .


School of Dance Arts RECISTERING MOW FOR CECMMMMG - INTLIMEDATE AMD ADYANCED CLASSES IW BALLET, TAP, JAZTE, JAZZERCISE CALLOR STOP BY FOR FURTHER INFORMATIDN ON OUR STRICTLY SUPERVISED CURRICULUM
HOURE OF REGITTRATION: 9:30 A.m. TO NOON AMD
 EVENING HOURE ONLY 5:30 P.M. 10 A: 100 P.M.
AND SAT., EEPT. 101 9:00 A.M. TO NOON. FALL TERM BECINS SEPT. 4th 2560 ELM AVE. SANFORD


Hannum sisters and brothers attending the Charlas Hannum, Ross, Hannum, Cecelia
ilrst family annual reunion In Saniord are, Transue and Elsle Griffith. first family annual reunion In Sanford are,

In And Around Sanford

## 'Hannum Hoopla' Reunion Attracts 175 Relatives



解
Elale Gritfluh, Sanford; Cecella Tranaue
DahlonegR. Ga.: Albina Pelligrlno, Duqueane, Pa.
S.C. And Charles Aarnum. Rennum. Columbia.
Bowo
the 175 relaisves in a festively decorated
almaphere fealuring colarful balloons, banners
and sitramers. According to Elate. a big hit was
and

Waitermelon seed.spliting contest wan the big
event th the children's conteals. Winner in the
boys divtsaton was Rusty Fowler. Germantown
Tenn., with Amy Gimfth, Jonesboro, Ga., taking
the honors for the girls.
Ablina was the aur
Ablina was the supprise winner in the adult
two-legged race. Although ahe got off to a slow
start. Abling came through with nylng rolora
Grace Milier wan in the dance category to
The oldeat relative attending was Chancey
was Grace Miller. Judv Grella. Kirkland. Waih.
festiviter
Flennaylvanti, Tembers attending were from
Carolina and Florida.
Asmets furnialied by the relatives
According to Elate, "After many hours of fun
fellowhip and reminascling. Everyobe departec
Whih happy memories of a aucressicul reunion."
Elale says, "so that everyone well have the
ppportunliy amily roots.

## Bobby Burgess

 The honoree was presented a white carnation
 rangeent of white splder mums and pink
carmations in a nalad course complete with a birthday cake and
all the trmming. Mrs. Cole recetved lovely gifts from the
following guents altending: Minnle Sitcklend following guents attending: Minnie Strickland. Ruth Herron. Doris Hariman. Helen Thoman,
Nell Futrell. Henrietta Zorn. Joyce Jones and Jeane Hamil.
Friends and formes students of Sanford artist
E. Stowe are invited to open house In E. B. Stowe are invited to open house in
celebration of mis goth birthday on Thuraday. Aug. 30 a a this Indian Mound Village Home
Bours are from 5.7 p.m. No plifs. please.


## ... A Bit Of Germany

Continued From Page 1B
sandwiches. I only galned six pout sus
Susana enjoyed German ix pounds." she Susana enjoyed German food, "even the
sauerkraut and cabbage." and Dlrk has adapted to an American menu. but brought his own chocolate sandwich spread from Germany
to have for breakfast. He observed that American girls eat too many hamburgers and French frites. which he sald, makes them "have falter botloms" than German girls
Susana enjoyed the ntghtilfe
Susana enjoyed the nightllfe in Germany
and made rounds to discos and pubs. But Dirk has found life in Santord pretty quitet. He has been soaking up the sun. visiting the beach
and local altractlons. bui sald he missea his girifriend.
An enthuslastic athlete who learned to swim
at 14 -months in the hands of Sanford's Jackit at 14 -months in the hands of Sanford's Jackle
Caolo. Susana expanded her sports range in Germany and played squash for the Arsit ume. Her Sanford bedroom housce trophles and
awards she has won in tennis. soccer, baseball. awardall and has won in tennis. soccer, baseball.
sofiball and cheerleading. She was Miss Seminole High School. was in the National Honor Soclety. Keyeltes and Tribe and com-
peted in the Junlor Mias Padgeant. She has peted in the Junlor Mlas Padgeant. She has
also been one or the leading fashion models for Lols' Place.
that bad elther. I don't like making C's, so int to a least make B's. 111 hadn't done as much as I did. I'm eure I could have done better in
school."' And Susana who sald she likes to compete. will be concentrating on her college atudies. because she knows compeition will be stifi
when ahe applies for medical whool she When she applies for medical school. She
wants to be a radiologist. but has aliernale carcer cholces of blomedical enginecring and carcer cholces of blomedical enginecring and
business. Her love of science and her intereai
in people make medicine her first cholec, sh
sald.
"I always like to try new things. Las "I always like to try new things. Last
summer I Iried boating and this summer I tried going to another country for the summer. I Iry things once. I lake to try things once. bui don't actually have a. hobby. trecause I don't
have much patlence." Susana sald. Her older have much patlence." Susana sald. Her older
brothers helped her maintain an Interest in sporis by Inviting her to joln in thelr bascball and football games, but she sald she could eastly shift from playing sporis to playing dolls "I guess ishould have concentrated on one
sport to be really good at one butlle sporn to be really good at one. but ilike doing a
variety. I wanted to do new things.: variety. 1 wanted to do new thtngs."
And new thinga are ahead for Susana. She has proven to herself that she can face life on her own. by making her irip to Germany,
But even with that expertence behind her she sald, "Now I'm kind of depressed. because
sither
 go away ynd be happy and have everything ive always felt pressure to do well. I've alway known I could do better, bul I didn' "The pressure comes from myself. I alway
like to be the beal or to do my beal ido. for my parents and for myself. It would have been easy for me to go to the University of
Florida because my boyfrend ts ter Flonda because my boyfriend is there, boith of
my brothers are there. I have a lot of friends my brothers are there. I have a lot of friends
golug there tte two-and-a-half hours away. could have gone and been Juas fine. But I was I
accerpled at Duke and sald yes right away il accepled al Du
was a blg hing.
And Susana, who went to Germany unable to speak the language. except for anable
important phrases like her name and. 1 . important phrases like her name and "Itm
hungry." has trled the waters away from home hungry." has tried the waters away from home
and expects to do wellon her own.

| RARES | 國 |  |  |
| :---: | :---: | :---: | :---: |
| Phil Pastoret | Celebration 100 |  |  |
| In our town the potholes are cellugs for the higheay comminaloner come |  | Invitations | For ${ }^{\mathbf{2}} \mathbf{2 0} 0^{90}$ |
| - | Smenterd | $\begin{aligned} & \text { BLANEE' } \\ & \text { HaIMARK SHOP } \end{aligned}$ | 322-6982 |

iteat th matheng more thene iorlolor
CUNICI G. MAYO, M.D. 2640 HIAWATHA AVE. (17-92) SANFORD - EENERAL PRACTICE - WEICNT CONTROL - SmOXINE CONTROL PAN CONTROL

321-2557
HOURS: MONDAY A WEDNESDAY Q:004 OO SATURDAY 9 DO: IOO


## 12 p.m. Today

 Sanford PlazaEntire Stock New Fall Sweaters, Coats,
 The weekend will almo include continental breakfast and a luncheon with Burgeas. two gourmet dinners, and a proThe public is Invited to attend the Bobby Burgena Showcase
and dinner on Friday. Augusa 31. for 45 per percan or $\begin{aligned} & \text { tig7.50 } \\ & \text { per couple. In addition to the }\end{aligned}$ thowrase. the lliket prise in. w... a lour-course dinner Bronze level of compelilion and danclng untll 11 p.m.
The Saturday dinner
highlights will be the Pro Cesalonal Show, preantatlon of o the live music of Roac Raphael. "Central Flonden's Best vening Hckesisa." Saturday In an or 282.50 per couple. public may also the dinnerna a cont pubice may alao attend a conti sesilon whth Burgens, foup Goumamed Disney Danc Ohow for 10 each on Friday,
One Brone Con 3.300:30 p.m., and the Bobby Mrill be 7.11 p .m. autograph sesation will be 7 - B with Durgeso fron $12.30-2$ p.m. Gold Compelltion from. and Corduroy Pants $20^{\circ \%}$ Off!

| Dressy | Orig. | 799 | $\mathbf{9 9 9}$ |
| :--- | :---: | :---: | :---: |
| Blouses | to $\$ 36$ | $\mathbf{9 9}$ |  |
| Corduroy | Orig. |  |  |
| Blazers | $\$ 65$ |  |  |

 FREE Jelly Tote With Any s25 Purchase

## Great Selection Summer Merchandise

Msmercherese Santord Plaza. Altamonte Mall, Orlando Fashion Square, Volusia Mall - Daytona

beetle bailey

eek a meek


BUOS BUNNY
NT N




a:ury

 game plany. Krep callenpt your
you can cope with them that
LIBRA (ISept. 23-Oct. 23 ) Its
not llike you to be negave but

## WIN AT BRIDGE



| Dy Onjeld Jeooty <br> We apend a lot or ume report ing on exotic blad and phey Suddenly Suadenly an inzentous piay oc. eay and right. And we know deserving of reppect. Several y yariongo. $Z 1 \mathrm{an}$ mahmood of Pakicun wis an obecure brade player. He han atice played on the Pakitatan World Chmpplonathip Bermude Bowl in 1881 . More recently he hae invaded New York rubber hon invaded New York nibber day'i deal occurred in London. in 210 : 10 obecure pertiod. <br> Aher the dingrimed bldding. Wees found the beat lead of the hear elight, which was covered |
| :---: |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |






|  |  |
| :---: | :---: |
|  | （2000 लxmi ${ }^{10,5}$ |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
| （a） 1000 Nemult <br> （12）mort ticici countuo |  |
|  | comuticoome |
|  |  |
|  <br>  axan muantrowe －（a）unini：30 mant une | un |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |



## Local TV Stations Linked For Convention Coverage

 NEW YORK IUPII－Two Haltimore－that were vilatlyhundred local TV reporters and affected by that．Three Mile
crew will be covering the Aland Is In the middle of the crew will be covering the Island is in the middle of the
Republican Nattonat Conventon Susquehainn River．which
together next week for Group drans Into Chesapeake isay．


 Dallas Convention Center to All the telephone company
provide live and tape reports to lines for transmitilng video frum
more than 90 radlo and TV
Hlarrsburg were taken up by the stations nationwide．
Throuph Newsed．local TV networks．Sabrecll suld．＂They were concerned with
stallons provide coverage of the blg slory．＂he suld．＂Nuclear statlong provide coverage of the big slory．＂he suld．＂Nuclear
breaking stortes for other safty T the nallonal sory We
members of the network．which were concerned will the local
政

 80 $=$ yuitiven
最
mitivem





 commroum
－an unimu umam Mamp ．
©n 180 ${ }^{2}$
mounipachom． findim mixx wn ama Douan sow way chat

 9．moronis

 \％
$\stackrel{0}{8}$





```None
```

Hex pagaze a kapagege日a a 5ageqeg日产
 minn
Ocmenionant


| Acid Rain Could Be Damaging Monuments |  | gal Notic |  | CLASSIFIED ADS |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 边 |  |  |  |  |
|  |  |  |  |  | $\begin{array}{lr}322.2611 & 831-9993 \\ \text { CLASSIFIED DEPT．RATES }\end{array}$ |  | 5ive |  |
|  |  |  |  |  |  | 边 |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  | mer | － |
|  |  | \％aid |  |  |  |  |  |
|  |  |  |  |  |  |  | CLowes |
|  |  |  |  |  |  |  | \％ |
|  |  | 2az | 28 |  |  |  |  |
|  |  | Ex |  |  |  |  | \％ |
|  |  |  |  |  |  |  |  |
|  |  | $\Rightarrow$ zazew |  | － |  |  | $2=2$ |
|  |  |  |  | cith | \％－Mactitum |  |  |
|  |  | －\％ | \％ |  | \％ | 边 | 2mem |
|  |  |  |  |  | Cumatrseid | 边 |  |
|  |  |  | $15$ | 2 |  | 边 | \％ |
|  |  | \％ |  |  | $n$－m |  |  |
|  |  |  | 25 | $5$ | 2\％ |  | \％ |
|  |  |  |  |  |  |  | 2 |
|  |  |  | $15$ |  | \％ $2 \times$ |  |  |
|  |  |  |  |  |  | \％asy |  |
|  | \％ | \％ |  |  | 5 |  |  |
|  |  |  |  | Steme | － |  |  |
|  |  |  |  |  |  | 边 |  |
|  |  |  |  | \％－iteme |  | － |  |
|  |  |  |  |  | $=2$ |  |  |
|  |  | ＝\％ataizi |  |  | ，$=$ F | 58 | \％ |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| － |  | 20x |  | 20\％ | $\sqrt{2 z}$ | $\begin{aligned} & \text { Yuour } \\ & \hline \text { strone } \end{aligned}$ |  |
|  |  |  |  | Legal Norico |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| AND LET AN EXPERT DO THE JOB$\square$ |  |  |  |  |  | zex |  |
|  |  |  |  |  | $52 \times 2$ |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  | $\square$ |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  | $2$ |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  | LESNWR，Missmine，TITUSYuEAND OTHER FLA．LOCATOWS |  |
|  |  | \％ |  |  |  | 2 |  |
|  |  |  |  | FAMILY DOLLAR RETAIL STORE MANAGEMENT |  |  |  |
|  |  |  |  |  |  | man |  |
|  |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |
| Strmm $\mathrm{Ramm}^{\text {m }}$ |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  | W |

$\square$

## 













Litsinim muil now







##  <br> $\xlongequal{\text { Cill-Homes For Sale }}$

## 







## \%os

## 

## 

## call us today $323-5774$




## AUCTION <br> TUESDAY. AUGUST 28th

## 30 PM

3105 MELLONVILLE AVE. SANFORD, FLA.




TWO HEAVILY TREED LOTS

INSPECTION: SUN. AUGUST 26, 1984 - 1-6 PM
DDAC

## Florida. Fun. Fairways. Homes from \$24,955. <br> Jonn the heppy follo who live a wis great course and 2 firc chithouso with game roons and a kichen Two swimming prook Close to shoppling, resuauranis, theaters Cooce to shoppling, reslaurants, Come see thece paratous crecgryeficicrex Eolonil Drive, Ortando, F' 32826 - BColonin D Dht (305) $73-2360$

 .
 R Y OUUR EAMILY DESSRVES THE BESTI!





# HIGH UTHLITY BILLS? 

## $\square$ ค品




The Evening Heraid's Fourth Amnual Heritagoe Codkbook


## Cape Cod Vanilla Pudding

1 package vanilla pudding lcooking kind)

I cupmilk
1 medlum size can fruit cocktall
Iraln off julce add to pudding milk cook. Add frutt set in a baking dish.

Beat up 2 or 3 egh whiles litile sugar set In hot oven 350 or under broller and Just brown egg whites a little 1 minute.

IJenny Moye
Sanford

## Whipped Cream Icing

4 Iablespoons flous
1 cup milk
h cup margarine
化 cup Criscosthoriening
l cup sugar
2 teaspoons vanilla
Mix four and milk and cook over med.-low heat until thickened (stir constanily). Cool thoroughly. Cream margarine and Crisco 4 minutes with
clectric mixer (medium speed). Add sugar and beat 4 more minutes. Add cold flour pasie and beat 4 minutes. adding favoring during last minute.
This is an excellent icing for any cake and is not sweet. I'm amazed at the rumber of women who've never lasted It untll now. Please pass It on!

Lola M. Roop Sanford

## Banana Upside Down Cake

8 tablespoons unmalied butter
2 cups brown sugar
2 tablespoons dark rum
4-6 jusi-ripe bananas
4 eggn. separated
1 cup sugar
I cup all-purpose flour
1 teaspmon double acting baking jowder

Lt teasponth sall
Preheat oven to 350 degreen $F$. In bowl. conibine melted bulter, brown sugar, und rum. Spread even layer of Inim mixture in bottom of heavy oven pronf skillet. I'ecl and cut bananas Into 1/2-issch lifick slices and place over murface of buter-mugar-rum mixture mo they arra't quite touching each other.

Beat eRgs, yolks and sugar untll lemon colored. Sift hour and baking powder Into yolk mixture and fold in thoroughly. beat egR whiltes and fold into batter. just enough to distribute them well and ellminate any large pockets of white. Pour this batter over hananas in the akillet. Bake in preheated oven 40 minutes or until cake has pulted up above edges of pan. Remove from oven and place on Repiove from oven and place on
cooling rack for 15 minutes. Pass knife around edge of rake and reverse it onto serving platier. May lie served with whipped cream.

Kemper D. Sievens
Sanford

## Strawberry Pretzel Jello

Crust Bottom Layer:
2 cups crushed pretzels
\$/4 cup (l1/2 sticks) melted olen or butter
3 lablespoons sugar
Combine and press nat in $9 \times 13$ pan.
Layer 2: Beal 8 ounces cream cheese (room iemperature) with I cup augar. Fold in H ounces Cool Whip lihawedl. Spread over pretzel layer.

Toplayer:
Strawberry jello in 2 cups bolling water. Add 2 10-ounce packages frozen strawberries. Do not thaw berries beforehand. Stir berries Into hot jello for 5 minutes. Let sel parilally. Pour Jello over filling and pretzels. Chill until firm. Hinl: I like lo use tupperware pan withlid.

Dorene A Paul Roloft Winter Springs

## Strawberries

## (No Bake Cookles)

I cup Eagle Brand milk
1 pound Angle Flake coconut
I lablespoon sugar
1 teaspoon vanilla
14 packages strawberry Jello
Mix logether and chill i hour. Shape
dough into strawberry form and roll In rest of Jello mixlure. Deconate with leaves made from powdered sugar frosting. Kerp refrigerated until ready to serve.

Maggic Ensrud
Sanford

## Canadian Tarts

1 cup suapar
约 cup bulter
2 eggs
4 tableapoons milk
1 teaspoon vanilla
1 cup coconut
1 cup chopped nuts
1 cup white seedless raisins
Creamb butter and sugar. Add exgs and beat well. Add remaining ingre. dients and mix well. Fill pasiry Irecipe follows) IIned muflin cups is full and hake at 375 degrees $35-40$ minutes
untll golden brown.
Ilasiry:
2 cups sifted all-purpose flour
1 teaspoon salt

* cup Crisco

4 tablespoons ice water
Sift flour and salt. Add Crisco and mix with pastry blender or fingers untll consistency of cornmeal. Add water and stir with fork untll dough leaves sides of bowl. Roll oul and cut itn circles lo fit muflin tins.

Kemper B. Stevens
Sanford


Get th The Sum Wuth Seminole Awning \& Pool Supply SEE DISPLAY PACIFIC INGROUND GARDEN POOLS POBEIDON ABOVE GROUND POOLS

We Carry A Full Line Of Pool Supplies For Above \& In Ground Polls FREE WATER ANALYEIS

218 S. FRENCH AVE.
cormen of Iove 13. a Muv. 17-02, senterd
322-3022




## Appetizers

THE WINNER
Helen G. Faneuf, 81, of 820 Banana Lake Road, Lake Mary, was the winner In the appelizers category. Helen is retired. She is a widow with one child. Helen says her hobbles are sewing and collecting and admiring antlques.

## Parsley Petites

## THE WINNINO RECIPE

1 loal party ryc bread
1 bunch parsley less 12 stems 1 large or 2 medium parlic buts mayonnalse
scason rall
Ys cup or more walnuts
With artanors silp feathery tips of parsley in small plece in a bowl. Grate extremely flate one or two garlic buds. Ade walnuts. chopped before micasur-Ing- Add suffleient mayonnaise to molsien. Lightly sprinkle with meason salt. Mix all thoroughly.
Butier all slices of toread. Spread with filling on half of the slices: top with remaining slices. Cut dagonally. Arrange on sandwich dish - decorate wilh remaining parsicy.

Helen S. Faneul Lake Mary


## Individual Bubble Cheese Rolls


I small pawkaL" sharp chocdiat

 -llall sirlpa


 Levtime sel isble l'oroll dough: wepis


 pult a plece al "foreme hat has twedt wrappeal with al arif of lexel. then foll






deall Nurris
Silloloral

## Dilly Ham Surprise

1 hitge jar (32 miluen) whole dill picklow, well ilratimed
 - Tiabllide rbeques

1 palckinged slicerd hillon tapproxal. Inately 14 slicess

1, teaspooningirlie porwiler
Bletid garlio jerwader with mollened - reabl 'herese, Cover a llat surface or at culllig beard whll a pleve ol wasvel paper. Pare one allec of hamt lat on top of waxed papir. smoolh a thin chilling of creained chese over one whle of ham slice. lake one whole dill
plekle ami roll il up in the latri. like al kolly roll Plate bill al larke mallers.
 allid dill plakle chall for il leans 2 flours.
Wilin al alarp knife cou bilf cach cant
 albbleral. Silice nacrows tha roll will
 ods-h slice on platier fur wervings. The tiaste is lhe surperime Kiop chilled inill reuty to wrive. Titalis kemd with wher Arinks us well as othor cimeklulls.

Stan Norris
Silshord

## Mexican Dip

In $9 \times 9 \cdot$ Inch pill spread one $16 \cdot$ ounce luth refried lxanv. Top witl $1 / 2 \cdot \frac{1}{3}$ dey laromix.

## laver in order:

Ifounce avorictedip
I H ounce mour trearis
I 4 Wh ounce chopucd riper ollves
2 diced momatoes

I small dicied nonion

I $1 / 3$ rup shiredtest Montirey Jack "hures"
Sirve will Timiliom imillis. coril
 ullure.

Stephbinte 18usay Whiller loith

## Quick-Quick Dip



I 16 -ounce ciartom miur ervalli
I Imax II ellidapel Kmorr's vigulable
Ilare wur cream in at dip bowl and paur contents of dry regretable soup L.- mith hite mas-c recm. ills will
 cam.

 Inwn Grevirisirevt

## Mexiesta Spread




1 gatin' $\cdot$ love minueal









lø川hthlal|
18il/-1tigerratichion





 rlesirad alierel alsaco. Sids warm will



It Itin.

## Hot Cheese Biscuits

I whall jart Krall (lld Eillullall r-larax. -pro'ial
I s allik indideal thiller

1. A!U| all purpmac flour

In leilluminm will
Mandi r-huerw spreand allal bullar: - 'riam well. Aeld llour athe will: mix






Kıollmer Silavelis
Cinlllıll

## Hot Ryes

I loill pally ryo butersel
Molllice:s Siwimbillic're. pralled
 - rumbibed

Iteaspxin Worriatirnhite
$1 / 4$ cup Inocly clupped anion
W-V culmayonnais.
川livers


 \|lllliom
 110:44 whinlater Imikerd.

Sidphintir lemes Whiler liork

INDEX
The Herald appreclates the overwhelming response to the fourth annual cookbook confest. We regret every recipe submitted In some of the categorles could not be used because of space Ilmitations. The winner in each category appears on the cover page of each category. The overall winner appears on page 11.
Appelisers.
Payes 3-4
Bresde.....
Paje 16
Casesroles. Pares 15-14-4
Daccerte.. Pryes 17-18-8
Monte.... .Page 10
Poultry.

Benfoode
rajese
Vegetables.................................................................................................................................... 7

## Ster Up．．． <br> A Batch of Fashion

With These Name Stand Lovelies Me Re Gays

Smith
Tore gov
Tens
Mayer vinson
young smoothies gong vicki Mayer Benson and more． Vaughn Toni ode
Expensive Looks At


## More Casserole Recipes

## Sweet And Sour Green Beans

4 antes ladon
1 rip finely diced onto
21512 ounce calls cut green leans． entrained
2 tublewfoons sugar
Dash of pepper
1／4 cup Vinegar
Cut bacon ilo $1 / 2$ inch pieces． l＇artlally risk bacon．add onion and
sills until onion is lightly browned． drain beans and add liquid to bacon and onions．Cook until！liquid is reduced to $1 / 2$ cup．Add beans and remaining logredienis．Heal thoroughly．Serve warm．Yield： 6 rings．

## Buffet Potato Casserole

2 pounds frozen hash brown ［motions（cube style）

I cup melted huller
｜ledupxoll pepper
I cupel hopped onion
J plan mater er eam
IO ounces galled cheddar cheese
I cath ereantiof celery sump
I cath dreamt of celery soup
I cup rushed potato chips

Combine all ingredients except catalo chips．Put in $9 x 13$－Inch greased calsserole．Hake at 325 degrees for one and a half hours．When nearly done sprinkle chips un top and finish thakiap．

Silphanle Ross Winter Park

## Easy Squash Casserole

2 poultices marsh
I large onion
1／2 cupluthertor ole
2 rak
次cuprilk
I cup saltines
Cook squash and anton logeviter
with butter，wall and pepper．Mash and ald other ingredients except $1 / 2$ cup malines．Sprinkle these on lop ailed pour a lablesponils butter over they and bake at 350 degrees for $30-45$ montes．Serves $H$

Kemper Stevens
Sanford

## Gourmet Potatoes

B large joilalos：
4 roplinller
2 cups grated cheddar cheese Ia гир sour cream
G cup chopped green onion
l leaspmont sill t
4 teaspoon pepper
放taspoon paprika l
Cook potation In the skin．Cowl ald
peel．Shred coarsely．Combine lie butter，cheese．sum r cream，onion，salt ind pepper．Fold into potatoes．Turn lino $9 \times 13$ greased casserole．Dot with butter and sprinkle with paprika．Hake at 350 degrees for 30 minutes．Eight generous servings．

Kemper Stevens
Silliford

## －Meal Planning

－Budget Shopping
－New Taste Treats


 for the single erarydey feed．Heep your
 gestions gou＇ll wat fo save pas all these



Each Wednesday in the Evening Herald

For Home Delivery CALL 322－2611－831－9993

## Desserts

## THE WINNER

Mirlarn Jenkins of 309 W. 16th St., Sanford was winner in desserts category. A 50 -year-old registered nurse, and Sanford natlve, she recelved her training af Baroness Erlanger Hospltal, Chattanooga Tenn. She and her husband of 29 years James H. Jenkins Sr. have four chlldren and two grandchildren. Her specials Interests include cooking, ceram lcs, writing, palniling.


## Blackberry Jam Cake

## THE WINNTNO RECIPE

This cake has many ingredients but is well worth the time. Long ago, this cake was baked at holldays for gifts. This old Tennessee recipe came from my mother-In-law In Gallatin. Tenn.
2 cups white sugat
5 cups four (plain)
1 level teaspoon baking powder. In the flour
2 teaspoona ground cinnamon
$1 / 2$ box of seeded raisins, cut in smail pleces
$1 / 2$ cup bourbon whiskey
1 pint of chopped nuts (pecans or walnuts)
2 level teanpoons baking soda
$11 / 2$ cups butter
6 whole eggs, separated
Y teaspoon ground nutmeg
2 teaspoons ground allsplce
1 teaspoon ground cloves
1 cup chopped figs or dates
4 ounces candied red cherries
1 alice candied pineapple
2 cups blackberry Jam
6 tableapoons buttermilk
Cream butter, gradually add $11 / 2$ sugar. Beat in egg yolks. Add jam and beat again. Sift nour. measure and dredge frult and nuts with most of the nour. Save one cup. Sifi reat flour, baking powder.
spices. Add soda to buttermilk. Add some llour mixture to creamed butter, sugar and eng yolk mixture. Add dredged frulis and nuts. butiermilk mix and hour with spices unill all are in. Add whiskey. Beat egg whiles untll high and fluffy, add remaining $/ / 2$ cup sugar and $m i x$ well. Fold egg whites into batter. Grease and paper line 3 nine-Inch layer cake pans. at least 2 inches deep. Fill pans $3 / 3$ full. Bake in 350 degree oven for $\mathbf{6 0}$ minutes.

## Caramel lenn,

14/ cups light brown sugar
1 cup butier

* cup flour

I box ralsina
1 cup heavy cream
1 teaspoon vanilla
1/3 cup pecan pleces
Mix sugar. กour and blend thoroughly. Cream butter until light. then slowly udd sugar. four mixture to bulter, creaming well. Add heavy cream. Place in top double boller. cook over boilling water. Stir constantly as it cooks. Cook until thick. Remove from fire and beal. Cook, add vanilia, raisins, fiuls. Spread between layers, oll lop and alden.

Miriam E. Jenkins
Sanford

## Chris's Chocolate Cloud Pie

1/4 pound marshmallows 1 cup milk
$1 /$ teaspoon salt
1 teaspoon vanulla
1 cup heavy cream. whipped
2 (] ounce) squares unsweetened chocolate. grated
1/2 cup chopped walnuts
14 cup shredded coconut
I baked 9 -Inch ple shell. whipped cream or lopping. shaved. un. sweetened chocolate.

## Lemon Lush With Bananas

Combine marshmallowa, milk: heat over bolling water untll melted. Cool. Stir In salt a vanilla. Fold in whipped cream, chocolate, nuts d coconut.

Turn Into cooled ple shell. Chill untid filling is firm
Garniah with whipped cream or topping a shaved chocolate. Serves 4.6.

Jerry Christensen
Casselberry

## Pina Colada Cake

I box yellow cake mix (Duncan Hines)

1 4vunce instant coconut pudding
th package ,ina colada mix
$1 / 2$ cup cold water
$1 / 4$ cup oll
14 cup dark rum
4 whole egge
Mix In bowl as lited above until well blended. Pour Into 28 -Inch round cake pans well greased and floured. Bake at 350 degrees for 25 minutes. Cool completely then chill in refigerainr
about I hour before frosilng
Froailing in bowl mix:
( 8 -ounce can crushed pineapple with julces
14 -ounce instant coconut pudding
K package plna colada mix
is cup dark rum. Mix untll well blended. Fold into 19 -ounce cool whip, softened. Frost middle, sides and top of cake. Keep In refrigeralor. It is good when served cold.

Dorene al Paul Roloff WInter Spr!nge

## Jean's Special Lemon Cheese Filling

The tart taste of this lemon cheese niling te sogood to use when you sseed to cut the taste of sweet ice cream when used as a sauce. It is so extra good as a filling in small baked individual meringues or as a rlling between layers of a yellow cake and aeven minute icing.
In the top of a double-boller melt is pound of butter. While butter is melting, separate 6 egs yolks leaving egs whites for meringues or seven minute leingl. put egg yolke in blender. Add 6 whole egige and 3 cupe
of augar, slowly. Biend well, then slowly add I cup of lemon juice. Blend. Add melted butter, blend. Pour contents of blender into top of doubleboller. Bring water in lower part of boller to a full boll. Stir mixture well. Cook over low heat for gbout 45 minutes or untll mixture in shiny and thick. Stiring often. Mixture will coat spoon and will have a shiny appearance. Filling can be kept in sealed. sterlized Jars for about three weeks in the refrigeritor.

Jean Norris

Crust
1 stick of butter, softened
1 cup self-rising four
Vn cup fine chopped pecans
Mix above ingredients and press into
the bottom of a $9 \times 13$ pan. Hake in a
350 degree oven for $15-20$ minutes or unlll lightly browned. Cool.
Filling:
1 - ounce package cream cheesc.

## ofned

1 cup Cool Whip
$l$ cup powdered sugar
Bend the above ingredients and
npread evenly over crust
Topping:
1 large package instant Iemon pudding mix
3 cups of cold milk
3 large bananas sliced
Mlx milk and Instant pudding per package Instructlons. Spread evenly over cheese mixiure. Place banana slices evenly over the lemon mixture. Top with generous layer of Cool Whip. Refrigerate. Serves 10.12.

Jean Jordan
Oviedo

## Strawberry Coconut Pie

1 tablespoon unflavored gelatin 14 cup cold water
4 egg yolks well beaten * cup sugar

Th cup orange julce
1 teaspoon grated orange rind
4 teaspoon sall
K cup augar
4 egg whiltes, beaten stif
1/4 cup flaked coconut
19 -Inch baked ple shell
1 pint fresh frozen strawberries.
Soften gelatin in cold water. Mix egig yolks. * cup sugar and orange Juice In top of double-tooller. Cook, stirring constantly, untll thick. Add gelalln. orange rind and salt. stir until gelaitn Is dissolved. Cool. Beat $1 /$ cup sugar into egg whites gradually. Fold Into yellow mixxture with coconut. Turn Into ple shell. Chill untll firm. Serve topped with strawberties. Serves 4-6. halved

## What Is It, Chocolate Cake?

Rich in llavor, as it bakes. the cake comes on the top and underneath a fantastic chocolate pudding.

* cup augar

2 tablespoons cocoa
it teaspoonsalt
3 tableapoons butter
vs cup sugar*
cup cocoa
Whipped cream (not neceasary)
1 cupall purpose nour
2 teaspoons baking powder
theup milk

2 cup firmly packed brown sugar*
142 cups water
Sift th cup sugar. Nour. 2 tables poons cocoa, baking powder, and calt Into a 9 -Inch square pan. Stir In milk. butter and vanilla, and apread mixture evenly in pan. Comblne asterisked Ingredients ( ${ }^{\circ}$ ) and sprinkle over top Pour water over top. Bake pudding at 350 degrees for 40 minutes. About 6 servings.

Jerry Christensen
Sanford

## Florentine Salad Mold

15-mance pathaue lemon gelallote I cuphoo water
1 Doownce package frozen IIIIRUSEYEG chopped splnach. well dralned
1 cup mayomnalse
1 cup large curd rothage cheese
Is leanpowin wine vinegar
$1 / 2$ cup elopped celery
1 tablenpxon choppred onton

Dissolve gelatin in hot water, Iet cool. Just before gelalline sels, mix in atl other ingredients. Pour Into 2.inch deep pan or $1 / 2$ quart baking dish or mold. Chill unlll set. Serve cold on small bed uf lettuce. Serves 8 lo 10 squares.

## Molded Tuna Salad

$I$ can Inmato woup. bring to a boll Add:
3 small packages cream checse
2 tablespoont kelailn moaked in coid waler
lleat unill smooth. cool and add:
1 cup tari dresaling

1 cup chopped celery
I small can plemiento (about $1 / 4$ cup)
I can luna, mashed
Pui in Individual molds and re. frigirate. Serves $H$

## Lime Salad

23 - ounce boxes lime jello
I 20 onnce call crushed pincapple. undraincel

I pint vanilla lece creanll
M cup rhopped nuts
I rup loollink water
Dissolve fello In boilling water. Add

Ice cream and stir unitil smoolh. Add nuts and pineapple. mixing well. Put Its refrigerator and chill unlll dirm. Serve on crisp lelluce leaves. Serves 6-8.

Jean A. Jordan Oviedo

## Pea Salad

1 16.onnce can Finglish peas \|ralited

2 leillotlexys. diced
I small onion, diced
cheese lapproximately $1 / 4$ pound). culsed

I heaping tablesponon salad dressing or mayonnalse

Tons all together. Chill and serve. Daprikil may be spriakled on top for color.

Haxgle Enarud
Sanford

## More Dessert Recipes

## Peach nuggets

## In zip lock bag place:

1 cup self rising flour
1 cup plain all purpose nlour
4h cup cornstarch
Y cup sugar
1 teaspoon cinnamon
Shake well. In small bowl beat 3 eggs and one cup milk and 1 teaspoon vanilla. One lage can of peach halves, dralned. Halve each peach half. Can use generic or Irregular cans if you don't mind nuggets not belng uniform. Heat Crisco chortening in small deep saucepan. at leant 3 Inchen. Medium high. Drench all pleces in the four mix In the bag. Lay out on a plate. Only do about 6 pleces at time. Dip each plece in the egg mix and right back into the bage of flour agaln and ahake well. Don't handle pleces too much.
the batter will sllp off. Brown quickly In Crisco. Ahead of time, put a cake rack on a cookje sheet and put In 300 degree oven. As each balch browns. place nudgets on the cake rack in the oven, not touching. Thls allows the batter to remain crisp and the heat draws out some of the Crisco. After the last batch. turn the oven off in live minutes and shake confectioner's augar over the pleces. Bent served warm. These nuggeta are also good for a adde diah with meat, eliminnte the confectioner's sugar. Pour a small amount of dried mint in palm of hand. rub brtakly to awaken the flavor, sprinkle a little on the nugsets and serve with lamb. Can use amall pleces of apple also. Fast preparation time.

Jan Jenkins Whitley
Sanford

## Gooey Fudge Marshmallow Squares

Preparation time: quirk
In mixing bowl. 4 egge, 2 cupa augar, 4 cup Heraheys cocoa, $1 / 2$ cur plain Nour, 2 aticks of melted marga. rine, 4 teaspoon almond thavoring. I teaspoon vanilla navoring, 1 cup marehmallows lamall ones, or large cul In bits).

Mix well, after each Ingredicnt
added, one at a tume. pour into greased casserole dish, rectangular pyrex. Preheated oven 350 degrees. Do not overcook. mlxture will be goocy and can"t be tested for donences with knife. Bake approximately 30 minutes.

Mirtam E.Jenkins
Sanford

| JC Penney <br> Elaine's Card and Gift <br> Vogue <br> Friedman Jewelry <br> Don's Shoes <br> Plaza Square <br> HIS <br> Pet Shop <br> Zale's <br> lersey Maid <br> Publix |  | Hair-A-Rangers <br> - Petsos Travel <br> J. W. Saloon <br> McCrory's <br> Suds n' Duds <br> Bally's Great Escape <br> Cloth World <br> Hong Kong Restaurant <br> Eckerd Drugs <br> Fotomat <br> Merle Norman |
| :---: | :---: | :---: |
| Dr. Alfred H. Cann, Optomelrist <br> Sanford Cleaners | "Where Good Things Hoppen" Monday - Saturday 10-9, Sundays from 12:30-5:30 | General Nutrition Center <br> Plaza Square Theatre |



Healthy Pumpkin Bread

## 'Give a Friend a Loaf' THE DINNDO RECIPE

* cup all-purpose flour

4\% cup wheat llour
4 cup wheat germ
Y teaspoon baking powder
1 teappon baking soda
Yh teaspoon salt
1 teaspoon ground cinnamon
Wieaspoon ground nutmeg
Wh teaspoon ground cloves
4/ teaspoon ground ginger
Y icaspoong
H cup sugar
l cup solld pack pumpkin
1/3 cup vegetable oll
2 eggs
Weup water
IK cupa $40 \%$ Bran Flakes cereal
H cup chopped pecans
Stir lagether all dry ingredients. Set aside.
In large mining bowl, beat pumpkin, oll, egga a water untll well blended. Silr in 40\% Bran Flakes cereal a pecans. Add dry ingrediente. Stir Just until combined.

Spread batter equallv in 3 greased mini loaf pans

EOW 1. Loors


- 8 "x $344^{\prime \prime} \times 2$ " In. Bake at 350 degrees about 45 minutea or untll wooden plck Inserted near centers comes out clean. Let cool 10 minutes before removing from pan. Cool completely before alicing. Yield: $\mathbf{3}$ loaves.
Note: Batter can also be baked in one $8^{\prime \prime} \times 5^{7} \times 3^{\prime \prime}$ In. loal pan for 55 minutes at 350 degrees.

Karen Richarda
Sanford

## (Continued from pege D)

## Luci's Chicken Orientale

1 pound boncless chicken breasts sliced In thin slivers. Marinate chicken for 2 hours overnight In:
2 teaspoona mashed or grated fresh ginger

3 tablespoona soy eauce
1 teaspoon Accent (MSG)
1 lablespoon wine (sherry, anke (Japanese wine) or white wine)
1 large clove garlic (or 1 teaspoon). flnely chopped
After martnating the above. drain and add mixture of egg white and cornstarch (this ahould be like a paste). Stir egs white and comstarch mixture into marnated chicken until all is coated. Then drop chicken alivers into hot oll (3 tablespoons) and fry untll brown. Remove.

Vegetable Mix
14y cups diagonally sliced carrots (freah)
1th cups frozen french green beans (I)aw by runaing water over \& drain)

## Chicken Spaghetti Sauce

1 16-ounce box ihin spaghett noodles

1 I6-ounce can of Ragu apaghettI Bauce

1 cup graled cheddar checer
10 eg gs , whole
ollve oll
6 deboned breasts of chlcken
6 tablespoons of real butter
bread crumbe (to each cup of bread crumbs, add 2 tablespoons dry parmesan checsel Approximately 2 cups of crumbe, 4 tablespoons parmean.
all and pepper to taste
After deboning chicken. place beiween 2 pleces of wax paper and pqugd jutilthth Rempve paper and

## Uncle Chester's Hot Chicken Salad

1 142 cupe fresh mushrooms altced 1 cup chopped scallions
Stlr fry above vegetables Chinese style in order listed above. Fry in same oll meat was fried In; you may have to add little more oll. Before adding add litte more oll. Before adding
vegetables, drop a mashed clove of vegetables, drop a mashed clove of
garlic into oll a brown. remove before frylng vegetables.
DO NOT OVERCOOK VEGETA. BLES. They should be crisp. Combine vegetables with fried chicken.

Sauce
1 can Cream O' Chicken Soup
4 cup water (may add more)
2 tablespoons Sherry or Sah
I tablespoon soy sauce
Mix above well In a separate sauce. pan. heat through and pour over comblned meat and vegetables. Serve hot over cooked egg noodles or rice.
Makes six servinge served with 12 ounces of noodles.

Lucy Paskoak!

2h cupa cooked. deboned chicken 1 cup diced celery
H cup mayonnalec
1 can condensed cream of chickes
3 hard-cooked eggs, chopped
2 tablespoons chopped onton
I tableapoon lemon julce
4 teaspoon ralt
is to 1 cup dry bread crumbe
Mix all Ingredients, except crumbe. gently but thoroughly. Pour into greased baking dish. Sprinkle with crumbs. Bake at $\mathbf{3 5 0}$ degrecs for $\mathbf{3 5 - 4 5}$
minutes untll golden brown. About 6 acrvings.
To make a good dish for church suppers or other meetings to Increase reclpe:

RECIPE:
Add 2 cups cooked rice. is cup slivered almonds. 2 ounces chopped pimiento, 2 tableapoons chopped bell pepper. This will be a litile on the dry side so you will be able to slice it and cut it out and ective In squares. Better even the second or third day.

Jean Nortis
Sanford

## Southern Heavenly Has For Leftover Turkey \& Dressing

2 cups of chopped leftover turkey meal
2 ounces chopped pimiento. dralsed 4 cup white wine
is cup chopped fresh mushrooms or a 4 -ounce can of mushroom plecen 2 cupa med lum white sauce
scasoned with: I teaspoon poultry seasoning. W teaspoon bage. W feal poon salt (always use less mall when uslng wine). I teaspoon pepper. MEDIUM WIIITE SAUCE:
Melt 4 tablespoons butter. blend in 4 tablespoons four until amooth.
Add 2 cupe milk gradually. slliring constantly until bolling point is reached. Reduce heal and cook for 3 minutes longer, stirring constanily.

## Chicken Spaghetti

## 1 chicken bolled and deboned <br> I package (I pound) spaghett!

 I onton (chopped)1 green pepper (chopped) 14 -ounce can mushroom. 1 pound cheddar cheene (grated) 3 B-ounce cans tomato sauce 1 stlck margarine
Boll margarine
Boll and debone chicken: cook
opaghett in broth. Saute onton and very hol.

Phee over hot water to keep hot and cover with waxed paper to prevent flit cover with wax
Add turkey, pinitentom, mushrooma, white wine to sauce about 30 minules thefore you plan to serve.
Wurm leftover cornbread dreasing ar cornbread, allow a generous square for cach serving. Spoon a good helping of muce over each square. serve while hot.
What a good way to enjoy Christerias leftovers while wating for ithe inw year to come In. This ta the way uly mother always fixed it for company.

Jean Norris
Sanford

Boll spaghetti, drain and Hnse. Beat the eggs well. add grated cheese and put In casserole dish with spaghetti. mix well. Brown the chicken in frying pan with a little olive oll in skillet. When brown and tender. lay piecea on top of the spaghetil mb.
Pour spaghetl sauce over the chicken. Place in preheated oven 1350 degrees) and bake until bubbly, usually $25-30$ minutes. Serve with green calad and garlic bread. Prepara tion tume ls 1.2 hours.

Mrtan E. Jenitne

spread one tablespoon of butter over chicken. Roll up light, fasten with chicken. Roll up light, and roll heavily in crumber. coothpick. and roil heavily in crumber mix. Set aside.
pepper in 1 tick margantne until tender. Add mushrooms and tomato sauce, then add to cooked epagheti. and chicken. Fold in $h$ the cheesc.

Place in large haking diah and top with remalning checse. Heat tn oven untl
BUILD
A RICHER
FUTURE
Savings
Checking
Lending

Everything You Need For Success


Formerly First Federal Mid-Florida
SANFORD
3090 S. Orlando Dr. (305) 323.3770

Herald Advertiser - Thursday, Aug. 23, 19es


Cosmic Cirvalives Server
Chita
Linens
Crystal
.Floturame

- tecessories

Free Gifitymp
Free bridal Regintortion
Bridal Keadquarlens \& Gift Store For All Occasions.
Gifts
$298 \therefore$ Bin ce th.
$94 / 070$


And So Will You With New Glasses See For Yourself How Much. Better You look And Feel..
WhIt class lens $8 \rightarrow$ ED
SHALE YON LARGE SELECTION OF FRAMES THNTS A Photo city avakalde - Closer Duplicated © Froe ad|uotmontr a Repeals YOUR EYEGLASSES SA VINE BUDGET OPTICAL 2s44 8. Frosh Ave. (17.22)


313-1000 Solveday

- Am. 1 PM Cloned Wed. Allernoon At I PM Closed tat bet of the Month



## Salads

## THE WINNER

Lyn Downen, 36, of 756 Meadowlark Court. Longwood, won flrsi place In the salads category. She ls a cus. tomer service rep at Jim Blake's Offlce Products Center. Mrs. Downen has iwo children. Her lavorlte hobbles are deep sea lishing and reading.

## Fresh Corn Salad

 THE VINNTNO RECIPE6 ears fresh corn, husked
1 cup cheddar cheese, cubed 1/4 cup sweet plckle rellsh $1 / 4$ cup chopped green pepper 1/4 cup chopped green onion
/4 cup chopped celery
2 tablespoons chopped pimiento
/2 cup sour cream
1/4 cup mayonnalse
1 teaspoon prepared mustard 1/3 teaspoon salt
Wh teaspoon pepper
Vh teaspoon celery seed
2 medium iomatoes, chopped
Cook corn In bolling salfed water to cover until tender, about 8 minutes. Drain and cool; cut corn from cob and combine with checse. plckle relish. green pepper, onlon, celery and pimiento.
Comblne mayonnalse, sour cream, mustard and seasonings. Pour over corn mixture: refrigerate several hours of overnight.

HOW IT LOOKA


To serve. garnish with chopped tomatocs.
(You can also use well-drained canned com tf fresh corn is not avallable.)

Lyn Downen
Longwood

## Spring (Anytime) Wild Rice Salad

2.3cups water

I 6-onnce parkage long gralt atid wild rleew with seasonling packet.
la pound asparagus. cut diagonally into I-Inch pieces lyou may substlute Is fone Italf 16 -ounce can asparagus. dratinedl or 1 10-ounice package frozen dsparalgus, thawed.
\& cup vegelable ofl
2 abhlesponts white witne vinegar
I suall red or dreen pepper. cut into
a-inch pieces
red onton slangs

In medium satuceman. combine water nond contents of rice and seasoning packets. bring lo a boll. Cover and simmer 20 minules. Stir in the aspar. angus pleces. Cover and continue to shmmer until all llepuld is absorbed, about 5 minntes. Transfer to a glass bowl. Cover and chall. Comblime oll and vinegar: sile into rice mixiure. Adt pepper. mix wedl. Clill. Garnlsh will pepper, mix wedl. Clall, Garmish w
red onion rings. Makes 6 servings

Dean Greenstret
Dellona

## Molded Tuna Salad

I canchacken rice smup) I pat kige kernon jellos (small) | tian lthlial lisht I cup line chopped celery Grated onton totaste I rup oream, whipped
a "upereath, whipprd
ha cup silad dresalng or mayo 4 cups sliveredalmomis

Heat mopl ded not add Wallert. Stir in fello till diswolved. Iet comit thll thide Fold in rest of ingredients and penar filtomold. Chill untl| met.

Serves 6.8.
J.yn Dowillo
langworal

## Broccoli Salad

I rup mayontalise
2 biblesperms wine vinegar
iscupsmgar
Mix innd set aside. Then inss with 1 large head broccoll, chopped small. is red onion. chopped.

1 small packiag - paithish pramuis (4) ounces)
2 small tooxes ralsins (3 ounces).
Jokin S. Madimen Altamonite Springs

## Zucchini "Coleslaw"

## (ismall zurilnin

I clove garlic. inlinced
I lablespoon onton, chopped flat 3 carrots, shredded t/ teaspoon pepper s cup chicken broth 3 fablespoons clder vinegar l/2 teaspoon dried thyme is icaspoon dried basll theraspoon dijon mustard

Coarsley shred zucchint. draln well on paper lowels. Put Into bowl and add
darlic. onion. carrol and pepper. Mix well.

Dresalng: Mix chlcken brolh. vinegar. thyme. basdl and mustard in a jar. Shake well to blend ingredients toxtether. Add to zucchitnl mixiure and blend well. Cover and chill In refrigera. blend well. Cover and chill In refrigera-
tor for several hours. Serve on crisp tor for several hours. Serve on crisp
salad greens, topped wilh radish slices and cherry tomatoes. May ulso be put inin serving bowl. Serves 6.

Jean Jordan

2 pounds builing pritaleres
2 tablesponnes plas is teasponn mall 1/ coup whlle wilue vinegar
4. Ieaspoxil fresh gromind pepper I whole erges
I exs yolk
1 tablesponit dyon style manstard I cup saflower uil
2 lablesponns fincly chopped anlon Chopped parsley for parnlsh

1. Ihace the polatoes in a medtum wiluce than, cover will rold water allld add 2 tablespoons of the sult. Dring Its a looll over high heals: reduce the hosat in low and simmer. uncovered for 20 to 30 minutes. or unsil polilloes erill lx. caslly plerced witha fork.
2. Drath the potators; pred ats wom da: they are cool enough lo handle. Cut llat $1 / 2$-inch slices allad place In a

sill warmi. infl the wille vilughar allil

d. Mrallwhllo" miake the mayon Hata: It a bletider or lemel proxissome. ronnbine the whole chs. "gge yolk.
 sill: blend until sultexith. With llat michitue ant slowly pour lor the oll in a
 fatx britefly. 'Jhere will be aloont lis - His of matonllaise.
if Add is coup of the matholltalise to the pmialioes anmi loses gerolily to codit Sprinkle whth the pirstley abid server al romill temperature.
Note: Reserve the rembitillig milly
 refriderille for ufter 2 werks.
fiservinge
1m:incircengtren
1)-|lunia

## Cauliflower Quiche

I 9-onance patckage frozen cialiflower (cook 5 minuites)

放enperopped onlon
1/2 eup chopped green pepper
1/2 cups ahredided cheddar cherese
I cup milk
by cup Ilisquick
3 ends
th teaspoon malt
dash pepper
 ple pall. Sprinkle will onlon, kreen
 Ingredkenls. Jonir aver cabilinower illax lure. Siake 20 lo 25 milmules at 325 degrees or until kille contes out rlean. la'l shand is manules In'fore serving. Servies H .

Cella blegh
Simfort

## Vegetable Salad

## J can Frenchstyle string beans

 1 can Lesueur peasl can shoe peg whlte corn
1 smail jar pinilentos
1 cup \&recti pepper \{diced)
I cup celery (diced)
I cuponions (diced)
$3 /$ cupeider vinegar
Vacup silad oll
1 cup sugar
I tablespoon water

## Iteaspoch sult

1 teaspoxin black pepper
lkoll vinegar. sugar, oll and waler In heavy sauce pari for 1 minute. Set aside to cool. Drain all canned vegeta. bles and mix with olher diced vegeta. bles. Pour comaled minture over vegeta. bles. Refrigerale overnight. Serve 8 or thore.
W. Agues Higg

## Wild Rice Chicken Casserole



## PASTA SPECIALTIES

LINOUINI CLAM SAUCE . . . . 35.85 RED OR WHITE FETTUCCINI ALFREDO . . . . . 7.60

CALZONE
LOADED WITH RICOTTA MOZ. ZARELLA CHEESE, PEPPERONI, SAUSAGE AND MUSHROOMS, WITH SAUCE ON THE SIDE. FOR ONE $\$ 4.25$ FOR TWO $\$ 8.45$ FOR THREE $\$ 12.25$


## STEAKS

NEW YORK STRIP 10 OZ. . 810.85 STEAK PIZZAIOLA $80 Z$. . $\$ 7.25$ FILET MIONON 10 OZ. . . . 810.80

## FRESH HAND

 CUT VEALPARMIGIANA ..ن........ $\$ 7.95$
SCALLOPINE MUSHROOMM . $\$ 7.00$ SCALLOPINE PEPPERS . . . . 87.90 FRANCESCA
. $\$ 7.95$ SCALLOPINA
PEPPERS, MUSHROOMS . . . 38.45 SCAUDANE MARSALA, MUSHROOMS .. $\$ 7.96$

## SEAFOOD

OOLDEN FRIED 8HRIMP . . . 80.95 SHRIMP MARINARA . . . . . . 87.25 SCUNOILLI MARINARA SHRIMP PARMIGIANA
$\qquad$ . 87.26 CALAMARI MARINARA... 87.45 ALL SEAFOOD, VEAL, BTEAK, CHICKEN, a EOOPLANT DNHERES SERVED

| 1224 |  | 14ner |  |
| :---: | :---: | :---: | :---: |
| PIZZA WITH GAUCE CHESE | 4.40 | 1.15 |  |
| PIZZA WITH |  |  |  |
| LAUCE CHEESE 1 | 5.15 | 7.25 | 1.00 |
| PIZZA WITH |  |  |  |
|  | Em0 | 1.20 | 1.15 |
| gaUCE P CHEESE ) | 1.8 | 1,15 | 10,00 |
| PIEZA WITH |  |  |  |
| EAUCE $\triangle$ CHEESE 4 | 7.40 | 10.10 | 11.75 |
| Ent. |  |  |  |
| oniomal | 0.25 | 12.1. | 14.08 |
| PADA'E BIOA |  |  |  |
| PITZA 10 | 12.95 | 11.08 | 11.15 |
| EXTMA CHEESE | 1.30 | 1.55 | 1.65 |

## ANTIPASTOS

FOR ONE $\mathbf{3 3 . 6 0}$ FOR TWO $\$ 6.50$ FOR THREE 88.75

| 11:00.3:00 LIMEM SPGCTM 11:00.2:00 |  |
| :---: | :---: |
|  | Mpparomen |
|  | Mowt mat nvi |
|  |  |
|  |  |
| cmate ........................... 23 en |  |
|  |  |
| AŃY SUE On SANOWICH WTTH FAIES LOM ETRMA ANY BUE ON EANOWCH SERVED FON DUNNER 31.00 EXTM |  |
| SPAOHETTI WITOMATO | 82.85 |
| 8PAONETI WMEAT EA | 12.8 |
| gausaor a PEPPERE W/ald | TII........................ . |
| VEAL TIPS A EOOPLA | OHETI . . . . . . . . . . . . . . . . 8 820 |
| CHOPPED ETEAK PA | 2.75 |
| HamDunoen delux | 2.50 |
| CHEF BALADE, | 2.75 LAROE.............. 83.25 |
| a" Piza (4 8Lices) wrauce a CH | 88. . . . . . . . . . . . . . . . . . . . 2.05 |
| ADDITION ITEM8 . . . . . . . . . S . 30 | EXTMA CHEESE ........... st .6 |
| ACCOMPANY YOUA MEAL WITH MMAO CaRAY OUT CHARO | OATED ANO DOMESTIC AEER A WNE ES 25' PER DINNER |

1 cup wild rice
1 stlck margarine
1 cup chopped onlon
1 cup chopped celery
4 chicken breasts. diced
2 cups fresh mushrooms. sllced or whole

1 can cream of celery
1 can cream of mushroom
1 can cream of chicken
In a 5 -quart sauce pan, boll rice for approximately ith hours. RInse rice twice while cooking. When rice is done rinse and let cool.
Comblne margarine, onlon, celery,
and mushrooms in a fry pan and saute unill tender.
Remove from stove and mix together In a bowl with the cream of celery. crearn of mushroom and cream of chicken soup.
Bake chicken breasis for 45 minutes and let cool and dice Into $1 / 4$ Inch pleces.
Combine all ingredients together and bake for 1 hour at $\mathbf{3 5 0}$ degrees. Serves 10.

## Scalloped Corn Casserole

( number 2 can (21/2 cupa) whole kernel or cream atyle corn
is to $\operatorname{yy}$ cup milk
I cup dry bread or cracker crumba
1/2 small onlon, chopped
3 tablespoons chopped green pepper
or pimiento
2 tablespoons butter or oleo

Combine all ingredients. Bake in I quart greased casserole. Bake 30 minuies al 350 dedrecs oven.

Microwave 18 minutes at maximum power.

## Corned Beef Casserole

18 -ounce package noodles 12 -ounce can corned beef, diced W pound American cheese. diced 1 can cream of chlcken soup 1 cup millk
4 cup chopped onion

* cup buttered crumbs

Cook noodlea In salted water unill
tender: drain. Add corned beef, cheese. soup, milk, and onlon. Pour Into greased 2-quart casserole. Top with buttered crumbs. Bake at 350 degrees for 45 minutes. Yield: 10 eervings.

Kemper B. Stevens
Sanford
now COOKING AT BLUE BOOK CARS
RENT-A-CAR

SERVICE DEPT.
MOST ALL MODELS REPAIRED AT BLUE
321-0741 833-6688 BOOK PRICES

SALES
321.0741


JIM LASH RENT-A-CAR

## BLUE BOOK SERVICE CENTER

## OVER 150 CARS TO CHOOSE FROM '199 To '14,999

4114 S. ORLANDO DR.
SANFORD
(unemen 321-9741
334-5ces CARAY OUT CHAROES ZS' PEA DIMNER

## Vegetables

## THE WINNER

Jean Norris, 57, of 115 Lakewood Drlve, Sanford, took first place in the vegetable category. She ls the owner of Jean Norris' Ferns and Exotic Plants on Celery Avenue. Mrs. Norrls is married and has three children. Her hobbles include flowers, of course, and needle. point.


## Party Stuffed Artichokes

## TEI FHNHLO TIxCP

## 2 medium alze fresh artichokes

Steam 2 medlum atze artichokes that have been washed and the stems cut close to the base of the bud. also cut lips off tip of leaves with kitchen Bclesors.

Place on rack In dutch oven or large cooker with enough water to come up to bottom of rack. Over artichokes pour about two tablesppons of Wesson oit or ollve oll for cach artichoke. Cut up 2 toes of garlic and put into boiling water. Place lid on cooker IIghtly, turn burner on low after water comes to full boll. Allow 45 to 60 minutes. Size or number will determine time allowed to be tender.

While artichokes are stearilng : Melt 1 stick of margarine over low burnet. add enough Italtan atyle bread crumbs to make a nilा mixture. Add $1 / 2$ teaspoon Itallan herbs. 1 toe crushed garlic, about 3 or 4 fresh mushrooms nnely chopped: Mix well, act aside.

After artichokes are done. remove from cooker and carefully remove choke from center. iry not to cut Into heart. fill each cavity with the prepared

dresaing.
Melt 1 stick of butter and add $14 / 2$ tablespoons of lemon juice for dipping ends of leaves before caling.

## Italiano Aspargi Patties

I 16 -ounce can asparagus spears 2 cags
I cup lialian seasoned bread crumbs If pound butter
Heat the rggs and place in a bowl: roll asparagus spears in bread crumbs: 13 spears make one pally).
Mell butter in frying pan over imedium Jical. Phace asparagus spears tumbealcon ends: roll ligholy.
Using a spatula lift 3 spears at a thme
and place in the frying pan and melted bulter.

Cook slowly unill golden brown on bolh sides. (about 3 minutes on cach sidel. This forms palty.

Serve warm or al room temperature. Makes about 5 pattles.
-Note: You maty substitute fresh cooked asparagus dal dente

Jean Grembereel Deltomat

## Bountiful Broccoli

3 10-unnce piackates broceonli 13 (11]s)

I large jar Chierse Whis
2 wups ronked rice - int minute slae
1 cupthopped celcry
I cup chopped onions
1 teaspoon [א"pper
2 falls fllashiriment sulup
Hix all In a large bowl. Cook 45

 lhan inushy. Make recipe, spllit and froeze haif for liter werving Serves 10.12 poople.

Martellat Cierrie In'llary

## Creamy Cucumber Casserole

. I large cucumbers
1 cup chopped ceiery
1s cup milk
t/ leaspoon dried dillwied
( 10 M -onnce can creann of celery
whe 2-ounce lar pimientos, diced and drained
W cup oleo or butter
I cup Blaquick baking mix
Cut cucumbers in half lengthwise

Henove serds. cul into one half-inch pleces. Mix celery, milk. dillweed. soup and pinntentos longether and put in an ungreased 2 -quart casserole. Stir in cucumbers. Cul butter into biking mitx untll crumbly and sprinkle over cu cumber mixiure. Baike uncovered in 400 degrec oven unill iopping is aicely browned. Serves elght.

Jean Jordan
Oviedo

## Sweet And Sour Beans

## 2 large onlons (in ringe)

I pound bacon (cut up and fry crisp)
2 scant cups brown sugar
th cup vinegar
1/3 cup molasses
1 teaspoon dry mustard
1 can ("2y) pork \& beans
2 cans 116 -ounces) kidney beans (dralned)
2 cans (l6-ounces) butter beans (drained)

1 can (16-ounces) llma beans (dralned)

Fry bacon, add onlons, sugar, vinefar, molamess and mustard. Heat. Add beans. Mix together and bake 2 hours at 325 degrees

May be made ahead of Unme und rehealed. Freezes well.
A good dish to take on pienics. church soclals, ctc.

Maggle Enarud

## Onion Bake

Glarge Vidalta onjons 6 cubes beef or chicken bouillon margarine
Preheal oven at 350 degrees. Peel. core. and wash 6 large Vidalia swert ortons.

Place in small casserole dish or pin.
Fill centers of onlons with one
mullon culx and a dabon margarine thake at 350 degrees for 45.60 minules, depending on doneness dedreal. Serves 6.
This rectpe unakes a great side dish Irom lhe swert Vidalla onlons lhat onlon-lovers adore.

## nO TRAVEL PLANS ARE COWPLETE WITHOUT TRAVELERS CHECHS YOUR CAMERA AND THE walking lady

## by <br>  <br> trotters

The genuine crepe sole and heol cushlon every step, and the moccasin construction of quallity, top graln leather cradies your feet in solld comfort. American-made by craftemen who want your travels to be torrific. Comos in colors, Bone, Camel, Navy, Burguridy and Black.


322-0204

## Seafoods

## THE WINNER

Dean Greensireel. 54, of 590 Saxon Blvd., Dellona, took flrst place in the seatoods category. He ls comptroller for Advanced R\&D Inc., Orlando. Greenstreet is married and has seven chlldren and elght grandchlldren. His hobbles Include cooking and woodworking.

## Shrimp Marinara Sauce And Pasta

## THE WINNDG EECIPE

$1.11 / 2$ pounds cooked shrimp. small to medium slze. peeled and develned
1 envelope Italian salad dresaing mix (prepare according to directions on envelope)
h cup ollve oll
21/2 cups chopped onion
128 -ounce can crushed pecled tomatoes with udded puree (Il prefer Progresso)
2 leaspoons crushed tarragon
It teaspoon tumeric or $1 / 4$ teaspoon ground saltron
*teaspoon sall
14 teaspoon pepper
2 tableapoons snipped paraley (I) prefer freah parsley)

1. Marinate the cooked shrimp meat in the prepared dresalng for at least $1 / 2$ hours. Drain thoroughly.
2. White shrimp is marinating, heat the olive oil in a large saucepan. Add the onlon and cook until tender.
3. Stir In the crushed lomatoes, tarragon, tumeric. sall and pepper. Simmer, covered, for 30 minutes.

HOW IT LOOES

siliring orcasionally.
4. Stls the drained marinated slarimp in the tomato aauce and heat thoroughly. Stir in the parsley and serve over cooked apaghettl (al dente).
Serves 5.6. Makes about 3 pints.
Dean Greensirect
Deltona

## Quick N Easy Salmon Croquettes

I lurge can of red salmon. drained and crumbled
2 ergs
1/2 cup bread crumbs or its cup


FREE CHECKING with


## Why Is It Good For Me?

Your payment goes dircrily into your perional account. It ean uiari rarnimp Intereat litimedimiely...caves you gea and stampe. 100. Moal Important, li ellminates worry about your check being leat or atulen. What's more, li's free.

## How Do I Participate?

Juat tell un gou are ready to atart enjoyling the many advanlapen of Dirert Depoall. We will degn you up in a matier of minuter. Why not do in lodayt


Sanford / Longwood / Orange City / DeBary / Oviedo / Forest City [.S. EARNS 5.25\% INTEREST
only about winch Wesson oll in frying pan. Have oll warm. not too hot. Drop cruqueltes In one at a tlme. Brown on each side. using spllt spoon to turn When done place on paper towel before nerving.
IF MIXTURE SEEMS TO NOT BE STIFF ENOUGH TO HOLD FOHM

GOOD. ADD A LITTLE MORE CRUMBS.

Leftovers make good snacks for the lunch box.
SERVES 4
Jean Norris

## Fish Midori

2 pounds flsh fllets
salt 8 pepper
about a 4 cup of flour
1 c R
2 Lablespoona milk
4/ cup parmenan checse
4 cup crushed crackers $\{10.18$ rackers)
1 small onion, chopped
chopped dill (optional)
Oll for frylng
"MIdor Parilcy Sauce*"
Season Ilsh, coal lightly with Ilour Mix eat with milk, and beat well Combine cracker crumbs of cheese

Dip fish into egg, then into cracker mixiure. Heat oil at 1 inch deep in heavy akillet. Fry fish 3.5 minutes. turning to brown all over. Draln on paper towels.

Combine a just heat to warm.
$1 /$ cup parsley
1 small onlon. chopped
\$ cup lemon juice
2 ounces Midori llqueur
Pour or spoon sauce over lish, serve on a hot platter. Sprinkle with dill. Serves 4-6.
G.K. Christensen

Casolberry

## Party Tuna

1 medium alze lettuce head. Arm
12 ounces canned tuna with oll. drained well
11 ounces tomato eauce, canned 8 ounces Philadelphin cream chees 2 envelopes of plain Knox Gelattn hs cup cold water
M cup mayonnale
4 cup diced celery
eeveral thinly aliced black or green ollve:

Disoolve gelatin in cold water. Heat sauce and cheesc, untll blended and warm. Mix gelatin and tomato sauce mixture. Cool. Add celery, and tuna and mayo. Stir well.
Wash lettuce, removing outer damaded leaves. Cut out a core and hollow the lettuce out. Pour in the tung ralad.

Wrap in saran wrap untll gelled, about an hour ${ }^{\circ}$. When ready to serve, place stuffed lettuce head on plate. Pull down some of the outer leaves, laying back onto plate for effect, try not to pull completely away from the head. Slice with knife into dealred portions. To make culting easter, spray Pam on alieing knife or dip blade into very warm water. Cut wedges like a round ple.

Decorate with the aliced oltves and sprinkle littje papika for added color. Can use dollop of mour cream, sprinkled with chopped chives.
in refrigerator.
Miriam Jenkina
Sanford

## Casseroles

## THE WINNER

Jean A. Jordan, .51, of P. O. Box 808, 51 Graham Ave., Oviedo, won In the casserole category. She is marrled, is a homemaker and is actlve in the Ovledo Woman's Club, Homemakers, Oviedo Historlcal Soclety, the chamber of commerce. the Garden Club and is affllated with Girl Scouts. She says In winning "paflence pald off," as well as having a supportive husband.

## Tuna Casserole, Chinese Style

## THE WINNING RECIPE

2 cans soliu pack luna. drained
l can mushroom soup
W cup water
1 isbleapoon soy sauce
1 cup whole cashew nuts
I 4 -ounce can bulion munhrooms, drained
2 cupa canned Chinese chow mein noodles
$1 / 4$ cup chopped green ontons will tops
1 cup chopped celery
Mix logether mushroom soup, water and soy muce. Comblne tuna, mushroom soup mixture. nuts, onlon, celery and one cup of noodles. Mix genlly and place in IIghily buttered casserole Sprinkle remaining noodles on top. Bake in a 325

degree oven for 40 minules. Serves 6

## Tater Tots Casseroles

Spread layer of raw hamburger (1/1/2 pounds) In boltom of $0 \times 13 \times 2$ casserole dish (cake pan). Sprinkle 1 minced onton on top. Salt and pepper. Spread 1 package of frozen tater tots on top.

Mix I can of cream of mushroom soup (or cream of celery soupl with 1 can (13 ounces) evaporated milk. Pour
over top. Sprinkle paprika over top Llake I hour at 350 degrees.

Cut into squares to serve. Rehents well. Freezes well. A good dish for plente, church soclals. etc.

Magyie Ensrud Sanford

## Vegetable Stuffed Shells

1 pound ricotta checes
$2 \%$ cupa (10 ounces) shredded mozzarella cheese (reacrve 1 cup)

1 egs
5 tablespoons chopped fresh paraley (reserve 2 tablespoona)
3 tablespoons finely chopped ccallions
1/2 teaspoon calt
4 teaspoon thyme $V$ teaspoon pepper 1 package (10 ouncea) frozen peas and carrote blanched

1 packnge ( 10 or 12 ounces) Jumbo shelle for stufing, cooked and dralned
1 Jar (32 ounces) chunky garden atyla spagheill smuce witherreen pep. pers and mushrooms.
Preheat oven to 375 degreea. Evenly spread 1 cup sauce in a 13x日-Inch baking dish; set acide. In a bowl. thoroughly combine ricotta cheese, ith cupe mozzarella cheese. edg, 3 tablespoons paraley, scallions, salt. thyme and pepper. Add pean and carrots, mix ingrediente gently. Fill each shell with about 1 tablespoon cheese mixture. Place open side shell down in baking dish. Aiter shells are arranded in baking dish, cover the flled shell with remaining suce Balie covered for 15 minutes, or unilu heated through. Alter 15 minutea, uncover and aprinkle with remalning mozzarella cheese and bake 6 minutes longer or unild cheeat melts. Sprinkle with remalning paraley. Makes 4.6 eervinge.
Note: Cook shells "al dente" no they will cook some more while baling.

Dean Orecnatree
Deltoma

Favorite Chicken Casserole

5 ounce package flat noodles 1 cup milk
1 can cream of celery or cream of chicken soup

2 cups cubed, cooked chicken
1 3 3 -gounce can French-Fried onlons parsley nakes Cook noodles in bolling water, drain.

Blend milk and soup. stirring until smooth. Add chicken, noxolles and hall the ontons. Pour into greased 2 quart casserole. Hake at 350 degrees for 15 minutes. Top with remainling onlons. Hake 5 iminutes longer. Sprinkle with parsley flakes before servisag

Stephanle Rose Winter Park


## Meats

## THE WINNER

KemperSievens, 67, of 721 Upsala Road, Sanford, fook first place in the meats calegory. Mrs. Stevens is a wldow who is retired and has llve chlldren. She counis among her favorlte hobbles: reading, dolng crosswords and cooking.


## Beef Jerky

TET WINNINO RIECIPE
Ith to 2 pounds round steak
ts cup soy sauce
1 garileclove
te icaspoon salt
1/4 teaspoon pepper
Trim all fat from atcak. Cut Into Wholnch atrips. Combine all other ingredtents. Add meat for 5 minules. Arrange in single layer on rack. Set in shallow pan (cookie sheet works well). Apply more salt and pepper to steak
Bake in slow oven. 150 degrees. overnight or for 12 hours, unill dry. Store in tightly covered contalner. Great mach!

Kemper B. Stevens Sanford

HOW IT LOORE


## Extra Special Company Meatloaf

IN A SMALL SAUCE PAN IROUR:
1 15-ounce can of chicken broth 2 ribs of celery including leaves. chopped

1 medlum onlon. chopped
1 medlum bell pepper, chopped
us teaspoon sage
biring to rolling bolt. turn on atmmer for 10 minutes. After simmering. remove from slove, add 1 cup Pepperidge Farm cornbread stufling mix. * cup Herbe Pepperidge Farm Bread stuffing mix. Stir only enough to molsten stufling mixes, set aside. If thts mixture is too atiff when you follow step in using it later, add one red and mix.

In blender, combine:
18 -ounce can tomato saluce
3 or 4 freah Jalapeno peppers. or $1 / 2$ Itapoon hot pepper sauce
theapoon poultry seamoning
1/ teaspoon paraley faken
2 erks
Blend well
In mixisy bowl. pour tumato pepper sance over:
2 pounds ground chuck beef (or 1\% pounds ground chuck and 3 pound ground pork)
1/2 cup herbed Pepperidge Fiarm

## Super Stew

Its pounds stew beef
l cup celery, sliced
3 carrots. aliced

- m303 can fomatocs
$l$ teaspoon ougar
1 slice of bread, cubed
3 tableapoons minute tapioca
is cup frozen peas


## 'Dean's Own Stew'

2 pounds chuck roant (leanl or stew meal cut in bite alze pleces
y cup lany brand) barbecuc eauce
h cup catsup
/h cupred wine
1/2 cup water
1/s teaspoon pepper
4 onlons, halved
l pound carrots. pared. cui in half. and quartered
4 medlum slze potatoes
Preheal oven to 325 degrees $F$.
Use any brand oven bag and prepare bag to directions for cooking. Place meat pleces and vetitiblee In the beg.

Uread stufling mix.
Mix well with a large spoon or your hands (hands seem to do a better jub). On a plece of wax paper divide meat into two balla: roll balle into iwo loal shapes. Pam spray a its quart long baking dish or pan. Place one loal on bottom of dish, natten and make a ittle Indentation. like a shallow well in the loaf. Spread hall' of the stufling mix over meat. making a filling. On waxed paper Ratten second loaf of meat and place on top of filling. shaping it all into an even loaf. Try to seal wides with meat, presstng gently together. Spread remainlag half of stuming mix on top of accond loaf, evenly. Spread a thin coat prepared mustard over dressing, being careful not to mix it in. then spread a thin coat of catsup over this. Mustard can be omitted, and you can use calt free tomato sauce if you are trying to cut on salt). Bake av 350 degrees for 1 hour or unlll done: cool for 15 minutes. Slice through meatlouf across from alde to alde, will give a nilce layer look. Very good and even better second day. Slice and warm on llat side in frying pan or microwave. Preeze lef. lovers,

Jean Norrs
Sanford
1.3 medium onlons, sliced

3 tablespoons sherry
Place all ingredients in ai baking dish. Cover with foll. Cover foll with tight filting Ild. Bake five houre at $\mathbf{2 5 0}$ degrees. DO NOT PEEKI Serve with potatoes or noodiea.

Stephanle Ross Winter Park

Mix catsup. barbecue sauce, wine, and waler. Pour mixture over meat and vegetables. Close the bag. punch alr holes in top of bag. Place bag in a shallow pan large enough to hold bag comfortably, and place in oven. Bake for about 2 in hours. With sharp knife lest vegetablea thru alr hole. If not render cook while longer. When vegelable test done remove contents from bag Into serving EBwl. Accompany with green alad and Itallan bread. Serves 8 .

Dean Oreenatreet
whom Delthat

## 'ala Debbie's Brisket Of Beef'

4.6 pound briskel of beef (basted with garlic and paprikal
2 large ontona
2 cans (8-ounces) "Sauce Arturo" gourmel sauce. meatless with mushrooms
1 cup water (divided)
4 medlum sixe potatoca. pared and cut into blte alize plece:
2 medlum size zucchinl nquash. sliced Into th -Inch sitices (optional)
Note: Arturo's purchased In gourmet sectlons of stores.
Bralse meat (both sides) on broll in shallow pan basted with garite powder and paprika. After meat is browned remove and set asde. Chop the onlons
and place in juice irom meat in large frying pan or dutch oven. Saute onlons briefly, then add $\$$ cup of water and the meal, cook th hour on high slmmer. Afler first half hour add the 2 cans of sauce and additlonal th cup of water. Cook additional is hour, covered. Al end of second half hour add potato pleces and zuchinni (If using).

Cook covered an additional 40 minutes or untll potatoes are tender. Turn heat to medium. Serve dish as a plate stew complemented with tossed salad of your cholce. Also, you may have to add Iltile water occaslonally, but I cup should be ample.

Jean Greenstreet
Dellona

## Five-Hour Beef Stew

13 cups bolling watcr
4 slender carrots. peeled and cul dlagonally

3 green pepper, cut In mmall pleces
3 stalks celery, cut in small pleces
optlonal. one or two garlic buds. crushed

1 16-ounce can stewed tomatoes
3 medlum white potatoes, peeled or diced
1 pound ican ground beef. loosely separated
1/4 teaspoon dried basil leaves
1 teaspoon seasoned salt
Whag frozen broccoll cuts [16-ounce bag]
4 bag frozen caulthower, thawed 10
minutes
On medlum heat cook first four Ingredients Iplus garljc) 12 minutes. Add tomatoes, beef, potatoes and seasonings. Cook 8 minutes after bolling resumes. Add more water if needed but sparingly. When bolling. add broccoll and caullilower cut In unlform pleces. Cook $B$ minutes. AdJust seasoning to taste.

Important: Remove from burner. Add 18 -ounce cup sour cream. Mix thoroughly. Yleld: 4 ecrvings thick stew.

Helen S. Faneul Lake Mary

## Chinese Pepper Steak

1 pound round steak stripa
2 tableapoons vegetable ol 4eup chopped anion
1 th cup celery sliced diagonal
2 cloves garltc. crushed
1 teaspoon ealt
V/ ieaspoon pepper
Kiteaspoon bugar
2 cupa beef boullion
4 green peppers cut lengthwise In cighihs

2 tableapoons cornstarch
2 cubleppons coy mance:

14 cup water
Hrown meat in hot oll In elillet. Add onlon, green pepper, celery, garlic. salt. pepper. sugar and boullon. Simmer uncovered, 40 minutes until meat is tender.
Mix soy auce, cornstarch and water. Stir into hot mixture, cooking and stirring constantly unill thickened.

Serve over rice with chow meln noodles atop. Jean Norris Takes All In Cooking Contest

## By Dick Brameon

 Eerald Beaff WriterJean Norts saye she didn't want her Party Stufted Artichokes to be 100 "overpowering." but apparently they got the Judges attention. Mrs. Norrls was the grand winner of the Fourth Annual Evening Herald Hertage Cookbook Conteat.
Mrs. Norris. of 115 Lakewood Drive. Sanford. Is the wife of Willtam $A$. Norrts and the owner of Jean Norrts Ferms and Exotic Planta in Sanford. She has three children, daughters GInger Shelton. Knoxville. Tenn., and Jo Arline, DeLand; and son Bill Jr.. Orlando.
When not in the kitchen or manag. ing her business. she says she likes io tend her African violets and do needlecraft.
It was her son. Bull. manager of Angelo's thallan reataurant that gave her lips on her tender. leafy apectalty.
Mre. Norrls ald her winning secret was that "I didn't overpower it with seasonings and the garlic."
She will receive the grand prize of an engraved allver ecrving tray. Other winners will receive engraved plaques.
Winners in the nine recipe categories were:
Appetizers: Helen S. Faneuf. 820 Banana Lake Road, Lake Mary, Parsley Petites.
Bread and Rolls: Karen Richards.

Lake Markham Road. Sanford. Healthy Pumpkin Bread.

Salads: Lyn Downen. 756 Meadawlark Court, Longwood. Fresh Corn Salad.

Vegetables: Jean Norrls. Il5 Lakewood Drive, Sanford. Party Stuffed Artichokes.

Casseroles: Jean Jordan. Oviedo. Tuna Casecrole - Chincse Siyle.
Seafood: Dean Greenstreel, $\mathbf{5 9 0}$ Saxon Bivd., Deltona, Shrimp Marinara Sauce and Pasta.
Poultry: G.K. Christensen. 1080 Crystal Bowl Circle. Casselberry. Chris Island Chicken.

Meata: Mra. Kemper Stevens, 721 Upsala Road, Sanford, Beef Jerky.
Desecrts: Miriam Jenkins. 309 W. 16th St., Sanford. Blackberry Jam Cake.

The contest ran from July 7 to Aug. 3 with a diferent categories each week. Winners in the categoriea were Invited to compete in a "Taste-Ort" Aug. 11 at the Seminole County Agricultural Center. All of the category winnera, except one who was not able to altend, prepared their dlahes for the three Judges, who chose the overall winner from these.
The panel of judges conabated of

Shelda Wllkuns. home economiat for Seminole Community College; Barbara Hughes. Seminole County Home Economics Extension Agenti and Liz Paulucel Helfrich. author of a
cookbook. Rectpes were judged on the basls of Recipes were judged on the basis of
general appearance, presentation of product. Havor. distlinctive qualities and originality.


Jean Norris With Winning Recipe

## Chocolate, Chocolate, Chocolate Cake

THE OVERALL WINNLNO'RECIPE IN 1083
3-4 teaspoone cocon
1/2 pound butler, sofiened
4 ozs. cream checac. moftened
1 He cups augar
2 eggs
1 teaspoon vanilla
3 cups four
2 teaspoona baking eoda
1 teaspoon salt
2 cups milk
4 (I oz.) squares unsweetened chocolate, mielted
1 (6 02.) bag chocolate chipa
Grease 38 .inch cake pans (round), and dust with cocoa. Cream logether butter, cream cheese. and augar unill light and Nufly. Beat in eqge. one at a ume; blend in vanilla. Sil together dour, coda, and all. Blend four mixture into creamed mivture alternately whit mill. begnning and endias with flour. Thoroughly blend the melted ebocolate Into batter. Pour HALF of batter into prepared pans. Sprinkle chocolate bite evenly over balter in panis and top with remaining batter. Bake at $350^{\circ}$ for $20-25$ minutes. Remove froms oven and cool 10 min . then (urn out on racke to cool completely before froating. FROSTING:
Melt 1 ( 6 oz.$)$ package chocolate chipe wilh 1 lablespoon vegetable oll. Beat together 4 ozs cream cheese, softened and $\%$ cup butter, coftened untll Mulfy. Slawly blend in 4 cupe confectioner's euser and 1 teaspoon vanilia. Blend in melted chocolate. Beat in 1 edg. Add 1 tablespoon milk, a teaspoon at a time untll froeling hof apreading conamtency.

Metanke Scmintt
Srnford

The cooking contest judges sald they had a good time tasting and festing the tasty morsels provided by the winning confestants In each of the Herald's Cookbook contest categories. From loft, the ludges are, Shelda Wilklns, home conomist for Seminale


Communlty College; Liz Paulucci Halifich, cookbook author and sister of entrepreneur Jeno F. Paulucel; and Barbara Hughes, Seminole County Home Economics Extenslon Agent.


## THE WINNER

G. K. (Jerry) Chrlstensen of Casselberry was the winner in the poultry category. Christensen Is married to County Commissioner Barbara Christensen. Their son, Dale, is a law student. Christensen, who operates Chrlsiensen Realty in Casselberry, says his hobbles include cooking, collecting specially cars and boaling.

## Chris' Island Chicken

## THE WINNING RECIPE

I chicken (312. a pounds) cut into small sections salt \& pepper to taste (white pepper)
I leaspoon Worcestershire sauce
l teaspoon soy sauce
绊 Ieaspoon Accent
V6 cup rum
1/2 cup minced chives.
2 cloves garlic. minced
6 tablespoons oll. divided
I tablespoon brown sugar
1 cup minced onlons
I can (4 ounces) mushrooms. dralned
1/2 teaspoons sugar
13 cup water
2 Iraspoone cornstarch
2 lablespoons waller
2.3 pimientos. sliced

Marinate chicken 1 th hours in first 7 ingredients Remove chicken, set aside. Heat 4 tablespoons oll In a heavy skillet. When oll is very hot add brown sugar. When melted and dank brown. add chicken. Cook 8.10 minutes. turning unill chicken is browned evenly. Now add minced onlon and the

HOW IT LOOKs

marlnade. Cook 5 minutes on high. Add tmushrooms. sugar, and l/h cup water. Cover. Cosk on low to medium for 30 minutes. Thleken sinuce with cornstarch diswolved In water. Saute pienientos I misute and use as a garnlah for chicken.
G.K. Christenach

Casmelbery

## Stuffed Chicken Breasts Primavera With Sauce \& Garnish

4 boneless chicen breasta, halved and skinned
2 tablespoons whipped butter or margarine
4 lableapoons fresh lemon juice
sall, pepper and paprika
4 teaspoons graled parmesan checse
Splnach atumng:
1 tabiespoon whipped butier or margarine

I medium onlon, minced
I medlum clove garlic. preseed or minced
1 IO-qunce box frozen chopped splnach, thawed and squeezed of excess molsture
6.7 medlurn mushrooms. cleaned and Inely chopped
1/2 cup Jtalian bread crumbs
1 cup shredded 5 wlas checse
h/easpoon nutmeg
$1 /$ teaspoon salt
freshly ground pepper
2 tablespoons instant non-fat dry malk powder

Stufling preparation:
Prepare the stufing. mell the butier

In a medium large tefton skillet. Hrown the onlons in the butter, then atir In the garlle and amute briefly. Silr in the mushrooms: salule brielly. add the bread crumbs and silr to blend. After bread crumbs are blended, add the spinach. dry milk powder and remaining seasonings. Blend well.

Prepare chtcken:
Place each chicken breast between two pleces of wax paper and pound whit a mallet to an even Winch thickness. Spinkle each IIghtly with salt and pepper.
Place $1 / 4$ of the stuffing |cooled) on each breast and spread io within is Inch of the edges. Fold in the short sides, then roll into neat rolls. Place scam alde down in a shallnw baking dish. Wh inch apart (or in individual bake dishes)

In a small saucepan. melt 2 tables. poons whlpped butter or margarine. alir in the Iemon Julce; pour over the chicken rolls. Sprinkle 1 teaspoon grated pamesan cheese over each roll.

## Chicken In Wine Sauce With Raisins

2.3 pounds chicken breasts (about 6 , skinned)
3 tableapoons butter or margartne
3 tablespoons ollve oil
2 ontons, cut Into quarters (or chopped)
in pound mushrooms
2 lablespons all-purpose flour
I cup dry white witne
1 cup chicken stock
2 tablespons lemon juice
1 bay leaf
pinch of dried thyme leaf
is teaspoon ealt
$1 / 4$ teaspoon pepper
*h cup golden ralsina
I. Saute chicken breasts in butter and ollve oll In large skillet untll light brown on all sides, about 10 minutes. Remave from skillet.
2. Using steel blade of food proreseor, chop onlons lor chop by handl.

Saute In pan drippings until tender, 5 minutes.
3. Using slicing disc of food processor (or by hand) slice mushrooms. Add to the onlons: saute 2 to 3 minutes.
4. Silr in flour: cook 2 minules. Remove from heat: stir In wine and chicken tock. Heat to bolling: reduce heat. Simmer, aliming constantly, unif thickened and emooth.
5. Add chicken. lemon julce, bay leaf, thyme, salt, pepper and ralsins.
6. Simmer covered unill chicken in lender. 35 to 45 minules.
7. Serve over rice if you prefer.

Note: For more economical preparaIIon you can use iwo (2) chlckens (cul Into serving pleces). 2 each. Cautlon: may crowd pan.

Dean Greenstreet Deltona
follnwed by IIght aprinkling of paprika. Hake, covered wilh foll, al 350 degrees for 25 minutes or until done. (To test for doneness, remove foll and insert in tharp knife in the center of one of the chicken rolls. If the knife slides in casily, the breasts are done).
Toserve:
Serve the chicken breasts right in helr baking dish |ca.| Drizzle 1 lablespoon of slim-sour cream over the center of each breast. Sprinkle with the cltrus zest garnish.

Slim-Sour Creanl:
1 plnt low-fat cottage checse
1/6 cup butter milk
Place cottage cheese and buttermilk In a food proceseor fitied with the steel blade. (blender may be used.) Blend for several minutes. slopping several times to push mixture into the blades willi spalula. When completely mmooth, transfer to refrigerator conalner and let atand at least one hour.
Cisrus Zest Garnish:
2.3 large cloves garlic, minced

Wh cup minced parsley (fresh)

I tablespoon infinerd lemonzesi
1 traspoon minced orange zest
Combine all of above ingredients in a serving bowl. Cover with plasilic wrap and refrigerate unitll meeded. Make at least within 24 hours of serving.
Serves 4.
Spectal notes
This rectpe may be prepared in advance. The chiteken breasts may be stufled and refrigerated in their biakling dishlies) the day before they are to be conked. Bring to room lemperature before placing them In oven. They may alm be frozen. Wrap them Individually in plastle wrap. then overwrap wilth foll. Thaw before baking
Citrus Zest Garnish:
Prepare and Is best when made whhin 24 hourn of serving.

Slins-Sour Cream
This will last as long as the explrathon dales on the cartons of cottage cherse and bultermilk. (This is also very good on baked potatoes).

Dean Greenstreel
Deliona

## Chicken Divan

2 packages frozen chopped broccoll 3 chlcken breasts
2 cans mushroom soup
2/ cups mayonnalse
1/3 cup evaporated milk
1 ieaspoon lemon juice
1 cup shredded cheese of cholce (preferably cheddar)
bread crumbs (enough to cover) parmesan cheese (enough to cover) Directions:
Cook broccoll as directed on package
and drain. Holl chicken. debone and cut up in pleces. Combine soup. mayonnalse, evaporaled milk and lemon julce.

In buttered oblond baking dish put broccoll. then chicken, soup mixture. sprinkle on the cheddar checse. bread crumbs and parmean cheese. [ake al 350 degrees for 30 minules. Serves 6.8 .

Dorothy Eicerly
Sanford

## Low Calorie Chicken

I whole fryerchicken
all and pepper
Place whole chicken in uncovered buking dish. Bake at 350 degrecs 40.45 minutes or untll done.
lake potatoes in oven at same time
Make salud ol your cholse, Preparalion
time for complete meal is 15.20 minutes. Good for busy days when you don't have time to sperid in the dont have time
klichen. Serves 4.

Magkle Ensrud
Sanford
Moreponlery pase101


[^0]:     winners of seven events surpasaing the perfor. nances of gold medal winners in Los Angeles, the news agency tase reports.
    The games go inlo full swing today with an opening cerenlony followed by a marathon of
    5.000 runners. Including al leaut four Americans. On Friday. Including at least four Americans. including several that compected in Los Angeles. are participating in the games in Moscow and Tallinn, the capilial of Entonit.
    The game sinclude nine major sports: track and
    field. cycling. ewimming.

    ```
    harp- thooting and skeet shooting.
    On Friday, world record holder
    ```

    hurled the ham world record holder Yurt Sedykh Angeles distance of 78.08 . Sergel Protshishin completed the 20 -kilomeler walk in 1:21.57. Compared to the Olymple lime of in 3:43.06. compared to the Lon Angelea walk in 3:43.06. compared to the Loo Angelea tume of
    3:47.26.

