

Sanford Herald

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89th Year, No. 212 - Sanford, Florida



Today: Scattered Thunderstorms, Highs in the upper 80s.

For more weather see page 2A

TODAY

BRIEFS

Volunteers needed

The American Red Cross of Central Florida is seeking trained disaster volunteers to fill emergency preparedness and relief positions should a hurricane or major storm occur. A volunteer orientation will be held June 24 at 7 p.m., 5 N. Bumby Ave., Orlando. An introduction to disaster class will be offered July 9 from 7 to 9 p.m. at the Red Cross Seminole Service Center, 705 West State Road 434, Longwood. For information, call 332-8200.

Cancer walk

A group of walkers from the Columbia Hospital wellness program will hold a special walk Saturday at 8 a.m. at the Seminole Towne Center to benefit the fight against cancer. Those wishing to join the walk may register at 7:30 a.m. followed by a warm-up at 7:45 a.m. The fee is \$10 or \$5 with advance registration. Depending on the amount of donations collected in advance, walk participants may choose from items including T-shirts, a portable compact disc player, bread maker, color television and more. For information and to register, call 843-8680.

Thrift shops need items

Values Reborn thrift shops in Longwood and Oviedo need knickknacks, furniture, dishes and all household items. These shops benefit the Christian Sharing Center, an interdenominational ministry helping with emergency needs in Seminole County. For information, call 332-0925.

Volunteers to meet

Seminole County Council of Volunteer Coordinators will meet at 3:30 p.m. Thursday at the Salvation Army, 700 West 24th St., Sanford. For information, call Robble at 330-4676.

Habitat orientation

Habitat for Humanity of Seminole County is looking for low income families with a desire to own a home. There will be an orientation June 30 at 7 p.m. at the Salvation Army, 700 West 24th St., Sanford. For information, call Sharon Shoemaker at 788-1167.

Rising Stars at the library

The Civic School of Theatre Arts will present the Rising Stars, a performance troupe of 5 to 7 year-olds, Wednesday at 2 p.m. at the Seminole County Library West Branch in Longwood and Thursday at 2 p.m. at the library's northwest branch in Lake Mary. For information, call 862-2282, Longwood, or 321-2419, Lake Mary.

Civic Kids at the library

The Civic Kids and apprentices under the direction of Tim Hanes from the Civic School of Theatre Arts, will perform Wednesday at 10 a.m. at the Seminole County Library East Branch in Oviedo and Thursday at 10 a.m. at the library's north branch in Sanford. For information call, 366-8150, Oviedo, or 322-2182, Sanford.

From Staff Reports

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I regard you with an indifference closely bordering on aversion.
 - Robert Louis Stevenson

Sparky lights kids' fire about safety



Sparky the fire dog, on a recent visit to Pine Crest Elementary School in Sanford, reminds second graders such as John Bryant, the importance of fire safety. Sparky is really Naval Training Center Fire Department Capt. Jim Peacock.

When it rains... County takes up stormwater woes

By RUSS WHITE
Herald Staff Writer

With neighborhood flooding and drainage in mind, stormwater assessment was the topic of this morning's work session for the Board of Seminole County Commissioners.

The session was designed to provide an opportunity for vital background discussion prior to the final direction and decisions which will be required of the board in July and August.

Because the technical work was still in progress, potential assessment rates were not able to be calculated and presented today. These rates
 See Water, Page 6A

Renaissance for historic school

By VICKI DeBORMIER
Herald Senior Staff Writer

They're ready for the next phase. Hopper Academy has served Sanford well for decades. And, thanks to the hard work of some in the community, it will be once again.

Charles Rowe, director of community development for the city of Sanford, has been overseeing the work to restore the building to its former glory.

On Saturday, many who love the building gathered there to help sweep out the old and usher in the new.

"Actually, there is still some work to be done on the building," Rowe said. "But we're getting closer."
 See Hopper, Page 6A

Ritz Theatre gears up for next production

By DAVID FRAZIER
Herald Staff Writer

Before audiences got used to Whoopi Goldberg in her Sister Act movies, there were already singing nuns in the play Nunsense. Nunsense is the last play in what has

been a tremendous spring season for the Ritz Theater. Prior to Nunsense, the Ritz had successful runs with the endearing play Driving Miss Daisy and the classic tale The Secret Garden.

Nunsense is directed by Fred Rogers, who directed Garden and

works in the Theater department at the University of Central Florida. Nunsense, a musical comedy, is about a group of nuns producing nothing but laughs and cheer for the entire audience.

To accommodate a larger seating capacity, the play has been moved

to 121 East First Street in Sanford's old Touchton Building on Magnolia Square. The building which is now on the National Register of Historic Places can seat over 100 more patrons than the

See Play, Page 6A

Wear cool, comfortable clothing and shoes to take a step back in time, Florida as it once was near the waters of Soldiers Creek. Begin your hike at the Environmental Study Center.

Herald Photo by Steve Barnes



If you're in the mood for a summer hike...

By STEVE BARNES
Herald Staff Writer

SANFORD - Take a step back in time to a land that looks much today as it did thousands of years ago. Along the winding banks of Soldiers Creek, through muddy

bogs and hardwood hammocks, under gnarled oaks, twists miles of hiking and biking trails.

The trails meander for several miles through the Spring Hammock Preserve which begins west of U.S. Highway 17-92 and continues east to the banks of Lake Je-

sup. The paths rise and fall as they skirt the edge of the creek, which is fed by numerous small springs within the preserve. Fallen trees create a network of foot bridges across the stream, offering even more diversity and challenge to the serious hiker.

The scenery is magnificent. Sweet Gum, Maple and Live Oak trees provide an unbroken canopy over the dense, tangled undergrowth of ferns, vines and Mulberry bushes. Fallen, rotting trees create

See Hike, Page 6A

Nelson unveils annual Top 10 insurance scams

From Staff Reports

ORLANDO - In "Operation Dig Broom," Florida insurance investigators swept up 83 suspects in the largest single-day strike against insurance fraud in state history. In "Operation Money Box," the same

investigators uncovered a scam involving a dozen suspects who used fake companies to bilk more than 50 insurance companies out of \$5 million with 3,000 phony medical claims.

And in "Operation Smash for Cash," a joint effort by the Florida Department of Insurance and federal authorities resulted in an 84-count indictment alleging insurers in several

states were ripped off by people who staged car wrecks and claimed fake injuries.

All told, the Florida Insurance Department's Division of Insurance Fraud made nearly 500 arrests last year in cases such as those described above - representing an increase of

See Scams, Page 6A

IN BRIEF

Graham announces grant

WASHINGTON — United States Senator Bob Graham today hailed the Corporation for National Service's decision to award a grant of up to \$225,000 to the Mid-Florida Community Services program in Leesburg under the "Seniors for Schools" initiative. The program was one of only nine chosen from more than one hundred applicants.

"Seniors for Schools" was created to meet President Clinton's American Reads Challenge. The program pairs those 55 and older with elementary school students. Its goal is to help children read independently by the end of their third grade school year.

"We must all work to make sure that Florida's children are prepared to enter the high-tech global economy of the 21st century. Part of that preparation is a solid foundation in reading," said Graham. "This grant will allow community volunteers to share their life experiences and love of reading with children who need it most."

This grant will provide services to 150 students in four public schools who have been identified by their teachers as reading one or more levels below their appropriate grade.

The Corporation for National Service is a public-private partnership created by Congress in 1993 to promote problem solving through public service.

Handling grief

ORLANDO — On June 24, the Alzheimer Resource Center will be holding a seminar entitled, "IT'S HARD TO SAY GOOD-BYE: Handling Grief." This seminar will be held at the Orlando Regional Medical Center in Classroom 102 at 7 PM. The seminar will be facilitated by Carol Millenson, Director of Patient Services at Hospice of The Comforter. When caring for a person with Dementia, the grief process is long and difficult. Not only does a caregiver grieve for the impending death, but also for the losses that occur throughout the duration of the disease. The Alzheimer Resource Center understands that many caregivers go through this process feeling alone and guilty. This seminar will help caregivers learn not only about the disease, but also themselves. **There is no fee for this seminar.** For more information call 407-843-1910 or 1-800-330-1910.

Alzheimer's disease is a progressive brain disease which causes a person to lose the ability to remember things, perform daily tasks and eventually require 24 hour care. This disease affects over 4 million Americans. There are over 400,000 Alzheimer people in this state and an estimated 20,000 in Central Florida. Please join us for this important and informative seminar.

Tell us your story

The Sanford Herald welcomes news about you, your family, friends and neighbors. But, we need your help by submitting information to us.

Requests for photo coverage should be made at least three days in advance by calling our office. Your organization's publicity person should arrange for photo coverage and submit a news release about the event no later than three days following.

Engagement and wedding forms are available at our office. If desired, these may be accompanied by a black and white or color photo. These stories are usually run on Sundays and should be submitted on Tuesday before the publication date. Weddings more than three months old will be published in announcement form without a photo.

Our address: The Sanford Herald, P.O. Box 1667 or 300 N. French Ave., Sanford, 32771. Phone: 322-2611. Fax: 323-9408

WEATHER

LOCAL FORECAST

Today: Scattered Thunderstorms. Highs in the upper 80s. Tonight: Lows in the mid 60s. Wednesday: Scattered Thunderstorms. Lows in the mid 60s. Highs in the mid 80s. Thursday: Scattered Thunderstorms. Lows in the mid 60s. Highs in the mid 90s. Friday: Scattered Thunderstorms. Lows in the mid 60s. Highs in the mid 90s. Saturday: Scattered Thunderstorms. Lows in the mid 70s. Highs in the mid 80s.

STATISTICS

The high temperature in Sanford Monday was 90 degrees and the overnight low was 72 as reported by the University of Florida Agricultural Research and Education Center, Celery Avenue.

Recorded rainfall for the period ending at 10 a.m. Tuesday totalled .072 inches. •Sunrise.....6:27 p.m. •Sunset.....8:23 p.m.

SUN INDEX

The Ultra Violet Index (UVI) rating for the Orlando area is 8.

The UVI levels are rated by the Environmental Protection Agency.

BEACH CONDITIONS

WEDNESDAY SOLUNAR TABLE: min., 10:55 a.m., 11:25 p.m., maj., 4:45 a.m., 5:10 p.m.

TIDES: Daytona Beach: highs: 12:40 a.m., 1:12 p.m., lows: 7:04 a.m., 7:28 p.m. **New Smyrna Beach:** highs: 12:45 a.m., 1:17 p.m., lows: 7:09 a.m., 7:33 p.m. **Cocoa Beach:** highs: 1:00 a.m., 1:32 p.m., lows: 7:24 a.m., 7:45 p.m.

TIDES

Daytona Beach: Waves are 3 to 4 feet and choppy. Current is running to the south with a water temperature of 76 degrees.

New Smyrna Beach: Waves are 3 to 4 feet and semi-choppy. Current is running to the south with a water temperature of 78 degrees.

FLORIDA TEMPS

MIAMI — Florida 24 hour temperatures and rainfall at 8 a.m. today:

City	Hi	Lo	Rain
Apalachicola	83	68	00
Daytona Beach	81	72	tr
Ft. Lauderdale	85	75	.05
Fort Myers	81	70	.01
Gainesville	79	63	.01
Jacksonville	83	73	.01
Key West	83	73	3.13
Miami	81	77	2.48
Pensacola	84	68	00
Sarasota	90	69	.01
Tallahassee	80	63	.03
Tampa	85	72	.06
W. Palm Beach	81	74	3.00

LOTTERY

Here are the winning numbers selected on Monday in the Florida Lottery:

Lotto (June 14)
4-8-26-35-46-47



Pick 4
0-2-0-4
Cash 3
2-2-3

The 'third rate burglary' that brought down the presidency



Today IS...
VICKI DeSORMIER
Staff Writer

An event a quarter of a century ago today led to the first resignation ever of a U.S. President.

This is Watergate Day (probably not celebrated widely in Republican circles).

On June 17, 1972, arrests were made at Democratic Party headquarters at the Watergate complex in Washington, D.C. which led to revelations of political espionage.

The resulting investigation eventually led to the downfall of the President Richard Nixon

who was forced to resign Aug. 9, 1974.

This also the anniversary of South Africa's repeal of the last apartheid law.

On June 17, 1991, the Parliament repealed the Population Registration Act, which removed the law that was the foundation of apartheid.

The law, which was first enacted in 1950, required the classification by race of all South Africans at birth. It established four compulsory racial categories: white, mixed, Asian and black.

Although this removed the last apartheid laws, it was still a few years before blacks had the right to vote.

Today in Germany, they are celebrating the Day of Unity.

In Suffolk County, Mass., they are celebrating Bunker Hill Day.

On this date in 1775, the Battle of Bunker Hill took place in

Boston. Some say that battle was the beginning of the end of the American War for Independence.

And speaking of independence, it's Independence Day in Iceland.

People all over the country, especially in the capital of Reykjavik, celebrate the founding of their republic with parades, music and street dancing.

As we approach our own country's Independence Day, we should give more thought to street dancing as a way to celebrate. We just don't do enough dancing in the streets in this country. (I'm serious about this.)

On another note, this would have been Igor Fyodorovich Stravinsky's 115th birthday.

The Russian composer and author is best known for his ballets *The Firebirds* and *The Rite of Spring* and for the cho-

ral work *Symphony of Psalms*.

The United Nations is celebrating World Day to Combat Desertification and Drought today.

The event is promote public awareness for the need for international cooperation to combat desertification and the effects of drought.

This would have also been Dean Martin's 80th birthday.

Former *Today* IS writer and media celebrity Nick Pfeiffers' birthday is coming up on Monday, so better get your cards in the mail.

Today is *Herald* photographer and writer Steve Barnes' 28th birthday. (He's officially an old man now.)

Among the other famous people born on this day are singer Barry Manilow, who is 51, comedian Joe Piscopo, who is 46, former Alabama governor Gary Hunt, who is 64, and actor Mark Linn Baker, who is 44.



Vintage view

This is the 1948 graduating class of Sanford Junior High School. They later graduated from Seminole High School in 1952. The group is celebrating its 45 year reunion this coming weekend. If you can identify any of the unknowns or make any corrections, contact Grace Marie Stinecpher. In the picture are: (front row, left to right) Unknown, Mildred Lee, Elizabeth Carpenter, Gretchen Kirchoff, Marie Gooding, Ruby Stenstrom, Unknown, Mary Jo Hayman, the last four in the row are unknown; (second row) Unknown, Unknown, Victor Hawkins, Unknown, Ed McKinley, Jim Pennington, Freddie Wilson, Dick Butler, Leonard Jones, Unknown, Unknown, Eugene Barneau, Jimmy Smith, George Herndon, Unknown, Unknown, (third row) the first three are unknown, Evelyn Jones, Ada Adams, Jackie McDonald, Miriam Moye, Unknown, Unknown, Barbara Kootz, Unknown, Carolyn Hudson, Mike Wheelchel, Jimmy

Smith, John Rivers, Unknown, Unknown, fourth row: Stewart Mathews, Robert Beckwith, Ronald Hold, Unknown, Unknown, (fifth row) Walter Routh, Unknown, Unknown, Dorothy Whidden, Violet Oglesby, Connie Ludwig, Norma Faye Harvey, Unknown, Donna Witte, Ann Dunn, Unknown, Doris Donaldson, Ann Whitaker, Elliston Baker, Ray Thomas, (sixth row) Unknown, Unknown, Kenneth Ellis, Robert Stenstrom, Bob Johns, Leslie Holcomb, the next three are unknown, Tommy Wilkinson, (seventh row) Betty Brisson, Margaret Malloy, Hebe Bisbee, Lucy Ward, Charlotte Swann, JoAnn Harritt, Charlotte Waits, (eighth row) Unknown, Dorothy Gillyard, Jean Wilson, Unknown, Joan Humphrey, Jane Davis, Helen Brewer; (ninth and tenth rows) The only persons identified on these rows are Sally Keller on the left end of the ninth row and Meline Rabun, third from the left on that row.



Honoring the students
Students at St. Matthew Church in Midway were honored for their hard work throughout the school year. These students made the honor roll at their schools during the school year. The students are Allen Boyd, Rashay Stephens, DeQuan Wright, Dara Guess, Ashton Gaines, Marcus Robinson and Brittany Harden.

Herald photo by Marva Hawkins

FPSC proposes new rules for phone cards

From staff reports

TALLAHASSEE — The Florida Public Service Commission voted today to propose rules governing companies that sell prepaid phone cards. The rules are a result of the Commission's finding a need to protect the public from potentially-serious abuses in the provision of these prepaid calling services.

The rules, which will establish standards for prepaid

calling services, will require the following to be legibly printed on the card:

• The Florida-certificated name, clearly identified as the provider.

• A toll-free customer service and network access number (the number dialed to use the card).

• The authorization code, if required to access service.

In addition, each company must display the following information either on the card,

packaging, or in a prominent area at the point of sale:

• The maximum charge per minute.

• Any/all applicable surcharges.

• The expiration policy, if applicable.

The rules will also require that a company must ensure that the cards remain usable either up to the specified expiration date, or if no expiration date exists, for a minimum of one year after the first use, or

after the last recharge date (once all calling time is used, some cards may be "recharged" over the telephone). If the card becomes unusable for reasons beyond the consumer's control, excluding lost or stolen cards, the rules will require companies to refund any unused portion of the card.

If no protests to the rules are filed by July 18, 1997, the proposed rules will be filed with the Secretary of State for adoption.

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POLICE BRIEFS

Grand theft charged

Richard Harris, 39, of 73 Seminole Gardens, Sanford, was arrested Saturday by Altamonte Springs Police. Harris was charged with grand theft and arrested in the 450 block of E. S.R. 436. Report said that Harris tried to exit a store with items underneath his shirt.

Cops find heroin in vehicle

Lenoir Torres, 21, of 4450 Medallion Dr., Orlando, was arrested Saturday by Longwood Police. Torres was charged with possession of heroin and arrested in the 660 block of S. S.R. 600. Report said that police found the drug after a search of Torres' vehicle.

Drug charges

Carolyn Smith, 41, of unknown residence, was arrested Friday by Sanford Police. Smith was charged with possession of crack cocaine and drug paraphernalia and was arrested in the 1000 block of W. 13th St. Police saw her loitering in a parking lot that she already was to have left. Report said that when she was arrested, police found illicit material.

Burglary arrests

Robert Dickerson, 18, of 41 Castle Brewer Ct., Sanford, was arrested Monday by Sanford Police. Dickerson was charged with aggravated assault and armed burglary. Report said that Dickerson broke into a woman's house and pointed a gun at her.

Jeffery Aukerman, 27, of 301 E. 5th St., Sanford, was arrested Friday by Sanford Police. Aukerman was charged with burglary to structure, grand theft and initiation theft of property. Report said that Aukerman was part of a three man operation.

Pot possession

Keith Myers, 24, of 1506 W. 17th St., Sanford, was arrested Saturday by Seminole County deputies. Myers was charged with possession of marijuana under 20 grams, driving on license suspended or revoked and display/possess a canceled/suspended plate. Report said that officers pulled him over for driving 55 mph in a 45 zone. The car was going side to side and after being arrested, officers said that Myers had dumped drugs in the back of the patrol car he was riding in.

Slap leads to arrest

Vickie Downer, 27, of 920 Sharon Ct., Ovrdo, was arrested Sunday by Ovrdo Police. Downer was charged with battery (domestic violence) and arrested at her home. Report said that she got into an argument with her boyfriend and slapped him on the back of his neck.

Domestic violence charged

Hector Benitez, 27, of 433 Sunlake Cir., Lake Mary, was arrested Sunday by Seminole County deputies. Benitez was charged with assault (domestic violence) and arrested at his residence. Report said that Benitez took a swing at his wife nearly hitting her. The wife said that she was abused in prior situations.

DUI arrests

Henry Banyville Jr., 57, of 2910 N. Cameron Ave., Sanford, was arrested Friday by Seminole County deputies. Banyville was charged with DUI, driving on a license suspended or revoked and failure to sign/accept citation. He was arrested at the corner of Hughey and Deepwater. Report said that Banyville was driving 45 mph in a 25 zone.

Richard Yokell Jr., 37, of 300 Laurel Ct., Sanford, was arrested Saturday by Lake Mary Police. Yokell was charged with DUI and not having a valid state license. He was arrested at the corner of Country Club Rd. and Wagon Wheel Way. Officer noticed that Yokell's right headlight was out.

Juanito Munoz, 53, of 3560 E. Celery Ave., Sanford, was arrested Sunday by Seminole County deputies. Munoz was charged with DUI and resisting arrest without violence. He was arrested at his residence. Report said that Munoz was driving 54 mph in a 35 zone and swerved into another lane. Once pulled over, Munoz tried to evade arrest by walking away from police.

Resisting arrest

Taurus Cullie, 21, of 713 Locust Ave., Sanford, was arrested Saturday by Seminole County deputies. Cullie was charged with battery on a law enforcement officer, resisting arrest with violence and driving on license suspended or revoked. He was arrested in a field north of S.R. 46. Upon a traffic stop, report said that Cullie tried to resist arrest that turned into a chase from the arresting officer.

Incidents

A Motorola phone was stolen Sunday from the 20 block of Towne Center Cir. at a business. The phone's worth is \$300.

A black 1995 Chevy S-10 pick-up, license plate number VZ188H, was stolen from the 2400 block of S. Park Ave. on Sunday.

A cable TV box, portable radio and Sega Genesis video game were stolen from the 1800 block of W. 15th St. on Sunday. The total worth of the stolen items was \$119.

A gray 1978 Chevy Camaro two door, license plate number TUV60G, with dark brown front fenders and hood was stolen Sunday from the 3200 block of Sanford Ave.

One Echo edger worth \$310 was stolen Sunday from the 2400 block of Yale Ave.

One Black Diamond ladies bike worth \$450 was stolen Saturday in the 100 block of N. Elliott Ave.

A silver 1986 Pontiac Fiero two door, license plate number VZX80S, was stolen Saturday from the 100 block of Anthony Dr.

A silver 1986 Dodge 600 four door, license plate LTF36X, was stolen Saturday in the 200 block of Windsor Ct.

A Sony tape player, a Polaroid camera and T-shirts worth \$280 were stolen Friday from 1510 W. 16th St.

A Kenmore air conditioning unit worth \$200 was stolen Friday in the 900 block of Maple Ave.

\$125 in cash was stolen Friday in the 2200 block of W. Airport Blvd.

Blinded veterans honor Rep. Mica



Rep. John Mica

From Staff Reports

(WASHINGTON, DC) - Central Florida's U.S. Representative John L. Mica (R-FL), chairman of the Subcommittee on the Civil Service, received the George "Buck" Gillispie Congressional Award from the Blinded American Veterans Foundation for his service to America's veterans.

The award is given annually to Senators and Representatives who have made significant contributions toward furthering the Foundation's efforts on behalf of sensory disabled American Veterans. It is named in honor of "Buck" Gillispie, who devoted more than 40 years of tireless effort to improving the lives of the sensory disabled.

In accepting the award, Mica said, "Improving the lives of the veterans who have served this nation so unselfishly and

honorably has been one of my highest priorities in Congress and of the Mica family. My father died in a crowded VA hospital. My brother Dan fought hard for veterans when he served in Congress. I will continue to champion veterans' causes as a Member of Congress. In my view, that is my job. The people who really should receive awards are the men and women who have served our nation in the armed forces, especially those who became disabled as a result."

Mica thanked John Fales, the President of the Blinded American Veterans Foundation, for his own service to veterans. "As a newspaper columnist known to many readers as Sgt. Shaft, as the President of the DAVE, and as a tireless worker, John has been an inspiration to all of us and a true friend of veterans. His column and he, himself, have been invaluable sources of information for Congress. He deserves an award himself."

Mica sponsored the Veterans Employment Opportunities Act of 1997, which passed the House on April 9, 1997 to strengthen veterans' preference in the federal government and to increase job opportunities for veterans. That bill is now pending before the Senate Veterans Affairs Committee. Mica also sponsored an earlier version of that bill during the 104th Congress. It too passed the House, but was not taken up by the Senate. Chairman Bob Stump of the House Committee on Veterans Affairs has called the provisions of Mica's bills "perhaps the most important improvement in veterans' preference in more than 50 years."

Mica is also the sponsor of the Military Health Care Choice Act of 1997. Under this bill, military families and retirees would be able to elect to enroll in any health care plan participating in the Federal Employees Health Benefits Program (FEHBP). Mica introduced the Military Health Care Choice Act because hearings

he held in the last Congress revealed a deplorable picture of military retirees and families being relegated to second-class, rationed health care. Mica explained, "When we needed them, these citizens did not ration their devotion to duty and to the nation. When they need us, we must not ration their health care."

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Area retired educators attend 'Touch of Class'

The Florida Retired Educators Assembly and Convention, "A Touch of Class" Assembly, was held in Orlando's Adam Mark Hotel in the Florida Mall.

Seminole County Retired Educators Association delegates were Kathryn Alexander and Lemuel Stallworth with Sylvia Stallworth serving as alternate. Other persons attending the convention were Al and Doris Duxbury, Walt Lee and Frank Duncan.

Florida Retired Educators Foundation (FREF) honor roll included Seminole County as one of the counties who had contributed more than the usual amount to the endowment fund. Other awards for the County Association were: The Gold Seal for membership, honorable mention for meeting the 10% membership challenge, a Certificate of Merit for meeting the established criteria for effective unit activity during the year 196-97. Doris

Duxbury and Lemuel Stallworth were given certificates for encouraging four new persons each to join the association.

FREA members are generous "givers" of their time, talent, energy, love, money and commitment to see that others are getting the most out of life. Therefore, each year retirees are asked to calculate the number of volunteer hours. As of May, 1997, 63 of 66 units reported a total of 814,734 volunteer hours amounting to \$10,591,542. The dollar value is the amount the retirees saved the state, thus, a facsimile of a check showing this amount was presented to the state department of education.

Also, each county selects an individual who has the most volunteer hours. The volunteer of the year award for Seminole County was given to Leroy Brown, former Assistant Principal of Lyman High School.

Boys & Girls Clubs continues to offer free lunches for kids

From Staff Reports

The Boys & Girls Clubs of Central Florida continues to sponsor the "Summer Food Service Program for Children" at their three Seminole County branches during the months of June and July.

The program is similar to the National School Lunch Program. It provides nutritionally balanced meals to needy children regardless of race, color, creed, religion, sex, handicap, age or national origin during the summer vacation when school breakfasts and lunches are not available. All children 18 years old and younger, both Boys & Girls Club member and non-club members are eligible for a lunch at no charge. The programs are only approved for geographical areas of need (or enrollment) where one-half of the children qualify for free or reduced price meals during the school year.

The following sites will be participating in the food program:

1. West Sanford Boys & Girls Club
919 S. Persimmon Avenue, Sanford
2. Midway Boys & Girls Club
Midway Elementary School
2251 Jitway Avenue, Sanford
3. East Altamonte Boys & Girls Club
Milwee Middle School
1341 S. County Road #427, Longwood

SEMINOLE COMMUNITY COLLEGE



You're Invited to an Informational Meeting
Earn your BACHELOR DEGREE in Business Administration or Criminology with Saint Leo College on the Seminole Community College Campus.

Please join us on the Seminole Community College Campus:

June 19, 1997
6:30 pm • Room: L-205
(Above the Library)

For More Information regarding our program please contact
Saint Leo College at M.C. Campus Office 1-202A
Office Hours: Monday 8:00 am - 11:00 am, Tuesday 4:00 pm - 7:00 pm
Saint Leo College at M.C. Campus Number 1-817-428-2019

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Editorials/Opinions

Sanford Herald

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EDITORIAL

What happened?

The wording alone is scary enough: Rezoning the property lying immediately east of the Orlando Sanford Airport and south of Midway Commerce Park to provide a permitted venue for adult entertainment establishments and/or sexually oriented businesses under the M-2, Impact-Industrial Zoning category.

Our question: Why Sanford? Why is it that the folks at the Seminole County Planning and Development Department seem so eager to trash Sanford?

A new courthouse, yes. Nudie bars, no. Sanford Mayor Larry Dale whipped off an urgent note to Randy Morris, chairman of the Seminole County Board of Commissioners last week. The mayor is furious at the county's disregard for the Sanford community.

He's upset about what's already going on at the Midway Commerce Center, where a private swinger's club is doing business. And he's downright furious over the prospects of naked dance establishments around the airport.

Dale's memo to Board of Commissioners Chairman Randy Morris last week was a terse expression of the city's angst: "We urge you to carefully consider the possible negative ramifications of creating a permitted environment for such development adjacent to one of our primary economic resources and in such close proximity to a diverse residential community."

Dale is strongly opposed to the rezoning of both Sanford areas, as is Commissioner Daryl McLain. Both champion a clean, community-conscious city of the future, a garden of good not evil.

The very thought of turning either the airport area or the commerce center into porno parks is repulsive. But commissioners are considering just that. Even the plethora of nude clubs in Fern Park and Casselberry along U.S. Highway 17-92 may be expected to move to Sanford. As it stands now, the two Sanford locations are the only two being considered in the whole of Seminole County.

We urge you to contact your commissioners and ask, once again: Why only in Sanford?

The fully-clad members of the U.S. Supreme Court have ruled that nude dancing is artistic expression that is protected by the First Amendment to the Constitution. Nude dancing clubs can legally exist.

But why, commissioners, only in Sanford?

LETTER

What our votes did

First of all, Bill Clinton is a liar, a hypocrite, a coward, and has the moral and philosophical integrity of a rutting mink. But John Mica and Bill McCollum are also liars and hypocrites; Bob Graham and Connie Mack are just hypocrites.

Mica and McCollum lied when they pretended to support term limits. They never had any intention of keeping that promise, and they tried to get mileage out of a phony scheme to pretend that they did. If they had any moral courage, they would have forced the Democrats' hand by accepting the Democrats' posturing amendment to make all term limits effective immediately. Cowards!

The latest lie is everyone dancing around the May Pole to the charade of a "balanced" budget, which will never balance, and which they all know. They have published some self-serving, if not downright lying, government figures based on nothing more than wishful thinking about how to say that they did something, anything. There are no spending cuts and no curbs on spending growth in their favorite vote-getting programs, so when wishes don't come true, deficits will go up.

These clowns could have really balanced the budget at any time, especially so after the 1994 elections. They could do it now by sending Clinton single bills for the Commerce, Energy and Education Departments, with zero appropriations, and daring him to veto them. Then, just ignore him and let them automatically self-destruct. Or they could more than balance it by eliminating completely corporate welfare: gifts to big business from little people.

Cowards and Liars! God, what have we wrought with our votes?!
William Sheffield
Sanford

ELLEN GOODMAN

Our gratitude and responsibility

CASCO BAY, Maine -- The lady-slippers have finally appeared, elegant as ever and overdressed for the occasion. Their pink finery is on display between the buff of the dirt road and the gray of the stone walls that once separated seaside farmers from their neighbors.

They have arrived late, but then everything is late this year. We say that to each other as if the weather were a schoolchild who failed to respond to the teacher's bell.

Only now are the flowers rushing to their seats, tumbling into bloom, one after another. Today, we are feasting on lilacs and lupin. Irises and peonies await only a permission slip from the thermometer.

All across the island, a few species of flowers are repeated with the frequency of a quilting pattern. A single strand of iris, one clan of lupin dominate the landscape the way the name Hamilton dominates the headstones in the cemetery.

On my morning walk, I wonder whether some 19th century peddler rowed over here with a dory full of blue iris bulbs--one variety suits all. Or did the islanders of old, like the islanders of today, pass along lupin pods and transplant the indestructible day lilies from one parent patch?



Maybe it is easier in a limited and known place to be aware of the land's past and future.

I am a novice as a naturalist. Before coming here, I lived on the land as lightly as a houseplant.

A Sunday suburban farmer, I made minimum investments for maximum gain. I planted vegetables on Memorial Day for delivery before Labor Day. Like a modern CEO, I looked no further into the future of the land than the next quarterly report.

From time to time, while my daughter was growing up, I thought about planting asparagus and immediately dismissed this three-year project. All that time before dinner? I spent a whole decade believing that three

years was too long to wait.

But four years ago, we dug deep into this ground and planted the gnarled and rugged asparagus whose spears we will eat tonight. Is this what they mean by putting down roots?

It may be a reverse of normal logic, but the older I get the more I plant ahead. At 30 it was all annuals. At 40, it was perennials. Last year we planted an apple tree that now comes up to my shoulders. This year, in a fit of Maine hubris, we planted a peach tree which may not deliver until the 21st century.

And just this morning, standing by the chestnut tree, worrying again about this centenarian that looms and creaks over our house, I started to choose the site for a replacement. I must find room for its enormous size though even the most optimistic actuary tells me I won't see an infant chestnut in its towering maturity.

What was the joke George Burns used to tell audiences near the end of his life? "At my age, I don't buy green bananas." I hear people my mother's age who witness some downward trend in the young or in society, say with relief, "Well, I'm glad I won't be around to see that."

We are told that Americans live in the "now" See Goodman, Page 6A



DONNA BRITT

Who were we 27 years ago?

WASHINGTON--The scene at Elmer "Geronimo" Pratt's joyful release from prison Tuesday after 27 years reminded a few of Nelson Mandela's emergence from a South African prison in 1990. Pratt was jailed for the same number of years as Mandela, and his release sparked similar jubilation among supporters. As Pratt strode through the Santa Ana, Calif., throng at his release, a well-wisher cried:

"Free at last! Free at last! Thank God Almighty, he's free at last!" Fascinating: an ex-militant who once headed Southern California's wing of the radical Black Panthers greeted by the evocative words of the nation's best-known integrationist; a man seen by some as a victim of America's judicial system freed after the same chunk of time as the world's most famed political prisoner.

As yet, Pratt is neither a King nor a Mandela--men who met injustice with amazing grace. King counseled love in the face of a hatred he sensed would kill him. Mandela left prison with enough forgiveness to inspire a nation to try to heal its bloody past.

How Pratt will respond to freedom is a mystery. Before Tuesday, many Americans had never heard of him. Even those who had may not fully recall the era in which the graying, bespectacled 49-year-old was jailed for killing a schoolteacher when he was 22.

But Pratt's joyful face inspired questions for us all: How does freedom taste after 27 years? What does an unfettered horizon look like after decades of vistas viewed through bars and twisted wire?

Who were we 27 years ago? Men and women now long retired were raising families and noticing their first gray hairs in 1970. Many 40-somethings were in college, flirting with substances and relationships they now warn their kids to avoid. Adults now deep into their careers weren't even born.

America was different, too. In 1972, Pratt was convicted in Los Angeles of slaying Caroline Olsen, 27, during a 1968 robbery in Santa Monica, though he swore he was 400 miles away at the time. Olsen's husband at first identified another man as the killer. The prosecution never told the jury that the star witness who claimed Pratt had confessed to him was a convicted felon, a sometime rival of Pratt's within the Panthers and an FBI informant.

Those doubtful that the FBI would help frame an innocent man don't recall the era, says Washington journalist and former Student Nonviolent Coordinating Committee organizer Charlie Cobb, who writes about former SNCC colleague and Black Panther Stokely Carmichael, now Kwame Ture, in the new



How Pratt will respond to freedom is a mystery.

Emergence magazine.

"J. Edgar Hoover (then FBI director) was clearly and demonstrably hostile to almost any kind of assertive black effort...from Martin Luther King to SNCC to the Panthers," Cobb, 53, told me Wednesday. "The entire federal government was either suspicious or hostile. I remember walking, in '65 I think, into the House Un-American Activities office and seeing on the wall a chart of SNCC--it had our pictures on it. ...You were aware of the hostility, ..."

"No one who was black and active in the '60s could have trouble being persuaded that Geronimo Pratt was railroaded."

Today, with multiple black mayors and members of Congress, Malcolm X a hero, and adored celebs like Oprah and Tiger, it's easy to forget how "dramatically different society was for black people," Cobb continues. "The Panthers terrified the white establishment. ...Some were slaughtered with official sanction. So there's Geronimo Pratt, sent off to jail."

"Who in the federal establishment cared about him?"

Nobody--until national publicity turned whispers of Pratt's mistreatment into a roar. Earlier this month, a judge overturned his conviction, citing withheld evidence. Freed on \$25,000 bond, Pratt could be retried, though he already has served more time than most convicted murderers.

Any honest person pondering how 27 years unfairly lost to prison would affect them must come up blank.

Everyone, and everything, changes. Once-incendiary ex-Panther Eldridge Cleaver called Pratt's release a "great testimony" to how the nation's judicial system can be made to work. Panthers founder David Hilliard called Tuesday "a good day for America."

It was. The America that once ignored Pratt's imprisonment saw blacks, whites and even members of his convicting jury demand his freedom. Many of its black citizens, who were deeply divided between the fiery Panthers and King's peace-seekers, now appreciate both sides' contributions. Many who viewed Africa See Britt, Page 6A

SARA ECKEL



Neonaticide, the killing of a baby in its first 24 hours, has existed for many centuries.

When teens kill their newborns

It's a story that makes your blood run cold. Girl goes to prom. Girl delivers baby in bathroom. Girl throws baby in trash. Girl goes back to dance floor and requests Metallica song.

"Melissa: How Could You?" is the headline in the New York Post, as well as pretty much the thoughts of anyone who knows the story. How could she? News reports describe the teen, Melissa Drexler, as a shy child with doting parents, a sweet and pretty girl-next-door who one day hoped to be a fashion designer. Definitely not your typical killer.

The tragedy comes on the heels of the Amy Grossberg story, the New Jersey teen whose newborn was found in a dumpster shortly after she delivered it in a Delaware hotel room. And it gives you the sense that something in this country is running way out of control. "What's going on?" my best friend asked as we discussed the case.

Actually, what's going on is nothing particularly new. Neonaticide, the killing of a baby in its first 24 hours, has existed for many centuries and spans cultures that include Ancient Greece, China and Eskimo civilizations. In England, the crime has been viewed as manslaughter since 1922. The United States makes no such distinctions, though judges and juries tend to perceive these cases as inherently different from other murder cases.

Although it is impossible to calculate the rate of U.S. neonaticide -- since many instances are presumed to go undiscovered -- there is no evidence that it has increased in recent decades. And one researcher, Dr. Phillip J. Resnick of Case Western University Medical School, says that the figure has actually gone down, due to the availability of birth control and abortion.

But that doesn't make the phenomena any less disturbing. Indeed the question -- what's going on? -- is one that has to be answered.

Dr. Margaret Spinelli, director of maternal mental health at Columbia University College of Physicians and Surgeons, has spent the past three years observing women accused of killing their newborns and has detected some interesting patterns. "I was hearing the same things from these young women. They would say, 'I could see myself delivering the baby in the bathroom,' clearly disassociating themselves from the act," she says.

Spinelli says that this kind of disassociation is common to child-abuse victims, who will often mentally remove themselves from a traumatic situation. Interestingly, Spinelli found that seven of the nine women she evaluated had a history of early physical or sexual abuse, and all nine lived in homes that had a family dynamic that is consistent with most incest cases. "All of these women were the favored child of an overbearing father and had a cold and removed mother. They clearly belonged more to Dad than Mom," says Dr. Spinelli.

These women never bonded with their fetuses because they never acknowledged that they existed. Even to the last minute, when they went into labor, they reported thinking that they had some kind of illness -- food poisoning or the flu.

Compounding the problem is the chemical change that occurs with delivery. "When you're pregnant, some hormones are going to be 200 times what they are during a normal menstrual cycle," explains Dr. See Eckel, Page 6A



Sanford Employee of the Month

Ronnie Mott has the unique ability to make almost everyone she meets feel young again - which is why she's the City of Sanford's Employee of the Month for June. As the Senior Center Supervisor, Mott has helped hundreds of Sanford seniors enjoy

life to the fullest. That's Mayor Larry Dale awarding her the EOM award. AT Mott's left are Superintendent of Recreation Tom Farnsworth and Recreation and Parks Director Mike Kirby.

Goodman

Continued from Page 4A

and have trouble thinking beyond our life span. We don't landscape any further ahead than our lease or our job. We choose fast-food trees as weedy as an allanthurus and roll out instant lawns for instant gratification. As our country ages, we are also told, we care less about the next generation of other people's children, other people's social security, other people's environment. But I wonder if that is true. It seems to me that as more of us pass the half-century mark, as more of us see 50 years back, it's easier to see 50 years ahead. As our private future shrinks, the comprehension of the future expands.

The senior-set bumper sticker may boast that "I am spending my children's inheritance." But the desire to pass on a legacy may be as "natural" as the desire to consume it.

Especially when "it" is the land. Maybe it is easier in a limited and known place to be aware of the land's past and future. To see ourselves as the caretakers of a small and vulnerable cache of lady-slippers, to feel the link to those people--perhaps the grandparents of neighbors--who planted the stand of irises on our land. Maybe it's easy to take some special delight in reclaiming a rhubarb patch left behind by a farmer whose name may be on the deed. But surely by mid-life, most of us have inherited some gratitude to the past and responsibility to the future.

A hundred years ago, someone planted this chestnut tree in front of my porch. I don't know who or why. This year, I'll plant one for the next hundred years. I make my living stringing words together across a page, but this is my job.

Hike

Continued from Page 1A

a challenge for hikers and habitat for a variety of insects and reptiles.

Unlike many hiking trails in Florida's parks, which tend to be flat and straight, these trails are full of hills and switch-backs. Branching out like arteries, some clear and open, others clogged and strangled by under-growth, they weave their way through the preserve.

The waters of Soldiers Creek are clear and cool. While not deep, they provide a welcome relief from the summer heat and a source of fun for kids of all ages. The muskells, small fish and insects that rely on the stream, form the base of a complex food web within the preserve. Birds, snakes, raccoons and other small rodents thrive within this unique ecosystem.

Allowing yourself the pleas-

ure of a few moments of silence makes you aware of the concert of nature which surrounds you. Crickets, birds and scurrying creatures create a musical symphony unequaled by the feeble attempts of man.

The varied terrain beckons bikers as well as hikers. Fat tire mountain bikes rule the road on weekends as they scramble up and down the hills and gullies and through the black, oozing muck of the low lying swamp. The rough trails and ankle-deep mud require strength and stamina to negotiate and provide a great workout for those with the strength of spirit to go the distance.

The most popular place to begin hiking this labyrinth of trails is the Environmental Study Center, which is located just off Highway 419 in Longwood. The center, which falls under the auspices of the Seminole County School Board, operates a small mu-

seum during the school year. Inside are live animals and exhibits representative of the preserve. The study center itself is closed during the summer, but the trails are open and covered picnic tables are available near the entrance of the park. This sanctuary is a rare find and well worth visiting again and again.

Trip tip: Take plenty of sun block, insect repellent and drinking water. Wear cool, comfortable clothes and shoes which you won't mind getting wet. Use caution while hiking through thick under-growth and stepping over fallen trees as snakes are plentiful throughout the hammock.

To get to the Environmental Study Center from Sanford, take Highway 17-92 south to Highway 419. Turn left and head east about one mile. The entrance to the center is on the left, just across from Soldiers Field. Admission is free.

Eckel

Continued from Page 4A

Spinelli. "And then they plummet." For many women, this can result in severe post-partum depression; for those who are already in deep denial about their pregnancy, Spinelli believes the that hormonal change can put them over the edge.

Spinelli's research, as well as other studies in this field, is certainly not conclusive. Indeed, the lack of clinical evidence in this area has been used by prosecutors to disallow the use of an insanity defense during neonaticide trials. But if conclusive data on this subject is what's lacking, then that is what we must pursue. We must take the steps to find out what's happening in these tragic cases. We need to know what's going on.

Send comments to the author in care of this newspaper or send her e-mail at saracum@aol.com.

Britt

Continued from Page 4A

as distant and inferior now embrace its history and people, and hugely admire Mandela.

We've moved on. So, surely, has Pratt. So much time gone--but perhaps not wasted. Prison has made some remarkable people better, not bitter. For now, the ex-Panther who warmly thanked the judge who released him before speaking about other unjustly accused souls will stare at, taste, breathe in all that the rest of us have taken for granted these 27 years.

Then he will show us who he has grown into.

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DEATHS



Willie Mathis

WILLIE MATHIS

Willie Mathis, 82, Dubois Street, Lake Monroe, died June 15, 1997 at Rosemont Health Care, Orlando. He was a retired railroad worker and a member of Providence M.B. Church, Lake Monroe. Born May 15, 1915 in Junction City, Ga., he moved to Central Florida in 1937.

Survivors include wife, Martha; son, Leroy, Detroit, Mich.; daughter, Leola M. Fields, Lake Monroe; brother, Rufus, Chicago, Ill.; seven grandchildren; four great-grandchildren.

Arrangements by Sunrise Funeral Home, Sanford.

ALICE A. BERTHOLF

Alice A. Bertholf, 80, Woodland Street, Altamonte Springs, died June 16, 1997 at

Winter Park Hospital. Born Nov. 14, 1916 in Chicago, Ill., she moved to Central Florida in 1976. She was a concert pianist and music teacher for the Chicago Conservatory of Music. She was a member of the Church of the Annunciation and a member of the Chicago Women's Symphony. She served in the Women's United States Army Corps during World War II. She was the second Women's Army Corps officer to be given a direct appointment from master sergeant to warrant officer.

Survivors include husband, Cheny "Bert" Jr.; sons, Paul F., Camp LeJeune, N.C., John L., Lake Mary; one grandson.

Arrangements by Gaines Carey Hand Garden Chapel Funeral Home, Longwood.

NOLA M. FERGUSON

Nola M. Ferguson, 62, Hiawatha Avenue, Sanford, died June 14, 1997. Born in Brookhaven, Miss., she moved to Central Florida from Key West in 1961. She was a seamstress and a member of the Ballet Guild of Sanford and Seminole and School of Dance Arts.

Survivors include husband, John; sons, John L. Jr., Orlando, Richard, Gregory and Scott, all of Sanford; six brothers and one sister, all of Indiana.

Arrangements by Baldwin-Fairchild-Oaklawn Park Cemetery and Funeral Home, Lake Mary.

EVA C. TIGNER

Eva C. Tigner, 86, Airport Boulevard, Sanford, died June

16, 1997 at Columbia Medical Center, Sanford. Born in Detroit Lakes, Minn., she moved to Central Florida in 1986. She was a homemaker and a Methodist. She was a member of the Women of Moose.

Survivors include son, Robert L., Mt. Morris, Mich.; daughters, Juanita J. Kuhen, Sanford, Margaret A. Fredericks, Flint, Mich.; Kathryn E. Miller, Burton, Mich.; brother, William Smedley, Farwell, Mich.; sisters, Cora A. Smedley, Olive Whaley, Mabel Sterling, all of Farwell, Mich.; 13 grandchildren; 16 great-grandchildren.

Arrangements by Brisson Funeral Home, Sanford.

FREDDIE CLYDE "PAPPY" CORLEY

Freddie Clyde "Pappy" Corley, 85, Clyde Morris Boulevard, Ormond Beach, died June 13, 1997. Born Dec. 10, 1911 in Poplar Bluff, Mo., he moved to Central Florida in the 1920s. He was a merchant and owned and operated Corley's Toy and Hobby. He was a member of the First Baptist Church of Geneva and a member of Oviedo Masonic Lodge 243. He was a captain in the United States Army during World War II.

Survivors include wife, Ver-nalee; sons, Clyde, Yale, Mich., Clarence, Holly Hill; daughter, Kathryn Kitty Bailey, Charlotte, N.C.; 10 grandchildren; four great-grandchildren.

Arrangements by Brisson Funeral Home, Sanford.

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Scams

Continued from Page 1A

12 percent from the previous fiscal year, according to Florida Treasurer and Insurance Commissioner Bill Nelson.

Nelson, who spoke this past week to a national conference of insurance fraud investigators gathered in Orlando, said that insurance fraud is costing each Florida family about \$1,500 a year. "Anything we can do to combat this crime is good for consumers," Nelson said. "They are the hidden victims in such crimes."

During his keynote address to officials from around the country representing law enforcement and the Special Investigative Units of dozens of insurance companies, Nelson also unveiled his annual Top 10 list of insurance fraud schemes in Florida. Operations Big Broom, Money Box and Smash for Cash headed up the annual list.

Operation Big Broom -- Nelson dispatched dozens of investigators early Sept. 16 to arrest nearly 50 people in 27 communities statewide in what was the largest one-day sweep against medical claims fraud. The sweep netted suspects ranging from lawyers and chiropractors to a medical clinic manager and a legal secretary faking prescriptions for friends and co-workers. The cases involved suspects illegally soliciting patients to collect on phony medical claims, agents pocketing premiums and consumers filing fraudulent workers' compensation and homeowners claims.

Operation False Truth -- In September 1995, Nelson announced the creation of the Professional and Organized Fraud Investigative Team, (PROFIT) squad, to target and prosecute medical claims fraud involving providers, runners, lawyers and others participating in racketeering and organized insurance fraud. On Dec. 3, the PROFIT squad raided seven medical and chiropractic clinics statewide. Investigators seized records pertaining to electronic machinery and testing equipment used to perform expensive diagnostic tests on patients' range of motion.

Hurricane damage - heus heus -- An Aventura condo association was charged with first degree grand theft after investigators discovered holes in the association's \$2 million claim allegedly stemming from Hurricane Andrew damage. Investigators said the then-board of directors filed a claim for crumbling patios and pool deck, and removed documents from the association's files which detailed the pre-existing conditions. Investigators discovered the conditions in question existed even before Andrew hit in 1992.

Painting a fraudulent picture -- A Miami woman was arrested in connection with a claim for \$12,000 of stolen art work following a burglary of her home in March. The Division of Insurance Fraud investigators discovered the woman had submitted false receipts for the art work to the Florida Residential Property and Casualty Underwriting Association totaling \$12,350 -- when, in reality, she never purchased the art.

Operation Money Box -- The PROFIT squad in its first major undertaking revealed a health-insurance claims fraud scheme in which individuals used post office boxes and false doctors' names -- sometimes even using the name of veterinarians -- to collect payments for medical services and tests never performed. Investigators say the scheme affected at least 50 private insurance companies billed about \$5 million by nearly 200 fictitious medical enterprises. Investigators arrested three individuals believed to be connected with the scheme and are seeking nine others in South Florida.

Lover's quarrel -- A Palm Beach County man was arrested on insurance fraud charges after he reported the theft of a late model Jaguar jointly owned by he and his former wife. Investigators discovered the car's title had been changed to reflect sole ownership and later reported stolen. Investigators said the man asked his ex-wife to remove the

vehicle from storage, so authorities could find it. She refused to cooperate and the man contacted his insurance company offering to return the \$20,000 he received from the stolen auto claim on the condition he was released from any liability. The company refused, and he went to jail.

Missing Coverage -- A Miami man was charged with insurance fraud stemming from an investigation into an insurance company he operated which was never licensed to do business in Florida. The man distributed flyers advertising his business, collected premiums and issued identification cards, but never issued any coverage.

The family that falls together -- Two West Palm Beach residents pleaded guilty to racketeering, organized fraud, insurance fraud and grand theft charges after an investigation revealed they had filed a series of slip-and-fall claims against more than 20 stores in Central and South Florida. The Division of Insurance Fraud arrested the young couple who admitted they would fake accidents and then provide store personnel with false names. Then, investigators said, fraudulent medical bills and lost wages claims from non-existent employers were submitted to the stores' insurers. The arrest of the couple led to outstanding warrants issued for additional members of their family suspected of the same scheme.

A really "Done Deal" -- A former Miami police officer was arrested after he filed a \$200,000 claim for his allegedly stolen luxury fishing boat. Investigators said he reported his 37-foot Hatteras sport-fishing boat named "Done Deal" stolen, but investigators learned of arrangements to have the boat transported to Columbia. A joint investigation by the Division of Insurance Fraud, Florida Marine Patrol and the City of Miami Police Department alerted the U.S. Coast Guard Cutter Mohawk to a suspicious vessel operating south of Haiti. When authorities boarded the vessel, they discovered it was the same boat reported stolen in Miami, but disguised under a different name. Investigators said crew members gave conflicting stories about the purpose of the trip, resulting in the arrest of the boat's owner.

Working hard or hardly working? A Santa Rosa County man was arrested on charges of workers' compensation fraud, grand theft and perjury as the result of an investigation into his claim he was injured in an industrial accident. The man had worked for a welding service when he was injured, which resulted in benefits paid to him which he was unable to work. However, investigators learned the man had been self-employed doing construction work. Investigators observed him swinging sledge hammers, lifting beams and climbing ladders.

Stealing from the elderly -- A Tallahassee insurance agent made a habit out of collecting premiums from elderly customers and ultimately depositing the money in his business account. The agent would submit insurance applications on behalf of his policyholders for long-term medical care insurance, only to have the applications denied by the company. The company would then return the premiums to the agent, in checks made out to the couple. The checks were then endorsed and deposited into the agent's business account.

Hopper

Continued from Page 1A

Tenants are being sought for the building, which will be used primarily as a community center.

Hopper was originally Seminole County's elementary and middle school facility for African-American children. Youngsters would walk from as far away as Altamonte Springs to attend the school.

Those who attended the school say they got a good education there.

Most importantly, Rowe said, it was the center of the Georgetown community.

"That's what we're looking for again," Rowe said. "We want it to be the focal point for the community."

About a dozen people from the community came out on Saturday to help move the building on to the next stage.

City Commissioner Brady Lessard was among those who came out to push a broom and dust away the cobwebs.

Lessard also stood outside to scope out the area where he will supervise the installation of a neighborhood basketball court.

In fulfillment of a campaign promise, Lessard is working with various local companies

to have basketball courts installed around the city where youngsters can go and play games rather than hang out on the street corners.

Hopper, Lessard said, is an ideal place in the community for one of those courts.

Rowe agrees. "I think this is going to be one of those places where people are going to congregate," he said.

The facility at Pine and 11th streets is now sporting a fresh coat of paint and unbroken

glass windows.

Most of the rough carpentry and plumbing work has been completed.

The finish work, the removal of a stubborn flock of pigeons and the completion of a secondary stairway that goes only halfway down from the second floor, are all that are left to be done.

"We're almost there," Rowe said.

Volunteers who might help complete the project are always welcome, he added.



Director of Community Development, Charles Rowe.



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ALL-YOU-CARE-TO-EAT

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--	---

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Not valid with any other offer or discounts. Limit two offers per coupon per visit.
Not valid on holidays. Offer expires June 30, 1997

Water

Continued from Page 1A

will be known for the work session next month.

Budget preparation issues are on-going, pursuant to board direction from the March 18 Stormwater work session and the April 10 approval of the professional services agreement with Government Services Group, Inc./Naburs, Giblin & Nickerson, P.Z.

Addressing the board were Tony Vanderworp, acting public works director and Pam Hastings, administrative manager.

Play

Continued from Page 1A

First Street Gallery where the previous productions have been held. The play will again --like the previous Secret Garden-- utilize talent from UCF.

The performances of Nunsense will be held June 27th

through July 13th. They will be held Fridays and Saturdays at 8 p.m. and on Sundays at 2:30 p.m. Tickets are available at Dellalaha, Our House Coffee and Books and Stairs Reality. Tickets are on sale now and are \$12 for adults and \$10 for seniors as well as students.

Sponsors for Nunsense are Ace Hardware, Bill Barwick, Huntington Bank and Rich Food Plan. For information and reservations, call 321-8111. Nunsense is a musical comedy that will no doubt be good for the soul. And that's no nonsense.... nonsense.

Legal Notices

NOTICE OF APPLICATION FOR TAX DEED
NOTICE IS HEREBY GIVEN, that EDWARD J. TERRY, the holder of the following certificate(s) has filed said certificate(s) for a tax deed to be issued thereon. The certificate number(s) and year(s) of issuance, the description of the property, and the name(s) in which it was assessed is/are as follows:

Certificate No. 148
Year of Issuance 1995
Description of Property:
LEG E 1/2 OF LOT 4 BLK 38 M W CLARK SUBD PB 1 PG 107
Names in which assessed: Thaine M. Mika. All of said property being in the County of Seminole, State of Florida. Unless such certificate(s) shall be redeemed according to law, the property described in such certificate(s) will be sold to the highest bidder at the west front door, Seminole County Courthouse, Sanford, Florida, on the 28th day of July, 1997, at 11:00 A.M.

Payment of Sale fee, applicable documentary stamp taxes and recording fees are required to be paid by the successful bidder at the sale. Full payment of an amount equal to the highest bid is due within 24 hours after the advertised time of the sale. All payments shall be cash or guaranteed instrument, made payable to the Clerk of the Circuit Court.
Dated this 9th day of June, 1997.

(Seal)
MARYANNE MORSE
CLERK OF THE
CIRCUIT COURT
SEMINOLE COUNTY,
FLORIDA
by Michelle L. Silva
Deputy Clerk
Publish: June 17, 24, and
July 1, 8, 1997
DEF-142

Legal Notices

NOTICE OF APPLICATION FOR TAX DEED
NOTICE IS HEREBY GIVEN, that EDWARD J. TERRY, the holder of the following certificate(s) has filed said certificate(s) for a tax deed to be issued thereon. The certificate number(s) and year(s) of issuance, the description of the property, and the name(s) in which it was assessed is/are as follows:

Certificate No. 52
Year of Issuance 1995
Description of Property:
LEG E 1/2 OF LOT 9 BLK 11 SANFORD FARMS PB 1 PG 128
Names in which assessed: Wayne A. Crider. All of said property being in the County of Seminole, State of Florida. Unless such certificate(s) shall be redeemed according to law, the property described in such certificate(s) will be sold to the highest bidder at the west front door, Seminole County Courthouse, Sanford, Florida, on the 28th day of July, 1997, at 11:00 A.M.

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by Michelle L. Silva
Deputy Clerk
Publish: June 17, 24, and
July 1, 8, 1997
DEF-143

Legal Notices

NOTICE OF APPLICATION FOR TAX DEED
NOTICE IS HEREBY GIVEN, that FUNB AS CSTDN/DH-2 ASSOC ATTN MICHAEL MANNING (FL 6401), the holder of the following certificate(s) has filed said certificate(s) for a tax deed to be issued thereon. The certificate number(s) and year(s) of issuance, the description of the property, and the name(s) in which it was assessed is/are as follows:

Certificate No. 1002
Year of Issuance 1994
Description of Property:
LEG LOT 10 BLK 4 HANOVER WOODS PB 18 PG 25 TO 27
Names in which assessed: William F. Bachmann, Shadow B. MGMT Trust. All of said property being in the County of Seminole, State of Florida. Unless such certificate(s) shall be redeemed according to law, the property described in such certificate(s) will be sold to the highest bidder at the west front door, Seminole County Courthouse, Sanford, Florida, on the 28th day of July, 1997, at 11:00 A.M.

Payment of Sale fee, applicable documentary stamp taxes and recording fees are required to be paid by the successful bidder at the sale. Full payment of an amount equal to the highest bid is due within 24 hours after the advertised time of the sale. All payments shall be cash or guaranteed instrument, made payable to the Clerk of the Circuit Court.
Dated this 9th day of June, 1997.

(Seal)
MARYANNE MORSE
CLERK OF THE
CIRCUIT COURT
SEMINOLE COUNTY,
FLORIDA
by Michelle L. Silva
Deputy Clerk
Publish: June 17, 24, and
July 1, 8, 1997
DEF-142

Legal Notices

NOTICE OF APPLICATION FOR TAX DEED
NOTICE IS HEREBY GIVEN, that FUNB AS CSTDN/DH-3 ASSOC ATTN MICHAEL MANNING (FL 6401), the holder of the following certificate(s) has filed said certificate(s) for a tax deed to be issued thereon. The certificate number(s) and year(s) of issuance, the description of the property, and the name(s) in which it was assessed is/are as follows:

Certificate No. 390
Year of Issuance 1994
Description of Property:
LEG LOT 10 BLK 2 MEISCHS WOODS PB 3 PG 84
Names in which assessed: Lawyers Title Ins. Corp. All of said property being in the County of Seminole, State of Florida. Unless such certificate(s) shall be redeemed according to law, the property described in such certificate(s) will be sold to the highest bidder at the west front door, Seminole County Courthouse, Sanford, Florida, on the 28th day of July, 1997, at 11:00 A.M.

Payment of Sale fee, applicable documentary stamp taxes and recording fees are required to be paid by the successful bidder at the sale. Full payment of an amount equal to the highest bid is due within 24 hours after the advertised time of the sale. All payments shall be cash or guaranteed instrument, made payable to the Clerk of the Circuit Court.
Dated this 9th day of June, 1997.

(Seal)
MARYANNE MORSE
CLERK OF THE
CIRCUIT COURT
SEMINOLE COUNTY,
FLORIDA
by Betsy C. Hergart
Deputy Clerk
Publish: June 17, 24, 1997
July 1, 8, 1997
DEF-144

Age Has Its Advantages: FREE Checking For Those Over 50.

If you're over 50 years old, congratulations! SunTrust is now offering personal checking with unlimited check writing completely free when you have direct deposit. There are no monthly maintenance fees and no minimum balances required. Think of it as a perk that comes with age. To open your account, simply visit a SunTrust office today, or call us at 1-800-2-SWITCH (279-4824). Free checking for those over 50. It's just one more way we help you be ready for life.

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Sports

B

Extra Points...

Dean Smith

Herald Sports Editor



With All-Stars starting, we need a phone call from you

SANFORD — We need your help again. With All-Star season for youth baseball getting into full swing this week we need you here from the coaches of the Babe Ruth, PONY and Little League teams in the county.

We need to get rosters and the schedule of your tournaments. And we want baseball and softball from all over the county, not just Sanford and Lake Mary.

If you are a coach or you know someone who is playing on a team throughout the county, please let us know about them so we can give them some publicity.

Please call after 8 p.m. and talk to our evening desk person, Courtney Leflew, and she will get the information to me. Or call during the day and leave a message and I will get back to you. It is very important to us.

The phone numbers are — (local) 322-2811 or (Orlando) 831-9993. Or if you want to FAX information the numbers is — 323-9408. THANK YOU.

I DON'T LIKE INTERLEAGUE PLAY. Call me a purist. I don't care. As has been stated in this column before, that is what makes baseball unique. It is a sport that we can talk to our great grandfathers about and compare athletes of different eras with a common set of rules.

You can't do that with basketball or football because those games change their rules about as often as people change underwear.

This first weekend has been interesting, with the Braves playing the Orioles and the Marlins taking on the Yankees and with the Mets and Yankees and Cubs and White Sox playing this week, but I have the feeling this is a bad and the roster will wear off quickly.

While most of the early matchups have been good, how many people are going to want to see the Phillies play the Angels, or the Astros play the Royals, or — Oh boy, oh boy — the Pirates play the Twins?

Yes, interleague play has got people talking baseball on the radio talk shows, but even today's matchup between the Cubs and White Sox did not draw a full house and neither did the game between the Braves and Blue Jays that had the two winningest pitchers in the major leagues, Roger Clemens and Danny Neagle, hurling against one another.

Another problem with interleague play is the one big difference in the rules between the two leagues — the designated hitter. It is a disadvantage for both leagues. National League players are not used to being DH's and American League pitchers are not used to batting and players are DH's are being forced to play defense, and some of them have not been on the field in years.

And not using the DH also forces American League managers to take out an everyday player so he can get his usually better hitter — the DH — into the game.

Maybe this will lead to the end of the DH. Almost every caller I hear on the radio is calling for the end of the DH and I echo their sentiments. It is a bad rule. Part of being a baseball player is being able to do it all. Hit, run, throw and catch. If you are going to have the DH, why not go all the way? Have one group to play offense and another to play defense, like in the NFL?

One of the arguments used for allowing interleague play is that people in different cities will get to see the stars from the other league, like Ken Griffey in National League cities and Chipper Jones in American League towns. Give me a break. What about us, those towns and cities that don't have teams?

We don't get to see anyone live, American League or National League, unless we travel for four-plus hours to get to a place that has a team. If you want to use that criteria, then you should start a traveling league, like the old Negro League teams, that used to travel from city to city and play games where they could find them. Like the World of Outlaws in auto racing.

Come on powers that be, if there are any, leave the game alone.

LAST SECOND SHOT: The Magic should not sign Dennis Rodman. He is an unnecessary distraction. Yes he can rebound, but he does not play much defense anymore, he can't shoot, and he's going to be 38 years old.

Besides, the Magic have a pretty good power forward under contract for the next two years. Remember Horace Grant? He's not bad when he isn't hurt.

I honestly believe that you can find someone to rebound, maybe not as good as Dennis, but why not tell someone like David Vaughn that's how we need you to play? Show him films of Dennis, not the stupid stuff, the rebounding and passing, and tell him if he will do that his playing time will increase significantly. Maybe he will be smart enough to take advantage of the opportunity.

A LAST, LAST SECOND SHOT: Put a circle on your calendar for this Thursday through Sunday. The Sanford Recreation Department will be hosting the District Tournament for the 10-12

See Dean, Page 2B

Life in the fast lane



Connie Fishbaugh, a radio talk-show host on 1060 AM, is trying to get women's fastpitch softball off the ground in Seminole County. The initial league is set to begin in July at the Lake Mary Sports Complex on Monday evenings and interested women and/or teams are encouraged to call the Lake Mary Recreation Department.

Women's fastpitch softball offered

By JEFF BERLINCKE
Herald Staff Writer

Lake Mary women's softball is finally getting a chance to experience life in the fast lane.

With the help of local radio personality Connie Fishbaugh, fast pitch softball is now being offered and everyone is invited.

Fishbaugh, who hosts a talk show on 1060 A.M. every afternoon from 1-2 p.m., is known for her opinionated talk show and now she is hoping to rouse the area into getting excited over fast-pitch.

"Just tell everyone there is a help wanted sign for women," Fishbaugh said. "We have a place for all types of players - beginners, intermediate and advanced and, as time goes on, we can expand into differ-

See Fastpitch, Page 2B

Bears' Barr ends career

Special to the Herald

ORLANDO — Orlando Solar Bears General Manager Don Waddell announced Monday that right winger Dave Barr will retire after completing his 16th season of professional hockey.

Barr spent the last two seasons as a player/assistant coach with the Solar Bears.

Barr, 36, was hampered by injuries during the 1996-97 season. He appeared in 50 games for Orlando, tallying 15 goals and 29 assists for 44 points. Barr was tied for second on the club with five

See Barr, Page 2B

C and L sweeps Co-Ed finale

From Staff Reports

SANFORD — C and L Timber got a measure of revenge Monday night in the Sanford Recreation Department Spring Co-Ed Slowpitch Softball League at Pinchurst Park, but it was not enough to keep Chang's Car Care from winning the championship.

C and L Timber scored in every inning, including a seven-run fifth inning, and ended Chang's Car Care's hopes of an undefeated season with a 16-4, six inning run-rule victory.

C and L Timber erased a 2-0 deficit by scoring two runs in the bottom of the first inning to tie the game and then took the lead for good with three runs in the bottom of the second inning.

Chang's Car Care did close to within 8-4 in the top of the fifth inning, but the seven run explosion by C and L Timber ended all doubts of a Chang's Car Care comeback.

The win gave C and L Timber a sweep of a doubleheader and a share of second place as it had opened the night with an 11-0 thrashing of Maronda Homes. C and L Timber quickly took control of the game, scoring eight runs in the bottom of the first inning and taking the 11-0 lead in the bottom of the third inning before coasting to the victory.

The final standings of the Co-Ed League were: Chang's Car Care (9-1), C and L Timber and the Sharks (both 7-3), Sunland Corporation (5-5), BBM (2-8) and Maronda Homes (0-10).

The meeting for the Sanford Recreation Department Fall Softball Leagues will be on Wednesday, August 6th at 6 p.m. at the Downtown Youth Center on the lower level of Sanford City Hall on Park Avenue.

Powering C and L Timber against Maronda Homes were Paula Songer (one double, two singles, two runs scored, two RBI), Jim Clifford (two doubles, one single,

Maronda Homes	000 000 0 - 4 3
C and L Timber	012 000 0 - 11 15

Chang's Car Care	200 110 - 4 12
C and L Timber	222 171 - 16 18

one run scored, two RBI), Jimmy Wilkinson and Chuck Sutton (two singles, one run scored and one RBI each) and Terry Hirt (two singles).

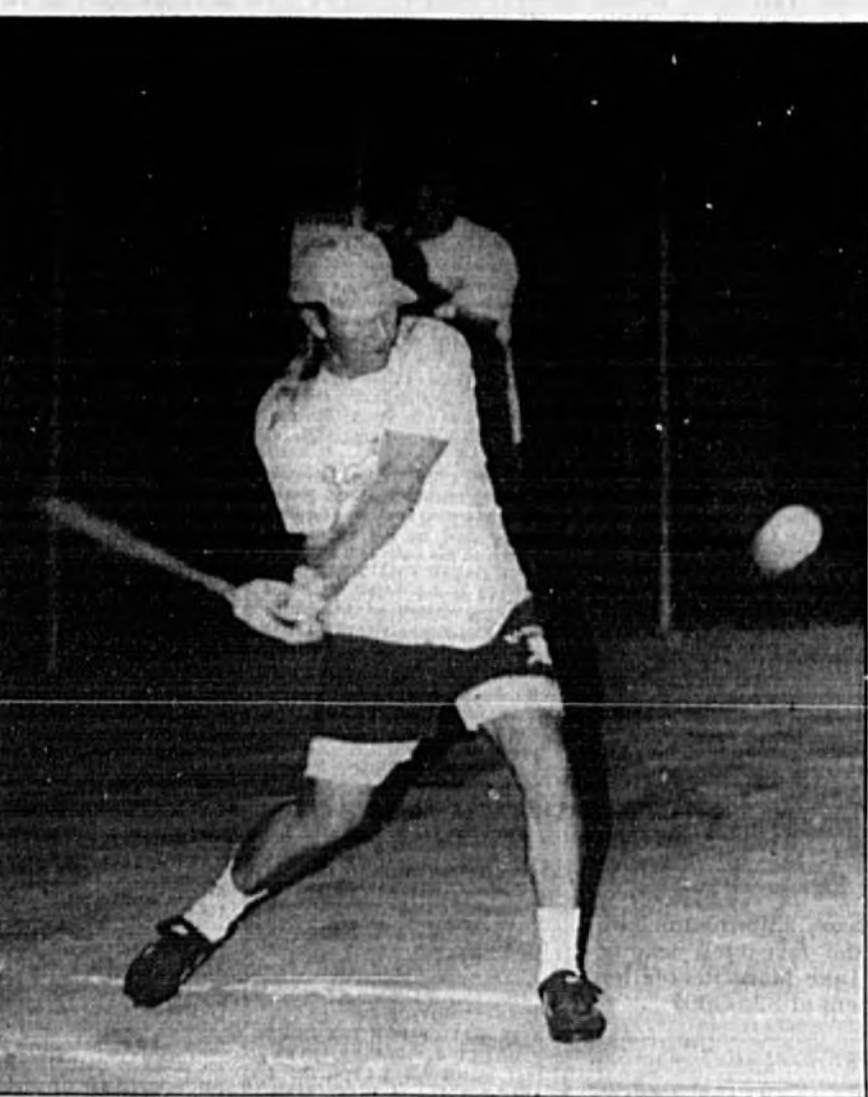
Also hitting were Mike Burke (one double, two runs scored, one RBI), Shannon Hill (one double), Tina Hill (one single, one run scored, one RBI), Mark Blake (one single, two runs scored) and Lisa Sutton (one run scored).

Doing the hitting for Maronda Homes were Mike Poczak (three singles), Ron Plummer (two singles) and Carol Norman and Dave Blanton (one single each).

Contributing for C and L Timber against Chang's Car Care were Mike Burk (three singles, two runs scored, one RBI), Jimmy Wilkinson (three singles, one run scored, two RBI), Paula Songer (one double, one single, two runs scored, one RBI), Tina Hill (two singles, two runs scored, one RBI) and Shannon Hill (two singles, two RBI).

Also contributing were Mark Blake (one double, one run scored, two RBI), Terry Hirt and Chuck Harley (one single, one run scored and one RBI each), Lisa Sutton and Chris Blake (one single, two runs scored), Chuck Sutton (one single, one run scored) and Jim Clifford (one run scored).

Providing the offense for Chang's Car Care were Chris Bryson (one double, two singles, one run scored, one RBI), Dave Blakey (one double, one single, one run scored), James "Red" Garner (two singles, one run scored), Jack Berning (one double), Chip Smith, Lynn Webb and Liz Turner (one single and one RBI each) and Carol Garner (one single, one run scored).



Mike Miller had six hits, scored five runs and drove in two more to help Beer:30 sweep a doubleheader and remain undefeated in the Lake Mary Men's Spring Friday Night Slowpitch Softball League.

Beer:30 stays unbeaten in Friday Lake Mary SB

From Staff Reports

LAKE MARY — Blake Murray tossed a pair of 11-hitters and every member of the Beer:30 lineup had at least two hits as the league-leaders swept a doubleheader 20-8 and 16-10 to remain undefeated in the City of Lake Mary Department of Parks and Recreation Men's Friday Night Spring Slowpitch Softball League at the Lake Mary Sports Complex.

Eight of the 10 batters in the lineup had two or more hits and Murray and Joe Ferpes drove in four runs each as Beer:30 came from way behind to get a 20-8 run-rule victory from Seagate Software.

Seagate Software looked like it was going to hand Beer:30 its first loss as it took a 7-1 lead after two innings behind three RBI from Billy Howe.

Beer:30 woke up from its doldrums and took the lead by plating eight runs in the top of the fourth inning. The big blows were a two-run single by Murray and a two-run double by Ferpes.

Beer:30 added a pair of runs in the fifth inning on a two-run double by Kyle Brubaker, then put the game away in the top of the sixth inning by ripping eight hits to score nine runs. Ferpes and Mike Miller made the most noise as both had two-run singles in the inning.

Beer:30	010 029 - 20 31
Seagate Software	240 001 - 8 11

Beer:30	242 241 0 - 16 22
Sanford Paint and Body	007 020 1 - 10 11

Seagate Software came back with a run in the bottom of the sixth inning, but it was not enough to keep the game going.

The second game looked like it would be completely the opposite of the first game as Beer:30 scored three, four and two runs to take a 9-0 lead in the top of the third inning.

But with the help of three big Beer:30 errors and a two-run single by Keith Kempke, Sanford Paint and Body rallied for seven runs in the bottom of the third inning to make the score 9-7.

The Sanford Paint and Body rally did not rattle Beer:30 as the league-leaders came back with two runs in the fourth inning and four runs in the fifth inning to open the lead back to eight runs, 15-7. Sanford Paint and Body got two runs back in the bottom of the fifth inning, but would get no closer as Beer:30 won its fourth straight game without a defeat.

Beer:30 is now 4-0 on the season, while Seagate Software is 2-2 and Sanford Paint and Body is 0-4.

This Friday night, Sanford Paint and Body will play the

See Lake Mary, Page 2B

BLONDIE

by Chic Young



BEEBLE BAILEY

by Mort Walker



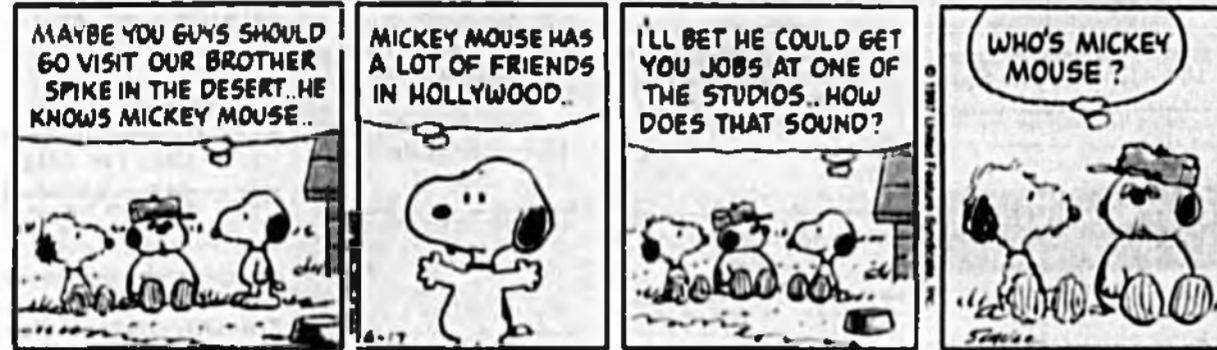
THE BORN LOSER

by Art Sansom



PEANUTS

by Charles M. Schulz



EEK & MEEK

by Howie Schneider



TUMBLEWEEDS

by T.K. Ryan



ARLO AND JANIS

by Jimmy Johnson



FRANK AND ERNEST

by Bob Thaves



GARFIELD

by Jim Davis

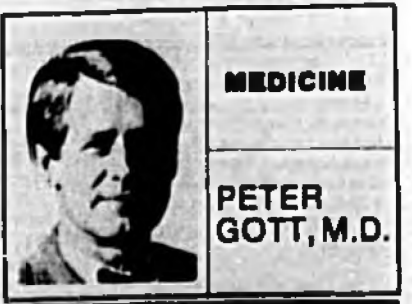


ROBOTMAN*

by Jim Meddick



Surgery is the best advice



DEAR DR. GOTT: My wife has spinal stenosis, which causes constant pain and numbness in her left leg. Her doctors have urged surgery, but I wonder about less drastic treatments, such as physical therapy, acupuncture and chiropractic.

DEAR READER: Spinal stenosis means that some hard tissue — such as a bony prominence or a herniated disc — is pressing on your wife's spinal column, causing nerve damage and symptoms.

While the "less drastic" treatments you mention may be appropriate for other causes of back pain (such as muscle spasm), surgery is the preferred therapy for stenosis because it removes the offending tissue and allows the nerves to return to normal.

Therefore, although your wife's doctors are the best judges of what would be appropriate for her, I've found that surgery for spinal stenosis is almost always curative — and ordinarily safe. I'd opt for that over other methods.

To give you more information, I am sending you a copy of my Health Report "An Informed Approach to Surgery." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10158. Be sure to mention the title.

DEAR DR. GOTT: I'm a runner with painful lower legs. A colleague suggested the possibility of stress fractures. What are these?

DEAR READER: Even in robust young athletes, repetitive trauma to weight-bearing bones can cause tiny fractures to appear. Much like the crazing that affects fine porcelain, these cracks are common in runners, cause pain at the sites of injury and usually are invisible on standard X-rays.

You should be examined by an orthopedic surgeon, who will probably X-ray your lower legs anyway because stress fractures — especially if they are old — may be evident. However, I suspect that you will need an MRI or a bone scan for diagnosis.

In most cases, orthopedists do not use casts to treat stress fractures; a simple prohibition against running for four to six weeks is enough to allow complete healing. Nonetheless, it's important to know whether you have stress fractures, because in the presence of such fractures, continued running is not only painful but could lead to further, more serious disruption of the leg bones.

Regrettably, stress fractures in runners come with the territory. They're merely a complication of this activity. However, to help you avoid future problems of this sort, I suggest the following: Make sure that your running shoes have an absorbent heel. If

not, purchase an appropriate cushioned insole.

Further, don't run for long distances on hard surfaces. If possible, exercise on grassy or soft terrain (such as tracks) and avoid working out on pavement.

DEAR DR. GOTT: I have been prescribed Hytrin (2 milligrams a day) to correct a prostate problem of frequency and urgency. Yet, I still have to urinate two or three times a night. Would I be better off taking an over-the-counter herbal remedy?

DEAR READER: I don't believe so.

As part of the aging process, most men will sooner or later develop symptoms of prostate enlargement, including frequency, hesitancy, urgency, weaker stream, and nocturia (nighttime urination). Hytrin is a prescription drug used to relieve such symptoms. However, there is no standard, effective dose. Some men

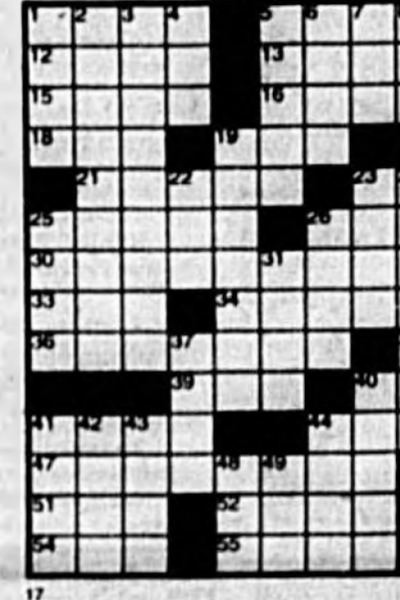
respond to 1 or 2 milligrams; others may require 4 or more.

Most urologists start with a low (1 mg.) dose and, at periodic intervals, increase it until symptoms are controlled.

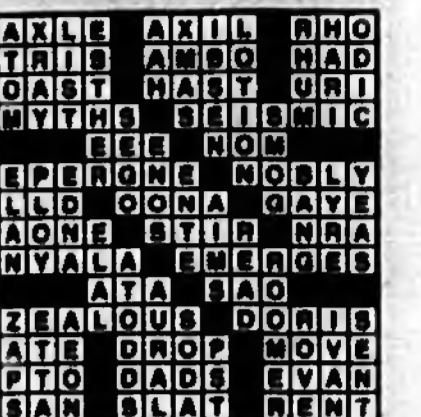
If I were you, I'd work with the urologist to step-up the dose of Hytrin, assuming that appropriate testing has proved that the prostate enlargement is benign and not cancerous. I think the Hytrin would produce more beneficial results than using an herbal remedy.

- ACROSS**
- 1 Stopping
 - 5 Out of danger
 - 9 Brit. Navy abbr.
 - 12 Sloth
 - 13 Chicken
 - 14 Motorists' org.
 - 15 Auld — Synn
 - 16 Visionary
 - 18 Old age
 - 19 Fair grade
 - 20 Other
 - 21 Zee Zee
 - 22 One — kind
 - 23 Wading bird
 - 26 Like a fox
 - 30 Footstness
 - 32 Ship-shaped clock
 - 33 Kith and —
 - 34 Make narrower
 - 36 Rapture
 - 38 Ceremonies
 - 39 Frothy brew
 - 40 Quo — ?
- DOWN**
- 41 Scold
 - 44 Edges
 - 45 Light
 - 47 Not deserved
 - 50 And others (2 wds.)
 - 51 Negative word
 - 52 Worm
 - 53 Cold Adreatic wind
 - 54 Car fuel
 - 55 Idol
 - 56 — Mawr
 - 1 Govern
 - 2 Painkiller
 - 3 Types of oranges
 - 4 Kind of dog
 - 5 Tommy Moo, e.g.
 - 6 Helper
 - 7 Lawyer's charge

STUMPED? Call for Answers 9 Teach tone or Rotary Phones



Answer to Previous Puzzle



- ACROSS**
- 8 Actress —
 - 9 Great
 - 10 Church
 - 11 service
 - 12 Fiat
 - 13 Jump
 - 14 Shaped like a pylon
 - 15 — voyage
 - 16 Baseball events
 - 17 Venus —
 - 18 Marine fish
 - 19 Like climbing plants
 - 20 Starter
 - 21 Indispensable
 - 22 News
 - 23 It's on your face!
 - 24 Cucumber
 - 25 Bye-bye
 - 26 Author
 - 27 Core —
 - 28 Pealed
 - 29 Small forest
 - 30 Tennis-court dividers
 - 31 Star Wars princess
 - 32 Actor Aldo
 - 33 Confederate soldier
 - 34 Gun grp.
 - 35 Records

WIN AT BRIDGE

No bad trump break

By Phillip Alder

(One of my favorite lines — stolen, I believe, from Eddie Kantar — is that if you need some help from the defenders, it is advantageous to be playing against your relatives. They will ride to your rescue. However, if P.G. Wodehouse is right, perhaps you should pick someone other than an aunt. As Plum wrote, "Many a fellow who looks like the dominant male and has himself photographed smoking a pipe, curls up like carbon paper when confronted by an aunt.")

Freddie North, an English expert, has written many bridge stories featuring Aunt Agatha. Here is a deal from "Bridge with Aunt Agatha" (which is subtitled "Technique Without Tears"). Look just at the North hand. Your partner opens one

no-trump, showing 16-18 points. What is your bidding plan?

North — the player, not the author — opted to use Stayman and raise spades immediately to a small slam.

North — the author, not the player — led the heart ace. Then he sat back and waited for his trump trick: one down.

"Devilishly unlucky," complained South.

"Daft bidding, I call it," interjected Aunt Agatha, who was East. "When you have the values to bid six no-trump directly, why go looking for a four-leaf clover?"

Although one example doesn't prove much, when you have two balanced hands opposite each other and full-weight high-card values for either game or slam, it is often better to play in no-trump. There, you cannot walk into a foul trump break. In this deal, South has 12 easy tricks in no-trump: three spades, one heart, four diamonds and four clubs.

North 16-17 97

♠ A 8 5 3
♥ K 7 4
♦ A K 7 2
♣ K 5

West East

♠ J 10 7 4 ♠ 9 6 3 2
♥ A J 10 ♥ 9 8 5
♦ 9 6 4 3 ♦ 8 5
♣ 8 6 ♣ 9 7 4 3 2

South

♠ K Q 9 2
♥ Q 8
♦ Q J 10
♣ A Q J 10

Vulnerable: North-South
Dealer: South

South	West	North	East
1 NT	Pass	2♠	Pass
3♠	Pass	6♠	All pass

Opening lead: ♥ A

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HOROSCOPE



Wednesday, June 18, 1997

In the year ahead you'll have greater latitude in influencing conditions that affect your resources. Your income will be relegated by your determination and enterprise.

GEMINI (May 21-June 20) You will feel restless and unfulfilled today if you do not use your time efficiently. Do something constructive so your report card doesn't show zero at day's end. Gemini, treat yourself to birthday gift. Send for your Astro-Graph predictions for the year ahead by mailing \$2 and SASE to Astro-Graph, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10158. Be sure to state your zodiac sign.

CANCER (June 21-July 22) Complicated dealings with others today should work out better if they are conducted in the afternoon. Try to position yourself accord-

ingly. **LEO (July 23-Aug. 22)** This may be a good day to close a matter in which a friend owes you something that is now past due. Expect a positive result and behave accordingly.

VIRGO (Aug. 23-Sept. 22) Do not be reluctant today to assert your ideas if you think they are better than your comrades'. There is a very good chance you are right.

LIBRA (Sept. 23-Oct. 23) Ways to make or save money should be given top priority today. You have the gift of turning things of nominal potential into something substantial.

SCORPIO (Oct. 24-Nov. 22) Your newer interests are favored at this time. If you have something that recently piqued your imagination, devote plenty of time to it today.

SAGITTARIUS (Nov. 23-Dec. 21) Your objectives will be achievable today, but you may have to do some prodding to get others into the ball game. Do not let them drag their feet.

CAPRICORN (Dec. 22-Jan. 19) Friends will be favorably impressed by you today, because you'll back up your words with action. Your reliability will be greatly appreciated.

AQUARIUS (Jan. 20-Feb. 18) Once you focus your mind upon a specific objective today, you're not apt to be deterred. It is important, however, that your goal is worthwhile.

PISCES (Feb. 20-March 20) If you're contemplating a partnership arrangement today, be sure your cohort is as enthusiastic as you. Similar interests doubles the probability of success.

ARIES (March 21-April 19) Try to utilize your time productively and functionally today in ways that flex your mental and physical muscles. Try fixing something complex.

TAURUS (April 20-May 20) Others will find the warmth you radiate today extremely appealing. This is why people will gravitate to you when you make an entrance on the scene.

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ANNIE

