

# Sanford Herald

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89th Year, No. 200 - Sanford, Florida



Today: Partly cloudy. Highs in the upper 80s.

For more weather see page 5A

## TODAY

### BRIEFS

#### SHS student wins art award

SANFORD - Scott Horn, a recent graduate of Seminole High School, has won the top award in the 7th Congressional District Art Competition held on May 19.

Joe Hughes, also a recent SHS graduate, won third place honors for his artwork in the contest. Both young men will have their winning pieces displayed for a year in the corridor of the U.S. Capitol building.

Horn has been invited to Washington, D.C. for the opening ceremony in honor of the student winners in June.

Congressman John Mica recently presented the awards to Horn, Hughes and other Central Florida winners during a ceremony at the DeLand Museum of Art.

Both Horn and Hughes studied art with Fred Taylor at Seminole High.

#### Job fair

The Central Florida Job Fair will be held June 2 from 11 a.m. to 7 p.m. at the Mercado on International Drive, one half mile south of Sand Lake road. Experts estimate there are up to 3,000 positions available in the area. More than 100 companies are expected to participate. For information, call Allison Mosley at 445-9337.

#### First-time home buyers

Fannie Mae and local partners will announce a new source of funds for down payment assistance loans for Seminole, Orange, Lake and Osceola home buyers. The meeting will be held Saturday at 9:30 a.m. at 8632 Clairborne Court, Valencia Woods development, Orlando, at the site of one of the new homes available for purchase. For information, call 404-398-6284.

#### Amateur radio hour

The Lake Monroe Amateur Radio Society will meet June 5 at 7:30 p.m. at the Senior Citizens Center, Lake Triplett Drive, Casselberry.

The presentation will be "Soldering of Coax and Connectors" presented by Bob Cummings, W2BZY.

Club members will also review final plans for Field Day 1997 to be held June 28 and 29 at Lake Golden Park next to the Orlando Sanford Airport.

#### Open house

Broadway Gymnastics will host an open house today at 7:30 p.m., 601 East 25th Place, Sanford. Admission is free.

#### YMCA open house

The Seminole County YMCA will hold an open house May 31 from 8 a.m. to 2 p.m. at its family center in Lake Mary, 665 Longwood-Lake Mary Boulevard. There will be power aerobics, water aerobics, tricycle races and a family karaoke contest. Aerobics participants will receive a free T-shirt. For information, call 321-8944.

#### Road survey

The University of Central Florida will conduct a survey between now and the end of July regarding Central Florida's Expressway system. At least 1,600 people will be asked by telephone their opinions on road safety, if there is a need for a park and ride express bus service, and other questions. Final results, which should be available in August, will be used to evaluate existing service and for setting policy.

From Staff Reports

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Only passions, great passions, can elevate the soul to great things.

-Denis Diderot

# Let's talk...

## About crime

By STEVE BARNES  
Herald Staff Writer

SANFORD - At a town hall meeting in Sanford on Thursday evening, Florida House Representative Tom Feeney-R, District 33, blasted liberal judges and blamed the Florida Supreme Court for blocking efforts to reduce violent crime in the state.

According to Feeney, two years ago Florida enacted STOP (Stop Turning Out Prisoners) in an effort to increase the minimum amount of time inmates would serve before being eligible

See Crime, Page 5A



Rep. Tom Feeney (left) listens to citizens' concerns at his town hall meeting at Sanford City Hall Thursday. Tom Carpenter, (right), asks about white collar crime. Sanford Commissioner Kerry Lyons is in the background. Below: Jessie and Ernie Whitaker listen as Feeney addresses adult entertainment.



## About adult entertainment

By STEVE BARNES  
Herald Staff Writer

SANFORD - Adult entertainment was once again in the spotlight, this time at an informal town meeting held by Florida House Representative Tom Feeney-R, District 33. The meeting, which was held last night at the Sanford City Commission Building, drew a small but spirited crowd.

Ernie and Jessie Whitaker of Sanford, asked Rep. Feeney what could be done to stop the proposed rezoning of the area along Beardall Road from M-1 to M-2. The proposed change would create an area designed to accommodate adult entertainment facilities

which have come under increasingly harsh attacks by citizen groups and the Seminole County Commission.

The Whitakers have lived along Beardall Rd. for the past 20 years. They said they are not necessarily opposed to the existence of lupish clubs and similar operations, but feel the area being proposed is not appropriate for such establishments. According to Mr. Whitaker, many of the homes in the area have been there since the early days of Sanford. He says the quiet, rural feel of the area would be threatened by the presence of such clubs. Mrs.

See Adult, Page 5A

## An ordeal to remember



Above: Convenience store owner Thau Netuyen explains to Sanford Police officers that two gunmen robbed her store. Right: SPD Crime Technician Bill Stead gingerly handles the weapon found in the Pontiac police said the robbers used as a getaway car.

## Police nab one suspect in armed robbery

By STEVE BARNES  
Herald Staff Writer

SANFORD - "He shoved the gun in my face and yelled, 'Give me all of your money,'" said Thau Netuyen, owner of the C&D convenience store on 11th Street, which was robbed Thursday morning by two masked gunmen.

According to Netuyen, the two black male suspects burst into her store just after she opened the door at around 10:30 a.m. The men

See Robbery, Page 5A



## County rescue service tops the field

### Will commissioners agree?

By RUSS WHITE  
Herald Staff Writer

SANFORD - Aren't the facts, and the true numbers in - and the whole bloody feud over Seminole County's emergency medical services resolved?

Hold on to the ambulances! Fact: the county's fire-rescue division was ranked first Thursday by the committee reviewing proposals for providing EMS services.

Fact: an outside firm hired to conduct the RFP concluded the "real" cost of providing services was \$800,000 lower than the county estimated.

Fact: the firm of Deloit & Touche, brought into the fray by County Commissioner Win Adams, made its call Thursday - ranking the county's division over two private companies in the bidding.

Fact: the call goes to the Board of County Commissioners who must

accept or reject the rankings. Fact: Adams this morning labeled the rankings, "very interesting but not conclusive."

Add to this a terse reply from Commission Chairman Randy Morris that, "It's time to rise above the politics and resolve this issue once and for all. The facts are here now. Commissioner Adams called for Deloit & Touche, which has made it's call. Why do I sense this isn't over?"

Although its double victory Thursday may not signify game, set and match, the county's fire divi-

sion officials are elated that today the score certainly seems to stand in their favor.

"It's refreshing to see that not only are we supported by the community but now one of the nation's leading auditing firms has confirmed our cost-efficiency," Seminole County Fire-Rescue Chief Terry Schenk said.

The county's fire-rescue bid deliberately overestimated costs, Schenk said. "We tried to be very conservative putting together our bid. We took every precaution. We

See Rescue, Page 5A

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Ed Posey, director of the Central Florida Zoo, accepts a state grant check from Elisa Rohr, Bob Stark's legislative assistant.

## Zoo gets education money

By VICKI DeSORMIER  
Herald Senior Staff Writer

SANFORD — The Central Florida Zoo received a check for nearly \$8,700 from the state's Division of Cultural Affairs recently.

The money, which will be directed toward the zoo's educational programs, is the last installment of a \$44,721 allocation granted to zoos and science museums.

The grants are awarded following an application and panel review of the projects and offerings.

"We use our money for just regular education programs," Andrea Farmer, director of marketing and public rela-

tions said.

The zoo has a plethora of education programs both at the zoo and in the community. Most of the teachers, in fact, are volunteers, but the program produces and purchases materials used to help emphasize the information being taught.

Some salaries can also be paid out of the grant money.

The grant money is being used, according to state law, to augment, not to replace, the zoo's general operating budget.

The Science Museum grant was established in 1989 to provide general financial assistance to science museums, including zoos, around the state.

# Kick back, relax for the weekend



Today is...  
VICKI DeSORMIER  
Staff Writer

After a week with little historical stimulation, we can promise you a weekend of pretty much the same thing.

So kick back and relax this weekend. Save up your strength.

While it may not say so on the calendar, it is summer after all and you deserve a little time to be lazy.

Of particular interest to those of us trapped here in the newsroom, however, is today's anniversary of the publication of the first American daily newspaper.

On May 30, 1783, the readers of Pennsylvania had the chance to flip through the pages of the *Pennsylvania Evening Post*. The newspaper was published by Benjamin Towne.

Thus began the fine tradition of the daily newspaper. And

like all great publications, it was an afternoon read.

But, don't read your newspaper while you're driving.

Friday is also National Fender Bender Awareness Day.

It seems to me that I was aware of it every time I was involved in a fender bender, but the insurance industry wants to make sure we are more aware of what to do when we're involved in an automobile fender bender.

The event is dedicated to the first automobile accident, which occurred on this date in 1896 in New York City. While driving in a Duryea Motor Wagon, Henry Wells of Springfield, Mass., collided with Evelyn Thomas, a bicyclist. Neither was reading a newspaper at the time the accident took place.

Today is the anniversary of the opening of the Hall of Fame for Great Americans. The first great American was inducted into this shrine on May 30, 1901.

I'm still waiting for word of my inclusion in the Hall (Guess I shouldn't hold my breath).

The Lincoln Memorial was dedicated 75 years ago and

this is the traditional day to celebrate Memorial Day. No, you can't have another day off.

On Saturday, you'll have the chance to clear your head, rest your ears and refresh your lungs.

It is, among other things, National Save Your Hearing Day. Heh? What'd you say?

In observance of the last day of Better Hearing and Speech Month, those in the know have set this aside as a day to make us aware of the importance of saving our hearing.

And it's a good day to do absolutely nothing if you want.

National Time Out Day is a celebration of the rarest commodity for any of us: time.

Saturday is the day to take time out to play with your children. Spend time with a friend, visit your mother, read a good book or do whatever it is you never seem to have the time to do.

That is, if you have the time to spare.

And, finally, Saturday is National No Tobacco Day.

Put away your cigarettes,

put out the cigar, clean out that pipe and pull that plug out from between your cheek and gum.

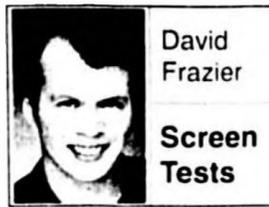
The World Health Organization is trying to see to it that everyone on the planet stops smoking for a day. We can all breathe easier if that happens!

This weekend also offers a variety of birthday celebrations among the rich and famous.

On Friday, you can celebrate restaurant executive Bob Evans, 79, (can you guess which chain he founded?), football Hall of Famer Gale Sayers is 54, actor Stephen Tobolowsky is 46 and actor Blake Bashoff is 40.

On Saturday, actress Brooke Shields will be 32, composer/singer Peter Yarrow will be 70, Terry Watter (former hostage in Lebanon) will turn 58, Don Lytle (better known as Johnny Paycheck) will be 56, actress Lea Thompson will be 46, football Hall of Famer (another one!) Joe Namath will be 54 and actor/former mayor of Carmel, Calif., Clint Eastwood will turn 61.

# Movie turns into a real error of comedy



David Frazier  
Screen Tests

**Trial and Error** (PG-13) Since Jim Carrey is opting for a more dramatic track in his film career, an opportunity presents itself for Michael Richards, the comedian who has played Kosmo Kramer for eight years. Two of those were Emmy winners on the TV sitcom *Seinfeld*. Richards possesses a similar comic style, a little bit tamer though, to Carrey that could catapult him to becoming the next big comedic actor in Hollywood.

An admirable start to that achievement is Richards' lead performance in Jonathan Lynn's new comedy *Trial and Error*. Richards plays actor Richard Rieth, who wants to throw a blowout bachelor party for his lawyer buddy Charles Tuttle (Jeff Daniels). Charles has recently been appointed as a new partner in the law firm of his future father-in-law. Rieth's plans take a dive when the boss tells Charles to "Go West, my son" and attend a hearing to ask for a continuance in a case involving a fraudulent bilker (Bip Torgil). But Rieth is determined to make Charles have one more night of fun before succumbing to the yows.

Rieth, along with some actor friends from his class, beat Charles to his destination in order to surprise him. He's surprised, alright, but not happy. They want to party, and he needs to get up early for court. But Charles breaks down and off they go for a night on the town. Four punches to the face and a few



Michael Richards, left, and Jeff Daniels, right, star in *Trial and Error*, which opens today.

drinks later, Charles is lying in bed in no condition to be doing anything.

He asks Rieth to impersonate him in the hearing. He's an actor, right? All Rieth has to do is ask for a continuance, but as luck would have it, things are not in accord. The stunning prosecuting attorney (Jessica Stern) is adamant about having the trial pushed forward. And the judge (Austin Pendleton) obliges. What follows is total chaos as Rieth turns the court upside down with trying to act like a lawyer without letting the court in on the charade. Meanwhile, Charles, whether in or out of the courtroom, can only serve as a spectator while his career-defensive case is defended by his actor friend.

*Trial and Error* is another switched identity movie that works best in the courtroom scenes. Here, we get to see

Richards' full potential for carrying a movie. He's hilarious and steals almost all the top passages, except for which Torgil's con artist boss (Richard) I would have been surprised if these scenes came off flat since the movie was directed by Jonathan Lynn, who played up the courtroom comedy so well in *My Cousin Vinny*.

Unfortunately, I can not recommend *Trial and Error* due to the fact that the screenwriters try their hand at more than comedy here and it doesn't work. Charles Tuttle, we infer, is really not happy with his current situation with the wedding to the boss' materialistic daughter (Alexandra Wentworth) and starts to reevaluate his life after meeting a beautiful waitress, played strongly by Charlize Theron (*2 Days in the Valley*). This touch of drama in the film was not sharply written along with

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# Tell us your story

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Requests for photo coverage should be made at least three days in advance by calling our office. Your organization's publicity person should arrange for photo coverage and submit a news release about the event no later than three days following.

Engagement and wedding forms are available at our office. If desired, these may be accompanied by a black and white or color photo. These stories are usually run on Sundays and should be submitted on Tuesday before the publication date. Weddings more than three months old will be published in announcement form without a photo.

Our address: The Sanford Herald, P.O. Box 1667 or 300 N. French Ave., Sanford, 32771. Phone: 322-2611. Fax: 323-9408.

## WEATHER

### LOCAL FORECAST

Today: Partly cloudy. Highs in the upper 80s. Tonight: Lows in the low 70s. Saturday: Scattered thunderstorms. Lows in the mid 70s. Highs in the mid 80s. Sunday: Scattered thunderstorms. Lows in the low 70s. Highs in the mid 80s. Monday: Scattered thunderstorms. Highs in the mid 80s. Lows in the upper 60s. Tuesday: Scattered thunderstorms. Highs in the upper 80s. Lows in the upper 60s.

### BEACH CONDITIONS

Daytona Beach: Waves are 2 to 3 feet and rough. Current is running to the south with a water temperature of 78 degrees.

New Smyrna Beach: Waves are 2 feet and rough. Current is running to the south with a water temperature of 75 degrees.

Sunset..... 8:08 p.m.  
Sunrise..... 6:35 a.m.

### TIDES

**SATURDAY SOLUNAR TABLE:** min., 5:25 a.m.; 5:40 p.m.; max., 11:30 a.m.; 12:05 p.m.

**TIDES: Daytona Beach:** highs, 9:20 a.m., 9:30 p.m.; lows, 3:45 a.m., 3:50 p.m.

**New Smyrna Beach:** highs, 9:25 a.m., 9:35 p.m.; lows, 3:50 a.m., 3:55 p.m.

**Cocoa Beach:** highs, 9:40 a.m., 9:50 p.m.; lows, 4:05 a.m., 4:10 p.m.

### FLORIDA TEMPS

City	Hi	Lo	Rain
Alachua	82	61	0
Apalachicola	72	66	0
Daytona Beach	82	66	0
Fort Lauderdale	82	66	0
Fort Myers	86	67	0
Gainesville	85	65	0
Jacksonville	82	65	0
Key West	81	67	0
Miami	81	66	0
Orlando	81	66	0
Sanford	81	66	0
Tallahassee	81	66	0
Tampa	81	66	0
W. Palm Beach	81	66	0

### SUN INDEX

The Ultra Violet Index (UVI) rating for Orlando is 9.

The UVI exposure levels are rated by the Environmental Protection Agency.

### STATISTICS

The high temperature in Sanford Thursday was 84 degrees and the overnight low was 68 as reported by the University of Florida Agricultural Research and Education Center, Celery Avenue.

Recorded rainfall for the period, ending at 10 a.m. Friday, totalled 0 inches.

**Sanford Herald**

Friday, May 30, 1997  
Vol. 89, No. 200

Published Tuesday through Friday and Sunday by The Sanford Herald, Inc., 300 N. French Ave., Sanford, Fla. 32771.

Periodical Postage Paid at Sanford, Florida and additional mailing offices.

Postmaster: Send address changes to THE SANFORD HERALD, P.O. Box 1667, Sanford, FL 32772-1667.

Subscription Rates (Daily & Sunday):  
Home Delivery: 1 Month \$19.50, 3 Months \$54.00, 6 Months \$99.00, 1 Year \$198.00.  
Mail: 1 Month \$24.00, 3 Months \$69.00, 6 Months \$126.00, 1 Year \$252.00.

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### LOTTERY

Here are the winning numbers selected on Thursday in the Florida Lottery.

Fantasy 5  
8-9-12-13-20

Cash 3  
7-5-8  
Pick 4  
7-3-3-7

# Historical society tracks a fun look back at trains

In addition to presenting some historical facts about area railroads, a panel of long time railroad employees entertained the Sanford Historical Society with their sometimes humorous experiences.

Rudy Sloan acted as moderator with help from Joe Jarrell and Ollie Owens.

They explained that there were five different railroads servicing Sanford before Henry Plant consolidated them into the Plant System in the early 1900s. These lines, which hauled mostly produce and freight, went west into Lake County and also east through the celery fields. Most of this was seasonal work, so employees sometimes had to be laid off, but business really picked up throughout Florida during World War II with so much equipment to be hauled.

It was noted that the railroad shop was at French Avenue and Sixth Street on the present site of Scotty's. This was where the engines were turned around on turn tables.

Mr. Sloan began his career in 1942 as a railroad fireman who wore overalls and goggles and shoveled coal into the firebox. He explained that through experience he learned the amount needed. He later became an engineer and retired in 1983.



GRACE M. STINE-CIPHER

Joe Jarrell was an engineer for 50 years who was acclaimed by the others as one of the greatest steam engineers in the state. The steam engine disappeared in 1951 and was replaced by the diesel. When he retired in 1976 he was number one on seniority and was able to choose his own schedule.

Mr. Owens, a conductor for 38 years, showed the group one of his kerosene lanterns and also his conductor's case complete with schedules, orders and other forms. One of his jobs was to enforce written orders for the areas through which the train passed. Perhaps the train was to not exceed 10 mph, or he was to watch for slides after a rain or he was to look for rail laying.

Everyone recalls the famous railroad watch. Well, Mr. Owens had to have his checked

and regulated by Mr. McLaughlin, jeweler, and later Mr. Kader, once a week. This was to insure that the trains would run on time.

The group agreed that they worked with many excellent men and that Sanford had the best reputation of having the best railroad employees anywhere.

In later years, trucks have taken over most of the freight service and airplanes and cars have replaced passenger service.

Quite an extensive collection of railroad memorabilia was displayed which included china and silverware from the Champion and postcards of trains, stations and Sanford scenes.

At the conclusion of the program Mr. Sloan presented several items of memorabilia to the society and Sanford Museum.

During the society's business meeting presided over by Millard Hunt, the calendar committee reported that they were in the process of picture selection for the 1998 calendar. The publications committee is researching the procedure for publishing *True Grits, What Else?*, by Dr. Charles Park, plus other endeavors.

Alicia Clarke, Sanford Museum curator, reported that 50 people took the guided tours of the residential and commercial

Historic districts conducted on May 17. This was a part of area events called "Spring into History" and were conducted by Miss Clarke and Betty Canavino.

A field trip to the Imperial Tombs of China Exhibit at the Orlando Museum of Art was planned for August. Those who wish to attend must contact the museum (302-1000) by June 6.

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## POLICE BRIEFS

### Retail theft

Theresa Butts, 30, of 1516 Mullberry Ave., Sanford, was arrested Wednesday by Sanford Police. Butts was charged with retail theft and arrested in the 3650 block of S. Orlando Ave.

### Stolen property

Jeffery Aukerman, 27, of 301 E. 5th St., Sanford, was arrested Wednesday by Lake Mary Police. Aukerman was charged with dealing in stolen property, burglary to structure/conveyance unarmored and fraudulent use of credit card and arrested in the 230 block of Rinehart Rd. Police linked Aukerman to the above crimes before the arrest.

### Drug charges filed

Howard Carter, 23, of 152 Bethune Cir., Sanford, was arrested Wednesday by Sanford Police. Carter was charged with sale and delivery of a controlled substance (crack cocaine) and possession of cocaine with intent to sell. He was arrested in the 410 block of E. 1st St. Report said that he was arrested as part of an ongoing sting operation.

### Burglary arrest

David Dobbs, 30, of 401 Plumosa Dr., Sanford, was arrested Thursday by Sanford Police. Dobbs was charged with burglary to structure and arrested in the 2590 block of S. Sanford Ave. Report said that a witness saw Dobbs burglarizing business.

### Incidents

Assorted change totaling \$20 was taken from a business on Wednesday in the 2610 block of S. French Ave.

Jewelry was stolen from a residence in the 630 block of Rosehill Cir. totaling \$235 on Thursday.

A Nikota cell phone and car radio was stolen from a vehicle on Wednesday in the 2110 block of S. Lake Ave. The items totaled \$175.

A Craftsman lawnmower, a Ryobi edger, a Homelite gasblower, two Boss bikes, were stolen from a residence on Wednesday in the 810 block of Park Ave. All items totaled \$975.

Garden tools and a broom totaling \$60 was stolen from a residence on Wednesday in the 130 block of Academy Ave.

An 89 gray Chevy Caprice, four door, license plate number VLJ565 with a ratchet set, grinder and briefcase worth \$160 was stolen Wednesday from the 400 block of W. Seminole Blvd.

Jewelry totaling \$2000 was stolen Wednesday from a residence in the 100 block of Sand Pine Cir.

### Retail theft reported

Anita Montagna, 33, of 1848 Western Rd., South Daytona, was arrested Tuesday by Sanford Police. Montagna was charged with retail theft and was arrested in the 300 block of Towne Center Cir. Report said that Montagna concealed merchandise in her blouse valued at \$22.50.

### Incidents

A stereo system valued at \$727 was stolen from a vehicle Tuesday in the 2500 block of Jewett Lane.

A steel advertisement sign valued at \$700 was stolen Tuesday in the 9600 block of Orlando Dr.

A grey and red Craftsman lawnmower was stolen from a residence Tuesday in the 1100 block of W. 1st Street.

A 14" color TV was stolen from a residence Tuesday in the 200 block of Windsor Cir. It was valued at \$100.

One book and a number of checks valued at \$5 was stolen from a residence Tuesday in the 470 block of Hansom Pkwy.

## Hole-in-one marked at memorial golf tourney

By DAVID FRAZIER  
Herald Staff Writer

LAKE MARY- Dave Green, of Lake Mary, will soon be tearing through wakes in lakes and rivers throughout Central Florida.

Green was the recipient of a 1997 Yamaha GP 760x-wave runner Thursday. He won the wave runner after a stunning hole-in-one at the Hugh E. Thomas, Jr. Memorial Golf Tournament that was held April 10 of this year at Sabal Point Country Club in Longwood.

The wave runner was the prize on the particular hole Green on which Green made the shot. On a par 3, pin set at 193 yards, Green stepped up and made one of the most coveted, let alone improbable, scores in golf the ace. Green has been a major sponsor playing in the tournament since its inception in 1989.

That's also the year that the Hugh E. Thomas Fund Inc. was established. Incorporated in October 1989, the fund is a non-profit organization in memory of Seminole County Deputy Hugh E. Thomas, who was shot and killed in the line of duty March 28, 1989. The fund provides educational programs to children in all areas of safety abuses and drug awareness. The fund provides scholarships for candidates who aspire to attend Seminole Community College Police Training Academy. The fund also participates in projects that directly assist public safety families who have encountered catastrophic problems.

Some of the past accomplishments of the Hugh E.

Thomas, Jr. Fund, Inc. include 14 scholarships that have been awarded. The fund assisted law enforcement families directly affected by Hurricane Andrew; a local law enforcement family with medical equipment needed for a very sick child. It also sponsored 12 law enforcement officers to be tested for a bone marrow transplant for a sick child as well as assisted children of an officer who also died in the line of duty.

One of the most significant projects that the fund has undertaken is the Deputy Hugh Says Fun Book. The book was developed to educate our children on safety, citizenship and family values. As the Hugh E. Thomas, Jr. Fund, Inc. is law enforcement related, the fund recognizes that a great many of our crimes are committed by the juveniles of today; therefore, the fund feels that the education of youth is of the highest priority. The book has been distributed since April 1994 in all Seminole County Elementary Schools, day care centers, hospitals, doctor offices, restaurants and church bible schools. The books are also being given out by police officers while patrolling. To date the fund has distributed in excess of 100,000 fun books. Volunteers do all efforts by the Hugh E. Thomas, Jr. Fund, Inc.

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# Editorials/Opinions

## Sanford Herald

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## EDITORIAL

### Lawmakers got tough on crime

Gov. Lawton Chiles and the Florida Legislature must be commended for their tough stance on crime in this year's session.

Bills becoming law this morning include chemical castration for two-time rapists and one that could impose a mandatory prison sentence on criminals committing and found guilty of violent felonies within three years of release from prison. The Legislature also has given judges more discretion in sentencing, lifting the cap on appropriate lengths and mandating only a minimum time a prisoner must serve for an offense. In unusual cases, judges may impose longer sentences. Our own Rep. Tom Feeney, a proponent of getting tough on crime, introduced a bill that would put some teeth into the three strikes bill introduced in an earlier session.

Money has been allotted for building more prisons over the next 10 years. It is, however, a sad commentary that our lawmakers must expend the energy and money on an ever growing crime problem.

In a perfect world, of course, the money would be spent on education. Unwed and unprepared teens would not become pregnant, only to depend on the state instead of a life partner in the baby's father; parents would raise children with strong ethics and compassion for other humans and animals; moral strength would preclude persons from committing the crimes the legislators and legal system must now try to control.

In this imperfect world, we laud those legislators for a job well done. Until we can successfully restore a sense of ethics in all children, until all adults intrinsically value themselves more than common criminals, a tough stance on crime is the weapon we must use to combat it.

## MORTON KONDRACKÉ

### Book does hatchet job on Congress

Shame on Simon & Schuster. At a time when Congress and journalism are struggling to regain public trust, its subsidiary Pocket Books has just published a book that will hurt them both.

The book, "Inside Congress" by Ron Kessler, is an ill-sourced hatchet job on Congress that accepts as fact every salacious scandal tale ever spread on Capitol Hill. And it represents, in hard cover, everything Americans hate about the way journalism is practiced today.

On ABC's "Good Morning America," Kessler defended his book by saying that he'd interviewed 350 people and "on the record," they describe an out-of-control situation, wild sex, orgies in the Dirksen attic, just out of control corruption, hypocrisy, total sleaze." It gives you some flavor of the journalistic standards endorsed by Simon & Schuster to know that the alleged orgies in Dirksen took place 20 years ago. On the record, Kessler quotes one former Capitol Police captain as saying that "Senators participated," but checks the story no further.

In a chapter-length example of one-source reporting, Kessler gives total credibility to the former chief administrative officer of the House, Scot Faulkner. Kessler uncritically



Kessler shows no evidence of having contacted those bosses.

repeats Faulkner's claims to have been a heroic financial reformer stymied by his elected bosses from wiping out waste and fraud.

Kessler shows no evidence of having contacted those bosses, notably Rep. Bill Thomas, R-Calif., chairman of the House Oversight Committee, to discover their views on how ineptly Faulkner ran his office -- to the point that unpaid bills got members' cellular phone service canceled -- and how he connived to get Thomas ousted as his superior.

The Washington Post's Sunday magazine printed a version of the Faulkner chapter last

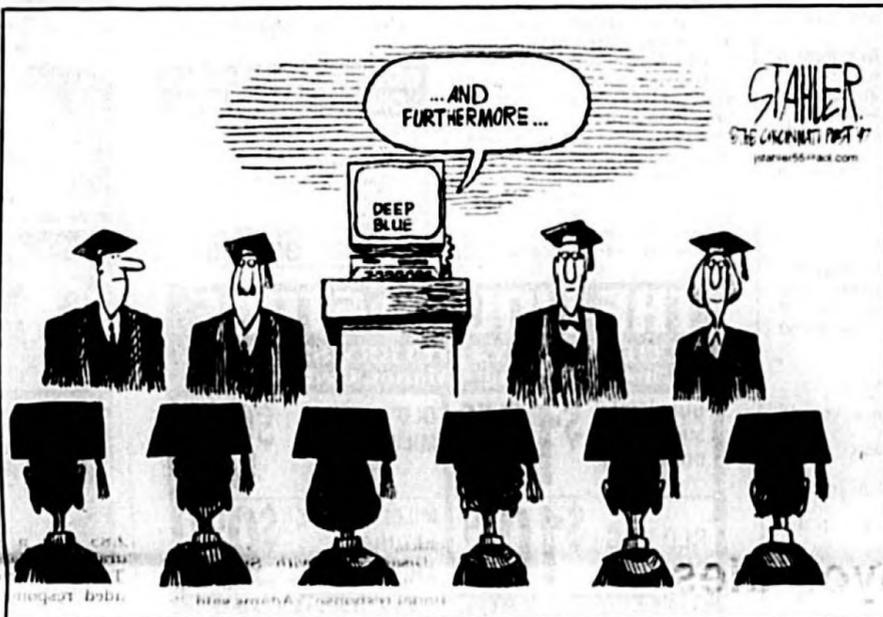
week, also leaving readers clueless that there is another side to the story.

The book leads off by recounting every sex and drinking scandal in congressional memory and accepts as fact a lame, one-source allegation of sexual harassment against Rep. Sonny Bono, R-Calif. But worse, it defends tabloidism as the standard for political journalism.

Kessler lauds supermarket sheets like the Star and National Enquirer for breaking the Gennifer Flowers and Dick Morris sex scandal stories, and blasts the mainstream press for, among other things, spiking information about Bob Dole's extramarital affair during his first marriage.

Arguing that anything in a politician's private life should be used as evidence of his character as an office-holder, Kessler is advocating (and indulging in) peeping-Tomism as the new standard for political journalism.

This, at a time when the Pew Research Center finds that 65 percent of the public thinks that press coverage of the personal and ethical behavior of politicians is excessive.



## SARA ECKEL



It is curious that in a culture where the idea of the family is so exalted, the actual lives of families are so difficult.

### When time is the enemy

One of the most loaded words in American culture is "family." And both the left and right claim that institution as their own. It makes good political copy to say you are pro-family, just as being accused of being anti-family is one of the worst possible slams.

So it is curious that in a culture where the idea of the family is so exalted, the actual lives of families are so difficult. Parents are overworked and stressed to the limit. Children feel angry and neglected. And community support is quickly eroding.

In her new book, "The Time Bind," Arlie Russell Hochschild provides a provocative thesis on what exactly is happening to the American family. Hochschild, a professor of sociology at the University of California, Berkeley, spent three years studying a Fortune 500 company with a stated policy of being family friendly. Her aim was to figure out how such policies translated into the real world.

Parents at the company, to which she gives the pseudonym Amerco, had very positive feelings about their employer and were proud that it had progressive programs such as telecommuting, flextime, paternity leave and part-time work with benefits. However, the vast majority were utterly reluctant to take advantage of programs, despite the fact that survey after survey revealed that Amerco parents said that they had difficulty balancing the demands of work and family.

Although they are varied and complicated, Hochschild identifies two main explanations for this contradiction. First, she found that despite the colorful brochures encouraging parents to consider family-friendly policies, the truth was that Amerco executives gauged its employees' dedication to the company by the number of hours they spent at work. And many Amerco employees believed that their careers would suffer if they opted for shorter hours or a more flexible pace.

Even more compelling was the fact that many working parents admitted that they enjoyed being at work more than they did being at home. After all, at work there were promotions, recognition ceremonies, friendly co-workers, birthday parties. At home, there were thankless tasks, needy children, and frequently an ongoing war with the spouse about the division of household chores. Many Amerco men, for example, were reluctant to take on the "second shift" responsibilities of home and children at the end of the day. Their wives retaliated by putting in for overtime or working later hours, thus forcing their husbands to deal with domestic matters.

The result was a vicious circle in which both husband and wife felt more satisfied and more appreciated at work than at home. Because they spent more time at the office, employees could often work at a relaxed pace, taking time to joke with co-workers or attend a baby shower or two. Home, on the other hand, was getting less time and becoming more stressful -- with rigidly scheduled dinner hours, bath times and story times. In essence, the very nature of the two places became reversed, with work feeling more like "home" and home more like "work."

Of course, Hochschild's thesis does not apply to every working parent. Certainly there are many employees across the country whose workplaces are far from

See Eckel, Page 5A

## Berry's World



"We have just religion enough to make us hate, but not enough to make us love one another." - Jonathan Swift (1711)

## ELLEN GOODMAN

### States should practice abstinence

BOSTON--I have always had a soft spot for the folks who preach abstinence. For one thing, I like their rap lines. You know, "Pet Your Dog, Not Your Date." "Do the Right Thing, Wait for the Ring."

Then, too, they were also the ones who came up with the idea of "Secondary Virginity," which is a kind of biological annulment. This prompted a young lawyer in my family to ask, "Can you have a third or a fourth virginity? Or is it two strikes and you're out?"

In any case, I can happily agree with the rightest wing of this movement in lamenting the number of kids who start having sex far too young and far too unhappily with far too many consequences. Do teens need help saying no when all the messages around them, from media to partners, are saying yes, yes? Do they need adults to talk with them about waiting? Sure.

Why then do I find myself queasy when the government offers to pass out some \$50 million a year for educational programs that will teach abstinence only? Try the word "only."

In one of those after-hours maneuvers for which Washington is famous, a provision offering money for abstinence-only programs was sneaked into last year's welfare reform bill.

The logic that welded abstinence to welfare was that unwed teen moms often end up on AFDC. No sex, no teen moms. Ergo no welfare. Teach kids abstinence and nothing but abstinence.

Under the guidelines, any approved government program must have "as its exclusive purpose, teaching the social, psychological and health gains to be realized by abstaining from sexual activity." Exactly which sexual "activity" to be avoided--masturbation? French-kissing?--remains undefined.

But the guidelines do clearly say that kids must be taught that sex is only for marriage. Despite the fact that 90 percent of Americans--including parents and members of Congress--had their first sex outside of marriage, abstinence-only teaches that married intercourse is "the expected standard of human sexual activity."

To get government money, a program must even teach that unmarried sex is "likely to have harmful psychological and physical effects." If that sounds like legislated fear-mongering, a recent California study of abstinence programs bears it out.

In one "educational" video, a student asks what happens if he wants to have sex before marriage. The instructor answers, "Well, I guess you'll just have to be prepared to die."



No sex, no teen moms.

If the idea of federally funded disinformation is troubling enough, the lack of information is worse. Under these guidelines, abstinence-only programs can't teach about contraception. Nor talk openly and frankly about those banned "sexual activities." This "education" is monosyllabic.

I agree that abstinence should have a strong role in a comprehensive program. But this is all-or-nothing money, meant to replace any other programs, not enrich them with, say, an abstinence unit. The states have to find \$3 for every \$4 they get from Washington. And there's no reliable evidence the current abstinence-only programs reduce sexual activity.

Today we know a fair amount about kids who have early, too early, intercourse. They're likely to be physically mature, to come from poor single-parent families. The kids who delay sex tend to have mentors, to read and write better, to have fewer stereotypes about sex roles, to be busy and connected. I still think the best abstinence program is an after-school program.

But now the states have until mid-July to decide whether to ask for this hush money. Debra Haffner of SIECUS, the Sex Information and Education Council of the United States, says, "We are giving states the same advice we are giving teens. Abstain, and if you are not going to abstain, act responsibly."

So far all but half a dozen states have caved to peer group pressure. Some states like Maine want to use the money for a media campaign. Other say they'll use it to teach just the youngest kids. Still others are trying to find a creative end run around the restrictions. But even those states will have to take money from another pot.

Money, especially federal money, can be awfully seductive. It's hard to just say no to government dollars. But this is one time when states should practice abstinence--and not preach it.

# Tough laws pass muster

By VICKI DeBORRHO  
Herald Senior Staff Writer

On Thursday evening, Gov. Lawton Chiles signed or let pass into law without his signature nearly 200 bills which had been passed by the state legislature this session.

With a stroke of the governor's pen, teen rave (all night dance) parties were banned and tougher penalties were put into place for children caught with cigarettes and out-of-state companies who mail wine and beer to individual buyers in the state.

Many were surprised that Chiles, who has always been a moderate, so readily agreed with the bills put forth by the Republican-controlled state legislature.

But while he didn't veto the bills, Chiles also allowed two items to pass into law without his signature. Same-sex marriages are outlawed in the state, and Florida will not have to recognize a same-sex marriage legal in another state. Florida is the 24th state in the country to legislate against this.

And those convicted of rape more than twice will be subject to chemical castration as a

punishment.

Those items face uphill legal battles with the American Civil Liberties Union and a number of gay rights groups.

While traditional allies of the governor may see him in court over those matters, some who have often criticized his stance on social issues are now singing his praises. The Christian Coalition of Florida was pleased that he allowed the same-sex marriage ban to become law.

"The governor is doing the right thing by allowing this to become law," said John Dowless, executive director of the group. "Marriage is too important to play politics with."

The chemical castration bill is expected to reduce the number of sexual predators.

Teens who are caught with tobacco products will be fined \$25 and forced to attend school-approved anti-tobacco classes.

Chiles vetoed a few minor bills from the group. He refused to let pass a bill that would have allowed restaurant workers to not wear gloves if they used antibacterial soaps or sanitizers and another which would have made it voluntary for businesses to remit sales and use taxes to the state via electronic funds transfer.

## Crime

Continued from Page 1A

for parole. STOP requires prisoners to serve at least 85 percent of their sentence before they become eligible for early release. Prior to that, the average prisoner served only 38 percent of his original sentence. The plan was a great success, he said, until the Florida Supreme Court decided it would not be fair to prisoners already in jail to hold them to the new standard.

Feeney said the justices viewed the situation in the context of "contract theory", whereby criminals previously convicted had a reasonable expectation that they would only serve a third of their time. It would be unfair to now hold them accountable for serving the majority of their sentence. Based on this reasoning, approximately 4,000 of the state's 40,000 prisoners were released before they completed the remainder of their sentences.

Feeney said most of the early release prisoners would end up back in the jail anyway, but at the additional cost of more trials and more victims.

In response, the legislature passed a new law which would force prisoners released early to serve the remainder of their sentence if they are arrested again. Feeney said it remains to be seen whether the new law will also come under fire.

The Florida Supreme Court has also gone too far in protecting convicted murderers, said Feeney. The court requires a nearly endless number of death row appeals, without requiring proof that new evidence has been discovered. He said it is time to limit such appeals to cases in which new evidence is found within a reasonable period of time.

Today, the average inmate spends 14.5 years on death row before all appeals are exhausted, all at tax payer expense.

Feeney also said the legislature was to be commended for giving judges more flexibility in sentencing. Prior to this session of the legislature, judges had to comply with strict sentencing guidelines, which were established to promote parity in sentencing for similar crimes, regardless of the race of the perpetrator. The idea was well-intentioned, said Feeney, but it did not give judges enough flexibility to deal with unusual circumstances. The new regulations require minimum sentences but do not put as stringent limits on maximum sentences. Previously, said Feeney, if a judge went beyond the maximum limit, the case would be subject to appeal, and could result in an entirely new trial.

Feeney also praised the legislature for passing a bill which would allow Florida to use chemical castration, a process of injecting sex offenders with a chemical to reduce testosterone, thereby reducing the sex drive to the point that the person is no longer a threat. The bill became law this morning.

During hearings on the matter, a doctor testified on behalf of Secretary Singleton of the Department of Corrections that the treatment was unacceptable because it caused nausea and headaches in the men on whom the procedure had been performed. "You go tell the women and children who have been raped that you can't give these men a shot because it gives them a sick stomach. If you have a legitimate reason we shouldn't go forward with this, let's hear it. Otherwise, stop wasting time," Feeney replied.

## Former Sanford mayor dies

From Staff Reports

David M. Gatchel, 72, a former mayor of Sanford, died May 28, 1997 after a long illness at Florida Hospital in Altamonte.

Born Aug. 8, 1924, he was a lifelong resident of Sanford.

He served as a fighter pilot in World War II with the rank of captain and married his childhood sweetheart, Patricia, 51 years ago. He went on to graduate from Stetson University with a business degree in 1949 and joined the family business, a meat storage company.

In 1951, he was elected to the Sanford City Commission and later served as mayor in 1957.

Gatchel later served on the Seminole County Commission and was appointed to finish out a term as Circuit Court clerk in 1960.

Gatchel left Sanford in the early 1960s to work as city manager of Fernandina Beach, Delray Beach and Deerfield Beach. He returned to Sanford seven years ago when his health



David Gatchel in a photo taken in the early 1960s

begun to fail.

A member of the First United Church of Sanford, he is also

survived by his brother, Stewart Gatchel, of Sanford.

Funeral services will be held Monday at 3 p.m. at Gramkow Funeral Home Chapel in Sanford. Friends may call one hour prior to the service.

## DEATHS

**FRANCISKUS A.S. PHILIPPI**  
Franciskus A.S. Philippi, 86, Merlin Court, Casselberry, died May 29 at his residence. Born June 4, 1910 in Menado, Indonesia, he was a Central Florida resident since 1989. He was a maintenance man in the paper industry and a member of the Assembly Grace and Truth Chapel.

Survivors include wife, Suzanna D.; sons, Douglas, Avel, N.J., Francis, Lincoln Park, N.J.; daughters, Henrietta Pomtree, Memphis, Tenn., Eveline, Wallace, Winter Springs, Esther Franco, Longwood; eight grandchildren; two great-grandchildren.

Arrangements by Banfield Funeral Home, Winter Springs.

**FRED PAGANO**  
Fred Pagano, 78, Sheridan Avenue, Longwood, died May 29. Born Aug. 17, 1918 in Canastota, N.Y., he was a Central Florida resident since 1980. He was self employed in the toy manufacturing industry and a Catholic.

Survivors include wife, Pamela; four sons; two sisters; eight grandchildren.

Arrangements by Gaines

Carey Hand Garden Chapel Funeral Home, Longwood.

**ROBERT G. WILLIAMSON**  
Robert G. Williamson, 66, Abbott Avenue, Lake Mary, died May 28 at Fort Leonard Wood, Md. Born Oct. 17, 1930 in Benedict, Kan., he was Central Florida resident since 1971. He served in the U.S. Navy.

Survivors include wife, Joan; daughter, Pam Daugherty, Lake Mary; sons, Larry, Orlando, Keith, Lake Mary; sisters, Juanita VonPinnon and Patricia McFarland, both of San Jose, Calif.; brothers, Vernon, Campbell, Calif., Joseph, Palo Cedro, Calif., Max, Hamilton, Mont., Don, San Jose, Calif.; six grandchildren.

Arrangements by Gramkow Funeral Home, Sanford.

**LOUIE D. BRIDGES**  
Louie D. Bridges, 80, Willow Avenue, Sanford, died May 28. Born Nov. 20, 1916 in Terral County, Ga., he was a Central Florida resident since 1949. He was safety director for Blythe and Redwing Trucking and a member of Westview Baptist Church. He served in the U.S. Army during World War II and

## Eckel

Continued from Page 4A

home, and who would love nothing more than to stay at home with their kids. But by casting a sharp eye on the workers of Amerco, Hochschild has provided us with valuable insight into how we can truly become a nation that values children and families.

That won't be easy. For it first requires taking a look at our own lives, and realizing what the culture of workaholicism is doing to ourselves, our families and our communities. And it means not boiling the problems of work and family into pat political philosophies. Rather than criticizing working parents for spending so much time away from their kids, we need to look at why the office is so much more appealing than the home and what we can

do to reverse that. Are there ways to create serious jobs with reduced hours? Is it possible to create a vital community life that will enable parents to stay home with children without feeling cut off from the world of adults?

Hochschild proposes a time movement, where we would end the cycle that determines a person's value by the number of hours she works and the amount of money she makes. Where everyone worked fewer hours and had more time for their family and community life.

That might sound like a faraway dream, but who knows? One day soon the old guard at the top of the corporate hierarchy -- the men who don't know how to turn on an oven -- will have vanished. At the same time the children of parents caught in the time bind will be in the workforce. They are the ones who suffer the most under the time bind. Perhaps they will be the ones to find the way out.

## Adult

Continued from Page 1A

Whittaker voiced concerns about the possibility of an increase in the number of drunk drivers on the narrow roads that serve the area.

Rep. Feeney replied that he had spoken to members of the county commission regarding the issue, and informed them that he was also concerned about the proposed changes. Feeney lives in Oviedo, another area that is being considered as an alternative to the current location of a number of adult clubs which do business along U.S. Highway 17-92 in Fern Park.

## Robbery

Continued from Page 1A

forced her brother, Khuong Tran, to lie on the floor as she handed over the money in the cash register and tripped the panic button to alert police. The robbers also took Tran's wallet before fleeing the store in a brown 1977 Pontiac.

Netuyen said the two suspects are regular customers at her store. She said she sees them almost daily.

"I guess they needed the money," she said philosophically.

Sanford Police caught up with the suspects near the corner of Lake Avenue and 22nd Street. Officers captured one suspect, identified as Anthony Burch of 3010 State Road 46, as he tried to escape over a fence. The other suspect, identified as a black male wearing dark pants and a white T-shirt who wears his hair in dreadlocks, escaped into the surrounding neighborhood.

## Rescue

Continued from Page 1A

We knew what we could do. And we knew we would be criticized if there were any mistakes."

Thousands of citizens have signed petitions urging the commissioners to award the fire-rescue division with the EMS contract, and more are expected to do so - support building each day. The major concern is that the extremely efficient First Response System by the county and the cities in the county would be destroyed, should a private company gain the EMS contract.

"You have an elegant first response system," Barbara Smith, general manager of Rural Metro Ambulance told the ranking committee Thursday. Smith's company had limited its bid to ambulance services only because, she said, "a private company could not provide all services the county's division does. That it could not get the teamwork and cooperation of the cities."

Disagreeing with Smith and citing her opinion as "an emotional response," Adams said, "a private company can do the job if it has the time, money and resources." Adams maintains that LifeFleet/Antiantic, which currently is a partner to the county in a two-tier EMS system, is capable - if not more

qualified to take over the whole shebang.

The ranking committee did not share his theory.

The committee was made up of Ken Murray, a Deloitte & Touche official; Dr. Todd Husty, Maitland medical director, Dr. Ron Brown, Seminole County Medical Director and Kevin Grace, deputy Seminole County director. To fend off charges of partiality, Seminole County Attorney Robert McMillan and Seminole County Purchasing Manager Kelly Loll removed themselves as voting members of the committee.

LifeFleet official Bob Eberhart criticized the fact that members of the county staff were permitted to rank the proposals. "We offered the best service at the best price...you have to wonder who is grading the proposals," he said.

Of a possible total weight of 16 in the rankings for all EMS services, the county's fire-rescue division had a 15.25, LifeFleet a 12.85 and a two-tier county-Rural Metro a 10.65.

The evaluation criteria included respondents' credentials and qualifications, personnel, response time commitments, first responder budget, user fees, performance and standards, equipment, ability in disaster, multi-casualty incidents.

The county's fire-rescue

Police sealed off part of that neighborhood as helicopters circled overhead and a K-9 unit searched for signs of the fugitive.

Police said this morning the second suspect is still at large, although police said they were confident he would soon be in custody.

Police recovered a stolen handgun and impounded the vehicle. Burch is being charged with armed robbery, grand theft, use of a fire arm in the commission of a felony, possession of a stolen fire arm and fleeing and attempting to elude an officer.

The suspect still at large may face problems other than capture by the police. Joe Williams Jr., a local resident and longtime customer of C&D, says the suspect better hope the police find him before he does. Williams, who is a Vietnam veteran says he will be waiting for the perpetrators should they return.

Officials said they know who they are looking for, it's just a matter of finding him.

division was ranked tops in just about each category. On June 10, the Board of Commissioners gives its response.

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**PHARMACY TOPICS**

By: Abi J. Fakayo, R.Ph.

More popular black tea seems to be as good as green tea in reducing the risk of certain cancers, according to a study at the University of Minnesota. Tea's natural compounds seem to protect against cancers of the kidney, bladder and digestive tract.

Drowsiness can be as dangerous as drink behind the wheel, according to a Canadian study. In a test, sleepy subjects did worse than some drunk ones.

New procedure to open clogged arteries needs no surgery if all enhanced external counterpulsation involves blood-pressure-like cuffs placed on calves, thighs and buttocks; air blown in squeezes blood through artery branches, opening detours gradually.

New type of diabetes drug--Rezulin, or troglitazone--was recommended for approval by an FDA advisory panel. Insulin sensitizer is designed to help diabetics make better use of the hormone, whether from their own bodies or from injection.

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# People

## CALENDAR

### Art association meets Saturday

Sanford-Seminole Art Association meets on the fourth Saturday of each month, at 1 p.m., at Shoney's in Sanford. Those interested in art are welcome to attend.

### Trekkers meet Saturday

The USS Geneva, a chapter of the Federation (A Star Trek Fan Club) meets every other Saturday, at 4:00 p.m. at Bowl America on Airport Boulevard. Those interested in a program that helps people are invited.

### Sunbelt Daylily Club to meet

Sunbelt Daylily Club meets the first Sunday of the month at 2 p.m. through April at the Ag Center in Sanford. The club educates members on daylily growing through slide shows, guest speakers and trips to daylily gardens. There are no club dues. Call 886-3196 for more information.

### Dixieland band open to public

Dixieland Forever Inc., a non-profit band, plays the second Sunday of every month, from 4-7 p.m., at the VFW Hall, 2708 Wells Ave., Fern Park. Open to the public, donation is \$8. For information, call 841-7335.

### Concerned Citizens meet Sunday

Concerned Citizens for Better Government, a non-partisan, non-profit citizens' action group meets the second Sunday of each month at 7 p.m., at the Frank Evans Center, corner of Crystal Lake Avenue and Country Club Road, Lake Mary. For information, call 321-0384.

### Bromeliad Society to meet

The Seminole Bromeliad Society meets the third Sunday of the month, at 2 p.m., at Sanford Garden Club, U.S. 17-92 at Fairmont Avenue, Sanford. All aspects of bromeliad culture are covered during the meetings. The society is affiliated with the Florida Council of Bromeliad Societies and the Bromeliad Society Inc. For information, call Bud Martin, 321-0838.

### Blood Bank seeks donors

Central Florida Blood Bank is asking donors of all types of blood - especially O-type donors - to donate at its Sanford branch, 1302 E. Second St. For information, call 322-0822.

### Aerobics offered

Sanford Recreation Department offers Step Aerobics at the youth center in Sanford City Hall, Mondays and Wednesdays, from 9 to 10 a.m. and 5:30 to 6:30 p.m. Instructor is Lisa Hines. Cost is \$3 per class. For information, call 330-5697.

### TOPS meets Monday morning

SANFORD - TOPS (Take off Pounds Sensibly) Chapter #621 meets every Monday, from 10 a.m. to noon, at the Sanford Alliance Church, 1401 S. Park Ave., Sanford. For information, call 322-3130 or 324-5541.

### Sanford Rotarians to meet

SANFORD - Rotary Club of Sanford meets every Monday at noon at the Marina Hotel.

### Activities for seniors

Lake Mary Seniors invite anyone 55 years or older to join them in two weekly activities on Monday: Woodcarvers, from 9:30 to 11:30 a.m.; Games, from 1 to 3 p.m., at the Frank Evans Center, 158 N. Country Club Road.

### Employment opportunities for seniors

SANFORD - An employment program sponsored by AARP Senior Community Service Employment Program is held at the Sanford National Guard Armory, 915 E. First St., Monday through Friday. Interview hours are 8 a.m. to 1 p.m. Telephone: 324-8008. The program assists seniors, 55 and over, to return to the work place.

## Army captain opens world to kids

DEAR ABBY: My sixth-grade students and I would like to salute Capt. Michael Casper of the U.S. Army, currently stationed in Tuzla, Bosnia, with whom we became acquainted through your Operation Dear Abby holiday letter-writing campaign. Since November of last year, when he received and replied to a letter written by one of my students, Capt. Casper has become a friend, teacher and very special person in our lives.

Through him we have come to learn more in a personal way about our world. In fact, after hearing that the children near him had no school to attend because it was bombed, we recently completed a school-wide drive for pencils and other school supplies. As I write, a package is in the mail to Bosnia, where Capt. Casper will film the distribution of the supplies at a local refugee center and send us the videotape.

Fortunately, we have been able to correspond through e-mail. In his messages he challenges my students to learn about world geography and informs them about the various places where he's been stationed. He has demonstrated in many ways that he cares about my students.

Abby, in addition to recognizing this fine serviceman, I would like to thank you for setting up the program that brought us together. Keep up the good work.

GEORGANN COON,  
SIXTH-GRADE TEACHER,  
E.E. KNIGHT SCHOOL,  
ELSIE, MICH.

DEAR MS. COON: Thank you for an upper of a letter. I have often said that my readers are the most thoughtful and generous people in the world. One of the most powerful forces for good is generated when people reach out to help each other.

DEAR ABBY: I am a 15-year-old virgin attending high school. Lately



ADVICE

ABIGAIL VAN BUREN

there has been lot of controversy about handing out condoms in our school. As an educated teen-ager, I would like to tell all of the adults who are trying to terminate the distribution that they need to go outside their fantasy worlds and realize that many teen-agers are having unprotected sex because of the lack of availability of contraceptives and condoms.

The risks of unprotected sex are no longer short-lived, but can have lifelong effects and, in some cases, can be terminal.

It is ignorant to believe that if we tell people not to do something they will always listen. Education is the key to awareness, but when education fails, some form of protection must be available. The comparison heard on the popular television series "Beverly Hills, 90210" is that you can build a fence around a pool and lock the gate, but if there is even a possibility that a child might get in, why not teach him to swim?

MELISSA IN NORFOLK, VA.  
DEAR MELISSA: Bravo! I couldn't have said it better.

DEAR ABBY: I thought you might get a kick out of this: My crossword puzzle clue read, "a famous twin." Four spaces were allotted, so I wrote in "Abby." Wrong! The correct answer was "Esau."

MARY WOOD SEALY,  
NEW IBERIA, LA.

DEAR MARY: Nice try,

## Paper towels help reduce germs

Nearly three out of four Americans or 74 percent say they use sponges, dishcloths and rags to wipe or clean countertops or tabletops, reports Procter and Gamble. But instead of making things cleaner, these commonly used cleaning tools actually may be redepositing germs to surfaces around the home. The damp environment of sponges, dishcloths and rags makes them ideal breeding grounds for germs. In just one day, as many as 10 billion germs can grow in a sponge. When the same sponge is used later, it can redeposit bacteria on any surface it touches. One of the best ways to prevent the spread of germs is to throw away sponges and clean with durable, absorbent paper towels, according to food safety experts like microbiologist Dr. Elizabeth Scott. Some paper towels are uniquely suited to replace sponges because they are highly



CONSUMER FOCUS

BARBARA HUGHES / GREGG

absorbent and won't fall apart like ordinary paper towels.

"The first step in stopping the spread of germs in the kitchen and throughout the house is to throw away your sponge and clean with paper towels," says Dr. Scott. "Germs don't have time to grow in a paper towel, so you won't redeposit germs on surfaces while cleaning."

Dr. Scott recommends throwing away sponges and using paper towels for the following cleaning situations:

● Dangerous spills - Uncooked meat, poultry, seafood and eggs are among the leading sources of many harmful germs that enter the home. Use an absorbent paper towel and disinfecting cleaner to wipe up juices after preparation, then throw the towel and the germs away.

● Healthy habits - Good kitchen cleaning habits can also help keep germs under control. Regularly wipe the inside of the microwave and refrigerator with a disinfecting cleaner and a paper towel. Keep it clean. Germs spread through redepositing and from hand-to-hand contact. Use a paper towel and a disinfecting cleaner to clean places your hands regularly touch including the refrigerator door, trash can and light switches. After cooking or cleaning, wash hands thoroughly and dry with a paper towel.

● Stay dry - The wet surfaces and humidity of the bathroom make it another common place to find germs. Use durable paper towels for regular bathroom cleaning. Let counter tops and other surfaces dry between each use, or wipe dry with a paper towel.

● Hot spots for kids - Babies and young children are more susceptible to illness than adults. Clean hot spots, like diaper changing areas, with a disinfectant and a paper towel. Highchair trays should be washed with warm, soapy water after each use and occasionally wiped clean with a disinfecting cleaner.

(Barbara Hughes/Gregg is the Seminole County Extension Home Economist. Inquiries may be directed to her at the Cooperative Extension Service, 290 W. County Home Road, Sanford, FL 32773 or phone 323-2900. Ext. 5488.

## Pretending sex and love are the same

Dear Mary,

I think I'm writing to you because you'll probably give me a bad time about what I'm doing. Frankly, I guess I need that so maybe I'll stop.

I met this guy at a singles dance and we kind of hit it off right away. After the dance we went out to get something to eat, then we went back to his apartment and I spent the night. Since then (about two months) it's pretty much the same pattern--we see each other once a week, go get something to eat, then have sex at his place. There has never been any talk of love or marriage. In fact, he says he thinks he probably can't love anyone and will never get married again.

I know I should at least stop having sex with him and

probably stop seeing him. I keep kidding myself that he must really care for me if he has sex with me, but in my heart I know that's not true. No one has ever really loved me and that certainly includes my parents. I guess I'd rather kid myself that a guy loves me because we're having sex rather than face the fact that maybe nobody will ever really love me. I don't want to go through life never having experienced real love.

Not Loved

Dear Not,

The tone of your letter makes me wonder if you not only are unloved, but feel unlovable. When kids don't get the love they need from their parents, they often feel like it's their fault and that they aren't good



FAMILY COUNSELOR

MARY BALK

enough to "deserve" love. If you feel like you don't deserve to be really loved, you're much more likely to settle for what you can get--having sex and pretending for a while that sex and love are synonyms. The real heart-breaking consequence of this is when a person sets up this pattern, they doom themselves to the vicious cycle--not feeling loved or lovable--having sex

and pretending it's love, only to feel more unlovable when the lie doesn't really work.

Having sex with someone will never heal the pain of feelings of emptiness, loneliness, worthlessness or being unlovable. If you want to break the cycle, you must start by breaking off with this guy. Then make a commitment to yourself that you will not have sex with anyone you have not dated for at least two months. Finally, find a counselor you can work with to overcome your feelings of being unlovable. You've paid for your parents' inability to love you long enough.

(Mary Balk is a Certified Addiction Prevention Professional and a counselor at Oviedo High School. Contact her at 386-1842, Ex. 210.

## Local soldier teams up with Italian forces

By Michael Tolman  
Special to the Herald

SARDINIA, Italy--This island, in the middle of the Mediterranean Sea is literally a half a world away from home, both geographically and culturally, for the son of a Sanford couple. Sheep and goats graze peacefully in the valleys nestled between vine cloaked hills on this rugged Italian Isle. In a nearby port village, fishermen quietly pull in the bounty from a rainbow of brightly colored boats that dot the deep turquoise blue Med.

But, this peaceful setting was

temporarily shattered when American warships, Army Field artillery cannons and Marine amphibious landings invaded with over 5,000 soldiers, sailors, airmen and Marines in the largest evacuation exercise of the year in this part of the world.

Army Staff Sgt. Gary R. Stair, son of Gary E. and Barbara S. Stair of 1119 S. Park Ave., Sanford, teamed up with Italian soldiers, and other U.S. forces for a week-long exercise that tested their ability to evacuate innocent civilian bystanders from a simulated hostile situation.

Stair played an important role in the exercise where a force must move in, take control of a hostile situation and fly the civilians caught in the crossfire to safety on a warship waiting nearby.

"I coordinated explosive ordnance disposal assets between Army, Navy and Marine Corps. I also provided technical assistance on explosives and explosives safety, and assistance to special operations groups to speed their missions up and ensure safe operations," said Stair, who is regularly stationed with the 191st Ordnance Battalion in Miesau, Germany.

Stair and the soldiers spent the duration of the exercise "in the field." When deployed, a soldier's home usually consists of only what they can carry or of what is hauled to their site. Preparing for and just getting to this exercise, transporting all their gear to an island in the middle of this sea, was no small affair.

"With a ruck sack, duffelbag, carry-on and flight bag in tow (over 300 lbs), I boarded a bus from Kaiserslautern, Germany, for a 13-hour ride to Laveno, Italy, and a three day stay in leaky tents. At least that took care of the showers!" Stair joked. "We then boarded a ferry for a 20-hour cruise to Sardinia, which isn't a bad place to visit. There were 600 soldiers crammed onto a boat made for 200 people. We slept on shelves in the stores--no kidding. I was 'three for \$69



Army Staff Sgt. Gary R. Stair checks his location with a globe positioning satellite system.

dollars," he quipped.

As an American service member who's tour has him stationed and "forward deployed" overseas in Europe, regular daily life away from an exercise such as this can be challenging. And with new missions and conflicts popping up in a post-Cold War era in the European theater, life for soldiers like Stair is especially challenging.

"I remember providing obstacles for a Navy Seals team by placing mines on a beach during one exercise. We had to drive into some pretty rough marsh to get the job done, and the truck we drove earned its scuba qualifications that day. In fact, the Hummer had no problems in over four feet of water. We were all waist deep in water while sitting in our

seat," Stair said.

Quiet has returned to this normally tranquil setting, but for Stair and the others involved in this important test, their training here could save the lives of innocent people half a world away.

## Getting married?

Engagement and wedding forms are available at the Sanford Herald office, 300 N. French Ave., Sanford, 32771. These stories are usually published in the Sunday edition and may be accompanied by a photo. There is no charge for this service.

Weddings more than three months old will be published in announcement form without a photo.

REGAL CINEMAS BONUS HOURS 4 TO 6 PM  
LAKE MARY CINEMA 10  
3580 N. HWY 17, 92A 324-0115

THE LOST WORLD: JURASSIC PARK 10:30 1:40 4:30 7:20 10:10 12:45 3:50 6:40 9:30 (PG-13)
FATHER'S DAY 11:10 1:30 4:15 7:10 9:30 (PG-13)
AUSTIN POWERS 11:15 2:05 5:05 7:20 10:00 (PG-13)
TIL THERE WAS YOU 11:05 1:40 4:10 7:30 9:55 (PG-13)
TRIAL AND ERROR 11:00 1:20 4:20 7:05 9:35 (PG-13)
GONE FISHIN' 11:10 1:45 4:15 7:00 9:40 (PG)
ADDED TO LOVE 11:30 2:00 4:30 7:30 10:00 (R)
BREAKDOWN 11:15 2:00 4:20 7:15 9:50 (R)
THE FIFTH ELEMENT 11:00 1:30 4:05 7:00 10:00 (PG-13)

\* DENOTES NO PASSES NO SUPER SAVER

PULL OUT AND SAVE • FRI. MAY 30 • THURS. JUNE 5 ... QUICK REFERENCE TV VIEWING

FRIDAY PRIME TIME

Table with columns for time slots (5:00, 5:30, 7:00, 7:30, 8:00, 8:30) and rows for various TV channels (ABC, CBS, NBC, etc.) listing programs like 'The Untouchables', 'The Untouchables', 'The Untouchables'.

SATURDAY

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30) and rows for various TV channels (ABC, CBS, NBC, etc.) listing programs like 'The Untouchables', 'The Untouchables', 'The Untouchables'.

AFTERNOON

Table with columns for time slots (12:00, 1:00, 2:00, 2:30, 3:00, 3:30, 4:00, 4:30, 5:00, 5:30) and rows for various TV channels (ABC, CBS, NBC, etc.) listing programs like 'The Untouchables', 'The Untouchables', 'The Untouchables'.

PRIME TIME

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (ABC, CBS, NBC, etc.) listing programs like 'The Untouchables', 'The Untouchables', 'The Untouchables'.

SUNDAY

Table with columns for time slots (5:00, 5:30, 7:00, 7:30, 8:00, 8:30) and rows for various TV channels (ABC, CBS, NBC, etc.) listing programs like 'The Untouchables', 'The Untouchables', 'The Untouchables'.

AFTERNOON

Table with columns for time slots (12:00, 1:00, 1:30, 2:00, 2:30) and rows for various TV channels (ABC, CBS, NBC, etc.) listing programs like 'The Untouchables', 'The Untouchables', 'The Untouchables'.

PRIME TIME

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (ABC, CBS, NBC, etc.) listing programs like 'The Untouchables', 'The Untouchables', 'The Untouchables'.

MONDAY PRIME TIME

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (ABC, CBS, NBC, etc.) listing programs like 'The Untouchables', 'The Untouchables', 'The Untouchables'.





## 21st Golden South Classic to be held at Disney track

Special to the Herald

LAKE BUENA VISTA — Top high school track and field athletes from throughout the United States and the Caribbean will descend upon Orlando for the 21st Annual Bert W. Martin Golden South Classic tomorrow at Disney's Wide World of Sports track and field complex.

The Golden South Classic is considered one of the nation's top three premier high school postseason invitational meets. With national leaders and state champions from Arizona, Florida, New York, Pennsylvania and Texas, among others, set to compete, this year's Golden South Classic is expected to be one of the best meets ever.

Terrance Trammell (Decatur, Ga.), Travis Minor (Baton Rouge, La.) and Char Foster (New Port Richey) headline the list of nationally-ranked competitors.

Trammell, of Southwest DeKalb High School, leads the nation with a time of 13.41 in the 110-Meter hurdles. Mino, one of Florida State's top football signees, is Louisiana's reigning 400-Meter champion, and Foster, the 1996 junior national champion in the 400-Meter hurdles, won three events at the recent Florida 4A state championships and is a two-time member of the U.S. Junior Olympic Track and Field Team.

"Each year, the Golden South showcases the best high school athletes in the country, as they strive to become the next generation of track and field stars," said Brooks Johnson, Walt Disney World Sports operations manager. "We are proud to be a part of this year's meet, and we hope to establish a long-standing tradition with the Golden South and the Central Florida YMCA."

As part of the weekend festivities, a handful of former high school track and field standouts were inducted into the Golden South Hall of Fame Thursday afternoon. The list of 1997 honorees included — world-class sprinter Henry Neal, Florida State All-America high jumper Holly Kelly-Thompson, 1996 Olympic gold medalist Derrick Adkins, Green Bay Packers wide receiver Robert Brooks and legendary coach Charlie Floyd.

Field events for the Golden South Classic, benefitting the Central Florida YMCA, are scheduled to begin at 1 p.m., while running event preliminaries will start at 2 p.m. After a brief grand opening presentation at 4:15 p.m., the running event finals are scheduled to begin at 4:45 p.m. The meet will also be televised statewide on Sunshine Network in June.

One of the nine state-of-the-art venues at Disney's new 200-acre sports landscape, the track and field complex features a double-layer Martin Surfacing ISS-1000 Encapsulated Finish Polyurethane Surface. The track itself has nine 48-inch lanes, wide angle turns and double straight-aways, while the infield includes exceptional Tifway 419 Bermuda turf and the finest throwing rings, jump pits and runways.

General admission ticket prices for the Golden South Classic are \$4 for adults and \$6.75 for children aged 3-9. For this one low price, spectators will also have the opportunity to attend the AAU Teenage and Junior National Powerlifting Championships.

Tickets for the Golden South and other Disney's Wide World of Sports complex events may be purchased through TicketMaster by calling (407) 839-3900.

## Athletic reps discuss career planning and development

Special to the Herald

LAKE BUENA VISTA — The NCAA Leadership Conference concluded its final day of meetings as more than 250 of the nation's top student-athletes gathered at Disney's Wide World of Sports complex to discuss the importance of career planning and development strategies.

ESPN and ABC sportscaster Robin Roberts opened the day's events by addressing the collection of student representatives for nearly an hour.

Roberts, a former tennis and basketball standout at Southeastern Louisiana, spoke of her background as a student-athlete and as an aspiring young, sports broadcaster. She discussed the importance of determination, goal setting and leadership within athletics and one's own career.

"I am very proud to say I am a former student-athlete," said Roberts. "This conference is tremendous. The students here represent the best that student-athletes have to offer. It is fitting they are here at a place like Disney where dreams really do come true."

Thursday's primary topics of discussion included opportunities for job experience, career preparation and assistance, network and relationship building opportunities, and a debate on

See NCAA, Page 2B

# Playoff powerhouse

## Braves take Bambino City Series opener 7-0

By COURTNEY LEFFEW  
Herald Correspondent

SANFORD — The Enterprise Trucking Braves have become the giant killers of the Sanford Recreation Department Babe Ruth Baseball Bambino League.

Thursday night in the opening game of the Bambino City Series, the Braves continued their amazing post-season run, getting a combined two-hitter from Ryan Quinn and Daniel App to blank the Fisher, Laurence, Deen and Fromang Diamondbacks 7-0 at Roy Hollar Field.

Game two of the Best-of-Three Series will be played tomorrow (Saturday) at 2:30 p.m. at Roy Hollar Field. The third game, if the diamondbacks win on Saturday, would be Tuesday at 6:15 p.m. at Roy Hollar Field.

The Braves had only a 7-6 record late in the season and had to win a make-up game just to secure a spot in the playoffs as the National Division runner-up.

But since then, the defending City Series champions have won three games over teams

**BRVES 7, DIAMONDBACKS 0**  
Fisher, Laurence, Deen & Fromang D backs 000 000 — 7 0 0  
Enterprise Trucking Braves 001 000 — 7 0 0  
Pitchers: Diamondbacks — E. Braum, Deen (4), McKenzie (4); Braves — Quinn, App (4); WP — Quinn (1st), LP — E. Braum (1st); Save — App (1); 2B — none; 3B — none; HR — none; Records — Diamondbacks 13-4 overall, 0-1 in City Series; Braves 12-7 overall, 1-0 in City Series.

with a combined record of 30-4. The Braves had also dropped a pair of one-run decisions to the National Division champion Diamondbacks during the regular season.

Both teams missed golden scoring opportunities early as the Diamondbacks loaded the bases in both the first and second innings only to see Quinn pitch out of both jams and the Braves had the bases loaded in the first inning before Erik Braum got a strike out to end that scoring threat.

But the Braves broke through in the bottom of the second inning, Charles Ware singled and scored on a squeeze bunt single by Jason Poloski, who later scored on a wild pitch.

See Bambino, Page 2B

**BAMBINO SERIES**

SANFORD RECREATION DEPARTMENT  
CITY CHAMPIONSHIP SERIES

**SEMIFINALS**

**TUESDAY, MAY 15**  
Fisher, Laurence, Deen and Fromang Diamondbacks 4  
D.A.V. (Disability American Veterans) Braves 0  
Enterprise Trucking Braves 2, Enterprise Trucking Wild Cats 0

**THURSDAY, MAY 18**  
Braves 6, Wild Cats 0  
Diamondbacks 4, Royals 2

**FINALS**  
**(BEST TWO OUT OF THREE)**  
**AT ROY HOLLAR FIELD**

**TUESDAY, MAY 20**  
Braves 7, Diamondbacks 6, Braves 10, Royals 14

**SATURDAY, MAY 23**  
Diamondbacks vs. Braves, 2:30 p.m.

**TUESDAY, JUNE 3**  
Diamondbacks vs. Braves, 6:15 p.m.

## BAMBINOS BATTLE AT ROY HOLLAR FIELD



Ryan Quinn (top) gave up one hit and no runs over the first three innings and the Braves' shortstop helped him by saving throwing error (bottom) as the

Diamondbacks' Roger Braum slides in with a stolen base during the Braves' 7-0 victory Thursday night in the Bambino League City Championship Series.

## Two blow outs and a battle at Chase

From Staff Reports

SANFORD — Central Baptist Church of Sanford and Tire City Crusied to victory, while Crazy Wings scored two runs in the bottom of the seventh inning to edge All Souls Catholic Church of Sanford in Sanford Recreation Department Men's Spring Chase Park Thursday Night Slowpitch Softball League action.

Tire City quickly erased a 3-0 Church of the Nativity Catholic Church of Lake Mary lead by scoring five runs in the top of the second inning and started to pull away with seven runs in the third inning before ending the game by the run rule, 20-6, after five innings.

All Souls Catholic Church of Sanford had a 5-1 lead in the top of the third inning, but Crazy Wings battled back to lead 7-6 after four innings and held the lead until All Souls Catholic Church of Sanford plated two runs in the top of the seventh inning to take a 9-8 advantage.

John Songer, the No. 11 hitter in the Crazy Wings batting order, led off the bottom of the seventh inning with a single, but the next two batters flied out. Glenn Wright kept the game going with a single and Mark Rapone won it for Crazy Wings with a two-run double.

Central Baptist Church of Sanford scored five runs in the top of the second inning to take a 6-0 lead and, after M.T. Muggs scored a run in the bottom of the second inning, exploded for eight runs in the third inning and went on to a 15-1, five inning triumph.

Powering Tire City were Chris Young (triple, two singles, four runs, RBI), Denny Miller (triple, single, three runs, four RBI), Tommy Vezina (triple, single, three RBI), John Stewart (triple, single, two runs) and Dave Blakey (two singles, two runs, RBI).

Also hitting were Spencer Baggett (double, two runs, RBI), Chris Bryson (double, two RBI), Bruce Sellers (double, run), Nate Falcone

See Chase, Page 2B

Tire City	07 15 - 20 16
Nativity	20 11 - 6 10
All Souls	212 101 2 - 9 14
Crazy Wings	140 401 3 - 16 15
Central Baptist	120 01 - 13 14
M.T. Muggs	010 00 - 1 1

## Franklin Bail Bonds uses balance in sweep

From Staff Reports

SANFORD — Franklin Bail Bonds showed off its balanced attack to sweep a doubleheader in the Sanford Recreation Department Men's Spring Pinehurst Park Thursday Night Slowpitch Softball League.

Twelve different players had hits as Franklin Bail Bonds whipped Thompson P.B.E. 16-2 in five innings and edged ICI Auto Color 8-6.

The other game found the Del Dio Stars getting a 7-0 forfeit victory from Rich Plan.

Leading Franklin Bail Bonds past Thompson P.B.E. were Tony Smith (double, two singles, three runs, RBI), Arthur Barnes (double, single, two runs, RBI), Steve Dennis (double, single, three RBI), Robert Stevens (two singles, two runs, RBI) and Craig Merckerson (two singles, run, RBI).

Also contributing were William Washington (double, run, two RBI), Myriel Reid (single, two runs, two RBI), Greg Zayas (single, run, RBI), Raymond Hartsfield (single, two runs), Keithian Roberts (single, run) and Calvin Davis (run).

Doing the hitting for Thompson P.B.E. were Brian Jones (double, RBI), Danny Hewitt (single, RBI), Dave Johnson (single, run), Tom Mains (single) and Mike Clark (run).

Carrying Franklin Bail Bonds past ICI Auto Color were Greg Zayas (double, single, two runs), Calvin Davis (two singles, run, two RBI), Robert Stevens (two singles, run, RBI), Myriel Reid (two singles), Craig Merckerson (triple, run, RBI), Raymond Hartsfield (triple, RBI), Steve Dennis (double, two runs), Keithian Roberts (single, run) and Greg Hardy (single, RBI).

Hitting for ICI Auto Color were Scott Murphy (double, three singles, RBI), David Goldstick (triple, double, single, three runs, two RBI), Bobby Keefe (double, single, RBI), Billy Gracey (single, run), Brian Curtis (single, RBI), Jerry Brunella and Brantley Brumley (one single each) and Chris Nickle (two runs).

Franklin Bail Bonds	(16) 00 20 - 16 16
Thompson P.B.E.	1 00 00 - 2 4
ICI Auto Color	200 020 1 - 8 13
Franklin Bail Bonds	113 001 2 - 8 13

## IN BRIEF

### Free gymnastics playnight

**SANFORD** — There will be a free gymnastics show at Broadway Gymnastics of Sanford, 801 East 25th Place, tonight at 7:30 p.m.

For more information call: 323-2462.

### Sundogs at home tonight

**ORLANDO** — The Orlando Sundogs (3-5) will host the Nashville Metro (3-3) in a professional soccer game at the Citrus Bowl tonight at 7:30 p.m.

Ticket prices are \$9 and \$6 for adults and \$5 for children under 18 or you can listen to the game on WUNA (1480 AM) or Radio Aahs WKZO (950 AM).

### LMLL Appreciation Day

**LAKE MARY** — There will be a special event for Lake Mary Little Leaguers at the Lake Mary Sports Complex on Saturday, May 31st from 11 a.m. to 4 p.m.

Free food, hot dogs, chips and soft drinks. Prizes will be given away in a raffle drawing at 4 p.m. which includes a 19 inch TV plus two Mountain Climber Bikes and safety helmets, plus many, many more prizes.

Games for all ages, a Home Run Derby, prizes, a moon walk, fast pitch radar with first prizes for winners, clown face painting and much, much more entertainment.

In addition, Craig Sports Photography will conduct a photo shoot for anyone who has not had their team or individual picture taken or would like to retake an original from 11 a.m. to 2 p.m.

Also pre-register now for the 1997 Fall TAD program. Bring a copy of your child's birth certificate and social security number plus \$25 and be ready for next season. Become a regular member of your league for \$15 for the year.

Contact the Hot Line at 328-8908 for more information.

### Lake Mary High Summer Track

**LAKE MARY** — The Lake Mary Summer Track Program will be run over the next four Monday evenings at Lake Mary High School's Don T. Reynolds Stadium.

Field events will run at 5:30 p.m. and running events begin at 6:30 p.m. on June 2, 9, 16 and 23.

The cost is \$1 per meet and each competitor may enter four events (1/4-inch or 5MM spikes allowed). Ribbons to first, second and third place in all events, male, female and all age groups.

Events offered are Long Jump (8-Under through 80-Over); Triple Jump (11-13 through 80-Over); 50 Meter Dash (8-10); 100 Meter Dash (11-50-Over); 800 Meter Run (8-13); 1,600 Meter Run (14-50-Over); 200 Meter Run (8-10); and 400 Meter Run (11-50-Over).

For additional information call Michael Gibson at 333-2370 or Lionel Bonck at 321-8854.

### Tournament of Champions

**ALTAMONTE SPRINGS** — The Metro Orlando Amateur Softball Association will hold a Tournament of Champions for Men's and Women's Class B, C, and D slow pitch softball teams on June 21st and 22nd at the Seminole County Softball Complex.

Co-sponsored by Worth, Incorporated, the entry fee is \$150 with a deadline of Wednesday, June 18. The draw will be held on Friday, June 20.

Team awards will go to the first, second and third place teams with individual awards going to the championship squads.

For more information contact Tournament Director Rocky Ellingsworth Jr. at (407) 330-5897.

### Tennis Camps offered

**LONGWOOD** — Sabal Point Country Club in Longwood is home of Tennis Tech Academy. Tennis Tech is offering a Junior Tennis and Swim Camp through Friday, 25th from 9 a.m. to 3 p.m., Monday through Friday, for players starting at 6 years of age.

The eight one week sessions offers tennis instruction from 9 a.m. to 11 a.m., lunch from 11 a.m. to noon (lunch not provided); game and match play from noon until 1:30 p.m.; and swimming from 1:30 p.m. to 3 p.m.

The cost is \$165 per session for non-members (\$5.50 per hour for a professional instructed tennis camp).

Sabal Point also offers three age level camps in its After School Tennis Tech Academy.

**LITTLE PEOPLE TECH**. Introducing tennis the "Tech" way...for beginners learn and experience the sport of a lifetime, emphasizing stroke production and ball control. Typical ages: 6 to 9. Offered Monday through Friday from 3:45 p.m. to 4:30 p.m. at a cost of \$8 per day.

**JUNIOR DEVELOPMENT TECH**. Programs are designed for players targeting a competitive edge in both mental and physical aspects of their game. Typical ages: 9 to 12. Offered Monday through Friday from 4:30 p.m. to 6 p.m. at a cost of \$10 per day.

**TENNIS TECH ACADEMY**. Players seeking to play tournament tennis or a position on their high school tennis team should train in the academy. Typical ages: 10 and up. Offered Monday through Friday from 4:30 p.m. to 7 p.m. at a cost of \$12 per day.

To sign up or for more information call (407) 788-0590.

### Valencia CC Fastpitch Camp

**ORLANDO** — Valencia Community College head softball coach Terri Holmes will be conducting a pair of fast pitch softball camps.

The 1997 Valencia Fastpitch Softball Camps will be held from June 9-12 and June 16-19 from 9 a.m. to noon each day.

The cost to attend is \$45 for the four day camp if registered and paid by June 1st and \$55 after June 1st.

Age groups are 6-18 with players being divided up by age and skill level on the first day of camp.

For more information contact Terri Holmes at (407) 299-5000 extension - 1307.

## WHAT'S HAPPENING

### TODAY

#### Auto Racing

□ FASCAR at Orlando SpeedWorld, 8 p.m.

#### Southern League Baseball

□ Orlando Rays at Birmingham Barons, 8:05 p.m.

#### Youth Baseball

□ Sanford Little League Minor Division Baseball Tournament at Lee P. Moore Park. Games six — Tigers vs. Reds-Mets winner, 5:30 p.m.

#### Adult Basketball

□ Sanford Recreation Department Spring Church Basketball League at Sanford Middle School. First Baptist vs. All Souls, 7 p.m.; Covenant Community Church vs. Northland Community Church, 8 p.m.

#### Arena Football League

□ Nashville Kats vs. Orlando Predators at Orlando Arena, 7:35 p.m.

#### Recreational Gymnastics

□ Free Gymnastics Show at Broadway Gymnastics of Sanford, 7:30 p.m.

#### Professional Soccer

□ Nashville Metro vs. Orlando Sundogs at Citrus Bowl, 7:30 p.m.

#### Professional Softball

□ Women's Professional Fastpitch League at Rollins College's Alford Stadium, Winter Park. Tampa Bay Fire Stix vs. Orlando Wahoos, 7 p.m.

#### Recreation Softball

□ USSSA Men's Slowpitch National Invitational Tournament at Walt Disney World's Wide World of Sports Softball Quadplex Complex, TBA.

#### Amateur Weightlifting

□ AAU Teenage and Junior National Powerlifting Championships at Walt Disney World's Wide World of Sports Fieldhouse, TBA

### SATURDAY

#### Auto Racing

□ FASCAR at New Smyrna Speedway, 7 p.m.

#### Southern League Baseball

□ Orlando Rays at Birmingham Barons, 8:05 p.m.

#### Youth Baseball

□ Sanford Recreation Department Babe Ruth Baseball League at Chase Park. Altamonte Springs Rays vs. Sanford Yankees, 1 p.m.; Sanford Florida Sport Wear Braves vs. Altamonte Springs Dodgers, 3:30 p.m.

□ Sanford Recreation Department Babe Ruth Baseball League City Championship Series semifinals at Zinn Beck Field. Moose Lodge Pirates vs. Nobles Construction White Sox, 11 a.m.; Blitz Clean Royals vs. Knights of Columbus Cardinals, 1 p.m.

□ Sanford Recreation Department Babe Ruth Baseball League CITY CHAMPIONSHIP SERIES (best two out of three) at Ray Miller Field. Game two — Enterprise Trucking Braves vs. Fisher, Laurence, Deen and Fromang Diamondbacks, 2:30 p.m.

□ Sanford Recreation Department Pee Wee League, at Ray Miller Field, Dodgers vs. Braves, 9 a.m.; White Sox vs. Blue Jays, 10:10 a.m.; Marlins vs. Orioles, 11:20 a.m.; at Lakeside Field, Athletics vs. Red Sox vs. Cubs, 9 a.m.; Cardinals vs. Diamondbacks, 10:10 a.m.

#### Recreation Softball

□ USSSA Men's Slowpitch National Invitational Tournament at Walt Disney World's Wide World of Sports Softball Quadplex Complex, TBA.

□ Sanford Recreation Department Men's Spring Church Slowpitch Softball League at Chase Park. Majesty vs. Los Samaritano, 8 a.m.; Nazarene vs. New Bethel, 9 a.m.

#### Prep Track and Field

□ 21st Annual Bert W. Martin Golden South Classic at Walt Disney World's Wide World of Sports Track and Field Complex, 1 p.m.

#### Amateur Weightlifting

□ AAU Teenage and Junior National Powerlifting Championships at Walt Disney World's Wide World of Sports Fieldhouse, TBA

## NCAA

Continued from Page 1B

career development versus eligibility.

Internships and volunteer opportunities, alumni networking, informational job fairs and career days were considered the best ways of obtaining valuable job experience and direction. Students also stressed the importance of shadowing professionals in similar fields, as well as participating in career programs that teach business etiquette, resume writing and other necessary skills.

It was concluded that career preparation assistance should be made available at all levels. The range of recommendations included NCAA job postings on the Internet, coaches and athletic administrators discussing career goals with student-athletes, and fellow student-athletes providing a resource of shared information.

The creation of job coordinator positions at college and university career centers, student-athlete advisory committees, alumni and booster databases, and Internet and e-mail training workshops were considered favorable means of helping student-athletes build relationships and obtaining professional career guidance.

Finally, in the career development versus eligibility debate, the student groups determined that the NCAA needs to provide support to all campuses, not just those at the Division I level.

University career centers should focus on more

than just keeping their student-athletes eligible, while coaches need to support the academic efforts of their student-athletes, in order to better prepare them for the student's life after his/her playing days in college.

"This conference marks a new milestone in the NCAA Foundation's efforts to provide leadership to its student-athletes," said Idaho State University Athletic Director Irv Cross, who gave a motivational speech prior to the students' final session of group meetings. "It is also exciting to see how enthusiastically the student-athletes have embraced this event."

The first-ever NCAA Leadership Conference included student-athletes from 165 college and universities across the country and over 20 sports conducting group discussions with facilitators and role models from the CHAMPS/LifeSkills Program.

The program concluded with a banquet on Thursday evening presented by event supporters Disney's Wide World of Sports and Entergy Corporation where Walt Disney World Sports Vice President Reggie Williams will address the group.

Disney's Wide World of Sports Complex is located in the center of the world's most popular vacation resort. The 200-acre sports complex will accommodate professional and amateur competition for more than 30 sports including over 40 Amateur Athletic Union (AAU) championships.

## RAINES GAUGE

Tim Raines is a Sanford native and Seminole High School graduate now playing for the New York Yankees. His stats are for the 1997 season in the first column, personal best season totals in the second column and current career totals (including 1997 games) in the third column.

Raines was 1-for-3 and was caught stealing for the third time this season in the Yankees' 4-0 victory over the Toronto Blue Jays.

### RAINES GAUGE

Category	'97	best	career
Games	36	160	2,147
At-bats	138	652	8,108
Runs	27	133	1,444
Hits	42	194	2,304
RBI	14	71	873
Doubles	10	38	392
Triples	1	13	110
Home runs	1	18	154
Steals	7	90	794
Average	.304	.334	.295



Tim Raines

## Chase

Continued from Page 1B

(single, two runs, two RBI), Red Garner (single, run, two RBI), Chip Smith (single, two runs) and Richard Stewart (single, run).

Getting the hits for Church of the Nativity Catholic of Lake Mary were Mike Fratrik (triple, single, two runs), Chris Fayard (two singles, run, RBI), Mike Williams, Bob Palagano and Tom Smith (one single and one run each) and Jim Grego, Chris Doney and Randy Reed (one single each).

Doing the damage for Crazy Wings were Glenn Wright (triple, two singles, two runs, RBI), John Songer (two singles, two

runs), Ray Knowlton (two singles, run), Frank Williams (two singles, RBI), Bill Hall (triple, run, two RBI), Mark Rapone (double, two RBI), Joe Lait (single, two runs), Mike McDaniel and Thom Searle (one single and one run each), Mike Williams (single) and Dave Searle (RBI).

Providing the offense for All Souls Catholic Church of Sanford were Anton Groom (double, single, run, two RBI), John Cook (two singles, two runs, RBI), Rick Fera (two singles, RBI), Don Macher (single, run, two RBI), Rocky Ellingsworth, Pete Holt and Terry Eschbach (one single, one run and one RBI each), Jeff Gill and Jim Schaefer (one single and one run each) and Pat Larkin and Dennis Roman (one

single each). Contributing for Central Baptist Church of Sanford were Jack Doyle (three singles, three runs, two RBI), Mike Hartman (triple, single, three RBI), Erik Luce (two singles, two runs, RBI) and Mike McCoy (double, run, two RBI).

Also contributing were Tracy Saxon (single, two runs, RBI), Rob Thacker and Eddie Coggon (one single, one run and one RBI each), Bill Rex (single, two runs), Jeff Berryhill (single, RBI), Mike Gibson (single), Ken Perry (two runs) and Aaa Evans (run).

Getting the hits for M.T. Muggs were Craig Anderson (single, RBI), Grant Lenzic (single, run) and Casey Lynch, Mike Hughes and Jason Colbert (one single each).

## Dorer, trucks pace FASCAR action

Special to the Herald

**BITHLO** — It took several years of trying, but Lakeland's Steve Dorer finally put it all together to claim last Friday night's 25 Lap Late Model feature at Orlando SpeedWorld last Friday night.

The American Race Truck Series was at the track for their fourth points race of 1997 and Big Al Newman became the series' first two-time winner in his Chevrolet, outlasting a large field of trucks that produced some wild racing and several caution flags.

Tony Hargraves, also in a Chevy, grabbed second followed by the Ford of Doug Miller, former Figure-8 racer Paul Grynewicz in a Chevrolet and series points leader Scott Trank in his Dodge.

The Classic Race Cars return for tonight's action along with the End of the Month 50 Lap Late Model championship, plus the regular full card of Modifieds, Limited Late Models, Sportsmen, Mini-Stocks, Bombers, Run-A-Bouts and 4-Cylinder Bombers.

Gates open at 6 p.m. with racing starting at 8 p.m. every Friday night at Orlando SpeedWorld, which is located 17 miles east of Orlando, between Titusville and Orlando at the 520 Cocoa cut-off. Adults admission is \$15 with kids 11-and-under free with a paying adult.

### NEW SMYRNA ACTION

**SAMBULA** — The American Race Truck

Series made a second visit to New Smyrna Speedway last Saturday night with Danny Molelock taking the victory over Robert "Showtime" Yoho in a close battle.

The Classic Race Cars return this Saturday night along with the End of the Month 50 Lap Late Model championship, plus the regular full card of Modifieds, Limited Late Models, Sportsmen, Mini-Stocks, Bombers and Run-A-Bouts.

Gates open at 6 p.m. and racing starts at 7 p.m. every Saturday night at New Smyrna Speedway, located 10 miles south of Daytona between I-4 (Exit 56 east) and I-95 (Exit 84 west), 4.5 miles west of New Smyrna Beach at the corner of Highways 415 and 44. Adult admission is \$15 with kids 11-and-under free with a paying adult.

### TEST AND TUNE

**ORLANDO** — Orlando SpeedWorld holds a Test and Tune session every Wednesday night from 6 p.m. to 10 p.m.

The cost is \$20 for each car and includes the driver and two crewmen — PITS ONLY. For race information, call (407) 568-1367 (Orlando) or (904) 427-4129 (New Smyrna).

### ORLANDO SPEEDWORLD FRIDAY, MAY 31

LATE MODEL — 1. (11A) Steve Dorer; 2. (49) Kevin Lawrence; 3. (41) Tim Huston; 4. (43) Bill Pratt; 5. (88) Jimmy Castiberry.

LIMITED LATE MODEL — 1. (9) Bobby Sears; 2. (21) Van Pope; 3. (26) Michael Murphy; 4. (3) Earl Beckner; 5. (6C)

Rick Lyons.

FLORIDA MODIFIED — 1. (12) Ross Eldridge; 2. (71) Joe Middleton; 3. (2) David Martin; 4. (53) Shain Heid; 5. (81) Mike Samples.

SPORTSMAN — 1. (7) Jerry Smith; 2. (25) R.J. Romano; 3. (89) Ardel Kuntzman; 4. (92) Sean Murphy; 5. (77) Dan Zukowski.

MINI-STOCK — 1. (81) Conrad Grenier; 2. (16) Brian Vanalstine; 3. (87) Kevin DiMeo; 4. (15) Wayne Clark; 5. (88) Ron Ables.

BOMBER — 1. (50) Jeff Wright; 2. (81) Mike Peeples; 3. (6) Mark Scherer; 4. (34) John Smith; 5. (33) Bill Gibbons.

RUN-A-BOUT — 1. (11) Duane Freed; 2. (6) Tim Walters; 3. (8) Scafer Carpenter; 4. (80) Jason Hall; 5. (74) Tim Weathers.

4-CYLINDER BOMBER — 1. (31) John Zidek; 2. (53) J.D. Gerard; 3. (17) Jeremy Summers; 4. (31) Michael Dahm; 5. (7) John Cook.

AMERICAN RACE TRUCK SERIES — 1. Al Newman, Chevrolet; 2. Tony Hargraves, Chevrolet; 3. Doug Miller, Ford; 4. Paul Grynewicz, Chevrolet; 5. Scott Trank, Dodge.

NEW SMYRNA SPEEDWAY SATURDAY, MAY 31

LATE MODEL — 1. (11) David Rogers; 2. (8X) Pete Orr; 3. (81) Kevin Lawrence; 4. (11) Bill Keaton; 5. (61) Mike Vedic.

LIMITED LATE MODEL — 1. (54) Jim Shery; 2. (23) Greg Elliott; 3. (6C) Rick Lyons; 4. (66) Bobby Will; 5. (11) Sammy Graham.

FLORIDA/IMCA MODIFIED — 1. (75) Bobby Blake; 2. (92) David Rogers; 3. (71) Joe Middleton; 4. (48) Larry Evers; 5. (96) Randy Hecker.

SPORTSMAN — 1. (77) Bobby Gonzalez; 2. (17) Kathy Gentry; 3. (6) Glen Wilam; 4. (56) Andy Jacques; 5. (9) John Prigot.

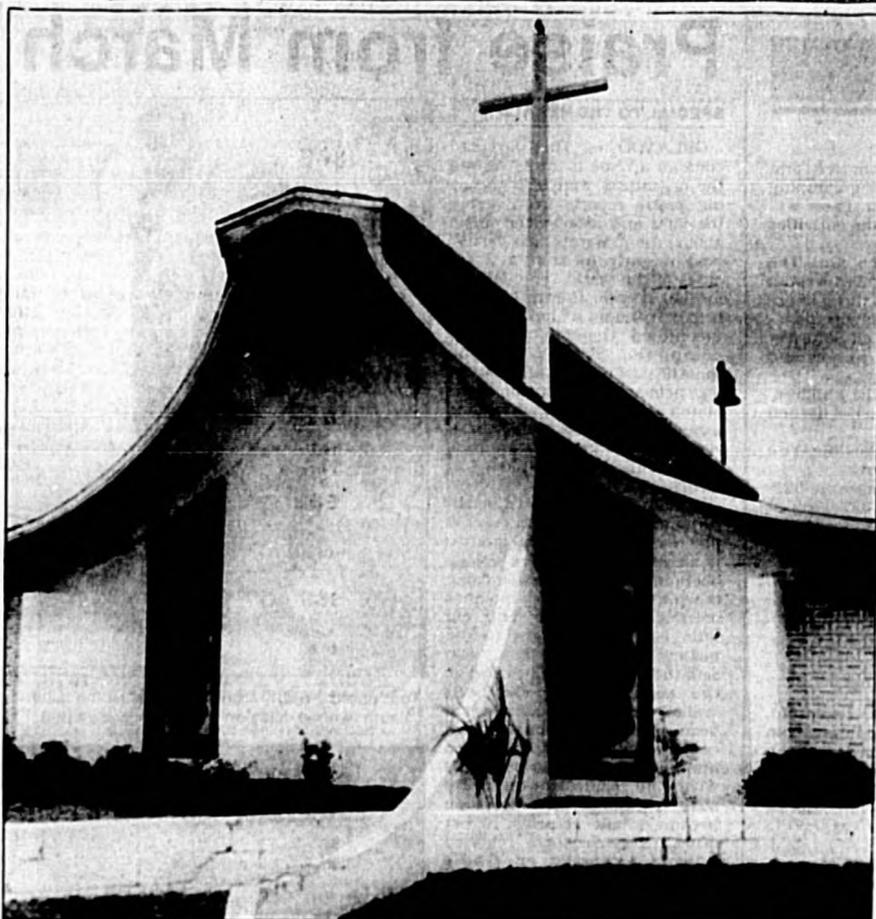
MINI-STOCK — 1. (2) Bob Dorn; 2. (2) Vic Vanacker; 3. (81) Conrad Grenier; 4. (15) Wayne Clark; 5. (19) Bob Goff.

BOMBER — 1. (8) Richard Clouser; 2. (8) Mark Sherr; 3. (98) Gary Vivian; 4. (71) Mike Fendler; 5. (14) Barbara Moser.

RUN-A-BOUT — 1. (11) Duane Freed; 2. (6) Tim Walters; 3. (80) Mike Hasting; 4. (96) Freddy Horton; 5. (12) Andrew Wallace.

AMERICAN RACE TRUCK SERIES — 1. Danny Molelock; 2. Robert "Showtime" Yoho.

# Worship at the church of your choice



Good Shephard Lutheran ELCA, 2917 Hwy. 17-92, Sanford

**Anglican**  
**TRADITIONAL EPISCOPAL ST. ALBANS' ANGLICAN CATHEDRAL**  
 3348 W. SR 426 (Alma Ave.)  
 (1/4 Mile off Greenway)  
 SR 417 (Going East)  
 Oviedo, Florida  
 407-657-2378  
 1528 Book Of Common Prayer  
 Sunday Services  
 8:00 a.m. Said Eucharist  
 9:00 a.m. Sunday School  
 10:00 a.m. Sung Eucharist (Nursery All Services)  
 Weekday Services  
 Daily Morning Prayer 8:30 a.m.  
 Wed. Holy Eucharist 7:00 p.m.  
 Fri. Holy Eucharist 12:00 noon  
 All Prayer Books  
 Holy Days 12:00 noon  
 The Difference is Worth The Distance

**Baptist**  
**PALMETTO AVENUE BAPTIST CHURCH**  
 2626 Palmetto Ave., Sanford, FL 32773  
 Rev. Ron Williams Senior Pastor  
 Rev. Dennis Thomas Associate Pastor  
 Rev. Charles Simpson Sunday School Superintendent  
 Jay Williams Music Minister  
 Brian Hudson Missions Intern  
 Carlos Duncan Single Parents Director  
 Frank Beasley Teen Director  
 Early Worship Service 9:00 a.m.  
 Sunday School Classes 10:00 a.m.  
 2nd Worship Service 11:00 a.m.  
 Family Worship Service 6:00 p.m.  
 Mid Week Service (Wednesday)  
 Childrens Club 7:15 p.m.  
 Adult Bible Study 7:30 p.m.  
 Nursery for preschoolers is provided for all services  
 Independent - Baptist  
 Bible Fellowship  
 Liberty Christian School (Preschool 12th grade)

**Assembly Of God**  
**CORNERSTONE ASSEMBLY OF GOD**  
 181 N. Country Club Rd. Lake Mary, FL  
 407-323-9140  
 Rev. Ron Clouse Pastor  
 Rev. John Paslay Assoc. Pastor  
 Sunday School 9:30 a.m.  
 Morning Worship 10:30 a.m.  
 Sunday Evening 8:00 p.m.  
 Wed. Family Night 7:00 p.m.  
 Nursery Provided

**FAMILY WORSHIP CENTER**  
 1170 W. Airport Blvd. Sanford, FL 32771  
 407-322-9222  
 Jeff Krall Pastor  
 Sunday School 9:30 a.m.  
 Worship Service 10:30 a.m.  
 Wednesday Service 7:30 p.m.

**FREEDOM ASSEMBLY OF GOD WORSHIP CENTER**  
 Old Zebra Plaza Office Hours 9-5  
 Nursery Provided  
 407-323-8998  
 Randall Hall Walker Pastor  
 Christian  
 Education Class 10:00 a.m.  
 Morning Worship 11:00 a.m.  
 Evening Worship 6:00 p.m.  
 Wednesday Mid Week Bible Study 7:00 p.m.  
 Monday through Friday Prayer 1:00 to 2:00 p.m.  
 Radio Time 7:00-7:15 a.m.  
 Monday through Friday WTRR 1400 AM

**Baptist**  
**WESTVIEW BAPTIST CHURCH**  
 4100 Palmetto Road (48A) Sanford, Florida 32771  
 407-323-0523  
 Dr. Dennis Littleton Pastor  
 Sunday School 9:00 a.m.  
 Church Training 9:45 a.m.  
 Evening Worship 7:00 p.m.  
 Wed. Prayer Service 7:00 p.m.

**COUNTRYSIDE BAPTIST CHURCH**  
 Country Club Rd. Lake Mary, FL  
 Avery M. Long Pastor  
 Sunday School 9:45 a.m.  
 Preaching & Worshiping 10:45 a.m.  
 Bible Study 6:30 p.m.  
 Singing & Proclaiming 7:00 p.m.  
 Wed. Prayer Meet. 6:15 p.m.  
 Sat. Mens Prayer Meet. 6:15 p.m.  
 Nursery Provided

**PINECREST BAPTIST CHURCH**  
 501 East Airport Boulevard Sanford, Florida 32773  
 Church Office 322-3737  
 Tony Fink Pastor  
 Sunday School 9:45 a.m.  
 Morning Worship 10:45 a.m.  
 Evening Worship 6:00 p.m.  
 Wednesday Mid Week Worship 7:00 p.m.  
 Children's Church 7:00 p.m.  
 Thursday Visitation 7:30 p.m.

**FIRST BAPTIST CHURCH OF LAKE MARY**  
 Sunday  
 Morning Worship 10:00 a.m.  
 Lake Mary Community Center  
 Sunday School, Bible Studies  
 Youth & Childrens Chors  
 Beginning in August  
 Steve Nelson Pastor  
 Kenny McKay Music  
 Phone 407-331-6239  
 Church Office  
 1385 W. SR 434  
 Longwood, FL 32750

**JORDAN BAPTIST CHURCH**  
 920 Upsala Rd. Sanford 32792  
 George Sleds Pastor  
 Sunday School 10:00 a.m.  
 Morning Service 11:00 a.m.  
 Evening Service 6:00 p.m.  
 Wednesday Service 7:00 p.m.  
 Old Truths for a New Day

**Christian Science**  
**FIRST CHURCH OF CHRIST SCIENTIST, LONGWOOD**  
 875 Marshman Woods Road  
 Corner of E. E. WILLIAMSON ROAD  
 407-788-7708  
 Sunday Church Service  
 and Sunday School 10:00 a.m.  
 Wednesday 8:00 p.m.  
 Child Care Available at all Services  
 Reading Room  
 Monday thru Saturday  
 11:00 a.m. to 4:00 p.m.  
 285 W. Pine Ave., Longwood, FL  
 Phone 407-336-1285

**Congregational**  
**CONGREGATIONAL CHRISTIAN CHURCH (NACCC)**  
 2401 S. Park Ave., Sanford  
 407-322-4564  
 Rev. Thomas P. Tachibana Minister  
 Sunday School 9:30-10:30 a.m.  
 Worship 11:00 a.m.  
 Youth Meeting Sun 6:00 p.m.  
 Wed. Bible Study 7:15-8:15 p.m.  
 Fellowship Dinner 8:00 p.m.  
 every 2nd Wednesday  
 Every 1st Saturday, 8:00 a.m.  
 Men's Club Breakfast  
 Every 1st Saturday, 10:00 noon  
 Children's Activity Time

**Foursquare**  
**CONGREGATIONAL CHRISTIAN FELLOWSHIP LAKE MARY FOURSQUARE**  
 Lake Mary Elementary School  
 Corner Lake Mary Blvd. and Country Club Road  
 Lake Mary, FL  
 Tel. 407-323-8800  
 Steve Quisenberry Pastor  
 Sunday Worship 10:00 a.m.  
 Nursery Provided

**Inter-denominational**  
**BEARDALL AVE. CHAPEL**  
 3222 Beardall Ave.  
 407-322-8202  
 Jack Cox Pastor  
 Sunday Morning Worship 10:00 a.m.  
 Evening Service 7:00 a.m.  
 Tuesday Evening Bible Study 7:00 p.m.

**Episcopal**  
**HOLY CROSS EPISCOPAL CHURCH**  
 401 Park Ave., Sanford, FL  
 Telephone 407-322-4811  
 Rev. G. Alfred Cole, Jr.  
 Rev. Christopher B. Young  
 Assisting  
 Holy Eucharist 7:30 a.m.  
 Holy Eucharist 10:00 a.m.  
 Tuesday 7:00 a.m.  
 Wednesday 10:00 a.m.  
 Thursday 7:30 p.m.

**Church Of Christ**  
**LONGWOOD CHURCH OF CHRIST**  
 1018 Hwy. 17-92 1 mi. SW Hwy 434  
 323-5830, 688-0832, 804-756-3170  
 Sun Worship 10:30 a.m. & 6 P.M.  
 You are invited to visit, study and worship with us in the near future. A friendly greeting always awaits.

**MID FLORIDA CHURCH OF CHRIST**  
 214 Wade St.  
 Winter Springs, FL 32708  
 Sunday Services 10:30 a.m. & 6:00 p.m.  
 Sunday Bible Study 7:30 p.m.  
 Minister Barry Hayes  
 Phone 407-327-5005

**ST. PETER'S EPISCOPAL CHURCH**  
 The Rev. B. L. Barge, Rector  
 Sunday Holy Eucharist 8:00 a.m.  
 Christian Education - All Ages 9:00 a.m.  
 Holy Eucharist 10:00 a.m.  
 Children's Church 10:00 a.m.  
 (Education Wing)  
 Nursery Begins at 9:00 a.m.  
 Through 10:00 a.m. Service  
 Wednesday Holy Eucharist 7:00 p.m.

**Church Of God**  
**CHURCH OF GOD**  
 801 W. 22nd St. Sanford, FL  
 407-322-3942  
 Rev. Wesley Baker Pastor  
 Sunday School 9:45 a.m.  
 Morning Worship 10:50 a.m.  
 Evangelistic Service 7:00 p.m.  
 Family Enrichment Service Wednesday 6:00 p.m.  
 Seminoles Trinity Christian School  
 Christian School Pre-School thru grade 12  
 407-321-2723  
 Also Day Care Starts at 1 year to pre-school  
 407-323-1411

**Non-Denominational**  
**FAITHFUL WORD MINISTRIES**  
 Christian Resource Center  
 Lakeview Plaza #1407, 328-4300  
 320 E. Commercial St. Sanford  
 Sunday Service 11:00 a.m.  
 Children's Fellowship 11:00 a.m.  
 Family Fellowship 12:30 p.m.  
 Refreshments 12:30 p.m.  
 Wednesday Fellowship Meeting 7:30 p.m.  
 Friday - Christian Counseling 2:00-5:00 p.m.  
 (Please call 328-4300 for app.)  
 Rev. Steve Michner Pastor  
 Director

**GRACE UNITED METHODIST CHURCH**  
 499 Country Club Road  
 Lake Mary, FL  
 407-322-1472  
 David A. Lambert, Jr. Pastor  
 Sunday School 9:30 a.m.  
 Morning Worship 10:30-11:30 a.m.  
 Sun. Coffee Fellowship 11:30 a.m.  
 United Methodist Youth 5:00 p.m.  
 Men's Prayer Breakfast 6:30 a.m.  
 Wed. Night Covered Dish 6:30 a.m.  
 Chancel Choir Wed. 7:00 p.m.  
 J.O.Y. (Just Older Youth) (2nd Sat. of ea. Month) 12:00 p.m.  
 United Methodist Men (2nd Sat. of ea. Month) 8:00 a.m.  
 United Methodist Women (3rd Sat. of ea. Month) 10:00 a.m.  
 Training, Sharing And Growing In-Grace

**Nazarene**  
**FIRST CHURCH OF THE NAZARENE**  
 2581 Sanford Ave., Sanford, FL  
 407-322-3122  
 John J. Hinton Pastor  
 Sunday School 9:45 a.m.  
 Morning Worship 10:45 a.m.  
 Evangelist Service 6:00 p.m.  
 Midweek Service Wed. 7:00 p.m.  
 Youth Hour Wed. 7:00 p.m.

**Jewish**  
**CONGREGATION BETH EL OF CENTRAL FLORIDA**  
 Lake Mary Community Center  
 206 N. Country Club Rd., Lake Mary  
 (407) 324-3097 (407) 788-3729  
 Every 1st Friday of Month  
 Inaugural Day and Dinner 7:30 p.m.  
 Friday Sabbath Service (all other Fridays) 8:15 p.m.  
 Saturday Sabbath Services 9:30 a.m.  
 Membership, Religious School and Jewish Nursery School Programs  
 Information Call (407) 788-3729 or (407) 772-0477

**Lutheran**  
**LUTHERAN CHURCH OF THE REDEEMER**  
 (Missouri Synod)  
 2525 Oak Ave., Sanford, FL  
 Rev. Eimer A. Reuscher Pastor  
 Sunday School 10:30 a.m.  
 Worship Service 10:30 a.m.  
 Information 322-3552 or 323-0810

**Lutheran**  
**HOLY CROSS LUTHERAN CHURCH OF LAKE MARY**  
 760 Sun Drive, Lake Mary, FL  
 Paul Hoyer Pastor  
 Saturday evening 5:30 p.m.  
 Contemporary Worship 8:00 a.m.  
 Traditional Service  
 Sunday morning 9:15 a.m.  
 Contemporary Worship 10:30 a.m.  
 Sunday morning 10:30 a.m.  
 Family Worship Service  
 Nursery is provided at 9:15 a.m. and 10:30 a.m. services  
 Sunday School for adults and children 9:15 a.m.  
 Bible Classes 7:00 p.m.  
 Holy Cross Story Hour Preschool  
 For Information Call 407-331-0797

**Presbyterian**  
**FIRST PRESBYTERIAN CHURCH OF SANFORD**  
 Between 3rd & 4th St. & Park & Oak / Downtown Sanford, FL  
 Phone 407-322-2862  
 Fax 407-322-2864  
 Rev. Bruce B. Scott Pastor  
 Sunday Church School 10:00 a.m.  
 Sunday Morning Worship 10:00 a.m.  
 Nursery  
 Senior High Fellowship 6:00 p.m.  
 Wednesday Family Night Supper 5:30 p.m.  
 Youth Groups  
 Buccaneers (K-4 Grades)  
 Mustangs (5-8 Grades)  
 Adult Programs  
 Wednesday 6:15 p.m.  
 "Where We Know Your Name"

**Wesleyan**  
**WESLEYAN PRESBYTERIAN CHURCH**  
 211 Weverka Springs Lane Longwood  
 Phone: 886-1808  
 Rev. Dr. Graham Hardy Interim Pastor  
 Church Service 6:30 & 11:00 a.m.  
 Church School (All ages) 9:45 a.m.  
 Nursery Provided

**Methodist**  
**CHRIST UNITED METHODIST CHURCH**  
 408 Tucker Drive (Corner Tucker Dr. & CR 427)  
 Rev. Frank McKown Pastor  
 Telephone: (407) 322-7961  
 Sunday School 9:30 a.m.  
 Inter Mission 10:30 a.m.  
 Morning Worship 11:00 a.m.  
 Bible Study 6:30 p.m.  
 Thursday 6:00 p.m.  
 Methodist Youth Fellowship Saturday 6:00 p.m.  
 Children's Time included in Worship  
 Nursery provided for Babies and Small Children  
 "Small Enough To Love You - Growing In Christ To Serve You"

**Seventh Day Adventist**  
**SANFORD MEADOWS SEVENTH DAY ADVENTIST CHURCH**  
 5615 Country Rd. 427 Sanford, FL  
 407-322-7910  
 Sabbath (Sat) 9:15 a.m.  
 Divine Worship (Sat) 11:00 a.m.  
 Prayer Meeting (Wed) 7:00 p.m.  
 After Bible (Sat) 1:15 p.m.

**SANFORD SEVENTH DAY ADVENTISTS**  
 800 E. Second Street Sanford, FL 32771  
 407-323-8646  
 Pastor: Jackson Doggett  
 Phone: (407) 786-1236  
 Sabbath School 9:30 a.m.  
 Divine Worship 11:00 a.m.  
 Prayer Meeting 7:30 p.m.  
 The Church Where Faith Works Through Love

**Spiritualist**  
**SPIRITUALIST CHURCH OF AWARENESS, NSAC**  
 3210 N. Chickasaw Trail off of Bates Road, Orlando  
 Sunday Service 10:30 a.m.  
 Wednesday Service 7:30 p.m.  
 Mini-readings 2nd Sunday  
 September thru April  
 For more info call 407-878-3688  
 Co-Pastors Rev. Joan Lorch & Rev. Ann Otzelberger

**U.C.S. SPIRITUAL CENTRE**  
 102 A Aspen Ave. Orange City, FL  
 (Across from Wash Blue Springs Auto Wash)  
 Rev. Margaret Ann Schmidt Pastor  
 Sunday Healing Service 10:00 a.m.  
 Regular Service 10:30 a.m.  
 Thursday All Message Service 7:30 p.m.  
 Information on Church Functions and Spiritual Counseling Call (904) 228-2222

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# Religion

## IN BRIEF

### Camping trip

**SANFORD** — The Christian Education Committee and Children of the First Presbyterian Church are going camping to Ichetucknee Springs for a weekend of family fun. There will be tubing, swimming, games, camp fires and all the activities that go along with camping.

Families are invited to attend and join in the fun. The campground is located in North Florida about 30 miles west of Lake City. The Ichetucknee river trip takes about three hours to drift down the crystal clear water fed by numerous springs.

Plans are to leave Friday, June 6 at 5 p.m., tube on Saturday morning and relax in the afternoon. A campfire, smores and activities will take place Saturday night.

The Sunday morning worship will be led by the children. Later the group will swim at the springs, have lunch and then drive home.

If you have scheduling problems, the group is flexible. You may come early or leave late, but just come and enjoy.

For reservations and details call the church office at 322-2662. Bob Hunter at 322-7979, Art Woodruff at 322-6968 or Cheryl Leidigh at 321-0218.

### Pancake breakfast

**LAKE MARY** — Grace United Methodist Church, 499 N. Country Club Rd., will host a Pancake and Sausage Breakfast and Rummage Sale on Sat., June 7 from 8 a.m. until noon. The breakfast is an all-you-can-eat for \$3.

For more information call the church office at 322-1472.

### VBS offered

**SANFORD** — Westview Baptist Church, 4100 Paola Rd. (46A), invites children age 3 through grade 8 and adults to join "The Wild and Wonderful Good News Stampede." Each evening includes an exciting worship rally where the good news of Jesus will be celebrated.

Activities, fun, food, music, Bible-learning and crafts will be featured. The event will take place on June 8 to 13 at 6:30 to 9 p.m. each evening.

For more information call the church office at 323-0523.

### Hebrew school

**LAKE MARY** — Beth El Learning Center is taking applications for early registration to Religious School. Educational programs include: Judaic Studies for children for kindergarten to seventh grade will meet on Sundays, 9:30 a.m. to noon; Hebrew Studies program for children from Aleph through Hay (third through seventh grade) will meet on Wednesdays, 4 to 6:30 p.m.

Located at 1677 E.E. Williamson Rd., to conveniently serve the Longwood/Lake Mary communities, Beth El Learning Center is staffed by a highly qualified and dedicated staff, under the direction of Jaclyn Elbaz.

To reserve a place for your children during early registration (space is limited), call 869-7143 for an appointment and additional information.

### Yard-Bake Sale

**LAKE MARY** — Crossings Community Church, 390 Longwood-Lake Mary Rd., will hold a yard and bake sale tomorrow from 8 a.m. to 3 p.m.

A child's pool table, weights, cribs, toys, children's clothes, games, household items and baby items are just some of the things available. Fresh baked items will also be on sale.

### Conference set

**SANFORD** — A powerful Spiritual Warfare Conference is set for June 11 to 13 with Evangelist George Bloomer. He is the founder and president of Young Witnesses for Christ Ministries in Durham, N.C. He has taught seminars on "Witchcraft in the Pews" and he hosts a radio and television program, called "Voice of Triumph."

The conference will be held at House of Refuge Ministries, 1001 Celery Ave., where Bishop Elijah Richardson is pastor. Services begin nightly at 7:30 p.m.

For more information call 324-4711.

### Youth Week

**SANFORD** — Annual Youth Week (June 16-22) will be held at the House of Refuge Ministries, 1001 Celery Ave., with special speakers and praise dancing. The theme is "Take Your Candle and Light Your Corner of the World."

Nightly services begin at 7:30 p.m. and Sunday service begins at 7 p.m. For more information call 324-4711.

### Family and Friends Day

**SANFORD** — Zion Hope Missionary Baptist Church, 710 Orange Ave., will offer a car wash, yard sale, hot dogs, hamburgers and soft drinks will be available Saturday. This event will be sponsored by the Youth Department.

The public is invited to attend.

### Marriage Seminar

**SANFORD** — An eight week seminar designed to fine tune good marriages, strengthen weak marriages and heal broken marriages. "His Needs, Her Needs," will be offered at the Sanford Church of Christ, 1500 S. Park Ave., from June 16 to August 4 each Monday evening from 7 to 9:30 p.m.

The cost of the seminar is \$135. This includes workbooks, audiotapes, two books by Dr. Harley and the seminar itself.

The cost is to cover the cost of materials and royalties for the materials. There is no charge from the church or the seminar leaders.

For more information or registration call the church office at 322-7781.

### Tutoring available

**SANFORD** — Free tutoring in reading and math skills for children, first through fifth grades, will continue during the summer at Allen Chapel AME Church, 1203 Olive Ave. The sessions will take place on Monday, Tuesday and Thursday from 5 to 6:30 p.m., Wednesday from 3 to 4:45 p.m.

Adults interested in forming a class may call 321-6864 and leave your name and phone number. Please indicate whether you are volunteering to tutor or you would like to be tutored.

### VBS scheduled

**SANFORD** — The Wild Frontier Bible Theme Park will be the theme of the Vacation Bible School at First Presbyterian Church, 301 S. Oak Ave., June 9 to 13 from 5:30 to 8:30 p.m. each evening. The church will turn into a frontier theme park complete with rides, shoes, crafts and great food. Each evening will start with dinner at 5:30 p.m. Singing will follow.

Crafts, stories and a time of learning about Jesus will be featured. The night will end with a Showtime Stage. For registration information call the church office at 322-2662.

### Celebrate Sanford Day

**SANFORD** — Men in Action USA Inc. and Christian HELP will sponsor "Celebrate Sanford Day" on Sat., June 21 at Ft. Melon Park from 10 a.m. to 4 p.m. Free food, music, singing, job leads, business leads and ministry will be offered.

Come and show case your business, church or organization to the community. All donations will be used to help aid MIA in the restoration process.

A concert of prayer will also held. For more information call 696-4888.

# Praise from March for Jesus

SPECIAL TO THE HERALD

**ORLANDO** — The day had come to a close in America and the organizers were still receiving praise reports from across the land and around the world about the "March for Jesus" held recently in around 2,000 cities of the world. The "March for Jesus" in Central Florida began at 9 a.m. at Lake Eola in downtown Orlando and was completed by 1 p.m. The monthly "Concert of Prayer" was held at the conclusion of the March and the participants came away reporting to "have experienced great joy and gratitude for what the Lord had done" in all of it.

Although there was a small turnout, about 150 from over 30 different denominational groups, those who did come were serious about the Lord and walls came down. One precious moment occurred when a four year old little boy was brought to the podium by his mothers, who said that he was being healed as the song "Church Without Walls" was being sung. He had been sitting off by himself, then began sobbing, when she picked him up and asked him what was wrong, he said, "Mommy, the song is healing me." He then became totally at peace in her arms. Everyone there reported having experienced God's presence in a unique way as that mother testified, and those gathered worshipped Him all the more for manifesting His healing love to that young child.

Another highlight was a tender reconciliation between the denominations, especially between Protestant and Catholic brothers and sisters, predominantly those who had been former Catholics who were reconciled with a Catholic church representative who was on the program, praying alongside of them. With Catholic roots in their lives, they had gone on to other churches or expressions in their walk with the Lord. Perhaps they had unfinished business, hurts, misunderstandings, but God had a plan to bring down walls, and he did.

The reconciliation was initiated by a city leader who happened to say, toward the end of the program, "as a former Catholic, Father, I want to say we appreciate what you shared here today, and we love you." (to the Catholic priest who had spoken on liberty in the Spirit and freedom of expression and our united witness before the world being weakened by our divisions in the Body of Christ). Then the priest replied, "as a former Protestant, I appreciate and love you too." Following that exchange from the podium, people from all over the crowd began coming over to the priest, talking, embracing, forgiving, everyone



Top photo: Youth from Warriors Home Church march. Individuals from various churches united in prayer before the "Concert of Prayer" begins.



was free to be whatever their individual consciences dictated, with no recriminations on either side. Who knows to where that type of love and reconciliation might lead? Definitely to love and understanding, healing and bringing down walls that separate.

One Catholic woman operating in a predominantly Protestant ecumenical atmosphere said that she was radiant at what she saw the Body of Christ coming together in front of her eyes and much long term pain and woundedness being removed.

Another participant spoke saying, "We can have unity in our diversity and yet still remain

in our own churches of preference. God is so good and I praise Him for all He did today."

Various individuals, ministries and church groups came from all over Central Florida to participate, among those representing Sanford and Seminole County were Paul Benjamin of Men in Action USA, Phyllis Gregory of Just Kids Ministry, George Kern of Pray Central Florida, Youth Pastor Danny Mastrapa of Inglesi's Renewal, AG and members of various groups such as Women's Aglow, the Episcopal Church Women and the "Servants of the Most High." Catholic, Charismatic Community and the

Church of the Annunciation. The program included speakers and those who prayed from a number of different Christian ministries and denominations, both Catholic and Protestant. Rick Dahl from WLN Radio and Benedict Caley of the Hindu Urdu Radio Ministry were two of the media representatives present.

The event was supported by City Foundations, Mission Orlando and coordinated by Maureen Carson Bravo of Resources Unlimited of Central Florida, who has been the organizer of the March for Jesus in the Central Florida area for the past two years. Next year's event will be held May 30.

## Presbyterians celebrate



Photo left: First Presbyterian Church of Sanford recognized two of its members, Dr. Stanley Potter and John Greene, pictured with their wives, Alice Potter and Lillian Greene, during Worship service May 25 for 50 years of combined service at



Head Ushers with a reception following. Photo right: The members also celebrated along with John and Lillian Greene with recognition and reception of their 50th wedding anniversary.

## DeBose performs for extravaganza

Kewan DeBose performs at Christian Fellowship Church for the Youth Extravaganza held recently. Choirs and Praise Dancers also participated in the event.

Herald Photo by Steve Barnes



## Summer schedule

**LAKE MARY** — Note the new summer schedule for Sunday School and worship services at River Oaks Church, in the Driftwood Village.

Adult and children's Sunday School is 9 to 10 a.m. and the worship service begins at 10:30 a.m.

Nursery is provided. Young children are dismissed from the worship service following worship songs, for Children's Church.

## Cash to speak

**SANFORD** — June 29 will be the return engagement of Apostle J.L. Cash and Praise. He is the pastor/overseer of Praise Center Outreach Ministries of St. Petersburg. This group ministers richly in word and song.

Services begin at 7 p.m. at House of Refuge, 1001 Celery Ave. For more information call 324-4711.

# Mediterranean Fruit Fly found in Tampa

## From Staff Reports

TAMPA—A single Mediterranean fruit fly has been found in Tampa, Florida Agriculture Commissioner Bob Crawford announced today.

The male Medfly was discovered yesterday in a Jackson trap baited with trimedure and hanging in a kumquat tree at a residence at 1004 Hanna Avenue. Host fruit trees at that location and adjoining properties will be sampled and examined for larvae.

Inspectors with the Florida Department of Agriculture and Consumer Services Division of Plant Industry and the U.S. Department of Agriculture will begin intensive trapping immediately, to bring the total to approximately 1,700 fruit fly traps in an 81-square mile zone surrounding the find.

"This Medfly could well be a lone hitchhiker and not part of a full-blown infestation," Crawford said. "Only time and intensive

trapping will give us that answer. We immediately activated the Medfly emergency plan that was designed to deal with any introduction or infestation of this nature, and I'm confident this program will be handled as skillfully and successfully as all our previous efforts."

Fruit fly detection is being intensified in the area in accordance with the Joint State/Federal Mediterranean Fruit Fly Emergency Program Action Plan, which calls for a delimiting survey in the 81-square-mile zone radiating from any find.

During this survey, 100 additional Jackson fruit fly traps will be placed in the one-square-mile core area surrounding the find and will be checked daily. The survey also will include:

- 50 traps per square mile in the one-mile buffer surrounding the core;
- 25 traps per square mile in the two-mile buffer;
- 20 traps per square mile in the four-mile buffer;
- 10 traps per square mile in the four-mile buffer.

Placing the additional traps is expected to take approximately one week, and any subsequent action will depend on the results of the intensive survey.

## Legal Notice

### FIRST PUBLIC HEARING ON ADULT ENTERTAINMENT ESTABLISHMENTS AND SEXUALLY ORIENTED BUSINESSES REGULATION AND LAND USE

NOTICE is hereby given that the Board of County Commissioners of Seminole County, Florida, intends to hold a public hearing to consider the enactment of an ordinance entitled:

**AN ORDINANCE RELATING TO SEXUALLY ORIENTED BUSINESSES AND ADULT ENTERTAINMENT ESTABLISHMENTS, AND RELATED MATTERS, PROVIDING FOR REGULATORY, LAND USE, AND RELATED PROVISIONS RELATING TO ESTABLISHMENTS AND BUSINESSES PROVIDING FOR LAND USE REGULATORY ZONING AND LAND DEVELOPMENT AND RELATED PROVISIONS PROVIDING FOR A SHORT TITLE, PROVIDING FOR LEGISLATIVE PURPOSES, FINDINGS AND INTENT, PROVIDING FOR CONSTRUCTION OF THE ORDINANCE, RECOGNIZING OBSCENITY AS UNLAWFUL, PROVIDING FOR DEFINITIONS, PROVIDING FOR NOTICE, PROVIDING FOR PENALTIES, REMEDIES AND RELIEF, PROVIDING FOR AND REQUIRING LICENSES, PROVIDING FOR APPLICATIONS AND FEES, PROVIDING FOR CLASSIFICATION OF LICENSES, PROVIDING FOR APPROVAL, DENIAL AND REJECTION OF APPLICATIONS, PROVIDING FOR CONTINUING DUTIES UPON LICENSE APPLICANTS, PROVIDING FOR INVESTIGATIONS, PROVIDING FOR REAPPLICATION, PROVIDING FOR TIME PERIODS, PROVIDING FOR ESTABLISHMENTS AND BUSINESSES EXISTING ON EFFECTIVE DATE OF ORDINANCE, PROVIDING FOR DIVERSE GOVERNMENTAL RESPONSIBILITIES, PROVIDING FOR EXPIRATION, LAPSE, CONTINUATION, TERMS, SUSPENSION, REVOCATION AND ENFORCEMENT OF LICENSES, PROHIBITING THE TRANSFER OF LICENSES, PROVIDING FOR PROCEDURES AND PROCEEDINGS, PROVIDING FOR APPEALS, PROVIDING FOR WORKER RECORDS, CUSTOMER CONTRACTS AND DAILY REGISTERS AND INSPECTION AND COPYING THEREOF, PROVIDING FOR DUTIES AND OBLIGATIONS, PROVIDING FOR PROHIBITED ACTIVITIES AND UNLAWFUL ACTS BY ESTABLISHMENTS AND BUSINESSES, WORKERS AND CUSTOMERS, PROVIDING FOR REMEDIES, REMEDIES, OBLIGATIONS AND ACTIONS, REQUIRED ACTS AND PROHIBITIONS, PROVIDING FOR LICENSEE CONSENT, PROVIDING FOR SPECIFIC PROVISIONS RELATING TO VARIOUS CATEGORIES OF LICENSES, PROVIDING FOR ADULT BOOK STORES/ADULT VIDEO STORES, PROVIDING FOR ADULT THEATERS, PROVIDING FOR ADULT CABARETS, PROVIDING FOR COMMERCIAL BODY CONTACT ESTABLISHMENTS, PROVIDING FOR ESCORTS AND ESCORT SERVICE PROVIDERS, PROVIDING FOR ADULT MODELING OR DISPLAY ESTABLISHMENTS, PROVIDING FOR ADULT MODELS, PROVIDING FOR PROHIBITED ACTS BY CUSTOMERS, PROHIBITING ADVERTISING BY CERTAIN MEANS, PROVIDING FOR PROHIBITED ACTS BY WORKERS, PROVIDING FOR RECORDS AND REPORTS, PROVIDING FOR NAME CHANGES, PROVIDING FOR ADVERTISING, PROVIDING FOR MINORS, PROVIDING FOR OBSERVATIONS, INSPECTIONS, STANDARDS, RECORDS, STRUCTURAL REQUIREMENTS, USE OF RESTROOMS OR DRESSING ROOMS, NOTICE, SIGNAGE AND RELATED MATTERS PERTAINING TO ESTABLISHMENTS AND WORKERS, PROVIDING FOR OCCUPATIONAL LICENSES AND HOME OCCUPATION, PROVIDING FOR REPORTS, PROVIDING FOR SEPARATION, REQUIREMENTS BETWEEN ADULT ENTERTAINMENT ESTABLISHMENTS, SEXUALLY ORIENTED BUSINESSES AND BETWEEN SUCH ESTABLISHMENTS AND CHURCHES, SCHOOLS, PROPERTY ASSIGNED A RESIDENTIAL ZONING CLASSIFICATION OR LAND USE DESIGNATION, AND OTHER PROPERTIES, PROVIDING FOR ADULT ENTERTAINMENT ESTABLISHMENTS/SEXUALLY ORIENTED BUSINESSES AS PERMITTED USES AND ELIMINATING THE REQUIREMENT TO BE APPROVED AS A CONDITIONAL USE SPECIAL EXCEPTION, PROVIDING FOR AUTORIZED AND PERMITTED USES, AMENDING CHAPTER 2 AND SECTION 10-161 LAND DEVELOPMENT CODE OF SEMINOLE COUNTY, CREATING THE M-2 IMPACT INDUSTRIAL ZONING CLASSIFICATION AND DESIGNATING PERMITTED USES AND RELATED MATTERS, PROVIDING FOR BUILDING HEIGHT REQUIREMENTS, PROVIDING FOR SET BACK REQUIREMENTS, PROVIDING FOR BUFFER REQUIREMENTS, PROVIDING FOR PARKING, LOADING AND LANDSCAPE REQUIREMENTS, PROVIDING FOR PERFORMANCE STANDARDS, PROVIDING FOR OPEN SPACE REQUIREMENTS, REPEALING DELETING SECTION 10-155 LAND DEVELOPMENT CODE OF SEMINOLE COUNTY, PROVIDING FOR HOURS OF OPERATION, PROHIBITING THE OPERATION OF WORKING AT AND BEING A CUSTOMER AT A SEXUAL ENCOUNTER BUSINESS, PROHIBITING THE CAUSING, ENCOURAGING OR ALLOWING OF A MINOR TO BE PRESENT AT A SEXUAL ENCOUNTER BUSINESS, PROVIDING FOR IMMUNITY FROM PROSECUTION, REPEALING/DELETING PART 3, CHAPTER 41, SEMINOLE COUNTY CODE, SECTIONS 45-98, 45-109 AND POSSIBLY OTHER SECTIONS, SEMINOLE COUNTY CODE, PROVIDING FOR REPORTS, REPEALING ORDINANCE NUMBER 97-5-97-7 AND 97-13, PROVIDING FOR NONCONFORMING USES, PROVIDING FOR AMORTIZATION, PROVIDING FOR COUNTYWIDE APPLICATION UNDER CERTAIN CONDITIONS, PROVIDING FOR GENERAL CODIFICATION, DUAL CODIFICATION IN BOTH THE LAND DEVELOPMENT CODE OF SEMINOLE COUNTY AND THE SEMINOLE COUNTY CODE, AND ASSIGNING DUTIES TO THE COUNTY CODIFIER, PROVIDING FOR SEVERABILITY AND PROVIDING AN EFFECTIVE DATE.**

Case No. 97-0741-CA-14-G

Repeal of Trust as Recipient for Freedom Savings and Loan Association.

Plaintiff vs. Michael B. Butler and Jean Butler.

Defendants: NOTICE OF SHERIFF'S SALE

NOTICE IS HEREBY GIVEN that by virtue of that certain

Writ of Execution issued out of and under the seal of the Circuit Court of Seminole County, Florida, Case No. 97-0741-CA-14-G, upon a final judgment rendered in the

foregoing case on the 18th day of April A.D. 1997, in that certain case entitled Resolution Trust Corporation, as Receiver for Freedom Savings and Loan Association, Plaintiff vs. Michael B. Butler and Jean Butler, Defendants, which

foregoing Writ of Execution was delivered to me as Sheriff of Seminole County, Florida, and have been upon at the right title and interest of the

defendants in the foregoing described property, said property being located in Seminole County, Florida, more particularly described as follows:

Adm. Michael B. Butler and Jean Butler's interest in the

property located at Lot 146 River Run Section Four, according to the Plat thereof as recorded in Plat Book 23, at Page 54 through 57, inclusive of the Public Records of Seminole County, Florida, and the undersigned as Sheriff of Seminole County, Florida, will sell at public sale on the 10th day of June A.D. 1997, after for sale and sell to the highest bidder, FOR CASH IN HAND AND SUBJECT TO ANY AND ALL EXISTING LIENS, at the front West Door at the steps of the Seminole County Courthouse in Sanford, Florida, the above described property.

The said sale is being made to satisfy the terms of the Writ of Execution.

Donald F. Reinger, Sheriff Seminole County, Florida.

NOTICE REGARDING THE AMERICANS WITH DISABILITIES ACT OF 1990, PERSONS WITH A DISABILITY NEEDING SPECIAL ACCOMMODATIONS TO PARTICIPATE IN THE PROCEEDINGS SHOULD CONTACT THE ENFORCEABLE WRITS SECTION OF THE CIVIL DIVISION AT THE SHERRIFF'S OFFICE, 1345 28TH STREET SANFORD, FLORIDA, AT LEAST FIVE DAYS PRIOR TO THE PROCEEDINGS (407) 330-6440/100 (407) 323-3323.

Published May 9, 1997. Writ Sale being held on June 10, 1997.

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NOTICE REGARDING THE AMERICANS WITH DISABILITIES ACT OF 1990, PERSONS WITH A DISABILITY NEEDING SPECIAL ACCOMMODATIONS TO PARTICIPATE IN THE PROCEEDINGS SHOULD CONTACT THE ENFORCEABLE WRITS SECTION OF THE CIVIL DIVISION AT THE SHERRIFF'S OFFICE, 1345 28TH STREET SANFORD, FLORIDA, AT LEAST FIVE DAYS PRIOR TO THE PROCEEDINGS (407) 330-6440/100 (407) 323-3323.

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Circuit Court Seminole County, Florida

Case No. 97-0741-CA-14-G

Repeal of Trust as Recipient for Freedom Savings and Loan Association.

Plaintiff vs. Michael B. Butler and Jean Butler.

Defendants: NOTICE OF SHERIFF'S SALE

NOTICE IS HEREBY GIVEN that by virtue of that certain

Writ of Execution issued out of and under the seal of the Circuit Court of Seminole County, Florida, Case No. 97-0741-CA-14-G, upon a final judgment rendered in the

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Legal Notices

IN THE CIRCUIT COURT IN AND FOR SEMINOLE COUNTY, FLORIDA... CASE NO. 97-0433-CA-14-W... COUNTRYWIDE HOME LOANS, INC. v/a COUNTRYWIDE FUNDING CORPORATION

NOTICE OF FORECLOSURE SALE... NOTICE is hereby given that the undersigned Clerk of the Circuit Court of Seminole County, Florida, will on the 26th day of JUNE, 1997, at 11:00 o'clock A.M. at the West Front door of the Seminole County Courthouse in Sanford, Florida, offer for sale and sell at public outcry to the highest and best bidder for cash, the following-described property situated in Seminole County, Florida.

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT IN AND FOR SEMINOLE COUNTY, FLORIDA... CHASE MANHATTAN MORTGAGE CORPORATION v/a CHEMICAL RESIDENTIAL MORTGAGE CORPORATION... DAVID S. CIULLA, CARMEN M. CIULLA, his wife, JOHN HANCOCK MUTUAL LIFE INSURANCE COMPANY v/a JOHN HANCOCK INSURANCE AND AN UNKNOWN PERSON IN POSSESSION OF THE SUBJECT REAL PROPERTY.

NOTICE OF FORECLOSURE SALE... NOTICE is hereby given pursuant to a Final Judgment of Foreclosure dated and entered in Case No. 96-2377 CA 14 W of the Circuit Court of the EIGHTEENTH Judicial Circuit in and for SEMINOLE County, Florida wherein CHASE MANHATTAN MORTGAGE CORPORATION v/a CHEMICAL RESIDENTIAL MORTGAGE CORPORATION is Plaintiff and DAVID S. CIULLA, et al., are Defendants, I will sell to the highest and best bidder for cash in the West front door of the Courthouse in Sanford, SEMINOLE County, Florida, at 11:00 a.m. o'clock on the 12th day of June, 1997, the following described property as set forth in said Final Judgment, to wit: Lot 48 THE COLONADES THIRD SECTION, according to the plat thereof as recorded in Plat Book 18, Page 88, of the Public Records of Seminole County, Florida, a/v/a 208 Colony Drive, Casselberry, Florida 32707.

CELEBRITY CIPHER by Luis Campos... Celebrity Cipher cryptograms are created from quotations by famous people past and present. Each letter in the cipher stands for another. Today's clue is: "I'm a fish."

CELEBRITY CIPHER by Luis Campos... "I'm a fish."... V F Y K Q R E R W Z K O D F C... O R C D J D C L J B V R I D C... U K A D F U E S K G K A D F G K... W K K S E K K S ( N A K S M D... N R Z V X R A K M C J A ) A J W K A C... W A K E E J S... PREVIOUS SOLUTION "To survive the day is triumph enough for the walking wounded among the great many of us" - Studz Terkel

CLASSIFIED ADS

Seminole 407/322-2611 Orlando - Winter Park 407/831-9993

CLASSIFIED DEPT. HOURS: 8:00 A.M. - 5:00 P.M. MONDAY thru FRIDAY. CLOSED SATURDAY & SUNDAY. PRIVATE PARTY RATES: 14 lines ad re times... 86¢ a line 7 consecutive times... 94¢ a line 3 consecutive times... \$1.06 a line 1 time. Rates are per insert, based on 3 lines \* 3 Lines Minimum

NOW ACCEPTING VISA MasterCard

Scheduling may include Bargain Hunter at the cost of an additional day. Cancel when you get results. Pay only for days you ads run at the earned use full description for latest results. Copy must follow acceptable typographical form. \*Commercial frequency rates are available.

DEADLINES: Tuesday thru Friday 12 Noon The Day Before Publication. Saturday 12 Noon Friday. ADJUSTMENTS AND CREDITS: In the event of an error in an ad, the Sanford Herald will be responsible for the first insertion only and only to the extent of the cost of that insertion. Please check your ad for accuracy the first day it runs.

11-Home Health Care

Jan's Home Care 888-0709 Lic/Ins-Providing care since 1987. 24 hrs/day 7 days/week

12-Elderly Care

CAREGIVER F/T or P/T For elderly female. References required. 895-7201

21-Personals

ALONE? FL'S RESPECTED Dating Bureau for SENIORS 1-800-822-4477

23-Lost & Found

FOUND: White female Collie, about 2 yrs old. Blue/purple collar w/ no tags. Found at Sanford Airport area. 323-9198

27-Nursery & Child Care

HAPPY Pre-School children PLUS a caring NRS Teacher. Munchkin Manor. 321-8948

43-Legal Services

A-Z LAWTECH Divorce \$35, Bankruptcy \$75, Adoption \$75, Name Change \$55. Etc. (407) 322-0347 24 hrs \$5 off with this ad

55-Business Opportunities

\$136,000+ PER YR BEST BUSINESS EVER ESTABLISHED! Huge Profits 1st time offered. ONLY \$5995 1-800-552-0901 ANYTIME

71-Help Wanted

EXPERIENCED TRACTOR TRAILER DRIVER Class A CDL with tanker endorsement. Local hauling. Full Time (407) 330-4982

71-Help Wanted

Residential Cleaning HOLLY MAID IS HIRING P/T \* M-F 8-4am. WB Train. 407-767-8887

63-Rooms For Rent

CLEAN ROOMS. Single starting at \$77 wk. Pay phone, laundry. Benors Disc. Pk. parking. Historic Downtown. 328-6423

103-Houses-Unfurnished

SANFORD GEORGETOWN 3/2 CHA \$450/mo 813 Sanford Ave. Charlie 899-7267

105-Duplex/Triplex

Sanford 2 bdrm, Cerl AC, carpet \$450/mo + \$450/sec. Call CALLBART REALTY 322-7459

61-Money to Lend

\$888888 CASH NOW!!! If you are receiving payment from settlement annuity or workers comp. 772-4628

71-Help Wanted

A BETTER JOB FOR YOU! Just Call Never a Fee! HELP Personnel 829-6888

71-Help Wanted

Grill Cook/Kit. Prep Competitive Wage- 6S JERRY'S CATERERS 323-0345

71-Help Wanted

LABORER For construction site work. Exp. no DL req. 322-8133

71-Help Wanted

LABORERS NEEDED FOR UNDERGROUND UTILITY CONTRACTOR HEALTH INSURANCE AND 601R PLAN Drug free workplace. Apply at 600 Miller Drive, Anaheim Bldg. 290-2008

71-Help Wanted

LABORER'S DRIVERS Needed. NO Fee. Workforce USA. 330-1033

71-Help Wanted

Warehouse Work Available Days & Nights. Western Staff Services. 407-425-4555

71-Help Wanted

Medical Assistant Needed Immediately. F/T 2434 French Ave. 321-1599

71-Help Wanted

Merry Maids Hiring Car & Insurance Needed Weekends FREE. 331-5266

71-Help Wanted

Seminole's #1 322-2044 Warehouse Work Available Days & Nights. Western Staff Services. 407-425-4555

71-Help Wanted

Female roommate needed to share home and expenses. Pets okay. 592-3800

71-Help Wanted

Young Liberal Male to share 3 Bdr, furnished large apt \$375/mo. 302-1253

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71-Help Wanted

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Medical Assistant Needed Immediately. F/T 2434 French Ave. 321-1599

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**BLONDIE**

by Chic Young



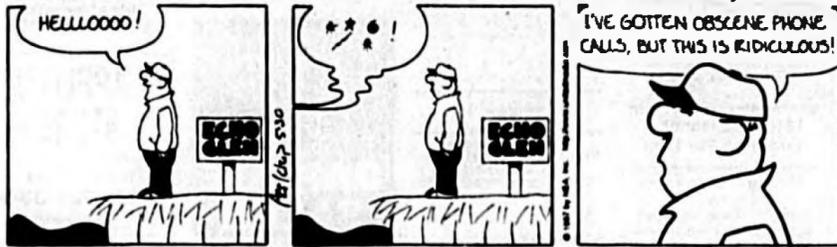
**BEETLE BAILEY**

by Mort Walker



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by Jim Davis



**ROBOTMAN**

by Jim Meddick



**Oxygen is not used to treat cancer**

**DEAR DR. GOTT:** My nephew is undergoing chemotherapy for a small lung cancer. If oxygen kills cancer cells, why can't he be treated with supplemental oxygen inhalation, rather than dangerous drugs?

**DEAR READER:** High concentrations of oxygen are, indeed, toxic for most living tissue, cancer cells included. However, the operative word here is "concentration." In order for the cells to die, they have to be bathed in practically 100 percent oxygen.

It is impossible to achieve such high levels by inhaling supplemental oxygen. Also, even if such levels could be obtained, they would kill normal tissue as well, thereby rendering the treatment more dangerous than beneficial.

You are probably aware of the enormous value of hyperbaric oxygen in treating certain medical emergencies, particularly advanced infection. During this procedure, the patient is placed in a pressure tank that forces extra oxygen into his body.

Fortunately, bacteria are more susceptible to high oxygen concentrations, so normal tissue is spared. But cancer cells are another kettle of fish, because they are fairly resistant to hyperbaric oxygen.

Therefore, while concentrated oxygen therapy has theoretical merit, the technology to use it effectively is only in the developmental stages. I'm afraid that your nephew will have to rely on the traditional methods of cancer treatment: surgery, radiation and/or chemotherapy.

To give you more information, I am sending you a copy of my Health Report "Viruses and Cancer." Other readers who would like a copy should send \$2 plus a long, self-addressed, stamped envelope to P.O. Box 2017, Murray Hill Station, New York, NY 10156. Be sure to mention the title.

**DEAR DR. GOTT:** I was recently diagnosed with "hypnagogic hallucinations." Is this serious?

**DEAR READER:** During the process of falling asleep, many people experience particularly vivid illusions that can cause sudden, violent muscular jerks and twitches.

These phenomena are similar to vivid dreams, but occur before the brain enters a deep sleep (REM) phase. Such hypnagogic events are entirely innocuous and normal; nonetheless, they can be quite disturbing to a sleep partner.

My father once had one, and to hear him tell about it, the episode was quite amusing. As he was falling asleep one night, he was sure that he saw a burglar bending over the bed. Realizing that surprise was a vital element in frightening the imaginary intruder, he threw off the covers and belted at the top of his lungs.

It was several weeks before my mother got over being awakened by a



**MEDICINE**

**PETER GOTT, M.D.**

for about 12 years and it really helps. Am I running any risk?

**DEAR READER:** Two ibuprofen tablets a day should not harm you. Nonetheless, I always encourage people to take the LEAST amount of medicine that is effective, believing that this practice reduces the incidence of side effects.

Therefore, rather than routinely taking a set dose, experiment a little. For example, there may be days when you don't need ibuprofen at all, or you might get by with only one a day. Or try taking the full dose every other day, alternating with none or a lesser amount.

The doses of over-the-counter drugs can largely be left to the discretion of the consumer (don't exceed the manufacturer's recommendations), unlike prescription medicines, which should be taken strictly according to the doctor's directions.

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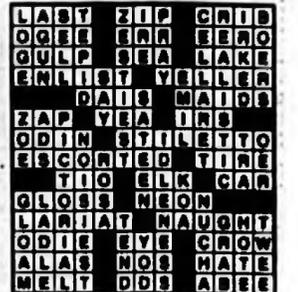
crazy man who tore the bed apart and shouted for no apparent reason.

Hypnagogic hallucinations are common and harmless; fortunately, not all have the profound effect of my father's.

**DEAR DR. GOTT:** I take one 200 mg ibuprofen tablet twice a day for arthritis pain. I've been using this medicine

- ACROSS**
- 1 Club
  - 4 Quarts
  - 8 Neighbor of U.S.
  - 12 Alas (abbr.)
  - 13 Texas A&M student
  - 14 Goal
  - 15 Intermediate (prof.)
  - 16 Blind and
  - 17 Madam Mrs.
  - 18 in the dark
  - 20 Colorado park
  - 22 Fares
  - 26 Stereo-buff's purchase
  - 29 Above (post.)
  - 30 Stubborn one
  - 34 High cards
  - 36 Positive vote
  - 38 Type of bargain?
  - 37 Farm tools
- DOWN**
- 1 Papa's mate
  - 2 out (stretches)
  - 3 Field Day event
  - 4 De (actually)

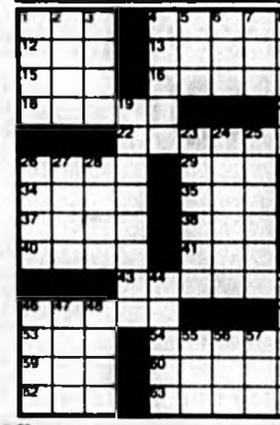
Answer to Previous Puzzle



- 5 Bolt
- 6 Playwright
- 7 Stop working.
- 8 like a battery
- 9 Pasover feast
- 10 Ireland
- 11 Dec. holiday
- 19 Oversight
- 21 Musical work
- 22 Wolf's relative
- 24 Shrimp
- 25 Porcel part
- 26 Laughing sounds
- 27 Computer image
- 28 Mourish
- 31 Hawaiian food fish
- 32 Peggy and Spike
- 33 Sunrise direction
- 44 Contesting
- 45 Distress
- 46 Shade of blue
- 47 La Douce
- 48 Must have
- 50 Tibetan monk
- 51 Small bills
- 52 Tide type
- 55 Army officer (abbr.)
- 56 Prefix for pod
- 57 Naval abbr.

**STUMPED?**

Call for Answers @ Touch-Tone or Rotary Phones 92¢ per minute 1-800-456-3535 ext. code 100



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**WIN AT BRIDGE**

**Her dream came true**

By Phillip Alder

Last November, Dimmie Fleming died at the age of 84. She was one of Britain's most well-known and liked players and administrators. She was the secretary of the English Bridge Union from 1958 to 1975. Then she became the secretary of the Laws & Ethics Committee, a post she held for about a dozen years.

At the table, Dimmie won the World Women's Team title in 1964 and four European Women's Championships.

Her unique distinction, though, is to be the only woman ever to play on the British open team in a European Championship. This occurred in 1953, when she partnered Peter Swinnerton-Dyer. He was expected to be a regular international player, but instead

pursued an academic career, for which he has been knighted by the queen. The night before the opening match, Dimmie dreamed that they would bid a grand slam on the very first board. That deal, from the match against Norway, is in the diagram.

The bidding wouldn't follow this path today. A strong jump shift denies a bidable four-card side suit, unless it is the one partner opened in. Still, when Swinnerton-Dyer jumped to six clubs despite holding neither of the top trumps, Dimmie was happy to go seven. (One wonders how much she was also influenced by the dream.)

I do not know the exact East-West hands, so I cannot judge how awkward a trump lead would have been. But Swinnerton-Dyer won the first trick and cashed three rounds of spades, discarding a diamond from the dummy. Then he took the two top diamonds. Finally, he collected the remainder on a crossruff.

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North 05 10 97

♠ Q 2  
♥ A J 9 8 6  
♦ J 6 3  
♣ A K 9

West East  
♠ J 8 7 4  
♥ K Q 10 3 2  
♦ 8 2  
♣ 5 3

South  
♠ A K 10 9  
♥ 10  
♦ A K 7 5  
♣ Q J 10 8 2

Vulnerable: Neither  
Dealer: North

South West North East  
1 ♠ Pass 1 ♥ Pass  
2 ♠ Pass 3 ♥ Pass  
3 ♠ Pass 4 ♠ Pass  
6 ♠ Pass 7 ♠ All pass

Opening lead ♣ K

**HOROSCOPE**



Saturday, May 31, 1997

In the year ahead you will come to the realization that your past efforts were not in vain. An old expectation you spent a lot of time developing will come into fruition.

**GEMINI (May 21-June 20)** Dealings you have today with people with familiar traits records should work out advantageously. However, you might not be as lucky with unfamiliar associates. Trying to patch up a broken romance? The Astro-Graph Matchmaker can help you understand what to do to make the relationship work. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10156.

**CANCER (June 21-July 22)** You possess qualities today that your associates lack. It could mean that you'll be able to achieve objectives that are beyond their

abilities. **LEO (July 23-Aug. 22)** Your words will have great impact today. Listeners might not agree with everything you say, but they will be in harmony with your most important points.

**VIRGO (Aug. 23-Sept. 22)** Conditions in general appear to be very promising for you today. Through the benevolence of a friend, you may share in something that you didn't earn.

**LIBRA (Sept. 23-Oct. 23)** When negotiating a significant matter today, let the other party establish the terms. He or she might open with a better deal than the one you'd propose.

**SCORPIO (Oct. 24-Nov. 22)** Today you might discover hidden benefits of a current project. Let these discoveries motivate you to work harder at its completion.

**SAGITTARIUS (Nov. 23-Dec. 21)** Contacts you make today through social activities could play significant roles in your future affairs. Make a good lasting impression.

**CAPRICORN (Dec. 22-Jan. 19)** You

might be in a serious mood today; utilize this to your advantage. Follow your inner urges that incline you to do something meaningful.

**AQUARIUS (Jan. 20-Feb. 18)** Today you'll be quite good at sorting out difficult situations for others. Try to apply these same abilities when you manage your personal affairs.

**PISCES (Feb. 20-March 20)** Move slowly today in your commercial ventures. All should work out to your satisfaction, provided that you're patient, prudent and thorough.

**ARIES (March 21-April 19)** Bonds can be strengthened today with someone you've been having trouble communicating with recently. Understanding and forgiveness will replace animosity.

**TAURUS (April 20-May 20)** Conditions will brighten up for you today as a troublesome responsibility will be lifted. This will occur through an unusual chain of circumstances.

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**ANNIE**

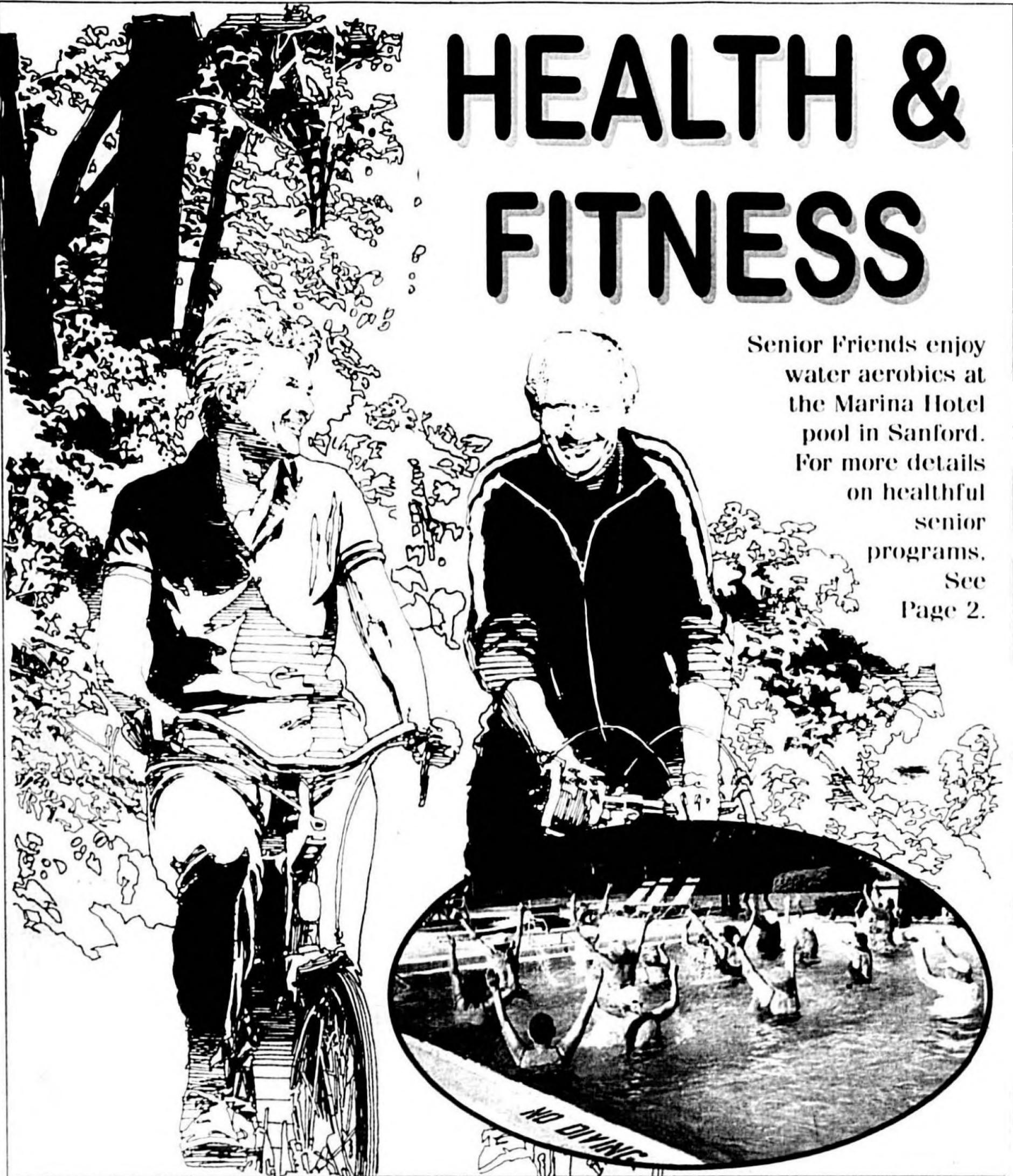
by Leonard Starr





# HEALTH & FITNESS

Senior Friends enjoy  
water aerobics at  
the Marina Hotel  
pool in Sanford.  
For more details  
on healthful  
senior  
programs,  
See  
Page 2.



Advertising Supplement to  
**Sanford Herald / Lake Mary Life**

**May 30, 1997**

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**AN ARTHRITIS CURE HAS BEEN DISCOVERED!**

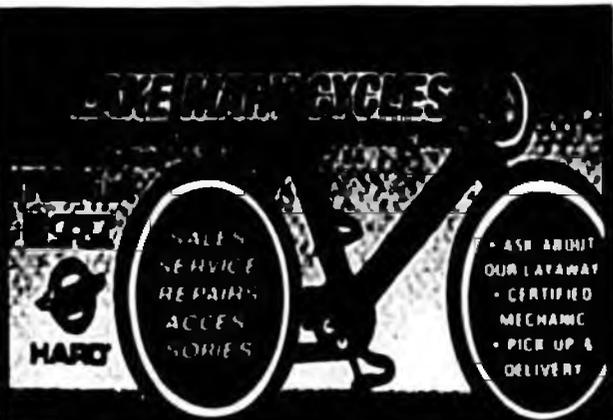
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**— DON'T FORGET —**



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**From the cover**

**Aerobics classes for seniors offered in Sanford, DeLand**

Special to the Herald/Life

Okay seniors, let's get physical!

Senior Aerobics classes are now being offered in two locations: (1) Sanford Civic Center, Monday and Wednesday, 9:00 am-10 am, and (2) DeLand Activities Center, Tuesday and Thursday, 8:30 am-9:30 am. Classes will be taught by Ellen Rollins, an AFPA certified instructor with eight years of senior aerobics experience. Columbia Medical Center-Sanford's Senior Friends Association, in conjunction with the Sanford Senior Center and the DeLand Activities Center, will sponsor the program.

Classes are carefully geared to meet the fitness needs and goals of the mature population. "Research shows that exercise is beneficial for even the oldest adult, helping them improve the quality of their lives. We want to get older adults excited about physical activity and help them begin to take advantage of the many health and fitness programs available to seniors through our Senior Friends program," says Rollins, Senior Friends Director at Columbia Medical Center-Sanford.

Prior to starting class, exercise enthusiasts will be asked to sign a waiver and consult their physician. Loose, comfortable clothing, supportive shoes with an absorption quality in the sole, and exercise mats are recommended. Participants are encouraged to join the National Association of Senior Friends for a fee of \$15 annually. For more information contact Ellen Rollins at either (407)321-4500 or (904)668-441, extension 5784.

More Photos, Page 4



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You're on a roll...with new Green Sports, the super comfortable walking shoes from Daniel Green. Available in a wide world of styles and colors, Green Sports lets you feel the thrill of victory with no agony of the feet. For footwear on the leading edge, take it easy and step into a winner. Green Sports at

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•	.....	5

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Photos courtesy of Columbia Medical Center-Sanford

### Stand up, sit down...

...shake shake, shake. The goal of senior aerobics is to get you moving.

This group is participating in senior aerobics at the Sanford Civic Center.

# No pain, no gain? Fitness takes a lot of resolve

By JEFF BERLINICKE  
Life Sports Editor



The fitness boom started years ago but personal training has caught on somewhat recently, as the public begins to grasp more knowledge of fitness and nutrition. Although it does come at a cost, to both the pride and the wallet, personal one-on-one training big time.

The initial arrangement is pretty much typical. A potential client come in for an interview that spans everything from health issues to mental health issues.

"What we do is give them an assessment test," says Matt Arena, owner of Matt Arena Fitness, in Longwood.

"We determine the percentage of body fat and that gives us a good description of what we have to work with. We're interested in their amount of body fat, not what the scale says. You want lean muscle mass without damaging the body's organs."

Not everyone is qualified.

"We try to make

sure our clients are also psychologically ready and realistically ready," says Rick Vega, of Lifestyle Fitness, in Lake Mary. "Sometimes they aren't. Their schedules are often a factor. We have to make sure they're committed to the program or else I'm just taking their money."

Blanca Irizarry, of Workout Partners, in Lake Mary, agrees.

"A lot of people make a new year's resolution to work out, then they stop after a few months," she says. "It all depends on how motivated they are."

That's the point. Getting in the door is fine on Jan. 1. What about a few months down the line when the weather warms up and working out becomes a chore.

You have to want to do it and it doesn't have to hurt.

"Our bodies are designed to store fat so we try to do low impact aerobics and people start to see a difference in themselves," says Bill Trochell, who trains his clients at World Gym. "You don't have to drop dead to have a perfect body, in fact, it's just the opposite."

Mike Burke is one of the trainers at Workout Partners and he stresses the importance of eating well along with working out.

"No program can be complete without a nutritionist," the said.

"You don't have to

See Fitness, Page 11

## Women's Health

*Sarah A. Holder, M.D.*  
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# Will you get, multi-trained, multi-rolled firefighters or someone else???



## On June 10th at the Seminole County Commission meeting this decision will be made for you!!

A recent ad compared a private company to the fire union for the bid of Emergency Medical services. However, the fire union did not put a bid in for this service. They should have checked to see who actually responded to the Request for Proposal. This same kind of management is probably why Lifefleet left out the most important and required information, the cost for you the citizen to go to the hospital!! The Seminole County Firefighters Association endorses this proposal by the Seminole County EMS/Fire/Rescue division. This proposal gives the commissioners 2 choices. Lifefleet gives only 1 choice. Let's look again at the facts:

	<u>Private Co.</u>	<u>EMS/Fire/Rescue</u>
First response	Lifefleet anywhere in the county	Developed by Seminole Fire/Rescue and recognized nationally. All city & county participants say 1st response will go away if private company is awarded contract.
Quality of service	Bound by performance contract and 1 million dollar bond	<u>Bound to you the citizens of Seminole County</u>
Mutual aid	Guarantee service where in the county	Region 5 warning point. Have access to Fire/Rescue in all 67 Counties in the state.
Accountability	Full cost accounting submits monthly reports	Our books are open to the public for review. Ask Lifefleet for stock holders profits.
Costs	Lifefleet has identified cost of Emergency care. (But they left it out of their proposal.)	Our books are open to you. Firefighters are asking for <u>more work</u> and monies generated by transports staying here. Not the CEO's bonus check.
Training	Meet state and county requirements	Multi-roll. Multi-trained firefighters exceed all standards and are recognized as a leader in EMS/Fire/Rescue operations.

Why change the system? We need change to this system because there is excess in Emergency medical care. It's the private company that charges high prices and interrupts continuity of care. Your firefighters become more efficient with more work, no additional people or equipment. We want to serve you the citizen.

## The CITIZENS of Seminole County should select an EMS service that will deliver the best service!!



# Drowning

## It is a preventable tragedy

Special to the Herald/Life

Nearly 4,000 children drowned last year in the United States. Another 8,000 to 12,000 suffered permanent brain damage. All were needless tragedies because... drowning is preventable.

Drowning is at epidemic proportions in the United States for infants and children under the age of 4. In Florida, drowning is the leading cause of accidental death for this age group. If you live in Florida and have a child under the age of four, drowning is more likely to claim your child's life than in any other accident. Educate yourself now about the necessary precautions so that your child can be safe in and around the water!!!

### Constant adult supervision

Continuous adult supervision is essential for drowning prevention. It is the single most important line of defense against drowning. However, lapses in supervision happen with the best of parents. If you cannot find your child, check the pool first—seconds count.

\*Never leave your child alone in the bathtub or pool—not even for a second. Don't think the unthinkable cannot happen to you. No one means for their child to drown, but it can happen.

\*Install a phone jack by the pool so you don't have to leave the pool area

to answer the phone. If you must leave, take your children with you.

\*Leave a responsible adult in charge of safety. Do not delegate this task to an older child or sibling. Many children have drowned with their eight year old brother or sister in the pool.

\*Never assume someone else is watching your child. Make sure the person in charge of supervision knows its their responsibility.

### Safer pool environments

Several precautions can be taken to make your pool safer for children:

\*Make sure your pool has a screen or fence around all four sides of it. The wall of your house does not count as the fourth side. Install a mesh fencing designed to keep children out of the pool. Make sure it is at least four to six feet high.

\*Do not leave chairs, ladders or other objects near the fence that would assist a child in climbing it.

\*Keep the pool clean. Cloudy or murky pool water can be a hazard.

\*Whenever possible, keep the water level three or four inches from the top to make climbing out easier.

\*A recessed in-floor cleaning system is preferred over a self-propelled system. A child can become entangled in a hose and be pulled under the water.

\*Position jets in the pool to end up in the shallow end near the steps or

See Drowning, Page 10

## Local doctor meets with legislators

By CLYDE CLIMER, MD

Special to the Herald/Life



Clyde Climer, MD

Most of us consumers are acutely aware of the changes and turmoil in the medical profession related to the onset of "managed care" by the insurance industry. Although reduction of medical expense is in and of itself a worthy goal, some of the methods used to achieve this goal cause great concern in the medical community.

I recently had the honor and pleasure of visiting with our legislative policy-makers in both Tallahassee and Washington, D. C. and I wanted to share those experiences with you and encourage you to become involved with this process that affects all of our lives.

Our state legislature has a program called "Doctor of the Day", and I was invited to be this doctor on April 30. When I arrived in the morning, I worked in the clinic which is in the Capitol for about 45 minutes. Then I was escorted to the floor of the Senate

tients and patient care issues.

Last month I also had the opportunity to attend a policy conference at the American Enterprise Institute in Washington, D. C. This was an enlightening experience. The room was filled with representatives of government such as the Congressional Budget Committee, Health and Human Services, Government Accounting, and Congressional offices. Insurance companies were well represented. Noticeably underrepresented were patients and physicians. Economists and managed care representatives led the discussions and were relatively unfettered in considering the needs and rights of patients and physicians. They seemed entirely concerned with lowering medical reimbursements even at the risk of rationing or limiting medical care.

After the conference, I had the pleasure of meeting our Congressman John Mica. I was very pleased. I was very pleased with the

See Climer, Page 10

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8 - 8:30 AM Pulse and Blood Pressure Readings with Jeanne Russo, RN  
8:30 - 10:30 AM Power Pack Aerobics

This 2 hour workout will include hi-lo, step, boxing moves, and synchronized circuit

10 - 11 AM Water Aerobics and Cool Shades Contest  
The water aerobics participants with the coolest shades wins a prize

11 - 11:30 AM Gymnastics and Dance Team Demonstration

11:30 AM - 12 PM Water Safety Demonstration

12 - 12:45 PM Tricycle races

For children 2 to 7 years. All racers will receive a prize!

12 - 1 PM Pick up Volleyball Games - for youth 8 to 12 years

1 - 2 PM It's Fun in May at the YMCA Karaoke Contest

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Seminole YMCA Family Center

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# Sun-sational ways to protect your eyes!

Special to the Herald/Life

Most people are now aware of the dangers that the sun's ultraviolet (UV) radiation poses to skin, but they are not aware that the same UV radiation puts their eyes at risk of permanent damage, especially here in Florida where the UV index readings can reach 11 or 12 as opposed to a 3-6 index average in the rest of the country.

The effects of long term exposure to UV rays on eyes is cumulative with the consequences not immediately apparent-unlike sunburn on the skin. Dr. Ingrid Peterson and Dr. Carol Logan, Doctors of Optometry at Bayhead Eye Centre, highly recommend UV protection today to avoid serious eye problems tomorrow.

In sunlight, there are two bands of UV radiation that can effect eyes. UVA rays cause sunburn, tanning, wrinkles, and sagging skin. They can also harm the cornea and retina of the eyes. UVB rays have higher energy radiation and are more dangerous. They can cause keratitis, inflammation of the cornea, and skin lesions on the eyelids. They have also been linked to the development



of cataracts.

The good news is that you don't have to accept UV radiation damage as the price of living under the sun. Drs. Peterson and Logan, advise patients to take precautions like wearing good quality sunglasses, wearing a hat or visor in direct sunlight, and using sunscreen on the delicate skin around the eyes.

Sandy Carl, a licensed optician at Bayhead Eye Centre, recommends top quality sunglasses. She suggests a close fitting and adjustable frame to provide maximum coverage and comfort. She also endorses optical-quality lenses that are free of distortions that can cause eye strain and limit vision and says that lenses should block at least 99percent of **See Sun, Page 10**



Bobby Brisson

## Now Is The Time To Plan For Tomorrow

While no one likes to think about his or her own mortality, the fact is, one day your loved ones may be at a loss to deal with all the final details.

That is why pre-planning and pre-financing your funeral now can help lighten the load - both emotionally and financially - on your family later.

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Athletes who have reached peak physical condition can now take their game to the next level with the Frappier Acceleration Program. It enables all athletes - no matter what sport they play - to enhance their performance by developing maximum speed, power and agility.

### How does the Acceleration Program work?

For three times a week for six to eight weeks, athletes participate in patented protocols designed to elicit specific responses from the body's neuromuscular system. This training technology allows the neuromuscular system to perform at a higher level for a longer period of time in order to meet the specific demands of the sport.

### What are the expected results?

The Frappier Acceleration Program has helped many top professional and collegiate athletes reach a higher level of performance. More than 11,000 athletes from around the world have completed the Acceleration Program. Their performance data reveals that the Program can help athletes:

- take an average of .20 seconds off their 40-yard dash time
- increase their vertical jump by an average of 4 to 6 inches
- on average, recover from intense activity 50 percent faster

### What type of training does the Acceleration Program involve?

By using these tested procedures and specific equipment, the Acceleration Program trains athletes to surpass their personal best!

• **Patented Training Protocols**, based on documented research, are designed to introduce progressive overloading to specific muscle groups in a safe and controlled manner.

• **The Super Running Treadmill** has a top speed of 28 miles per hour and elevates to a 40 degree incline or a 13-degree decline. It is designed to develop specific explosive speed and proper running mechanics.

• **The Plye Platform** provides a safe environment to perform specific plyometric routines that develop body awareness and improve balance, quickness and agility.

• **The Plye Press** replicates the actual neuromuscular activity that occurs when jumping. No other strength machine can help athletes achieve the unique benefit of strength building that not only increases speed, but also vertical jump distance.

### Where is the Acceleration Program offered?

The Frappier Acceleration Program is available only at **Rehability Sports Medicine on University Boulevard**, one quarter mile west of the University of Central Florida campus. The Frappier Acceleration Program is the only one of its kind in the entire southeast region!

### Who can take advantage of Acceleration?

From the amateur to the professional, any athlete who wants to take his or her game to the next level can participate in the program. If you would like more information about the Frappier Acceleration Program or are ready for the Acceleration challenge, call **Rehability Sports Medicine at 273-1200**.

### More About



Rehability offers outpatient rehabilitation services in 175 centers throughout the nation; 17 of those centers are located in Florida. These services include physical therapy, occupational therapy, sports medicine and industrial rehabilitation. Rehability also provides Work Injury Prevention Services, which are designed to reduce the potential and incidence of injury in the workplace.

Rehability's experience in orthopedic, industrial and sports injury rehabilitation has made it a leader in physical and occupational therapy. Each Center's team of therapists and staff is dedicated to restoring maximum function to patients with all types of musculoskeletal injuries. They continually monitor patients' progress and outcomes to rehabilitate them as quickly as possible, at the lowest possible cost. Central Florida Rehability Centers are located at:

<b>Downtown Orlando</b> 423-6011	<b>Winter Park</b> 644-3323	<b>Longwood</b> 830-1100
<b>Ocoee</b> 290-1040	<b>Sanford</b> 323-8677	<b>Sand Lake</b> 343-1441
<b>University</b> 273-1200	<b>Kissimmee</b> 833-0061	<b>Deltona</b> 574-5247

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Present this coupon when you sign up for the Frappier Acceleration Program and receive

**\$25**

off the regular price.

This coupon expires on June 1, 1998. Rehability Sports Medicine promotes safety in all training and rehabilitation programs. Prior to beginning the Acceleration Program, the physical condition of each athlete will be evaluated to ensure he or she is qualified to undergo the Program.



Willie B. Newman, MD

# Cesarean sections can save lives

By WILLIE B. NEWMAN, MD  
Special to the Herald/Life

Approximately one in every five pregnant women will deliver by cesarean section. Over the past century this single operation has been credited with saving lives and has been refined to such an extent to make it one of the safest operations performed today. It is the most common major operation performed. However, there are hidden dangers due to the potential for complications. An operation becomes more complex when two lives are involved and one life remains totally dependent upon the other (the unborn fetus is dependent upon the health and well being of the mother).

A cesarean section is an operation that allows the infant to be surgically removed from the uterus (womb). An incision is made through the skin, body tissues and muscles of the wall of the abdomen. The womb is surgi-

cally opened and the infant is removed. On average one quart of blood is normally lost and a major anesthetic is required. Complications such as infection, hemorrhage, anesthetic injuries, as well as damage to the infant are far greater than those experienced with the normal vaginal deliveries. Because cesarean sections are performed so commonly many in the public do not anticipate problems. It is nonetheless a serious and potentially life-threatening procedure. Physicians give a great deal of consideration as should patients before deciding on cesarean sections.

Sometimes the decision is based on unanticipated circumstances and must be made quickly. There are a number of situations that commonly arise where cesarean sections provide a more optimal outcome, such as distress of the fetus, obstructed labor, or when a vaginal birth is not a safe option because of a fetal or maternal risk.

The cesarean section is subject to much controversy because in some cases it is viewed as a disturbance in the normal birth process. There are number of psychologic and emotional concerns that may not be consistent with the goals of the mother or her family. Despite the perceived disruption, cesarean sections performed with the use of appropriate anesthetics have proved to be a safer option and have reduced maternal deaths. Fifty years ago the maternal death rate due to cesareans was approximately 65 per 100,000. That number has decreased to less than 15 per 100,000. This is due to modern blood banking techniques, antibiotics, IV therapy and purposely avoiding other hazardous vaginal operations. The complication rates for cesarean sections vastly outnumber those involved in vaginal births. Infection, hemorrhage, anesthetic complications and thrombem-

See Cesarean, Page 9

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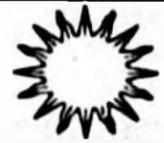
# Cesarean

Continued from Page 8

bolisms occurring each year (formation of blood clots that break off into the circulation) are more frequent. Though the practice of obstetrics has been made safer with the use of cesarean sections, the risk of death, disability and significant injury continue to exist. With more than 1 million cesarean sections

is unproven and obsolete. Most of the patients who had cesarean sections in the past do not require another.

This has helped to reduce substantially the number of cesarean sections that were performed for this reason. rising numbers of ethical issues, emotional concerns and legal consequences, make the cesarean section decision deserving of greater attention. Due to the individual and personal nature of these decisions I advise the patients to address their concerns directly to their physician. Information is available, in literature from libraries, computer services, and if necessary second physician opinions.



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## An arthritis cure has been discovered!

Special to the Herald/Life

More than 40 million Americans suffer from Arthritis, a Degenerative Joint Disease. According to Jason Theodosakis, M.D., M.S., M.P.H. Brenda Adderly, M.H.A., and Barry Fox, Ph. D., authors of "The Arthritis Cure" Book, it's as simple as taking two over the counter nutritional supplements - glucosamine and chondroitin sulfates.

Readily available at your favorite health food store, glucosamine and chondroitin sulfates have no significant side effects. Used together, they work by encouraging



great success, but because of complicated medical conservatism, consumer attitudes, and commercial reality, it is largely unknown here.

After analyzing study results, Dr. Theodosakis has, in this book, provided a complete approach to the treatment of arthritis.

He lists invaluable information on dosage and the products currently on the market. He also gives you diet and exercise programs to follow, and helps you overcome the blues that come with any chronic condition.

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the body to regenerate its own cartilage, while keeping harmful enzymes that cause inflammation, pain, and swelling, under control.

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# Drowning

Continued from Page 6

ladder.

"Ladders and swimouts or built-in steps should be located at each end of the pool and made of non-slip materials.

## Survival swimming lessons

Do not enroll your child in any swimming program before the age of 6 months.

"Watch several lessons, ask questions of the other parents whose children are enrolled in the program, and ask your pediatrician about swimming programs in your area.

"Question the qualifications of the instructor and the program. Make sure the instructor can thoroughly explain hyponatremia (water intoxication) to you. Ask what precautions are taken before and during the lesson to avoid such a situation.

"Make sure all swimming lessons are on an individual basis, and are no more than 10 minutes long. Never enroll in a program where the instructor must divide time in the water between several young students learning to swim.

"Ask what specific skills will be learned. Make sure your child will be taught how to swim, roll on his

back to float, rest and breathe, and flip back over to swim again. The sequencing of these skills is important in getting your child to safety.

"Do not enroll your child in a swimming program that uses any type of flotation device. They give a false sense of security and can interfere with learning meaningful swimming skills later.

"Choose a program that will teach your child how to handle himself in the water before he is encouraged to play in it. The water is not a fun, safe place to play for a child who cannot swim.

"Do not allow anyone to throw your child into the water. This is extremely dangerous and could result in severe injury and possibly brain damage.

"Do not believe your child can be drown-proofed by any lessons. No



one is ever drown proof. Constant supervision in and around the water is the only sure way to prevent drowning.

# Sun

Continued from Page 7

harmful UV rays. "There is a fashion advantage to eye protection," adds Sandy. "The hot names in sunwear right now are Calvin Klein, Rayban, Reebok, and Armani, to name a few. The most popular tints are brown, gray, and green, but our customers can have lenses tinted almost any color or shade they want."

To help people protect their eyes, Bayhead Eye Centre is offering free

UV testing throughout the month of June. They encourage you to bring your prescription or non-prescription sunglasses to 820 W. Lake Mary Boulevard in Sanford for a reading of your current UV protection.

Remember, you can still have your day in the sun if you are not in the dark about the harmful effects of UV radiation. Protecting your eyes today will keep you seeing better tomorrow.

# Climer

Continued from Page 6

time and attention afforded me by Congressman Mica. He gave me a tour of the Capitol as he gra-

duously listened to my view and concerns. I would encourage everyone visiting in Washington, D.C. to make arrangements to meet with your congressman or senator. You can get a perspective of the work they do and I believe you will be pleased with their interest in your views.

I would encourage all physicians and patients to become more politically aware and active. Write, fax, send telegrams or Email to your state and U.S. senators and congressmen. They daily receive tremendous input from special interest groups that do not always have your best interest at heart. It is incumbent upon us all to make sure that they hear all side of these vital issues that effect

the future health care of our nation.

(Clyde H. Climer, M. D. received his undergraduate education from the United States Naval Academy in Annapolis, Maryland. He continued to serve in the U. S. Navy until 1973, earning the Bronze Star with combat V for service in Vietnam. Dr. Climer earned his medical degree in June of 1978 from the University of Florida College of Medicine. Upon receiving his degree, he completed his internship and Residency at Vanderbilt University Hospital. Dr. Climer is board certified with the American Board of Obstetrics and Gynecology.

Dr. Climer is a member of both the Florida Medical Association and the American Medical Association. Since 1992 to the present, he has served on the Board of Trustees with South Seminole Hospital, where he is the Chairman of the Department of Surgery. In addition, he is an active provider for Florida Hospital in Altamonte Springs and Columbia Medical Center-Sanford, and on staff at Arnold Palmer Hospital.



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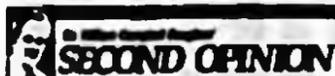


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## Fitness

Continued from Page 4  
sit there with a bowl of chicken every day," adds Trochell. "Some people like to eat ice cream but you can always substitute low-fat yogurt. If you want to have bad meal, have one- just have it early in the day so your body can work it off."

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