

Lawton In Limelight With TV Spot, Conference

Lawton Elementary School in Oviedo is getting national attention. Not only did students from the school appear on ABC-TV's *Good Morning America* today, its principal and staff members have been chosen to go to Washington D.C. next month to participate in a national conference on excellence in education. Lawton's principal Michael Mizwicki said WFTV-TV came out to film some of the activities surrounding the dedication of the school's new \$2 million office complex and media center. He

said the film clips were forwarded to ABC and were shown this morning at 7 a.m. In addition to the school's national television debut, the Association for Supervision and Curriculum Development, a Virginia-based private organization, selected Lawton and 28 other schools from around the country to form a "network" to share ideas about improving elementary education. Mizwicki said he and three others will represent the school and the county at the

ASCD's national conference Oct. 25-28. The school was selected, he said, because of the various racial and economic backgrounds of its student body. Seventy-four percent of the students are white, 23 percent black and 3 percent Asian. The heavy involvement of parents was another factor, he said. As an example, he said Tuesday was parents' day at the school. About 100 were expected but 400 showed up. Curriculum Director Fairlie Bagley said

Lawton's academic standards are the reason it was selected. She cited the school's pilot kindergarten program which puts more emphasis on manipulative skills like stringing beads, in addition to "paper-and-pencil" tasks. Ms. Bagley also said more is expected of Lawton students. Third graders must be able to compose letters: a task formerly reserved for 10th graders. What also may have helped Lawton, Mizwicki

See LAWTON, page 8A



Herald Photo by Gregory Johns

Hung Up

A Sanford man's car rests on a concrete wall at a Sanford 7-Eleven store today following a quick shift into reverse when the vehicle's brakes failed as the driver entered traffic on U.S. Highway 17-92 at First Street, D. Washington, of Sanford, said he was leaving the store after putting gas in the car when he noticed at the road's edge that his brakes didn't work. After the quick-thinking shift into reverse, Washington managed to dodge cars parked in the store's parking lot before winding up on the wall. Charges have not been filed pending an investigation.

Population 28 Short

\$2 Million In Grants Slip From County Grasp

By Donna Estes
Herald Staff Writer

Seminole County has lost its chance for \$2 million in federal money to improve underprivileged areas of the county.

Despite appeals from the county's planning office, the U.S. Census Bureau is standing firm with its decision that the county lacked 28 persons of having a population of 200,000 in 1982.

And a 200,000 population is a major requirement for the federal money.

County Planner Woody Price, who led the efforts to get the federal dollars, said the census bureau "was not persuaded by our arguments."

Price said, however, he is certain the county's population figures for 1983 go over the 200,000 mark by about 8,000 and that the "development block grant" from the U.S. Department of Housing and Urban Development would be approved in 1985 for funding in 1986, if the federal program continues.

"The needy folks in this county have lost over \$2 million in public improvements," Price said.

Last week Price and his staff, acting on a tip from the census bureau, surveyed group homes in Seminole for numbers of residents and found 200 people, but the federal agency said they had already been counted, Price said.

A major requirement for a county to

The needy folks in this county have lost over \$2 million in public improvements'

-County Planner
Woody Price

gain the federal funding was that it have a population of 200,000 or more and that other governmental entities in the county agree to support the county speaking with one voice for both incorporated and unincorporated areas.

All seven cities adopted resolutions of support, but that didn't sway the outcome.

County Commission Chairman Sandra Glenn said last week if the funding were approved, a meeting of representatives of the black areas in the county would have been asked for their preference of projects which should be undertaken.

In other business, during a workshop session Tuesday, the commissioners instructed Craig Batterson of Professional Engineering Consultants Inc. to contact two nationally known firms who deal with methane gas to find if they are interested in contracting with Seminole County to buy the gas

generated at the county's Osceola sanitary landfill near Oviedo.

Cambrian Energy Systems, a California firm, has offered to mine the methane gas at the landfill in exchange for royalties to the county that could total \$50,000 to \$150,000 per year.

The methane gas, generated by the buried garbage, is now being vented into the atmosphere.

Batterson said Cambrian estimates the Osceola landfill has the potential of producing 250,000 cubic feet per day of methane, a quantity sufficient to power a 1,000 kilowatt generator initially with the possibility of further expansion to 3,000 kilowatts. He said the methane gas, if mined, would be converted to electrical energy with resale to Florida Power & Light Co.

Commissioner Bill Kirchhoff urged and his colleagues agreed that Batterson "look at what is happening in the industry" to see if other firms are interested and might pay more to mine the gas.

He also said he will be in upstate New York next week and will personally look into what is being done to recover energy from solid waste there.

After all aspects of the situation are investigated, Batterson said he will prepare requests for proposals to mine the gas and will report his findings to the commission.

Police Probe Few Clues In Slaying Of Would-Be Bride

Police are still investigating leads in the mysterious murder of a Deltona-Sanford area woman found bludgeoned to death behind a garage in Maryland.

Mary Evelyn McClure, 42, who moved to Maryland just a month before she was killed Aug. 4, was planning to marry before she left the Deltona-Sanford area and had visited a Sanford doctor for a blood test.

According to an autopsy report, she died from a blow to the head by a blunt instrument and was not sexually molested. Her personal belongings and car were also left undisturbed, according to reports.

According to detective Sergeant Larry Meusel, of the Maryland State Police, Ms. McClure lived in Florida for about a year before she moved to Maryland after her plans to remarry a former husband, Homer McNatt, reportedly of this area, fell through.

After returning to Maryland, Ms.

McClure, who had two grown children living in Hollywood, Fla., lived with her mother in the town of Rising Sun about 50 miles west of Baltimore.

According to police and press reports, the attractive and quiet woman was reported missing from her job with the Cecil County transportation department Aug. 4 in the city of Port Deposit, also west of Baltimore. She was found two days later at 5:30 p.m. behind the department's garage where she worked driving school buses and cleaning them.

Meusel said the case is an open homicide investigation and they do have some clues to go on but he could not discuss them.

Meusel said Ms. McClure, a religious, homebody type, was at one time a co-driver with McNatt for a moving van business.

McNatt has been cleared in the homicide, Meusel said. —*Deane Jordan*

Tears Delay Trial Of Accused Molester

Retired Circuit Judge Humes T. Lasher today denied a motion for a direct acquittal from defense attorney Vaughn Brennan in the child rape trial of Clifford J. Milliken.

The motion came after Milliken, who is accused of sexually assaulting a child, broke into tears during the morning session, according to a sheriff's deputy.

After a 30-minute recess, the trial resumed in the defense calling Gerald Musington, a psychologist from Hillsborough County,

The trial brought a first to Seminole County on Tuesday — the videotaped testimony of child rape victim. A 7-year-old boy said on the tape that he was sexually assaulted in Milliken's garage in March or April. After using a male doll to explain how he was assaulted, he said he did not tell his mother because Milliken warned him not to tell anybody about the incident.

The tape, which was made Friday, was shown in color on a television set placed before the 12-member jury. Brennan warned the jury to listen

carefully to determine if a child rape had indeed occurred.

The victim's mother testified Tuesday Milliken was nice to her children and gave them candy. She said before the alleged assault her son was a happy child who liked to draw happy pictures. With trembling voice she said he now draws pictures of people hurting people.

Milliken, 58, of 1210 1/2 Magnolia Ave., Sanford, is an unemployed U.S. Air Force retiree. If he is convicted he

See TRIAL, page 8A

Donovan Pleads Politics

NEW YORK (UPI) — Labor Secretary Raymond Donovan, enraged after being fingerprinted and arraigned on charges of grand larceny and fraud, vowed to "win the war" against a prosecutor he says is politically motivated.

Donovan and seven executives of the Schiavone Construction Co. charged in the 73-page, 137-count indictment, pleaded innocent Tuesday before Justice Barry Salsman. They were allowed to remain free on their own recognizance pending a hearing Nov. 12 — six days after the presidential election.

Donovan, the first incumbent Cabinet officer ever indicted, headed Schiavone until 1980 when he joined President Reagan's Cabinet.

The labor secretary, who took an unpaid leave of absence Monday, is accused of falsifying business records, writing a false instrument for filing and a single count of second degree grand

larceny in connection with a \$186 million New York City subway contract in 1975.

The larceny charge carries a maximum sentence of seven years. Donovan also faces up to four years on each of the 136 other counts.

"The indictment was obviously prepared before I even testified. You tell me whether I have been afforded basic fairness," Donovan told reporters as he left the Criminal Courthouse.

Earlier, the secretary was fingerprinted and photographed for police files.

He said Bronx District Attorney Mario Merola "may have won today's battle by misuse of his office. But I guarantee you that he will not win the war."

Schiavone, JoPel Contracting and Trucking Corp. of the Bronx, New York state Sen. Joseph Galber and reputed mobster William Masselli.

See DONOVAN, page 8A



Kenneth Hooper

Hooper Acting Administrator

Kenneth Hooper, county director of environmental services, is acting as county administrator while six county officials are attending the meeting of the state Association of County Commissioners today through early Saturday at the Hyatt Hotel in Miami.

Those attending include: County Administrator T. Duncan Rose III, Budget and Finance Director Eleanor Anderson, County Attorney Nikki Clayton and Commissioners Sandra Glenn, Barbara Christensen and Bob Sturm.

Feather Pays; Life Care Site Not Auctioned

The Sanford property Seminole County Commissioner Robert "Bud" Feather is developing as a private health center was not sold on the courthouse steps today as scheduled.

Feather paid a \$9,751 lien and \$13,184 in legal fees to satisfy a judgment against him. The lien holder, Sanford architect Eoghan N. Kelley, had filed suit against Feather on Sept. 16, 1982, stating Feather did not pay him for work done on the \$3 million Life Care Center Feather plans to build on the property.

On Aug. 14, Brevard County Judge Robert Dykes ordered Feather to pay Kelley for his services and to also pay Kelley's legal fees for a total amount of \$22,935. Dykes handed the case because Seminole County judges excused themselves from the suit to avoid accusations of partiality.

The eight-acre site on Fulton Street was to have been put on the auction block at 11 a.m. today to satisfy the lien judgment against Feather, but court officials said he paid up and satisfied the judgment before the scheduled sale.

—Susan Loden

Historian's Grandson Arrested As Spy

WASHINGTON (UPI) — An East German woman who allegedly picked up classified material stored on a cassette hidden in a cigarette pack and the grandson of famed historian Samuel Eliot Morison have been arrested in separate espionage cases.

The FBI Tuesday announced the arrest of Samuel Loring Morison, 40, for allegedly disclosing secret photographs of a Soviet aircraft carrier under construction in the Black Sea.

In a separate, unrelated case, authorities arrested Alice Michelson, 87, an East German national, on charges of traveling to the United States on a mission for the KGB, the Soviet in-

telligence agency. Michelson, arrested Monday night at Kennedy International Airport in New York, was held without bail pending an Oct. 11 hearing. Morison also was arrested late Monday at Dulles International Airport near Washington, D.C.

Morison, who worked as a Soviet ship analyst with the Naval Intelligence Support Center at Suitland, Md., allegedly disclosed three classified pictures to *Jane's Defense Weekly*, a British publication.

Authorities traced his activities by analyzing the typewriter ribbon on the machine in his

government office, according to the FBI.

Morison, a part-time U.S. editor of *Jane's Fighting Ships*, another British publication that keeps track of navies of the world, is the grandson of Samuel Eliot Morison, a two-time Pulitzer Prize-winning historian.

The elder Morison, noted for a number of prize-winning biographies, was commissioned by President Franklin Roosevelt to write the U.S. Naval history of World War II. He also was Harvard University's official historian.

The FBI said Michelson was arrested boarding a flight headed to Prague, Czechoslovakia, and East Berlin. She was allegedly

carrying classified information relating to an undisclosed FBI investigation.

She had picked up the material, a cassette tape spool, hidden in a cigarette pack and passed to her by an Army sergeant working as a double agent.

Michelson was charged with entering the United States for the "specific purpose of acquiring sensitive and classified information" for the KGB. If convicted, she would face up to life in prison.

In Morison's case, the FBI alleged that he disclosed three classified satellite photographs of a Soviet aircraft carrier under construction in a Black Sea

See SPIES, page 8A

TODAY

Action Reports.....	3A
Bridge.....	2B
Calendar.....	4B
Classifieds.....	6,7B
Comics.....	2B
Crossword.....	2B
Dear Abby.....	3B
Deaths.....	8A
Dr. Lamb.....	2B
Editorial.....	4A
Florida.....	2A
Horoscopes.....	2B
Hospital.....	2A
Nation.....	3A
People.....	1,3B
Sports.....	5-7AA
Television.....	3B
Weather.....	2A
World.....	8A

NATION

IN BRIEF

Surgery Often The Only Way To Prevent A Stroke

NEW YORK (UPI) — Surgery may prevent up to one out of every four strokes, a Cleveland Clinic expert says in a report to be delivered at the 34th annual convention of the Congress of Neurological Surgeons today.

Senate Rejects Civil Rights Bill

WASHINGTON (UPI) — Driven by an election-year urge to go home and campaign, the Senate rejected civil rights legislation and pushed today to pass a catch-all money bill needed to keep government agencies operating past midnight.

Heads May Roll At World's Fair

NEW ORLEANS (UPI) — The finance committee overseeing the money-losing World's Fair may ask that the fair's top administrators be fired for doing such a poor job, according to a governor's aide.

FLORIDA

IN BRIEF

Argumentative Dispatchers Face Discipline For Woman's Death

POMPANOE BEACH (UPI) — City officials say disciplinary action will be taken against emergency dispatchers who argued over jurisdiction and delayed the arrival of medical help for a woman who died of a heart attack.

Kennedy Papers Under Wraps

WEST PALM BEACH (UPI) — The release of documents in the case of David Kennedy's death will be delayed until the 4th District Court of Appeal rules on the matter, prosecutors say.

Daughter, Father Sue Each Other

MIAMI (UPI) — A daughter is seeking \$2 million in damages from her father who is serving time in a Florida prison for hiring two men to beat her with a baseball bat and "get some revenge."

STOCKS

These quotations provided by members of the National Association of Securities Dealers are representative inter-dealer prices as of mid-morning today. Inter-dealer markets change throughout the day. Prices do not include retail markup/markdown.	
Atlantic Bank	35 3/8 28
Barnett Bank	39 3/4 28
Florida Power & Light	41 1/2 41 1/2
Fla. Progress	31 1/4 unchanged
Freedom Savings	11 11 1/4
HCA	39 1/4 34
Hughes Supply	19 1/4 unchanged
Merriman	17 1/2 17 1/2
NCR Corp.	22 1/2 22 1/2
Plesley	37 1/4 unchanged
Scotty's	14 1/4 14 1/4
Southeast Bank	25 1/4 unchanged
Sun Banks	24 1/4 27

Incompetence, Sexual Misconduct Charged

2 Local Teachers Lose Licenses

Two former Seminole County teachers — one with a master's degree — have lost their licenses on charges of incompetence and sexual misconduct.

The teachers were among 10 from across the state whose licenses were revoked last week by the Education Practices Commission, a branch of the Florida Department of Education, according to commission director Don Griesheimer.

Almanac Predicts Less Snow, More Cold



DUBLIN, N.H. (UPI) — Keep your woollies handy and stock the woodpile. The 193rd edition of the Old Farmer's Almanac predicts a somewhat moderate winter nationwide, but a cold mid-season punch in January.

The forecasts are based on a 193-year-old secret formula developed by founder Robert Thomas. The formula is stashed in the almanac's offices, tucked in New Hampshire's Monadnock Mountains.

Brrrrrrrr!

Amendment 9 May Never Make It To Fall Election

TALLAHASSEE (UPI) — Doctors and lawyers fighting over a constitutional amendment that would limit payments for intangible injuries in negligence suits have spent more than \$5 million on the bitter campaign.

The amendment would also require courts to apportion damages among defendants, when more than one is at fault, and to dismiss suits found to be groundless.

Supreme Court Upholds Florida Transcript Rule

WASHINGTON (UPI) — The Supreme Court has upheld a lower court ruling requiring Florida officials to provide trial transcripts to indigent prisoners who appeal their cases to the state high court.

Swerving Car, Falling Chair Subject Of Lawsuits

By Deane Jordan Herald Staff Writer

A former Maitland woman is suing her insurance company, claiming the \$10,000 it paid her for injuries she received in a car accident did not cover her costs of suffering.

Ms. Condon states in her suit that the swerving off the road caused her permanent injury to her head, neck, back, leg, spine, and nervous system, including significant and permanent loss of an unstated important bodily function and aggravation of an arthritic condition.

The suit asks for a trial by jury and the awarding of costs and attorney fees. No trial date has been set.

WEATHER

NATIONAL REPORT: Freezing temperatures loosened their grip on most of the nation today and thunderstorms fed by a dying tropical storm in Mexico dumped rain in the desert Southwest and southern Rocky Mountains. Freezing temperatures were on tap only in northern New England and northern New York. The mercury dipped to 29 early today at Massena, N.Y. Showers lingered over the northeastern corner of the nation. Tropical storm Polo, rapidly weakening in western Mexico, provided moisture that fueled storms across the desert Southwest, threatening flash floods in eastern Arizona and southern New Mexico. Heavy rainfall Tuesday in the southern Rockies and the mountains of Arizona poured 2 inches of rain on Globe, Ariz., and nearly an inch at Greer and Pinetop, Ariz., and Chama, N.M. A hail storm at Globe and Miami, Ariz., dumped stones the National Weather Service said were the size of tennis balls in some areas. The storm damaged paint jobs on cars and produced some street flooding. Rain drenched New England, with about 3 inches reported at Concord, N.H., and Boston. Temperatures across the Plains Tuesday were as much as 25 degrees warmer than they were Monday, but cold temperature records were set in two dozen cities from Texas to Georgia. The mercury dipped to 39 at Tallahassee, eclipsing a record of 45 set in 1967.	Support: highs, 10:08 a.m., — p.m.; lows, 4:47 a.m., 5:43 p.m. BOATING FORECAST: St. Augustine to Jupiter Inlet out 10 miles — Northeast wind near 15 knots today through Thursday. Seas 3 to 5 feet. Fair weather.	AREA FORECAST: Today, sunny and mild. High upper 70s to low 80s. Northeast wind 10 mph. Tonight, mostly clear and cool. Low 55 to 60. Light wind. Thursday, mostly sunny. Somewhat warmer with high low to mid 80s. East wind 5 to 10 mph.
AREA READINGS (9 a.m.): temperature: 84; overnight low: 57; Tuesday's high: 78; barometric pressure: 30.19; relative humidity: 78 percent; winds: northwest at 8 mph; no rain; sunrise: 7:19 a.m.; sunset 7:09 p.m.	THURSDAY TIDES: Daytona Beach: highs, 4:50 a.m., 5:25 p.m.; lows, 4:42 a.m., 5:17 p.m.; Fort Cassavert: highs, 4:42 a.m., 5:17 p.m.; lows, 10:37 a.m., 11:22;	HOSPITAL NOTES
Central Florida Regional Hospital Tuesday ADMISSIONS Sanford: Jessie M. Britson, Charlotte R. Corley, Mary A. Gunn, Donald Hess, Janet R. Lane, Blanche E. Peoples, George P. Schulz	DISCHARGES Sanford: Nancy J. Clewinger, Donald Hess, Wilson F. Dorn, DeBary Alfred M. Miller, Orange City Melvin G. Cook, Orlando Eve M. Beck and baby girl, Sanford	Evening Herald (USPS 481-288) Wednesday, October 3, 1984 Vol. 77, No. 37 Published Daily and Sunday, except Saturday by The Sanford Herald, Inc. 200 N. French Ave., Sanford, Fla. 32771. Second Class Postage Paid at Sanford, Florida 32771. Home Delivery: Week, \$1.10; Month, \$6.75; 3 Months, \$14.25; 6 Months, \$27.50; Year, \$51.00. By Mail: Week \$1.50; Month, \$8.00; 3 Months, \$14.50; 6 Months, \$27.50; Year, \$50.00. Phone (386) 323-9111.

Cash, Money Orders Taken In Post Office Holdup

A gunman got away with an undisclosed amount of cash and three money orders in a post office holdup at Springs Plaza, state Road 434, Longwood.

Postal clerk Lorraine Claire Lucas told Seminole County sheriff's deputies that she was alone in the post office when the robber entered at 1:37 p.m. Tuesday and pointed a handgun at her.

A sheriff's report said the man, who is about 30 years old and 6-feet tall, "demanded all the monies."

Ms. Lucas handed over cash and three money orders for \$310, \$375 and \$425 to the bandit who then fled on foot.

BATTERED WIFE & CAR
An Oviedo man who allegedly entered his in-laws' Oviedo home, beat his wife, threatened her with a butcher knife and smashed out the windows of her car has been charged with spouse abuse.

Ethel Denmark, 29, of E. Broadway St., Oviedo, reported to sheriff's deputies that the suspect attacked her as she slept at about 1 a.m. Tuesday. Mrs. Denmark's mother, Marge Jefferson and stepfather Eualay Baggitt, told deputies that they separated the couple during the attack.

The suspect was ordered to leave, but instead he reportedly took a butcher knife from the kitchen and threatened to cut Mrs. Denmark's throat. The witnesses once again stepped between the pair and the suspect reportedly went outside and smashed out the windows of Mrs. Denmark's 1975 Chevrolet.

The suspect was at the scene and was reportedly arguing with Mrs. Denmark in the front yard when deputies arrived.

Edward E. Denmark, 30, of P.O. Box 484, was arrested at his in-laws' house on Denise Street, Oviedo, at about 1:15 a.m. Tuesday. He was later released on \$500 bond.

DEALER & GUNWOMAN ARRESTS

A Sanford police officer who reportedly recognized a passenger in a vehicle as a suspect who had sold him a bag of marijuana in an undercover deal on Aug. 31, arrested that woman along with another woman in the car who reportedly was carrying a concealed handgun.

The officer spotted the women in a car with a man on 13th Street at Olive Avenue, Sanford, at about 1 p.m. Monday. He stopped the vehicle and arrested the woman who had allegedly sold him a \$30 bag of pot at the Handy Way on Celery Avenue at Elliott Street, Sanford, in August.

Rose M. Ramsay, 22, of 2422-B

S. Lake Ave., Sanford, was charged with sale and delivery of a controlled substance. She was being held in lieu of \$5,000 bond.

Lori C. Faircloth, 19, of the same address, was charged with possession of a concealed firearm after the lawman reportedly spotted at small handgun in her purse. She was being held in lieu of \$5,000 bond. The man was not charged.

ROBBERY IN PARK

A Sanford man told police he was robbed as he walked through a park late at night.

Keith Coomer, 21, reported that he was walking through Centennial Park at 400 Park Ave. Friday, when a man ran up behind him, struck him in the back and tried to take his wallet. Coomer said the man brandished a .22-caliber pistol and hit him in the face. The gunman then took the wallet which contained \$9 in cash and a \$127.95 paycheck.

Coomer was treated by emergency medical technicians for scrapes.

LUNCHROOM THIEF

Someone broke into a Sanford school and stole 95 pounds of food, six dozen hamburger buns and three baking pans.

According to a Sanford police report, between 5:30 p.m. Thursday and 7:30 a.m. Friday, someone entered the Goldsboro Elementary School, 1301 W. 16th St., and took 60 pounds of beef franks worth \$53.64, 30 pounds of chicken valued at \$46.14, five pounds of fish and cheese worth \$4.80 and six dozen hamburger buns valued at \$4.56.

The thief also took three baking pans valued together at \$26.80.

DUI ARRESTS

The following persons have been arrested in Seminole County on a charge of driving under the influence:

—Carol A. Biggers, 30, of 1361 Hobson St., Longwood, was arrested at 2:27 a.m. Tuesday after she failed to dim the bright lights of her vehicle after a deputy signaled her to do so on U.S. Highway 17-92, Longwood.

—David Wayne Drummond, 25, of 707 Church Ave., Longwood, was arrested at 3:24 a.m. Monday after his car failed to maintain a single lane on U.S. Highway 17-92, Longwood. He was also charged with driving with a suspended license and having an improper license tag.

—Ralph Donald Myers, 19, of 170 Edgemon Ave., Winter Springs, at 1:50 a.m. Saturday after an accident on state Road 434, Winter Springs. He was also

Gun Toting Woman Jailed After Woman Attacked In Apartment

An Altamonte Springs woman who allegedly forced her way into an Altamonte Springs home, pulled a revolver from her boot and threatened the occupants has been charged with aggravated assault with a firearm and burglary to an occupied dwelling.

The woman, who apparently cut her arm on a broken window when she tried to enter the apartment at 185 E. Altamonte Drive #103, was arrested at Florida Hospital-Altamonte, where she was treated shortly after the 2 a.m. Monday break-in, according to sheriff's deputy John Negri who made the arrest.

A loaded .22-caliber revolver was found in the front yard of the victim's house, Negri said.

Apartment owner Isabella Arndet, 29, told deputies that when she and three friends returned to her home at about 2 a.m. Monday they spotted the suspect apparently trying to enter the apartment through a broken window. Ms. Arndet or-

dered the woman to leave, but the suspect forced her way into the home and allegedly began beating 24-year-old Pamela Kay Sparks, of Orlando, about the head and face, the report said.

No reason for the assault was given in the arrest report. When Ms. Arndet and her friends came to Ms. Sparks' aid, the suspect allegedly pulled the loaded gun from her boot and threatened to kill them, the report said.

An Orlando woman, Peggy Corbett, who was with the suspect, reportedly disarmed the woman and Dennis R. Pack of Leesburg, a friend of Ms. Arndet, hid the gun in the front yard.

Deputies arrived and reported finding the suspect hiding near the house and they found the gun in the yard.

Sandra Marie Kortright, 27, of 310-F Cherokee Court, was arrested at 4:17 a.m. Monday. She was transported to the Seminole County jail after receiving stitches in her arm and was being held in lieu of \$10,000 bond.

Countdown Begins For Friday Launch Of Shuttle Challenger

CAPE CANAVERAL (UPI) — The countdown clocks began ticking today for Friday's launch of the shuttle Challenger on an eight-day mission that includes the first spacewalk by an American woman.

The 43-hour countdown, which has about 11 hours of planned "holds" for any problems that might develop, began on time at 1 a.m. and is scheduled to end at 7:03 a.m. Friday with the ground-shaking start of Challenger's sixth voyage.

Commander Rober Crippen, pilot Jon McBride and crew members Sally Ride, Kathryn Sullivan, David Leestma, Paul Scully-Power and Canadian

Marc Garneau spoke to reporters briefly after their flight from Houston.

Crippen and McBride then began practicing touch-and-go landings in a jet trainer rigged to mimic the shuttle's delicate handling. Challenger is scheduled to end its mission at the Kennedy Space Center's 3-mile-long runway on Oct. 13.

Ride will launch a satellite shortly after blastoff that is designed to study Earth's climate. Leestma and Sullivan, who will become the first American woman to walk in space, will conduct a spacewalk on the fifth day of the mission to demonstrate satellite refueling techniques.

Action Reports

*** Fires**
*** Courts**
*** Police Beat**

charged with driving with a revoked license.

—Ralph James Rash, 47, of 1512 Palmetto Ave., Sanford, at 4:34 a.m. Saturday after his car ran off the road and hit a curb on U.S. Highway 17-92, Sanford.

—Ronald Joe Wagner, 33, of 10121 Encino Way, Casselberry, at 6:30 a.m. Saturday after his car hit a road sign on state Road 427, Seminole County.

—Thomas Lynn Durham, 38, of 907 E. Ballard St., Altamonte Springs, at 11:25 p.m. Saturday after his car was seen weaving on state Road 436, Fern Park.

—Robert C. Elemer, 24, of Indiana, at 11:40 p.m. Saturday after his car failed to maintain a single lane on state Road 436, Seminole County.

—Dwayne J. Willis, 22, of Or-

lando, at 2:35 a.m. Sunday at Central Florida Regional Hospital, Sanford, after his car was involved in an accident on state Road 46, five miles east of Sanford.

—Wolfgang Zegke, 44, of 607 Woodbridge Drive, Fern Park, at 9:34 p.m. after his car ran into a ditch on U.S. Highway 17-92, Sanford.

—Joseph J. Michaud, 19, of 1790 Oakhurst Ave., Winter Park, at 12:29 a.m. Monday after his car failed to maintain a single lane on U.S. Highway 17-92,

south of Sanford. He was also charged with possession of under 20 grams of marijuana and drug paraphernalia.

FIRE CALLS
Sunday
—11:01 a.m., 1812 Chase Ave., rescue. A 24-year-old woman who had back pains due to a fall was taken to the hospital.

Monday
—10:40 a.m., 590 S. Persimmon Ave., rescue. A 75-year-old man fell and scraped his face. He was treated at the scene.



Walgreens

The Shopper's Center



October FEST SALE

Sale Now thru Sunday

Walgreens Coupon

VIRGIA SANGRIA
2/1

Walgreens Coupon

PEPSI DRINKS
6/1

Walgreens Coupon

1/2 GALLON ICE CREAM
1/49

Walgreens Coupon

FRITO LAY CRISPS
1/9

Walgreens Coupon

BEY ROASTED PEANUTS, 16 oz.
1/69

Walgreens Coupon

DISPOSABLE LIGHTERS
3/1

Walgreens Coupon

12 oz. TENDER VITLES
89c

Walgreens Coupon

COLOR FILM DEVELOPED & PRINTED
1/1, 3/3, 2/2

Walgreens Coupon

STUDIO PHOTO SERVICE
2/1, 4/1, 5/1

Buy six for \$2.99, rebate details in store

Baby Ruth
2.49 SALE
Candy Bars, 10-Pack

MILKY WAY SNICKERS
1.99 SALE
Mars Snack Bars, 1 lb.

M&M'S
1.99 SALE
M&M's Bonus Bag

Catana
99c SALE
Kraft Caramels, 14 oz.

PLANTERS
89c SALE
Planters Snacks

Hefty
99c SALE
Hefty Bowls or Plates

First Alert 'Ready-Lite'
21.99 SALE
Rechargeable light plug in anywhere.

Saxton
2.69 SALE
Saxton Lotion

Gillette Good News
1.89 SALE
Disposable razors

Snapshot Greeting Cards
6.99 SALE
Full Color With Matching Envelopes

aspirin
49c SALE
Generic Aspirin

LOWEST PRICES possible for quality PRESCRIPTIONS

Walgreens Coupon

KLEENEX TISSUES 250's
99c

Walgreens Coupon

OIL OF OLIVE 4 oz. LEMON
3/99

Walgreens Coupon

WALGREENS KIRBY'S
3/1

Walgreens Coupon

YARDLEY SOAP 4 1/2 oz. BAR
2/99

Walgreens Coupon

M&M'S COFFEE FILTERS, 200's
1/1

Walgreens Coupon

BOUNCE FABRIC SHEETS, 40's
1/99

Walgreens Coupon

AIR WICK STICKS, 2's
99c

Walgreens Coupon

WINGWASH WASHING SOLVENT
99c

Walgreens Coupon

PACK OF 200 Q-TIPS SWABS
99c

Walgreens Coupon

SUPPERIN TABS, 100's
2/99

Walgreens Coupon

AQUA FRESH 6.4 oz. TUBE
1/1

ZAYRE PLAZA SANFORD

LIQUOR 9 A.M. TO 9 P.M.
(Liquor Closed Sunday)

OPEN DAILY 9 A.M. TO 9 P.M.
SUNDAY 10 A.M. TO 6 P.M.

PHONE 323-0190 RX 321-0250

KAHLUA LIQUEUR & AMARETTO de SARDONNA

10.99

750 ml.

DISCOUNT LIQUOR CENTER

BEER & WINE SPECIALS

JIM BEAM

6.49

1 Liter

BAILEY'S IRISH CREAM & TIA MARIA

10.99

750 ml.

MARTINI & ROSSI ASTI SPUMANTE

8.49

750 ml.

MATEUS WINES

12.99

750 ml.

SEAGRAM'S VO

7.99

750 ml.

COORS SUITCASE

THE BIG DEAL 9.99

24-12 OZ. CANS, REG. OR LIGHT

SCHENLEY VODKA

5.79

1 Liter

DEWAR'S WHITE LABEL

19.99

1.75 Liter

BLACK VELVET CANADIAN

11.99

1.75 Liter

OLD CROW

10.99

1.75 Liter

Evening Herald

(USPS 481-280)
300 N. FRENCH AVE., SANFORD, FLA. 32771
Area Code 305-322-2611 or 831-9993
Wednesday, October 3, 1984-4A

Wayne D. Doyle, Publisher
Thomas Giordano, Managing Editor
Melvin Adkins, Advertising Director

Home Delivery: Week, \$1.10; Month, \$4.75; 3 Months, \$14.25; 6 Months, \$27.00; Year, \$51.00. By Mail: Week, \$1.50; Month, \$6.00; 3 Months, \$18.00; 6 Months, \$32.50; Year, \$60.00.

A Knocking At The Door

Nearly 30 years ago, the development of psychotropic drugs that modify moods and behavior opened new vistas for the treatment of the mentally ill. With drug therapy, patients who might have needed long-term hospitalization could be treated on an outpatient basis. Meanwhile, the concept of self-help recovery groups and halfway houses for the mentally ill was beginning to emerge. Health agencies saw an attractive alternative to the warehousing of mental patients in large, grim "insane asylums."

Thus began a conscious effort to deinstitutionalize the mentally ill in America, to shift the focus of mental treatment from large institutions to local communities. Beginning with the creation by Congress of the Joint Commission on Mental Illness and Health in 1955, legislative acts at the federal and state level began reflecting the new emphasis on community treatment facilities.

What has happened in the intervening years shows how a praiseworthy undertaking can go wrong in the most tragic way. A study by the American Psychiatric Association (APA) says deinstitutionalization has been a "disastrous" failure, creating a new class of derelict — the homeless mentally ill.

"Hardly a section of the country, urban or rural," the report says, "has escaped the ubiquitous presence of ragged, ill and hallucinating human beings, wandering through our city streets, huddled in alleyways or sleeping over vents." One does not have to look far to see evidence of what the APA refers to as a "moral scandal."

Since 1955, the number of patients being treated in large public mental hospitals has been cut by three-fourths. But the development of new community mental health facilities has not proceeded at a corresponding rate. Hence the release of mental patients into communities that are not prepared to receive them.

The APA study does not recommend how mental health programs should be reorganized and administered to keep patients from falling through the cracks, nor does it estimate how much it would cost to provide shelter, food, clothing and medical treatment for those now wandering the streets. It is significant, however, that the study does not find fault with the concept that patients would be better off being treated in community programs than in hospitals.

New forms of therapy and better understanding of the mentally ill mean that we do not have to lock up all mental patients in institutions. But that does not end our responsibility; it only moves the problem to our local doorstep. The APA report on the homeless mentally ill should be taken as a knocking at the door that demands a response.

While Cap Fiddles

To the \$438 hammer and the \$1,118 plastic stool-leg cap that the Pentagon recently picked up, add now that \$7,622, 10-cup Air Force coffee maker and the \$180 rechargeable flashlight that's supposed to work even if submerged but which, in more ways than one, doesn't hold water.

These latest boondoggles were reported by a retiring Air Force officer, an enlisted man from Travis Air Force Base and a civilian Air Force employee who said his job ratings had gone way down since he began to complain about the practice of throwing away new or repairable parts.

The three testified, they said, out of frustration at their inability to interest Air Force higher-ups in those problems. Obviously, the stories of extravagance and mismanagement of the past couple of years — in these instances only symbolic of larger problems in cost and quality control — haven't yet given the Pentagon and its civilian leaders much respect either for efficiency or public image, and until a few people get publicly disciplined, they probably never will.

Are you listening, Cap the Knife?

BERRY'S WORLD



DICK WEST

It's A Little Bit Like Johnathan Swiftie

WASHINGTON (UPI) — The uncertainties of writing books of political parody are seldom more poignantly summed up than by Peter Cohn, one of the authors of "The Reagan Report."

The ideal time for such an enterprise is during a presidential campaign. But draw a literary cartoon of one of the candidates during the primary season and a rival almost certainly will win the party's nomination.

Or wait until after the national political conventions and the election may be over before the manuscript sees the light of print.

According to the "Guinness Book of World Records," the fastest paperback publishing time was 46.5 hours posted by Bantam Books for "Miracle on Ice" after the U.S. hockey team won a gold medal in the 1980 Olympics.

Bantam claims to have bettered that mark with "Carl," a biography of Carl Lewis, a three-medal winner in the 1984 Olympics. However, USCO Parody Inc., described in promotional literature as "soon to be a major conglomerate," is not so fast.

So, Cohn, the editor of USCO, which packaged

this book, decided to play it safe.

"We were more interested in Reagan as president than as a presidential candidate," he told me. "Moreover, we were pretty sure Reagan would be renominated and would win in November."

If that makes his contribution to political parody at bit one-sided, so be it.

I encountered Cohn during a promotional tour he is making with his co-author, Tom Hendra.

The biggest surprise thus far, said Cohn, who works out of New York, is Reagan's clout with young people.

"They love this guy," he affirmed. "The latest teenage fad is copying Reagan's hair style."

That includes, he added, exhibiting his style of parody, using a preparation that turns hair gray, but nobody notices.

It's a pity, in a way, that Cohn and Hendra couldn't have foreseen the nomination of Geraldine Ferraro as the Democratic vice presidential candidate.

She has been an even more tempting target for parodists than Reagan. One of the newer efforts, the "Geraldine Ferraro Coloring Book,"

includes a portrait of the candidate standing over an ironing board.

"The Reagan Report," by contrast, if it is a contrast, unveils a plan to put the battleship New Jersey into orbit "as the flagship of America's new fleet of space weapons."

According to words Cohn and Hendra put into Reagan's mouth, "the New Jersey is but one example of how the administration is saving money by making the most out of our existing arsenal."

Meanwhile, the state of New Jersey is included in a highway beautification program involving "thousands of billboards painted with inspirational scenes from nature."

"Along the New Jersey Turnpike," the authors tell us, parody going full tilt, "gorgeous underwater scenes make the once drab scenery look like a Cousteau show."

Considering all the risks involved in starting work on the book in February, I thought their venture into political parody turned out rather well and I join Cohn in hoping "it sells more copies than Walter Mondale gets votes."

ANTHONY HARRIGAN

Pearl Harbor Lesson

There's never a time when it isn't appropriate to be concerned about the security of the United States. We live in an age of ongoing threats — more and different threats perhaps than our ablest military men realize.

That thought comes to mind in reading a monumental account of the Pearl Harbor disaster by the late Prof. Gordon Prange. This great book, entitled *At Dawn We Slept*, is a reminder that Americans should never forget Pearl Harbor. They should never forget that their country was the victim of a brutal surprise attack, that it was caught unaware, paralyzed in complacency and military routine, and narrowly escaped defeat. Americans underestimated their enemy in the Pacific; they paid a terrible price for this underestimation.

America's responsible authorities in the 1980s believe that they have learned the lesson of Pearl Harbor. Let's hope and pray they have. The United States invests billions of dollars in intelligence and surveillance activities. The layman wonders: are we missing something? In early 1941, the U.S. Army and Navy and the civilian authorities in Washington also thought they were on top of the situation.

America's leadership 43 years ago didn't appreciate the brilliance of Admiral Isoroku Yamamoto, Commander in Chief of Japan's Combined Fleet, who conceived the Pearl Harbor attack plan and was responsible for its adoption. Americans also didn't appreciate the abilities of the Japanese, what the editors of Dr. Prange's book describe as the Japanese Navy's "precise planning, tireless training, fanatical dedication, iron determination, technical know-how, tactical excellence, clever deception measures, intelligence well-gathered and effectively disseminated, plain guts — and uncommon luck."

One wonders whether, in the mid-1980s, America's leaders aren't making a similar misjudgment of today's adversaries. In 1941, the U.S. authorities didn't believe that the Japanese attack could come from the North, as it did. Is there a similar misjudgment today with respect to the southern frontier of the United States, which seems singularly lacking in defenses? Is this a hole in contemporary U.S. defenses? Drug smugglers seem able to penetrate this aerial frontier with relative difficulty.

JACK ANDERSON

Loopholes Used To Channel Profits

WASHINGTON — The public is rightfully outraged by revelations that the Pentagon routinely pays exorbitant prices for spare parts, hand tools and coffee-makers.

Despite the shocking extravagance laid bare by such stories, Defense Secretary Caspar Weinberger and his subordinate spendthrifts insist that these horror stories are the exceptions, not the rule. The system, they say, is basically sound.

But is it? As part of our continuing series on waste in government, my associate Donald Goldberg has studied an internal analysis of certain Navy contracts by investigators for the House Appropriations Committee. The analysis was not intended to be made public, but I think its conclusions deserve to be shouted from the rooftops.

In a nutshell, the committee investigators found that two major shipbuilders are making profits of more than 20 percent — in one case, nearly 30 percent — on nuclear



JEFFREY HART

James Bond Stockdale

Americans have a remarkable capacity to put disasters behind them and move on, and there has been remarkably little recrimination about our failure to achieve our aims in Vietnam, i.e., the survival of non-communist South Vietnam. In much of the world, a failure of this sort would produce generations of bitterness and endless arguments over how to apportion the blame. After all, we lost 50,000 men in Vietnam and spent billions, and Saigon is now called Ho Chi Minh City.

These reflections arise because I have just finished a remarkable new book by James Stockdale and his wife Sybil.

Stockdale was a Navy pilot, a squadron leader with the rank of commander, and began flying bombing missions off U.S. carriers against North Vietnamese targets in 1964. His name is, no kidding, James Bond Stockdale.

He flew over and around the American destroyers when they thought they were under attack in the Gulf of Tonkin incident, which led to the Senate resolution that was virtually a declaration of war. The destroyers had been attacked by North Vietnamese torpedo boats the day before, but Stockdale is convinced in his testimony that the supposed follow-up attack was an illusion. Historically speaking, this is a technicality. The Johnson administration was going to escalate the war, and, if not on Monday, then on Thursday. After all, thousands of North Vietnamese regulars were pouring down the network of jungle trails known as the Ho Chi Minh Trail into the beleaguered South.

On Sept. 9, 1965, Commander Stockdale entered Hell. He was shot down over North Vietnam and broke his back and leg in his parachute descent. When the authorities got hold of him, they

tortured him repeatedly and excruciatingly in defiance of the Geneva conventions, which they openly ridiculed. They kept Stockdale and other American prisoners in abominable conditions and repeatedly threatened them with death.

This story, entitled "In Love and War," is unusual in a literary way. It consists of alternate chapters written by James Stockdale and his wife Sybil. He recounts his experience, while she describes her efforts to live in the knowledge of his circumstances and her attempts to get the U.S. administration in Washington to acknowledge, do-something-about, the horrible circumstances of our prisoners in Hanoi.

These are genuinely modest people, also patient. They seem to think that they behaved as any American couple would behave, and that is a nice thought. When forced by torture to make public statements about American war crimes, Stockdale resisted until the breaking point, and then inserted little "mistakes" indicating that the statement was bogus.

Now, here, we come to the darker side of things. American leftists were actively cooperating with the North Vietnamese enemy.

One of Stockdale's torturers was known as the "Cat." Listen: "Knowing that a visiting left-wing American could blow the whistle on me should Cat show the letter to him accounted for much of my expenditure of emotional energy. Had he done that (and I luckily sneaked under their wire, because cross-checking prisoners' writings with the American radicals later became commonplace), the North Vietnamese retribution would have been swift and severe."

One's reaction to this really cannot be committed to print designed for general circulation.

VIEWPOINT

On The Newest Patriotism

By John Crogan

While the recovery of the last 19 months has witnessed the renaissance of such labor-intensive industries as automobiles, the so-called "new patriotism" has doubtless resulted in a boom-time for the manufacturers of American flags.

The rebirth of patriotic sentiment in America can probably be traced to the dark days of 1979 and the Iranian hostage crisis.

The sight of trampled "Old Glory" and "Uncle Sam" effigies in the streets of Teheran sparked a pro-American reaction in the U.S. which ascended to high gear during the recent Olympic games in Los Angeles.

At the same time, others have discovered the apparent dividends in cornering the market on patriotism.

Two years ago, *USA Today* billing itself "America's newspaper" was started. Cable TV mogul, Ted Turner, has christened the baseball club he owns "America's team."

And Ralph Lauren, the fashion designer, has introduced a new line of clothes designated "American wear."

Until recently, patriotism translated into a broad, general consensus among Republicans and Democrats in the area of foreign policy because it is the one area that most affects the national security.

Sadly, there is no longer such a foreign policy consensus among our two parties.

Old-style liberals like the late Senator Henry Jackson, whatever his disagreements on domestic issues, agreed with his conservative colleagues that Soviet expansionism constituted the greatest threat to American security.

"Liberal" anti-communists like Henry Jackson are a dying breed.

Today's Congressional liberals do not share the same appreciation of the Communist threat as conservatives.

Many of them came to power when flag burning was more trendy than flag waving.

So far, the return of patriotism has yet to bring a return of consensus over what is in the best security interests of America.

Expos: Raines Is Not 'Untouchable'



Herald Photo by Sam Cook

Tim Raines can be a free man in two years. Expos may swap ex-Seminole High star before he tests free-agent waters.

MONTREAL (UPI) — No Expo will be considered sacred should a trade possibility surface in the off-season which would improve the team, Montreal general manager Murray Cook said Tuesday.

Cook, who took over as general manager Sept. 5, said while some major trades might be made the Expos remain a solid club and are not in need of wholesale change.

"We have a shopping list in mind (for the off-season), but we're not setting out to rebuild," he said at a joint news conference with team president John McHale. "We may do some dramatic things though."

Cook said the Expos would probably go into the free-agent market to find new talent. He pointed to shortstop and second base as positions the team needed to improve.

"There are no untouchables on this team," the former New York Yankees general manager said. "You can't wait until a player is a free agent to make a move because then you get nothing."

"(Tim) Raines is close (to becoming a free agent). (Andre) Dawson is close. You don't want to trade these kind of players, but because of the situation of baseball today, none of them are untouchable."

Raines played 160 games this year and was eighth in the league in hitting

Baseball Roundup

at .309 with eight homers and 60 RBI. He led the league in stolen bases for the fourth straight year with 75. He also led the N.L. with 38 doubles. Dawson, battling nagging injuries, played in 138 games and had an off-season at the plate, hitting .248 with 17 home runs and 86 RBI.

Cook said his search for a new manager has been "narrowed down to a handful" of choices. "Things are starting to sift out," he said.

McHale, who stepped aside after five years as general manager, said the club's future is not reflected in the Expos' first below-.500 season (78-83) in six years.

"The Expos aren't hopeless," McHale said. "If we could have picked up 10 wins it would have been a whole different story. And that's not impossible. We saw a whole flock of games we could have won by the boards."

McHale said a number of factors including injuries, lack of bench strength and poor production from the middle of the infield contributed to the team's downfall.

mance from the fans and media, refused to include the signing of Pete Rose among the team's shortcomings.

He noted, though, he was disappointed with the reaction to the signing, saying most of the antipathy was based on false premises.

"Pete Rose was a plus," he said. "He was a total team man. He brought enthusiasm, a great background of winning and I think we were a better club with him."

"But even Pete Rose couldn't overcome the three major injuries we had."

BLOWOUTS LESSEN PRESSURE

Blowouts in the opening games of the American and National League Championship Series Tuesday lessened the pressure for the umpires substituting for striking regulars. But all sides seem to agree that having the major league umpires return from their walkout would be the best thing.

Four college umpires, all of whom worked during a 1979 walkout by umpires, replaced the striking major leaguers as the Chicago Cubs routed the San Diego Padres 13-0.

The AL bypassed its striking umpires by choosing amateurs with mostly collegiate experience plus a retired ump to officiate the Detroit Tigers' 8-1 smashing of the Kansas City Royals.

Talks broke off between representatives of the major leagues and the Major League Umpires Association Monday night. The umpires are seeking tenure selection for post-season games and more money for officiating the playoffs and World Series.

Richie Phillips, the chief attorney for the Umpires Association, and American League president Bobby Brown are scheduled to meet today to try and hammer out an agreement.

'BLAND' HAAS TAKES OVER

ATLANTA (UPI) — An apt description for new Atlanta Braves manager Eddie Haas might be "bland."

Haas, a long-time organization man who toiled for most of his 31 years in professional baseball in the minors, was named Tuesday to succeed Joe Torre. Torre was fired a day earlier by team owner Ted Turner, who said "I just felt we needed to make a change."

At a news conference announcing his promotion, Haas gave no indication he'll be able to fire up the Braves to improve on their performance under Torre for whom they finished first (1982) and second twice in the National League West.

"Any manager has his own way of doing things," said Haas, under whom Richmond went to the International League playoffs three straight years.

...Plaster

Continued from 5A

them hard and up and they go out. They elevate them," Williams said. "They are a good ballclub but I'm not in awe of them."

Chicago manager Jim Frey, never a believer in momentum, said the euphoria from the Cubs' one-sided win might not last long.

"It could change the very next day," Frey said. "The pitcher who makes the best pitches and keeps the ball in the ballpark is going to win."

San Diego starter Eric Show, losing for the first time in five decisions at Wrigley Field, and reliever Greg Harris had trouble keeping the ball in the park.

Show gave up the solo shots by Dertnall and Matthews in the first and Suttcliffe in the third. Harris permitted Matthews' three-run shot in a six-run fifth and Cey's solo blast in the fifth.

"Sure, I knew the wind was blowing out and I made two quick mistakes by throwing two high fastballs," Show said.

But a more decisive nail in the Padres' coffin came in the fourth, San Diego loaded the bases with two out off Suttcliffe, who was uncharacteristically wild with five walks.

PLAYOFF BOXES

Table with columns for Major League Playoffs, American League, National League, and various game results and scores.

Front-Runner: Cubs Are A Lock

CHICAGO (UPI) — As sure as that big Papa Bear in the Sky made Ivy green and the weather in their city windy, the Chicago Cubs are going to win this thing and wind up in the World Series for the first time in 39 years.

Now I know what you're automatically thinking. You're thinking to yourself, look at him, the front-runner — he's already handing the Cubs the National League pennant and burying San Diego after only one playoff game simply because of Tuesday's 13-0 blowout in which the Cubbies played merry-go-round with the Padres at Wrigley Field, setting a major-league playoff record for runs scored, turning on the kind of power the Padres never before encountered this season with five home runs and 16 hits and introducing the new Mr. October, Gary "Sarge" Matthews.

All that, along with Rick Sutcliffe's spotless two-hit pitching over seven innings, helped influence me, naturally, but it wasn't the Cubs' titanic hitting or nifty pitching that was the clincher for me. Instead, it was



Milton Richman, UPI Sports Editor

Keith Moreland's glittering defensive gem on Carmelo Martinez' sinking liner in wind-blown right field with the bases full and two out in the fourth inning.

That did it. That's when I came to believe the same thing that Pete Rose, Bryn Smith, the Expos' pitcher, and everyone else in Chicago does. Namely, that the Cubs somehow are somehow anointed and there's no way anyone is going to beat them now. No one, the Padres, the Tigers, the Royals or mighty Liverpool in Britain's First Division soccer.

Dick Williams, the Padres' manager, couldn't stop talking about Moreland's magnificent catch. He kept calling it the "great play," and it was all of

that and maybe a little more.

Martinez hit one of those dying swans that looked as if it were going to fall. Moreland, a converted catcher, never gave up on the ball. He came in quickly, angled his body low to the crowd and tumbled head over tea kettle after making the catch only inches off the grass, but he never let go of the ball.

To make sure first base umpire Dave Slickemeyer made the right call, Moreland held the ball in his glove in the air so the umpire could clearly see it. Slickemeyer was one of the four college umpires pressed into emergency service when the regular National League umpires struck before the game.

The Cubs already were five runs up when Moreland made his catch, but to me, and apparently to Williams from the way he talked about it after the game, that was the play that finished the Padres.

Suttcliffe said Moreland's catch "basically ended the game." Personally, I think it did more than that. I think it ended this playoff.

SCOREBOARD

Scoreboard table with columns for NFL, NASL, and various game results.

BASEBALL

Baseball section with columns for Old Timer's Classic, National League, and American League.

MEGROBERT'S

Advertisement for Megrobert's Muffler & Brakes, featuring a cartoon character and product details.

Mice Split Opener — ICBA May Expand

Angelo's Mice opened their 12th season of play by splitting a pair of games in the Longwood Womens Softball League. The Mice smacked the Expert Roofers 12-7 and got caught in Newell's trap by a 12-2 count.

Hollie Dido hurled both games for Angelo's, tossing a six-hitter at the Experts. In fact, she pitched two-hit ball going into the seventh inning before being touched up for three runs and four hits. She held a 12-4 lead at the time. Against Newell's the score was only 3-2 going into the last inning when the winners tallied nine times, only two of them earned, to wrap things up.

In the Expert game, old-pro Terri Mann led the attack with three hits including a triple, scored three times and drove in a pair. Terri Coc added three hits, Connie Walburger, Connie Vaughn and Renee Kelley all smacked two apiece with Kelley driving in three. Walburger and Trish Meyer had two rbi's each; Stephanie Nelson, Kelley, Vaughn and Coc all scored twice each. Nelson was outstanding defensively at shortstop.

Against Newell's, Nelson and Karen "Boomer" Boehmer led the way with two hits each, the boomer scoring both times for the Mice. Theresa Walburger at first, Nelson at short, Connie Walburger at third plus Boomer and Tina Bozzo in the outfield turned in fine defensive jobs for Angelos.

Roundup

ICBA NUCLEUS RETURNS

The Inter-County Basketball Association held its first organizational meeting for the upcoming 1984-85 season — the third year the ICBA will be in existence. The league operated with 24 teams last season and will return the same nucleus, with interest being shown in six new areas.

Included in the list of returning teams are South Seminole, Jackson Heights, Tuskawilla, Altamonte Recreation Eastmonte Center (Milwee), Altamonte Rec Westmonte (Teague-Rock Lake), Winter Park Recreation Department, Eatonville, Walsie Ward Girls Club and Trinity Lutheran School. Possible newcomers are Trinity Prep, Altamonte Christian School, Orangewood Christian School of Maitland, St. Lukes of Oviedo and South Side Pop Warner football of Oakridge.

The ICBA will hold two pre-season tournaments: One for all league teams, starting Dec. 15 and an Invitational which will include teams from Philadelphia and New York, starting Dec. 22. League Play will begin right after the Christmas holidays and continue through the end of February.

Any teams or organizations

interested in learning more about the ICBA or entering for the current season should contact: Mickey Norton at 365-4040 or Jim Norton at 365-8434 or Bill James at 862-0090 or Kevin Wiedecher at 644-9860. Any boys or girls interested in playing on an ICBA team may also call one of the above to learn which team services their school area.

Advertisement for TRANE, featuring a logo and text about energy saving and air conditioning.

Advertisement for Bob Dance Rent-A-Car, listing truck and van rental rates.

Advertisement for The Car Store, Inc., featuring a lube service offer for \$12.95.

Table with columns for tire size, price, and other specifications.

Advertisement for Custom Stock Sixty tires, featuring a tire image and product details.

Table with columns for tire size, price, ply, and other specifications.

PEOPLE

Evening Herald, Sanford, Fl. Wednesday, Oct. 3, 1984-18

Cook Of The Week

Catch Of Day Leads To Some Fine Eating

By Brenda Lowe
Herald Correspondent

If you go to Bonnie Jackson's house and she isn't home, more than likely she and her husband, Paul, have "gone fishin'." Bonnie says the only thing she likes more than catching fish is eating them.

Bonnie grew up in Port Hueneme (an Indian name which means "quiet resting place") in California. Later, while living in Oxnard, Calif. where her father was the marshal, Bonnie says that along with his other duties, he was also responsible for the city's bookkeeping. After his death, when the books were checked, she says that she was very proud of the fact that his books balanced "to the penny." Her mother, who is now in her 80s, still lives in Oxnard.

During World War II, Bonnie worked on the Navy base in Mountain View, Calif. in the cargo department. She says they shipped everything overseas, from lipstick to chickens. Bonnie adds that she could only assume that the lipstick was for the WAVES!

After her marriage to Paul, who was in the Navy, they were transferred to Patuxent River, Md. While there, a friend introduced her to canning. Bonnie says, "It's the next best thing to having fresh fruits and vegetables and you don't have to worry about what's in your food. You put in what you want to put in."

Their next move was to Sanford. After Paul's retirement from the Sanford Naval Air Station, they decided to settle here. Bonnie and Paul have three children and 11 grandchildren.

An eye condition preventing

Bonnie from driving inadvertently led to a hobby, which subsequently blossomed into a business. Since she was at home a lot, Bonnie decided to take up a hobby. A friend suggested ceramics which Bonnie found was something she enjoyed and could do well, since her "up-close" vision was good.

Eventually she and her husband had to buy a bigger house to accommodate Bonnie's creations. Part of their house on Ross Street became Jackson's Ceramics. When they started the business 15 years ago, Bonnie says that theirs was the only ceramics studio in Sanford. In addition to sales, Bonnie also teaches classes several times a week.

There's "something fishy" going on in Bonnie's kitchen. To find out what it is, read on:

CATFISH STEW

1 pound catfish (speckled perch or bass are good, too), cut in bite-size chunks. If you like a lot of fish, use 2 pounds.
2 medium onions, chopped
3 stalks celery, chopped
3 large carrots, chopped
4 medium potatoes, cut in bite-size chunks
3 tablespoons butter
Salt and pepper, to taste

Put enough water in a large pot to cover fish, about 3 to 4 inches. Add all ingredients, except potatoes. Put them in when fish, onions, celery and carrots are tender. Make a white sauce to thicken stew. This makes a large pot of stew and can be frozen.

CRAB CAKES

1 cup crab meat
1 medium onion, chopped
1 egg
cracker meal
Mix crab meat, egg and onion



Herald Photo by Tommy Vincent

If there's anything Bonnie Jackson likes better than catching fish, it's eating them. She shares her recipes with Herald readers.

together. Add 6 drops of Tabasco sauce and salt and pepper, to taste. Use enough cracker meal to make a patty. Fry until golden brown. Serves 2.

CRAB COCKTAIL
2 tablespoons crab meat
1/2 cup catsup
1 teaspoon horseradish
lemon juice, Tabasco sauce, and salt to taste.
Mix together and chill about 3 hours before serving. Serves 2.

FRIED FISH
(Mother's recipe)
Any amount of your favorite fish
Cracker meal
1 egg, beaten well

Salt, to taste
Beat egg and salt in bowl. In separate bowl, mix cracker meal and salt. Dip fish in egg, then in the cracker meal. Be sure the cooking oil is hot before you put fish in. Turn 2 or 3 times on each side until fish is fried golden brown. Cook bass, catfish, and shark a little longer than other fish. (Note: Instead of cracker meal, Bonnie now uses instant potato buds mixed with dry Italian seasoning mix. She says she discovered this in a previous Cook of the Week recipe. She adds that this is especially good for saltwater bluefish, as it tends to be a little strong in flavor.)

Garden Gate: How To Force Cactus To Bud

By Hibiscus Circle
Sanford Garden Club

You may already be a Christmas cactus fancier growing your plants outdoors or on the patio during the spring and summer months. Cacti, like the poinsettia and chrysanthemum, form their buds when the days grow shorter. Bring your cacti inside and place away from the light. They may be covered with a brown bag or placed in a closet until buds start forming. Water sparingly.

After buds form, bring back to the light. Feed the soil before watering. Too much water causes the buds to drop and rot the roots. Feed with fish emulsion — about one-fourth strength.

The second rest is after flowering. This is a good time to repot if it's overgrown the present pot. Some growers believe a pot-bound plant produces more blooms. A little bone meal or super phosphate helps summer growth.

To pot use a hunusy soil, one-part coarse sand, gravel or pebbles, two-part good garden soil and one-part granulated peat and dried cow manure or other organic material.

Propagate from tip cuttings when plant is at rest period. Let the cutting dry and callus, then place in a mixture of peat and sand or vermiculite. Leave two or three joints above the soil. Keep damp, but not wet. Cover with glass or plastic bag to hold the humidity.

area but not in sun. When cutting has good root system, put in good soil mixture, with a lot of drainage material in the bottom of pot.

Thanksgiving cactus also known as claw or crab — has jagged edges at joint of branches. Flowering is early, usually October through Thanksgiving.

Christmas cactus, formerly called Zygocactus, has more of scallop at joint of branch. Flowering comes later, November through January.

Easter Cactus looks like the above but has flatter and paler green branches. It has bright red daisy like blossoms around April.

New varieties are on the market each year. The white "Alba" has a stripe of fuchsia. "Salmonea" is salmon pink. "Bicolor" is white and rose, and "Peach Parfait" has peachy orange blossoms.

The Cacti came from a jungle environment where they had a filtered light and moisture, as they grew in crotches of trees the water drained away quickly.

Cacti sometimes have scale or mealy bugs. Malathion can be used for scale and a swab of alcohol will rid the plant of mealy bugs.

If you haven't grown cacti before they will be on the market by November, so you can test your skill. Christmas cactus has been known to live for many years.

New Exhibit Opens At Museum

An exhibition on New Zealand, "The Most Beautiful Country on Earth," opens to the public Friday at the Henry S. Sanford Museum-Library, 520 E. 1st St., Sanford.

The museum Board of Trustees will host a reception Thursday night to officially open the colorful exhibit. Regular museum hours are Sunday, Wednesday, Thursday and Friday, from 2-9 p.m. There is no admission charge.



Lions Club Officers

Sanford Lions Club Officers for 1984-85 are, from left, Henry Witte, treasurer; Dr. Richard Dougherty, first vice president; Sully Fleming, president and Jack Hunt, second vice president. Other officers are: Ray Beadles, third vice president; and Stan Rocky, secretary. The club meets at the Holiday Inn, Interstate 4, Sanford, every Tuesday, at 12:05 p.m.

WILLIAMS FISH MARKET

This Week's Specials

COUPON OF THE WEEK		MULLET ONLY	69¢
CRABS	89¢	CATFISH	\$1.50
SPOTS	\$1.20	TURTLE MEAT	\$2.00
SHEEP HEAD	\$1.20	TROUT	\$1.70
FRESH WATER BREAM	\$1.70		
LARGE SHRIMP	\$7.95		
1805 W. 13th St. SANFORD, FLA. 321-5182			

100% Pure Fresh GROUND BEEF 1/2 LB. 99¢	Beef SHORT RIBS 1/2 LB. 79¢
Blade Cut CHUCK ROAST 1/2 LB. 99¢	Center Cut Smoked PORK CHOPS 1/2 LB. 1.99
Center Cut CHUCK STEAK 1/2 LB. 1.39	Smoked NECK BONES 1/2 LB. 69¢
Cookin' Good LEG QUARTERS 1/2 LB. 49¢	Homemade BULK SAUSAGE 1/2 LB. 99¢
LOCATED 1/2 M. North 01 134 On 17 92 339-7337	Phone Calls Dine In 01 6 1984 9 A M - 6 P M 830 1297

Wednesday Is Chicken Day At Famous

Try Our Famous 3 Piece Dinner!

\$2.39

3 pieces of golden brown Famous Recipe Fried Chicken, mashed potatoes and gravy, creamy cole slaw and two fresh, hot biscuits.

You Make Us Famous!

SANFORD 1805 FRENCH AVE. HWY. 17-92
CASSELBERRY 41 N. HWY. 17-82



BEEBLE BAILEY by Mort Walker



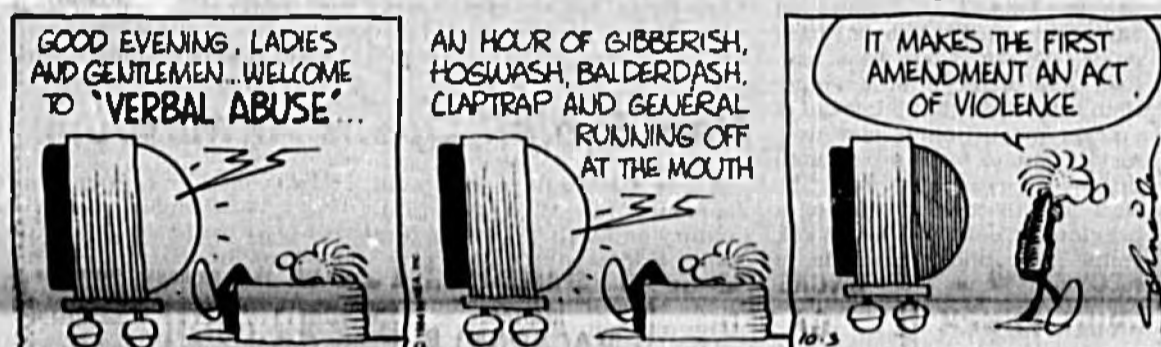
THE BORN LOSER by Art Sanson



ARCHIE by Bob Montana



EEK & MEEK by Howie Schneider



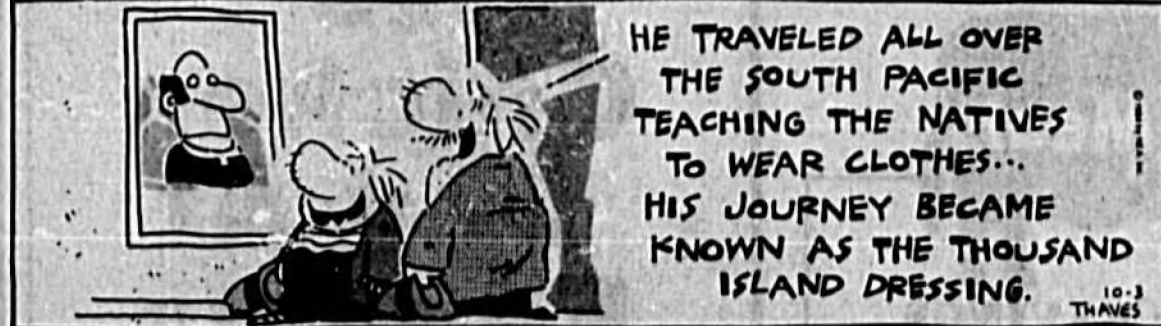
MR. MEN AND LITTLE MISS by Hargreaves & Sellers



BUGS BUNNY by Warner Brothers



FRANK AND ERNEST by Bob Thaves



GARFIELD by Jim Davis



TUMBLEWEEDS by T. K. Ryan



Lack Of Lactase Enzyme Causes Milk Intolerance



Dr. Lamb

DEAR DR. LAMB — I read a report that two-thirds of the people on earth cannot digest milk because they lack something in their stomach. If I drink fortified milk day after day, I begin to feel sluggish and full, but I can drink some. Canned milk that has been heated seems OK. The report suggested using yogurt, as it was already digested.

surgery or cauterization. Anal suppositories were prescribed to promote healing. Meanwhile, I have discomfort and doubt that the suppositories will be that effective.

DEAR READER — An anal fissure is literally a crack in the tissue. It is often caused by trauma associated with difficult bowel movements. Small fissures tend to heal if the cause of

DEAR READER — The percentage of adults in the world who cannot tolerate large amounts of milk may be even greater than the figure you cite. Northwestern Europeans and those from Great Britain and their descendants are the only ethnic groups that do tolerate milk easily in adult life. Even about 10 percent of these people are deficient in lactase, the enzyme needed to completely digest lactose (milk sugar). In other ethnic groups, as many as 90 percent of adults may not tolerate milk well.

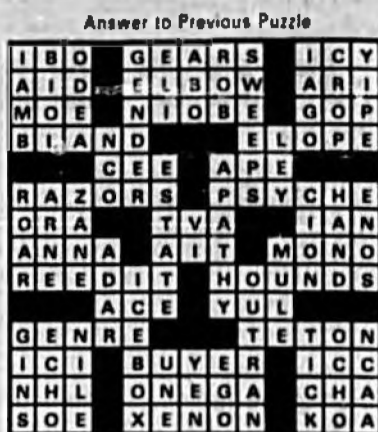
In some regions of the world, the way people avoided calcium deficiencies was by consuming yogurt. Cultured yogurt contains bacteria that form the same enzyme we use to digest milk sugar. And some yogurt does help, or at least can be digested without difficulty. That may not be true of all yogurt you can purchase.

Yes, despite some symptoms, the calcium in the fortified milk you drink is absorbed and used. The fact that you can drink some milk without symptoms means that you probably still produce some lactase enzyme — just enough to digest some milk but not enough to digest a large amount. If you want to increase your milk tolerance, you may want to use an enzyme powder, LactAid, to treat your milk in advance.

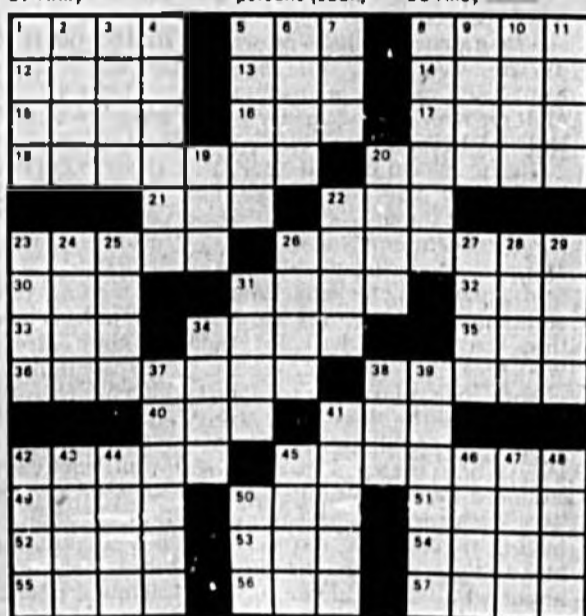
I have discussed the problems of milk intolerance and how to manage the problem with enzymes and foods in a recent issue of The Health Letter, Special Report 26, The Milk Question.

DEAR DR. LAMB — I had a proctoscopic examination and it revealed a small anal fissure. The doctor said it was very small and he would not recommend

- ACROSS
- 1 Average (comp wd)
 - 2 City in Sicily
 - 3 Dance step
 - 4 City in Oklahoma
 - 5 Pilsener
 - 6 It is (cont)
 - 7 Greek portico
 - 8 Free from bacteria
 - 9 Unfeeling
 - 10 Olympic board (abbr)
 - 11 Apiary dweller
 - 12 Competing
 - 13 Pagan
 - 14 Belonging to us
 - 15 Walls
 - 16 Bullfight cheer
 - 17 Bantu language
 - 18 Sown (Fr)
 - 19 Full of (suff)
 - 20 Ivory
 - 21 Ballot caster
 - 22 Radiation measure
 - 23 Over (poet)
 - 24 Engine sound
 - 25 Connects
 - 26 Shakespearean villain
 - 27 House fuel
 - 28 Girth
 - 29 Study (sl)
 - 30 Elaborate poem
 - 31 Danube tributary
 - 32 Looks
 - 33 By means of
 - 34 Repudiate
- DOWN
- 1 Cush's son
 - 2 Singletons
 - 3 Large knife
 - 4 Thole



- 38 Experienced person
- 39 Tropical flower
- 41 One who lubricates
- 42 Very important persons (abbr)
- 43 Unusual
- 44 Curved molding
- 45 Ensnace
- 46 Rubber tubing
- 47 Pertaining to dawn
- 48 Limber
- 50 Alley



WIN AT BRIDGE

By James Jacoby

So you'd like to make some tricks with dummy's long suit. Even if you can't get there yourself, you may be able to force an opponent to help you out.

South's three no-trump bid was way out. He should have bid three hearts to encourage North to bid no-trump with a stopper or partial stopper in that suit. In any event, declarer was lucky to find the heart ace in dummy. Let's see how he combined good play with more good luck to make his contract.

East overtook the 10 of hearts and continued the suit, dummy's ace winning. A diamond to the ace told declarer

that West had started with five diamonds to the king. South now played the nine of spades to the king and a spade back to the ace. When the queen of spades was next played, East showed out. That completed the count of the hand for declarer. West had started with five spades, one heart and five diamonds. Only two clubs could remain in the West hand.

Accordingly, declarer played the ace and king of clubs and placed West on lead with the deuce of spades. Hapless West could cash two spades and the diamond king, but then had to give up the remaining tricks to dummy's diamond suit.

NORTH	10-3-84		
♦K7			
♥A4			
♠QJ108632			
♣75			
WEST	EAST		
♦108643	♦J5		
♥10	♥KQJ952		
♠K9754	♠...		
♣Q9	♣J8432		
SOUTH			
♦AQ92			
♥8763			
♠A			
♣AK106			
Vulnerable: Both			
Dealer: South			
West	North	East	South
Pass	10	10	10
Pass	10	Pass	3 NT
Pass	Pass	Pass	
Opening lead: ♥10			

HOROSCOPE

What The Day Will Bring...

YOUR BIRTHDAY
OCTOBER 4, 1984

Your potential for material acquisition looks promising for the coming year. However, you may suffer several setbacks before hitting paydirt.

LIBRA (Sept. 23-Oct. 23) Study carefully today any proposals that appear to be exceptional bargains. If you don't, you might buy the steaks instead of the steak. Want to find out to whom you are best suited romantically? Send for your Matchmaker set by mailing \$2 to Astro-Graph, Box 489, Radio City Station, New York, NY 10019. Reveals compatibilities for all signs.

SCORPIO (Oct. 24-Nov. 22) If all doesn't go to your liking, you could be a stern disciplinarian today in situations where you are normally tolerant and un-

derstanding. **SAGITTARIUS** (Nov. 23-Dec. 21) Any restrictions placed on you today are likely to be self-imposed. Don't let a poor attitude paint you into a corner.

CAPRICORN (Dec. 22-Jan. 19) Your possibilities for fulfilling personal ambitions look promising today, but don't use tactics that might make others think your methods are distasteful.

AQUARIUS (Jan. 20-Feb. 19) In order to reach your goals today, you'll have to be a bit thick-skinned and able to cope with setbacks. Be philosophical if you miss your mark.

PISCES (Feb. 20-March 20) It may be necessary for you to work around some roadblocks today. If one plan doesn't work, be ready to try another.

ARIES (March 21-April 19) In order for joint ventures to click smoothly today, everyone involved must produce what is expected of him. Slackers will spoil the endeavor.

TAURUS (April 20-May 20) You must be the one who establishes the proper pace today, not your associates or companions. Rely upon your initiative, not theirs.

GEMINI (May 21-June 20) There's a chance you may experience some urgency where your work is concerned today. Don't panic because this will only add to the pressure.

CANCER (June 21-July 22) Try not to allow yourself to be put in a position today where control of an important matter is taken out of your hands and delegated to another.

LEO (July 23-Aug. 22) Show a willingness to compromise or make concessions today on issues where you and your mate have opposing views. Find a middle ground.

VIRGO (Aug. 23-Sept. 22) Do not let it be said of you today that you will not do anything for others unless there is something in it for you. Put service before profit.

ANNIE



by Leonard Starr



Fire Prevention Makes Sense All Year Long

DEAR READERS: Last year in the United States, 6,137 people died in fires. The total loss in property alone came to \$6.43 billion.

In Canada there were 675 fire-related deaths. The property damage was \$998.89 million.

This is Fire Prevention Week, and although fires occur throughout the year, each season has its own special fire hazards. Here are some tips for all seasons:

FALL: If you enjoy camping, select a tent made of flame-resistant fabric. Pack a reliable flashlight with plenty of extra batteries to light the inside of your tent — never use matches or candles. When building a campfire, place it downwind of your tent. And never try to hasten the burning by using gasoline or other flammable liquid starters.

If you use your fireplace, have



Dear Abby

your chimney professionally cleaned in the fall to make sure it's in good condition for the coming season.

WINTER: More fires occur during winter than in any other season. The reasons: home heating and the holiday season.

If you use a portable heater, be sure it is placed away from combustibles — draperies, furniture, paper, etc. Remember, the surface heat of some portable heaters may reach 500 degrees, so keep a careful watch on your children and warn them to keep away from heaters. Hospitals are

treating an increasing number of patients with burns resulting from contact with the outside surface of some portable heaters.

For a Merry Christmas, choose a Christmas tree that does not have shedding needles, and keep it standing in water while it is in the house. If you choose an artificial tree, choose one that is flame-resistant.

After holiday parties, before retiring, check your ashtrays for smoldering cigarette butts, and carefully examine all upholstered chairs and sofas to make sure that no "live" cigarette butts have fallen between the cushions. Remember, most house fires occur between 8 p.m. and 8 a.m., when people are sleeping.

SPRING: Take spring cleaning seriously — clean out your attic, basement, garage and workshop. Throw out trash, especially combustibles such as rags, newspapers, magazines, boxes

and scraps of wood. Never smoke while fueling gas-powdered lawn mowers or chain saws. If you must store gasoline, store it in a ventilated area in a can designed especially for that purpose. And store oily rags and paint in a cool place in tightly sealed metal containers.

SUMMER: When cooking, never use flammable liquids near live coals. An explosion or flash fire could result. When you've finished cooking, soak the coals with water and make absolutely sure they're out when you leave. Smoldering coals that appear to be "dead" can reignite as much as a day later. If you use a propane gas grill, always have the lighted match in position before turning on the gas.

Some tips for all seasons:

— Never smoke in bed.

— Never leave invalids or small children alone in the house — not even for "a few minutes."

— Never use flammable liquids for dry cleaning indoors.

— Have periodic fire drills in your home to be sure everyone knows what to do in case of fire.

— Keep easy-to-use fire extinguishers in your kitchen, cottage, back bedrooms and on your boat. And if you can afford smoke detectors, install them and be sure that they are always dust-free and in working order.

— The phone number of your fire department should be taped to every telephone in your house. If it isn't, should a fire

occur, don't waste time trying to find it; get out, and call from a neighbor's house. And once you are out, stay out. No treasure is worth risking your life for.

It took less than three minutes to read this column. Was it worth it? I hope so.

ABBY

Floyd Theatres

PLAZA TWIN 322-7502

TWIN I 99¢ TWIN II 7-45

HARRISON FORD
INDIANA JONES and the Temple of Doom

Cute, Mischievous, Intelligent, Dangerous
GREMLINS

MOVIELAND D/T \$2.00 322-1216

THE EVIL THAT MEN DO
AGAINST ALL ODDS

VIDEO

MOVIE RENTALS

BETA AND VHS

LAKE MARY BLVD. & HWY. 17-92 (Next To Winn-Dixie)
SANFORD, FL 321-1601

940 LEE ROAD ORLANDO 628-8768

VIDEO REVIEW

Bahama Joe's

LOBSTER HOUSE & ANNE BONNIE'S TAVERN
2508 FRENCH AVE. (Hwy. 17-92) SANFORD

BUSINESS PERSON'S LUNCH
PRIME RIB, FLOUNDER
SEAFOOD SAMPLER
SMOTHERED CHICKEN
Lunch includes...choice of our potatoes, choice of salad, choice of fried vegetable, hot bread

EARLY BIRD SPECIALS ARE BACK
4:30 PM TO 6:00 PM
PRIME RIB, FLOUNDER
CLAM STRIPS
OR FLOUNDER PAPOLITE
Early Bird Specials include: Conch chowder or french onion soup, baked potato or FF, fresh garden salad or coleslaw, hot bread & butter.

ONLY \$4.50 ONLY \$5.95

Diners Club • American Express

TONIGHT'S TV

WEDNESDAY	THURSDAY
<p>8:00</p> <p>MOVIE "Paint Your Wagon" (1988) Lee Marvin, Clint Eastwood. During the Gold Rush days in California, a pair of prospectors share a wife bought from a Mormon at an auction.</p> <p>8:30</p> <p>DREAMS (Premiere) Five young Philadelphia get together to form a rock 'n' roll group. Stars John Stamos and Valerie Stevenson.</p> <p>9:00</p> <p>FACTS OF LIFE (Premiere) "He's Not Your Son" (Premiere, Donna Mills, Ken Howard. An error at a metropolitan hospital becomes apparent six months later, when a child's serious illness indicates that two new, 3 1/2 babies were switched.</p> <p>9:30</p> <p>IT'S YOUR MOVE</p> <p>10:00</p> <p>ST. ELSEWHERE (Premiere) "Independent News" (Premiere) "Police Woman"</p> <p>10:30</p> <p>BOB NEWMAN (Premiere) "The Taj Mahal: A documentary examination of the historical and romantic motivations that led to the construction of the architectural masterpiece." (R)</p> <p>11:00</p> <p>NEWS</p> <p>11:30</p> <p>TONIGHT Host: Johnny Carson. Scheduled: Don Rickles, David Fubner (talk backwaters).</p> <p>12:00</p> <p>NEWS</p> <p>1:00</p> <p>NEWS</p> <p>1:30</p> <p>NEWS</p> <p>2:00</p> <p>NEWS</p> <p>2:30</p> <p>NEWS</p> <p>3:00</p> <p>NEWS</p> <p>3:30</p> <p>NEWS</p> <p>4:00</p> <p>NEWS</p> <p>4:30</p> <p>NEWS</p> <p>5:00</p> <p>NEWS</p> <p>5:30</p> <p>NEWS</p> <p>6:00</p> <p>NEWS</p> <p>6:30</p> <p>NEWS</p> <p>7:00</p> <p>NEWS</p> <p>7:30</p> <p>NEWS</p> <p>8:00</p> <p>NEWS</p>	<p>8:00</p> <p>MOVIE "Paint Your Wagon" (1988) Lee Marvin, Clint Eastwood. During the Gold Rush days in California, a pair of prospectors share a wife bought from a Mormon at an auction.</p> <p>8:30</p> <p>DREAMS (Premiere) Five young Philadelphia get together to form a rock 'n' roll group. Stars John Stamos and Valerie Stevenson.</p> <p>9:00</p> <p>FACTS OF LIFE (Premiere) "He's Not Your Son" (Premiere, Donna Mills, Ken Howard. An error at a metropolitan hospital becomes apparent six months later, when a child's serious illness indicates that two new, 3 1/2 babies were switched.</p> <p>9:30</p> <p>IT'S YOUR MOVE</p> <p>10:00</p> <p>ST. ELSEWHERE (Premiere) "Independent News" (Premiere) "Police Woman"</p> <p>10:30</p> <p>BOB NEWMAN (Premiere) "The Taj Mahal: A documentary examination of the historical and romantic motivations that led to the construction of the architectural masterpiece." (R)</p> <p>11:00</p> <p>NEWS</p> <p>11:30</p> <p>TONIGHT Host: Johnny Carson. Scheduled: Don Rickles, David Fubner (talk backwaters).</p> <p>12:00</p> <p>NEWS</p> <p>1:00</p> <p>NEWS</p> <p>1:30</p> <p>NEWS</p> <p>2:00</p> <p>NEWS</p> <p>2:30</p> <p>NEWS</p> <p>3:00</p> <p>NEWS</p> <p>3:30</p> <p>NEWS</p> <p>4:00</p> <p>NEWS</p> <p>4:30</p> <p>NEWS</p> <p>5:00</p> <p>NEWS</p> <p>5:30</p> <p>NEWS</p> <p>6:00</p> <p>NEWS</p> <p>6:30</p> <p>NEWS</p> <p>7:00</p> <p>NEWS</p> <p>7:30</p> <p>NEWS</p> <p>8:00</p> <p>NEWS</p>

TIP TOP... HOME OF QUALITY FOODS AND MEATS

GWALTNEY GREAT DOGS CHICKEN FRANKFURTERS LB. 89¢	SUNNYLAND WHOLE SMOKED PICNICS LB. 79¢	FLORIDA PREMIUM GOLD KIST FRYERS LB. 59¢	USDA CHOICE BEEF OX TAILS LB. 99¢	10 LB. PAIL PORK CHITTERLINGS PAIL \$5.99
ASSORTED PORK CHOPS ... 99¢ FRESH 3 LBS. OR MORE	CHUCK STEAK ... \$1.38 USDA CHOICE BEEF	FAMILY PACK SMOKED PIG TAILS ... 99¢	TURKEY NECKS ... 48¢ LB.	TURKEY WINGS ... 58¢ LB.
GROUND BEEF ... \$1.29 TENDER SLICED	STEAKS ... \$1.99 USDA CHOICE BEEF	BUDGET BACON ... 89¢ LBS.	TURKEY LEGS ... 48¢ LB.	FAMILY PACK FRESH PORK NECK BONES, TENDERS OR EARS 48¢ LBS.
BEEF LIVER ... 58¢ FLORIDA PREMIUM	CHUCK ROAST ... \$1.28 FLORIDA PREMIUM	SAUSAGE ... \$2.99 3.5 LBS. AVERAGE PORK	SPARERIBS ... \$1.39 LBS.	
CHICKEN NECKS ... 4.91 LBS.	BACKS ... 3.91 LBS.	FRUIT PUNCH T.A. LEE ASSORTED FLAVORS GAL. JUG 69¢	GA-RED TOMATOES 363 SIZE CAN 2/89¢	HERITAGE MACARONI & CHEESE 7 1/2 OZ. BOX 3.91
PRODUCE	PRODUCE	PRODUCE	PRODUCE	PRODUCE
RED DELICIOUS APPLES ... 3.99 LBS. BAG	RED RITE TOMATOES ... 59¢ LBS.	GREEN BELL PEPPERS ... 4/99¢ LBS.	BANANAS ... 3.91 LBS.	POTATOES ... 5.99 LBS. BAG
WHITE POTATOES ... 3.99 LBS. BAG	ONIONS ... 3.99 LBS. BAG	SWEET POTATOES ... 3.91 LBS.		

TIP-TOP SUPERMARKET

1100 West 13th St. Sanford

Quality Service! Food Stamps Welcome Full Line of WIC Products

WE RESERVE THE RIGHT TO LIMIT QUANTITIES PRICES GOOD THRU OCTOBER 10, 1984

FALL Baking BONANZA SWEEPSTAKES

\$100,000 IN FREE GROCERIES:

GRAND PRIZE ... **\$30,000** (About five years of free groceries)

10 SECOND PRIZES ... **\$500** (About one month of free groceries)

3 FIRST PRIZES ... **\$6,000** (About one year of free groceries)

500 THIRD PRIZES ... **\$100** (About one week of free groceries)

Winners will receive checks.

Look for details and entry blanks at participating supermarkets or write to: Fall Baking Bonanza Sweepstakes Entry Request, P.O. Box 1714, Sanford, Florida 32170. Limit one request per envelope. Entries must be postmarked between September 17, 1984, and February 18, 1985, and be received by February 28, 1985. Open to residents of the U.S.A. No purchase necessary. Void where prohibited by law. Sweepstakes ends February 18, 1985.

<p>6892CR</p> <p>save 20¢</p> <p>when you buy one any size Crisco</p> <p>46734</p> <p>37000 31120</p>	<p>6894PO</p> <p>save 20¢</p> <p>when you buy one Puritan Oil</p> <p>46347</p> <p>37000 32220</p>
<p>6895FC</p> <p>save 30¢</p> <p>when you buy any flavor Duncan Hines CAKE MIX AND CREAMY FROSTING (or TWO Duncan Hines CAKE MIX or TWO Duncan Hines CREAMY FROSTING)</p> <p>46310</p> <p>37000 33030</p>	<p>6891DS</p> <p>save 20¢</p> <p>when you buy one any size Duncan Hines Brownie Mix</p> <p>46709</p> <p>37000 34120</p>

Have A Holiday Celebration Every Month

Happy memories often center on the special occasion when families or friends gather to share food and celebrate meaningful events.

Each of the twelve recipes was chosen for an occasion, marking one of the calendar months. "You're Special," listed in August, is a floating event appropriate when an individual deserves recognition — a rise, recovery from illness, an "A" in spelling or a skinned knee!

All of the kitchen-tested recipes use real dairy products exclusively for natural flavor and goodness.

January — Bowl Game Snack CHEESE FOOTBALL

Yield: 2 1/2 cups
2 cups (8 oz.) shredded Cheddar cheese
1 cup (4 oz.) crumbled Blue cheese
1/2 cup (2 oz.) shredded Provolone cheese
1 package (3 oz.) cream cheese
1 tablespoon milk
1 tablespoon grated onion
1 teaspoon Worcestershire sauce
1/2 teaspoon each: dry mustard, paprika
1/4 teaspoon each: garlic salt, celery salt

Pimiento strips, thinly cut
Beat Cheddar, Blue, Provolone and cream cheeses in a large mixing bowl until smooth. Blend in milk, onion, Worcestershire sauce, mustard, paprika, garlic and celery salts. Chill for ease in handling. Shape into a football. Garnish top of football with pimiento strips to form lacing.

February — Valentine's Day Dessert

FLUFFY ANGEL MERINGUE

10 to 12 servings
Meringue:
3 egg whites, at room temperature
1/2 teaspoon cream of tartar
1/4 teaspoon almond extract
Dash salt
1/4 cup sugar

Pineapple filling:

1 can (20 oz.) crushed pineapple in unsweetened juice
1/4 cup sugar
1/4 cup cornstarch
Dash salt
3 egg yolks, slightly beaten
2 teaspoons grated orange peel
3 tablespoons orange juice
1 cup whipping cream, whipped

Fresh strawberries, sliced
Preheat oven to 275 degrees F.

For meringue, draw a heart 8-inches long and 8-inches at widest point on heavy brown paper. (A heart-shaped cake pan makes a good guide.) Place on baking sheet; set aside. Beat egg whites in small mixer bowl until frothy. Add cream of tartar, almond extract and salt; beat until soft peaks form. Add sugar. 1/2 tablespoon at a time, and continue beating until stiff peaks form. Tint with food color. Spread on heart shape, forming sides 1/4 to 1/2-inches high. Bake 45 minutes. Turn off oven. Leave in oven 45 additional minutes. For filling, drain pineapple juice. Cook over medium heat, stirring constantly, until thickened and mixture reaches a full boil. Boil and stir 2 additional minutes. Blend a small amount of hot mixture into egg yolks; return all to pan. Cook 1 minute. Stir in pineapple, orange peel and orange juice. Chill. Fold in whipped cream. Chill filling 2 to 3 hours before serving. To serve, spoon filling into meringue shell. Garnish with strawberries.

March — Meatless Main Dish for Lent

LENTEN CHILI

4 servings
1 package (8 1/2 oz.) corn muffin mix
2 tablespoons butter
1 cup chopped onion
1 can (1 lb.) tomatoes, undrained
1 1/2 teaspoons chili powder
1/2 teaspoon salt
1/4 teaspoon pepper
2 cans (15 1/2 oz. each) dark kidney beans, drained
1 cup (4 oz.) each: shredded Cheddar cheese, shredded Monterey Jack cheese
Preheat oven to 400 degrees F. Prepare muffin mix according to package directions. Bake in buttered 8-inch square pan. Cool in pan 15 minutes; remove and cool on wire rack. Meanwhile, melt butter in 3-quart heavy saucepan. Saute onion until tender. Stir in tomatoes and seasonings. Simmer, covered, 15 minutes, stirring occasionally. Stir in beans. Simmer, covered, 10 minutes longer, stirring occasionally. Remove from heat. Stir in Cheddar cheese until melted.

To serve, cut corn bread into 4 equal pieces. Split each in half. Place on half on each serving plate. Spoon on chili; sprinkle with Jack cheese. Repeat with remaining half of corn bread.

April — Easter Dinner Finale

FROSTY LEMON PIE

Yield: one 9-inch pie
Crust:
1 cup graham cracker crumbs

3/4 cup ground pecans
6 tablespoons butter, melted
2 tablespoons sugar

Filling:

3 eggs, separated
1 cup sugar
1 1/2 tablespoons grated lemon peel
1/4 cup fresh lemon juice
2 tablespoons cold water
1 cup whipping cream, whipped
Whipped cream for garnish
Lemon peel

For crust, combine all ingredients. Press onto bottom and sides of a 9-inch pie plate.

Freeze.
For filling, beat egg yolks until thick and lemon colored. Add 1/2 cup sugar, grated peel, juice and water. Cook in heavy saucepan over low heat until thickened, 10 to 15 minutes. Cool completely.

Beat egg whites until soft peaks form. Gradually beat in remaining 1/2 cup of sugar. Slowly fold lemon mixture into beaten egg whites. Fold in whipped cream. Pour into frozen crust. Freeze until firm. Just before serving, garnish with additional whipped cream and lemon peel.

May — Special Cake for Mother

MOTHER'S DAY CAKE

Yield: one 9-inch layer cake

1 package (1 lb. 2.5 oz.) white cake mix
1/2 cup dairy sour cream
1 cup whipping cream, whipped
1 cup dairy sour cream
1/4 cup sugar
1/2 teaspoon vanilla extract
1 cup strawberry preserves
Strawberries, sliced
Fresh mint

Prepare cake according to package directions, adding egg whites, but substituting 1/2 cup sour cream for 1/2 cup liquid.

Turn into 2 buttered and floured 9-inch round cake pans. Bake according to package directions. Turn onto racks and cool completely. For frosting, fold together whipped cream, sour cream, sugar and vanilla. To assemble cake, split layers in half horizontally. Spread 1/2 cup preserves on bottom half of each layer; cover with top half. Place one layer on serving plate; cover top with about 1/4 cup frosting. Place second layer on filling; cover top and sides with remaining frosting. Decorate with strawberries and mint. Refrigerate until serving time.

June — Father's Day Cook-out

CHEESY PICNIC POTATOES

4 to 6 servings
2 cups (8 oz.) shredded Cheddar cheese
1 can (10 3/4 oz.) cream of mushroom soup
1/2 cup milk
2 tablespoons barbecue sauce
1/4 teaspoon each: oregano, salt
1/4 teaspoon pepper
4 cups thinly sliced potatoes (about 4 medium potatoes)
1/2 teaspoon paprika
Preheat oven to 350 F. Com-

See Holidays, Page 5B



Presenting An Exclusive Offer On Beautiful, Ascot Fine Porcelain China 3-PIECE PLACE SETTING*

FREE!

With One Filled Card (40 Bonus Certificates)

* 3-Piece Set Includes: ● Dinner Plate ● Cup ● Saucer

Start your new collection today! Build a complete service for eight, twelve or more with our plan!

PRICES & COUPONS EFFECTIVE THURS., OCT. 4 THRU WED., OCT. 10, 1984. WE REDEEM FEDERAL FOOD STAMPS.

PLANTATION BRAND Sliced Bacon

12-OZ PKG. **99¢**

LIMIT 3 WITH A \$10.00 OR MORE FOOD ORDER.

U.S.D.A. TOP CHOICE Boneless Bottom Round Roast **\$1.59** LB.

LEAN MEATY FRESH Pork Picnics **89¢** LB.

U.S.D.A. TOP CHOICE Boneless Whole Eye Round Roast **\$2.49** LB.

TOP QUALITY SLICED Quarter Pork Loin **\$1.69** LB.

- EX-LEAN Ground Round 1 LB. 1.99
- U.S.D.A. TOP CHOICE Bnis. Rump Roast 1.26
- U.S.D.A. TOP CHOICE DOMESTIC Whole Lamb Legs 1.99
- U.S.D.A. TOP CHOICE 3 LBS & OVER Cubed Chuck Steaks 2.99
- U.S.D.A. TOP CHOICE CUT & WRAPPED FRESH Whole Bottom Rounds 1.49
- GOLD KIBBI, BREAD PATTIES, BREAD STRIPS, CHICKEN NOODLES HEAT & SERVE Fried Chicken 12 OZ PKG. 2.59
- TYSON'S Chicken Livers 3 1/2 OZ CUP 1.00
- BINGLETON'S MIN ROUNDS Breaded Shrimp 14 OZ PKG. 2.49

U.S. Inspected Meaty Turkey Drumsticks **29¢** 5 LBS & OVER LB.

IN STORE DELI/BAKERY

LEAN BOLLIED HAM HALF POUND **\$1.39**

- STORE SLICED Corned Beef HALF POUND 1.99
- IMPORTED AUSTRIAN Swiss Cheese HALF POUND 1.99
- MADE WITH CHAMBRAT Neptune Salad HALF POUND 1.99
- COUNTRY PRICE Fried Chicken 12 PZ BATCHES 5.99
- REAL COUNTRY FLAVOR Sausage & Biscuit HOT/NEED TO EAT .59
- FRESH BAKED Torpedo Rolls 6/89
- MILLED OR FLAK Rye Bread 14 OZ LOAF .79
- FRESH MADE Blueberry Muffins 6/99

NEW YORK STYLE CHEESE CAKE ALL NATURAL **\$2.99** IN THE SERVICE DELI/BAKERY STORES ONLY

DAIRY/DELI

- KRAFT SLICED American Singles 16 OZ PKG. 2.49
- ASSURED CHUNKY, WHIPPED OR EASY DIET Cottage Cheese 3 LB CLIP 1.99
- PANTRY PRICE SWEETENED OR BUTTERMILK Biscuits 4 8 OZ CAN .89
- ALL FLAVORS Dannon Yogurt 8 OZ PKG. .59

PANTRY PRICE 100% PURE Orange Juice HALF GAL. CTN. **\$1.59**

Oscar Mayer Sliced Bologna MEAT OR BEEF 16-OZ **\$1.89**

- SUNNYLAND MEAT OR BEEF Skinless Franks 12 OZ PKG. 1.39
- AMERICAN QUALITY Lykes Sliced Ham 14 OZ PKG. 2.59
- TURKEY OR CHEESE Mr. Turkey Franks 12 OZ PKG. 1.09
- QUALITY'S SLICED Turkey Ham 12 OZ PKG. 1.59

GROCERY

Buy-1 Get-1 Free! A & W Root Beer

REGULAR OR SUGAR FREE 6 PACK-12-OZ CAN

LIMIT PLEASE

- 5 LB Quaker Quick Grits 1.29
- TRADITIONAL HOME STYLE OR CHUNKY GARDEN STYLE ALL FLAVORS Ragù Spaghetti Sauce 24 OZ 1.59
- TRN Ronzoni Spaghetti 14 OZ .59
- SOUR CREAM ONION OR MACHO CHEESE Party Pac Popcorn 6 OZ 1.19

Mahatma Yellow Rice **2/\$1** 10 OZ

- PINEAPPLE Del Monte Juice 4 OZ 1.29
- NEEF OR CHECKER Herb or Bouillion Cubes 2 CT. .59
- REGULAR OR WHITE Welch's Grape Juice 24 OZ .99
- 14 OZ June Boy Sweet Relish .89

Ocean Spray Grapefruit Juice **\$1.29** 48-OZ

BAKERY

- PANTRY PRICE French Stick Bread 2 16 OZ .99
- PANTRY PRICE Pull-A-Part Bread 2 16 OZ 1.59

Pantry Pride King Size Bread **2/99¢** 20-OZ LOAVES

Set Your Table With Elegant Flatware

This Week's Feature! Salad Fork **3/\$1** GEE DETAILS AT STORE

...Holidays

Continued From Page 4B

blue 1 1/2 cups cheese, soup, milk, barbecue sauce, oregano, salt and pepper in a large bowl. Stir in potatoes until well coated. Turn into shallow buttered 1 1/2-quart baking dish; cover with aluminum foil. Bake 45 minutes. Remove foil and bake 15 minutes longer or until potatoes are tender. Remove from oven and sprinkle with remaining 1/2 cup cheese and paprika; let stand 5 minutes before serving.

July — Independence Day Picnic
COTTAGE POTATO SALAD
6 to 8 servings
2 cups peeled diced cooked potatoes

1/4 cup Italian-style dressing
2 cups cottage cheese
1/4 cup dairy sour cream
2 hard-cooked eggs, chopped
1/2 cup sliced celery
1/2 cup each: chopped ripe olives, sliced radishes, chopped green onion
1/2 teaspoon salt
Salad greens
Marinate potatoes in dressing one hour. Blend in cottage cheese and sour cream. Add eggs, celery, olives, radishes, onions and salt, mix well. Pack into 4 1/2-cup ring mold. Refrigerate several hours. When ready to serve, unmold onto greens and fill center with vegetable stick relishes, if desired.
August — Say, "You're Special"
SPECIAL OCCASION ICE CREAM CAKE
Yield: one 8-inch cake

1 package (15.5 oz.) brownie mix
3 pints vanilla ice cream, softened
1/2 cup whipping cream, whipped
Food color
Cake decorations
Prepare brownie mix according to package directions. Bake in 8-inch round layer cake pan. Cool in pan. Line 8-inch round layer cake pan with foil, spread vanilla ice cream smoothly into pan. Freeze until firm. Turn out ice cream into plate; pull off foil. Color whipping cream, using your favorite color. Pipe special occasion message with whipped cream onto ice cream. Decorate cake as desired. Return to freezer until ready to serve, at least 1 hour. To serve, place brownie layer on serving plate.

With spatula lift ice cream layer onto brownie.
NOTE: Testing was done with Betty Crocker Fudge Brownie Mix. Duncan Hines also makes the 15.5 oz. package.
September — Labor Day Celebration
VEGETABLE PASTA CASSEROLE
6 servings
3 tablespoons butter
1/4 cup sliced green onion
3 tablespoons flour
3/4 teaspoon dry mustard
1/4 teaspoon each: salt, pepper
1 cup milk
12 cherry tomatoes, halved
1 1/2 cups each: broccoli florets, 1-inch carrot pieces
1 cup halved fresh mushrooms
6 ounces linguine

1/4 cup grated Parmesan cheese
1 egg, beaten
Melt butter in heavy saucepan. Saute onion until tender. Stir in flour and seasonings until smooth. Gradually stir in milk. Bring to boiling, stirring constantly. Boil and stir 1 minute. Remove from heat. Stir in Cheddar cheese until melted. Stir in sour cream and vegetables; set aside. Preheat oven to 350 degrees F. Cook linguine according to package directions; drain. Toss together pasta, Parmesan cheese and egg. Toss a few strands of pasta mixture around tines of fork to form nest. Repeat, forming 12 pasta nests. Place half of vegetable sauce in bottom of a 2-quart rectangular

Evening Herald, Sanford, FL. Wednesday, Oct. 3, 1984—5B
casserole. Place pasta nests over vegetables. Spoon remaining vegetable sauce around pasta. Bake 20 to 25 minutes or until hot and bubbly.
October — Halloween Treats
FLAVORED POPCORN
6 servings
Parmesan — Melt 1/4 cup (1/2 stick) butter in a saucepan; add 1/4 cup grated Parmesan cheese and 1/2 teaspoon salt. Pour over 1 1/2-2 quarts hot freshly popped popcorn. Toss.
Cheddar — Melt 1/4 cup (1/2 stick) butter in a saucepan; add 1/2 cup shredded Cheddar cheese and 1/2 teaspoon salt. Pour over 1 1/2-2 quarts hot freshly popped popcorn. Toss.
Onion — Melt 1/4 cup (1/2 stick) butter in a saucepan; add 1/4 teaspoon garlic salt and 1/2 teaspoon salt. Pour over 1 1/2-2 quarts hot freshly popped popcorn. Toss.
November — Salad for Thanksgiving
CRANBERRY MOLD WITH ORANGE SOUR CREAM DRESSING

Dessert Dishes And Bread & Butter Plates At Reduced Prices To Complete Your Place Setting Matching Accessories Also Available...

These matching accessories are also available to complete your collection. Each accessory piece is available throughout the entire program with no purchase requirement.



Our Bonus Certificate Plan Is Easy As 1, 2, 3...

1. SHOP

With us every week. This exclusive offer is only one of the many values you'll find in our store.

2. SAVE

The Bonus Certificates you'll receive every time you purchase \$5.00 in groceries (you'll get two certificates with each \$10.00 purchase, three with \$15.00 etc.). Use our convenient folder to collect your certificates.

3. COLLECT

Your 3-pc. place setting when you redeem your Bonus Certificate card... a FREE place setting with 40 certificates, only \$2.49 with 30 certificates, \$4.99 with 20 certificates, \$7.49 with 10 certificates. Or if you prefer, purchase the 3-pc. place setting for \$9.97 with no Bonus Certificates. And don't forget, dessert dishes and bread & butter plates are only 89¢ each.

GROCERY

Quaker Oats

REGULAR OR QUICK

18-OZ

99¢

31-OZ Success Rice 1.49

ALL FLAVORS Franks Sodas TWO .69

PARTY PAC Popcorn Caramel 17-OZ 1.59

JIFFY Corn Muffin Mix 4 LB-OZ 1.00

Libby's Vegetables

CORN, CREAM STYLE CORN, PEAS, OR PEAS AND CARROTS

16-OZ

2/\$1

REGULAR Wise Potato Chips 4.5-OZ 1.19

LIQUID Foamy Detergent 33-OZ .69

PANTRY PRIDE GRAPE, CHERRY, LEMONADE, ORANGE OR FRUIT FLAVORS Drink Mixes 24-OZ 1.29

25 LB Champ Dog Food 3.69

Shenandoah Apple Juice

\$1.19

64-OZ

WINE & BEER

LAMBRUSCO, BIANCO OR ROGATO Cella Wine 1.5 LITER 4.99

LEIPZIGER GOLDEN CHAPEL Golden Chapel 7.2 1.99

Schaeffers Beer

REGULAR

\$1.49

6 PACK 12-OZ CAN

Funk & Wagnalls New Encyclopedia

Volumes 2-29 only \$3.99 each

Volume 1 only 9¢

FREE 2-Volume Matching DICTIONARY

Buy Volumes 2 & 3 of Funk & Wagnalls New Encyclopedia and receive a Free 2-volume matching Dictionary.

WASHINGTON STATE NEW CROP EXTRA FANCY DELICIOUS

Extra Large Red Apples

69¢

LB

WASHINGTON STATE NEW CROP EXTRA FANCY Bartlett Pears PER POUND 59¢

Fresh Green-Cukes 5/\$1

CALIFORNIA SNOW BALL Jumbo Cauliflower EACH \$1.49

U.S. No. 1 Baking Potatoes 10 LB BAG \$1.49

Fresh Florida Avocados 2/\$1

Fresh Snap Beans PER POUND 59¢

California Jumbo Bell Peppers 3/\$1

California Large Broccoli BUNCH 99¢

New Crop Sweet Potatoes 3 LBS 89¢

Generic Peanuts 16-OZ JAR \$1.69

FROZEN

Jeno's CRISP TASTY Pizza 10.3-OZ FROZEN 99¢

Morton Pot Pies 8-OZ FROZEN 3/\$1.09

Birdseye Cob Corn 4 CT. FROZEN \$1.39

Pantry Pride Onion Rings 16-OZ FROZEN 89¢

HEALTH & BEAUTY AIDS

Close-Up Toothpaste 4.6-OZ 99¢

Ivory Shampoo or Conditioner 15-OZ \$1.99

Wash-A-Bye Baby Wipes 150 COUNT \$1.99

Sure Anti-Perispirant 4-OZ AEROSOL, 1.25-OZ ROLL ON OR 2-OZ SOLID \$1.69

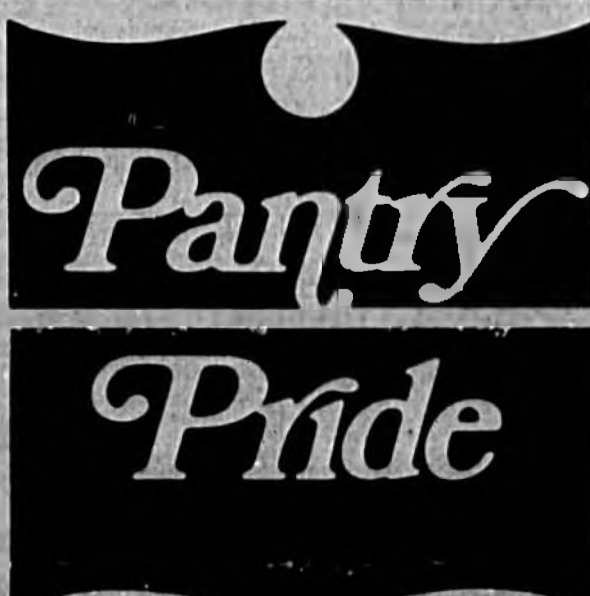
Signal Mouthwash 24-OZ 4.99 OFF LABEL \$1.99

SAVE 60¢ CASH

PEPSI, DIET PEPSI, PEPSI LIGHT, MT. DEW OR PEPSI FREE

PLUS DEPOSIT YOU PAY 8 PACK 16-OZ BTL 99¢

LIMIT 1 COUPON PER ITEM. GOOD THRU WED. OCT. 10, 1984



Freezer Pear Jam

Why are jam and jelly makers excited about this recipe for easy freezer fresh Pear Jam? Because it's prepared with a new powdered fruit pectin that requires 1/2 less sugar than traditional powdered pectin.

So it follows that there is more fruit and less sugar in the specially developed recipe calling for new light fruit pectin. There are no artificial sweeteners or preservatives in the new pectin product. It helps assure a good "set" — the major reason for using commercial pectin. A recipe leaflet tucked inside the package of pectin offers a wide range of additional jam and jelly recipes.

As fresh pears continue to be in abundance, why not discover the excitement of a fruitier freezer Pear Jam with a pleasant, less sweet taste?

PEAR JAM

4 cups prepared fruit (about 2 3/4 lb. fully ripe pears and 1 medium apple)
1 teaspoon ascorbic acid crystals

1/4 teaspoon cinnamon
3/4 cups (1 lb. 7 oz.) sugar
1 package light fruit pectin
First prepare the fruit. Peel about 2 3/4 pounds pears and 1 apple. Finely chop or grind. Measure 4 cups into large bowl. Add ascorbic acid crystals and cinnamon.

Then prepare the jam. Measure sugar. Combine pectin with 1/4 cup of the sugar. Gradually add pectin mixture to fruit, stirring vigorously. Set aside for 30 minutes, stirring occasionally. Gradually stir in sugar until dissolved. Ladle quickly into scalded containers. Cover at once with tight lids. Let stand at room temperature overnight; then store in freezer. Small amounts may be covered and stored in refrigerator up to 3 weeks. Makes 8 1/2 cups or about 7 (8 fl. oz.) containers.

Dips

Say 'Cheese' To Win Hearty Approval Of Party Guests

When you read about famous party-givers, you wonder what their secret is. They seem to think up excuses to invite people over and they're never at a loss for enticing party fare to serve.

Dips of all kinds are perpetual party pleasers. They're easy to prepare and serve, can often be made in advance and the most popular ones are assembled from "on-hand" ingredients — sour cream or mayonnaise, cheese, mustard, horseradish, catsup.

One item that should be added to your list of pantry "party staples" is new on the market. Frito-Lay has introduced a line of Cheddar flavored cheese dips, available in three robust flavors. Unopened, they don't need refrigeration and will keep fresh up to six months. Delicious right from the can, they also combine well with a wide variety of ingredients to provide a sumptuous array of party dips.

A real sizzler, Sizzling Con Queso Dip combines Cheddar & Jalapeno Dip with stewed tomatoes and Worcestershire which is served hot.

SIZZLING CON QUESO DIP
1 can (9 or 10 ounces) cheddar & jalapeno flavor cheese dip
1 can (14½ ounces) stewed tomatoes, drained, chopped
1 teaspoon Worcestershire sauce

In a small saucepan or fondue pot combine cheese dip, tomatoes and Worcestershire

mix well. Cook over low heat until mixture is hot and bubbly. Keep warm on a hot plate or in a fondue pot over canned heat. Serve with corn or tortilla chips or cut-raw vegetables.

GOLDEN CHEESE CRISPS
1 can (9 or 10 ounces) cheddar and herb flavored cheese dip
1 cup mayonnaise
2 teaspoons grated onion
1 loaf (1 pound) thinly sliced white bread, crust trimmed

In medium bowl combine cheese dip, mayonnaise and onion; mix well. Arrange bread in a single layer on a cookie sheet. Toast under broiler on one side only, about 3 inches from source of heat. Spread untoasted side of each bread slice with generous amount of cheese mixture; cut in half diagonally. Arrange triangles on cookie sheet; return to broiler until mixture bubbles and is lightly browned, about 2 minutes. Serve hot.

LONE STAR TACO DIP
1 can (9 or 10 ounces) mild cheddar flavor cheese dip
½ cup sour cream
1 tablespoon packaged taco seasoning mix

In small bowl combine all ingredients; mix well. Serve with tortilla or corn chips or cut-up raw vegetables.
YIELD: About 1½ cups.



Dips of all kinds are perpetual party pleasers. They are easy to prepare and serve in advance and the most popular ones are assembled from 'on-hand' ingredients. Golden Cheese Crisps are succulent triangles served hot from the oven.



Two desserts for topping off the family Sunday roast are a lattice pie combining cranberries with flaked coconut and wheat germ and a cranberry pear brown betty.

Something Special For Sunday Meal

Sunday supper should offer a change from the weekly quick fix dinners. A nice formula to follow that will please the family without exhausting the working homemaker is an easy-to-prepare roast teamed with a special dessert. Vary the roasts from week to week. Try pork, lamb, roast beef, fresh ham or a small turkey.

For dessert, enjoy the first cranberries of the season in a pie that's flavored with maple syrup and laced with wheat germ and flaked coconut. Cranberry Pear Brown Betty is a delicious dessert that mixes two fall fruits — cranberries and pears and it can be put together in minutes.

CRANBERRY LATTICE PIE
Pastry for 2 crusts (9-inch) pie
1 package (12 ounces) fresh or frozen cranberries, finely chopped
1½ tablespoons cornstarch
½ cup wheat germ
1 cup flaked coconut
1 cup maple syrup

Preheat oven to 450 degrees F. Line a 9-inch pie plate with half of the pastry. In a large bowl, combine remaining ingredients; blend well. Turn into pastry lined pie plate. Roll remaining pastry to a 10-inch circle. Cut into ¾ inch wide strips. Place atop filled pie in lattice fashion.

Turn and flute edges.
Bake for 10 minutes. Reduce oven temperature to moderate 350 degrees F.; bake an additional 25-30 minutes or until crust is golden brown.

CRANBERRY PEAR BROWN BETTY
6 slices firm white bread, cut into ½ inch cubes
2 tablespoons sugar
½ cup melted butter or margarine
6 medium pears, peeled, cored and sliced
6 medium pears, peeled, cored and sliced
1½ cups fresh or frozen cranberries
¾ cup sugar
½ teaspoon each nutmeg and cinnamon
½ cup cranberry juice cocktail

Preheat oven to 375 degrees F. In a bowl, mix bread cubes, 2 tablespoons sugar and butter. In another bowl, mix pears, cranberries, ¾ cup sugar and spices. In a greased 1½ quart casserole, make alternating layers of the mixtures starting and ending with bread cubes. Pour cranberry juice cocktail evenly over top. Place in oven. Bake 35 to 40 minutes or until golden brown. Serve warm with heavy cream or ice cream.

DENNIS & KATHY'S FAIRWAY

LOCALLY OWNED AND OPERATED BY DENNIS & KATHY GRINSTEAD

2690 S. ORLANDO DR. SANFORD 323-4950
STORE HOURS 7 DAYS A WEEK 6 A.M. TO 10 P.M.
"A HELPFUL SMILE IN EVERY AISLE."
WE WELCOME FOOD STAMP SHOPPERS

 Fresh Pork Spare Ribs 3-5 Lb. Avge. \$1.39 Lb.	 USDA Choice Beef Sirloin Steak \$2.89 Lb.	 Delta Bathroom Tissue 4 Roll Pak 79¢ Reg. 99¢	 Wisconsin Baking Potatoes 5 Lb. Bag 89¢
---	--	--	--

WE CARRY ONLY USDA CHOICE BEEF & FRESH PORK "No Frozen Pork"
WE OFFER A FULL SERVICE MEAT COUNTER WHERE YOU MAY SELECT YOUR INDIVIDUAL CUTS OF MEAT

 Florida Premium Chicken Leg Quarters Lb. 49¢	 Fresh Ground Beef 3 Lbs. Or More Lb. \$1.09	 Golden Ripe Bananas 4 Lbs. \$1	 Thompson Seedless Grapes Lb. 79¢
--	--	--	--

Lykes Smoked Picnics Lb. 79¢ USDA Choice Beef T-Bone Steak Lb. \$3.09 USDA Choice Beef Porterhouse Steak Lb. \$3.19	Sliced Lykes Smoked Picnics Lb. 99¢ Land Of Frost Water Meats 2.5 Oz. Pkg. 2/89¢ New Zealand Lamb Chops Lb. 89¢	Crisp Michigan Carrots 4 Lb. Bags \$1 Large Green Peppers 6 For \$1 Fresh Green Cabbage Lb. 19¢ Red, Vine Ripened Tomatoes Lb. 59¢
---	---	---

!!SAVE ON THIS WEEK'S DOUBLE DISCOUNT SPECIALS!!

Sunny Morning Large Grade A Eggs WITH 1 Doz. Filled D. Dis. Cert. 19¢ <small>Prices Ending 10/1/84</small>	1% Plastic Or Vitamin D Paper Ctn. Milk WITH 3 Filled D. Dis. Cert. FREE <small>Prices Ending 10/1/84</small>	1-2 Liter Plastic Bottle Diet Only Double Cola WITH 1 Filled D. Dis. Cert. FREE <small>Prices Ending 10/1/84</small>	Medium Size Yellow Onions WITH 1 Filled D. Dis. Cert. 39¢ <small>Prices Ending 10/1/84</small>	Fresh Single Pound Ground Chuck WITH 1 Filled D. Dis. Cert. \$1.49 <small>Prices Ending 10/1/84</small>
---	--	---	---	--

GROCERY SPECIALS	FROZEN-DAIRY	DELI-BAKERY
Old Milwaukee - Reg. Or Light Beer 6-12 Oz. Cans \$1.79 Hyde Park Cream Style Or Whole Kernel Corn 15½ Oz. Can 3 Cans \$1 Golden Flake Potato Chips \$1.19-GET ONE FREE Kal Kan - Chicken Or Turkey Cat Food . . . 6½ Oz. Can . . . 4 Cans \$1 Jumbo Roll-Hyde Park Paper Towels Each 39¢	Bestest-Small Curd 2½ Oz. Cottage Cheese \$1.49 Generic Imitation-12 Oz. Singles Sliced Cheese 89¢ Donald Duck Fresh Orange Juice 64 Oz. Ctn. \$1.39 Ozark Valley-Chicken Or Turkey Pot Pies 6 Oz. Pkg. 4/1 Swanson's Scrambled Egg 6 Oz. Pkg. Sausage & Potato Or Pancake & Sausage 99¢ T.G. Lee Deluxe 100% Natural 1/2 Gal. Ice Cream \$2.09	16 Oz. Loaf Pumpernickle Or Rye-Pump Bread . . . 69¢ 8" Lemon Meringue Pie \$1.69 7" Chocolate Cake \$3.59 Fresh Lean Deli Ham . . . \$1.99 Colby Longhorn Cheese Lb. \$2.69 Slicing Provolone Cheese . . . Lb. \$2.69

Bewitching Halloween Treats Take The Cake

Giant pumpkins, hootowls and funny-face goblins — they're all cookies, all wholesome — all part of a safe and happy Halloween. The enticing cookie recipes that follow make bewitching party fare for Halloween celebrations at home or at school.

THE GREAT PUMPKIN PAN COOKIE

2 cups flour
1 cup quick or old fashioned oats, uncooked
1 teaspoon baking soda
1 teaspoon ground cinnamon
1/2 teaspoon salt
1 cup butter or margarine, softened
1 cup firmly packed brown sugar
1 cup granulated sugar
1 egg
1 teaspoon vanilla extract
1 cup solid pack pumpkin
1 cup semi-sweet real chocolate morsels
Assorted icing or peanut butter

Assorted candies, raisins or nuts
Preheat oven to 350 degrees F. Combine flour, oats, baking soda, cinnamon and salt. Cream butter; gradually add sugars, beating until light and fluffy. Add egg and vanilla; mix well. Alternate additions of dry ingredients and pumpkin, mixing well after each addition. Stir in morsels. Spread dough into greased and floured 14-inch deep dish pizza pan. Bake 35 to 40 minutes, until wooden pick inserted near center comes out clean. Cool on rack 15 minutes. Remove cookie from pan. Cool completely. Decorate using icing or peanut butter to affix assorted candies, raisins or nuts. Cut into squares or wedges to serve. Yields about 24 servings.

SCRUMPTIOUS PUMPKIN BROWNIES

1/2 cup butter or margarine, softened
2 cups firmly packed brown sugar
1 cup solid pack pumpkin
2 eggs, slightly beaten
1 teaspoon vanilla extract
1 1/2 cups flour
1/2 cups quick or old fashioned oats, uncooked
2 teaspoons pumpkin pie spice
1 teaspoon baking powder
1/2 teaspoon baking soda
1/2 teaspoon salt
1/2 cup chopped walnuts (optional)
2 cups butterscotch flavored morsels
1/2 cup semi-sweet real chocolate morsels

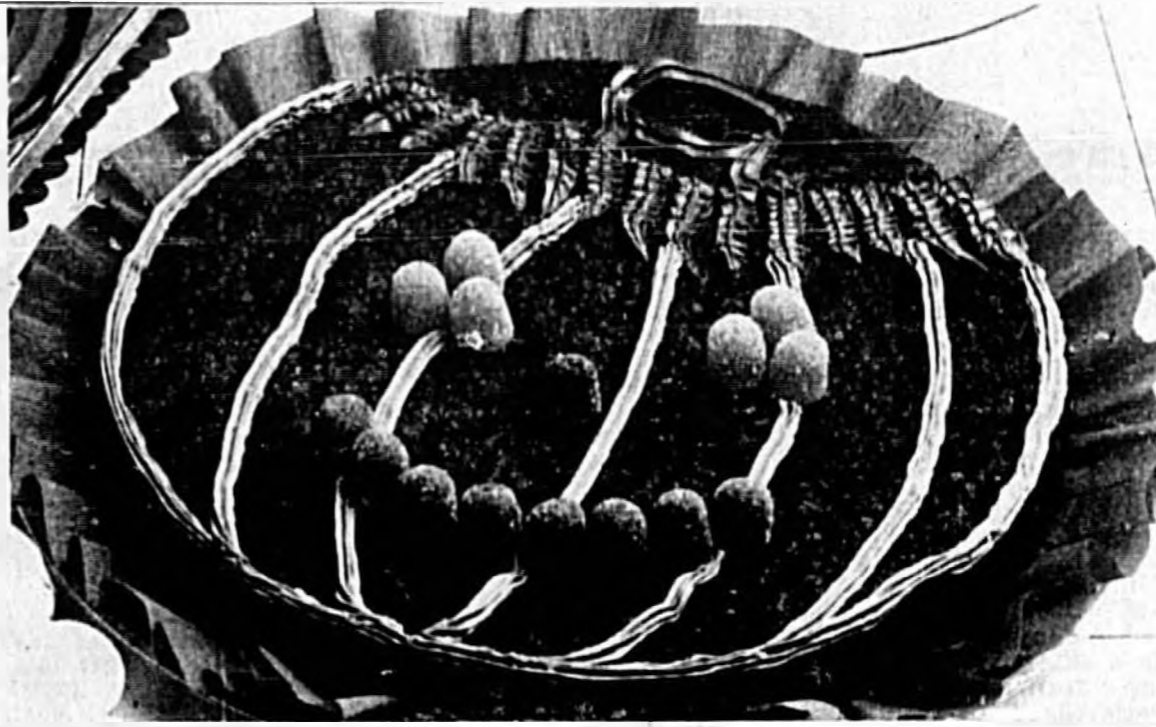
Preheat oven to 350 degrees F. In large bowl, cream butter and sugar; add pumpkin, eggs and vanilla. Stir in flour, oats, spice, baking powder, baking soda, salt and walnuts. Spread batter into greased and floured 15 1/2 x 10 1/2-inch jelly roll pan for two 8-inch square baking pans. Bake 25 to 30 minutes; (30 to 35 minutes for 8-inch pans). Immediately sprinkle butterscotch morsels on brownies; let stand 5 minutes. To frost, gently spread butterscotch morsels to cover brownies. In small saucepan, melt chocolate morsels over low heat. Drizzle over frosted brownie in a spiral design. While still warm, lightly drag the edge of a knife or thin metal spatula from the center of the spiral to the edge of the pan. Repeat motion at spaced intervals to make a spider web pattern. Cool completely before slicing. Yields about 3 dozen bars.

PUMPKIN COOKIE MONSTERS

1/4 cup shortening
3/4 cup firmly packed brown sugar
1/2 cup solid pack pumpkin
3/4 cup light molasses
3 cups sifted flour
1 teaspoon baking soda
1/2 teaspoon salt
1/2 teaspoon ground ginger
1/2 teaspoon ground cinnamon
1/2 teaspoon ground nutmeg
1/2 teaspoon ground allspice
Icing, raisins, gum drops and other candies

Cream shortening and sugar; stir in pumpkin and molasses. Sift together flour, baking soda, salt and spices. Add to pumpkin mixture, one-third at a time, mixing thoroughly after each addition. Cover; chill 2 to 3 hours. Preheat oven to 375 degrees F. On well-floured surface, roll out dough to 1/8-inch thickness. Cut with assorted floured cookie cutters (or cut around floured cardboard pattern). Gently place on greased

baking sheets. Bake 8 to 10 minutes or until firm to the touch. Remove from baking sheets, cool on wire racks. Decorate with icing, raisins and candies. Yields 2 dozen (3-inch) cookies.



The Great Pumpkin Pan Cookie is a delectable 14-inch delicacy designed to treat a whole gathering of pals.

Celebrate

Octoberfest

at Publix



Breakfast Club
Grade A Florida
Large Eggs
per dozen
29¢
With One S&H Stamp
Price Saver Certificate

Frozen
Big Valley Whole
Strawberries
20-oz. bag
\$1.19
With One S&H Stamp
Price Saver Certificate

Oscar Mayer
Meat or Beef
Variety Pak
12-oz. pkg.
\$1.49
With One S&H Stamp
Price Saver Certificate

Seafood
Fresh Farm Raised
Catfish Fillet per lb. **\$3.79**
Seafood Treat
Large Shrimp per lb. **\$8.99**

Health & Beauty
(35¢ Off Label), Toothpaste
Aqua Fresh 8.2-oz. tube **\$1.49**
Publix Regular or Condition
Dandruff Shampoo 11-oz. bot. **\$1.39**

Lager or Light,
In 12-oz. Cans
Old Tap Beer
6-pk. ctn.
\$1.39
(Limit 4 Please, With Other Purchases of \$7.50 or More, Excluding All Tobacco Items)

U.S.D.A. Choice
Key Club Steak per lb. **\$3.19**
Beef
Cube Steak per lb. **\$2.79**

Young 'N Tender, Gov't.-Inspected, Shipped D&D,
Fresh Not Frozen, Premium Grade

Whole Fryers

59¢

per lb.



U.S.D.A. Choice
Boneless Beef Full Cut
Round Steak
per lb.
\$1.59

U.S.D.A. Choice Beef
Sirloin Tip Roast
per lb.
\$2.79

Meat

"Young 'n Tender", Gov't.-Inspected Shipped D&D,
Fresh Not Frozen, Premium Grade
Cut Up Fryers per lb. **69¢**
Chicken Breast with Ribs per lb. **\$1.59**
Chicken Thighs or Drumsticks per lb. **\$1.09**
Chicken Wings per lb. **69¢**

Deli

Louis Rich
(Low in Fat & Low in Cholesterol)
Turkey Ham qtr. lb. **69¢**
Turkey Pastrami qtr. lb. **69¢**
Turkey Salami qtr. lb. **59¢**
Just Heat & Serve!
Hors D'Oeuvres 50-cl. size **\$12.19**
Fresh-Baked Coconut Custard or Pumpkin Pie each **\$1.79**
Plain or Seeded, Sliced or Unsliced
Italian Bread per loaf **69¢**
Hot From The Deli!
Beef Stew per lb. **\$3.19**
Broccoli & Cheese Sauce per lb. **\$2.99**

Fresh



Buttery rich breads, creamy chocolate eclairs, flaky pastries and pies, sweet cookies and cakes. Publix' Danish Bakery — irresistibly good.

Tender Danish Topped with an Abundance of Pecans, Danish
Pecan Ring each **\$1.99**
For Health Conscious People
Bran Muffins 6 for **99¢**
An Old Fashioned Favorite
Banana Nut Loaf... each for **99¢**

Filled with Apples and Cinnamon
Apple Streudel
each for
\$1.69

Made with Six Nutritious Grains and with 70 Calories Per One Ounce Slice.
Choice Grain Bread
1-lb. loaf **99¢**

A Luscious Chocolate Cake Filled with Cherries and Topped with Whipped Cream
Black Forest Cake 7-inch size **\$4.99**
French Stick Baguettes 2 for **\$1**
Chicago Hard Rolls 10 for **99¢**
Choose From Peanut Butter or Oatmeal Raisin
Cookies per doz. **\$1.09**
Filled with Assorted Fruit Flavors
Jelly Filled Donuts each for **30¢**

Items Above Available at All Publix Stores & Danish Bakeries.

Items Above Available at Publix Stores with Fresh-Baked Danish Bakeries Only.

In 12-oz. Cans,
Regular or Light
Coors Beer
6-pk. ctn.
\$2.29
(Limit 4 Please, With Other Purchases of \$7.50 or More, Excluding All Tobacco Items)

Microwave Magic

Crisp Apples Herald Yummy Fall Treats

The first cool days of fall always put me in the mood for cooking with apples and spices, and those dishes that combine the two of them. The smells that permeate the house conjure memories of my childhood — coming home from school to find spiky cookies, apple dumplings or apple pie.

Apples are at their best in the fall. They are plentiful and an economical buy now through January. The versatility of the apple is another reason to have a good supply on hand. A multi-purpose apple such as the Macintosh or the Rome can be used with vegetables, meat dishes or for desserts. If you use the apple for salads or desserts only, you will want to try some of these other ways. Your microwave oven will make the



Midge Mycoff
Home Economist
Seminole Community College

cooking quick and easy. The vegetables and apples will retain their color and texture as well as the nutritive value.

GLAZED CARROTS AND APPLES

- 4-5 medium carrots, sliced
- 1 tart cooking apple, peeled, cored and chopped
- 2 tablespoons packed brown sugar
- 2 tablespoons butter
- 2 tablespoons water
- 1/4 teaspoon salt

Combine ingredients in a 1-quart casserole. Cover and microwave on 100% power for 5 minutes. Stir and microwave on same power setting for 3-4 minutes, or until carrots are tender crisp. Let stand for 3-5 minutes before serving.

This is another good apple-vegetable combo.

WINTER SQUASH AND APPLES

- 2 acorn or butternut squash salt
 - 2 medium apples, peeled, cored and sliced
 - 1/2 cup packed brown sugar
 - 1/4 cup butter
 - cinnamon
- Wash and pierce the whole squash. Microwave on 100% power 10-12 minutes or until the squash feels soft to the touch.

Let stand 5 minutes. Cut in half, remove seeds. Place cut side up in a 12 x 7-inch baking dish. Fill centers of squash with apples, top each with 2 tablespoons brown sugar, 1 tablespoon butter and a dash of cinnamon. Cover with plastic wrap or wax paper. Microwave on 100% power 6-7 minutes, or until apples are tender. Let stand 3 minutes before serving.

Baked apples are an old-fashioned quick dessert that is always good.

MICROWAVE BAKED APPLES

- 4 medium baking apples; washed and cored
 - 1/4 cup packed brown sugar
 - 2 tablespoons butter
 - cinnamon
 - Sweet or sour cream
- Place apples in a 2-quart baking dish. Place 1 tablespoon brown sugar and a large teaspoon of butter in each apple. Sprinkle with cinnamon. Microwave on 100% power 8-9 minutes, or until apples are tender. Serve warm with cream.

If you're really counting calories try this version of a baked apple.

SLIMLINE BAKED APPLES

- 12 ounce can low calorie strawberry-flavored soda
 - 4 medium baking apples
- Cut apples in half, remove core. Place apples cut side up in a 2-quart baking dish. Pour soda over apples. Cover with wax paper. Microwave on 100% power 8-10 minutes, or until apples are tender.

This recipe has it all. Sugar, spice, apples and oatmeal.

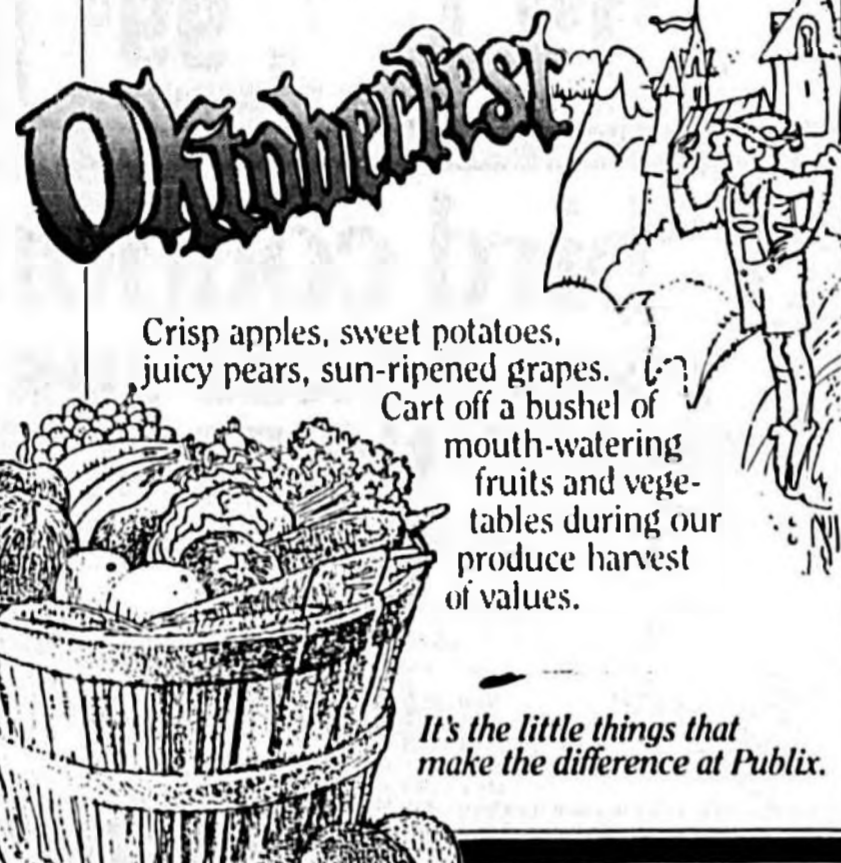
APPLE CRISP

- 1 cup brown sugar, packed
- 1 cup flour
- 1 cup oatmeal
- 3/4 cup butter
- 1/4 cup chopped walnuts
- 1/2 teaspoon salt
- 4 cups sliced apples
- 2 tablespoons lemon juice
- 1/2 cup granulated sugar
- 1 teaspoon cinnamon
- 1/4 teaspoon nutmeg

Combine brown sugar, flour, oatmeal, butter, nuts and salt. Mix with a fork until crumbly. Spread 1/2 of this mixture into bottom of 12 x 8-inch baking dish. Arrange apple slices over crumbs. Sprinkle with lemon juice if apples are not tart, then sprinkle with sugar-cinnamon mixture. Cover with remaining crumbs. Microwave on 100% power for 15-20 minutes or until apples are tender. Serve with warm whipped cream.

MICROWAVE HINT: Test apples for doneness before the cooking time is complete. Some varieties cook faster than others.

Harvest



It's the little things that make the difference at Publix.

- Tasty Ruby Red Seedless Grapes per lb. 79¢
- Made from Concentrate, Publix 100% Pure Chilled Orange Juice 64-oz. size \$1.49
- Ripe Juicy Delicious (150-Size) Bosc or Bartlett Pears 10 for \$1.29
- For Cooking or Slaw, Fresh Firm Green Cabbage ... per lb. 15¢
- For Snacks or Waldorf Salad, Crisp, Juicy Red Delicious Apples 3 lb. bag 89¢
- Also Great For Snacks or Waldorf Salads, Crisp Fresh Celery large stalk 39¢

All Purpose White Potatoes 10 lb. bag \$1.49

Ripe, Sweet Western Cantaloupe large size 79¢

- Great For Snacks, Ripe Tasty Michigan Stanley Prunes.... per lb. 39¢

- Salad Perfect, (Medium Size) Tasty Tomatoes... per lb. 39¢
- Publix 100% Pure All Natural Chilled Apple Juice..... half gal. \$1.29

- Good Baked or Candied, North Carolina Sweet Potatoes... per lb. 33¢
- For Your Cooking Needs! Zesty Yellow Cooking Onions . 3 lb. bag 69¢

Planters Jar of Dry Roasted or Unsalted or Can of Cocktail Peanuts 16-oz. size \$1.49

Fresh Homogenized, 2% Low Fat, 1% Low Fat or Skim Dairi-Fresh Milk gallon size \$1.79

Dixie Crystals Pure Cane Sugar 5-lb. bag 99¢

No Sugar Added, Tree Top Reg. or Natural/Old Fashioned Apple Juice 64-oz. bottle 79¢

Publix Real Mayonnaise 32-oz. jar 59¢

Halved or Sliced F&P Peaches 29-oz. can 29¢

- Super Pop Brand, Yellow or White Popcorn..... 2 bag 89¢
- Excellent Baked, Select Your Favorites: (Whole or Cut) Acorn, Butternut, Buttercup, Turban, Hubbard or Spaghetti Hard Squash per lb. 29¢
- Colorful Large Mixed Bouquet of Fresh Cut Flowers each bunch \$4.99

Silver Floss Sauerkraut 2-lb. pkg. 69¢

Fresh Pork Spareribs per lb. \$1.69

Liebfraumilch Wine Black Tower 750-ml. bot. \$3.99

Assorted Flavors Publix Premium Ice Cream half gal. ctn. \$1.99

Dairy
Weight Watchers Buttermilk or Wheat Biscuits 4 7-oz. cans \$1

Wisconsin Cheese Bar Mild Cheddar, Medium Cheddar, Mozzarella, Colby Halfmoon or Monterey Jack 12-oz. pkg. \$1.69

Ice Cream
Sealtest Assorted Ice Cream..... half gal. \$2.59

Candy
Assorted Candy Bars, Almond, Milk Chocolate, Mr. Goodbar, Krackel or Special Dark Hershey Big Block 2.2-oz. bar 39¢

Publix Special Recipe Thin White or Wheat Sandwich Bread 2 20-oz. \$1.59

Sunshine Mint, Chocolate Chip or Peanut Butter Cookies 16-oz. \$1.69

Chips 'n Middles .. pkg. \$1.69

30¢ OFF
With This Coupon ONLY Great Dogs 1-lb. pkg. 69¢

(Limit 1 Per Family Please. With Other Purchases of \$7.99 or More, Excluding All Tobacco Items) (Expires Oct. 4 - 10, 1984)

Dairi-Fresh Sour Cream 16-oz. cup 89¢

Folk, Highlands, Orange, Lake, Seminole, & Ocoosa Co. Mt. Dew or Regular or Diet Pepsi Free or Pepsi Cola 2-liter bot. \$1.05

Share A Smile For The Holidays.

This year, add an extra personal touch to your greeting cards for the holiday season. Send photo greeting cards from Publix. If you order now, you'll not only avoid the holiday rush, you'll also save 50¢. So stop by Publix and pick up your order form today.

Publix Teller FOR 24 HOUR CONVENIENCE YOU CAN BANK ON

\$1.00 OFF
With This Coupon ONLY Frozen Weaver's Thighs & Drumsticks Dutch Fry Chicken 28-oz. pkg. \$2.49

(Limit 1 Per Family Please. With Other Purchases of \$7.99 or More, Excluding All Tobacco Items) (Expires Oct. 4 - 10, 1984)

Wisconsin Cheese Bar Individually-Wrapped Cheese Food Sliced American 12-oz. pkg. \$1.39

Publix Assorted Soft Drinks 2-liter bot. 69¢

where shopping is a pleasure 7 days a week

SANFORD PLAZA, SANFORD

LONGWOOD VILLAGE CTR., LONGWOOD

THIS AD GOOD AT THESE LOCATIONS ONLY

Try Dates In Slaw, Bread

Just because something is good for you doesn't mean it has to be dull. Quite the contrary. Combining various ingredients in salads with an eye to nutrition can be both exciting and gratifying.

- DATE AND CABBAGE SLAW**
- 2 cups shredded red cabbage
 - 2 cups shredded green cabbage
 - 1 cup chopped dates
 - 3 tablespoons lemon or lime juice
 - 2 tablespoons honey
 - 1/2 cup salad oil
 - 1/4 teaspoon salt
- Blend juice, honey, salad oil and salt in blender or shake in a jar. Chill. Shred cabbage and mix with dates. Toss with salad dressing until well blended. Serves 4 to 6.

A perfect luncheon partner for this crunchily salad is this full flavored Date Cheese bread. Either can be made ahead for easy summer serving.

- DATE CHEESE BREAD**
- 1 cup pitted dates, diced
 - 3/4 cup boiling water
 - 1 3/4 cup sifted all-purpose flour
 - 1/4 teaspoon salt
 - 1 teaspoon baking soda
 - 1/2 cup sugar
 - 1 egg, slightly beaten
 - 1 cup shredded sharp cheese
 - 1 teaspoon vanilla
 - 1/2 cup finely chopped walnuts
- In a small bowl, combine dates and boiling water. Set aside. Sift together flour, salt, baking soda, and sugar. Add date mixture, beaten egg, cheese, vanilla and nuts. Blend only until dry ingredients are moistened. Pour into well oiled 9 x 5 x 3 inch loaf pan. Bake at 350 degrees (moderate) 45 to 50 minutes or until loaf tests done in center. Let stand 5 minutes, remove from pan. Finish cooling on wire rack. Makes 1 loaf.

Note: Bread slices easier, next day. Makes delicious cream cheese sandwiches. Great for gifts.



SUPER BONUS SPECIALS

NEW! PRICES GOOD OCT. 4-8, 1984

YES... NOW YOU CAN REDEEM SUPER BONUS CERTIFICATES FOR DELICIOUS ITEMS FROM WINN-DIXIE'S DELI.

THIS WEEK TRY A POUND OF POTATO SALAD FOR JUST 29¢.

A GREAT SAVINGS AND AN EASY WAY TO PUT A SUPER SALAD ON YOUR TABLE TONIGHT!

SUPER BONUS SPECIAL

SUPERBRAND GRADE 'A' LARGE EGGS

DOZ. **29¢**

WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD OCTOBER 4-8, 1984

SUPER BONUS SPECIAL

THRIFTY MAID SUGAR

5-LB. BAG **99¢**

WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD OCTOBER 4-8, 1984

SUPER BONUS SPECIAL

FOLGER'S COFFEE

1-LB. BAG **\$1.79**

WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD OCTOBER 4-8, 1984

SUPER BONUS SPECIAL

CORONET BATH TISSUE

4-ROLL PKG. **59¢**

WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD OCTOBER 4-8, 1984

NEW RECIPE SUPER BONUS SPECIAL

DELI POTATO SALAD

1-LB. SIZED **29¢**

WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD OCTOBER 4-8, 1984

SUPER BONUS SPECIAL

CHEK DRINKS

3-LTR. BTL. **19¢**

WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD OCTOBER 4-8, 1984

SUPER BONUS SPECIAL

WESSON OIL

48-OZ. BTL. **\$1.99**

WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD OCTOBER 4-8, 1984

SUPER BONUS SPECIAL

SUPERBRAND SPREAD

3-LB. TUB **99¢**

WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD OCTOBER 4-8, 1984

SUPER BONUS SPECIAL

W-D BRAND IN THE HANDI PACK GROUND BEEF

1-LB. PKG. **89¢**

WITH ONE FILLED SUPER BONUS CERTIFICATE GOOD OCTOBER 4-8, 1984



early bird coupon SHOP TODAY

YOUR BONUS FOR SHOPPING EARLY!

EARLY BIRD COUPONS GOOD 2 DAYS THURSDAY & FRIDAY OCT. 4 & 5 ONLY!

QUANTITY RIGHTS RESERVED WINN-DIXIE STORES, INC. COPYRIGHT © 1984

early bird coupon SAVE 60¢

SUPERBRAND ICE CREAM

HALF GAL. **89¢**

COUPONS GOOD 2 DAYS THURS. & FRI. OCTOBER 4 & 5 ONLY!

Limit 1 with \$5.00 or more purchase excl. cig.

early bird coupon SAVE 80¢

HICKORY SWEET SLICED BACON

1-LB. PKG. **99¢**

COUPON GOOD 2 DAYS THURS. & FRI. OCTOBER 4 & 5 ONLY!

Limit 1 with \$5.00 or more purchase excl. cig.

PRICES IN THIS AD ARE GOOD IN THE FOLLOWING FLORIDA COUNTIES ONLY: ORANGE, SEMINOLE, OSCEOLA, BREVARD, VOLUNTA, LAKE, CITRUS, SUMTER, MANOR, POLK, RIVER & ST. LUCIE. FOR ALL OTHER COUNTIES PLEASE SEE YOUR LOCAL NEWS/83.

USDA CHOICE UNTRIMMED 20/28 LB. AVG.

Whole Boneless BOTTOM ROUND **\$1.49** LB.

CAN BE CUT INTO: BOTTOM ROUND ROAST, BOTTOM ROUND CUBED STEAK EYE ROUND STEAK THIN CUT MINUTE STEAKS & SANDWICH STEAKS, BOTTOM ROUND STEAK, DIET LEAN STEW RUMP ROAST, EYE OF ROUND ROAST, HIND CUBED STEAKS

U.S.D.A. CHOICE BEEF

WE'LL GLADLY CUT & WRAP FOR YOUR FREEZER!

SAVE 90¢

W-D BRAND USDA CHOICE BEEF ROUND BONELESS BOTTOM ROUND ROAST

1 LB. **\$1.59**

SAVE 90¢ LB. W-D BRAND USDA CHOICE BEEF ROUND BONELESS PUMP ROAST LB. \$1.79

SAVE 50¢

PINKY PIG FRESH 5 BLADE & 5 SIRLOIN ECONOMY PORK CHOPS

1 LB. **\$1.19**

SAVE 50¢ HICKORY SWEET SLICED Bacon 2-LB. PKG. \$2.99

SAVE 38¢

REGULAR AND LIGHT COORS BEER

6 12-OZ. CANS **\$2.35**

SAVE 38¢ ALMADEN GOLD CHAMPAGNE ROSE, WHITE CHAMPAGNE & HEARTY BURGUNDY Wine 1.5-LTR. BTL. \$4.99

COMPARE & SAVE

PRICE BREAKER WHOLE PEELED TOMATOES, SWEET PEAS, GREEN BEANS, FRENCH STYLE BEANS, CHUNKY MIXED VEGETABLES, WHITE POTATOES OR APPLE SAUCE

3 15-OZ. CANS **\$1.09**

DIET DARK RYE FAMILY Bread 2 1/2-LB. LBS. 99¢

SAVE 30¢

Rinso KING SIZE RINSO DETERGENT

72-OZ. BOX **\$1.69**

ALL COLORS SUNBLEND Towels 2 ROLLS \$1.09

SAVE 40¢

W-D BRAND CORNED BEEF BRISKET

1 LB. **\$1.59**

SAVE 40¢ LB. PINKY PIG FRESH WHOLE OR FULL RIB HALF PORK LOIN Roast LB. \$1.49

SAVE 30¢

W-D BRAND 100% PURE 3, 5 & 10 LB. HANDI PACK GROUND BEEF

1 LB. **\$1.29**

SAVE 30¢ W-D BRAND 100% PURE IN THE 1 & 2 LB. HANDI PACK OR MARKET FRESH Ground Beef LB. \$1.59

SAVE 20¢

ALL VARIETIES W-D BRAND FRANKS

1/2-DOZ. PKG. **\$1.49**

W-D BRAND SLICED COOKED Ham 1/2-DOZ. PKG. \$2.99

COMPARE & SAVE

ALPO BEEF FLAVORED DOG FOOD

25 1.5-LB. CANS **\$6.99**

THRIFTY MAID MACARONI & CHEESE Dinners 4 1/2-CUP PKGS. \$1.00

SAVE 46¢

LUV'S 64-CT. SMALL, 48-CT. MEDIUM OR 32-CT. LARGE DISPOSABLE DIAPERS

BOX **\$8.59**

PRICE BREAKER APPLE Juice 48-OZ. BTL. 89¢

SAVE 20¢

The Best of Pears from the Northwest "PEAR FAIR" MIX 'N MATCH Bartlett, Red Bartlett, Bosc, Seckle or Comice

1 LB. **59¢**

SAVE 20¢ 3 SUPERBRAND ASSORTED FLAVORS ALL NATURAL Yogurt 3 1/2-CUP 99¢

SAVE 20¢

SUPERBRAND ORANGE JUICE

HALF GAL. **\$1.39**

U.S. NO. 1 WHITE OR RED Potatoes 5-LB. BAG 89¢

SAVE 20¢

SUPERBRAND ASSORTED FLAVORS ICE CREAM or SHERBET

HALF GAL. **\$1.29**

SAVE 20¢ WHIPPED COOL Whip 1/2-DOZ. 99¢

COMPARE & SAVE

FREEZER QUEEN FAMILY SUPPERS

3-LB. PKG. **\$1.59**

SAVE 20¢ PALMETTO FARMS REGULAR OR PICKLE Pickled 1/2-CUP \$1.29

DELI

SLICED TO ORDER CORNED BEEF, PASTRAMI OR PEPPERED BEEF

1/2 LB. **\$1.99**

COLD CREAM CHEESE LB. \$2.99