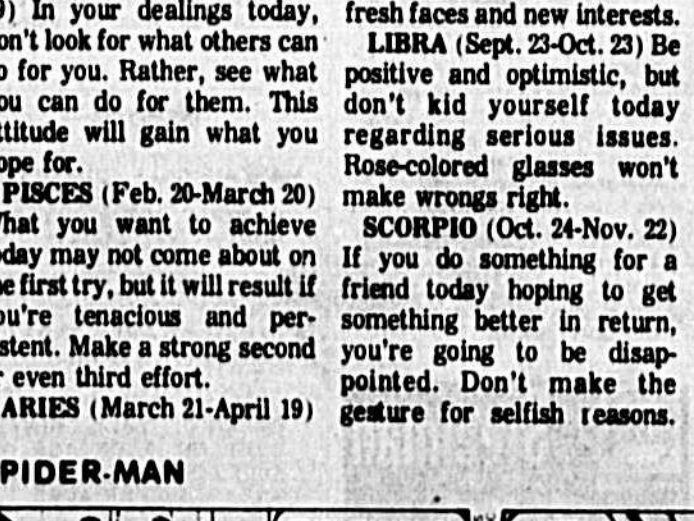
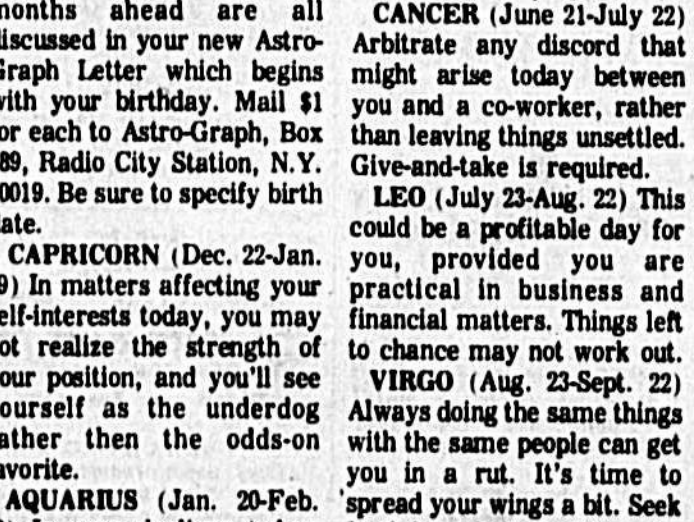
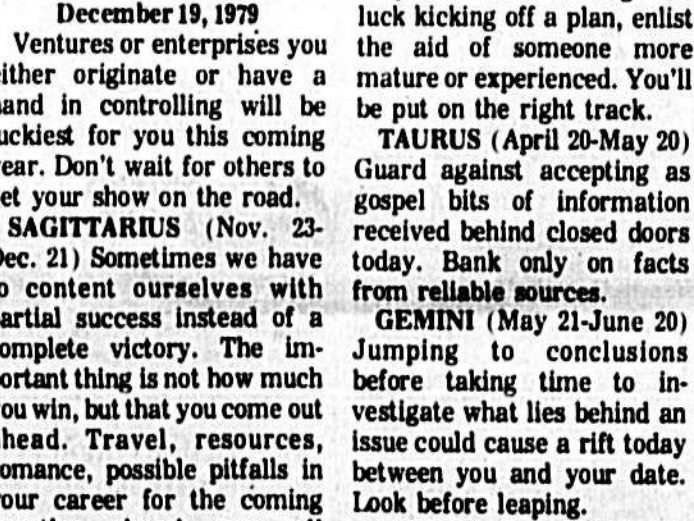
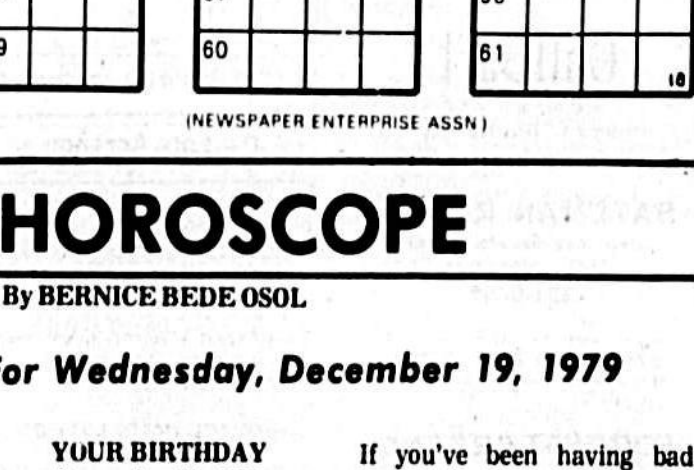
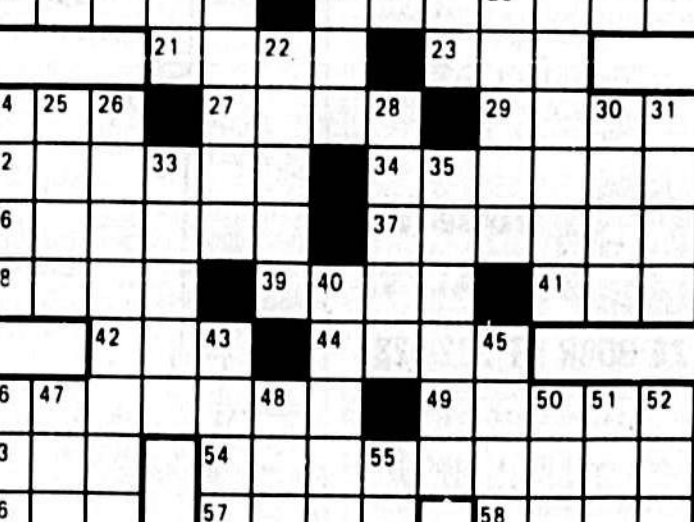
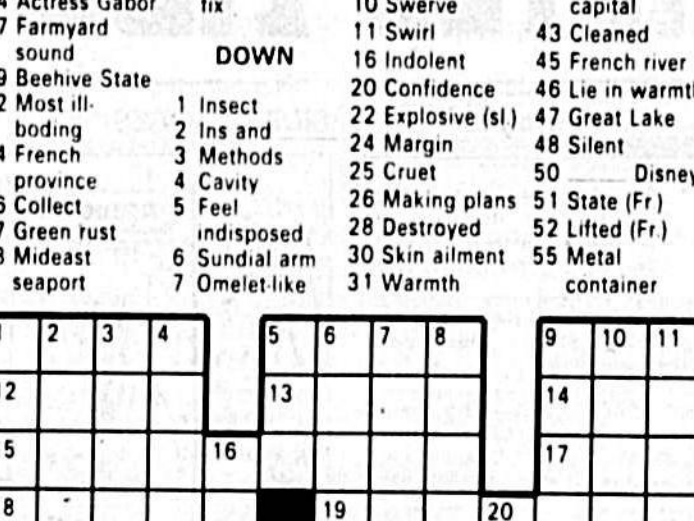


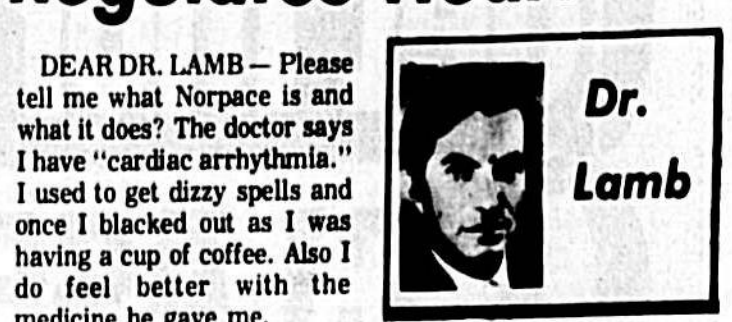
BLONDIE 48—Evening Herald, Sanford, FL. Tuesday, Dec. 18, 1979



ACROSS 39 Egg cell
41 Snare
42 Untired
43 Short article
44 Soil with dirt
45 Pill of a staircase
46 Actor Sparks
47 Put in periods
48 Study of word
49 Moral transgression
50 Volcano in Italy
51 Something unexplained
52 Suit container
53 Boy (Sp)
54 Glimmer
55 Diminutive suffix
56 Actress Gabor
57 Farmyard sound
58 Beehive State
59 Most ill
60 Binding
61 French province
62 Collect
63 Green rust
64 Midwest seaport
65 Omelette



Norpace: New Drug Regulates Heart



DEAR DR. LAMB—Please tell me what Norpace is and what it does. The doctor says I have "cardiac arrhythmia." I used to get dizzy spells and once I blacked out as I was having a cup of coffee. Also I do feel better with the medicine he gave me.

DEAR READER—Cardiac arrhythmia means some form of abnormal rhythm or beating of the heart. This can be simple sporadic extra beats or irregular beats that some people refer to as their "heart skipping a beat," or attacks of rapid heart action when the heart beats very fast. If it beats fast enough so it's not pump enough blood to the heart, some can cause faintness in some cases.

I am sending you The Health Letter number 612, Heart Irregularities, Skipped Beats, Tachycardia. It will give you more information on these common problems and some are unnoticed and some can be dangerous. It depends entirely on what causes them. Other readers who want this issue can send 75 cents with a long, stamped, self-addressed envelope for it. Send your request to me, in care of this newspaper, P.O. Box 1551, Radio City Station, New York, NY 10101.

Norpace is a relatively new medicine that's literally used to calm the excess electrical activity of the heart and helps to prevent irregular beats or cardiac arrhythmia. There are a number of other medicines that are used for this purpose.

DEAR DR. LAMB—Unfortunately, my 19-year-old granddaughter got involved with an illiterate, mentally slow sex maniac. They have been married for two years and have a beautiful, healthy, smart baby boy six months old. When my daughter urged me to take the pill, she said

she couldn't. The doctor in the hospital told her she couldn't because she has high blood pressure and sugar. We've been trying to get her to go to Planned Parenthood but she says it won't do any good. They are good Christian people and want to do the right thing but she's afraid to have more children by this man. He is impossible and wants sex every night and sometimes two or three afternoons a week. They are living with her parents who cannot afford to feed more. So would you tell us if she can take the pill safely?

DEAR READER—Some women do develop high blood pressure from birth control pills. These women should not use birth control pills under any circumstances. Of course, I cannot pass an opinion on status of your granddaughter's marriage or her husband but if there's any reason why the couple does not want or should not have additional children, then there are other forms of birth control. This includes tubal ligation for the woman and vasectomy for the man.

If neither one wishes to have surgery and would like a more temporary method, there's always the IUD which your granddaughter could wear. It doesn't have the same side effects as birth control pills at all and is reportedly just as effective, if not more so, in preventing slow sex maniac. Your granddaughter could seek help from Planned Parenthood, or she could ask her doctor who could also fit her with an IUD if she needs one.

Iran May Let Relatives Visit Hostages For Christmas

TEHRAN, Iran (UPI)—Tens of thousands of demonstrators mourning a slain religious leader today swarmed around the U.S. Embassy shouting anti-American slogans, but the government relented somewhat, saying relatives of 50 American hostages held inside may be allowed to visit them for Christmas.

Ayatollah Ruhollah Khomeini dismissed reports that Washington may begin a naval blockade of Iran as a maneuver by President Carter "acting like a frightened lion who roars and puffs up his mane."

Even as the funeral marchers shouted "Down with America!" Interior Minister Hashemi Rafsanjani said in a newspaper interview that "there is a possibility that the (hostages') families will be allowed to visit them for Christmas and we would like such a thing to happen."

The final word, however, belongs with the student captors holding the 50 hostages for the 46th day, he said.

A militant spokesman said, "No decision has been taken on that yet. So far we have agreed to allow them cards and gifts." The student captors said they would release the hostages if the U.S. Embassy in Tehran agreed to a new wave of anti-Americanism. Inside the embassy compound, militants said they will put the hostages on trial even if the United States imposes a naval blockade.

Carrying the bodies of religious leader Mohammed Mofatteh and two guards who were gunned down Tuesday, a huge crowd of mourners marched through Tehran and then congregated in front of the banner-draped American Embassy, chanting slogans and waving signs.

The crowds yelled in union "down with America" and "down with Carter," and other slogans such as "Khomeini is our greatest hero" and "this is not our last martyr."

Mofatteh, head of Iran's main Islamic religious school, will be buried later in the holy city of Qom.

Today's march was the largest anti-American demonstration for several weeks, triggered by accusations Tuesday by Ayatollah Ruhollah Khomeini, the ruling Islamic Revolutionary Council and the militants that the United States was to blame for Mofatteh's killing.

Flood Of Protesters Drown County Land-Use Restrictions

By DIANE PETRYK Herald Staff Writer

It was a near total victory for Mrs. Margaret Cammack and her Seminole County landowners group Tuesday night as the county commission voted to reject a much debated flood-prone area land-use restrictions and agreed to appoint a citizens study group to reassess the county's entire Comprehensive Plan.

Taking some of the steam out of the crowd that came to protest, Commissioner Bob Stumm made a motion a half hour into the meeting to deny approval of proposed Comprehensive Plan amendments that would have banned construction of residences and septic tanks in so-called flood-prone areas.

But this wasn't enough for Mrs. Cammack. Representing the Owners of Seminole County, a group she organized, Mrs. Cammack demanded the county reopen hearings on the entire Comprehensive Plan which she called "socialistic in concept."

The Comprehensive Plan, required by state law, was adopted in September, 1977.

"This plan is part of a scheme by Seminole County government to gain control and ownership of our land," Mrs. Cammack said.

"We landowners are being coerced to conform to the ideologies of the Seminole County Planning Department," she said. She accused the commission of trying to use its zoning power to devalue property so the county could obtain it later at lowered prices.

Planners pointed out that the Comprehensive Plan is overall philosophy and does not provide for specific zoning. Mrs. Cammack, a real estate agent, owns 370 acres on Lake Harney.

She said the Comprehensive Plan restricts the right of property owners to use and enjoy their land.

Her comments and demands of the board were greeted by prolonged applause and a standing ovation from the overflow crowd.

Low speakers were set up in a courtroom lobby so those who couldn't get in the 100-seat commission chamber could hear the proceedings.

A motion by Commissioner Sandra Glenn to deny all of the proposed amendments to the Comprehensive Plan, except those concerning aviation, ports, mass transit and electric utilities which were approved without protest in October, and to appoint a 15-member citizens study group to reassess the plan and proposed amendments, failed twice.

But as the commission painstakingly went through the 100 pages of proposed amendments item by item for the next three hours, Mrs. Cammack was frequently asked if her group had objections to individual sections being approved.

Mrs. Cammack and representatives of the Seminole County Board of Realtors agreed they had no objections to parts of the amendments concerning libraries, transportation and other issues not relating to land use.

These parts of the amendments were passed individually.

For the third time, Mrs. Glenn proposed a citizens' group study the

land. The motion passed 4 to 1 with Commissioner Dick Williams voting no. Williams said the plan went through a long process of hearings and that the public input desired had already been obtained.

The commission was considering the proposed amendments as part of a state-required review process of the Comprehensive Plan. The plan is mandated by the state.

Many homeowners agreed with the statement of one homeowner, who felt the plan infringes on his constitutional rights and is an effort "to reduce individuals to serfs on land that was once theirs."

"Whoever controls the land controls the people," another protester told the board. "We'll soon have the same rights the Russians have."

Jim Crowe, 213 Beaver Road, along with others present, vigorously attacked the county planning department.

"These planners have the insolence to tell us how we shall live," Crowe said. "The planner is a potential dictator

and leader on the road to a socialist, dictator-type state," he said.

Commissioner Bill Kirchhoff reminded Crowe that the last time he spoke before the board, county planners supported his position.

On Nov. 6 Crowe protested a rezoning effort by the Seminole Employment and Economic Development Corporation (SEEDCO) to facilitate installation of an industrial park near his home.

By their negative recommendation, county planners were instrumental in getting the proposed park defeated, as per the citizens' wishes, Kirchhoff said.

Kirchhoff defended county planners saying the idea for the amendments came from many sources, not just the planners.

County Planner Woody Price said he objected to the county residents' feeling that there exists an adversary relationship between the planning department and the citizens of the county.

"At least it isn't from our side," he said.

Chestnuts Roasting?



Fire Chief G. M. Harriett stands near the charred remains of the county courthouse Christmas tree.

Courthouse Suffers Holiday Tree Blaze

Nobody at the Seminole County Courthouse apparently paid too much attention to all the Christmas fire safety promotions going on.

When courthouse maintenance worker Steve Glone arrived for work today at 6:48 a.m., he found the courthouse's 15-foot Christmas tree burned almost completely.

The Sanford fire and police departments were quickly on the scene to investigate the already extinguished holiday blaze.

"They didn't get anybody's permission to put the tree up," commented a slightly miffed Sanford Fire Chief G.M. Harriett.

"Anything like this in a public building should be done by code. They improvised the lighting hookup on the tree and that's what caused the fire."

The 15-foot tree, donated each year by former Seminole County Commissioner Ed Yarbrough, was completely engulfed by flames and most of the tree's trimmings and lights were destroyed by the fire.

"I'd be willing to bring in another tree if they want one," said Yarbrough about the situation.

The fire broke out between 1 a.m. and 6:30 a.m. this morning according to Harriett.

"There's nothing much but some smoke damage and a big mess in the lobby," said Harriett, assessing the damage.

"The tree was put up three days ago by courthouse maintenance workers. The lights were still plugged in when I got here this morning," explained maintenance man Thern.

"Somebody apparently left the lights on all night and the wires shorted out," the chief added.

Although Yarbrough was willing this morning to bring a new tree to the courthouse for decoration, the burned one probably will not be replaced this year, said Don Wade, county commission office manager.

County commissioners, county employees and others had donated money over the years for the decorations and all will have to be replaced. Donations to add to and replace the decorations totaled \$43 this year.

The practice of having a real Christmas tree in the courthouse lobby began 30 years ago when William Kilham of Geneva, who had served on the county commission from 1837 to 1860 brought the first tree to the old courthouse.

Yarbrough, a county commissioner from 1864 to 1872 continued the tradition began by his uncle.

In 1973, county commissioners considered replacing the tree with an artificial one but county employees quickly voted the idea down.

The tree that burned during the night last night was delivered to the courthouse last Thursday. It was decorated Thursday and Friday and completed Monday.

"There is no money for decorations for a new tree," Mrs. Wade said. "It made me sick when I walked into the courthouse this morning and looked at the tree."

"It hasn't been standard practice to leave the tree's lights on overnight, but apparently they were left on last night. That appears to be what caused the fire," she said. — JOE DESANTIS

WIN AT BRIDGE

as a bridge player's Utopia and grand slams still aren't bid.

Today's hand was played in a fairly high-level team game. At table one the final contract was six spades. North and South were rather unhappy since seven spades is a least a pipe cinch, but the other North-South pair was even more unhappy. They bid just four.

We were asked to suggest a proper way to get to seven. While there are lots of ways to get there, we think the bid in the box is the most logical one.

North's two-heart call is a cue bid. South just bids two notrump. He intends to move into high gear later on, but wants more information from his partner.

North's four spades gives it, so now South can afford to bid five diamonds to show the ace. This gives North a chance to show that he has very good clubs, whereas South, who has that very good spade suit, can well afford to go to seven.

(Do you have a question for the experts? Write "Ask the Experts," care of this newspaper. Individual questions will be answered if accompanied by stamped, self-addressed envelopes. The most interesting questions will be used in the column and will receive copies of JACOBY MODERN.)

HOROSCOPE

By BERNICE BEDE OSOL

For Wednesday, December 19, 1979

YOUR BIRTHDAY December 19, 1979 Ventures or enterprises you either originate or have a hand in controlling will be luckier for you this coming year. Don't wait for others to get your show on the road.

SAGITTARIUS (Nov. 22-Dec. 21) Sometimes we have content ourselves with partial success instead of a complete victory. The important thing is not how much you win, but that you come out ahead. Travel, resources, romance, possible pitfalls in your career for the coming months ahead are all

Arbitrate any discord that might arise today between you and a co-worker, rather than leaving things unsettled. Give-and-take is required.

LEO (July 23-Aug. 22) This could be a profitable day for you, provided you are practical in business and financial matters. Things left to chance may not work out for you. (Aug. 23-Sept. 22) Always doing the same things with the same people can get you in a rut. It's time to spread your wings a bit. Seek fresh faces and new interests.

LIBRA (Sept. 23-Oct. 22) Be positive and optimistic, but you can do for them. This attitude will gain what you hope for.

SCORPIO (Oct. 24-Nov. 22) If you do something for a friend today, hoping to get something better in return, you're being too optimistic and persistent. Make a strong second or even third effort.

ARIES (March 21-April 19) If you've been having bad luck kicking off a plan, enlist the aid of someone more mature or experienced. You'll be put on the right track.

TAURUS (April 20-May 20) Guard against accepting as gospel bits of information received behind closed doors today. Bank only on facts and content ourselves with partial success instead of a complete victory.

GEMINI (May 21-June 20) Jumping to conclusions before taking time to investigate what lies behind an issue could cause a rift today. Look before leaping.

CANCER (June 21-July 22) Arbitrate any discord that might arise today between you and a co-worker, rather than leaving things unsettled. Give-and-take is required.

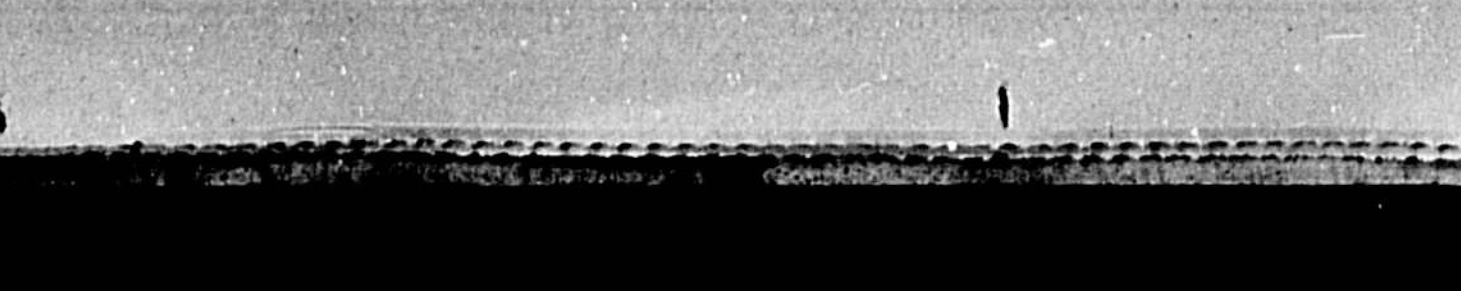
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EEK & MEEK



WORLD IN BRIEF

OPEC Ministers Nearing New Price Hike Agreement

CARACAS, Venezuela (UPI) — OPEC ministers, meeting for an extra day, hoped to resolve their differences today over surcharges for high-grade oil and reach agreement on world petroleum prices for the new year.

Trudeau Back To Lead Party

OTTAWA (UPI) — Former Prime Minister Pierre Trudeau has agreed to put off his retirement so he can lead the Liberal Party in Canada's surprise winter election, calling it his "single most difficult decision," but pledging it will be his last campaign.

Sanford Nativity

No one seems to know exactly when a nativity scene was first displayed at Sanford city hall. But Charlotte Smith, who went to work for Sanford in 1928, 51 years ago, remembers it was displayed at city hall annually then.

Commission OKs Sylvan Park

Voting at 12:30 a.m. Wednesday, the Seminole County commission approved the master plan for a public park on Sylvan Lake. Nine damaged Sylvan Lake property owners were in the hearing room at the time of the decision, which came after a marathon public hearing on land use which began at 7 p.m. Tuesday.



MANGLED REMAINS

A Sanford man was still in surgery this morning at Orange Medical Center following a midnight accident. Curtis A. Miller, 18, of 122 Hays Dr., was alone in his car when it went off the road, hitting a tree on Country Club Road near Linda Lane in Lake Mary, say police.

Youth's Honesty With Deputies Pays

A Longwood youth will have some extra money to spend this holiday season, thanks to his honesty six months ago. Jim Thomas, 15, of 407 Fox Valley Dr., received \$30 from sheriff's deputies this morning, six months after he found the cash in the middle of the street and turned it in.

Action Reports

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Longwood Delays Naming Attorney

Longwood's City Commission has set Feb. 11 as the new deadline for the naming of a new city attorney to permit two newly elected commissioners to be in on the selection process.

Longwood Commission OKs Construction Bid

At the request of the developer the commission agreed to allow the relocation of entrance to Woodgate subdivision to save taking out several trees some estimated to be 150 years old.

WEATHER

Readings at 9 a.m.: temperature, 55; overnight low, 48; yesterday's high, 67; barometric pressure, 30.27; relative humidity, 65 percent; wind, North at 7 mph.

HOSPITAL NOTES

SEMINOLE MEMORIAL HOSPITAL, DECEMBER 18 ADMISSIONS

Evening Herald

Wednesday, December 19, 1979—Vol. 72, No. 180

NATION IN BRIEF

U.S. Seeks Overhaul In Way Foods Labeled

WASHINGTON (UPI) — The government today proposed a major overhaul of the way processed foods are labeled, to require every ingredient be listed, in many cases by quantity, with special attention to sugar, fat and salt.

Windfall Bill A Ways Off

WASHINGTON (UPI) — The House and Senate are seeking a compromise windfall oil profits tax, but are unlikely to present it to President Carter in time for Christmas.

House OKs Chrysler Bailout

WASHINGTON (UPI) — With the ease of power steering, a strong corporate-labor-administration lobby moved a \$1.5 billion federal loan guarantee for the failing Chrysler Corp. through the House.

Student Drinker Loses

PHILADELPHIA (UPI) — Colleges are not responsible for students' beer-drinking at off-campus parties, the U.S. Third Circuit Court of Appeals has ruled in reversing a \$1.1 million judgment against a suburban Philadelphia school.

Republic To Check DC-9s

MEMPHIS, Tenn. (UPI) — Republic Airlines announced Tuesday it will voluntarily inspect its fleet of DC-9 jetliners to correct problems which caused a tail cone to fall off the same plane twice in eight days at Memphis International Airport.

Ex-POW Points To Garwood As Traitor

CAMP LEJEUNE, N.C. (UPI) — A former POW leaned forward in the witness stand Tuesday, pointing to Marine Pfc. Robert R. Garwood, and named him as the man who lived as a comrade among his fellow Americans captors while some of his fellow Americans starved to death in a Vietnamese POW camp.

Unity

Millions Fly The Flag, Pray, Sing For Hostages

United Press International Americans responded to President Carter's call for a national day of unity in the Iranian crisis by flying the Stars and Stripes from millions of homes across the country.

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By United Press International Sen. Edward Kennedy won the endorsement of Rep. Morris Udall, D-Ariz., a contender in the 1976 presidential race, but he also lost support in a poll that shows President Carter has pulled even with him in Iowa.

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Save on training & tennis shoes. Sale 17.99. Reg. 21.99. Nike® Monterey men's training shoe in nylon with suede trim.

20% off our entire line of Darts & Dartboards.

Choose from our entire line of darts and dart boards. The greatest Christmas 'I love you' is said without words.

JCPenney The Christmas Place. Sanford Plaza Hwy. 17-75 and State Street. Open 9:30 a.m. to 9:30 p.m. Mon.-Sat. 10 to 6 Sunday.

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Sanford Funeral Home Accused Of Ash Mix-up

A Sanford funeral home gave out two urns of ashes, claiming both contained the remains of an elderly woman's husband, charged a suit filed Tuesday in Circuit Court in Sanford.

Mangled Remains

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ZALES THE DIAMOND STORE. The greatest Christmas 'I love you' is said without words. Zales diamond wedding rings speak your love more clearly than words. Imagine what this 14 karat sol set will say to her! Let us giftwrap it free of charge. \$650. ENJOY IT NOW WITH ZALES CREDIT. Master Charge, VISA, American Express, Carte Blanche, Discover, Club Layaway.

JCPenney The Christmas Place. Save on training & tennis shoes. Sale 17.99. Reg. 21.99. Nike® Monterey men's training shoe in nylon with suede trim. Sale! Tony Trabert or Ojss®. Orig. 14.99 to 18.99. Now 9.99. Sale 13.99. The JCPenney sweater. Reg. \$19. The JCPenney Sweater is link-stitch Orlon® acrylic knit with full gull cut, and bell sleeves. Choose from dozens of lights, darks, heathers. Sizes S-M-L-XL.

Shop Orlando and Sanford
daily 9:30-9:30 Sun. 10-7.



THE SAVING PLACE

Shop Leesburg, Deland,
Mt. Dora & Kissimmee, 9-9, Sun. 10-7.

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To
14²²**

Our Reg. 14.96-17.96

Junior and Misses' Holiday Dresses

Dress up as the holiday spirit fills the air! Wander among our winter wonderland of fashionable polyester dresses and go home with a sleigh full of your favorite styles. Slip into dresses of flowing polyester, terry, suede or chenille featuring mandarin collar or bow-tie neck, elastic waist, side slit skirts, button-and-tab elbow sleeves and many other styles. Season's shades in jr. and misses' sizes.

6.66

4 Days!
Our Reg. 7.96

Fashion Dress Shirts For Men
Solid color Challenger® shirts in white and pastels. Custom-tailored look in no-iron polyester/cotton. Save.

7.77

4 Day Sale!
Our Reg. 8.96

Challenger™ Dress Shirts
Dare to challenge our custom-tailored quality polyester/cotton shirts in tone-on-tone. A winning price! Save now.

Quality Ties, Reg. 5.96 \$4

Reddie Ties, Reg. 3.96 \$3

Natural Colors



14.88

Our Reg. 18.88

Flattering "Lady" Wig
Pre-styled, in versatile soft cut. Kanekalon®/Ekra. modacrylic.



4.97

Our Reg. 6.97

Women's Folding Umbrella
Automatic - open, waterproof Nylon, colors.



6.50

Your Choice
Our Reg. 7.97

Assorted Gift Handbags
Fashion bags in fabric or vinyl.



\$7

Pair - 4 Days
Our Reg. 8.97

Men's White Slip-ons
Easy on the eyes, easy on the feet! You just slip into comfort in these white vinyl slip-ons with their extra-easy hidden gores. Black cushioned crepe soles add to their ease. Note the low price! Men's sizes.



6.50

Pair
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Burt Remains Theater King

By VERNON SCOTT
 HOLLYWOOD (UPI) — For the second straight year Burt Reynolds is king of the box office, an honor bestowed by the only people who really count — the men and women who own theaters.

Reynolds' arched eyebrow charm, wicked laugh and handsome kisser captivate women. Men are able to identify with his laid back, good old boy image, not to mention his sexual success with his leading ladies.

The poll of U.S. exhibitors, representing every part of the country, voted Reynolds the biggest marquee draw in the country.

Reynolds' popularity in 1979 can be traced to the reception of "Starting Over" with Jill Clayburgh and residual receipts of "Smoky and the Bandit," the third most popular boxoffice film of all time behind "Star Wars" and "Jaws."

Actor Reynolds' private life — a swinging bachelor who dates actress Sally Field — apparently attracts as much attention as his antics on screen.

It was Reynolds' seventh appearance in the poll, going back to 1973 when he was voted No. 6.

This year Reynolds narrowly beat out Clint Eastwood for the No. 1 spot.

Eastwood has been a regular in the *Quigley* poll for the past 11 consecutive years, including first place in 1972 and 1973. He scored mightily at the box office this year with "Every Which Way But Loose" and "Escape From Alcatraz."

Curiously, "Every Which Way But Loose," a comedy in which Eastwood costarred with an arrant, earned more money than all of the actor's "Dirty Harry" pictures combined.

The balance of the top 10 in the exhibitor poll: Jane Fonda (3), Woody Allen (4), Barbra Streisand (5), Sylvester Stallone (6), John Travolta (7), Jill Clayburgh (8), Roger Moore (9), Mel Brooks (10).

Fonda and Allen enjoyed big hits this year — Fonda in "The China Syndrome" and Allen in "Manhattan."

Stallone, who was No. 1 in 1977 thanks to "Rocky," placed sixth this year because of the overwhelming popularity of "Rocky II." Clayburgh's appearance with Reynolds in "Starting Over" accounts for her No. 8 spot.

Roger Moore made the list on the strength of "Moonraker," his most recent appearance as a superhero James Bond.

But the inclusion of Streisand, Travolta and Brooks is incomprehensible unless their old pictures are being rerun in theaters. Streisand and Brooks did not appear in new movies during 1979.

Travolta, who may or may not be a flash-in-the-pan, was second in the poll last year because of the success of "Grease" on the heels of "Saturday Night Fever." His most recent film,

Theater Owners' Top 10 Movie Stars

1. Burt Reynolds
2. Clint Eastwood
3. Jane Fonda
4. Woody Allen
5. Barbra Streisand
6. Sylvester Stallone
7. John Travolta
8. Jill Clayburgh
9. Roger Moore
10. Mel Brooks

"Moment By Moment" with Lily Tomlin, was an unqualified box-office disaster.

It's possible theater owners rate box-office power by past performances which would account for the presence of Streisand (A Star is Born) and Brooks (Silent Movie). Perhaps it's a projection of their future potential.

This theory is apparently borne out by the 15 stars who comprised the top 25 in the annual poll of theater owners.

Robert Redford, winner in 1976 for the box-office success of "All the President's Men," was No. 11 this time around although he hasn't started in a film for three years.

Following Redford in the top 25 were Diane Keaton (12), Sally Field (13), Warren Beatty (14), Robert De Niro (15), Jon Voight (16), Al Pacino (17), Richard Dreyfus (18), Peter Sellers (19), Dustin Hoffman (20), Jack Nicholson (21), George Hamilton (22), Nick Nolte (23), Paul Newman (24), Peter Falk (25).

Theater owners obviously are unimpressed by Academy Award winners.

Not a single Oscar winner among actors made the top 10.

However, Fonda and Streisand are Academy Award holders. Fonda, in fact, won the Oscar last year for "Coming Home."

De Niro, who won best actor Oscar for "The Deer Hunter" last year, didn't rate above 15th place in popularity with the theater owners.

While Reynolds and Eastwood would appear likely to remain high in the poll for several years to come, both have a long way to go to match John Wayne and Gary Cooper.

Wayne was in the top 10 for 25 years and rated No. 1 at the box office four times. Cooper made the list for 18 years. Bob Hope, Bing Crosby and Cary Grant each compiled 11 years in the top 10 in the poll.

Perhaps most interesting of all is the results of the original poll in 1952 when Marie Dressler was No. 1. The character actress topped the poll the following year, too.

The other nine stars in that first poll were Janet Gaynor (2), Joan Crawford (3), Charles Farrell (4), Greta Garbo (5), Norma Shearer (6), Wallace Beery (7), Clark Gable (8), Will Rogers (9) and Joe E. Brown (10).

Religious Figures Ordered To Leave

DENVER (UPI) — A federal judge ordered the mayor to get the manger, Mary, Joseph and Jesus out of City Hall. The mayor said he'd appeal. Clergymen said they were appalled.

U.S. District Judge Richard P. Matsch made his ruling recently in a suit filed by the ACLU of Colorado on behalf of Citizens Concerned for Separation of Church and State. The suit said the use of taxpayer dollars for the religious display violated the Constitution.

Matsch agreed and gave the city 48 hours to remove the Nativity scene, which made the Rev. Charles B. Woodrich wonder how many Christmas cards the American Civil Liberties Union gets.

"Christ may have lost in the courtroom, but he hasn't lost in the hearts of men and women," said Woodrich, pastor of the Holy Ghost Church and editor of the Denver Catholic Register.

Woodrich, whose downtown church is a few blocks from the elaborate decorations at the City and County Building, said he was sad about the suit, but was optimistic people would retain Christ in their hearts.

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'Maverick' Is A Family Affair

HOLLYWOOD (UPI) — Sometimes television's right hand has no idea what its left hand is doing as demonstrated in the new "Young Maverick" series. Warner Bros., which produced the original "Maverick" in the 1950s starring James Garner, owned rights to the show and was dickering with ABC to get the sequel on the air.

The studio had a handsome young actor named Charles Frank under contract and thought he would be perfect for the role of Ben Maverick, a charming card sharp in the old west.

When Warner's offered the part to Charlie he turned it down. "It had been done before and done beautifully by James Garner," said Frank. "I thought it wouldn't be a good idea to try to copy it."

The studio looked elsewhere for a leading man. Charlie, meanwhile, went off to Arizona to star in another western series pilot accompanied by his pretty, bright-eyed wife, actress Susan Blanchard.

"While we were on that location, Warner sent Charlie a 'Maverick' script," Susan recalled. "I liked it very much and told him he should do it. Also, the part of Maverick's girl friend, Nell, really appealed to me."

"Charlie said he might consider doing the part after all if I would do Nell. But I asked him not to suggest it under those conditions."

Susan returned to Hollywood while her husband finished up the western. Her agent sent Susan to read for the part of Nell in "Young Maverick" which had, somewhere along the line, switched from ABC to CBS.

"The next day my agent told me the part was mine," Susan said. "But I told him I wouldn't accept it unless Charlie played the title role. I just had

it set in my heart to be that way."

When Charlie heard Susan's good news, he told Warner Bros. he had changed his mind and would be happy to play Ben Maverick.

"By this time the studio was reading other actors for the role and they asked me to read for it, too," Charlie said. "Warner finally gave me the part with CBS approval."

All the contracts were signed, the pilot film ready to roll when down came the words: "Hold it!" Both Warner Bros. and CBS discovered that their stars, Charles Frank and Susan Blanchard were man and wife. Panic time. Incredibly, neither the studio nor the network had been aware of the fact their new costars were married.

"Certain people at Warner and CBS were scared that a married couple as a starring team might be disruptive," Charlie said. "They thought that off-screen temperament might flare up during working hours."

"I told them both we'd been acting for 15 years and that we were professional enough not to bring our personal troubles to the set."

Charlie could have added that they costarred for four years in the New York soap opera "All My Children" where their private lives loosely paralleled their romance in the show.

Charlie and Susan were hired for the soap on the same day. Susan gleefully admits she fell in love when she was introduced to Charlie. Her husband happily confesses he thought she was a bit of a dingaling.

"We worked together for a year and a half before we even went to lunch together," Susan recalled, smiling.

"We were just friends, I thought," Charlie said. "Our characters in 'All My Children' were having a hot and heavy romance but not us."

"Then one day the script called for Charlie's character to kiss my character," Susan said. "After the director called 'cut' we just kept kissing. And that's how Charlie got the message."

Although their characters were married in the soap opera, Charlie and Susan decided they'd be happier just living together. They moved to Hollywood three years ago and were married in June 1977.

The young couple did commercials — two of them together — and found plenty of work in episodic television.

"We really enjoy working together," Charlie said. "This show is especially right for us because we've both ridden horses most of our lives. I was raised with horses in the state of Washington and Susan rode in Connecticut."

"Acting together is a joy. We know each other's timing. The give and take is easy and natural. There's no waiting for cues or hesitancy. A lot of the shots are done in one take. That's why our first eight shows have come in from \$15,000 to \$18,000 under budget."

"We run lines together at home and on the drive to work in the mornings," Susan added. "It's fun. Some people might think spending 24 hours a day together would put a strain on our relationship. It's no problem at all."

"In addition to being husband and wife and costars, Susan and I like each other as people," Charlie said.

"That's the secret," Susan concluded. "We're best friends."



Area Children Keep Santa's Mailbox Full

Dear Santa, I want some makeup, real make up. And a real neat bathing suit. And a play kitchen. And real neat Disco shirts and pants. And I want a neat pair of wooten high heels size one. And some bracelets, neckties, and rings. Love, Angela Beard Casselberry

Dear Santa, I love you. I want a baby doll and a bike and big wheel and when its time for you to come to my house. I want a cookie for you. Have a Merry Christmas! Santa Claus. Erika Costello Sanford

Dear Santa Claus Please bring me a Charlie Brown bag, organ, Sougates Doll, a Barbie pool, doll case, Numbers 10, books, Life Bright and clothes. Thank you, Santa. I love you, will get some milk and cake. Love, Rebecca Bolton

Dear Santa Claus, I would like these things for Christmas: Puppy Math Learning Calculator, Digital Derby, Othello, Mickey Mouse Paint Set, Wilson "Ricky Zisk" glove, Betty Crocker

Dear Santa, My name is Cheryl. I am 13 years old. For Christmas I want a bike, new stereo, some clothes, TV, new bed, new desk and anything else you have to offer. Love, Cheryl

Auto-Train Seeks Increase In Fares

Auto-Train Corporation has applied to the Interstate Commerce Commission for a fare increase on its service between Lorton, Va. and Sanford effective Jan. 15.

Auto-Train Corporation President Eugene Kerik Garfield said, "The fare increase is necessitated by higher fuel and operating costs the company has incurred during the past year."

The proposed tariff change would increase the base one-way rate for transportation of an automobile from \$119 to \$129. The base one-way fare for an adult passenger would go from \$70 to \$75 and for a child between the ages of 2 and 18, from \$35 to \$38. Infants under 2 are free. Round-trip rates and fares are twice the base rate.

Charges for special accommodations and the availability of discounts for group, and round-trip seasonal transportation would remain unchanged with one exception. The 20 percent savings discount on the return portion of a simultaneously booked round-trip would be increased to 25 percent.

Under the law, anyone may protest to the commission, seeking to stop the increase. The commission's rules require that one copy of the protest be filed at its Washington, D.C., office at least 12 days prior to the scheduled date of increase, and should include reasons for the objection.

The commission also requires a copy be sent to Auto-Train Corporation, 1801 K St., N.W., Washington, D.C. 20006.

Best Friends Live Far Away, Study Finds

NORTHFIELD, Minn. (UPI) — Most "best friends" are of the same sex and live more than a day's drive apart, a study suggests.

"Talker" friends stay friends longer than the "doer" friends who play tennis or poker together, the research indicates.

And women have better luck than men in keeping up long-distance friendships — for one thing because women talk more, the researchers concluded.

Three students made a study of "non-romantic friendships" — undertaken by the Psychology Department at Carleton College and supervised by an assistant psychology professor, Myra Casper.

Students David Shane of Malibu, Calif.; Susannah Feder of Beloit, Wis., and Michael Johnson of Los Angeles interviewed 42 people — 28 women and 18 men — from age 20 to 84 — in Northfield. They asked them to list their first, second and third best friends.

Then the students sent questionnaires to the best

friends, who lived as far away as Japan and as close as next door.

Here are some of the findings:

— First best friends usually live farther away from each other and have longer lasting friendships than third best friends. They are almost always of the same sex.

— There are two kinds of friends — talkers (interpersonal) and doers (instrumental) — the kind who work together or play together. Talkers tend to stay friends longer than doers.

— Over one-half of the first best friends live over a day's drive away, while three-fourths of the people's third best friends lived within walking distance.

— First best friendships last longer, indicating the better the friendships the more effort people put into maintaining it over long distance.

Shane said the study indicates most friendships are rooted in childhood, college or first job, and

talker friendships last a "mean duration" of 23.3 years while doer friendships have averaged 14.3 years.

Shane said that the friends, who talk about themselves, their philosophies, emotions, worries and hopes over coffee, beer or dinner, tend to have similar values and they can keep up their friendships when they're separated — by mail and the telephone.

Shane said friends who swap ideas also are harder to replace than "doer" friends.

"One can find tennis players or poker buddies almost anywhere," he said.

If Shane's findings are right, "women fare better than men in maintaining friendships over distance because female friends talk to each other more (and have more similar values) than male friends."

But if you're a man and your best friend tends to partner moves out of town, don't give up, he said. There's a 5 percent chance your friendship will last long distance.

Universities Want 4-Day Week

TALLAHASSEE, Fla. (UPI) — University presidents are calling for four-day work weeks, shorter lunch hours and other measures to cut education-oriented energy use by 15 percent at Florida's nine state campuses.

The decision, prompted by Chancellor E.T. York's push to make universities a model for the rest of the state, came Tuesday at the monthly gathering of the chief executives of the nine state schools.

The presidents also recommended adoption of the modified semester calendar to replace the quarter system now in effect and bring the universities in line with the schedule of 28 community colleges.

The matter will be considered at the Jan. 4 Board of Regents meeting in Tallahassee. The new calendar would take effect in Sept. 1981.

Since 1973 the universities have slashed energy consumption by 18 percent, but York said further cuts are necessary to make sure money is targeted for educational programs isn't endangered by soaring energy bills.

To stimulate conservation, the universities are suggesting broad alternatives, such as the four-day work week, because physical plants are being operated as efficiently as possible, said University of North Florida President Tom Carpenter.

Trevor Colburn, president of the University of Central

GIFT IDEAS FOR YOU

Take advantage of these gift ideas to finish your Christmas shopping early. Use Visa or MasterCard at participating True Value Hardware Stores.

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OURSELVES

Cook Of The Week

Give A Florida Cookbook To Help Cancer Society

By TOM NETSEL
Herald Staff Writer

Carol Kirchoff has been in Sanford since 1967 and believes in getting involved with community affairs.

Working as a senior land appraiser for the county, the wife of county commissioner Bill Kirchoff is also a board member of the Seminole County Library and the American Cancer Society of Seminole County.

In her work with the cancer society, Mrs. Kirchoff came across a cookbook that is fast becoming a well-thumbed and dog-eared addition to the Kirchoff kitchen at 2044 Hibiscus Court in Sanford.

It is called "1000 + Recipes" and was compiled by Irma Madison and Anne Truscello for the Florida Division of the American Cancer Society.

"It's a collection of recipes from all over Florida plus some from a few famous people sprinkled in," explained Mrs. Kirchoff.

The book has over 500 pages and, as the title says, over 1000 recipes ranging from the simple to the elaborate.

A recipe for Chocolate Biscuits supplied by a Winter Park cook is for 75 people and starts by asking for 60 egg yolks, but the majority of the recipes are from Florida homes that are proven favorites.

The book sells for \$10 and is available at the Cancer Society office in the Sunland Corporation building (formerly Chase and Co.) at Oak and Second Streets. It can also be found at Gifts by Nita on First Street.

Mrs. Kirchoff explained that except for \$2.40, the money raised from the sale of each book will stay with the local unit. "It's well worth it and you're giving to a worthy cause," she said.

"Many cookbooks prepared for fundraising causes are often short on useful information for the price asked," Mrs. Kirchoff said. "The '1000 + Recipes' has a great number of delicious recipes for only a penny each. 'Sometimes you find a cookbook with a few good recipes,'" said Mrs. Kirchoff, "but this one has so many it will be a treasure to own one."

AVOCADO MOLD

1 pt. lime gelatine
1 cup mayonnaise
1 cup sour cream
1 cup (heaping) mashed avocado
Dissolve gelatine in 1/4 cup boiling water. Add 1/4 cup cold water. Chill mixture. When it begins to set, whip in mayonnaise. Add other ingredients in order listed. Beat until it looks like whipped cream. The longer you beat it the better. Pour in mold, set. Serve with French dressing. (Serves 8-10)—Mrs. James de Gaudenzi, Naples.

SHRIMP QUICHE

1 1/2 cups grated Swiss cheese
1 1/2 cups small cooked shrimp, peeled
2 cups cream
3 green onions, chopped
4 eggs
Pinch of Lawry's seasoned salt
Pinch cayenne
Pinch sugar
10-inch pie crust

Prick pie crust with fork. Place shrimp in bottom of unbaked pie crust. Sprinkle Swiss cheese and onions over shrimp. Put salt, cayenne, sugar in blender with

at 350 degrees for 30 minutes. —Mary Beth Price, Okeechobee. She supplied the recipe, but Mrs. Kirchoff said Mrs. Price got it from their mutual good friend Laurie Wontenay in Sanford.

CHICKEN KIEV

12 chicken breasts, boned
butter
chopped chives
chopped tarragon (fresh, if possible)
salt and pepper
flour
beaten egg
bread crumbs, fine oil

Have butcher bone chicken breasts, leaving wing bone in. Pound the breasts between sheet of waxed paper, being careful not to split the flesh. The pieces should be somewhat fan shaped. Salt and pepper.

Make small tapered "fingers" of butter, one for each breast. Roll these in chives and tarragon and chill in freezer for 1/2 hour. Wrap breasts around butter tucking in ends of meat. May be secured with toothpicks, if necessary.

Roll in flour, dip in beaten egg, and then roll in bread crumbs. Cook in 360 degree oil deep enough to cover breasts until golden brown. Add salt and pepper again if desired. Drain on paper towels. Variation: Spread breasts with Foie Gras before wrapping butter. —Charles W. Adair Jr., Stuart, former Ambassador to Panama.

MISSISSIPPI MUD PIE

2 sticks margarine
2 cups sugar
1/4 cup cocoa
4 eggs
1 1/2 cups flour
1 cup chopped nuts
1 jar shredded coconut
1 jar marshmallow creme
Cream margarine, sugar and cocoa thoroughly. Add eggs one at a time, beating after each. Mix dry ingredients and add to mixture. Mix well. Add nuts and cocoa. Press into greased 13-inch about cake pan. Bake at 350 degrees for 40 minutes. Remove and pour jar of marshmallow creme over hot cake. Leave in pan to cool about 2 hours, then frost.

FROSTING

Mix together 1 stick margarine, 1-3rd cup cocoa, 4 tablespoons evaporated milk, 1/2 box powdered sugar, 1 tsp. vanilla flavoring. Cream thoroughly and spread over cake. — Diane Plyter, Miami.



"1000 + Recipes" has Cookbook Chairman Carol Kirchoff in the mood to test her culinary expertise. Among the area women whose favorite recipes are featured in the book are Mary Jo Cochran, Shirley Pereira, Emma Holden, Evelyn Anderson and Pat Lacy. Recipes are also featured from Malson Et Jardin, Villa Nova, Lillian Carter and Lawrence Welk.

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Who's Cooking?

The Herald welcomes suggestions for Cook Of The Week. Do you know someone you would like to see featured in this spot? There is something for everyone in the line of cooking.

Novice cooks, as well as master chefs, add a different dimension to dining. Please contact OUR-SELVES Editor Doris Dieblich about your news and views on cooking.

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Evelyn Jones, from left, Lula Mae Jones, MAM Julia Davis, Yvonne Brooks, and Henrietta Williams.

Court 22 Engages In 'Year Of The Child'

The Heroines of Jericho Deborah Court 22 have as their theme this year "The Year of the Child" and are engaging in a project to help the children at Florida United Methodist Children's Home at Enterprise.

"Although the home gets some funding from Florida United Methodist Churches, it is not enough to do all the things that need to be done, this is why we are giving gifts and therapy dolls to help the children have a happier Christmas and a better new year," said Julia Davis, Most Ancient Matron of the group.

"We are also involved in a program to give the children outside experience on a one-to-one basis. A person can take a child of camp at least once a month or more," she explained. "If you decide you would like to take a child on a permanent basis you can get the help you need with adoption arrangements. Sex, race or marital status is not important. Time and love are."

For information on the program, call Mrs. Davis at 322-4899.

George Duncan is Most Worthy Joshua with the fraternal organization.



UNCOMPROMISING QUALITY, UNCOMMON BEAUTY: TIME BY ROLEX.

Rolex is your commitment to timekeeping beauty and integrity. From left: the unusual Rolex Thunderbird Datejust, a self-winding chronometer in stainless steel and 14kt. yellow gold revolving elapsed time bezel, and matching Jubilee bracelet (1625/313); the haute couture round case model in 14kt. yellow gold with open link bracelet (3570); and the Oyster Perpetual Datejust, a classic Rolex self-winding chronometer in stainless steel with matching Jubilee bracelet and, like the Thunderbird, pressure-proof down to 165 feet (1603/218).

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UDC Reviews Confederate Flag History

The Norman de Vere Howard Chapter of the United Daughters of the Confederacy (UDC) met at the home of Mrs. H.B. McCall, Mrs. E.W. Martin and daughter, Julie of Longwood, were co-hosts.

The speaker was Mrs. E.A. Sewell a member, who spoke on "The Confederate Flag". She displayed the four Confederate flags and gave the background of each.

Mrs. Sewell explained that before any of the designs were adopted, some Southerners frequently flew local banners with a single star on blue background, called the "Bonnie Blue Flag."

In establishing a new southern government in Montgomery, Ala., designs for a flag were sent in from all parts of the South.

The first confederate official standard was a flag of three horizontal bars of white and red and a canton of blue bearing a white star for each state. It bore 13 stars and was known as the "Stars and Bars."

The second flag never did become an official one, yet it has always been the most popular of the Rebel colors. This was the "Battle Flag," of a square design, Mrs. Sewell said.

The third flag adopted in 1863 was ungainly looking, according to the speaker. It had a white field with the Battle Flag as a canton. It was called by several names including "Jackson's Flag" because it covered the coffin of General Stonewall Jackson soon after its adoption.

The objections to this flag were that it was easily soiled and had the appearance of a flag of truce when it hung limp.

It was therefore decided to add a broad transverse stripe of red to the end of the flag. It was adopted in February 1865. However, it was short-lived as the Confederacy died in Appomattox a little more than a month later—and with it, its flags also died.

Presiding at the business session was Mrs. L.D. Hastings, president.

Reports were heard from four delegates who attended the General Convention in Daytona Beach. They were Mrs. M.R. Strickland, Mrs. Donald Durr Sr., Mrs. Burch Cornelius and Mrs. Vernon Blackstone.

The hostesses served refreshments to 14 members attending.

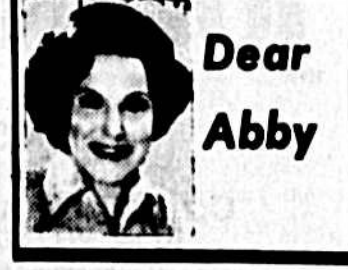
Practically all the delegates who attended the General Convention in Daytona Beach. They were Mrs. M.R. Strickland, Mrs. Donald Durr Sr., Mrs. Burch Cornelius and Mrs. Vernon Blackstone.

The hostesses served refreshments to 14 members attending.

'Grounding' Is Bad Punishment Choice

DEAR ABBY: Last summer my sister and her two sons (9 and 11) visited me. The boys found a closet full of clothes which I had stored away, so they put on a "fashion show" for their mother and me. It was cleverly done and both boys made beautiful models.

I was recently informed by my sister that her 11-year-old had taken home one of the



Dear Abby

in his garter case. This same boy used to wear his mother's clothes when he was 4 and 5, but she thought he'd outgrown it. My sister is a strict disciplinarian. "Grounding" is her choice of punishment. What would be your recommendation for correcting such tendencies?

DEAR AUNT: Your sister should be consulted by someone who is familiar with frivillians (cross dressing), and learn more about it. She also should keep the channels of communication open with her son so that he will feel free and unashamed to share his feelings and tendencies with her. Grounding him for something which he may be compulsive is exactly what he SHOULDNT do. The boy needs understanding, not punishment.

DEAR ABBY: A reader recently asked if it was considered proper etiquette to turn his wine glass upside down at a dinner party, and you said it wasn't.

Abby, as a non-wine drinker, I have always turned my wine glass upside down to let the waiter know that I do not wish wine. Observe he is apt to come along and fill my glass while I'm not looking, which is a foolish waste of wine.

It's just a matter of common sense. You disappointed me. NO WINE IN CEDAR RAPIDS.

DEAR NO WINE: I said it isn't considered proper etiquette—because it isn't. But I've often stated that common sense extrudes etiquette in my book, and if one must make a choice, go the common sense route—and a pin on etiquette!

Getting married? Whether you want a formal church wedding or a simple do-you-own-thing ceremony, get Abby's new booklet, "How to Have a Lovely Wedding." Send \$1 and a long stamped (28 cent) self-addressed envelope to Abby: 132 Lanky Drive, Beverly Hills, Calif.

ECKERD'S Bringing Christmas Savings to Thanks America for making

SHARP C.D. SUPER THIN CALCULATOR 16 ⁹⁹	LLOYD'S AM/FM/8-TRACK STEREO SYSTEM 134 ⁸⁸	POLAROID PRONTO SONAR ONE STEP CAMERA 17 ⁹⁹
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Garden Gate How To Use Greens For Decorating

By CAMELLIA CIRCLE Garden Club of Sanford, Inc.

Preparing for the Christmas celebrations involves many hours of planning.

In order to make the most of our time, a little know-how in the preparation of fresh plant materials to be used for decorations can be put to use.

For a background of greens, we can use many of the things growing in our own gardens. Nearly everyone has podocarpus. Small branches can be utilized in wreaths, for filling in at the base of candles, as background for fruit topiaries for dinner tables or other placements.

In addition to podocarpus, of course, there are the native sables, pines, cedar, magnolia, etc. All fresh green materials may be submerged in water several hours, or overnight for best lasting qualities. In addition, this will remove dust and accidental insects.

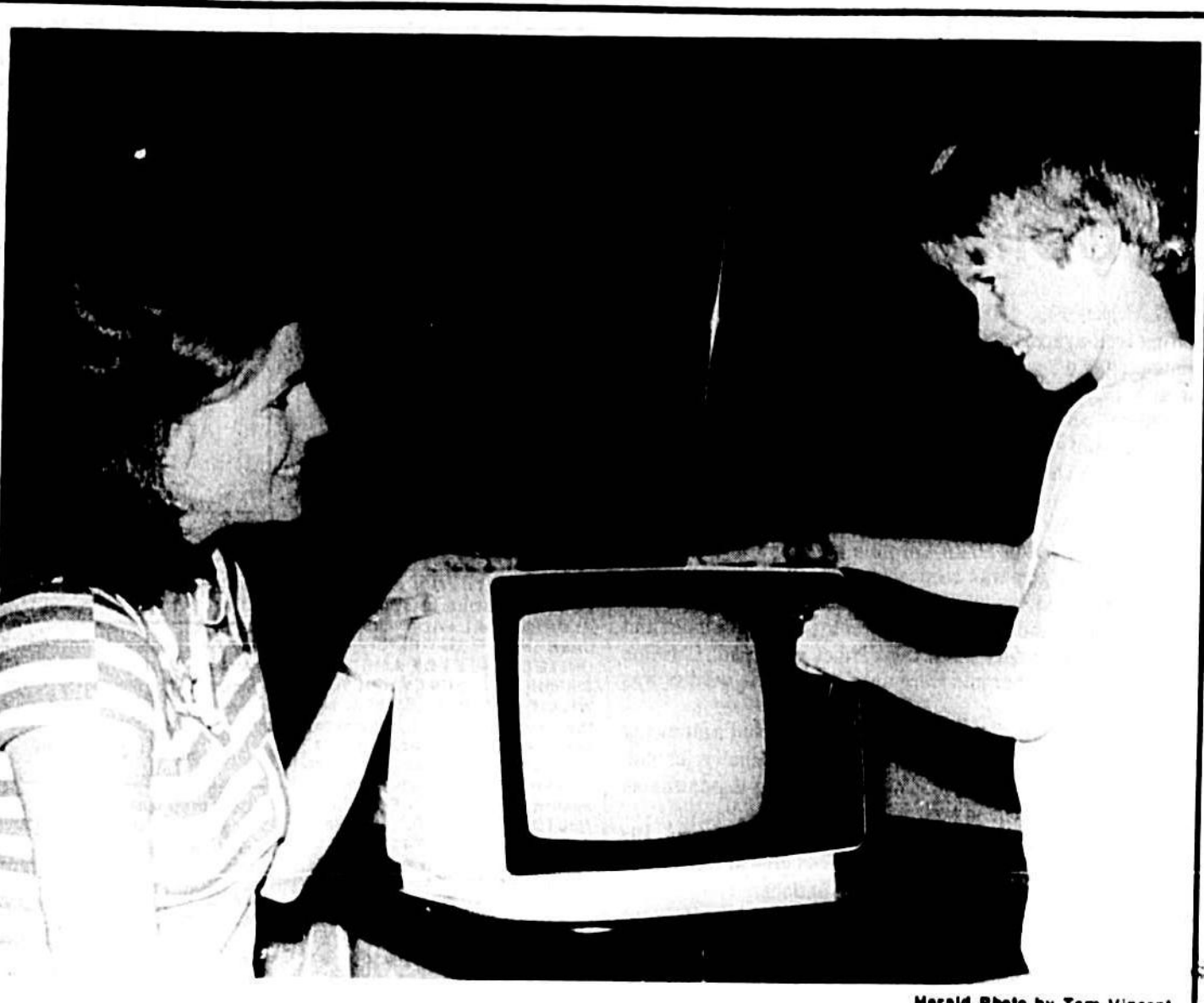
Pine cones may be baked at very low temperature in the oven for a few minutes. This brings out the resin and makes the cones shiny. The heat also makes the cones open fully for a more beautiful form.

We think of poinsettias in connection with Christmas. With so many readily available in our gardens, a few tips on cutting and handling are in order. A few days prior to the actual cutting, remove leaves from stems to be cut.

When a leaf is removed—broken, or a stem cut, a white sap comes out of the stem. If this is not stopped immediately, the poinsettia will wilt. Therefore, removal of unnecessary leaves in advance gives the plant time to recover before another shock of cutting. When cutting, try to cut stem lengths to be used in arranging—avoiding cutting more than once.

There are several ways to treat stem ends to stop the "bleeding." Put end of stem in very hot water; along with same, dip into sand; place into rubbing alcohol. Any of these should work. If any sap gets on the hands, it may be removed with rubbing alcohol.

When choosing a poinsettia plant for a gift, check to be sure the lower leaves are still intact. If these have dropped, the plant is past its prime.



Debi Wagner, Jayettes projects chairman, and Jason Gorman

\$1,600 Raised For C.F.

The Sanford-Seminole Jayettes sponsored the Bowl For Breath Bow-A-Thon for Cystic Fibrosis (CF) in cooperation with Bowl America of Sanford.

Over \$1,600 was raised for CF.

First place winner of the portable television set was Jason Gorman, who had 140 sponsors.

Other winners were: Kelly DeToesse, second, AM radio cassette recorder; Joetta West, third, AM-FM digital clock radio; and John Soyak, fourth, a bowling item donated by Bowl America.

Winners of movie passes and Burger King certificates were Walter Ruckh, fifth; Patty Hamilton, sixth; David Haring, seventh; and Janice Spring, eighth.

Chapter Buddies Exchange Gifts

The Gamma Lambda chapter of Beta Sigma Phi met at the Sanford home of Donna Frank.

A spaghetti dinner put together by members of the chapter was served everyone before the business meeting.

The membership committee reported that the Ritual of Jewels, and also the Ritual of Welcome for pledges, would be held during the next meeting at Wanda Bronson's home.

Meetings for the social and scrapbook committees were set up for a later date.

Ways and Means Chairman Marcy O'Brien reported the earnings made on the candy bars which members have been selling.

The chapter representatives to City Council reported that the Gamma Lambda chapter will be responsible for the decorations at the Valentine Ball, which is to be held in February, at the Knights of Columbus Hall.

A Christmas party for the members' children is scheduled for Dec. 19 at Marcy O'Brien's home.

Council members of the meeting for the evening, Donna Frank presented her program.

Each member had been asked to bring coupons of different kinds. Members then bid for each other's coupons, using their own coupons as a form of exchange.

After the exchange, the page of Beta Buddy Christmas gifts took place.

Camp Program Has Gift Certificates

What kind of Christmas gift can you get for no money down, no interest charges and no payment for several months?

You can give your child a unique experience by contacting Florida Division of Forestry.

The Division is offering Christmas gift certificates for its 1980 Summer Environmental Program, open to students who are enrolled now in the sixth through eleventh grades.

A \$10 deposit is due sometime in the spring, when the child chooses which week to spend at camp and sends in his or her application. The remaining \$30 isn't paid until the child actually arrives at one of the two Environmental Centers.

The program is held throughout the summer months at Withaloochee State Forest (near Tampa) and Blackwater River State Forest (near Pensacola).

But the gift certificate is available now, in time to appear in a Christmas stocking. For more information on this unusual learning experience, contact Mike Martin at the local Division of Forestry office, Sanford, 322-4330 (ext. 348).

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ECKERD DRUGS

Retired Surveyor Claims Chisholm Trail Mismarked

OKLAHOMA CITY (UPI) — A retired Oklahoma surveyor says he can prove the historic Chisholm Trail — cut through Indian territory by traders in the 1860s and later used to drive cattle from Texas to the railroad in Kansas — has been mismarked for more than 100 years.

But historians say it will take more than ruts etched in sandstone to change the currently accepted route.

"There is tradition backing the location of the Chisholm Trail," said Oklahoma Historical Society President W.D. Finney. "It would be a major undertaking to change the minds of historians."

The Chisholm Trail, long celebrated in cowboy song, is recorded in history as the first of many major routes used to herd Texas cattle to market after the Civil War, crossing what is now Oklahoma to reach the railroad at Abilene, Kan.

Jesse Chisholm, who was of Scottish and Cherokee Indian ancestry, is credited with forging the trail that bears his name and later using it to herd Texas cattlemen Charles Goodnight's livestock to Kansas. Some early accounts spell the trail's name "Chisum," after John Chisum, the Texas man whom Goodnight bought cattle for the trail drive.

The traditional route places the trail along and slightly east of present-day U.S. 81, but retired surveyor Ed Moran of Anadarko, Okla., says he has all the proof necessary to show Chisholm actually carved his now-famous trail about 20 miles west of the highway.

Moran said the original Chisholm Trail ran from Wichita, Kan., to the Wichita Indian Agency near Anadarko, and was established as a supply route during the Civil War.

"They were pulling in here during the Civil War on that

Chisholm Trail to start," Moran said. "It ran north (from Anadarko), forded the South Canadian River and went on north by Kingfisher."

"Then these people subsequently, and after the Civil War, started driving cattle north," Moran said. "They first hit good grass over here by Chickasha, intersected the trail up there and forded the river where the Chisholm Trail had been crossing the river. Usage dropped that trail farther south, past Duncan and Waurika."

Moran said he was positive the western route was the original Chisholm Trail because it had been pointed out to him 60 years ago by a man who had seen it in use.

"A man who was here at that time and saw traffic over it told me, and showed me where it was," he said.

Chisholm originally carved the trail, Moran said, while hauling difficult-to-obtain supplies over soft sandstone bluffs to the Wichita Indian Agency north of Anadarko. By 1873 the trail had become a rough road, designated as a path for transporting supplies into the wilds of Indian country.

Vague tracks in the rugged bluffs of Caddo County north of Anadarko are evidence of the original trail, Moran said.

"It's a foregone conclusion. That's all there is to it," the 75-year-old Oklahoma said. "The tracks come down over the hills to the old foundation of the Wichita Agency. The foundation of the agency still stands."

Moran claims further proof lies in field notes of an 1873 survey which documents the location of the Wichita Agency, a government outpost and stopover point to aid Indians and traveling Army troops.

"The Chisholm Trail is recorded in the 1873 survey," Moran

said, but it is not labeled as such.

"The survey didn't call it the Chisholm Trail because it wasn't named that then," Moran contends. "Nobody cared what it was called; they just wanted to know where it went."

Because state Historical Society officials are in charge of markers and documents commemorating various state landmarks, Moran's dreams of honoring what he believes is a misplaced piece of state history may never come to pass.

The Society bases its stand on research done by the Engineering Department and a resulting map.

"The information was documented by the engineering department of the Oklahoma Highway Commission in 1933," said Mac Harris, museum sites supervisor for the state Historical Society. "Nothing in our documentation indicates the Chisholm Trail came through Anadarko."

"He (Moran) may have found a wagon trail but there are many of those in Oklahoma," Harris said.

The Historical Society knows about trails that crisscrossed Indian Territory in the early days of settlement. They ranged from narrow-rutted wagon paths to wide sweeps across grazing land cleared by cattle drives.

Many, including a military route between two early forts, touched the Anadarko area.

"We know there was a trail from Fort Sill to Fort Supply but to call it the Chisholm trail is something entirely different," said Finney. "We would be jumping out on a limb by calling that the Chisholm Trail. We need authentication."

Historians never have agreed on authentic paths of the Chisholm and other trails. At least two trails through Oklahoma pass close to the documented Chisholm route and are

confused in various accounts of the famous path's origin.

But Moran says he knows the answer. The Abilene Trail, used on cattle drives, ran west of the Chisholm. Stage Road followed the Chisholm but came after it, he said.

Why did early territorial pioneers change the trail's name from Chisholm to Stage Road?

"It had become the stage road; the one you stood on to catch the stage," Moran said. "That's simple."

Locumtenors of Oklahoma history have trouble mapping the Chisholm Trail, passing from Kansas into Oklahoma and eventually into Texas. Maps show it anywhere from a line parallel to U.S. Highway 81 through central Oklahoma to distant lines on either side.

Muriel Wright, writing for the Chronicles of Oklahoma, verified Moran's claims that the trail originally ended near Anadarko, as did historians Joseph B. Thoburn and Isaac M. Holcomb.

Other historians traced the route through Enid, in northwestern Oklahoma, and to points east of Anadarko.

Oklahoma Historical Society librarian John Helich said various trails meandered from the San Antonio area to Red River Station, in Montague County, Texas, where they joined to form the southern end of the Chisholm Trail. The trail crossed into Oklahoma south of Waurika and ran northward to a place called Silver City, just north of present-day Tuttle, Okla., where it split into eastern and western branches.

However, Helich said both branches stayed well to the east of Anadarko, with the one used principally for cattle drives generally following the present route of U.S. 81.

Boat People Find 1 Camp That's Livable

Galang Island, Indonesia (UPI) — There is a bustling community of 13,500 people, growing all the time, on this island of lush rain forest where the South China and Java seas meet. Coffee houses, barber shops and fruit stands line the streets. There is a large general store. A modern hospital is almost complete. The people are well cared for by 21 doctors, 14 nurses and 145 teachers.

The houses are prefabricated, just temporary barracks housing 100 people each. And the water supply is a constant worry.

But this is a camp for Indonesia's boat people from Vietnam. It has been turned into the main processing center where screening teams from the United States, Australia, Canada and other countries interview refugees for permanent settlement.

"It may not be perfect," said Harriet Jakobson, a Swedish woman working for the U.N. High Commissioner for Refugees. "But if there have to be refugees, may all the camps be like this one."

Eventually, Galang will house 30,000 Vietnamese, 80 percent of them of Chinese ethnic origin, as refugees are brought in from other islands.

Indonesian officials say they are startled by some foreign reports comparing Galang with a prison camp.

"This was unbelievable," said Rear-Admiral Kunto Wibisono, who governs the region from his base on Tanjung Pinang, a 45-minute speedboat ride from the island.

"The refugees may go wherever they want on the island, although they do need a permit to go to the jetty and the beach," the handsome officer explained. Refugees can go once a week to buy goods at Pinang.

Galang camp and processing center is costing \$13.2 million to build, the money coming from the U.N. High Commissioner's office in Geneva. It is 2½ hours by fast boat from Singapore, from where processed refugees are flown to countries of settlement.

The international money involved inevitably has led to profiteering. Local contractors demanded 10 times the real value for labor and building materials. But that was stopped with the arrival of a Swiss disaster relief team. The Indonesian government was happy to let a neutral do the bargaining.

"But this is nothing compared to what was attempted in the Philippines," said one Western official who did not wish to be named.

"There, local companies demanded \$180 million to set up the camp at Ujung Bay. Only when the experts arrived was it discovered that the real cost, including a fair profit for contractors, was \$90 million."

Indonesia currently has 38,773 Vietnamese refugees. In November, there were just 182 new arrivals on all the islands while 4,000 were processed out of Galang, most to the United States.

"What we are afraid of is that arrivals will increase as soon as the monsoons are finished," Wibisono said.

Indonesian authorities emphasize the camp is temporary, and may be used for a youth program when all the refugees have gone. But Western experts believe it will be four to five years before the camp is empty.

So far, 75 percent of the refugees have been vaccinated against major diseases. Wibisono offers a reward of \$1.00 for each malaria-bearing mosquito caught.

"So far no one has succeeded in finding one," he said with a smile.

The camp, which at night looks like any Chinese community with its lantern-lit tea and coffee houses, is policed by the refugees themselves.

"The only violence we have had was when one woman hit her niece over the head with a wooden bar for disobedience," Harriet Jakobson said. "The board broke and so did the girl's head, but not too badly."

There apparently is a thriving black market in international relief supplies of rice, flour and other items. Many Chinese brought diamonds and gold with them or receive money from relatives already settled in the West.

"One biggest worry, in fact, is the difference between the rich and poor," Wibisono said.

Carl Harris of the State Department's Refugee Affairs Office said the U.S. system of processing begins with young Americans, some of them Peace Corps veterans, questioning refugees to trace possible relatives. There are hundreds of agencies.

In about four weeks, a file comes back to Galang and the refugee is interviewed by a U.S. Immigration Service officer.

"This is more personal," Harris said. "The data is meant for a possible sponsor in the U.S."

If immigration approves, the files go to Washington for a thorough security check. Once that is over, voluntary agencies set about looking for a sponsor.

"All this means the refugees can spend a year or more in the camp," Ms. Jakobson said. "Perhaps the biggest illness we have here is depression. The people are scared they'll never get out."

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Super Bowl Sunday Party Scores A Hit

Super Bowl Sunday—it may be only a matter of time until it's declared a National holiday! If you are a football fanatic, use some super strategy and have a special party this year to celebrate the day. Here's an easy game plan for buffet entertaining that's easy on the hostess and fun for the fans.

Kick off the menu with a hearty main dish meat pie, "Souper Game Football." A savory ground beef mixture, zestily seasoned with onion soup mix, is encased in pastry to resemble a football. If you follow the recipe instructions, you'll have only quick turns in the kitchen before kick-off, at half-time and the fourth quarter.

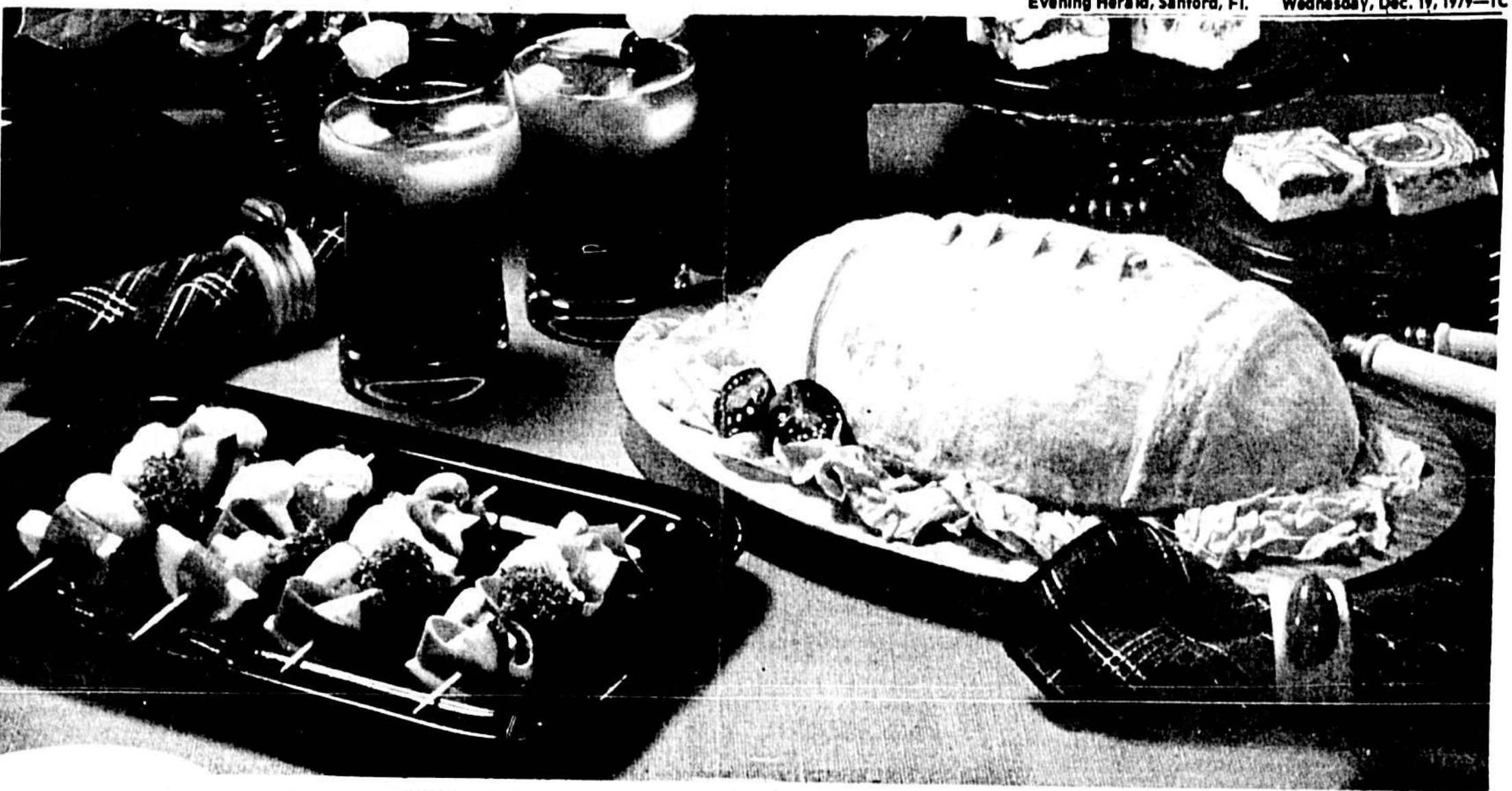
If you prefer, you can make the football earlier, refrigerate and heat when ready to serve. And, for year-round enjoyment, you can also use the filling for a double crust meat pie made in a nine-inch pie pan.

An easy and fun way to serve salad is "Punter's Point Salad." These delicious skewers of fresh winter vegetables feature a flavorful marinade of bottled real Italian dressing and a touch of parmesan cheese. You'll find that even those who usually ignore salads will be nibbling these unique pick-up salads, thanks to the zingy flavor of Italian dressing.

Arm-chair quarterbacks are always thirsty from calling the plays, so provide plenty of "Super Sunday Splash." This refreshing cooler uses orange & spice tea bags for a flavorful base, with grapefruit juice for tang and a vodka "kick." You'll really win points for serving this delightful beverage.

For the post-game finale, bring on "Victory Cheesecake Squares." Velvety-rich and creamy, the delicious flavors of cheesecake and chocolate are blended in this easy-to-do recipe, simply made in a blender or food processor. And, thanks to unflavored gelatine, there's no baking involved—just chill and serve.

Whether it's for Super Bowl Sunday or just a winter buffet, this delicious team-up of recipes will score a culinary touchdown!



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Luscious Desserts Take Bow

Fluffy Pineapple Rum Pie is a dessert to celebrate about. It is elegant, festive and a dream of a pie to prepare. The secret of the fluffy filling mixture is the combination of whipped topping mix and instant pudding and pie filling. Blend all the ingredients in one bowl, add crushed pineapple and rum, pour into the pie shell, chill and enjoy your holiday!

- FLUFFY PINEAPPLE RUM PIE**
- 2 envelopes whipped topping mix
 - 2 cups cold milk
 - 2 packages (4-serving size) coconut cream flavor instant pudding and pie filling
 - 1 can (8 oz.) crushed pineapple in juice
 - 3 tablespoons light rum or 3/4 tsp. rum flavoring
 - 1 baked 9-inch pie shell, cooled
- Prepare whipped topping mix with 1 cup of the milk as directed on package, using large mixer bowl. Add remaining 1 1/2 cups milk, the pie filling mix, undrained pineapple and rum. Blend; then beat at high speed for 2 minutes, scraping bowl occasionally. Spoon into pie shell. Chill at least 4 hours. Garnish with toasted coconut, if desired.

Desert-only entertaining is more than enough when you serve this German Sweet Chocolate Cake.

- GERMAN SWEET CHOCOLATE CAKE**
- 1 package (4 oz.) sweet cooking chocolate
 - 3/4 cup unsifted cake flour
 - 1 teaspoon salt
 - 1 cup butter or margarine
 - 2 cups sugar
 - 4 eggs
 - 2 teaspoons vanilla
 - 1 teaspoon baking soda
 - 1 cup buttermilk
- Cocoa-Pecan Filling and Frosting
Melt chocolate over very low heat; cool. Mix flour with salt. Cream butter. Gradually add sugar and continue beating until light and fluffy. Blend in chocolate. Add eggs, one at a time, beating well after each addition. Add vanilla.

In high altitude areas, use large eggs, dissolve chocolate in 1/2 cup boiling water; increase flour to 2-1/2 cups; reduce sugar to 1 1/2 cups; mix flour with salt and sugar; bake in 8-inch layers at 375 degrees for 30 to 35 minutes.

- SOUFFLE**
- 3 packages (3 ounces each) orange gelatin
 - 1 1/2 cups orange juice, heated to boiling
 - 3 cups champagne
 - 1 1/2 cups heavy cream, whipped
 - 1 can (11 ounces) mandarin oranges, drained
 - 1 can (1 pound, 4 ounce) sliced pineapple, drained

- BANANA WALNUT FRUITCAKE**
- 1 1/2 cups Diamond Walnuts
 - 2 cups (1 pound) mixed candied fruits
 - 1/4 cup sifted all-purpose flour
 - 1 teaspoon baking powder
 - 1/4 teaspoon salt
 - 1/4 teaspoon nutmeg
 - 1/2 cup melted butter or margarine
 - 2 large eggs
 - 1 cup mashed banana (2 large bananas)



Try a champagne souffle.



Fluffy Pineapple Rum Pie is a dream of a dessert.



This German Sweet Chocolate Cake is a dessert made memorable.

baking soda and nutmeg. Cream butter with sugar until fluffy. Beat in eggs, one at a time. Blend in flour mixture alternately with mashed banana at low speed on mixer, or by hand. Pour batter over fruit-walnut mixture and blend well. Turn into a well-greased tube pan (about 2-quart capacity). Bake cake on lowest rack at 300 degrees F. for about 1 1/4 hours until pick inserted in center comes out clean and dry. Let stand 15 minutes in pan, then invert onto wire rack to cool. Serve plain or with a light sifting of powdered sugar over the top.

- WHITE WALNUT FRUITCAKE**
- 1 1/2 cups walnuts
 - 1 1/2 cups halved candied cherries
 - 1 cup diced candied pineapple
 - 3/4 cup diced candied orange peel

and let stand for several hours or overnight. Line a 9-inch tube pan with one thickness of greased brown paper and one of greased waxed paper. Roll out flour with salt, mace and baking powder. Cream butter with sugar until light and fluffy. Beat in egg yolks. Add grated orange peel, then sifted dry ingredients alternately with remaining 1/4 cup brandy. Fold in walnuts, candied fruits and any brandy remaining on them. Beat egg whites with cream of tartar just until stiff. Fold gently into the fruit mixture. Spoon into prepared pan; spread level. Place a shallow pan of hot water on floor of oven. Bake on lowest rack at 300 degrees F. for about 2 1/2 hours until cake tests done. Cool in pan. Makes 1 cake, about 4 pounds. To decorate: Sift powdered sugar lightly over top of cake. Decorate with strips of angelica or citron and candied cherries.

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Singer Della Reese Shares Her Souper Cooking Hints



Having learned to cook from her mother, a chef at an East Indian restaurant, songbird Della Reese now finds the kitchen a warm and loving place and cooking together an enjoyable and positive experience.



Della Reese may be a solo performer on stage—but when it comes to cookin' up a storm in the kitchen Della welcomes close friends and family to join in on the fun.

Having learned to cook from her mother, a chef at an East Indian restaurant, Della now finds the kitchen a warm and loving place and cooking together an enjoyable and positive experience.

"If it's a couple of girls cooking together, you can swap recipes. If it's a husband and wife, you can discuss the day. And if it's you and your child, you can talk about what happened in school. The kitchen is just a nice place to be," says Della.

But how does a world famous entertainer find time to prepare a delicious home cooked meal?

"The key is what you do on a shopping day," says Della. "Instead of just putting away groceries when you come home from the supermarket, you should think ahead. Wash the potatoes and season the meatloaf on the spot, wrap it and store it in the freezer so it's ready for the oven when you want to cook it later on."

"But the real secret is to keep the basics on hand, like all your seasonings and a variety of canned soups," advises Della. "Soups are always good for casseroles, stews, chicken or just when you need a particular flavor. The cream varieties are ideal for making vegetable sauces and tomato soup is great for making meat loaf or chops."

And whether it's cooking or music, Della, like any creative artist, has a favorite audience.

"It's important to me to be able to share my talents and creativity with other people—especially my family and people who are close to me. I love to sing and I love to cook, and I do well at both."

CLEAN-OUT-THE-CRISPER SALAD

- 1 can (10 1/2-oz.) condensed chicken broth
- 4 med. carrots (about 1/2 lb.), sliced (about 1 1/2 cups)
- 2 cups cauliflower, sliced
- 2 med. zucchini squash (about 1/2 lb.) diagonally sliced (2 cups)
- 1/4 lb. fresh mushrooms, sliced (about 1 cup)
- 1/4 cup wine vinegar
- 1 envelope (about 6 oz.) Italian salad dressing mix
- In saucepan, bring broth to boil. Add carrots; simmer 2 minutes. Cool. Stir in remaining ingredients. Chill 8 hours or more. Stir occasionally. Makes about 7 cups.

WHOLE SOUP

- 1 can (10 1/2-oz.) condensed chicken gumbo soup
- 1 can (10 1/2-oz.) condensed tomato bisque
- 2 soup cans water
- 1/2 cup quick-cooking rice, uncooked
- 1 can (17-oz.) crab meat, drained and flaked
- In saucepan, combine all ingredients except crab meat. Bring to boil; reduce heat. Cover; simmer 5 minutes or until done. Stir occasionally. Add crab meat; heat. Makes about 3 1/2 cups.

MARDI GRAS SOUP

- 1 can (10 1/2-oz.) condensed chicken gumbo soup
- 1 can (10 1/2-oz.) condensed tomato bisque
- 2 soup cans water
- 1/2 cup quick-cooking rice, uncooked
- 1 can (17-oz.) crab meat, drained and flaked
- In saucepan, combine all ingredients except crab meat. Bring to boil; reduce heat. Cover; simmer 5 minutes or until done. Stir occasionally. Add crab meat; heat. Makes about 3 1/2 cups.

QUARTERBACK'S QUENCHER

- 1 1/2 cups cubed cooked ham
- 1/2 cup sliced onion
- 4 tablespoons butter or margarine
- 2 tablespoons butter or margarine
- 1 can (10 1/2-ounce) condensed cream of chicken soup
- 1 can (10 1/2-ounce) condensed chicken noodle soup
- 1 1/2 soup cans water
- 1 package (10 ounces) frozen mixed vegetables
- 1 cup diced raw potatoes
- In large saucepan, brown ham and cook onion with sage in butter until tender. Add soups; gradually stir in water; add vegetables. Bring to boil; reduce heat. Cook 15 minutes or until vegetables are done. Makes about 7 1/2 cups.

CHOW-DOWN CHOWDER

- 1 can (10 1/2-ounce) condensed cream of mushroom soup
- 3 soup cans water
- 1 can (10 1/2-ounce) condensed turkey noodle soup
- 1 can (10 1/2-ounce) condensed vegetarian vegetable soup
- Stir mushroom soup until remaining in large saucepan; gradually blend in water. Add smooth soups. Heat; stir occasionally. Makes about 7 1/2 cups.

FISHIE-TUREN

- 1/4 cup chopped onion
- 1 tablespoon butter or margarine
- 1 can (10 1/2-ounce) condensed cream of celery soup
- 1 can (10 1/2-ounce) condensed turkey noodle soup
- 1 cup milk
- 1 can (about 8 ounces) cream style corn
- Chopped parsley
- In saucepan, cook onion in butter until tender. Blend in soups, milk, and water; add corn. Heat; stir occasionally. Garnish with parsley. Makes about 5 1/2 cups.



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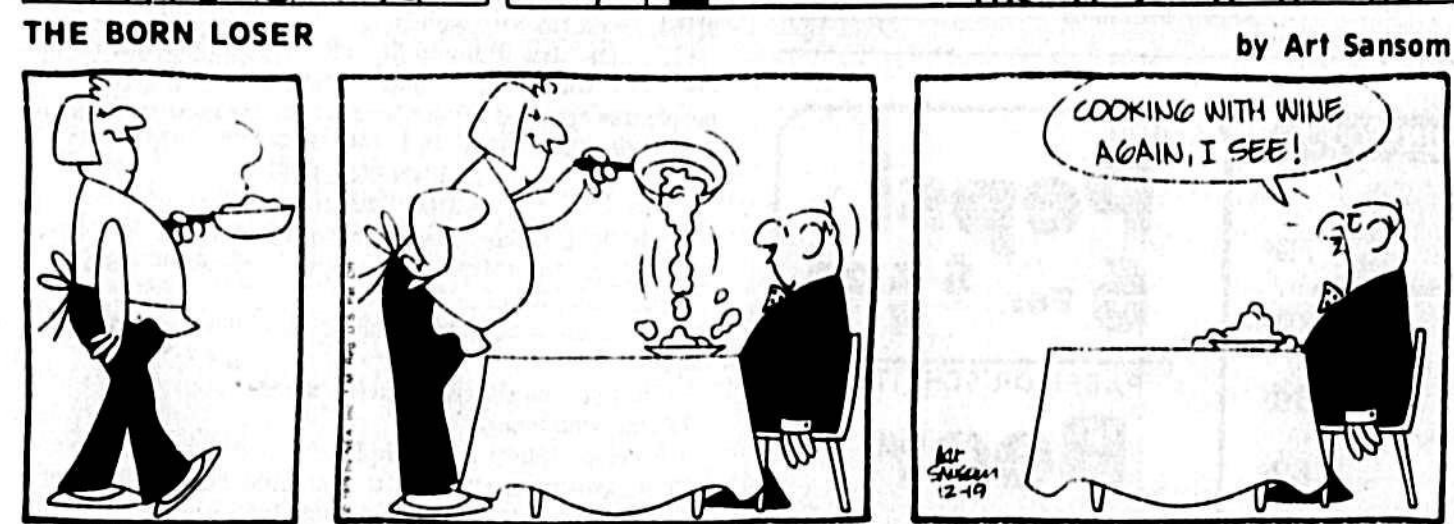
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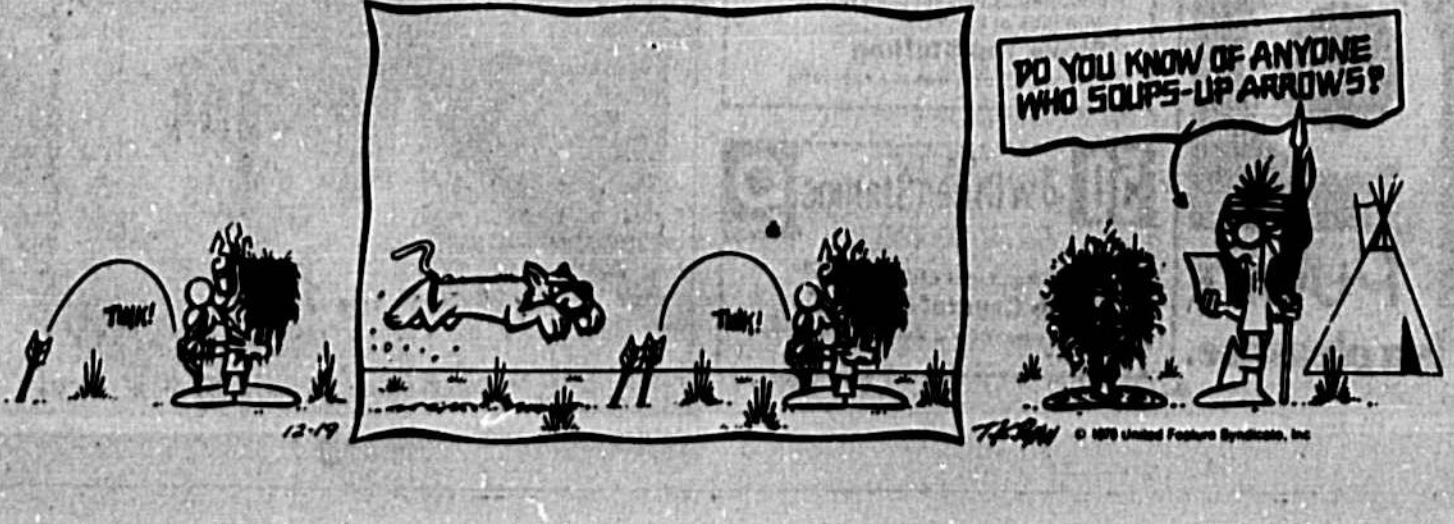
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CROSSWORD puzzle grid and clues

CROSSWORD puzzle grid and clues

CROSSWORD puzzle grid and clues

CROSSWORD puzzle grid and clues

CROSSWORD puzzle grid and clues

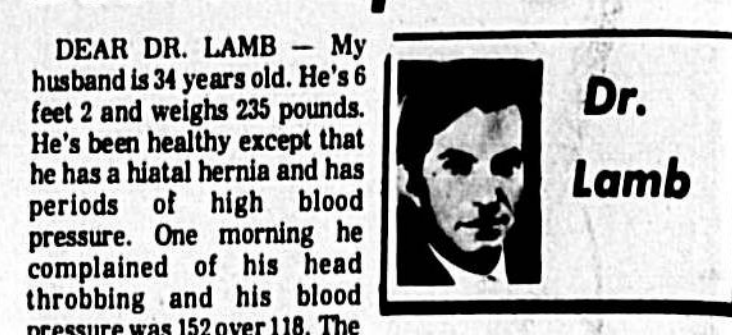
CROSSWORD puzzle grid and clues

CROSSWORD puzzle grid and clues

CROSSWORD puzzle grid and clues

CROSSWORD puzzle grid and clues

Blood Pressure: Best If Kept Low



DEAR DR. LAMB—My husband is 34 years old. He's healthy but he has a hiatal hernia and has periods of high blood pressure. One morning he complained of his head throbbing and his blood pressure was 152 over 118. The doctor had a series of tests run, including a 24-hour urine, a blood test and kidney X-rays. All the tests were negative. He said he should lose weight and quit using salt and if his blood pressure stayed at 140 over 100 for more than 24 hours to call him. Every morning before he gets out of bed, his pressure is 140 over 100. It may decrease a little but stays there most of the time. He is 170 pounds and as low as 130 over 84. I would very much like to know your opinion on this problem. What could be causing it and what could be done to correct it? Could his periods of elevation damage his heart? DEAR READER: A pressure of 130 over 84 is normal. The other levels that you described for your husband are either high normal or elevated, particularly for a man who is only 34 years of age. We do know that the lower the blood pressure is the less will be the risk of developing fatty-cholesterol deposits that lead to heart attacks and strokes. It's also more difficult to treat somebody who has intermittent elevated blood pressure. The reason is that when the blood pressure normally drops low and you are also taking medicines to lower the pressure, it can cause too much lowering and create problems, such as faintness. Your husband's relatively persistent blood pressure elevation does increase his risk of trouble through the years. He would be better off if his blood pressure was lowered and stayed lower. I am sending you The Health Letter number 1-8, Blood Pressure. It will give you

additional information on the factors that control blood pressure and what to do about it. Other readers who want this issue can send 75 cents with a long, stamped, self-addressed envelope for it. Send your request to me, in care of this newspaper, P.O. Box 1851, Radio City Station, New York, NY 10019. Now, there are a lot of recent studies that show that body size and weight are major factors in what a person's blood pressure really is. If your husband can lose any weight at all, he should do so. He should get as skinny as a rail and stay that way. The last few pounds are sometimes the most important. People often don't get the full benefit of losing weight because they only lose half of the fat they should lose instead of all of it. Your husband should start a walking program and if that doesn't bother him, gradually improve his physical exercise but not overdo it. Also if he smokes, he should stop at once and, of course, he should be on a moderately low-fat, low-cholesterol diet. After all, you want to give him every chance you can to avoid fatty-cholesterol deposits in his arteries. Finally, many people drink a lot of coffee, cola, tea or beverages that contain caffeine. These do stimulate a person and increase some people's anxiety which raises the blood pressure. For that reason, I think your husband would be better off to discontinue these entirely. If such a program doesn't significantly improve his blood pressure picture, I think you should go back and see his doctor again.

HOROSCOPE

By BERNICE BEDE OSOL For Thursday, December 20, 1979

YOUR BIRTHDAY December 20, 1979 This coming year don't put all your eggs in one basket regarding things affecting your material security. You'll be more successful opening up as many channels as possible to add to your income. SAGITTARIUS (Nov. 23-Dec. 22) Do nothing today that will help you to interpret incorrectly. Should one who is trying to aid you feel he is being used, he may withdraw his support. Find out more of what lies ahead for you in the year following your birthday by sending for your copy of Astro-Graph Letter. Mail #1 for each to Astro-Graph, Box 480, Radio City Station, N. Y. 10019. Be sure to specify birth date. CAPRICORN (Dec. 22-Jan. 19) Success could elude you today if your goals are not clearly defined. Be wary of starting off in one direction and then changing it to another. AQUARIUS (Jan. 20-Feb. 19) This is not a good day to become involved in something you know little about. It could add to your responsibilities. The burdens may be larger than you realize. PISCES (Feb. 20-March 20) Unless you are invited in, it's best to steer clear of the complicated affairs of friends today. Even if you're asked, it may be unwise to participate. ARIES (March 21-April 19) It's much smarter to play things loose and off the cuff today. You have a tendency to

WIN AT BRIDGE

WIN AT BRIDGE By Oswald Jacoby and Alan Sonsteg Here is a hand from an IMP team match that may well be the silliest of the year. We're two-hands call was an out and out psychic designed in the hope that it would get North and South to the wrong contract. North's two-spade bid showed some high cards and some spades. East's jump to four hearts was a normal pre-emptive

bid. He was totally unaware that West did not hold a heart suit. South entered into the spirit of the occasion by ignoring Blackwood and jumping right to six clubs. East doubled the slam to ask for a spade lead, but now West wouldn't stand it. He tried six diamonds. North doubled! He wasn't sure what was going on, but knew that he could set any and all slam contracts. East redoubled to get into the spirit of utter confusion, and, for some reason best known to himself, South decided to bid six notrump. Everyone passed, and it was up to West to lead. The board was a tie. At the other table North played six notrump and couldn't be beaten. Oh, yes. These weren't dubs. They were members of the Italian and British teams playing in the European Championships. (NEWSPAPER ENTERPRISE ASSN.) (For a copy of JACOBY and SONSTEG's "Win at Bridge," call 81 to "Win at Bridge," care of this newspaper, P.O. Box 480, Radio City Station, New York, N.Y. 10019.)

SPIDER-MAN by Stan Lee and John Romita

ZOONIES by Craig Loppert

Winn-Dixie Appreciation Sale advertisement with store addresses and prices

Winn-Dixie grocery items advertisement with prices and savings

Vertical advertisement for various grocery items with prices and coupons



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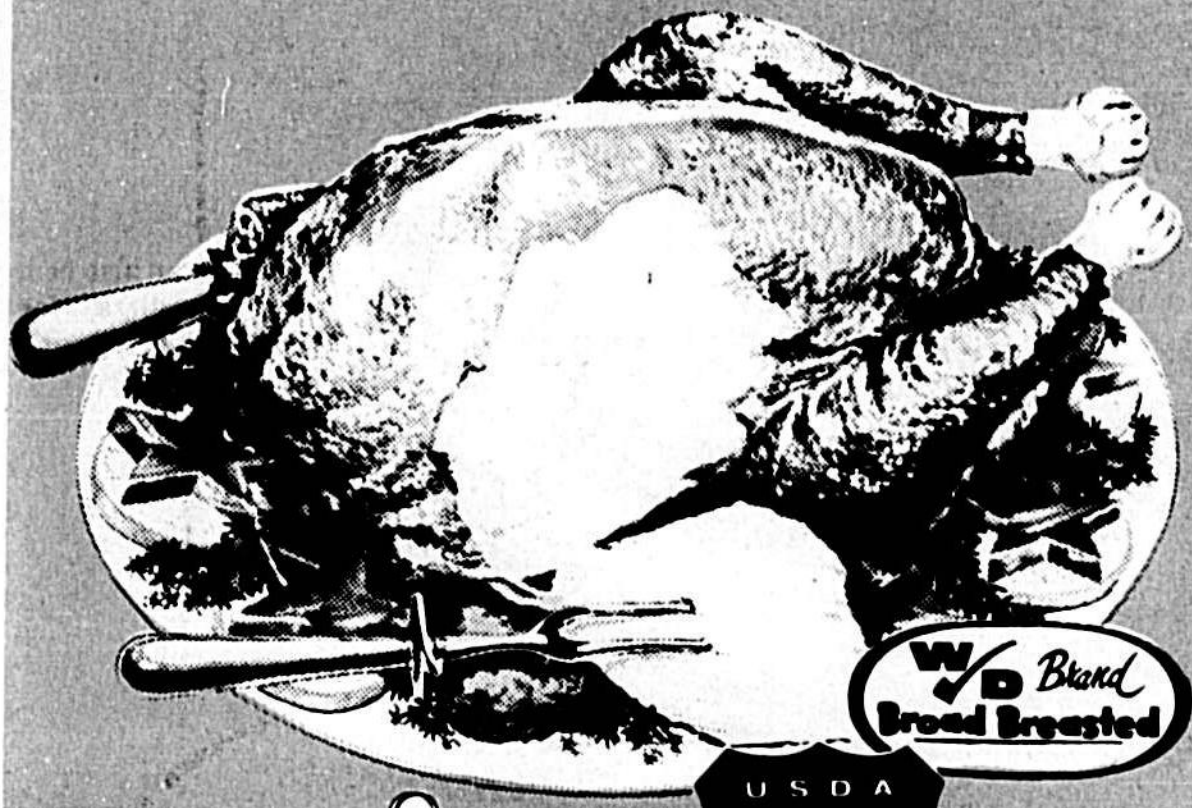
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CHUCK ROAST
L.B. **\$1.59**

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1 GAL. **\$1.00**

Hot Crab Ring Excellent Holiday Party Appetizer

This hot crab ring makes an excellent appetizer. But it also could be a very chic "pizza" for families that enjoy crab.

APPETIZER RING
Festive Crab Spread (below)
 1 large round (11-inch) crisp rye cracker bread (cracker bread) or 2 7-inch-square rye crackers
 1 (6-ounce) package frozen avocado dip, thawed
 one-third cup sliced green onions with tops
 1-2 medium tomatoes, thinly sliced, seeded and cut in half
 1/4 cup sliced pimiento-stuffed green olives
 Grated Parmesan cheese
 Spread about two-thirds of Festive Crab Spread evenly on cracker bread. Spread avocado dip in ring over crab spread to within 1/4 inches of edges.
 Layer remaining crab mixture over center of avocado ring and spread to form smaller ring. Sprinkle with onions.
 Arrange tomato slices in ring over crab spread. Sprinkle with olives and reserved crab slices. Sprinkle with Parmesan cheese.
 Place on baking sheet. Broil 5 to 6 inches from heat for about 2 to 4 minutes or until cheese melts.
 This kitchen-tested recipe makes about 16 appetizer servings.

NOTE: Use crisply baked pizza or pie crust if rye is unavailable.

Festive Crab Spread
 6-8 ounces Alaska Snow crab, frozen or canned
 1 8-ounce package cream cheese, softened
 1 tablespoon mayonnaise
 1 tablespoon chili sauce
 3 tablespoons sliced green onions with tops
 1/2 teaspoon dry mustard
 1/2 teaspoon garlic salt
 Dash liquid hot pepper sauce
 Thaw crab if frozen. Drain and slice. Reserve a few pieces for garnish, if desired.
 In medium bowl, cream the cheese with mayonnaise and chili sauce. Blend in onions, mustard, garlic salt, lemon juice and liquid hot pepper sauce. Fold in sliced crab.
 Cover and chill at least 1 hour to blend flavors. Use for Crab Appetizer Ring or serve as spread with crisp rye crackers.



Crabbing can also be a very chic "pizza" for families that enjoy crab.

Potpourri

BRAZILIAN HOT CHOCOLATE
 one-third cup cocoa
 1/4 cup sugar
 1 tablespoon instant coffee granules
 1/2 teaspoon ground cinnamon
 1/4 teaspoon salt
 1/4 cup hot tap water
 3/4 cups milk
 2 teaspoons vanilla
 In saucepan combine cocoa, sugar, coffee granules, cinnamon and salt.
 Blend in hot water. Bring to boil over medium heat, stirring constantly. Boil, stirring, for 2 minutes.
 Add milk. Heat, stirring, to serving temperature. Do not boil.
 Beat in vanilla with rotary beater to create foam on surface. Serve immediately. This kitchen-tested recipe makes 6 servings.

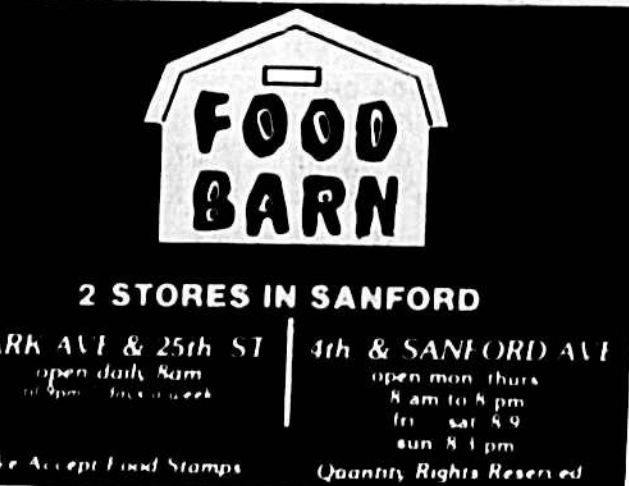
MEXICAN HOT CHOCOLATE
 1/4 cup cocoa
 1 teaspoon ground cinnamon
 1/4 teaspoon nutmeg
 1/4 teaspoon allspice
 1/4 teaspoon salt
 1/4 cup hot tap water
 3/4 cups milk
 2 eggs, beaten
 1/4 cup coffee liqueur
 Cinnamon sticks
 Sweetened whipped cream, optional
 Nutmeg, optional
 1/4 teaspoon salt
 1/4 cup hot tap water
 3 cups skim milk
 2 teaspoons vanilla
 Cinnamon sticks
 In saucepan, combine cocoa, sweetener, spices and salt. Blend in hot water. Bring to boil over medium heat, stirring constantly. Boil, stirring, for 2 minutes.
 Add milk. Heat, stirring, but do not boil. Add vanilla. Serve in hot mugs. Garnish each serving with cinnamon stick. This kitchen-tested recipe makes 6 servings.

TAIGLACH
 2 cups sifted flour
 1 teaspoon baking powder
 1/2 teaspoon salt
 3 eggs
 3 tablespoons vegetable oil
 1/4 cup honey
 1/4 cup sugar
 6 tablespoons Florida frozen concentrated orange juice, thawed, undiluted
 1/4 teaspoon ground ginger
 1/4 cup glacé cherries
 1/4 cup broken walnuts
 In large bowl, mix together flour, baking powder and salt; make well in center, add eggs and oil. Stir with a fork until soft dough forms. Divide dough into small pieces, roll between palms of hands to form pencil-thin strands. Cut into 1/4-inch lengths; place on lightly greased baking sheet. Bake in 350 degrees F. oven 30 minutes or until browned. Cool. Meanwhile, in medium saucepan, combine honey, sugar, concentrated orange juice and ginger. Cook over low heat until candy thermometer registers 230 degrees F. or until drop of syrup in cold water forms a soft ball. Drop one quarter of the baked dough, cherries and nuts into the syrup. Remove with a slotted spoon onto a wet surface (board, baking sheet, counter top). Repeat until all ingredients are used, piling the mixture to form a mound. When cool enough to handle, moisten hands with water and shape mixture into a ball.
 Yield: Ball about 1/2 inches in diameter.

ORANGE MARBLE CHEESECAKE
 1/4 cup graham cracker crumbs
 1/4 cup plus 1 tablespoon sugar, divided
 1-2nd cup butter or margarine, melted
 2 packages (8 ounces each) cream cheese, softened at room temperature
 8 tablespoons (1/2 of 8 ounce can) Florida frozen concentrated orange juice, thawed, undiluted
 6 eggs, separated
 1/4 cup all-purpose flour
 1/4 teaspoon salt
 1 cup (1 ounce carton) sour cream
 1/4 teaspoon cream of tartar
 4 squares (1 ounce each) semisweet chocolate, melted
 Combine graham cracker crumbs, 1 tablespoon sugar and butter in small bowl; mix well. Press mixture evenly on bottom and sides of 9-inch springform pan. In large mixer bowl, beat cream cheese until smooth. Gradually add 1/4 cup of the sugar and concentrated orange juice; beat until smooth. Add egg yolks, one at a time, beating well after each addition. Stir in flour and salt in sour cream. Beat egg whites with cream of tartar until foamy. Beat in the remaining 1/4 cup sugar, one tablespoon at a time; continue beating until whites form stiff, glossy peaks. Fold whites carefully into cheese mixture. Measure 1 cup mixture into small bowl; blend in chocolate. Drop alternate spoonfuls of cheese and chocolate mixture into prepared pan. With a metal spatula, cut through mixture in pan to marries the colors. Bake in 350 degrees F. oven 1 hour; turn oven off; let cake stand in oven 1 hour. Remove cake from oven; cool on wire rack, away from draft. Cake will shrink slightly as it cools. When cool, loosen cake from side of pan with small knife; remove sides of pan. Chill, garnish with orange slices, if desired.
 Yield: 12 servings.

MIX OR LUNCH 'EM
 DOUBLE LUCK 1/2 CUP CUT GREEN BEANS
 TRELIS 1/2 CUP EARLY JUNE PEAS 1/2 CUP ARGO SPINACH 1/2 CUP ARGO SAUERKRAUT 1/2 CUP RED & WHITE WHOLE P POTATOES
4 FOR \$1

Kraft 99¢
 Limit 1 with one other participating product. Exp. 12-31



2 STORES IN SANFORD
 PARA AVE & 25th ST. 316 & SANFORD AVE
 THESE PRICES GOOD THURSDAY DEC. 20 THRU WEDNESDAY DEC. 26

Pork Loin 1/3 lb. \$1.38
JACK SPRAT CANNED Ham 3 lb. \$4.88
Bacon 1/2 lb. \$1.68
LYKES ALL MEAT Bologna 8 oz. pk. 78¢
OSCAR MEYER SLICED Bacon 1/2 lb. \$1.68
Wieners 1/2 lb. \$1.38
Sausage 1/2 lb. 99¢
Ribs 1/2 lb. 98¢

TEA BAGS \$1.59

FROZEN FOODS
French Toast 59¢
Stromboli 79¢
Vegetables 59¢
Green Peas 59¢
Donuts 69¢
Potatoes 59¢
Ice Cream 1/2 qt. \$1.59
Klondike Bars 1/2 doz. \$1.55

MIX OR LUNCH 'EM
Corn 10 ears 99¢
Apples 4 lbs. 88¢
Potatoes 98¢
Lettuce 3 heads \$1.00

Sugar 5 lbs. 78¢
Super Soda 88¢
Flour 5 lbs. 69¢

HOLIDAY FOOD CENTER

SMOKED Picnic 68¢
SHURFINE Turkey 69¢
LEAN WHOLE OR HALF Pork Loin 1/3 lb. \$1.38
JACK SPRAT CANNED Ham 3 lb. \$4.88
OSCAR MEYER SLICED Bacon 1/2 lb. \$1.68
LYKES ALL MEAT Bologna 8 oz. pk. 78¢
OSCAR MEYER WIENERS 1/2 lb. \$1.38
Sausage 1/2 lb. 99¢
Ribs 1/2 lb. 98¢

Center Cut Sirloin Steak \$2.38
T-BONE or PORTERHOUSE Steak \$2.78
Center Cut Chuck Roast \$1.58
Boneless All Meat Stew 3 lbs. \$1.78
Chuck or More 3 lbs. \$1.68
Links 11 oz. \$1.69

Golden Corn 3 for \$1
Green Beans 3 for \$1
Pineapple 2 for \$1
Raisins 89¢
Potatoes 39¢
Gherkins 69¢
Tissue 99¢
Aluminum Foil 39¢

Del Monte 79¢
Pears 2 for 89¢
Sweet Peas 2 for 89¢
Seedless Raisins 89¢
Potatoes 39¢
Gherkins 69¢
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TONIGHT'S TV

WEDNESDAY
 EVENING

8:00
 (10) MASTERPIECE THEATRE: "Ponder" Elizabeth is willing to leave her husband for Ross, but he learns Demetra is pregnant with his child. (Part 4 of 16)
 (17) CAROL BURNETT AND FRIENDS: Guest: Joel Grey, Vincent Price.
 (1) NBC NEWS
 (2) CBS NEWS
 (3) ABC NEWS
 (5) CANDID CAMERA
 (17) BOB NEWHART: An old school chum of Bob's gradually takes over his car, his clothing and most of his home life.
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7:00
 (1) THE NEWLYWED GAME
 (2) HOLLYWOOD SQUARES
 (3) GOOD MORNING AMERICA
 (10) MAUDE: Maude heads up a vigilante group to keep a young girl from being kidnapped.
 (11) DICK CAVETT: Guest actress Diana Ross.
 (17) ALL IN THE FAMILY: Archie surprises everyone when he comes home from work bearing gifts and good cheer.
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 (1) SUNRISE SEMESTER
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 (2) HEALTH FIELD
 (7) SUNRISE
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 (2) P.M. MAGAZINE
 (3) JOEY'S WILD
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 (10) MACNEIL / LEHRER REPORT
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 (2) HOW THE GRINCH STOLE CHRISTMAS: Animated. Dr. Seuss' mischievous Grinch tries to steal Christmas from the town of Whoville by stealing all the material symbols of the Yuletide season. (R)
 (7) EIGHT IS ENOUGH: "Wake of the Red Wind" (1948)
 (17) MOVIE: "Wake of the Red Wind" (1948)
 (1) THE TINY TEARS: Animated. A unique pine tree and a group of forest animals combine efforts to make Christmas merry for a lonely little girl. (R)
 9:00
 (1) DIFFERENT STROKES: Arnold faces rabies shots when a puppy that he rescued from a bite him, then disappears.
 (2) THE FAMILY MAN: A top-of-the-line man (Edward Asner) is torn between his infatuation for a young woman (Meredith Baxter-B

Stroganoff Is A Perfect Party Entree

Beef stroganoff is a favorite dish of cooking students, according to members of the Association of Cooking Schools. And restaurant owners say stroganoff is very popular with customers of all ages.

This stroganoff recipe makes a perfect addition to holiday party menus. The dish uses tomatoes, cornstarch for thickening and less expensive beef chuck rather than top round or tenderloin. Serve with rice or noodles.

BEUF STROGANOFF
2 tablespoons corn oil
2 1/2 pounds boneless beef chuck, cut into strips 1/4-inch thick and 1/4-inch wide
1/2 pound mushrooms, sliced
1 cup finely chopped onion
2 cloves garlic, minced
1 (28-ounce) can plum tomatoes in juice
2 teaspoons salt
1/2 teaspoon pepper
1-3rd cup cornstarch
1/4 cup dry white wine
1/4 cup dairy sour cream
1/4 cup chopped parsley

In large skillet heat corn oil over medium heat. Add meat, 1/4 at a time. Brown quickly on both sides. Remove meat. Add mushrooms, onion and garlic. Sauté 5 minutes or until tender.

Add tomatoes, salt and pepper. Simmer 10 minutes. Stir together cornstarch and wine until smooth. Stir into tomato mixture. Stirring constantly, bring to boil over medium heat. Boil 1 minute. Remove from heat. Stir in sour cream and parsley. Add meat.

This kitchen-tested recipe makes 6 to 8 servings.



Chinese Chicken and celery is a quick dish.

Stir-Frying Boon To Busy Homemaker

Stir-fried dishes are quick for the busy homemaker and tasty for the whole family.

This Chinese chicken-and-celery dish goes together easily after a day at work, too, if you want to entertain another couple or two without expending too much effort.

Save time by cutting the chicken the night before and refrigerating it until ready to use. You may also use the celery and carrots, too.

Serve with rice. Or you may want to try it with noodles for a change.

CHINESE CHICKEN AND CELERY
3 whole chicken breasts, skinned, boned and split
2 teaspoons cornstarch, divided
1/4 teaspoon ground black pepper
7 teaspoons soy sauce, divided
5 tablespoons oil, divided
6 cups thinly sliced celery
1 cup thinly sliced carrots
1 cup sliced scallions (green onions)
1/4 cup boiling water
1 (1-pound) can bean sprouts, undrained
1/4 teaspoon ground ginger

Cut chicken breasts into 1-inch chunks. Place in medium bowl. Sprinkle with 1 teaspoon cornstarch, black pepper and 1 teaspoon soy sauce. Toss to coat chicken completely.

In very large skillet or wok, heat 3 tablespoons oil until hot. Add chicken a few pieces at a time. Brown on all sides. Remove and set aside.

Add remaining 2 tablespoons oil. Heat until hot. Add celery, carrots and scallions. Sauté for 5 minutes.

Drain off boiling water. Add to skillet along with bean sprouts. Cook and stir, scraping drippings from bottom of skillet, for 1 minute.

Blend 2 tablespoons plus 1/2 teaspoon cornstarch and 2 tablespoons soy sauce and 1/4 teaspoon ginger. Stir into skillet. Cook and stir until mixture boils and thickens.

Return chicken to skillet. Simmer, covered, for 5 minutes. Do not overcook. Serve immediately with cooked rice, if desired.

RED SNAPPER MEXICANA
(8 Servings)
3 lbs. red snapper fillets
1 tablespoon salt
2 tablespoons olive oil
1 small onion, sliced thin
1 large clove garlic, sliced
1 jar (8 oz.) Picante Sauce
1 can (8 ounce) tomato sauce
1/2 bay leaf
1/4 teaspoon oregano
6 pineapple-stuffed green olives, cut in half
1 tablespoon capers
2 tablespoons Jalapeno Salsa or Serrano
1/4 teaspoon salt
1 1/2 teaspoons olive oil
Fry each surface of fillets with fork and arrange in 12x20-inch baking pan; sprinkle with lime juice. Cover and refrigerate 2 hours. In large sautepan, saute onion and garlic in 2 tablespoons olive oil until vegetables are soft. Add Picante Sauce, tomato sauce, bay leaf, oregano, olive, capers, jalapeno and salt; cook and stir over medium heat until sauce mixture is slightly reduced, about 10 minutes. Pour sauce over fish fillets. Sprinkle with remaining 1/4 teaspoon olive oil and 1/4 teaspoon salt and return to oven. Bake, basting often with pan juices, 15 minutes more or until fish is tender and flakes easily. Serve with hot cooked rice.



Treats Brighten Tradition

Christmas is a time when homes are filled with the smells of baking, and cookie jars are brimming. Memorable food traditions aren't time consuming if you choose convenience products and make them festive with favorite, easy decorative touches which are a part of the holidays.

On Christmas morning, give the early risers a treat by serving homebaked buns and coffee cakes which use mixes or refrigerated doughs. Then, just add finely chopped brightly-colored candies to these convenient mixes to make them "your own." "M&M's" Plain and Peanut Chocolate Candies use the highest quality chocolate and Southern peanuts, making them perfect baking ingredients. If you prefer "from scratch" baking, prepare your own recipe the night before, adding the bright candies for that Christmas touch, then reheat at serving time.

An easy morning treat, Peanut Apricot Coffee Cake starts with two packages of refrigerated crescent dinner rolls, given a festive touch with chopped "M&M's" Peanut Chocolate Candies. Or, make charming Christmas Tree Buns easily with hot roll mix or from your favorite recipe, shape and frost, adding the colorful decorative touch of "M&M's" Plain Chocolate Candies.

Served with nutritious, instant Holiday Hot Chocolate, these cover-warm Christmas treats will keep holiday traditions bright.

PEANUT APRICOT COFFEE CAKE
2 packages (8 ounces each) crescent dinner rolls
2 tablespoons butter or margarine, melted
1/2 cup apricot preserves
1/2 cup "M&M's" Peanut Chocolate Candies, chopped
1/2 cup sifted confectioners' sugar
1/4 to 2 teaspoons milk

Unroll refrigerated dough; do not separate into triangles. Press 1 section of dough (4 triangles) over bottom of greased 9"-round cake pan. Brush with butter. Arrange remaining 9 sections in rectangle, about 11" x 13", on lightly floured surface and press the edges together. Spread dough with apricot preserves. Sprinkle with chopped candies. Roll dough up beginning at short side. Cut into 9 slices. Arrange slices of dough in pan, cut side down. Brush with remaining butter. Bake at 375 degrees F. 25 minutes or until light brown. Cool in pan 5 minutes. Turn out onto serving plate. Mix sugar with enough milk to make smooth glaze. Spoon glaze over coffee cake. Makes 9" coffee cake.

HOLIDAY HOT CHOCOLATE
1 banana, cut up
2 cups hot milk
Marshmallows, if desired
Place candies, banana and hot milk in blender container. Cover and blend until smooth. Pour into 2 mugs. Garnish with marshmallows. Makes 2 servings.

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Bruno Cat Yams 59¢

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Mangro Rice 79¢

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Mince Meat Pies 1/1
Pumpkin Pies 1/1
Economy Fruit Cakes 1/1
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Eggplants in season, right, offer taste and eye appeal when stuffed with a ravioli mixture enhanced with fresh green peppers and ripe olives. Meringue topped Baked Apples, left, may cost from \$2 to \$5 at fine restaurants, but costs about 50 cents per serving when prepared at home.



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APPLE PAN DOWDY, Quick Version: Use canned apple pie filling, top with ready to bake cinnamon rolls, patted flat. Bake at 350 degrees F. for 30 minutes.

PASTA STUFFING: Canned Pastas are good "stuffers." Try filling eggplant, squash, green peppers, tomatoes or onions with hearty, tasty canned pasta.

JELLED CIDER SALAD: Use cider instead of water for gelatin salad. When partially jelled, add fresh apple cubes, celery and walnuts.

RAVIOLI & VEGETABLES: For a good hot meal with meat try canned beef ravioli in tomato sauce plus some in-season vegetables — carrots, beans, etc.

TANGY APPLE SAUCE: Use cider or apple juice instead of water for making applesauce.

APPLE STUFFING: A cup of chopped apples for each cup of bread cubes. Makes delicious poultry stuffing. Season with onion, celery, sage and salt.

CANNELLONI & BROCCOLI: Undercook your vegetables rather than overcook them. Add fresh or frozen broccoli to canned cannelloni for a real Italian touch.

APPLE OMELET: Equal amounts of finely chopped apples and ham make delicious filling for an omelet. Top with sour cream.

LASAGNA & VEGETABLES: Take a good hot lunch to the office. Fill your thermos with a combination of chopped onions, peppers and canned Lasagna.

Use 'Fresh' During Peak To Save \$\$

With the pressures of time as well as money, most of us need to devise a reasonable and workable "game plan." A logical one would be to use available convenience foods plus fresh fruits and vegetables when they are at peak quality and their lowest prices. Combine the vegetables and/or stuff them with canned pastas for easy-to-fix main dishes.

Canned pastas such as ravioli, cannelloni, lasagna or spaghetti and meatballs point the way to trimming the budget and still having good hot meals. These pastas in tasty sauces with meat add substance, flavor and heartiness to casseroles, soups and skillet dinners.

RAVIOLI PEPPERONATA
2 medium-sized eggplants
1 tablespoon salt
1 cup chopped green pepper
1/4 cup chopped red pepper
1/4 cup cooking oil
2 cans (15 oz. each) beef ravioli in tomato sauce
6 pitted black olives, sliced
1/4 cup grated Parmesan cheese

Cut eggplant in half lengthwise. Scoop out eggplant pulp with a large spoon or melon-baller. Salt pulp and allow to stand for 15 minutes to remove excess water. Dry with absorbent towel. Blanch eggplant shells for five minutes in boiling water; drain. Sauté pepper, onion and eggplant pulp in oil until soft, but not brown. Add Beef Ravioli in Tomato Sauce, sliced olives and cheese. Fill blanched shells for five minutes in boiling water; drain. Cover tops with aluminum foil. Bake in 350 degree F. oven for 20 minutes. Serves four.

Fresh apples, available the year around, are among the most adaptable of fruits. They give a lift to humdrum dinners, spanning the menu from appetizers, snacks, soups, meat, salads, desserts. The accompanying recipe illustrates how to dress up a baked apple — a dessert that may cost from \$2 to \$5 at fine restaurants.

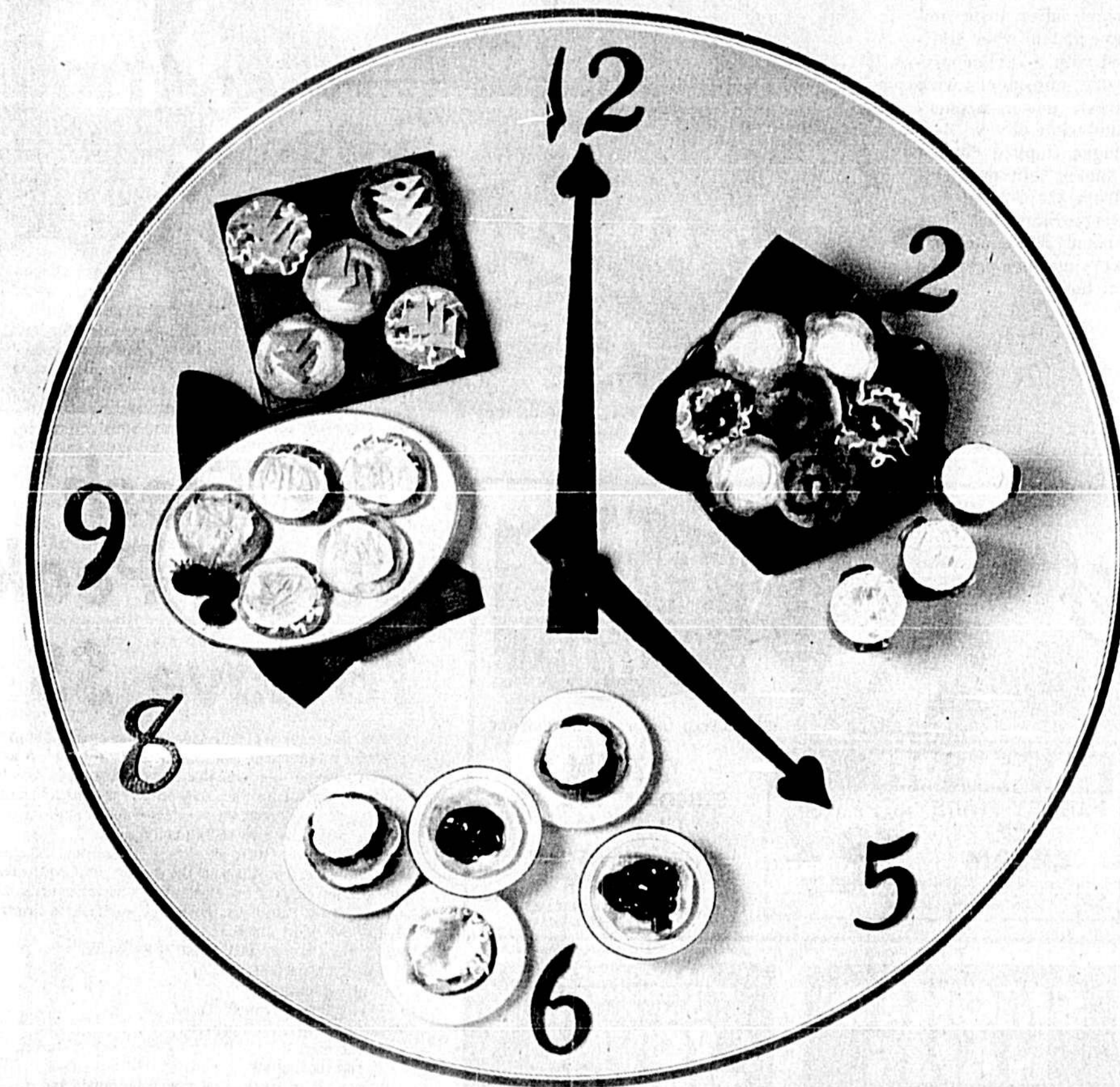
Made at home it costs less than 50 cents a serving. Baked apples are at home on the breakfast table, surrounded by hot cereal. Or they can be filled with leftover meat, ham, cheese and rice for an entree. For a special occasion, conceal the apple under a meringue, then sauce and flame it, this:

MERINGUE-TOPPED BAKED APPLES
6 medium size apples, top half peeled and cored
3/4 cup butter
1/2 cup macaroni crumbs
2 tablespoons rum or brandy
1/2 cup white wine or vermouth
1/2 cup sugar
6 3-inch rounds of toasted bread
1/2 cup apple jelly
4 egg whites
1/4 teaspoon cream of tartar
1/4 cup sugar
1/2 cup apple juice
1/4 cup brandy

Grease a large baking dish with a tablespoon of butter. Peel the top half of each apple and remove the core. Combine macaroni crumbs, rum or brandy and raisins and mix well. Fill apple centers with the mixture, top each with a teaspoon of butter and place in the baking dish. Bake at 350 degrees F. for 30 to 40 minutes, basting occasionally, until apples are soft but hold their shape. Do not overcook.

Toast bread, butter generously, then spread with apple jelly. Beat egg whites and cream of tartar, then add sugar gradually and place the baked apples on the toasted rounds in the dish. Cover tops of apples with the meringue and return them to the oven to bake at 500 degrees F., 3 to 5 minutes. Add remaining apple juice, apple jelly and butter to a small saucepan and bring to a boil. Transfer the hot sauce into a serving dish. Heat the brandy, and bring to the table with the meringue topped apples and the sauce. Ignite the brandy, add to the sauce and spoon the flaming sauce over each apple before serving. Serves 6 persons.

Around The Clock Danish



When minutes count and anyone versatility is what you want, turn to Danish pastry. A freezer well supplied with your favorite flavors of Danish can easily add variety and special interest to daily menus — morning, noon or night. Most associate Danish, that melt-in-your-mouth pastry, with breakfast or coffee break. Actually, it's an ideal snack for an infinite variety of occasions around the clock. This luscious pastry got its name a century ago when Danish bakers duplicated Viennese pastry, but added their own special touches, such as spices and fruit fillings. The dough must be rolled, folded and chilled several times over a period of hours to make the flaky, buttery layers that mean real Danish.

The sensational treat has become a world-wide favorite. All of the following recipes tempt you to do something creative with convenient Individual Danish. No help in the kitchen is needed.

With the work done for you, all that's left is the fun. It's hard to believe that something so convenient can make so many tasty snacks. For example, in just 10 minutes, you can treat breakfast or brunch guests to Danish 'N Eggs. It's a meal that's both quick and nutritious. In the afternoon when friends drop in, you might offer simple, but elegant Danish with Flavored Butter Spreads. You can have an afternoon continental name a century ago when Danish bakers duplicated Viennese pastry, but added their own special touches, such as spices and fruit fillings. The dough must be rolled, folded and chilled several times over a period of hours to make the flaky, buttery layers that mean real Danish.

with all the recipes here, it's ideal for one or two, or buffet service for all your guests. Danish pastries are as good a way to end the day as they are to start it.

12 PM: DANISH 'N EGGS
Top warm Danish with poached eggs and cheese for a different breakfast idea at home.

1 PM: DANISH WITH FLAVORED BUTTER SPREADS
Warm Danish according to package directions. Place Danish on plates. Place egg on each Danish; top each serving with about 1 tablespoon cheese. Makes 6 servings.

2 PM: DANISH WITH FLAVORED BUTTER SPREADS
For your 2 o'clock coffee break offer a variety of butter spreads and an assortment of Danish pastry.

3 PM: DANISH WITH FLAVORED BUTTER SPREADS
6 frozen Individual Cinnamon Raisin Danish OR Individual Cheese OR Individual Apple Danish.

That's when you can make these Continental Snacks. As

4 PM: DANISH WITH FLAVORED BUTTER SPREADS
2 cup butter, softened
2 teaspoons grated orange peel
2 tablespoons pineapple preserves
2 tablespoons honey
2 tablespoons raisins
2 tablespoons walnuts
2 tablespoons almonds
2 tablespoons pecans
2 tablespoons cashews
2 tablespoons walnuts
2 tablespoons almonds
2 tablespoons pecans
2 tablespoons cashews

cream. Repeat layers once. Makes 3 servings. UN* to serve single layer shortcakes: place warm Danish on 6 plates; spoon about 1 tablespoon strawberries on each Danish. Top with whipped cream. Makes 6 servings.

5 PM: DANISH WITH FLAVORED BUTTER SPREADS
A new version of that traditional favorite of apple pie and ice cream.

6 PM: DANISH WITH FLAVORED BUTTER SPREADS
6 frozen Individual Apple Danish.
1 cup caramel topping
1 tablespoon rum
1 pint vanilla ice cream
Warm Danish according to package directions. While Danish are warming, stir together caramel topping and rum. Place Danish on plates; top each with scoop of ice cream. Pour about 1 tablespoon rum sauce over each serving. Makes 6 servings.

7 PM: DANISH WITH FLAVORED BUTTER SPREADS
6 frozen Individual Cheese Danish.
1/2 cup cherry or blueberry pie filling
Warm Danish according to package directions. Place Danish on plates. Spoon about 1 tablespoon pie filling on each Danish. Makes 6 servings.

8 PM: DANISH WITH FLAVORED BUTTER SPREADS
6 frozen Individual Strawberry Spiced Danish.
2 packages (16 oz. each) frozen strawberries, thawed and drained
Warm Danish according to package directions. While Danish are warming, whip cream, gradually adding confectioners' sugar. Beat until stiff peaks form. To serve two layer shortcakes: place 3 warm Danish on 3 plates; spoon about 1 tablespoon of whipped

Eggs — Fast And Festive

Holiday entertaining is great fun! At least, it should be. But, too often the cook does all the work while everyone else celebrates.

The wise holiday cook who gets the fixin's together fast will enjoy the festivities as much as the guests. The secret lies in taking advantage of all those handy convenience food out there on the grocer's shelf. Put together with a bit of imagination, they'll turn into sparkling holiday fare — quickly and deliciously.

One of the greatest convenience foods of all are eggs. They provide high-quality, low-cost protein in all kinds of dishes for any meal of the day or any type of party. Best of all, eggs are perfect partners for a vast array of other convenience foods.

Combined them with canned or packaged soups in saucers, creamed dishes and buffet-style casseroles. Put them together with already-cooked chicken, tuna or mushrooms, ready-shredded cheese or crunchy colored frozen vegetable combos in omelets. Quickly whip up custardy quiches with the aid of frozen pie shells. Use a packaged salad dressing mix as the seasoning for your deviled eggs.

For dessert, bake some crepes to freeze for later use. When unexpected guests drop in, fill the crepes with canned pie filling or minicream. You'll save hours of kitchen time.

Party foods should look good, taste good, be easy on the budget and require a minimum amount of preparation. What other food fits those requirements better than eggs — tasty, attractive, economical and fast?

This holiday season resolve to be an unburied hostess. Get out of the kitchen and into the party with eggs — fast and festive!

Are you wondering how to keep your holiday food budget in line this year? Why not serve eggs more often? At 50 cents a dozen, large eggs are only 60 cents a pound. That's a very low price for top-quality protein food which also contains lots of vitamins and minerals.

Let eggs be your holiday helper. They're so quick to fix that you'll save lots of time in the kitchen. Put them into yummy egg omelets, whip them into appetizing omelets or slice them into beautiful casseroles for the buffet table. However you fix them, eggs are fast and festive!

With a supply of hard-cooked eggs in the refrigerator, you'll be ready for a holiday party in almost no time at all. Deviled eggs for hearty hors d'oeuvres or chop them for festive egg salads. Eggs are ready for a party when you are.

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Holiday Inn

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Evening Herald

72nd Year, No. 104—Thursday, December 20, 1979—Sanford, Florida 32771 Evening Herald (USPS 481-280)—Price 15 Cents

State: 'Profit' Hospital Would Cost County

By DIANE PETRYK
Herald Staff Writer

Seminole County stands to lose \$719,000 in medical care funds for the poor over the next eight years if Seminole Memorial Hospital is taken over by a for-profit corporation, according to a state agency.

In addition, if the county relinquishes control of the hospital to a for-profit group, the county would have to repay the federal government a percentage of the current worth of the hospital.

Nathaniel Ward, director of the Health and Rehabilitative Services Office of Community Medical Facilities in Tallahassee, confirmed the amounts that would be lost for care of indigents.

Because of these losses, a citizens group will inform county commissioners today that they object to Hospital Corporation of America (HCA), Nashville, possibly taking over Seminole Memorial.

The commissioners are considering proposals for purchase or lease of the hospital from HCA, Florida Hospital, Orlando, and the current hospital board of trustees.

Florida Hospital is a not-for-profit organization which proposes to buy Seminole Memorial and renovate it. The current trustees propose to become a private, not-for-profit entity and lease the building from the county.

HCA pledges to build a completely new 200-bed facility in Sanford and proposes to lease Seminole Memorial during construction. After the new hospital is built HCA would return the old building to the county.

The citizens group, Seminole County Resources for Human Needs Committee, points out in a letter to the commission that under the current hospital administration, funds for care of indigents must be provided due to obligations the hospital incurred when it received funds for construction and equipment under the Hill-Burton Act.

Hill-Burton provided federal grant funds with the stipulation that the hospital would spend a percentage of its net operating money yearly in care of indigents. The obligation with each Hill-Burton grant is for 20 years.

Seminole Memorial received money under the act four times for a total of \$1,168,023.

In 1963, they received \$325,000; in 1964, \$75,000; 1968, \$678,000; 1973, \$90,000. The hospital will have some obligation under the act until 1990, 20 years after the most recent grant. The obligation for indigent care from the other grants expires in 1983, 1984 and 1988.

Until 1983, when the oldest grant expires, Ward said, the hospital is required to provide \$115,000 yearly in care for indigents. The figure is 10 percent of the current total obligation. It can be adjusted up or down, annually, depending on options the hospital may choose, he said, but the total obligation remains the same.

The obligation under Hill-Burton can be transferred to another non-profit group, Ward said, but a for-profit corporation could not assume it.

Thus, he said, if a for-profit organization took control of the hospital, his office would insist on an immediate recovery action against Seminole County.

Seminole County, as the entity that applied for the grants, would be required to make the repayment. The amount to be recovered would be calculated by first determining the "now" value of the hospital. The government would want to recover the same percentage of that "now" value as they provided when the building was under construction.

But Douglas B. Lewis, HCA's director of domestic development, said today Seminole Memorial Hospital "is in such bad shape that the Hill-Burton payback would be minimal."

With HCA the county would not have to subsidize the hospital, Lewis said, and that would provide great financial benefit to the county. HCA would request only that the county reimburse the hospital for indigent care at the Medicaid rate, which is below cost, Lewis added.

"We feel certain," HCA's proposal states, "that the amount of additional (property) tax revenue provided by HCA as a result of private ownership... will, to a great extent, assist the county in providing indigent care more so than under its present, not-for-profit system."

Ward said, however, that the for-profit groups statements are "just a promise."

"Under the not-for-profit present system, care for indigents is guaranteed," Ward said.



IS IT REALLY YOU, SANTA? Two-year-old Jeff Prokosh, son of Mr. and Mrs. James Prokosh of New Tribes Mission headquarters, wears Auxiliary 10108 of Sanford for families of the New Tribes staff.

Deltona To Get Hospital?

A power struggle is developing between the Volusia Hospital Authority and a group of private physicians over proposed construction of a hospital in Deltona, which, if built, could have an impact on plans for Seminole Memorial Hospital.

Of the three proposals still in the race for Seminole Memorial, two indicate they would make sweeping administrative changes. The third group, the current board of trustees of the hospital, have not indicated what their switch from a county-owned to a private not-for-profit group would change at the administrative level.

However, one hospital source said regardless of Seminole Memorial's future, some high-level administrative changes will occur through resignation of top officials.

The source said Hospital Administrator Charles Bentley is one of those contemplating leaving, regardless of what the county decides to do with the facility.

When asked about this today, Bentley said simply "no comment."

At present, in Deltona, there is a medical facility operated by 14 private physicians near the reported site of the facility. To get approval, however, the new facility would have to convince neighboring hospitals to relinquish some of their allotted beds.

So embroiled in controversy has the issue become, that it has prompted the resignation of a Volusia County hospital administrator, William E. Clapper, the administrator of Fish Memorial Hospital, a non-profit hospital in Deltona.

Clapper, whose resignation is effective Feb. 1, said the issue of a hospital in Deltona is his last professional act as administrator of a hospital in Deltona.

While the results of the study showed the need for a full-service hospital in Deltona, Clapper said his board voted not to pursue the matter. Clapper said he feels the decision was short-sighted and they did not properly assess the study material.

The problem with building a hospital in Deltona, whether by the private group of physicians or West Volusia Hospital Authority, according to Clapper, is that Volusia County is overbedded. It currently has 450 beds more than the state recommends at the preferred rate of 4.3 beds per 1,000 residents.

There are eight hospitals in Volusia with a total capacity of 1,559 beds.

Clapper pointed to the Daytona Beach General Osteopathic Hospital as a prime example of overbedding. He said that hospital is licensed for 207 beds but only uses 75.

"Anyone who might approach them to purchase their bed license might find the cost at \$2,000 to \$30,000 per bed allotted," Clapper said.

The impact on Seminole Memorial Hospital, if a hospital is built in Deltona, according to Bentley, would be a loss of patients. Currently, 20 - 30 percent of Seminole Memorial's patients come from the Deltona area, he said.

Bentley said he feels the trustees would turn down any request that Seminole Memorial relinquish some of its beds.

Although speculation is the private physicians involved would like to build the Deltona Hospital within 18 months, Clapper said the hurdles and bureaucratic red tape involved in getting the hospitals to relinquish beds would take so long, that it would be three to five years "before we see a hospital in there."

An interesting sidelight, according to Clapper, is one of the front-runners in the race to obtain Seminole Memorial Hospital, Florida Hospital, Orlando, the Seventh-day Adventist group, has also expressed an interest in building a hospital in Deltona. — DIANE PETRYK

Iran Students Rule Out Yule Visits

TEHRAN, Iran (UPI) — Militant students ruled today that relatives will not be allowed to visit 50 American hostages at Christmas even though the Iranian government said it hoped such a humanitarian gesture might be arranged.

"No relatives will be allowed to see them at Christmas," a militant spokesman said. "After all, they are hostages."

He refused to say whether the hostages — now in their 47th day of captivity — would be allowed to attend Catholic and Protestant church services next week as promised by Foreign Minister Sadegh Ghotbzadeh.

"That's his opinion, not necessarily ours," the spokesman said.

Interior Minister Hashemi Rafsanjani Wednesday raised the possibility of Christmas visits when he said, "There is a possibility they (the hostages) families will be allowed to visit them for Christmas and we would like such a thing to happen."

The students and Ghotbzadeh were locked in a power struggle after Iran's ambassador to Sweden was arrested on charges of being a CIA agent.

A militant spokesman said on state television late Wednesday that Ambassador Abbas Amir Entezam was taken into custody after secret U.S. Embassy documents were turned over to the revolutionary

Iran Students Rule Out Yule Visits

Hostages Receive Huge Florida Card

TEHRAN, Iran (UPI) — A 10-by-6-foot Christmas card addressed to "fellow Americans" and signed by 22,000 Floridians was delivered to the U.S. Embassy today and Foreign Ministry officials said the 50 U.S. hostages were receiving all their cards and gifts.

The giant card came from the people of Panama City, Fla., along with thousands of other ordinary-sized cards, bringing to 300,000 the number received in Tehran in the past week.

Militant captors at the embassy said they had "already distributed the first batch of mail to the hostages" Monday.

The spokesman said the captured documents proved the ambassador was a CIA spy. He read out portions of the American documents, quoting one in which Charge d'Affaires Bruce Laingen wrote that Amir-Entezam had been working to re-establish closer ties with the United States.

The ambassador, a deputy premier in the provisional government of Prime Minister Mehdi Bazargan, had himself transferred to Sweden to maintain his CIA contacts, the spokesman charged.

He read another document purportedly showing a former political officer identified merely as Mr. Stempel had been a CIA officer in Iran.

The incident was a deep embarrassment to Ghotbzadeh and heightened the current struggle with the militants for influence in Iran and the ear of Ayatollah Ruhollah Khomeini on the 47th day of the embassy crisis.

In Washington, a White House official, who asked not to be named, said President Carter would not press for international trade sanctions against Iran until after Christmas Day, at the earliest.

The aide said the administration had decided not to press for sanctions while U.S. Secretary General Kurt Waldheim is having "intensive discussions" with Iran. Earlier in the week, the militants launched a full-fledged public attack on Ghotbzadeh, calling his optimistic statements on the future of the American hostages "irresponsible."

They accused him of "deviating" from Khomeini's wishes and said many Iranian embassies were nests for "counter-revolutionaries."

Sanford Housing Authority Seeks \$1,800,000

By DONNA ESTES
Herald Staff Writer

An application to the U.S. Department of Housing and Urban Development (HUD) for \$1,799,789 to upgrade all six public housing projects in Sanford was approved by the Sanford Housing Authority (SHA) Wednesday night.

The improvements are to include energy conservation and much needed repairs to structural components to provide greater tenant comfort and safety, said Tom Wilson, SHA executive director today.

Wilson said the three-year comprehensive modernization program would begin in 1981. Since the SHA has a completed comprehensive plan for the modernization, the local organization has an edge on gaining the funding, he said.

Currently, SHA is in the process of upgrading the housing in Castle Brewer Court and Cowas-Moughlin Terrace. The other housing projects are: William Clark Court, Edward Higgins Terrace, Lake Monroe Terrace and Redding Gardens.

In other business, authority members approved a \$2,300 write-off in uncollectible rental fees. Portions of the uncollectible fees were from three instances in which tenants had failed to report higher incomes and then moved without paying the retroactive rental increases.

Wilson noted rental fees in the public housing projects are based upon income and family size. He said when it was found that three tenants had changed jobs for higher incomes and when his office tried to collect the increased rents then required, those tenants moved.

Income is verified during the year, he said, by checking social security and employment records.

Wilson reported to the board that \$222,000 of the \$460,000 allocated to the authority during the past year in community block grants from the federal government has been spent. The balance will be carried over into the new year to complete the program.

The goal of the program is to acquire and renovate 15 dilapidated houses in the Sanford area for resale to low-income families. In addition, a portion of the money, Wilson said, was used to provide drainage improvements at one of the housing projects.

Wilson said one house has been completed in the acquisition-renovation program and is on the market and work is to begin on the second house at 1292 Oleander and 12th Street, in the next few weeks.

Wilson said a local developer has received commitments for constructing 30 low income housing units in the Sanford area and will hopefully begin construction of those units in the new year. More than 2,000 persons are currently on the waiting list for low income housing, Wilson said.

Sanford Housing Authority Seeks \$1,800,000

Today

Action Reports	2A
Around The Clock	4A
Bridge	2B
Classified Ads	4B-4D
Comics	2B
Crossword	2B
Dear Abby	1B
Dr. Lamb	2B
Editorial	4A
Florida	8A
Horoscope	2B
Hospital	2A
Nation	2A
Ourselves	1B
Sports	6A-7A
Television	1B
Weather	2A
World	2A

5
Days 'til
Christmas

DOLL WINNERS

Winning dolls in the annual Salvation Army doll dressing contest are displayed by Sheila Roberts, past chairman of the Salvation Army Advisory Board in Sanford, after the judging at Flagship Bank of Seminole. Area groups and individuals dressed the dolls for distribution at Christmas through the Salvation Army. She holds the first-place winner, dressed by Mary Robb of First Baptist Church, while second place went to a member of Telephone Pioneers of America for a peasant doll (center) and the third place doll (right) is by Estelle Derrick of First Baptist Church.

A Sanford man was killed early this morning when his car collided head-on with another on U.S. Highway 17-82 in Longwood.

Francis M. Luecker, 71, of Welkwa Road, died when his car collided with one driven by Deborah Ann Arch, 18, of 111 Red Cedar Drive, Longwood, just north of Dog Track Road at 12:35 a.m. say Longwood police.

Luecker Killed In Crash