

Sanford Herald

Serving Sanford, Lake Mary and Seminole County since 1908

90th Year, No. 21 - Sanford, Florida



Today Partly cloudy with a 30 percent chance of showers and a high of 85. Low 70s.

For more weather and page 4A

TODAY

BRIEFS

Depression era glass show

The Sanlando Depression Era Glass Show & Sale will be held Sept. 19 (6 to 9 p.m.), 20 (10 a.m. to 5 p.m.) and 21 (10 a.m. to 4 p.m.) at the Sanford Civic Center, 401 E. Seminole Boulevard, Sanford. Admission is 63 per day or 85 for all three days. There will be door prizes, an open snack bar, displays of depression glass and a special appearance by author, Gene Florence.

Inspection checkpoints

The Florida Highway Patrol will be conducting driver license and vehicle inspection checkpoints during the week of Sept. 19 through Sept. 25 at the following locations: County Road 15, Old Lake Mary Road, Orange boulevard, Osceola Road, Celery Avenue, State Road 426, E.E. Williamson, General Hutchen-son, Thinnell Road and Dodd Road.

Recognizing the danger presented to the public by defective vehicle equipment, troopers will concentrate their efforts on vehicles being operated with defects such as bad brakes, worn tires and defective lighting equipment. In addition, attention will be directed to drivers who would violate the driver license laws of Florida.

Jazz legend at Leu

The internationally acclaimed "Nathan Page Quartet" will play for a Leu House Museum benefit for the crown of "Jazz Guitar King." Nathan Page is one of the biggest musical names residing in Florida today and his multimedia credits are endless. He has appeared at Carnegie hall, the Hollywood Bowl, the Newport Jazz Festival and the Johnny Carson Show.

A welcome reception starts at 7 p.m. followed by the concert at 7:30 p.m. Tickets are \$15 per person, available at the Gardens Gift Shop or by calling (407) 246-2620.

Free collectible stamps

The Central Florida Stamp Club will be giving away free collectible stamps to children at the Winter Park/Orlando Stamp Show on Sept. 20 from 10 a.m. to 6 p.m. and on Sept. 21 from 10 a.m. to 3 p.m. at the Sheraton Orlando North Hotel (Maitland Boulevard at I-4).

There will be free admission, free parking, free door prizes, free stamp collection estimates and over 20 dealers ready to help at the show.

American heart walk

Columbia Medical Center-Sanford will step out with 400 of Seminole County citizens in a walk to fight heart disease and stroke, America's leading causes of death and disability.

The event is held in over 1,000 locations nationwide. Locally, the walk will be held on Sept. 20 at 8:15 a.m. at the AAA building in Heathrow.

Over 350,000 walkers all over the nation will collect donations from family, friends and co-workers to fund lifesaving cardiovascular research.

Evil Weevil update

The public is invited to attend the September meeting of the Seminole Bromeliad Society on Sept. 21 to hear Dr. Howard Frank present an update on his research efforts to stop Metamasus Callizona, the "Evil Weevil" which has been attacking the native Bromeliad population of Florida since 1989.

The program will be held at the Garden Club of Sanford which is located at 17-02 and Fairmont Drive, one block south of Lake Mary Boulevard. Program begins at 2:30 p.m. and there is no charge for admission.

From Staff Reports

INDEX

Classified.....4B-5B	Obituaries.....4A
Comics.....5B	People.....3B
Crossword.....5B	Police.....3A
Dear Abby.....5B	Religion.....5A
Dr. Gott.....5B	Sports.....1B-2B
Editorial.....4A	TV.....Pullout
Horoscope.....5B	Weather.....2A

A man in his 60s was working...

Sanford confidential

Mayor disgusted, suspects criminal activity over taped police department phone call

By RUSS WHITE
Herald Staff Writer

Call it Sanford Confidential. The city's cops and mayor are at odds again.

The latest confrontation concerns a mysterious tape.

"You've got to hear it yourself," Deputy Chief Dennis Whitmore said Friday morning.

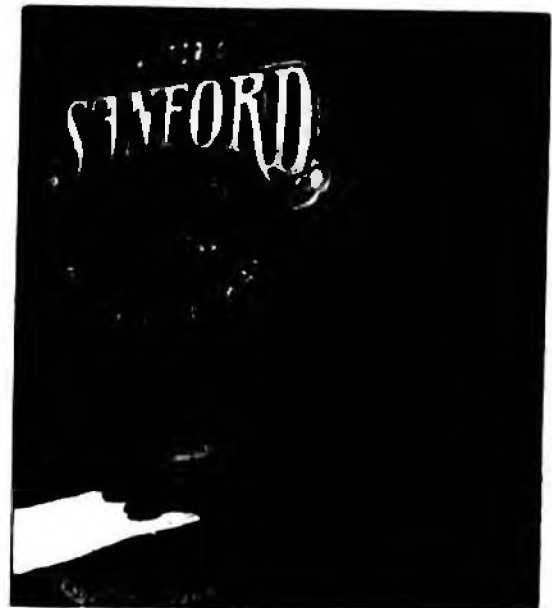
Three of the Sanford city commissioners have heard it, and a fourth - Kerry Lyons - will listen to the tape sometime today according to Police Chief Joe Dillard.

Mayor Larry Dale, who also will hear the tape today, told the *Sanford Herald* this morning that he expects some "criminal activity...I'm disgusted at this and a lot of other stuff that's going on," he said.

Some detect the mayor's voice on the tape - a telephone call made this past March by Lynn Stogner, who heads the Pinecrest Neighborhood Watch. As Stogner waits to be connected to an officer at the SPD, someone in the background says, "what's wrong?"

"Ah, they've got me on hold, they're giving me

See Call, Page 4A



Mayor Larry Dale

Rally around the flagpole for a moment of prayer



Seminole High school students took a prayerful moment before class this week. The school was only one of many in Seminole County which participated in "See You at the Pole" ceremonies this week. The national event encourages students to rally around the school flagpole to pray for "God, school and country," according to Seminole senior Jason Ryll, (pictured) co-captain of the Fellowship of Christian Athletes organization at the school. Ryll is also president of the Venture Club and plans to attend Bible college after he graduates. The event was organized by members of the FCA and attended by a school-record 350 students, which topped last year's total of 290, who arrived at 7 a.m. to participate. Member of the school administration and faculty also attended.

Photo courtesy of Seminole High School yearbook staff

Riverwalk construction bumped up

By MARIA OREM
Herald Staff Writer

Construction of the Lake Monroe Riverwalk has moved up one year, however the project will no longer be managed by the City of Sanford. Jay Marder, director of planning and zoning, reported to city commissioners Monday that the Florida Department of Transportation would administer the project.

"There is good news and bad news," Marder said. "The good news is that construction on the riverwalk will begin one year earlier in 2001-02. On the down side, the design phase will be delayed to 1999-2000."

Despite the change in administering the project, Marder said the city wanted to proceed with its Local Agency Program (LAP) certification request for future state and federally funded transportation projects on local streets. There was also a question on funding, he said.

The City of Sanford had planned to become certified through the FDOT's LAP to allow the city to administer the project and to also be involved in the design phase.

Marder said even if the city had maintained the management role, FDOT consultants and contractors would still be required for the project. The FDOT will be responsible for all aspects of the project. In-

See Riverwalk, Page 4A

Seniors: Add more life to your years

By BHARI BRODIE
Herald Staff Writer

You may not be able to add more years to your life, says Norma Smith, paraphrasing the old adage, but with the Seminole Adult Learning Institute, you'll add more life to your years.

The Seminole Adult Learning Institute is a newly formed membership organization designed to provide college-level continuing education opportunities for area residents age 50-plus. It is sponsored by Seminole Community College's Community Education Program. Smith is on the steering committee that has brought the program from its inception in March of last year to the planned information meeting and reception next Tuesday.

"Wow, there's a need," Smith said was her reaction when she responded to an invitation to attend an organizational meeting. More than 75 of her peers also responded to the invitation that suggested that such a need might exist in the Seminole County area.

Another steering committee member, Henry Rosenthal, said he had been hearing things from other older adults who, like himself, had been taking classes at SCC. "Back home in Indiana," or any other state, he said they'd say, they had been involved in Elderhostel programs.

Elderhostel programs are sponsored by universities and colleges and usually include seminars presented by noted lecturers. Presented during breaks in the regular classes schedules, older adults are invited to attend the extended lecturer series and use the dormitories on campus for accommodations.

At SCC, SALI will offer three six-week terms a year with participants choosing from three programs: study group, class or seminar.

"We cover the basics of different ways to study," said Rosenthal.

Unlike the Elderhostel program, SALI will utilize college instructors and facilitators from outside of academia.

The curriculum for the first term, which begins on Oct. 7, was culled from the pages and



Herald Photo by Tommy Vincent

Tom Stoiber, Seminole Community College Community Education coordinator, holds the SALI sign flanked by

Norma Smith, SALI steering committee member, and Pat Evans, Stoiber's administrative assistant.

pages of topics of interest suggested at the first meeting, said Smith. In the study groups, participants will discuss classical novels or contemporary events.

In the class series, students will learn contract bridge or genealogy. And in the seminars, such topics as Introduction to blues and jazz, exciting travel opportunities, the ABC's of lawn care and gardens, practical first aid, better photography and a study of the stock market will be offered.

The session are two hours per day, two days a week. The cost is \$39 per term and entitles members to discounts on selected Community Education classes and free access to SCC

amenities such as the library, theater presentations, sports events and student activities.

"This is the first time a college-level experience has been available to those 50-plus in our area," said Tom Stoiber, Community Education Coordinator for SCC.

The SALI program is the first of its kind in Seminole County. A similar program, called Learning Institute For Elders (LIFE), has been in existence at the University of Central Florida and many area seniors have been traveling to Orange County to attend.

Smith said the college is currently acting as the "umbrella," under whose auspices the Institute SALI, Page 4A

SCHOOL NOTES

No excuse today for Dirty Laundry



Today Is... **RUSS WHITE**



David McCallum from *The Man from U.N.C.L.E.*

Upon Nov. 11, 1957, 60-year-old... was born in... Charles Carroll

For boob tubers
 ... Susie... James Drury... Doug McClure... Lee J. Cobb...

Dancing feat
 Hermes Pan... Fred Astaire... Ginger Rogers... Danaglotopulous

History quiz

... Henry Gibson... Red Auerbach... Bill Murray



EXTENDED OUTLOOK

Dinner and a movie

L.A. Confidential deserves attention



David Frazier **Screen Tests**



Guy Pearce as Detective Ed Exley in Regency Enterprises' *L.A. Confidential*

Last year... the best... of the best... of the best...

L.A. Confidential... Four stars... the most... of the best... of the best...

FORECAST

TIDES

High	Low
...	...

STATISTICS

...	...
...	...

BEACH CONDITIONS

...	...
...	...

FLORIDA TEMPS

City	Hi	Lo	Skies
...
...

LOTTERY

Play 4
 2 9 5 8
Cash 3
 6 1 8

Sanford Herald

... See Movie, Page 4A

Table Hopping

By MARIA OREM
 Herald Staff Writer

Don Pablo's, on State Road 46 at the I-4 intersection in Sanford, offers authentic Tex Mex cuisine at affordable prices. The expansive restaurant is set up in a warehouse-style building with high ceilings and exposed brick walls...

Don Pablo's
 State Road 46 at I-4
 Sanford
 328-1885

Off to school: Just hop on the bus, Jeff

By JILL BERENSON



Students with their parents from the Mills of Lake Mary prepare to board the bus.

Who Runs America?

Get the facts!
The New American
1-800-727-TRUE
Book by Jeffery M. Needell
The New American
P.O. Box 114
Apopka, FL 32712

Put Your Mind at Ease...

Renee Antonette Godby, M.F.
Phone: 374-5530
1, MA 06247-25

POLICE BRIEFS

Alcohol-related charges

Retail theft

Two drills stolen

Domestic violence charged

QUAD squad on the job

Can We Explode That Old Myth?



It's time to blow up the old myth that women are not as capable as men. Visit us when Trade Time Comes.

Kaiser

PONTIAC BUICK GMC TRUCK

"Sound Off"

Examine the issues of the day with your host *Bob Haddock*

Tune in every Friday at 12: noon
WTRR 1400 AM

Listen to win an original 'Beanie Baby'

The Tin Lizzie
Tavern • Deli
109 W. First St.
Historic Sanford • 321-3908

DAILY LUNCH SPECIALS

For Week of Sept. 22nd thru Sept. 26th

- M** • Chicken Pita Delight/\$3.95
- T** • Buy one Lunch get second 1/2 off
- W** • Meatloaf Dinner \$4.75
- T** • Buy one Lunch get second 1/2 off
- F** • Fish Sandwich & Chips/\$3.25

Fantastic Sams
Sanford • Hwy. 17-92 No Appointment Necessary
Experienced Stylists To Serve You!

323-9045

Blow-Out Summer Specials!

JUST FOR KIDS CUT \$3.95 Stamps • Blow Dry Expires 10/31/97	ADULT CUT \$6.95 Stamps • Blow Dry Expires 10/31/97	QUICK & EASY PERM \$21.95 Stamps • Cut Expires 10/31/97	Fantastic Color \$19.95 Stamps • Unstyled Style Expires 10/31/97
--	--	--	--

It's the Price!
...That Saves You Money!
Get More Early!
These Deals Go Fast!

PRICES GOOD FRIDAY, SATURDAY, SUNDAY, SEPT. 19, 20 & 21

BIG LOTS
The CLOSEOUT Store.
Quantity Rights Reserved ©1997 Consolidated Stores Corp.

CUSTOMER APPRECIATION SALE!

40% Off ALL T-SHIRTS ALL BRAS & PANTIES • GOLF BAGS CHILDREN'S ACTIVITY & COLORING BOOKS	\$4.99 TUCKER TOTES Rug \$12.48	Buy 1 Get 1 FREE ELEGANT BODY & BATH MOISTURIZER SAVE \$1.50
20% Off ALL RUGS & PILLOWS	20% Off CEREAL	40% Off ALL CAR SEATS While Supplies Last
20% Off BETTY CROCKER CAKE MIXES	20% Off	20% Off

HOURS: Fri 8am - 10pm • Sat 8am - 11pm • SUN 9am - 6pm
2921 S. ORLANDO DR., SUITE 150, SANFORD • 328-8763

ACE HARDWARE STORES

Plant Sale

40 LB. Top Soil **88¢ BAG**
WHILE SUPPLIES LAST

Mums 1 Gal \$2.57 EA.
Selloum 1 Gal \$2.57 EA.
Border Grass 1 Gal Aztec or Leg \$1.87 EA.

Propane Tanks Filled Every Day

LONGWOOD Hwy 434 & 427 339-4883
SANFORD 207 E. 25th St. 321-0885

AmeriGas
America's Propane Company

SALE ENDS 9-24-97
Rug \$15.99

Editorial/Opinion

IAN SHOALES

Millennial thing is bogus

This millennium thing is bogus. Time has no dates; it rolls along whether we wear a watch or not. We only have calendars because insurance companies need to give away something with their name on it at Christmas.



IAN SHOALES

Catholics would be obliged ... to accept three extraordinary doctrines: that Mary participates in the redemption achieved by her son, that ... graces ... are granted only through Mary's intercession with her son, and that all ... petitions from the faithful ... must likewise flow through Mary, who then brings them to the attention of Jesus.

So when we equate the word "millennial" with the word "apocalyptic," we're just being silly. When day dawns on Jan. 1, 2000 (or 2001, depending on your point of view), no pale horses will thunder across the sky, the seventh seal will not break, and all 10 horned beasts will stay under the sea.

But I'll shutter the windows and lock my doors anyway, just to be on the safe side. Millennium or not, things are weird out there. Take Garth Brooks. What's the deal there? He seems like a nice enough guy, but Garth Brooks Superstar? Garth Brooks Mania?

Then there's the Farrah video, in which we're asked to watch a depressed 30-year-old woman romp around naked. And why have all sports, from hockey to croquet, suddenly become "extreme"? No wonder people are lining up to buy real estate on Mars — which looks amazingly like Arizona (without the atmosphere of course).

It may be just another bizarre millennial rumor, but it's said that Pope John Paul II may exercise his infallibility option and name the Virgin Mary as "Co-Redemptrix, Mediatrix of All Graces and Advocate for the People of God."

According to Newsweek magazine, which only wishes it were infallible, if His Holiness makes this dogma, ...

the singer's words taken verbatim from 12 concerts filmed live out of the thousands he gave.

Wait a minute, you might say, just because a drag queen lip synchs "Somewhere Over the Rainbow" that doesn't make Judy Garland a church. How does it make Elvis a god?

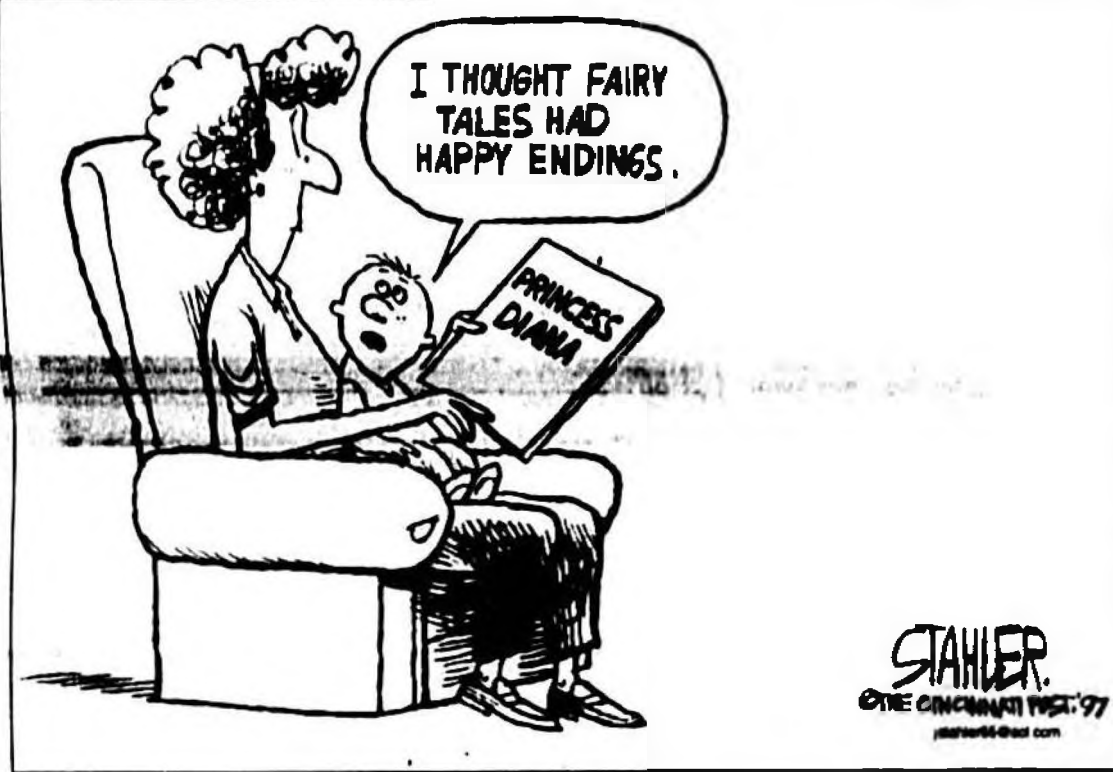
Well, there's more to the story. First there's the spiritual side of Elvis. Wasn't he reading a book about the Shroud of Turin when he died? When he performed, didn't he make his entrance to the strains of Richard Strauss' "Also Sprach Zarathustra," the ditty that heralded the appearance of the god rocks in "2001: A Space Odyssey"? Gee, how much proof do you need?

Some claim that Elvis will rise again in the year 2001. The proof? Elvis died in 1977, on the eighth month of the sixteenth day. Eight plus sixteen plus 1977 equals 2001! Or you can add his birth year, 1935, his age when he died, 42, plus eight and sixteen. Again: 2001!

What does it all mean? I don't know. But I added up the running time of the Farrah Fawcett video, the number of times I've seen the word "paparazzi" in stern editorials over the past seven days, and the number of Garth Brooks CDs sold since 1994, multiplied them by four (for the Holy Quartet, Father, Son, Holy Spirit and Mary), then subtracted my emotional age, and got the exact distance from Earth to Mars.

If that's not proof of something, I don't know what is.

(To receive a complimentary Ian Shoales newsletter, call 1-800-999-DUCK or write Duck's Bread, 408 Broad St., Nevada City, CA 95959.)



STAHLER ONE CIRCUMFERENCE 1997

BEN WATTENBERG

Thai baht not hot--so what?

Surely you've noticed the fall of Thailand's baht. Just a few months ago it was worth 25 percent more than it is now. Is that bad? Should it bother Americans?



BEN WATTENBERG

These days American economists are of two minds. Some say: So Much Is Different. Others say: So Much Is the Same. It's important to know who's right, or righter.

If the people who say It's Different are right, that may well be worth an extra 5,000 to 10,000 points on the Dow average over the next few years, which will make your pension plan fat, or fatter. And that would be only a small part of the change in store for us.

Those who say Different point to some amazing developments over the last decade. The Cold War ended. Democracy is spreading. Markets have become the economic philosophy du jour. International trade has boomed. Deregulation and privatization have loosened the stultifying restraints of government. Technology-driven advances in transportation and communications have made commerce more efficient. And so, say the Differentists, this is a new economic era. Inflation has been whipped. The American gross domestic product has been growing almost 3-1/2 percent per year during the last two years. This boom will last forever, or at least for a long time. The old rules don't apply. We'll all be rich, or richer.

What do the Same-ists say? Mostly, "Ho-hum; been there, done that." And they have lots of history on their side. Capitalist economies do seem to operate in cycles. It was once called boom-and-bust. Recently it's been more like moderate-growth-and-mild-recession. We're doing very well right now, say the Same-ists, but just hold your breath; it will change. It always does.

As a "for instance," American Eastern Institute economist John Makin points to what's happening in Asia right now. The so-called "Tiger" economies and China have been growing so fast that they are now facing a

classic capitalist dilemma. Entrepreneurs build more factories, producing more goods, until the amount of goods produced is more than customers, foreign and domestic, will consume. This "supply-shock" causes manufacturers to cut prices. Deflation. The value of the currency falls. Still: not enough buyers. Employers lay off workers. That cuts the demand for goods still further. A recession ensues. It can take a while to pull out of a recession, as the Japanese have learned since their bubble broke in late 1989. The stark currency devaluation of the Thai baht is but a case in point, and it has been mimicked in Malaysia, Indonesia and the Philippines.

The advent of a global economy, says Makin, could make Asia's problems into — America's problems. For now, deflation in Asia cuts prices in America, keeping inflation low, or possibly even negative. But after a while, even the startling American economy could take a hit. American workers could start losing jobs to discounted foreign goods. Demand goes down still

further, and so on — into a recession right here in America. Ho hum; been there, done that. Cycles happen.

Both the Differentists and the Same-ists seem to make sense. Who's right? Both are. (I am a Bothist.)

Either the New Economy makes sense, or economics itself doesn't make sense. We did so many things right. Trade, markets, peace, democracy, deregulation and technology were just what the doctor had ordered. We deserve an economic bounce from all that. We're getting it.

At the same time, the laws of market economics have not been repealed. For example, there is no known way to prevent over-capacity in a free economy. (How many fast-food restaurants can your neighborhood support? How many athletic shoes are needed from Thailand?)

So what do we get? A cyclical capitalist economy, but operating from a higher base than before. Instead of taking our mild recessions from a growth rate of 3 percent, we will take our recessions from a growth rate of 3 percent or 4 percent. If you think you can time the actions of complex markets, then — at precisely the right moment — move your assets from stocks into bonds and cash. Then — at precisely the right moment — put the assets back into stocks.

Let us know

The Sanford Herald wants to publicize your events, classes and seminars that are available to the general public.

We'd like to have the information for your announcement at least a week in advance.

All items should be typed or written legibly and include information about who, what, when, where and even why your event is taking place. Be sure to include your name and a daytime phone number in case we have some questions about the information.

Call

Continued from Page 1A

the run around." Stogner allegedly answers. "It doesn't matter...we're going to get rid of them any how," is heard next.

Dale denies he's the one on the tape. "I know Lynn Stogner but I've never been with him when he made any telephone calls. I expect this may be another deliberate attempt to make me look like the bad guy who's against the police department. An attempt to diffuse the problems."

Chief Dillard told the Herald that he was made aware of the tape in March when Stogner said he was upset at the communications person who took his call. "He (Stogner) calls frequently," Dillard said. "I listened to the tape to check out what happened - if Lynn Stogner wasn't served properly."

The employee was found to have done no wrong. There was no emergency. No neglect of duty.

"I didn't make much more of it (the tape). It was no big deal," Dillard said today. "That it's come up again now is especially unfortunate."

We're trying to move on."

Dillard said he played the tape on Thursday for commissioners Velma Williams and Brady Lessard. He also spoke to the mayor and to Stogner this morning. "I asked the mayor if he wanted to hear the tape," he said. Dale told the chief he did, and would be in today.

"There are voices in the background," Dillard said. "I can't say who they are. There are comments about the department. And there's one that is most inappropriate."

Commissioner Whitey Eckstein said he heard the tape last March, and had no way of knowing who was on the tape. "I doubt anyone does," Eckstein said Thursday night.

Commissioners Williams and Lessard could not be reached this morning for comment.

"I have to hear the tape, myself," Stogner said today. "I have no idea what's on it... I do call there (the SPD) a lot. This is a big mystery to me."

"Looks like we better get ourselves a voice expert," Dale said.
To be continued.....

Movie

Continued from Page 2A

the city. L.A. Confidential is a juicy, engrossing drama about police corruption. It has the feel of a flatfoot, detective story with pulp novel spirit. It's the Chinatown of the 90's.

Like John Huston's Chinatown, L.A. Confidential is a robust film noir. Hanson concentrates on the characters of the film, and how they are affected by all the shady happenings going all around them. And so that is happening we learn more about them—their aspirations, their regrets. Wisely, Hanson does not let his style or presentation of the time period stand in the way of telling the story about these people. Truth be known, it is a delightful pleasure to witness Hanson—a director in need of a big hit—so successful and at ease with this material.

His support group comes in the form of a tremendous ensemble cast with Pearce, Kevin Spacey (The Usual Suspects), as an image-conscious cop, Russell Crowe (Gladiator), as the department's short fused "muscle", James Cromwell (Dabe), as the Irish mentor captain, Kim Basinger (Fatman), as a "star look alike" prostitute, David Strathairn (The Firm), as a wealthy smug king, and Danny DeVito (Ruthless People), as the unapologetic editor and writer of a splashy tabloid magazine. But let's not forget to mention Hanson's helpers: production designer (Jeanne Oppewall), cinematographer (Dante Spinotti), costumer (Ruth Myers) and music (Jerry Goldsmith). Those valuable players helped Hanson to recreate the 50's City of Angels.
L.A. Confidential deserves at-

attention. It is one of the most involving films of the year.

Playwright Paul Rudnick wrote the screenplay for the comedy In & Out (Three and a half stars). His story deals with a fictional Indiana town coping with the news that a popular English teacher at the local high school may be homosexual. From this, Rudnick shows how the teacher, played by Kevin Kline, deals with the scrutiny of the town's people and his own doubts and discoveries. And In & Out also pokes fun at homophobia --the fear of gays.

Howard Brackett (Kline) is "outed" much to his dismay by a former student (Matt Dillon) now an Oscar winning actor who discloses the startling revelation on the widely viewed award show. Shocked, Brackett's parents (Debbie Reynolds and Wilford Brimley) speed over to his house to confront him and his equally bewildered fiancé (Joan Cusack). The principal (Bob Newhart) of Brackett's school is leery to keep the teacher of ter numerous phone calls from concerned parents. A tenacious tabloid reporter (Tom Selleck) hopes to kickstart his career with doing a week long series on Brackett. Even Brackett, himself, takes an introspective look at his life.

Rudnick adds humor to social issues, but he also pokes fun at the absurdity of labeling. Society labels people according to unwritten outlines describing different personalities, and Rudnick's satirical wit captures it.

Bringing out the comedy of Rudnick's script fell on the responsibility of director Frank Oz (Little Shop of Horrors). Oz brings a whimsy and comic subtlety to the material, but he also allows actors to open up and let loose. Especially Kevin Kline and Joan Cusack. Both give two of the best comedic performances of the year.

In & Out is an out and out comedy that should not have audiences hiding in the closet no matter what your lifestyle.

Sheriff's Office hosts 3 events

By MARIA OREM Herald Staff Writer

The Seminole County Sheriff's Office is sponsoring several programs this weekend.

The Hot Shot '97 competition will be held today at 4:30 p.m. at Sanford Middle School, 1700 French Avenue, Sanford. The competition will feature children ages 9 to 14 shooting the basketball, from various distances on the court within a 90-second time limit.

The winners will advance to the county's championship scheduled for Oct. 26 at Seminole Community College.

The second event sponsored by the sheriff's office is an auto prevention rally from 10 a.m. to 2 p.m. Saturday at the Alafaya Square Shopping Center in Oviedo. The rally will feature Vehicle Identification Number etching by the sheriff's youth deputies.

Each year, 1,300 vehicles are stolen in Seminole County and 120,000 were stolen statewide.

A bicycle safety rodeo will be held from 9 to 11 a.m. Saturday at Red Bug Elementary School, 4000 Red Bug Lake Road in Casselberry. Deputies will discuss bicycle safety and the rules of the road, including the recent law requiring children under age 15 to wear helmets.

SALI

Continued from Page 1A

tute is getting its start. She said the aim is to become self-sufficient, utilizing the knowledge and talents of members of the institute to further the goals of SALI. "The intent is that as the program develops, the members will become facilitators."

Smith and Rosenthal are both in a position to provide the expertise to guide the institute. Smith, a Lake Mary resident, has a Ph. D. in early childhood education and is retired from Central Connecticut State University, where she taught multi-cultural education. She is also the former president of Lake Mary's AARP chapter. Rosenthal, of Sanford, who served on the steering committee with his wife, Fran, is retired from the Department of Energy in Washington, D.C. where he worked in Nuclear Safety. Fran is a homemaker who spent much of her time doing public relations for volunteer programs.

Riverwalk

Continued from Page 1A

cluding finances, permitting, engineering and design and construction. However, he said, the FDOT is committed to achieving design approval through the city.

The riverwalk project, at an estimated cost of \$1.5 million, is funded through state transportation money. The concrete riverwalk will be a series of bicycle and pedestrian paths along Lake Monroe's seawall extending from Seminole Boulevard and U.S. Highway 17-92 from Wayside Park to Mellonville Avenue. The preliminary plan also calls for guard rails on the road side and hand rails along the major lakefront sections of U.S. Highway 17-92.

Final approval of the management change, which was proposed by the FDOT, will be made by the Orlando Urban Area Metropolitan Planning Organization at its meeting in November.

Members will have input every step of the way, Smith said. Participants will decide the topics of interest. And to make things interesting, special events are planned, such as holiday parties and trips. Smith said a possibility for the second term would be a sea cruise tied to the upcoming solar eclipse.

"What we have is a program that covers a broad cross-section of interest," said Rosenthal. "It will be whatever the people want it (SALI) to be."

Stoiber added, "Senior Institute members will enjoy the opportunity to develop new friendships with people who have common interests, enhance their educational horizons and share their own life experiences and expertise with others—all with no test and no grades!"

Any area senior interested in joining, or obtaining more information, should plan to attend the information meeting and reception on Tuesday, Sept. 23, at 2 p.m. in the 8CC Fine Arts Auditorium (Building O). To RSVP for the meeting, call 328-3121.

PHARMACY TOPICS
By: Abi J. Falayo, R.Ph.

Protect your children against germs by teaching them to wash their hands. Michigan study found that kids who wash their hands four or more times during the school day had 24 percent fewer sick days lost to stomach illnesses.

Two studies in Texas and Sweden support mammograms starting at 40, not 50. Researchers found highly treatable forms of breast cancer in women under 50.

At the Mayo Clinic in Scottsdale, Arizona, postpartum patients complained of severe headache. Research found out why: with no breakfast, they missed the caffeine in their morning coffee.

Despite the cholesterol in shrimp, it can be enjoyed in a heart-healthy diet. Researchers found it raised HDL's (the good cholesterol) without boosting the bad LDL's.

New brand of prenatal vitamins, Prenavite Ultra, uses a less toxic form of iron, so it's less damaging if little kids get of the pills.

Free booklet on how to use Medicaid patients with no prescriptions.

PARK AVENUE PHARMACY
2479 PARK AVE. SOUTH
SANFORD
322-1717
WE DELIVER • MEDICAL SUPPLY • SERVICE

Religion

IN BRIEF

Family Weekend

Sanford Church of Christ, 1500 S. Park Ave., will hold a Family Weekend on Sept. 20 and 21 with Dennis Jones, President of International Bible College in Florence, Alabama, as the speaker for the event. Saturdays service will begin at 10 a.m. and will feature a cookout at noon.

Jones will again present a lesson Sunday at 9:30 a.m. until a covered dish luncheon will be hosted following Bible classes. For more information call the church office at 322-7781.

Power Team to perform

The First Baptist Church of Oviedo is sponsoring John Jacobs and the Power Team on their visit to the Orlando area. During the week of October 8 to 12 the Power Team will perform nightly at the UCF Arena at 7 p.m.

This national known team of power men will be at the First Baptist Church of Oviedo during the regular morning services starting at 8:15, 9:30 and 10:50 a.m. on Sun., Oct. 12. The Power Team has the world's greatest exhibition of power, strength, speed, inspiration and motivation in the world today. The Power Team has been featured in People magazine, CNN News, Weekly International Television Shows, and appearances in over seven different countries.

The event is the most radical program of ultimate intensity that will be live in Orlando this year.

For more information call the church office at 365-2712.

Renewal '97

Lord of Life Fellowship Church, 305 Tusawilla Rd., will host Renewal '97, starting with morning worship at 10:30 a.m., Sun., Sept. 21 and continuing every evening from 7:30 p.m., Sept. 21 through Sept. 26. Renewal '97 promises to be a rare opportunity for everyone to step back from the hustle of every day life, reflect, reach out and heal. The excitement begins Sept. 13, with a sky sign over Walt Disney World during Night of Joy. Look for a banner over Tusawilla Road, Sept. 21 and a searchlight to point the way.

For more information call the church office at 365-6363.

Pastor anniversary

The public is welcome to help celebrate Zion Hope M.B. Church's pastor's anniversary. Pastor Elias Caffey will be honored on Sun., Sept. 21 at 11 a.m. and at 3:30 p.m. The church is located on the corner of Orange Avenue and 8th Street.

Church activities

Allen Chapel AME Church, 1203 Olive Ave., is offering free tutoring in reading and math skills for elementary students: Monday, Tuesday and Thursday from 4 to 6:30 p.m., Wednesday from 5 to 6:30 p.m., Middle school students Monday, Tuesday, Thursday from 5 to 6:30 p.m. and Wednesday from 3:30 to 6:30 p.m.

Youth church activities for ages 13 to 18 meet the first and 4th Tuesdays of each month at 7 p.m. Parents attendance is required at all meetings. Youth services are held on the fourth Sunday of the month at 5 p.m.

The mass choir will have a rummage sale at the church on Saturday, Sept. 13 from 9 a.m. to 3 p.m.

For more information call the church office at 322-8864.

Choir to perform

"The Magic of Bronze" is a Central Florida community handbell choir formed in September of 1996. The music director, Ruth McDonnell, holds a degree in Music Education and is the handbell director at Ascension Lutheran Church, 351 Ascension Dr., in Casselberry.

"The Magic of Bronze" will rehearse Tues. evenings from 7:30 to 9 p.m. at Ascension Lutheran Church and is open by audition to advanced ringers high school age and over. The 1997-1998 auditions are being held Sept. 9 at the church.

For more information call the church office at 899-7184.

Community Day

House of Refuge Ministries Inc. will be sponsoring a Community Action Day on Sept. 20. It will be held at 1001 Mary Ave. from 10 a.m. to 3 p.m.

Community Action Day will feature choirs, groups, dancers and various other activities. There will be a health tent to take blood pressures and blood sugar tests free.

Food and unique items will also be featured. The public is invited to attend.

For more information contact Pastor Dora Richardson at 324-4711.

Women's Conference

House of Refuge Ministries will hold its annual Women's Conference on October 10 and 11. The theme for this year's event is "Armed and Dangerous."

The speakers are Pastor Sig Oblander, Dr. Elizabeth Hairston, Pastor Dennis Johnson, Dr. Dannaeta Fishburne, Evangelist Daisy McCasler and Atty. Susan Williams. The conference will be held at the Ramada Plaza Inn in Orlando.

Registration deadline is Sept. 14. For more information call 324-4711.

Men's Bible Study

Each Monday at 7:30 p.m. Sanford Christian Church is conducting a Mens Bible Study. Presently the study is looking into the seven steps outlined in Promise Keepers. The study is open to all men in the area.

Call 322-0980 for more information. The church is located at 730 Upala Rd. in Sanford.

Craft event set

The Dorcas Circle of Upsala Community Presbyterian Church, 101 Upsala Rd., is planning an Arts and Crafts Event on Sat., Nov. 1 on the church grounds. Crafters and artists are needed to participate.

For more information call 321-5595.

Save labels

Sanford Church of Christ, 1500 S. Park Ave., is working desperately to save Campbell soup, V-8 labels, Prego spaghetti, Pepperidge Farms, Viasic and Swanson labels to purchase a church van. Members are short on funds so this alternative method can help provide transportation for youth activities, those unable to drive, running errands and visiting other church functions.

Anyone wishing to help with this effort please send labels to the church office at the above address at the zip code 32771 or call the church office at 322-7781.

Jeannette Siffey will also pick up labels from those desiring to contribute. Please contact her at 322-8234. One million labels are necessary so much help is needed to make this goal a reality.

Commemoration

The Lutheran Church of the Redeemer, 2525 Oak Ave., will observe The Commemoration of St. Matthew, "The Sinning Saint" at the 10:30 a.m. service Sunday.

Immediately after the worship service a meal is planned and will be served by the Board of Elders. Those attending are asked to bring a salad or dessert as carry-in items, the other food items will be prepared at church.

Regular Sunday service and Sunday School are at 10:30 a.m. each Sunday. Visitors are welcome. For more information call the church office at 322-2464.

Highlight: Music Director Elizabeth Jenkins

By CARTER GILMARTIN
Herald Correspondent

Quick! An employment riddle. What job requires a college degree, 36-45 hours per week of your time, only allows you four or five meals per week at home, sends you to church six times a week every weekend and send you back three days and three nights during the week?

Can't guess?
Here's a clue.
It's Easter Sunday. Instead of eating a nice dinner at home with your family, you inhale a can of tuna and two crackers, sneaked between services, on the back steps of the church.

No, not a pastor.
All right, we'll make it easy.
You have the voice of an angel and the focus of a juggler. You are fluent in Spanish, English, Italian and French.
No? Try this.

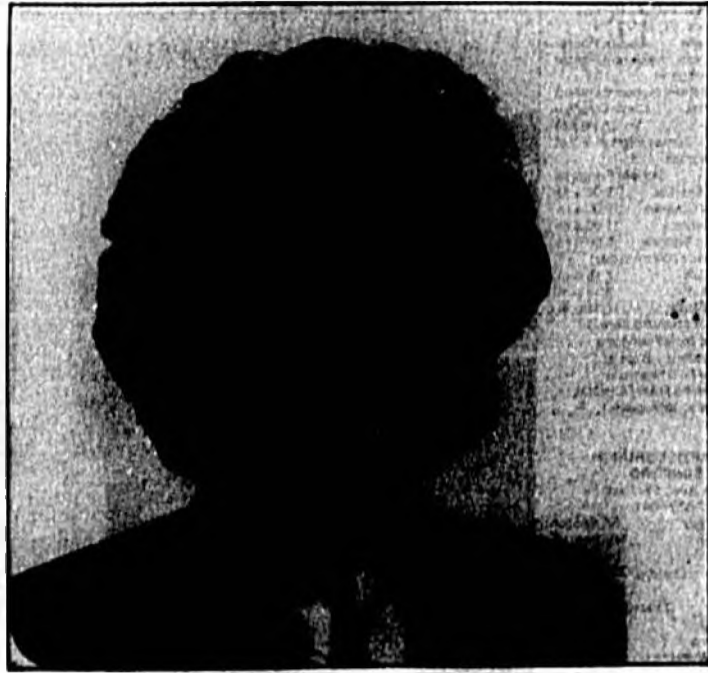
Once upon a time you dreamed of teaching music theory to college students. Instead you now strive for new ways to explain sharps and flats, contrasts and crescendos, to choir members who may not read music.

That's it. Your job is Director of Music and Liturgy at All Souls Catholic Church in Sanford.

Elizabeth Jenkins has been in that job since 1990. Father Tom Burns hired her based on her earliest work at St. Francis of Assisi in Apopka. Father Richard Trout has kept her at All Souls because he is a very wise man.

In 1990 two small choirs sang at two masses on Sunday. A cantor sang at the third mass. Parishioners planned the Saturday folk mass.

Today, there are two choirs for the two Saturday masses. There are three choirs and one cantor for four Sunday masses, one of which is in Spanish.



Music Director Elizabeth Jenkins

There are specialty groups that perform monthly and at special occasions: the children's choir, ages 6 to 11; the youth choir, ages 12 to 17; the children's masses; and the gospel choir. Hence, the rehearsals three nights per week and directing and accompanying all weekend.

The three days per week are spent researching and planning. She explains that her goal for All Souls "is to make the liturgy come alive through scripture and song for the congregation."

At a recent rehearsal of the gospel choir Jenkins encouraged members to "empty your lungs, then take a deep breath" that would last through eight measures, to perfect phrasing.

At a rehearsal of the children's choir, Jenkins managed to mold 30 independent voices into one choir by modeling

The children - some of whom are too young to read - memorize words to new songs by repetition.

All this is accomplished with skill and good humor.

Jenkins played clarinet in band through high school. She's been singing in and accompanying choirs since the age of 19. While at the University of South Florida she played violin and viola in the orchestra. As a music major, her principal instrument was piano. Although she studied French four years she says she minored in Italian in college. "I guess just because I got tired of French."

Fluency in Italian served her well when she took the combined All Souls Choirs to Rome, Italy, last year. They performed a concert at St. Ignatious and sang a mass at St. Peter's. The choir was given

one minute to sing for Pope John Paul himself. Because of Europe's love affair with gospel music and because it is so American identified they used the full minute in gospel voice.

Jenkins' husband, Phil, lent his voice to the choir during their Rome tour and in the month long preparation.

He is band director at Lake Highlands Preparatory School.

The couple met at University of South Florida School of Music where both graduated in music. Their two daughters study piano. Shannon, age 9, sings in the choir. Kimberly, age 13, sings in the choir and plays oboe in her school band.

For relaxation and the pure joy of it, Jenkins listens to Baroque string music and the guitar music of Otmar Lefebvre.

She seems always to be either performing, planning, arranging or listening to music. But she does take time for old movies, Seinfeld, and catching bargains at consignment shops and garage sales.

Spanning ancient times, to modern, her heroes reflect Jenkins' spiritual life. First, she says St. Paul "for his faith and perseverance." Next, Billy Graham, "for his sincerity and faithfulness in spreading the gospel all over the world." Last, Mother Theresa, "for her humility and desire to care for the poor and sick of the world."

This gifted and spirit-filled music director lives the Bibles' teaching to "Make a joyful noise unto the Lord."

Every month at All Souls eight different music groups raise their voices with hers, singing praises.

It is as they "lift every voice and sing" that all her years of training and all their hours of rehearsal come together and create something new. Being director of music and liturgy is not just a job. Done well, it is a work of art. And Elizabeth Jenkins is the artist.

Reflecting on birthdays

Editor's note: The following poem and comments were retrieved from the church bulletin from Central Baptist Church, where the minister pastors.

By SUEAN WENNER
Herald Staff Writer

My sister, Dianne Blanton lives in Texas. She is very dear to me although many miles separate us and 11 years in age separate us. Recently, she celebrated her 50th birthday and clearly she will ring my neck for revealing her age and possibly her poem I wanted to remind readers to not only think of loved ones during important days but everyday tell them and show them you care.

Even though a birthday pricked my thoughts I want her to know how much I love her and care about her and how special she is. A poem she wrote 10 years ago also made me reflect on my own upcoming birthday in October and realize just how short life really is.

On this eve of being 40,
I look back at the years.
My body seems so different,
but my mind is the same it appears.

The card from my Momma,
recalling the day I was born,
seems so fast the years have flown
from year one to 40 more.

And yet from 12 to 30
it took forever to get through.
Why is it 40 seems
an odd sort of shoe?

The best of all my memories
are of one I love the best
someone has been there
when I was only a guess.

For no one even believed
us until that fatal day,
Sept. 13, 1947
two months before my due date.

Should I have waited?
Seems I was in a hurry.
Boy I sure have slowed
down a lot.

40 years later I'm feeling
two months behind, that's
what.

But as I write this I just
want to say,
Thank you Momma for my
birthday!

Pastor speaks on language used

Someday the nursery rhyme might read: "Piper Peter packed a peck of peppered pickles."

In a world that seems to be constantly changing, the Salt and Pepper Association, make that the Pepper and Salt Association, want to turn the English language outside in.

Actually, the "check in tongue" movement which is based in Alabama, Birmingham, goes down and up the land, attacking the problem of poor words that always come in second place with "tong and hammer, left and right, forth and back, nail and tooth, thigh and hip and hammer and arm."

But not so in the kingdom of God. Jesus said, "The last will be first, and the first last." (Matthew 20:16) So many in our world today want the top spot, first place and the position of honor; but Jesus said, "Whoever desires to be first among you, let him be your



Rev. Jimmy Dale Patterson

slave." (Matthew 20:27) The way to be honored in the kingdom of God is to take the last place. John the Baptist knew that when he said, "He (Christ) must increase, but I must decrease." (John 3:30) May it be so with you and me, or should I say "me and you?" No, the English teachers would come after me.



Mt. Sinai Church breaks ground

Members of Mt. Sinai Baptist Church recently celebrated their groundbreaking for a new addition and major renovation to the church sanctuary. The event took place on August 31 at 5 p.m. The church officers and members along with

friends and well wishers were on hand to witness this occasion. The Rev. R.T. Davis was the speaker for this time of joy. The Rev. Anthony Miller is the pastor for the church.

MIDUP

SUNDAY, SEPT. 21, 9:30 A.M.
WITH COWBOY MUSIC
EVANGELIST
SCOTT BROWN

Wear your favorite country western duds and enjoy a time of fun with christian cowboy, Scott Brown.

Bar-B-Que Dinner
For Meal Reservation
Call 322-2914 by noon
Wed., Sept. 17

\$5 Donation per person
\$15 per family
R.S.V.P. by Wed., Sept. 17th

CENTRAL BAPTIST CHURCH
3101 W. First St., Sanford
(407) 322-2914

FRIDAY PRIME TIME

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (2, 3, 6, 9, 10, 13, 21, 30, 35, 52, 55, 58, 65) listing programs like 'The Tonight Show', 'Late Show', '60 Minutes', etc.

SUNDAY

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (2, 3, 6, 9, 10, 13, 21, 30, 35, 52, 55, 58, 65) listing programs like 'Morning News', 'The Today Show', 'CBS News', etc.

SATURDAY

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (2, 3, 6, 9, 10, 13, 21, 30, 35, 52, 55, 58, 65) listing programs like 'The Tonight Show', 'Late Show', '60 Minutes', etc.

Table with columns for time slots (12:00, 12:30, 1:00, 1:30, 2:00, 2:30, 3:00, 3:30, 4:00, 4:30, 5:00, 5:30) and rows for various TV channels (2, 3, 6, 9, 10, 13, 21, 30, 35, 52, 55, 58, 65) listing programs like 'The Today Show', 'CBS News', 'The Tonight Show', etc.

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (2, 3, 6, 9, 10, 13, 21, 30, 35, 52, 55, 58, 65) listing programs like 'The Tonight Show', 'Late Show', '60 Minutes', etc.

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (2, 3, 6, 9, 10, 13, 21, 30, 35, 52, 55, 58, 65) listing programs like 'The Tonight Show', 'Late Show', '60 Minutes', etc.

MONDAY PRIME TIME

Table with columns for time slots (6:00, 6:30, 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30) and rows for various TV channels (2, 3, 6, 9, 10, 13, 21, 30, 35, 52, 55, 58, 65) listing programs like 'The Tonight Show', 'Late Show', '60 Minutes', etc.

Sports

B

FOOTBALL FEVER

Game of the week: Seminole (2-0, last week beat Pine Ridge, 42-24) at Lake Howell (0-2, last week lost to Oviedo, 20-14, OT), 7:30 p.m.

By JEFF BERLINICK AND KELLY WERNER
Herald Staff Writers

Before the start of the season, many might have thought that a scrimmage between Lake Howell and Seminole would be a conference blowout.

Lake Howell, last year's Seminole Athletic Conference champion, added to Seminole's seven losses last year and appeared to be poised to repeat its showing at the state playoffs.

However, the Silver Hawks lost 27-18 to Winter Park in the first week of the season and last week suffered a tough overtime loss to conference rival Oviedo.

There is a lot of talent on this team, however. Jesse Hannon is a promising quarterback with a strong weapon in his favorite receiver Victor Neaspeca. Running back Kawika Mitchell is also off to a strong start for the Silver Hawks.

Seminole is also a different team this year. Lyman almost closed the gap on the 'Noles before falling 19-14 in the first week of play and Seminole earned its second win in an emotional game against coach Jim Worthington's former team, Pine Ridge last week, 42-24.

Key to the Seminole offensive attack is sophomore quarterback, Garrett Goldsmith who hasn't used his great arm much yet this season. Deon Howard and Joe Knight are the dominators when the 'Noles are in control. In addition, the offense should get a boost this week with the return of Tim Raines at the wing back position.

On the other side of the ball, last week's return of linebacker T.J. Martin and lineman Steve Brown gives the Seminole defense quite a punch.

Now, the tables have turned and Seminole is the undefeated team visiting a Silver Hawk team that desperately wants to earn a mark in the win column. In fact, Silver hawk coach Mike Blacaglia hasn't started a season 0-2 in many years.

Lake Howell will have to make sure there are no personal fouls (which plagued the team in the first week) and that the turnovers from last week are a thing of the past.

In order for Seminole to have its best start in years at 3-0, the 'Noles will need to continue what they have been doing without simple mistakes.

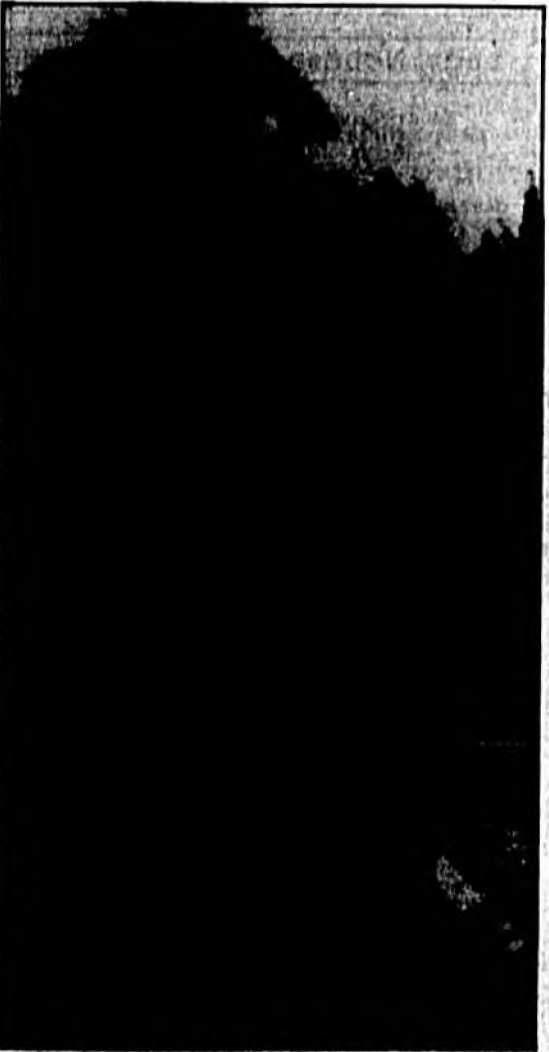
If the Seminoles can bring the same excitement to the game that they mustered last week, they might have a chance to earn their second conference win. There will be a Silver Hawk team in their way, however, that needs a win badly. Should they decide to fight for it, there will be quite a battle in Winter Springs tonight.

Lake Mary (0-2, last week lost to Lyman, 18-14) at Pine Ridge (0-2, last week lost to Seminole, 42-24), 7:30 p.m.

The Rams come in on the footsteps of two heartbreaking opening losses, while Pine Ridge tries to fight back after a couple of their own.

The Rams had a golden opportunity to win at Lyman last week before fumbling at the one-foot line with time running out. The loss makes it five straight for the Rams dating back to last season.

See Football, Page 2B



While Lake Brantley still relies on the option for its offense, players like Eric Lawrence give the Patriots a new found passing option for quarterback Brian Criswell.

In the swim of things Lake Mary boys, Lyman girls split dual meet

From Staff Reports

LONGWOOD - It was a tale of two meets at the Lyman High School pool on Thursday as the Lake Mary boys' team and the Lyman girls' team dominated their respective Seminole Athletic Conference swimming matchups.

The Rams boys improved to 4-0 on the season by winning every swimming event (11 victories in all) and placing second in Diving to swamp the Greyhounds 122-59.

The win was also the 100th dual meet victory for boys' head coach Fred Tyler at Lake Mary.

"This was another real good, outstanding meet for the boys," said assistant boys and girls' head coach Renee Taylor. "They got solid, top performances from Tim Bojanowski in the 100 breast, Brad Goebel in the 200 free and Bryan Sweeney in the 200 individual medley."

The girls were not as fortunate as they dropped their first meet of the year and fell to 3-1 on the season. The Rams are now 3-1.

The final score was 48-28 despite Lake Mary winning 10 of the 12 events.

"It was a good meet," said Renee Taylor. "We got solid veteran leadership from Kendel Johnson, Jacquie Beitel and Jennifer Taylor and Katie Quinn and Katie Mann continue to swim great."

Next up for the BAC schools will be the Lake Brantley Invitational starting at 8:30 a.m. this Saturday. Lyman will host Seminole and Winter Springs in a tri-meet at the Lyman High pool next Tuesday starting at 4 p.m. and Lake Mary will host Ocoola High School from Kissimmee next Wednesday starting at 4:30 p.m. at the Longwood Aquatic Center.

OVERALL

LAKE MARY 122, LYMAN 107

200 Medley Relay - 1. Johnson, Taylor, Quinn, Mann, 2:01.30; 2. Sargent, O'Connell, Powell, Krnan, 2:13.66.

100 Breast - 1. Katie Mann, 2:11.30; 2. Brooke Vestal, 2:22.40; 4. Emily Reardon, 2:27.51.

200 Individual Medley - 1. Katie Quinn, 2:25.50; 2. Jennifer Taylor, 2:30.00; 4. Shannon Powell, 2:43.48.

50 Free Style - 2. Jacquie Beitel, 28.79; 3. Elizabeth Keely, 27.50; 4. Kati Krnan, 28.18.

Diving - 1. Catherine Arledge, 25.20.

100 Butterfly - 1. Kendel Johnson, 1:05.60; 2. Jacquie Beitel, 1:14.60; 4. Yana Tarr, 1:17.90.

100 Free - 1. Katie Mann, 1:08.08; 2. Sarah Richardson, 1:00.50; 3. Kati Krnan, 1:08.30.

50 Free - 1. Elizabeth Keely, 0:16.71; 2. Brooke Vestal, 0:24.38; 4. Emily Reardon, 0:33.13.

200 Free Relay - 1. Johnson, Taylor, Beitel, Richardson, 2:48.60; 2. Homan, Verastichak, Powell, Vestal, 1:56.48.

100 Back - 1. Kendel Johnson, 1:05.60; 2. Sarah Sargent, 1:18.80; 4. Lindsay Pautler, 1:22.50.

100 Breast - 2. Katie Quinn, 1:17.60; 3. Jennifer Taylor, 1:18.00; 4. Danielle O'Connell, 1:18.30.

200 Relay - 1. Mann, Keely, Quinn, Beitel, 4:00; 2. Vestal, Reardon, Sargent, Tarr, 4:28.

BOYS

LAKE MARY 122, LYMAN 107
(Lake Mary Swimmers only)

200 Medley Relay - 1. Taylor, B. Sweeney, Kasiowicz, D'Arcy, 1:46.00; 4. S. Sweeney, Acherman, Bogdanoff, Heitman, 2:05.00.

200 Free - 1. Josh Robinson, 1:56.00; 2. Brad Goebel, 2:00; 4. Andrew Rice, 2:23.90.

200 Individual Medley - 1. Bryan Taylor, 2:11.80; 2. Bryan Sweeney, 2:19.50; 5. Shaun Sweeney, 2:38.50.

50 Free - 1. Jim Kasiowicz, 21.74; 3. Austin D'Arcy, 25.40; 4. Stuart Barks, 25.80.

Diving - 2. Jason Precky, 28.8.

100 Butterfly - 1. Brad Goebel, 2:03.30; 3. Tim Bojanowski, 1:08.90; 5. Shaun Sweeney, 1:20.29.

100 Free Style - 1. Jim Kasiowicz, 52.29; 2. Jake Robinson, 57.24; 4. Stuart Barks, 59.09.

500 Free - 1. Josh Robinson, 5:18.69; 3. Charkon Hutton, 6:27.11; 4. Andrew Rice, 6:58.66.

200 Free Relay - 1. Kasiowicz, D'Arcy, B. Sweeney, Taylor, 1:33.5; 3. Goebel, Barks, Jo Robinson, Ja Robinson, 1:41.29.

100 Back Stroke - 1. Bryan Taylor, 1:02.50; 2. Austin D'Arcy, 1:08.10; 3. Jake Robinson, 1:11.69.

100 Breast Stroke - 1. Bryan Sweeney, 1:08.50; 2. Tim Bojanowski, 1:10.30; 3. Andrew Acherman, 1:22.00.

200 Free Relay - 1. Jo Robinson, Ja Robinson, Barks, Goebel, 3:49.90; 3. Hutton, Rice, Acherman, Bojanowski, 4:19.60.

SEMINOLE'S FUTURE STARS



The Sparks, Seminole Soccer's first Under-12 travel team, will venture to Jacksonville for the First Coast Labor Day Shootout Tournament. Members of the team are (left to right, front row) Katie Gillett, Chase Dickman, Paige Murray, Kaitie Rush, Elena Mlotkowski, Kaitie Szymanski, (middle row) Emily Yero, Caitlin Mason, Kelsey Harness, Christina Darby, Jessica Maghuta, Arden Canaza, Alex Butera, Dawn Winslow, (back row) Praveen Singh, Tom Belle, Andy Szymanski, Natalie Heerens and Nicole Coplin.

Rams win titanic battle

From Staff Reports

LAKE MARY - The top two girls volleyball programs in the Seminole Athletic Conference over the past decade got together for another classic matchup at Lake Mary High School Thursday night.

And the Rams and Oviedo did not disappoint the crowd as the two squads battled tooth and nail before Lake Mary survived with a pair of extra points, 18-14, 16-14, game victories to run its record to 11-0 on the season.

"It was a real good match," said Lake Mary head coach Cindy Henry. "There were a lot of really

See Rams, Page 2B

Romps at Chase

From Staff Reports

SANFORD - The romps continued in the Sanford Recreation Department Men's Thursday Night Chase Park Fall. See Chase, Page 2B

What a difference a week makes

From Staff Reports

SANFORD - Unlike the first week of the season the second week of the Sanford Recreation Department Men's Thursday Night Pinehurst Park Slowpitch Softball League turned into a series of routs.

Sanford Central Baptist Church broke open a close game by scoring five runs in the bottom of the sixth inning and handed K & L Lawn its first loss of the season 10-2.

Things then got out of hand as All Souls Catholic Church of Sanford erased a 3-1 deficit by scoring nine runs in the third inning and adding another seven runs in the fourth inning and going on to pound E21 Discount 20-8.

The final game was more of the same as ADAPCO scored 13 runs in the bottom of the first inning and coasted to a 20-5, 4-plus inning victory over SEI.

K & L Lawn	100 100 6	8 8
Sanford Central Baptist Church	025 006 6	10 13
All Souls Catholic Church of Sanford	100 79 00 10	
E21 Discount	200 31	6 9
SEI	0 00 00	5 7
ADAPCO	119 00 12	20 19

All Souls and Central Baptist are both 2-0, ADAPCO and K & L Lawn are both 1-1 and E21, Discount and SEI are both 0-2.

Next week the tied teams all play each other. At 8:30 p.m., E21 Discount and SEI battle for fourth place; ADAPCO and K & L Lawn compete for second place at 7:30 p.m.; and Central Baptist and All Souls square off for the top spot at 8:30 p.m.

Providing the offense were:
See Pinehurst, Page 2B

S.Y.F.A. wins three of five in Deltona

Special to the Herald

The Sanford Youth Football Association scored three impressive wins Saturday against the West Volusia Wolves at the Deltona High School Football Stadium.

The first to win were the Mighty-Mites with a 19-0 shutout. Dirk Kendrick, Gregory Priest, Okoye Manley and Alvin Johnson all had great games for the winners.

The Junior Pee Wee's were not as fortunate, dropping a 13-0 decision to the Wolves. The game was still in doubt until the final minute when they Wolves scored an insurance touchdown. Toby Martin, Travis Norvell and Nick Marin played well for Sanford.

The Pee Wee's must have been inspired to avenge their little brothers' loss as they whipped the Wolves 32-0.

The brother combination of Clifford and Earnest Manley as well as Joel Seyforth and Brodie Martin worked well on defense, while Kendrick Knight came off the bench in the third quarter to rack up over 200 yards rushing in just two quarters of play.

Julius Griffin had a spectacular day for the Junior Midget's as he tossed three touchdown passes in a 32-13 victory. Jamal Tennon came up with an interception, while Terrence Poindexter, O.B. Talley and Willie Anderson also had outstanding games.

The Midget squad was humbled 42-6. Reno Williams, Demetric King and Victor Blue made some big plays for the Sanford Squad.

Tomorrow Sanford will play at home, hosting Lake Conway at Thomas E. Whigham Stadium starting at 8 a.m.

cactus BOB'S

★ Monday 7-9 P.M.
Buy 1 Entree
ONLY 1 FOR 1/2 PRICE!

★ Tuesday 5-8 P.M.
Kids 12 & Under
EAT FREE!

★ Wednesday 7-9 P.M.
All-U-Can-Eat Wings for
\$6.99

★ Thursday 7-10 P.M.
75¢ Draft • \$4.50 Pitchers
on Bud, Bud Light,
& Icehouses

HAPPY HOUR
Mon. - Fri.
4 p.m. to 7 p.m.
Specials

STOP IN AND CHECK OUR DAILY LUNCH SPECIALS!
1886 S. FRENCH AVE., SANFORD
WINN DIXIE MARKETPLACE
330-1275

People

Sawczuk-Chapman

Mr. and Mrs. George Sawczuk of Sanford, announce the engagement of their daughter, Janet Pauline, to Wayne R. Chapman, son of Ms. Sheila Chapman of Margate, N. J.

The bride-elect is a 1996 graduate of Seminole High School and is a former dancer with Ballet Guild of Sanford-Seminole. She is currently employed as a professional dancer and is appearing in the show, "Jubilee," at Bally's, in Las Vegas, Nev.

Her fiancé, a graduate of Atlantic City High School, Atlantic City, N. J., is employed as assistant manager of the Italian restaur-



Janet Sawczuk, Wayne R. Chapman

ant at the Monte Carlo Casino in Las Vegas. The wedding will be an event of Nov. 22, at the Embassy Suites, Orlando-North, Altamonte Springs.

Is fruit juice harmful to kids?

Fruit juice is a healthy beverage, providing calories while being low in fat and high in vitamin C and some minerals. However, several studies published recently have contended that fruit juice consumption in large amounts could be harmful for young children.

In a study conducted in upstate New York, reported in January 1997, seven-day food records of 2 and 5-year olds were collected, along with the children's height and weight. Children consuming 12 ounces or more of juice per day were more likely to be shorter (20th percentile for height) and heavier (Body Mass Index at or above the 90th percentile) than children consuming less than this amount. Similarly, a 1994 study in New York "implicated excessive intake of fruit juice consumption as a contributing factor in eight cases of nonorganic failure to thrive in one and two-year-olds".

For infants, dental caries resulting from feeding juice in



CONSUMER FOCUS

BARBARA HUGHES/GREGG

nursing bottles acting as pacifiers is a recognized health concern. Finally, high consumption of fruit juice can result in gastrointestinal symptoms such as diarrhea. This is caused by the large amounts of sorbitol and fructose in juices. Sorbitol is a non-absorbable sugar and fructose is sometimes not well absorbed, leading to carbohydrate malabsorption symptoms.

Why is fruit juice, a relatively new presence in the diets of young children, so popular? For one thing, the preference for sweet foods and beverages has been studied in newborn

infants and preschool children, and it has been demonstrated that children prefer the sweet taste. Also, parents think fruit juice is healthy and nutritive. And technology to extract and process juice has made it a convenience food, so juice has easily displaced water as the drink of choice between meals and for snacks. In fact, children under five drink more fruit juice than any other age group.

How does consumption of fruit juice become a problem? Fruit juice does help children meet recommendations to eat more fruits and vegetables. Children from 2 to 16-years-old are consuming 50 percent of their fruit recommendations as juices; for preschoolers, juice accounts for one-third of their fruit and vegetable intake. Juice does not offer all the benefits, such as fiber, of whole foods, however. Even more importantly, the increase of fruit juice intake has been paralleled by a decrease in milk intake. This is a concern since milk is the best source

for calcium and children are not meeting recommendations for calcium. The cause of the failure to thrive in children consuming large amounts of fruit juice could be the displacement of more nutrient-dense foods such as milk. In other children consuming an already adequate diet, fruit juice could be providing extra unneeded calories, leading to obesity.

It could be difficult to change the pattern of excessive consumption detailed here because parents consider fruits juices as healthy and nutritious beverages, and they are right. However, a reliable nutrition education principle is relevant here: If intake of something is good, more of that something is not necessarily better. The recommendation for parents and caregivers is to limit the amount of fruit juice consumed by children to less than 12 ounces a day to thwart the displacement of more nutrient-dense foods by fruit juices.

Pay attention to that small voice

Dear Mary,

I've been dating my boyfriend for two years. It hasn't been great the whole time, but even though I've told him I didn't want to see him anymore from time to time, we've always gotten back together.

Last weekend he asked me to marry him and I said I needed some time to think about it because of the problems we've had in the past and because I don't want to get a divorce if and when I have kids.

My boyfriend was pretty heavy into drugs when he was in high school, but as far as I can tell, he's over that. He does drink a little and it seems like it's when he's had a few drinks that we have problems. He loses his temper over little things and a couple of times, he's pushed me around when I've tried to get him to stop arguing with someone, or let me



FAMILY COUNSELOR

MARY BALK

drive if I think he's had too much to drink.

I really love him, and most of the time he's just great, but it feels like something is holding me back from making a commitment to him for the rest of my life. I think it's because of what I have seen when he's been drinking, although he says that once we're married, he will never touch the stuff again.

I want to believe him, but I'm scared. Do you think I'm just

being overly cautious?
Yellow Light Blinking

Dear Yellow Light,

I think that the small voice of reason, in holding you back from making a commitment to this man is the best friend you've ever had. Make the commitment to yourself to pay attention to it!

Let me paraphrase what you told me. This man is a recovering drug addict who occasionally drinks too much. When under the influence, he becomes verbally abusive and is showing the early indications of physical abusiveness.

He says he'll stop drinking "tomorrow". If you were a parent, is this the kind of person you would want your daughter to choose for a husband and the future father of her children? Don't muddy the waters with "yes, but's". (Yes, but when

he isn't drinking, he's so nice...he says he'll quit drinking...I love him...I may never find anyone better.) If he says he's going to stop drinking, that's great. Tell him that the two of you can talk seriously about marriage when he's been sober for at least two years and has shown no indication of verbal or physical abuse during that time.

Please don't think that people improve their manners or behavior with their partners because they get married. Experience indicates that it usually goes the opposite way. Set your standards for a husband high enough that only men of character and integrity need apply.

Mary Balk is a Certified Addiction Prevention Professional and a counselor at Crossroads Academy. Phone: 323-8742.

'Frustrated' must lighten up on her goals

DEAR ABBY: I have huge expectations for myself, but I never achieve my goals. For example, I want to be a straight-A student, but even though I study and study, I still get B's.

I want to be beautiful. I eat right, I work out, I get enough sleep, but I've never been able to lose the extra 10 pounds I carry.

Plus, I look in the mirror, and all I see is disorder. I want to be happy and surrounded by friends and family. In reality, every time I start to get close to a man, I get scared and ruin it. And if I spend more than an hour with my parents, I'm climbing the walls.

In short, how do I change so I can finally accept myself as I am, and begin enjoying life?

FRUSTRATED PERFECTIONIST
IN OAKLAND, CALIF.

DEAR PERFECTIONIST: You're already on the right track because you realize your unhappiness comes from the tint on the lenses through which you view your situation. Counseling is the answer. Once you get to the root of why you have such high expectations for yourself that nothing you achieve is meaningful, you'll be able to forgive yourself, and get on with your life.

DEAR ABBY: Ms. Barrett in Aurora, Colo., wanted to encourage parents to buckle their children in car seats. Perhaps my experience will impress parents with the importance of this safety measure.

My friend Suzie and I decided to take our sons to her father's home to swim in his pool. Suzie had two sons (ages 3 and 1) and I have one. I always insisted that the children buckle up in my car, and they never



ADVISE

ABIGAIL VAN BUREN

gave me a problem with it. I told them that they could either buckle up or walk along behind the car, and because they thought I would actually make them walk, they buckled up.

Well, the day we were going to take them to Suzie's father's home, my back seat was full of laundry, so we took two cars. I allowed my son to sit in the front seat, but I moved it way back so he wouldn't be too close to the dashboard — then I buckled him in. Suzie's 3-year-old threw a fit about the safety seat, so she let him ride unbuckled. She followed me, and in my rearview mirror, I could see her son climbing from front to back and back to front.

Suddenly a car turned in front of me and I couldn't stop. I hit it and spun around, coming to a dead stop in the middle of the road. Suzie was so busy yelling at her son, she didn't see what was happening until it was too late. She hit me!

Although my little compact car didn't hold up very well, my son walked away with only a few minor bruises. Sadly, Suzie's 3-year-old didn't fare so well. He was thrown around in the car and critically injured. He died two days later. Every day I think about how easily his death could have been prevented had Suzie forced him to be buckled in his safety seat.

Blood Bank seeks donors

Central Florida Blood Bank is asking donors of all types of blood - especially O-type donors - to donate at its Sanford branch, 1302 E. Second St. For information, call 322-0622.

TOPS

TOPS (Take Off Pounds Sensibly) Chapter #621 meets every Monday at the Sanford Alliance Church, 1401 S. Park Ave., Sanford. Note new hours: in is from 11 to 11:30 a.m., and the meeting is from 11:30 a.m. to 12:15 a.m. For information, call 322-3150 or 324-5541.

Sanford Rotary Club

Rotary Club of Sanford meets every Monday at noon, at the Marina Hotel.

Employment Opportunities for Seniors

An employment program sponsored by AARP Senior Community Service Employment Program is held at the Sanford National Guard Armory, 915 E. First St., Monday through Friday. Interview hours are 8 a.m. to 1 p.m. Telephone: 324-8008. The program assists seniors, 55 and over, to return to the work place.

Cancer Support Group

Support, Hope and Recovery, S.H.A.R., meets every Monday afternoon at 5 p.m. at Central Florida Regional Hospital in the far corner of the dining room. This is a self help support group for all cancer survivors, whether in treatment now or finished with it. Call 324-8737 or 322-7785 for more information.

Contract Bridge

Bridge players are invited to play contract bridge every Monday, at 10:30 a.m., at the Sanford Senior Center. For information, call 322-6326.

Narcotics Anonymous

Narcotics Anonymous meets Monday at 8 p.m. at the Presbyterian House of Goodwill, 317 Oak Ave., Sanford.

Overeaters Anonymous

Sanford - Overeaters Anonymous meets every Tuesday, at 10 a.m. in Parish Hall Whitner Lounge of Holy Cross Episcopal Church in Sanford. The meetings last about an hour. There are no dues nor fees. The only requirement to attend is the desire to stop eating compulsively.

Learn to play shuffleboard

The Sanford Tourist and Shuffleboard Club practices every Tuesday and Friday starting at 1 p.m., and plays inter-city tournaments every Wednesday. Those interested in playing, learning to play or joining the club may call Russ Kitner, 322-7751, for information.

Weekly Lions Club

The Sanford Lions Club meets every Tuesday at noon at the Colonial Room in downtown Sanford. For information, call Joyce Fitzgerald at 322-7544.

The community is asked to donate used eyeglasses to the club for its sight program.

Bridge Club

Sanford Duplicate Bridge Club meets at noon each Tuesday at the Greater Sanford Chamber of Commerce, 400 E. First St., Sanford.

Sanford Seniors

The Sanford Senior Citizens Club meets the first and third Tuesday, at 11 a.m., at the Sanford Senior Center. A bag lunch follows. Visitors are welcome. For information, call 322-2553 or 322-8161.

Over 50 Club

The Over 50 Club meets the second and fourth Tuesday, at 10:30 a.m., at the Sanford Senior Center. Seniors are welcome.

Activities for Seniors

Lake Mary Seniors invite anyone 55 years or older to join them in a weekly activity on Tuesday: Art, from 9 a.m. to noon, at the Frank Evans Center, 158 N. Country Club Road.

Take Off Pounds Sensibly

Member of Take Off Pounds Sensibly, TOPS, invite the public to join them on Tuesday evenings from 7 to 8 p.m. at the First Christian Church, 1607 Sanford Ave., Sanford. For more information about the club, call 321-4464.

Toastmasters

Seminole Community College (SCC) Toastmasters Club #6581 will meet every Tuesday of the month, at 7:30 p.m., at the old Lake Mary City Hall on Country Club Road. Contact Rosella Bonham at 323-8284 for more information.

FREE FINANCING

COME IN AND SEE ALL THE EXCITING THINGS WE HAVE TO OFFER! BRING THIS AD AND RECEIVE A FREE GIFT!

BERNINA SEWING CENTRE

840 SAXON BLVD. STE 26
ORANGE CITY, FL
884-774-8882

MACHINES - REPAIRS - CLASSES
BOOKS - PATTERNS - NOTIONS

BEHIND BLOCKBUSTER IN KMART PLAZA

NOTHING SEWS LIKE A BERNINA. NOTHING

RJ'S HAIR CORP. 831-9570

178 S. Hwy. 17-82 @ 434 Longwood, FL. 32750

Specializing in Problem Hair and Colors
(cowlicks, fine hair, thick hair, very straight, color disasters, bad perms, etc., along with any type of hair.)

UNDER NEW MANAGEMENT

20% OFF ALL SERVICES
with this ad.

REGAL CINEMAS
LAKE MARY CINEMA 10

THE GAMB	1:15 4:15 7:25 9:35	PG
AM POLICE ONE	1:15 4:15 7:25 9:35	PG
G.I. JANE	1:15 4:15 7:25 9:35	PG
WOODLUM	7:00 9:30	PG
GEORGE OF THE JUNGLE	1:15 4:15 7:25 9:35	PG
WEB CRAVERS WIMMASTER	1:15 4:15 7:25 9:35	PG
A THOUSAND ACRES	1:15 4:15 7:25 9:35	PG
MY BEST FRIENDS WEDDING	1:15 4:15 7:25 9:35	PG-13
MIKE	1:15 4:15 7:25 9:35	PG
FIRE DOWN BELOW	1:15 4:15 7:25 9:35	PG
IN AND OUT	1:15 4:15 7:25 9:35	PG-13
HERCULES	4:15	PG-13

Legal Notices

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

Legal Notices

UNCLAIMED VEHICLE AUCTION Removal of the below described vehicles was conducted in compliance with F.S. 713.78...

Legal Notices

CITY OF LONGWOOD, FLORIDA NOTICE OF PUBLIC HEARING TO CONSIDER ADOPTION OF PROPOSED ORDINANCES TO WHOLESALE...

Legal Notices

IN THE CIRCUIT COURT FOR SEMINOLE COUNTY, FLORIDA CIVIL DIVISION...

Legal Notices

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

CLASSIFIED ADS

Seminole Orlando - Winter Park 407/322-2611 407/831-9993 CLASSIFIED DEPT. HOURS 8:00 A.M. - 5:00 P.M. MONDAY thru FRIDAY CLOSED SATURDAY & SUNDAY

71-Help Wanted

ASSEMBLY/ELECTRONICS P/T openings in PCB Assy. Auto Insertion, Soldering & Solder Flow. Exp. req'd. Longwood (407) 830-4556

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated August 29th, 1997...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA PROBATE DIVISION...

ORDINANCE NO. 97-1373 AN ORDINANCE OF THE CITY OF LONGWOOD, FLORIDA...

NOTICE OF SALE PURSUANT TO CHAPTER 48 NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated August 29th, 1997...

All creditors of the decedent and other persons having claims or demands against the decedent's estate...

IN THE CIRCUIT COURT OF THE 18TH JUDICIAL CIRCUIT, IN AND FOR SEMINOLE COUNTY, FLORIDA...

IN THE CIRCUIT COURT, IN AND FOR SEMINOLE COUNTY, FLORIDA PROBATE DIVISION...

ORDINANCE NO. 97-1374 AN ORDINANCE OF THE CITY OF LONGWOOD, FLORIDA...

NOTICE OF PUBLIC HEARING TO CONSIDER A CONDITIONAL USE...

NOTICE OF PUBLIC HEARING TO CONSIDER A CONDITIONAL USE...

12-Elderly Care

HEALTHCARE & REHAB Center of Sanford specializing in rehab and restorative care 650 Melonville Ave 327-8566

14-Bingo

BINGO Sem. Indian Casino you too could win 1000's of \$\$\$ Fun bus ride to/from Tampa 741-8477

15-Cemetery Lots

2 Cemetery lots Oaklawn Memorial Park Garden of Devotion Section A, 2 vaults, valued \$7,000. Will sell for \$5,000 323-9813

19-Computer/TV

SATELLITE DISH 18" diam receiver, 3 yrs old \$1300 OBO Please call 323-2767

21-Personals

ADOPTION Living expenses counseling & medical GIFT OF LIFE 800-216-6433

71-Help Wanted

ALONE? FL'S RESPECTED Dating Bureau for SENIORS. Est. 1977 1-800-977-4477

Free Matching Always

Tonight's the Night Everyone gets Connected Don't miss this opportunity to meet other local singles 1-888-410-8900 24 hours 18

PSYCHICS TELL YOUR FUTURE

CALL 1-800-329-1045 EXT. 3617 \$3.99 per min. MUST BE 18 YRS OLD Ser-4 (11/25/96-93)

23-Lost & Found

3 STOLEN KITTEN. 1 am black grey. 1 lg black/white on chest. 1 lg black/white. Please call 322-8187. REWARD

25-Special Notices

BEAT BLOODS Needs volunteers to be paired w/people w/disabilities 988-0767

HELP!

Overweight/handicapped & on fixed income. In need of heavy duty tread mill. Has to walk to live (407) 322-2186

27-Nursery & Child Care

COME JOIN THE FUN. BRUNCH MANOR 407-321-6946 MARY'S DAYCARE Baby's tool Pre-School LAKE MARY, FL 894-7 327-0094 MRS. MICHELLE'S HOUSE New curriculum for children ages 2-5. \$60/wk for the first month. Call for details 321-7658

Legal Notices

NOTICE OF ACTION OF DISSOLUTION OF MARRIAGE CASE NO. 97-2991-BR-92-W TO: JAMES A. WIGHT YOU ARE HEREBY NOTIFIED that an action for dissolution of marriage has been filed against you and you are required to serve a copy of your written defenses, if any, to it on Lorna D. Wight, Petitioner, whose address is 1408 Robin Ct., Longwood, Florida 32770...



COME GROW WITH US @ WATSON REALTY

Our new expanded office in Lake Mary has openings for an energetic professional seeking an excellent career in a high-profile, spacious atmosphere. Experience and new licenses. Call TRUDY BEYER For a confidential interview 323-3200

READY TO WORK?

"SUPERIOR for 16 YEARS" Due to reorganization within our nursing department, the following positions are available: RN, P/T & P/T available on 3-11 shift; CNA; P/T & P/T positions on 3-11 shift in both Long Term and Subacute units, must be Certified in the State of Florida or enrolled in CNA Course. Salary ranges based on experience.

Call Debra Miller, 487-666-4426.

Ask for Director of Nursing or apply within 60 North Highway 17-82, DeBary, Florida. Drug Free Workplace EOE

DENTAL HYGIENIST needed 3 days per week. M/W. For resumes please call 984-775-4368.

Drivers

300 per mile SOLO 1 Year Experience (minimum) Home Based - Sanford Based - All Conventional Fleet - Good benefits - EEOC, Inc. - Ask for Michael D'

EXP. DOOR ASSEMBLER

1st & 2nd shift. Please call 321-2987

EXPERIENCED BODY TECHNICIAN

Must have own tools & experience in heavy collision. Apply in person 2801 Country Club Rd. Sanford, FL 32771-3644

7/7 FLOOR MAINTENANCE

person. Experience needed. Apply within DeBary Manor, 60 North 17-82, DeBary, FL. Drug Free Workplace EOE.

7/7 PRE-HI TECHNIER

needed to work in chiropedic center. CDA degree & as required. Exc. working cond. 322-6645

THOMSON HOLIDAYS

is looking for P/T RESORT REPRESENTATIVES. Duties to include Airport coordination, welcome, check-in, check-out, rooming, and all attraction sales with strong Customer Service focus. Flexibility essential. Excellent Company benefits. Returns by 26th September to: Thomson Holidays, Suite 528, 5728 Major Blvd, Orlando, FL 32818, or for more information call Angie on 948-9811. A drug free environment.

AG CARRIERS, INC.

"NEW PAYPLAN" Lay Over Plan "Extra Stop Plan" "1 Day off for 7 Days Out" "40K Retirement" "Health Insurance" "Vacation Plan" "Rider Program" 1 yr. exp. & Class A CDL req. Please Call 800-830-8300 1-800-874-8000 Mon-Fri Only EOE

CELEBRITY CIPHER

by Luis Campos Celebrity Cipher cryptograms are created from questions by famous people, past and present. Each letter in the cipher stands for another. Today's clue: H square 8

W ' K I L P A M X J T Y I A S R L A P F P S N W X P U D A L M H T J M P W M T Z W Y I Q S P , E A Z S A U Q Y P S E L T P P Z P V V U K P B A S T F W X T W M , - H Q Y P U P S M . PREVIOUS SOLUTION: "Each instrument is like a person who sleeps, whom I have to wake to life." - (Composer) Carl Nielsen. © 1997 by MEA, Inc.

JUST A FRIENDLY REMINDER... NOON IS THE DEADLINE FOR NEXT DAY'S CLASSIFIED ADS

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated August 29th, 1997...

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated August 29th, 1997...

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated August 29th, 1997...

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated August 29th, 1997...

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated August 29th, 1997...

NOTICE OF FORECLOSURE SALE NOTICE IS HEREBY GIVEN pursuant to a Summary Final Judgment of foreclosure dated August 29th, 1997...

BLONDIE

by Chic Young



BEETLE BAILEY

by Mort Walker



THE BORN LOSER

by Art Sansom



PEANUTS

by Charles M. Schulz



EEK & MEEK

by Howie Schneider



TUMBLEWEEDS

by T.K. Ryan



ARLO AND JANIS

by Jimmy Johnson



FRANK AND ERNEST

by Bob Thaves



GARFIELD

by Jim Davis



ROBOTMAN

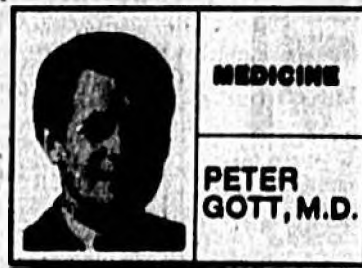
by Jim Meddick



New treatment option for psoriasis

DEAR DR. GOTT: Why has Skin-Cap, a treatment for psoriasis, been condemned by the medical establishment?

DEAR READER: This product, which is made in Spain, contains large amounts of steroids that are not indicated on the label. When applied to psoriasis, significant amounts of steroid may enter the body...



silica, asbestos, platinum, radiation, commercial solvents and hydrocarbons. But no one has yet raised voice to complain about poorly ventilated modern office buildings...

DEAR DR. GOTT: I'm a 31-year-old woman with dandruff. Is there a vitamin supplement that might help me?

DEAR READER: I'm afraid not. Seborrheic dermatitis, the most common cause of dandruff, usually responds to medicated shampoo...

© 1997 NEWSPAPER ENTERPRISE ASSN.

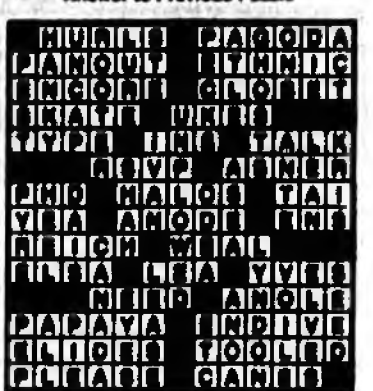
ACROSS

- 1 Eye movements
7 Information agency
11 Soap valley
12 Barred
14 Land of the clouds
16 Antenna
18 History color
17 Party fused glass
19 - Domin
20 Act of yielding
22 Old map abbr.
23 French friend
25 Across
26 Owl spirit
27 Frog
28 Footstool
29 Shout sacred
30 Ending for toll
31 - de-see
32 Mile

DOWN

- 1 Spotted
2 Zhirgova's love
3 He was
4 Calligrapher's
5 Head
6 Churn
7 Rubber tree
8 Plastic wrap
9 - the blood
10 Aster Conary
12 Mohammed's

Answer to Previous Puzzle



- 18 daughter
19 Unclaimed mail
20 dog
21 Columbus'
22 sponsor
23 battery -
24 farmyard
25 sound
26 Part of
27 Citrus fruit
28 Part of
29 the leg
30 feature
31 taught
32 Type of foot
33 Anti-Bison
34 saw
35 Trimming
36 material
37 Bob's one's
38 head
39 Scribble
40 Black-and-
41 white animal
42 - a million
43 Official
44 proclamation
45 Flying saucer
46 (abbr.)
47 Couch
48 Epochs
49 Iner -
50 (among
51 others)
52 In apple-pie
53 order
54 Tennis player
55 Arthur
56 Pile
57 Jobs

STUMPED?

Call for Answers @ South Shore or Perry Phone 448-9999 1-800-954-3232 ext. code 100



- 18 daughter
19 Unclaimed mail
20 dog
21 Columbus'
22 sponsor
23 battery -
24 farmyard
25 sound
26 Part of
27 Citrus fruit
28 Part of
29 the leg
30 feature
31 taught
32 Type of foot
33 Anti-Bison
34 saw
35 Trimming
36 material
37 Bob's one's
38 head
39 Scribble
40 Black-and-
41 white animal
42 - a million
43 Official
44 proclamation
45 Flying saucer
46 (abbr.)
47 Couch
48 Epochs
49 Iner -
50 (among
51 others)
52 In apple-pie
53 order
54 Tennis player
55 Arthur
56 Pile
57 Jobs

No choice, not courage

By Phillip Alder

How would you define courage? Many people have tried, but I will give Mark Twain's opinion at the end of the column.

Today's deal was used by Andrew Kambites in a competition in English Bridge magazine. At the table, it would take courage to find the winning line because you would feel sure that you were just going two down when you could cash out for one down. However, when entering a competition, you know the cards will be distributed so that you can succeed, however unlikely that distribution might be. Also, at the table, the difference between an extra undertrick is microscopic compared to a lost slam bonus if you could have made the contract. Courage,

partnership should be your motto.

You reach six spades, which East doubles. This is a Lighter double, asking for dummy's first bid suit and usually indicating a void in that suit. So, when West leads a low diamond, you finesse dummy's eight. As expected, East ruffs. Then he switches to a club. How would you continue?

Things look grim. If you draw trumps, you will be stranded in the dummy, unable to catch West's diamond king. As unlikely as it seems, you must courageously assume East ruffed with a singleton trump. At trick three, play a diamond to dummy's nine. East discards - whew! Cash the spade ace and diamond ace, ruff a diamond in hand, play a spade to dummy's jack, draw West's final trump and claim, dummy's diamonds being high.

Mark Twain wrote, "Courage is resistance to fear, mastery of fear - not absence of fear."

© 1997 by NEA, Inc.

Table with columns: North, West, East, South, Vulnerable: Both Dealer: North, South, West, North, East, Opening lead: ♠ 3



Saturday, Sept. 20, 1997

There will be a market for your splendid imagination in the year ahead. Your ideas will have good potential, but they must be followed through in detail to a desired conclusion.

VIROC (Aug. 23-Sept. 23) You have a manner and ambience about you today that members of the opposite sex will find very appealing. The secret is to just be yourself. Trying to patch up a broken romance? The Astro-Graph Matchmaker, can help you understand what to do to make the relationship work. Mail \$2.75 to Matchmaker, c/o this newspaper, P.O. Box 1758, Murray Hill Station, New York, NY 10158.

LIBRA (Sept. 23-Oct. 23) Situations where family members are in harmony regarding common objectives should work out to everyone's liking today. There

is strength in unity.

SCORPIO (Oct. 24-Nov. 22) Decisions you make today should not be predicated solely upon material aspects. All other factors should be taken into consideration as well.

SAGITTARIUS (Nov. 23-Dec. 21) If the ways and means aren't available today to advance your chance of getting something you strongly desire, they should be soon.

CAPRICORN (Dec. 22-Jan. 19) You will not have an absence of leadership qualities today, but they are likely to be more evident to others than to yourself.

AQUARIUS (Jan. 20-Feb. 18) In endeavors that are of a sensitive or sensitive nature, restrict information regarding these developments to people directly involved.

PISCES (Feb. 19-March 20) Confidential information could be shared by a close friend today. He or she might leave it up to you as to whether others should be informed.

ARIES (March 21-April 19) Conditions continue to favor you where material interests are concerned. If inspiration urges you to move in a specific way, yield to the inclination.

TAURUS (April 20-May 20) Success is more likely today if you adhere to your standards, regardless of what others may say or do. You will know the path you should tread.

GEMINI (May 21-June 20) Adhere to your inclinations today to step in and manage something that another is mis-handling. Everyone will benefit from your incursion.

CANCER (June 21-July 22) Your charisma is very strong today when dealing with people on a one-to-one basis. For best results, use this formula in all involvements.

LEO (July 23-Aug. 22) Be goal-oriented today and know you can achieve objectives to which you set your mind. The heights can be scaled if you're inspired to do so.

© 1997 by NEA, Inc.

ANNIE

by Leonard Starr

