

Like Mary
Herald
inside this edition
of the Herald

Drug investigation lands men in jail

Deputies confiscate 23 ounces of cocaine, \$79,000 and two vehicles

Deputies conferred with the state attorney's office and the state police to coordinate the search for the cocaine. The search was conducted in the area of the highway between Sanford and Lake Wales. The search was conducted by the state police and the state attorney's office. The search was conducted in the area of the highway between Sanford and Lake Wales. The search was conducted by the state police and the state attorney's office.

ALPC report
for SCC

In Sanford
Court Meeting

Ed White
and Steve
White

Ed White
and Steve
White

Ed White
and Steve
White

Riverwalk hits milestone

First seawall panel to arrive in Sanford

The first seawall panel for the city of Sanford, Fla., arrived in Sanford on Monday. The panel is a concrete structure that will be used to protect the city's waterfront. The panel is a concrete structure that will be used to protect the city's waterfront.

Former Cheapo Depot Building becomes historic

Structure to be preserved as a museum

The former Cheapo Depot building in Sanford, Fla., has been designated as a historic structure. The building is a concrete structure that was built in the early 1900s. The building is a concrete structure that was built in the early 1900s.

Suspect wanted for kneeling 14-year-old walking to bus stop

A suspect is wanted for the kidnapping of a 14-year-old girl who was walking to a bus stop. The girl was seen walking to a bus stop in Sanford, Fla. The girl was seen walking to a bus stop in Sanford, Fla.

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Contestants wanted for Miss Seminole County Scholarship Pageant

Contestants are wanted for the Miss Seminole County Scholarship Pageant. The pageant is a competition for young women who are interested in scholarship opportunities. The pageant is a competition for young women who are interested in scholarship opportunities.

SEMINOLE SUMMARY

A GLANCE AROUND OUR COUNTY

OUT & ABOUT

MON DAY

The second Law Enforcement Memorial Park Golf Tournament had to be postponed for the second time, again because of rain.

The Seminole County Sheriff's Office is the sponsor of the tournament, which is held at the 13th Hole Golf Club in Seminole County. The tournament is a fundraiser for the Law Enforcement Memorial Park. For more information on the tournament contact Deputy Don Matlock at 407-328-3761 or Sheriff Bryan at 407-328-3765.

The monthly meeting of Sweetwater Oaks Garden Club will be held Jan. 13 at 9:30 a.m. in the Community Room of Jack & Jackie Faye Furniture, 556-4341, Altamonte Springs. Robert Bowden of Lev Gardens will be the guest speaker. New and prospective members are welcome.

For information, phone Marilyn at 407-328-3765.

TUES DAY

The Seminole County Lake Mary Regional Chamber of Commerce presents "Experts in Tax" Tuesday, Jan. 14, from 12:30 a.m. until 1:30 p.m. Registration fee: \$20.00. No charge for lunch. Persons attending must be a Chamber member. Contact: Mary Jo Reynolds at 407-328-3765.

Coroner will be giving the death certificate for the late Mrs. Dora...

Shirley E. R. District Two will hold its next Council Meeting at 7:00 p.m. Tuesday, Jan. 14, at the Seminole County College Lecture Room, 100 W. Lake Mary Blvd., Sanford. Refreshments will be served for invited guests.

SAT

The City of Sanford Master Litter King & Steering Committee are presenting the third annual Master Litter King & Golf Tournament, Saturday, Jan. 18, with a shotgun start at 8:30 a.m., at Sabal Point Country Club in Longwood.

Prior to that time, the committee is seeking for support through donations of items to be used as prizes for the tournament. Rola Frye, Connie Edger, DuWay Smith, Larry Dillhead and Melvin Philpot have been authorized to solicit donations on behalf of the committee.

For more information contact Kenyona Baker at the City of Sanford, 407-328-5665.

A Star Cross Festival event will be held Saturday, Jan. 18 beginning at 9 a.m. at the Longwood Community Building, 100 W. Warren Avenue. Bring your instruments and...

Staff change



Several showers taken after a long night of dancing on Lake Mary as workers and friends out for a by an evening catch. This picture taken was taken at the Lake Mary Diner. Photo by Dan Flinn.

Police Blotter

DUI

- Brenton E. Hunt, 40, 474 Dory Lane, Altamonte Springs,** was arrested by Altamonte Springs police Friday at the intersection of State Road 40 and West Lake Avenue. Hunt was charged with driving while intoxicated. He was arrested on Jan. 11. Hunt was charged with DUI.
- Thomas M. Swartz, 40, 474 Dory Lane, Altamonte Springs,** was arrested by Altamonte Springs police Friday at the intersection of State Road 40 and West Lake Avenue. Swartz was charged with driving while intoxicated. He was arrested on Jan. 11. Swartz was charged with DUI.

Domestic Violence

- Michael Joseph Murphy, 31, 474 Dory Lane, Altamonte Springs,** was arrested by Altamonte Springs police Friday at the intersection of State Road 40 and West Lake Avenue. Murphy was charged with domestic violence. He was arrested on Jan. 11. Murphy was charged with DV.
- Michael Joseph Murphy, 31, 474 Dory Lane, Altamonte Springs,** was arrested by Altamonte Springs police Friday at the intersection of State Road 40 and West Lake Avenue. Murphy was charged with domestic violence. He was arrested on Jan. 11. Murphy was charged with DV.

Other

- Richard E. Strump, 24, Newberry Drive, Deltona,** was arrested by Lake Mary police Thursday at the intersection of U.S. 90 and Deltona Road. He was charged with driving with a suspended license and possession of less than 20 grams of marijuana.
- James W. Dickson, 24, Newberry Drive, Deltona,** was arrested by Lake Mary police Thursday at the intersection of U.S. 90 and Deltona Road. He was charged with driving with a suspended license and possession of less than 20 grams of marijuana.

along with... that time of year when they... that prevent them from performing at their... levels. We're not talking about the National Football League. I'm referring to the local Lady of the Seminole Herald staff, Olga Diehlich.

Loyal readers have noticed for some time that Miss Diehlich's columns haven't shown up in the mail since she was out of town last fall after Thanksgiving and her well-remembered cover the holidays.

Unfortunately, the holiday... little sooner on had than we... we... and... will do that in... but... will do that in...

Around the Clock

- Local Events
- Regional/Local
- Community
- Local News
- Local Sports
- Local Business
- Local Entertainment
- Local Education
- Local Health
- Local Environment
- Local Crime
- Local Politics
- Local Religion
- Local Culture
- Local History
- Local Art
- Local Music
- Local Science
- Local Technology
- Local Transportation
- Local Agriculture
- Local Industry
- Local Commerce
- Local Services
- Local Utilities
- Local Public Works
- Local Planning
- Local Development
- Local Infrastructure
- Local Environment
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- Local Technology
- Local Transportation
- Local Agriculture
- Local Industry
- Local Commerce
- Local Services
- Local Utilities
- Local Public Works
- Local Planning
- Local Development
- Local Infrastructure

by Dan Flinn

When I was in the military, I was a... and... of my... I was a... and... of my... I was a... and... of my...

Don't forget

Remember to... the... of... the... of... the...

These items may also chip off and

... the... of... the... of... the... of... the...

Not a parent?

The... of... the... of... the... of... the... of... the...

What about the clock?

... the... of... the... of... the... of... the... of... the...

For the moment, is the resolution?

... the... of... the... of... the... of... the... of... the...

Other items that are around the clock

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Don't forget the... Manager

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Don't forget the... Manager

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Don't forget the... Manager

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The Seminole Herald

Serving Seminoles Every Day Since 1905

Sunday, January 12, 2003 • Vol. 67, No. 42

Publication every Wednesday and Saturday by
Fugate Newspapers, Inc., 950 W. Florida Ave., Sanford, FL 32771
Phone: (407) 327-3765 Fax: (407) 327-3765

Subscription Rates
1 Year: \$19.99 (12 issues)
6 Months: \$10.99 (6 issues)
3 Months: \$6.99 (3 issues)
Single Copies: \$0.50

Don't forget to...

Local Events

Regional/Local

Community

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Local Public Works

Local Planning

Local Development

Local Infrastructure

Community Notes

St. Michaels Episcopal Church of Palm Bay... The church is celebrating its 75th anniversary...

Wanted: A Available... The Independent Order of Foresters... Looking for a member...

New Areas Meeting... If there is a riding problem in your home... Family Group may be able to help...

Anti-smoking and Weight Reduction... Central Florida Regional Hospital will sponsor Wellness Seminars...

For more information call (407) 522-2122

RATTS'... A service for people who are blind or visually impaired... Offering services like shopping, banking, and transportation.

Halloween Memorial Park... Serving Central Florida Since 1951... Ask For Your Free Simplicity Plan® Pre-Arrangement Guide

Obituaries

LOUIS BRYANT... Lucy A. Bryant, 84, Hillsville Ave., Sanford... Died Tuesday, Jan. 6, 2003...

LOUIS BRYANT... (Continuation of the previous obituary)

LOUIS BRYANT... (Another continuation of the previous obituary)

LOUIS BRYANT... (Final part of the previous obituary)

MALE BUTLER... Male Butler, 69, Park Ave., Sanford... Died Tuesday, Jan. 6, 2003...

MALE BUTLER... (Continuation of the previous obituary)

MALE BUTLER... (Another continuation of the previous obituary)

MALE BUTLER... (Final part of the previous obituary)

JOHN W. WILLIAMS... John W. Williams, 78, Williams Avenue, Sanford... Died Tuesday, Jan. 7, 2003...

JOHN W. WILLIAMS... (Continuation of the previous obituary)

JOHN W. WILLIAMS... (Another continuation of the previous obituary)

JOHN W. WILLIAMS... (Final part of the previous obituary)

JOHN W. WILLIAMS... (Continuation of the previous obituary)

JOHN W. WILLIAMS... (Another continuation of the previous obituary)

JOHN W. WILLIAMS... (Final part of the previous obituary)

JOHN W. WILLIAMS... (Continuation of the previous obituary)

Public speaking workshops begin this Thursday

Children ages 10 and older who have public speaking experience... Invited to join the free Saturday County 4-H Public Speaking workshops...

Pre-school plans

Dr. L. L. Campbell... Will hold a pre-school open house Jan. 28 from 9:00 until 11:30 a.m. Registration for the Christian Education and Development classes will be held Thursday from 9:00 a.m. to 11:30 a.m. at the Cooperative Educational Auditorium...

Camfield Funeral Home... Burial, Cremation, Flowers... 407-327-1100

Canadian Med Service... Call us toll free 1-866-867-0688... www.canadamedservice.com

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ACE Hardware... Locations: LAKELAND, SANFORD, CASSELBERRY, FOREST CITY, ORLAND... 407-325-1100

OPINION

Continental Congress didn't pick up the full tab

Back in the late 1960s, I came in touch with the hand-written minutes of the second meeting of the Second Continental Congress meeting in Philadelphia. Now I had the papers in another rather interesting story, one not related to the computer in this column.

Reading James A. Meehan's story in the Sandhogs, *Sandhogs* (Jan. 31) brought those papers to mind. James reported on how the Continental Congress in 1776 picked up the cost of printing the Declaration of Independence and other documents.

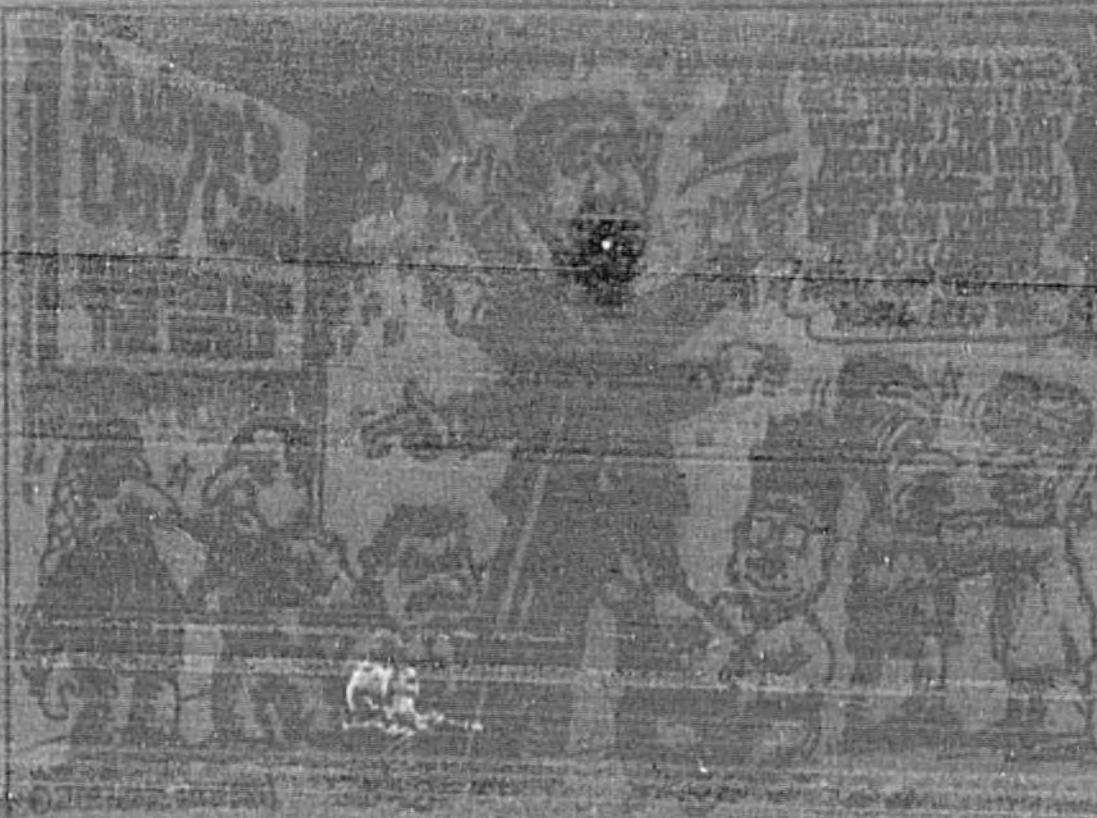
While much of the congressional document from the 1770s related to the eventual creation of our nation, many pages called for the establishment of an army and what they would need to supply for themselves. Men would be allowed to, or even urged to, furnish their own firearms, although provisions for the ammunition would be supplied. Much of the money used to bring their own horses or wagons would be paid when one uniform in the nation was established.

One says that they had to provide for themselves was their own undergarments. They could take a few pairs when they left, hoping the rest could be bought when they were home.

While servicemen were always waiting for packages of candy, apples and other goods, the army was providing for meals per diem, a daily allowance of 30 cents, and the laundry money, which was 70 cents per month. The Continental Congress would be assigned a certain amount of the budget for each day.

They would, in fact, if papers not be allowed to march more than 30 miles per day, unless their officers thought more ground should be covered.

In modern times, service in the military isn't quite as romantic as it used to be, but we still need these resources to be prepared. If necessary, they will never have to go overseas in the past, but it may be that if they do, we won't have to send



Guests at the Sandhogs' annual dinner at the Carolina Country Club in late 2002. (Photo by [unreadable])

Smith invites community to annual dinner

In the future, it will be our job to do it for the future of our country. Each week thousands of Central Floridians will make

Smith is the Sandhogs' annual dinner at the Carolina Country Club in late 2002. The dinner is a celebration of the club's 25th anniversary. It will be held on Wednesday, March 5, at the Carolina Country Club, 1501 International Parkway, Lake Mary, Florida 32746.

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Although Smith is not a member, he is a supporter of the club. He has provided financial support to the club for many years. For additional information, call 407-389-4702. George B. Smith, Dinner Chairman.

Where did all these democrats come from?

One of the things that I remember from my childhood is the sound of a typewriter. It was a sound that was always present in the office.

But the only person in town who had a typewriter was the man who worked for the bank. He was the only one who had it.

It was a sound that was always present in the office. It was a sound that was always present in the office.

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Bush wants to elevate judge with suspect past

After the fact, the judge's past was not a problem. The judge had a long and distinguished career in the judiciary. He was a respected and well-known figure in the legal community.

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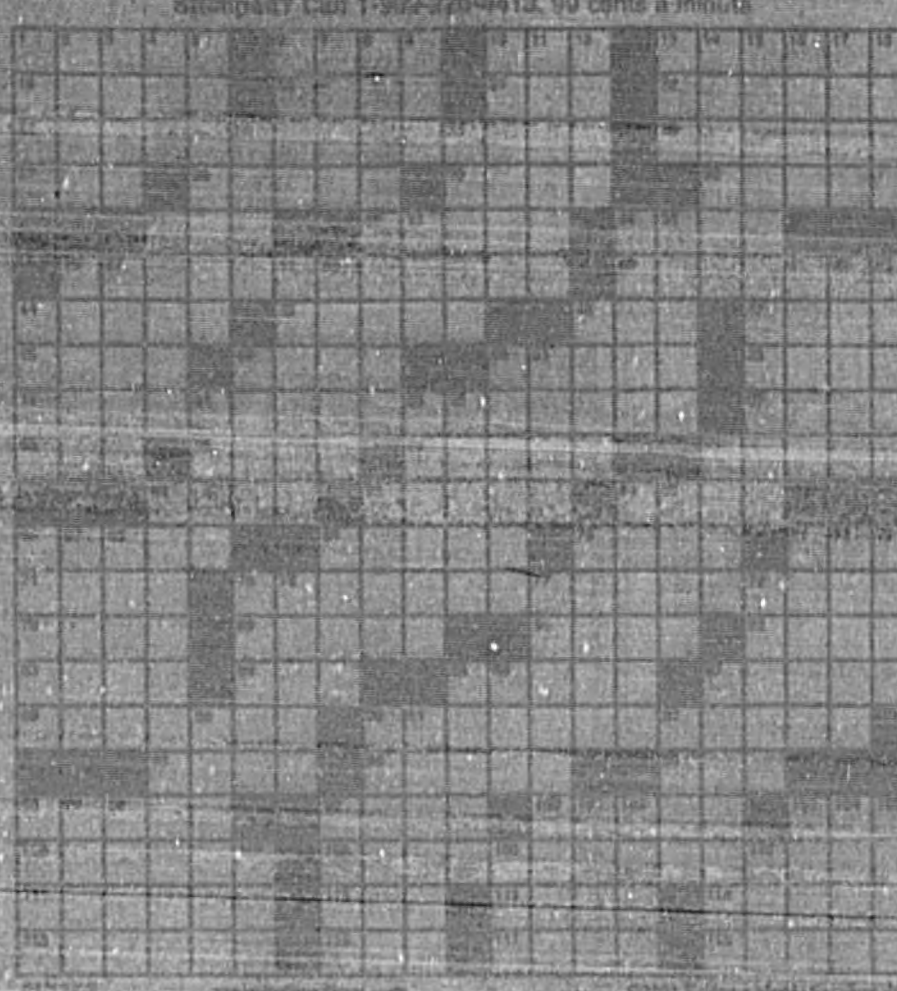
The judge's past was not a problem. The judge had a long and distinguished career in the judiciary. He was a respected and well-known figure in the legal community.



Los Angeles Times Sunday Crossword Puzzle

Edited by Will Shortz and Joyce Adams Lewis

1 Across	2 Down	3 Across	4 Down	5 Across	6 Down	7 Across	8 Down	9 Across	10 Down	11 Across	12 Down	13 Across	14 Down	15 Across	16 Down	17 Across	18 Down	19 Across	20 Down	21 Across	22 Down	23 Across	24 Down	25 Across	26 Down	27 Across	28 Down	29 Across	30 Down	31 Across	32 Down	33 Across	34 Down	35 Across	36 Down	37 Across	38 Down	39 Across	40 Down	41 Across	42 Down	43 Across	44 Down	45 Across	46 Down	47 Across	48 Down	49 Across	50 Down	51 Across	52 Down	53 Across	54 Down	55 Across	56 Down	57 Across	58 Down	59 Across	60 Down	61 Across	62 Down	63 Across	64 Down	65 Across	66 Down	67 Across	68 Down	69 Across	70 Down	71 Across	72 Down	73 Across	74 Down	75 Across	76 Down	77 Across	78 Down	79 Across	80 Down	81 Across	82 Down	83 Across	84 Down	85 Across	86 Down	87 Across	88 Down	89 Across	90 Down	91 Across	92 Down	93 Across	94 Down	95 Across	96 Down	97 Across	98 Down	99 Across	100 Down	101 Across	102 Down	103 Across	104 Down	105 Across	106 Down	107 Across	108 Down	109 Across	110 Down	111 Across	112 Down	113 Across	114 Down	115 Across	116 Down	117 Across	118 Down	119 Across	120 Down	121 Across	122 Down	123 Across	124 Down	125 Across	126 Down	127 Across	128 Down	129 Across	130 Down	131 Across	132 Down	133 Across	134 Down	135 Across	136 Down	137 Across	138 Down	139 Across	140 Down	141 Across	142 Down	143 Across	144 Down	145 Across	146 Down	147 Across	148 Down	149 Across	150 Down	151 Across	152 Down	153 Across	154 Down	155 Across	156 Down	157 Across	158 Down	159 Across	160 Down	161 Across	162 Down	163 Across	164 Down	165 Across	166 Down	167 Across	168 Down	169 Across	170 Down	171 Across	172 Down	173 Across	174 Down	175 Across	176 Down	177 Across	178 Down	179 Across	180 Down	181 Across	182 Down	183 Across	184 Down	185 Across	186 Down	187 Across	188 Down	189 Across	190 Down	191 Across	192 Down	193 Across	194 Down	195 Across	196 Down	197 Across	198 Down	199 Across	200 Down
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The Way We Were: Gas rationing and steel collections occur in 1942

The year 1942 continued to be a busy one during July-September. The locals had a big July 4th celebration, moved a new A&P store, and skilled craft workers were leaving in Syracuse. Gas rationing, barge scrap metal and rubber continued to be collected and the Navy...

Jacksonville State Radon Board Chairman W.C. Sherman and Fuller Warren. The parade was directed by Ned Smith while Gus Schmidt was hit by chairmen. George Linn Camp Blending were in the parade.

the Ben Fish farm to add to the scrap drive. Seminole County led the state in percentage of scrap metal collected.

Michigan was swapping its filling stations to fill tanks before gas rationing began on Sept. 22. The new 'A' gas rationing stamps were worth four gallons per week. The stamps could be used for time rationed 'C' stamps, for seasonal purchases, could be transferred to other lots.

W.R. Hester, 55, 111 1/2 S. Oyster, was found guilty of violating rationing regulations and was prohibited from selling gas for 30 days.

Although 15 teachers had resigned, most or were in war work, all publicly schools opened on schedule Sept. 14. If students had to go to school, they would be at Southside Primary.

Sheriff Hans and Chief Williams instructed their men to stop driving on all thoroughfares who violated the 20-25 mph per hour speed limit effective Oct. 1.

Sanford Naval Air Station Over one million feet of timber was stacked at the Navy base...

Over 300 celery workers, mostly from Sanford, were in the Syracuse, N.Y. area, managed by W.T. Whitehead and Keith Westfall.

The final rubber drive count reached 427,000 pounds. The goods was 60,000. Agent Dan Sos...

Sanford Man in Service E.P. Monahan, 1371 Coleman was ordered to three years with a Navy discharge certificate for his war service...



Gracie Marie Stinecipes

...to collect in the various branches of service while others were drafted and sent off with big feelings.

July 4th celebration

The Sanford Concert Orchestra played in the bandshell during the July 4th celebration. It was made up of R.L. Palk, Virginia Chapman,...

Over 6,000 people enjoyed the parade, concert, bazaar, picnic and the band under a blue sky that day, some at Bert Mellon Park.

Business/Farming

On July 1, Gray Taxi Cab Company raised rates to 40 cents to the Navy zone...

On July 4, Florida Hotel introduced J.A. Childre as its new manager with Mrs. Paul Harrel as dining room operator.

Mrs. Lourene Beal became Sanford School superintendent after Roger Schell Manning Coburn became society editor.

Ed Deane, manager, opened the doors of the new store located on Magnolia Avenue at Second Street on July 25.

C.H. McElroy of Melbourne bought controlling interest in Florida State Bank and became president with J.W. Kaufman holding over as cashier.

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See Solution on Page 7

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EXAMPLE OF YOUR POTENTIAL SAVINGS: REG. TICKETED PRICE \$12.99 EXTRA 33% OFF \$8.69

Subject to the Terms and Conditions of the Sale and any applicable local, state and federal laws, regulations, codes and ordinances. Offer good only in the U.S. and its possessions. Excludes services, travel, and restricted items. Offer good only while supplies last. Offer good only in participating stores. Offer good only on merchandise marked with the JCPenney logo. Offer good only on merchandise that is not on sale. Offer good only on merchandise that is not in the clearance section. Offer good only on merchandise that is not in the final sale section. Offer good only on merchandise that is not in the liquidation section. Offer good only on merchandise that is not in the overstock section. Offer good only on merchandise that is not in the closeout section. Offer good only on merchandise that is not in the clearance section. Offer good only on merchandise that is not in the liquidation section. Offer good only on merchandise that is not in the overstock section. Offer good only on merchandise that is not in the closeout section. Offer good only on merchandise that is not in the clearance section.

Grace

Continued from Page 5
to Northwestern University Reserve School. Thomas Mayo and Robert Hickson quit the ACL. Realized to meet the Navy Civil Chaplain joined the Naval Reserves.

Ralph H. Ray joined the fighter command school. Lawrence Cooper and Fred Harrison enlisted in the Army Air Corps at Fort McPherson. Lt. Clyde B. Harvige was in the Air Force crash in Australia. Leon Lawson and Charles Palmer joined the Navy. Harry Johnson went to Med Corps duty at Camp Blending.

Oswald Adams, Lawrence Ransom, James E. Lane, Arthur Sumner, and George H. White joined the Marines. Leonard "Pat" Miller and Jack Marben

was sporting captain's hair. Farmer Joe South joined the Coast Guard. Alex P. Johnson's defense school sent D.V. and J.F. Wizen, W.I. Bennett, Cecyl W. Carlhays, J.R. Carlton, A.B. Head and Charles Anderson to Seaplane and Parashut assignments.

Lester McVoy and Robert Sheel joined the Air Corps. Dismissed over the local ration in his book "Small Town South" with a Sanford biting. Sam Fryd wrote that he was a soldier. He never saw the flag. Jack Gray rather than a hero.

Greg Kraw was at home for five years in four years. He told of his experiences at Pearl Harbor.

Over 200 were in the draft line when Judge Knochholder

spoke to the first 40 black draftees. The Crosses High School band attended them.

On July 27, over 200 were at the bandshell when the *Jubilee* got a warm send-off with cigarettes, beer, candy, etc. The OAFB band played and the *Benate* River NAS displayed three airplanes.

On Sept. 23, Earl Kigg directed a bandshell program at which Sgt. LW Lawton congratulated the draftees on their opportunity to be of service to their country. The band and played and the Lawton Auxiliary distributed cigarettes, candy, magazines, etc.

Reported military in action in Japan during this time period was Capt. John C. Hart, Sgt. Robert T. French was missing in

Australia.

Church Activities
Rev. George W. Barrow, pastor of Southeast Baptist Church, accepted a call to Sunday afternoon services at Eastern Baptist Church.

First Baptist Church members were notified that 22 members in service. The year's contributions totaled \$10,113.00.

Sports
With no teams scheduled to play at the Navy Base, only 16 turned out for Army at the 10:00 AM. Football game at the 10:00 AM. On Sept. 20, the 20 turned out for the 10:00 AM. Game.

Lake City's visit to 30th football game was postponed when transportation failed.

**A True Counselor Of Law,
In Spirit And In The Courts**

During the past 21 years, Miller Gatsby & Maher has been privileged to have John Jones "of counsel" to the law firm. Mr. Jones opened his law office in Seaside County 30 years ago and has strong ties throughout the Central Florida community.

Senior partner Michael Maher and Mr. Jones both attended Stetson University College of Law. When Mr. Maher was in his first year, Mr. Jones was in his first. Mr. Jones says that in 1930 "Mike became my mentor. I decided to focus my law practice. I thought I found a significant approach in law during the whole spectrum of cases in using a targeted approach, helping injured

lawyer, he is particularly astute regarding nursing homes and other difficulties the elderly face.

As a child, Mr. Jones lost his father who was killed by a drunk driver and he was raised by a single mother who lived the struggles that usually occur in those situations. At the same time, she instilled values in him that he lives by today. Knowing this helps with an understanding of Mr. Jones' personal devotion to his clients.

Mr. Jones works with the partners and associates at M.G.M on significant medical malpractice, insurance, personal injury and estate/elder law cases. In his 30 years as a lawyer, Mr. Jones has experience in all areas of law, but has a special focus for the local system and the professional responsibilities under the judges in the Central Florida area. According to Mr. Maher, "John's professional manner has influenced the younger members of our firm with these professional responsibilities of the past. He instills the confidence to his staff and is thorough throughout his career."

The mutual respect between Mr. Maher and Mr. Jones is obvious and results in a personal friendship. Mr. Jones says, "I appreciate Mike's strength of character as he says, 'I will work with anyone as long as I practice law.'"

Mr. Jones has in his 30 years have been further distinguished through his service in Seaside and is dedicated to planning for the future and improving the lives of his community. His daughter, Julie, has joined Mr. Jones and his wife, Helen, and their children. Their youngest son, Andrew, is in his first year of law school at FAMU.

In his 30 years of community, Mr. Jones has counseled people from all walks of life who face problems and tragedies in their lives. As a lawyer, he is able to counsel both his personal life and career by his own moral standards, while at the same time, he counseles people in a completely impartial manner. This is an invaluable characteristic when helping people solve problems and change their lives for the better. John Jones is truly a "Counselor of Law."
Originally published in "News from Seaside County and Maitland, FL."

Learn about Humana Gold Choice

Please just US ONLY

Thursday, January 14
Kellie Corral Restaurant
223 S. Banana St.
Ocala, FL 34763
11:00 A.M.

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Starboard City Commission Agenda for 1-13-03

Starboard City Hall
300 North Park Avenue
Starboard, Florida 32083
Phone: 407-322-1234

Agenda:

1. Presentation to Board of the Starboard City...
2. Discussion of...
3. Discussion of...
4. Discussion of...
5. Discussion of...
6. Discussion of...
7. City Manager's Report
8. Starboard County School Board Meeting

Board of Directors

1. Code Enforcement Board. There is one vacancy due to the resignation of Brian Vanden... Lindsay M. Oyewale... being appointed to the vacant position...

2. Starboard City...

3. Starboard City...

Planning and Zoning Commission

4. First reading of Ordinance No. 3771 to amend 15.0 across between Casey Avenue and Calicut Terrace and...

5. First reading of Ordinance No. 3772 amending...

6. Approval of...

Entertainment Board

7. Approval of...

8. Approval of...

Solution to Today's Puzzle

W	A	N	C	A	D	A	R	E	D	R	E	E	A	T	I	O
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Public Hearings

9. Presentation of solar employee of the...

City Manager's Report

1. Approval of...

2. Approval of...

3. Approval of...

4. Approval of...

Code Enforcement Board

1. Approval of...

2. Approval of...

Planning and Zoning Commission

7. Approval of...

Entertainment Board

9. Approval of...

Public Hearings

1. Second reading and adoption of Ordinance No. 3754 to amend 17.34 across...

2. Second reading and adoption of Ordinance No. 3755 to amend 15.0 across...

3. Second reading and adoption of Ordinance No. 3770 to amend 15.0 across...

Code Enforcement Board

1. Approval of...

Planning and Zoning Commission

8. Approval of...

Entertainment Board

10. Approval of...

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(Bottom Left to Top Right) Penny Price McIntosh, Ivy Drummond, Debra VanHerbulla, Dorot O'Neal, Deb Davis, Stephanie Matzdorf, Kim Coggon

Code Enforcement Board

1. Approval of...

Planning and Zoning Commission

9. Approval of...

Entertainment Board

11. Approval of...

Public Hearings

1. Approval of...

Page Private School

1000 Page Road, Starboard, FL 32083
Phone: 407-322-1234

OPEN HOUSE
January 25, 2003
10am - 12 noon

Registration - 10am - 12 noon
1000 Page Road, Starboard, FL 32083

Building

Continued from Page 1
 attempt to remodel without permits," said Riches. "They don't think they will get caught."

According to Riches, he has contacted the building's owner, Michael K. Jackson of Sanford, to resolve the problem.

"My goal is to get the city of Sanford happy and have the thing done right so I can move on my life," said Jackson, property manager since 1990. "I have someone ready to tear the building up to start over the building up to code."

"I recently had to sell my home and file for bankruptcy," he added. "I'm living off my savings account and credit cards. I have a busy life."

According to reports, this is not the first time Jackson has received complaints from the city of Sanford.

According to Riches, he spent \$10,500 throughout the past year to remodel the building and pro-

vide for the new tenant to move in. Jackson says, the events during the weekend were not meant to break any rules.

"I ordered new doors, but they were an 1800 too big for the frame," said Jackson. "We removed the door and replaced it with a door that was 1800. The city thinks we did it, but we didn't — it was the previous tenant."

According to Jackson, several years ago someone drove into the building. The front of the building was damaged, and the building was closed for several weeks. Jackson says he replaced the door but didn't fix the damage properly. Instead, he covered the hole with a piece of plywood. The structure was damaged \$20,000 more for previous tenant. Jackson says he replaced the door and fixed the damage.

"I was living in Sanford at the time and I was in a way of knowing what was going on," said Jackson. "After the door was brought up to code, Jackson came to lease the building for \$1,500 or less the month. He was in the building."

Pageant

Continued from Page 1
 in 1951 with winner Dorothy Mason. At Sanford, pageants are held periodically and the one took responsibility in 1999. Now in its fourth consecutive year, the scholarship pageant continues to be a mainstay in the county.

In order to determine the winner, five judges will evaluate contestants in several areas: including presentation and community achievement in a private interview (40 percent), artistic expression in talent (30 percent), lifestyle and fitness in swimsuit (10 percent) and poise in evening wear with up-stage interview (10 percent). Now in its eighth year, it's a general allowance which accounts for 10 percent of the contestant's overall.

The highest and lowest scores in each category will be

dropped out. When the remaining three scores are compiled, the winner will be named.



Dorothy Mason of Sanford was the first Miss Seminole County Scholarship Pageant, which was then in 1951.

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Place: Grace Baptist Church
 919 Longwood Hills Rd.
 Longwood, FL
Date: Sunday Jan. 12, 2003
Time: 9:30 am & 10:45 am

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Winter Springs Commission meets Monday

The Winter Springs City Commission will meet Monday, Jan. 13, 7:30 p.m. at the city council chambers. Among the items on the agenda is a request to amend the zoning

ordinance. The commission will also discuss the zoning ordinance and the zoning board's decision on the zoning ordinance.

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Sanford natives complete Marine Corps basic training

Marine Corps Pvt. Brian J. Young, Pfc. Andrew Davis, Pvt. Chad Fuller, Pfc. James S. Thomas, and Pfc. T.J. Hunter, all of Sanford, recently completed basic training at Marine Corps Recruit Depot Parris Island, S.C. Young is a 2002 graduate of Seminole High School. He is the son of Brad M. Young of Gumbo Bay Street in Sanford. Davis is also a 2002 graduate of Seminole High School. Hunter is the son of Gwen Bryant and Dwayne F. Hunter, 1405 S.W. 13th St. in Sanford. He is a 2002 graduate of Seminole High School.

Fuller is the son of Debbie Fuller, 1114 Park Avenue, Sanford, and a 2000 graduate of Galder High School, Tampa. Thomas is the son of Kelly S. and Robert P. Thomas of 5825 Fern Terrace, Sanford, and was a 2002 graduate of Seminole High School. He was nominally promoted to his current rank at the completion of his training. Young, Davis, Fuller, Thomas and Hunter successfully completed 12 weeks of intensive training at Parris Island, S.C.

recruits both physically and mentally. They also received instruction on the Marine Corps' core values - honor, courage and commitment, and what the words mean in guiding personal and professional conduct. They also received the training phase with The Crucible, a 54-hour team effort, problem solving evolution which culminated with an emotional ceremony in which the recruits were presented the Marine Corps Emblem, and were addressed as "Marines" for the first time since their camp in boot camp.

Arrests

Continued from Page 1.
The two men, December 2002.

On Wednesday, Jan. 8, the agent arrested Lopez and seized a package of cocaine. Lopez called the agent and advised that the agent should meet him at the Walgreens located at the corner of U.S. Highway 17/92 and State Road 96.

While Lopez and the agent traveled to the site, agents with the CCLE apprehended Ochoa as he drove to meet the two men. Agents found the 9 ounces of cocaine in the car.

Deputies from Volusia County searched Ochoa's 2001 Ford

service shortly after he left to make the drug deal. They found another 9 ounces of cocaine and the cash.

Ochoa was arrested at the scene of the traffic stop and transported to John D. Palk Correctional Facility in Seminole County.

Lopez left the drug deal with a female, Sgt. Ronald B. ... (Aldo's arrest)

Agents later found Lopez at his home, where he was arrested before he was taken to the Palk correctional facility.

Riverwalk

Developed in a large area, the riverwalk will be installed and a concrete cap will be poured to secure the new panels.

Ed Waters and Sons of Jacksonville is installing the panels. "They are a very experienced company," Smith said. "In fact they do the largest piping in the state for the Florida Department of Transportation." The company uses high-powered jets of water to cut each panel. "The panels, most of which are 20 feet by 4 feet wide and 9 inches thick, are lowered into the water by crane. Four diameters pipes inside the panel and about 20 feet of water in the area of the panel are to be installed," Smith said. "The panels are installed by the jetting process. The jetting is done on the bottom so the panels can be installed several feet below the floor of Lake Monte. Once the panel is in place and the jets

turned off, sand and silt naturally become the base, securing the panel in place.

After the initial 30 panels are installed, Smith said crews working four to five days should be able to install about 20 panels per day or 30 panels per week. Installation will slow once work reaches the marina and Memorial Park. The park will have to have several corner panels installed, and because the panels must fit together snugly, crews will not have the exact dimensions until the installation process reaches those areas.

"Those panels will have to be built when we get to that point," Smith said. "The panels are built by C&S Concrete of Jacksonville. Smith said the company can build 25 panels per day but can only work five at a time, which will require about 350 trips between Jacksonville and Sanford. "When we get west of the

marina, C&S may decide to deliver the panels by barge," Smith said. "Their facility is right on the St. Johns River, so it would be no problem for them. The reason we aren't doing that now is that it's not deep enough on the east end to bring in a barge, and C&S understandably doesn't want to handle the panels twice before they are installed."

Smith said there have been no major obstacles in the early stages of the project, though a rather large ant-eater may temporarily block work near the marina.

"We've done some sonar and there is a large object on the west end of the marina," Smith said. "We're not sure what it is, but it looks like a Volkswagen."

Smith said the sector also needed a "very deep hole with lots of sand" nearby. "I've told them they going to be watching to see if any buoys with fishing lines pop up over that area," Smith cracked.

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Sweet Viburnum: A versatile tree for the Central Florida landscape

The sweet viburnum, a tree native to Japan and the Himalaya region, is a common plant in the landscape of Central Florida. The viburnum, a member of the botany middle family, is an evergreen tree with leathery, dark green leaves and white fragrant blooms in the spring. This versatile tree can be used as a small tree, hedge or in foundation plantings near large windows. The tree grows small, red to black berries that are attractive to wildlife.



Ferrer

opposite, oval, and about 6 inches long, with a leathery texture and smooth upper surface that provides a characteristic aroma when crushed. Blooming occurs in the spring. The flowers are very fragrant, white, tubular, about 1 1/2 to 2 inches long and borne in showy terminal panicles to 4 inches long. The fruit is a drupe bearing a single seed, about 1/4 of an inch, initially red, but turning black at maturity.

Viburnum in containers can be used in any form of the landscape. The tree is a sturdy, upright tree with a rounded canopy. This plant can be trained to grow in any type of container, and it tolerates a wide range of pH but the soil must have good drainage. Once established, the plant has a high drought tolerance but will benefit from supple-

mental irrigation once a week. Use a complete fertilizer in March, June and September to promote growth and healthy tissues. Pruning is probably one of the few necessary cultural practices that most trees.

When grown as a small tree, it will require training to control size and shape. It can be trained to one or multiple trunks. Insect sprays and branches need to be removed to make the trunk show. Usually a neutral compact canopy will develop without any training.

Most commonly, Viburnum is used as a hedge that is kept pruned half as wide as tall. It is also used as residential street tree, container or above ground planter, a shade tree near a deck

or patio, and small parking lot islands. This tree grows well in urban areas where air pollution, poor drainage, compact soil or drought is prevalent. Pruning is usually by removal of lowering. The cultivar 'Sweet Viburnum' has larger leaves than 'Nanum' as a dwarf form. The cultivar 'Avalanche' also known as minor-leaf viburnum has large glossy leaves and produces beautiful red berries.

Pest and Diseases
Pests are usually considered

postive but occasional pests can do some damage. The Viburnum aphid, mites, whitefly, and bagworms may be present but cause little or no appreciable damage to the plants.

Fungal and fungal leaf spots can also cause some damage to the plant but usually they cause no serious problems. Shot blight causes grayish to brown dead spots on the leaves.

The spots first appear at the leaf margins and spread to the rest of the leaf. Infected foliage

chapters or bags might be killed by the fungus. Remove by pruning is best because it will apply a copper fungicide to control this problem. Downy mildew and powdery mildew can also be present but they do not seriously damage the plants.

All trees in Sebring County Urban Horticulture Database may be viewed by link at the Cooperative Extension website, and by phone at 407-332-3200, 411-2272 or phone 407-406-4311. Sebring County Cooperative Extension website are open to all regardless of race, color, sex, handicap or national origin.

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Orlando, FL - By age 50, nearly 1 out of 2 Americans will be afflicted with unhealthy and painful varicose veins. If left untreated, varicose veins can often lead to serious complications such as phlebitis, leg ulcers, and potentially life-threatening blood clots. For decades, millions of varicose vein sufferers have chosen to live with their condition rather than undergo painful vein stripping surgery to relieve the defective veins. There's now a revolutionary new procedure that's transforming the treatment of varicose veins. It's called Endovenous Foam Treatment™, and it's giving new hope to those who thought ulcers or amputations were part of their past.

For those suffering from varicose and spider veins, the problem often originates in the greater saphenous vein - the main blood vessel that runs from the ankle to the groin. Tributary veins empty blood into the saphenous vein, which carries blood to the deep veins and ultimately back to the heart. When the valves of this vein stop functioning, it becomes varicose. This causes blood to backup into the tributary veins causing them to become varicose as well. Until now, the usual option was to have the saphenous vein partially stripped from groin to ankle in the hospital with the risks of general anesthesia, prolonged recovery, potential infection, and unsightly scars - not to mention the expense. There's now a safe, comfortable and cost-effective alternative developed by Dr. Daniel Thomas called Endovenous Foam Treatment™. With this new procedure, under ultrasound guidance, a slender catheter is inserted into the saphenous vein at the knee through a tiny needle stick in the skin. A special foam medication is then infused into the diseased vein. The foam irritates the lining of the vein causing it to contract and close, allowing blood to be rerouted to healthy veins. The treated vein then becomes harmless fibrous tissue and is gradually absorbed into the body. There is virtually no discomfort afterwards and no downtime.

Since 1987, Dr. Daniel Thomas has been a pioneer in the treatment of veins. He is certified by the American Board of Sclerotherapy and has 15 years of experience. He is a Member of the American College of Phlebology, and is an author, teacher and researcher. Dr. Thomas has performed over 50,000 vein-related procedures. Using the most advanced techniques available, he has improved the lives of thousands of patients.

For more information on the new Endovenous Foam Treatment™ procedure, visit the Clinic's website at www.novelas.com, or contact them by phone at 407-971-9600.

Dr. Daniel Thomas
Vein Clinic of Orlando

HAIR AUTHORITY

1000 Executive Center, Orlando, FL 32837
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CO-CAPTAIN WANTS TO GO

Tom Minton, co-captain of the St. Louis Cardinals, is looking for a place to play in the fall. Minton, 33, has played for the Cardinals for five years and is looking for a new challenge. He is currently playing for the St. Louis Cardinals in the major leagues.

PLACE FOOTBALL

Women's College Football is starting to gain momentum. The National Women's Football League is planning to hold a tournament in the fall. The tournament will be held at the University of Michigan and will feature the top college football teams.

BASKETBALL CAMP

The National Basketball Association (NBA) is holding a training camp for its players. The camp will be held in Las Vegas and will run from August 10 to August 25. The camp will be a pre-season training camp for the players.

BASEBALL CAMP

The Major League Baseball (MLB) is holding a training camp for its players. The camp will be held in St. Louis and will run from August 10 to August 25. The camp will be a pre-season training camp for the players.

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PLACE FOOTBALL

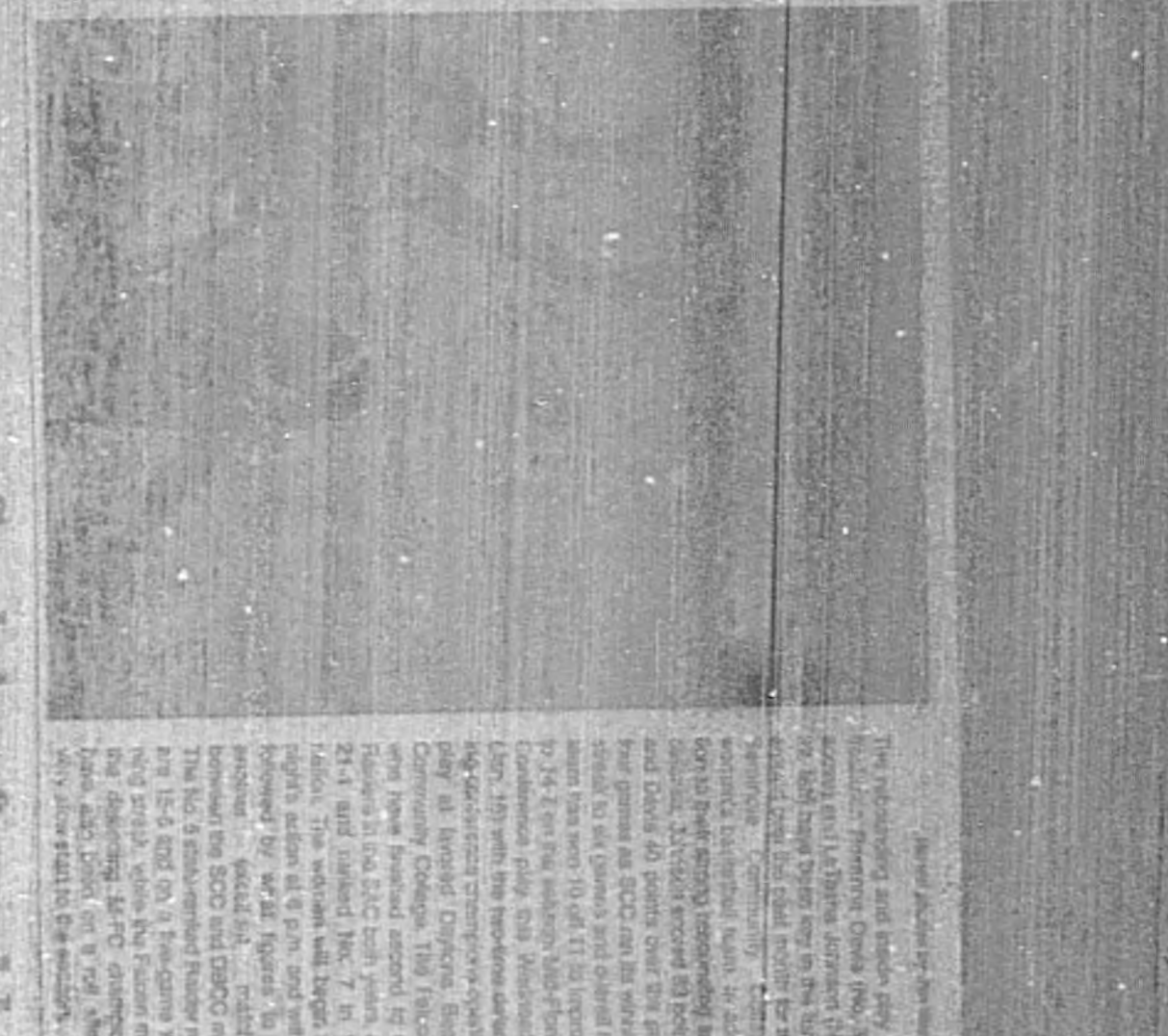
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Robby Malone fastest on final day for odds

Special to The Herald

DAYTONA RENCHI

The first round of the NASCAR Daytona 500 is scheduled for Thursday at Daytona International Speedway. The race will start at 2 p.m. and will feature a field of 40 cars. Robby Malone is the favorite to win the race.

FALCON

The Falcon team will be competing in the NASCAR Daytona 500. The team is led by driver Robby Malone. The team has been successful in previous races and is expected to do well in the Daytona 500.

DAYTONA 500

The Daytona 500 is the first race of the NASCAR season. It is one of the most popular races in the world. The race will be held at Daytona International Speedway.

The race will start at 2 p.m. and will feature a field of 40 cars. Robby Malone is the favorite to win the race.

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BASKETBALL CAMP

The National Basketball Association (NBA) is holding a training camp for its players. The camp will be held in Las Vegas and will run from August 10 to August 25. The camp will be a pre-season training camp for the players.

BASEBALL CAMP

The Major League Baseball (MLB) is holding a training camp for its players. The camp will be held in St. Louis and will run from August 10 to August 25. The camp will be a pre-season training camp for the players.

Robby Malone is the favorite to win the race. The race will start at 2 p.m. and will feature a field of 40 cars.

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The race will start at 2 p.m. and will feature a field of 40 cars. Robby Malone is the favorite to win the race.

Sports

Briefs

SOFTBALL GAMES

The City of Suwannee Recreation and Parks Department has announced the League Championships from the 2002-03 season.

Softball League
Co-Ed - Doyle Realty, Inc.
Women - Allstars
Men and Women's youth with Co-Ed Boys 4.

The 2002-03 season champions for All Stars League tournament winner - Coast Air Mfg High.

Co-Ed - Division 1
Central Florida Division 2

Men and Women's youth with Co-Ed Boys 4. The 2002-03 season champions for All Stars League tournament winner - Coast Air Mfg High.

Co-Ed - Division 1
Central Florida Division 2

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Central Florida Division 2

Men and Women's youth with Co-Ed Boys 4. The 2002-03 season champions for All Stars League tournament winner - Coast Air Mfg High.

Co-Ed - Division 1
Central Florida Division 2

By Mike Smith

ALABAMA TROJANS — Lake Mary boys basketball team post impressive wins

They all of last season, but Wednesday night's game against local rival Oviedo High School, the Trojans beat the boys in a 66-46 victory.

The Trojans' victory over the Raiders was a 66-46 victory. The Trojans' victory over the Raiders was a 66-46 victory.

The Trojans' victory over the Raiders was a 66-46 victory. The Trojans' victory over the Raiders was a 66-46 victory.

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teams post impressive wins

Oviedo, Lake Mary boys

but hopefully by the end of the season we'll be all right. The Lions set the tone quickly as Pat Kasalen scored five points to help Oviedo out to an early 12-2 advantage. After Jucker called a timeout, the Patriots regained control to close the period on an 8-3 run. The Patriots' Todd Stearns hit a three-

pointer early in the second quarter to cut the Lions' edge to 15-13. Yet Lake Mary's Bradly could get no closer, allowing Oviedo to score seven straight points and open up a 22-13 lead.

But the Patriots stormed back over again, ending the quarter hot and leading the Lions with just a 34-20 halftime lead.

Oviedo came out more confident after the break, getting 17 points from seven players and eight from Bradly in the first half to dominate the second half. The Lions continually cashed in on scoring opportunities while the Patriots struggled to score just 15 in the half.

"We didn't outpace the other game," Jucker said. "You got to play more quarters." See Page 11.

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"We didn't outpace the other game," Jucker said. "You got to play more quarters." See Page 11.

M-FC next for SCC

Raider

women

ease past

Brevard

By Mike Smith

Florida's women's basketball season is in full swing. The Raiders of M-FC are next for the SCC.

The Raiders of M-FC are next for the SCC.

The Raiders of M-FC are next for the SCC.

The Raiders of M-FC are next for the SCC.

The Raiders of M-FC are next for the SCC.

Top girls

quintets

continue

winning

By Mike Smith

Florida's girls' basketball season is in full swing. The Raiders of M-FC are next for the SCC.

The Raiders of M-FC are next for the SCC.

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125 Industrial Property For Rent
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CRAZY FLIPS GET THE JOB DONE!

Sunday, January 12, 2003 Page 13

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151—Miscellaneous

Tools...
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152—Miscellaneous

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153—Automotive

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154—Automotive

Cars...
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In search of Capt. Mellon

By Michelle Jeter
Marygrove Times

Until recently, few people were aware of the life of Charles Mellon, the man who died in 1911. However, he has lately come to the attention of a group of people in Sanford, Fla., who are trying to learn more about him.

Descendants of local icon pay visit to Sanford

There's been a lot of activity in all areas of Sanford, Fla., and the city is a hot spot for people who are interested in the life of Charles Mellon.



Charles Mellon and family lived in this home in Sanford, Fla., until 1911.

William Mellon of California was born in 1845 and lived in Sanford, Fla., until 1911. He was a prominent businessman and a member of the Sanford Chamber of Commerce.

The Mellon family arrived in Sanford in 1885. Charles Mellon, the son of William Mellon, was born in Sanford and lived there until 1911.

Local historian Christine Kasper has started a website to help people learn more about the Mellon family. She is working on a book about Mellon and decided to contact a direct descendant of Capt. Mellon to help in her research.

Charles Mellon was a prominent businessman and a member of the Sanford Chamber of Commerce. He was also a member of the Sanford Board of Education.

Although Charles Mellon was born in California, he spent most of his life in Sanford, Fla. He was a member of the Sanford Chamber of Commerce and the Sanford Board of Education.

The Mellon family arrived in Sanford in 1885. Charles Mellon, the son of William Mellon, was born in Sanford and lived there until 1911.

Although the Mellon family was born in California, they spent most of their lives in Sanford, Fla. Charles Mellon was a prominent businessman and a member of the Sanford Chamber of Commerce.

There was one thing, however, that didn't surprise Charles Mellon. He was a member of the Sanford Chamber of Commerce and the Sanford Board of Education.

Michelle Jeter is a writer for the Marygrove Times. She has written several articles about local history and culture.



Michelle Jeter is a writer for the Marygrove Times. She has written several articles about local history and culture.

Sallie Harrison Chapter DAR holds Christmas luncheon, program

By Virginia Miller
Special to the Herald

Sallie Harrison Chapter DAR men, women and children gathered at the Sanford Garden Club Saturday, Dec. 14, for a Christmas luncheon and program sponsored by members of Fort Mellon Society, C.A.R. Tables were beautifully decorated with ribbon, beads, miniature symbols of Christmas and ornate side center pieces. The songs

were a gift for all attendees from Virginia Powell. A native, by accident, lived the holiday from the center of the field. Colorfully decorated Christmas gifts based on the registration table added to the festive decor. Carolyn and Melissa Schneider, C.A.R. members, played Christmas carols on keyboard and violin as guests assembled. Mitch Lambert, a WW II Army Nurse veteran and the Chapter Chairman for service to veterans patients, received white

socks and other items for Christmas gifts for veterans. This is a joint project with Fort Mellon Society. Vice Regent De Lois Sartin, who presided, presided at the luncheon. Christmas Mary Williams offered Grace. The Spirit of Allegiance to the Flag of the United States was led by Mitch Lambert. Virginia Miller led the recitation of the America's Creed. Lois Sartin read the President General's message. After lunch, Dr. Somerville called on Wayne DeLoe, Senior President of the Station Society who introduced C.A.R. members who participated in the program. They were Susan and Sharon, Society president, William Szwed, Arlene Sowatt, Caroline Schneider and Melissa.

The group assisted in narrating an original depiction of Sacagawea, boatman in the guide during the Lewis and Clark expedition about 200 years ago. The imaginative narration was written by Chuck Decker who for many years has been active in local, state and national C.A.R. activities. Chuck took the part of Philippe LeJeune in the narration. Members listened intently and were quizzed about the expedition and the amazing life of Sacagawea after the program. At the end of the program, Chuck visited.

See DAR, Page 6C

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Crooms classes gather for reunion

Class reunions at Crooms Academy are exciting events that build traditions. It is the time we relive our trials and memories, see friends deep within the memories of the Crooms Academy. Just as a part of our lives, the work, the friendships and Mrs. J.N. Wealthy, Crooms teachers, staff and students.

On Jan. 10, 2003, over 200 former students, friends and family of Crooms Academy gathered and celebrated the bond of friendship and history. They recognized their support of the Crooms Academy of Information Technology.

The reunion continues the Crooms vision for joy and education. The school continues to serve as a beacon of light to the students who passed and are still passing through its doors. Successes are living examples of the work and commitment given each student.

As we visited our memories, we gave thanks and praise to God for our many blessings.

A recapitulation of how began the festivities on Thursday, Friday, Saturday, families and schoolmates joined at a picnic feast and socialized their body, minds and soul.

Saturday morning, Principal Corina Collins, Ed.D. of Crooms led the eager reunioners on a complete tour of the Academy campus.

Many alumni pledged their support to become volunteers, mentors, and dis-



Donella L. Curry, of the class of 1952, is seen here during the Crooms Classes of the 1950's reunion held last week.

tribute to Crooms teachers and students. Saturday evening, the group enjoyed a dinner in dining and a professional theater musical comedy, "The 100th Birthday Party" featuring Crooms alumni. Various acts and the phonetic production were held with plenty of long-legged chorography and a ritual humor.

"Crooms Classes of the 50's, Growing Rooted in Christian Fellowship" was the theme of the reunion worship service Sunday, Dec. 29 at 11 a.m. at New Mt. Calvary Methodist Baptist Church. Rev. Ricky Scott, pastor, and the Mt. Calvary Church family welcomed the reunion with Donella Louise Curry presiding. The classes marched in a parade

around with Crooms Academy ministers at the 30's, Paul E. Minolt at the 40's, playing "God of Our Fathers". The praise team set the pace for the occasion with a worship album with music from the New Mt. Calvary Music Chorus. Guesting from City of Sanford, Jimmy J. Commissioner, Dr. Robert Williams.

Reunion chairman Richard Evans gave greetings and observations. The deceased teachers and classmates were remembered for their dedication and contributions to the students. Mrs. Pearl Caldwell presented Rev. Dr. Franklin Caldwell of the class of '52' who delivered the morning message. "The Glory of the Ordinary" (Luce, 2002). We were told to live the ordinary, secure the moment, enjoy the ordinary, take time to listen to cars, to love. The handwriting is on the wall.

After presentation of awards to various committee chairmen and workers by Religious Chairman Madeline Smith, Rachel, Algernine Miller, Lizelle S. Fobler and Janis H. Eudell, Chairman Richard Evans and Perry Alexander, Committee Members were honored for their 20 years of service to the committee.

Closing with the Alma Mater, "Dear Old Crooms Academy" Rev. Dr. Franklin D. Caldwell of Newport News, Virginia, gave the benediction.

And the alumni gathered for a delicious dinner, and a few last minute pictures of 2002.



Madeline S. Fobler, of the class of 1952, presents Richard Evans with a plaque for his 20 years of service to the reunion.



Former Crooms Academy students and their friends and family pose for a picture while touring the current Crooms facility. The tour was part of the Crooms Classes of the 1950's Reunion held last week. The photo is setting in front of a mural painting of Progress and Mrs. J.N. Crooms.

School's PTSA now hosting community get-togethers

Sanford Middle School will be hosting Burger King Nights during the month of January.

Each Wednesday night at the two Burger King locations on Highway 17-92, at the intersections of 3rd Street and 17-92 and Lake Mary Boulevard in Sanford, the middle school's PTSA will be hosting a community get-together, with games, prizes, balloons for the students and children, and a prize drawing to be held at each location. Twenty percent of the proceeds will go directly back to Sanford Middle School.

Dates for the Burger King Nights are Jan. 15, Jan. 22 and Jan. 29. Activities start at 4 p.m. and end at 8 p.m.

Zoo searching for volunteers

If you love animals and enjoy the great outdoors, the Central Florida Zoo is looking for you!

The Zoo is seeking dedicated people to participate in the Docent Training Program. Volunteer docents, trained to document, are an integral part of the Zoo staff. Providing exceptional education for children and adults about conservation of animals and the environment, docents participate in an array of activities.

In 2001, docents served over 12,500 hours, reaching thousands of people through tours, animal encounters and community outreach programs.

A docent training course is being offered with two classes running concurrently on Wednesday, March 5, and Saturday, March 8, 2003 from 9 a.m. to 3 p.m. Anyone 18 or older is eligible to participate in the seven-week program.

The cost is \$40, which includes class materials and a Central Florida Zoo shirt.

Volunteers able to work during the day to assist school children are especially in demand. No teaching experience is necessary. Applications are due by Feb. 21. A volunteer orientation will be held on Feb. 23.

Crooms graduation will qualify each volunteer to conduct Zoo tours, participate in school outreach programs, provide exhibit interpretation, and more. Also, each docent will be offered a three-week Animal Handling Class, to learn how to handle species of reptiles, birds, mammals, and invertebrates for outreach programs and animal encounters.

For additional information on the program or applications, please call 387-303-4450, ext. 130, or visit the Zoo's website at www.centralfloridazoo.org.

Church Notes

Catholic
SACRAMENTUM CATHOLIC CHURCH
 201 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sacraments: Morning Prayer: 7:30 a.m.
 Sunday Mass: 8:00 a.m.
 201 S. G Street, Tallahassee, FL 32302-2995

WESLEYAN CHURCH
 700 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 700 S. G Street, Tallahassee, FL 32302-2995

METHODIST CHURCH
 100 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 100 S. G Street, Tallahassee, FL 32302-2995

UNITED METHODIST CHURCH
 200 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 200 S. G Street, Tallahassee, FL 32302-2995

WESLEYAN CHURCH
 300 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 300 S. G Street, Tallahassee, FL 32302-2995

METHODIST CHURCH
 400 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 400 S. G Street, Tallahassee, FL 32302-2995

UNITED METHODIST CHURCH
 500 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 500 S. G Street, Tallahassee, FL 32302-2995

Episcopal
ST. JOHN'S EPISCOPAL CHURCH
 600 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 600 S. G Street, Tallahassee, FL 32302-2995

Episcopal
ST. MARY'S EPISCOPAL CHURCH
 700 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 700 S. G Street, Tallahassee, FL 32302-2995

Episcopal
ST. MICHAEL'S EPISCOPAL CHURCH
 800 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 800 S. G Street, Tallahassee, FL 32302-2995

Episcopal
ST. PETER'S EPISCOPAL CHURCH
 900 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 900 S. G Street, Tallahassee, FL 32302-2995

Episcopal
ST. PAUL'S EPISCOPAL CHURCH
 1000 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 1000 S. G Street, Tallahassee, FL 32302-2995

Episcopal
ST. JOHN THE BAPTIST EPISCOPAL CHURCH
 1100 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 1100 S. G Street, Tallahassee, FL 32302-2995

Episcopal
ST. MARY'S EPISCOPAL CHURCH
 1200 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 1200 S. G Street, Tallahassee, FL 32302-2995

Lutheran
ST. ANNE'S LUTHERAN CHURCH
 1300 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 1300 S. G Street, Tallahassee, FL 32302-2995

Lutheran
ST. MARY'S LUTHERAN CHURCH
 1400 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 1400 S. G Street, Tallahassee, FL 32302-2995

Lutheran
ST. JOHN'S LUTHERAN CHURCH
 1500 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 1500 S. G Street, Tallahassee, FL 32302-2995

Lutheran
ST. MICHAEL'S LUTHERAN CHURCH
 1600 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 1600 S. G Street, Tallahassee, FL 32302-2995

Lutheran
ST. PETER'S LUTHERAN CHURCH
 1700 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 1700 S. G Street, Tallahassee, FL 32302-2995

Lutheran
ST. PAUL'S LUTHERAN CHURCH
 1800 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 1800 S. G Street, Tallahassee, FL 32302-2995

Lutheran
ST. MARY'S LUTHERAN CHURCH
 1900 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 1900 S. G Street, Tallahassee, FL 32302-2995

Baptist
ST. JOHN'S BAPTIST CHURCH
 2000 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 2000 S. G Street, Tallahassee, FL 32302-2995

Baptist
ST. MARY'S BAPTIST CHURCH
 2100 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 2100 S. G Street, Tallahassee, FL 32302-2995

Baptist
ST. MICHAEL'S BAPTIST CHURCH
 2200 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 2200 S. G Street, Tallahassee, FL 32302-2995

Baptist
ST. PETER'S BAPTIST CHURCH
 2300 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 2300 S. G Street, Tallahassee, FL 32302-2995

Baptist
ST. PAUL'S BAPTIST CHURCH
 2400 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 2400 S. G Street, Tallahassee, FL 32302-2995

Baptist
ST. MARY'S BAPTIST CHURCH
 2500 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 2500 S. G Street, Tallahassee, FL 32302-2995

Baptist
ST. JOHN'S BAPTIST CHURCH
 2600 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 2600 S. G Street, Tallahassee, FL 32302-2995

Methodist
ST. ANNE'S METHODIST CHURCH
 2700 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 2700 S. G Street, Tallahassee, FL 32302-2995

Methodist
ST. MARY'S METHODIST CHURCH
 2800 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 2800 S. G Street, Tallahassee, FL 32302-2995

Methodist
ST. JOHN'S METHODIST CHURCH
 2900 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 2900 S. G Street, Tallahassee, FL 32302-2995

Methodist
ST. MICHAEL'S METHODIST CHURCH
 3000 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 3000 S. G Street, Tallahassee, FL 32302-2995

Methodist
ST. PETER'S METHODIST CHURCH
 3100 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 3100 S. G Street, Tallahassee, FL 32302-2995

Methodist
ST. PAUL'S METHODIST CHURCH
 3200 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 3200 S. G Street, Tallahassee, FL 32302-2995

Methodist
ST. MARY'S METHODIST CHURCH
 3300 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 3300 S. G Street, Tallahassee, FL 32302-2995

Christian Science
ST. JOHN'S CHRISTIAN SCIENCE CHURCH
 3400 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 3400 S. G Street, Tallahassee, FL 32302-2995

Inter-Denominational
ST. MARY'S INTER-DENOMINATIONAL CHURCH
 3500 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 3500 S. G Street, Tallahassee, FL 32302-2995

Non-Denominational
ST. MICHAEL'S NON-DENOMINATIONAL CHURCH
 3600 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 3600 S. G Street, Tallahassee, FL 32302-2995

Methodist
ST. PETER'S METHODIST CHURCH
 3700 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 3700 S. G Street, Tallahassee, FL 32302-2995

Methodist
ST. PAUL'S METHODIST CHURCH
 3800 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 3800 S. G Street, Tallahassee, FL 32302-2995

Methodist
ST. MARY'S METHODIST CHURCH
 3900 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 3900 S. G Street, Tallahassee, FL 32302-2995

Methodist
ST. JOHN'S METHODIST CHURCH
 4000 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 4000 S. G Street, Tallahassee, FL 32302-2995

Methodist
ST. MICHAEL'S METHODIST CHURCH
 4100 S. G Street, Tallahassee, FL 32302-2995
 Pastor: Rev. David M. Stutz
 Sunday Mass: 8:00 a.m.
 4100 S. G Street, Tallahassee, FL 32302-2995

Medix Performance
 The popular Christian rock group "Street Corner Medix" will perform at 7 p.m. Saturday, Jan. 18. The concert will be held in the community gymnasium of The Salvation Army, located at 700 West 24th Street in Sanford.

"Street Corner Medix" has performed throughout Florida and in Texas. Most recently they performed at "The Last Wave" in Orlando, for which they received a rave response from the

audience. "Street Corner Medix" will also perform at their new CD and T-shirt release in the Jan. 18 concert. CDs and T-shirts will also be for sale at the concert.

"Street Corner Medix" has a large local following and keep much of their income from a local fund-raising effort. Their stated mission is: "We want God to use us to spread His love for souls. There are many people out there, in and out of the church, who need to be rescued, and we intend to go out into the world to bring God's spiritual heal-

ing and inspiration back to the world of the 21st century." William Booth, who lived to take the love of Christ to the impoverished streets of England.

"And, of course, the perfect example of this love is our Savior, Jesus Christ himself, who spent most of his time outside the temple in the streets, sharing love with all," the group added.

Along with the Saturday evening concert, "Street Corner Medix" will provide music as part of the Sunday Morning Meeting at The Salvation Army on Sunday, Jan. 19. There is no charge to attend the Sunday service and everyone is welcomed to attend.

Tickets for the Saturday concert are \$5 and go on sale Jan. 2. Tickets are available at The Salvation Army, 700 West 24th Street in Sanford. Seating is limited; therefore everyone is encouraged to purchase their tickets in advance. For more information, call (407) 583-7575.

and moderate in the 10 to 12 week range. They affect the baby in a subtle way, but over time, there is the one who is often offered with a generous portion of praise, and the one who is just a little bit more of a... At first, you can see the difference in the baby's behavior, but as the weeks go on, you can see that the baby who was a little bit more of a... Don't let your children grow up

QUESTION: If punishment is necessary for the child, what form of discipline is appropriate at that age?
 THE DOCTOR: The answer to this question depends on the child's age and the situation. For a child who is 2 or 3 years old, simple redirection or a timeout may be appropriate. For a child who is 4 or 5 years old, verbal discipline and logical consequences are more effective. For a child who is 6 or 7 years old, a firm and consistent discipline is necessary. Remember, a child's behavior is a reflection of the parent's behavior. If you want your child to be respectful, you must first be respectful to them. If you want your child to be responsible, you must first be responsible for your own actions.

would call his office and usually only had a few minutes to say good-bye. The doctor would ask if the child had a fever, to which most would reply "I don't know. He hasn't had any fever for days."
 Their mothers had already called their husbands to find out how they would react. And it usually ended with "They'll be fine."
 Good parenting and loving are not enough. You have to be firm and consistent. You have to be the parent, not the friend. You have to be the one who is in charge, not the one who is just along for the ride. You have to be the one who is willing to stand up to your child, even when it's hard. You have to be the one who is willing to set boundaries and enforce them. You have to be the one who is willing to say "no" to your child, even when they're crying or screaming. You have to be the one who is willing to be the parent, not the friend.

Proverbial Passages

FIRST OF
Methodist

GIVE HIM WHAT HE WANTS
GIVE HIM WHAT HE NEEDS

Local Girl Scouts now taking orders for cookies

Before she won the gold for the Republic of Cyprus in a men's football jersey, Kerlee was a Girl Scout. Before she was Secretary of State, Markham Albright was a Girl Scout. Before she learned how to give advice, Ann Landers was a Girl Scout. Before she painted her troop chat, Rebecca Lobo was a Girl Scout. Like many Girl Scouts, these women learned to work as a team, to make things work and to help their public personas. How? By selling Girl Scout cookies.

On Friday, Jan. 19, Girl Scouts in Lake Mary and 34 throughout Central Florida began going door to door to take cookie orders. The girls will continue to take orders

until Jan. 26. The cookies will be delivered around Valentine's Day and online orders will begin Jan. 15.

Why buy Girl Scout cookies? Well, they taste good and you're supporting a good cause. By the way, it's okay if you buy a lot. They freeze really well! One year, my aunt bought a box in her big freezer. We thawed them out and they were great. So, where does the money go? Part of the money goes directly to the troop, part to the council and part to buy for the cookies and the remainder goes to the Girl Scout Council.

So what does the Girl Scout Council do with the money? Proceeds from the

yearly cookie sales goes to the support and upkeep of the council properties, such as the Girl Scout houses. Because of cookie sales, troops can camp at Girl Scout camp cheaper than anywhere else, including state parks. Cookie money also keeps the cost of Girl Scout Summer Day Camp and Resident Camps affordable.

Cookie money also goes to providing services for girls who need it. It's a Girl Scout doesn't come in your door and your really want cookies, call the Girl Scout Council at 407-322-3400 or visit us on our website. They should be able to give you the name of a troop near you.

In Lake Mary, you can order online! Email Service Unit Coordinator Nancy Wong at nwong@scgsouth.net.

Strange Encounters

Have you ever seen a man stare up at you and in person? They have a heavy and great stare. It's something considering their size. I know some people say they have a face only a mother can love. But if you've ever seen a mother manatee nursing her calf, you know that love is there. I don't think I've ever seen any manatee as gentle as the manatee I saw at the beach. After overhearing a loud, obnoxious non-Floridian in a jewelry store recently, the woman was looking at a display of Florida-themed items: a palm tree, a dolphin and a manatee.

"Oh gosh," she exclaimed with genuine concern in her voice. "That manatee. They're so stupid and ugly. We're trying to save them

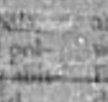
and they can't even save themselves!"

What do you say when you hear something like that? A lot of things, many unkind, flashed through my mind. But I said nothing. How can you change the opinion of someone who holds such malice toward a creature so inoffensive as the manatee? How can you make someone see beauty when they are so full of unkindness?

The answer, of course, is that you can't. All you can do is stand up for those who can't protect themselves, who can't save themselves. Manatees aren't the only ones in that category.

"Children are too. We must protect both from the mean, angry people of the world. It's our duty as members of a civilized society. It's our responsibility as human beings."

Mary Rowell



Mary Rowell is a Girl Scout leader in Lake Mary.

Helping others

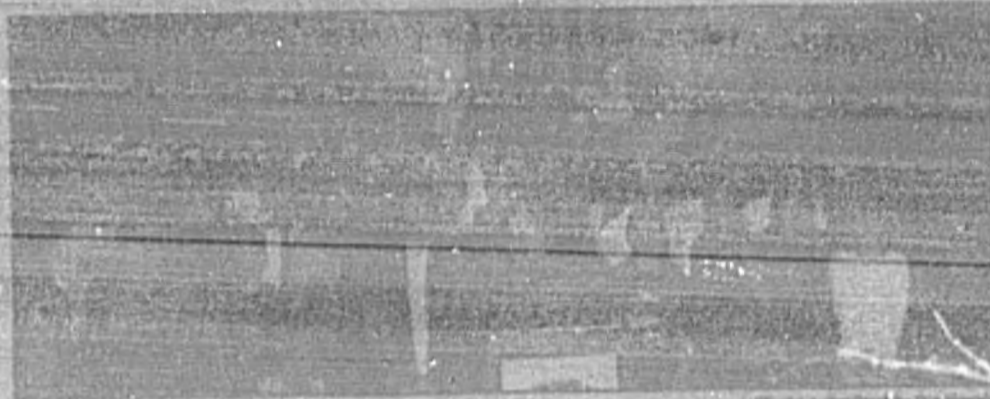


Photo submitted by the Herald

Idyllwild students inducted into Junior Beta Club

Aide-camp students from Idyllwild Elementary School in Sanibel were inducted into the National Junior Beta Club on Thursday, Nov. 21.

Idyllwild is the only elementary school that has a Beta Club in Sarasota County. Students can join the club by completing a membership card, paying a fee and being elected. This is the third year the Idyllwild Beta Club of Idyllwild, with 149 members previously inducted. The motto for the Junior Beta Club is "To help and be helped."

Inducting officers: Sarah was elected president before the end of the school year. This club was founded in the 2001-2002 school year with a charter award for her recognition at the National Service Project.

Idyllwild Elementary School Principal David Scott was in a dedicated to the club and supports the many activities the students attend. Betty Spence, coordinator, has been the Junior Beta Club sponsor since its inception.

January is recognized as National Mentoring Month

The term "mentor" is derived from ancient Greece. Since that time, the term has come to mean a wise and loyal advisor, teacher or coach.

In Seminole County Public Schools, 945 mentors are making a difference in the lives of students. One hundred twenty-one of these mentors are matched with scholarship students in the Investing in Our Future and Take Stock in Children Scholarship Programs.

Seventy-six members are volunteering as part of the Goldenrod Fruit Patch Program. The rest of the mentors are volunteering at the Ninth Grade Academics and the Special Friends Program (elementary school). There are also school faculty mentor programs where school staff are

matched with students. The schools include Bear Lake, Bentley, Brookwood, English Pointe, Goldstone, Hamilton, Winter Springs Elementary Schools, Millersville, Orange and Sanford Middle Schools.

Training and best practices are provided for new mentors. Mentoring sessions have been scheduled on Thursday, Jan. 16 at 5 p.m. and Tuesday, Feb. 11 at 9 a.m. Both sessions will be held at the Educational Support Center, 400 E. Lake Mary Boulevard, Sanford.

For more information on Mentoring, Contact Public Schools Mentoring Program, please contact the Lividends School Volunteer Program at 407-320-0182 or the Take Stock in Children Program at 407-320-0196.

THE SEMINOLE HERALD'S

Pet of the Week

'Robin'

Robin, the 3-year-old pit bull mix, is looking for a good home. Although Robin's Mom is of the BPCA of Central Florida in Sarasota County, she is looking for a new home for Robin, especially from children and cats. The rescue says he's playful, full of love and he loves his dog and his cats. Robin is a very happy and energetic boy.

To help Robin, call the Humane Society of Seminole County at **407-323-8685** or visit the facility at 2500 County Home Road in Sanford.

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• PLANTS

• AND MORE

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DAR

Continued from Page 2C

history. Those who attended correctly were given a commemorative coin featuring the program.

Another segment of the program was a three-fold presentation featuring Pompey's Place, an American National Landmark. "Pompey" or "Yonah" was the affectionate name of Mrs. Emily E. Yonah of Sanagawa and her husband, Charles, business owned and run by Captain Clark. DAR Member Sandy Hux, visited the landmark and made the presentation, using pictures and historic commentary.

After the historic presentation, Caroline and Melissa played Christmas hymns, with all present joining in by singing the first verse of each number.

Following the business meeting, Carol and Mary Williams shared with the group the Christmas taken from a DAR publication, "Let Us Play."

Good hedge may make better neighbor of woman next door

BRAD CRUIK, 11, says you can help resolve any emergency situation by having a hedge next door. "It's a good idea to have a hedge next door," says Cruik.

When the hedge is next to her yard, she can see if there are any problems with the hedge. She can also see if there are any problems with the hedge.

DEAR ABBY: Recently I began dating a girl from work, and I think she's absolutely wonderful. I'd like to know if I should tell my parents about it.

DEAR ABBY: You're right. You should tell your parents about it. They will be glad to hear that you are happy.

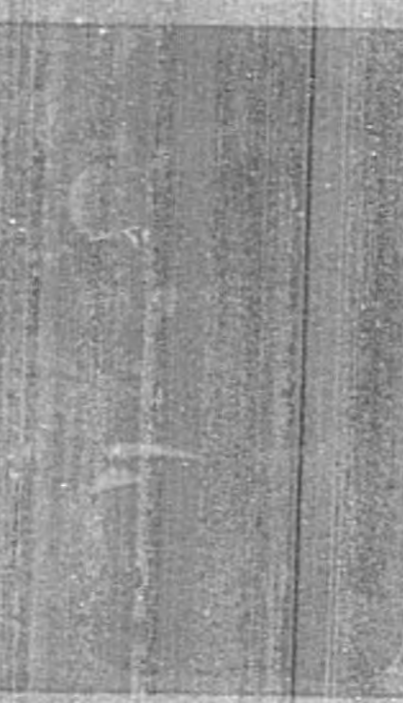
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New officers announced



New officers for the Seminole Over 50 Club. From left: President Mary Morris, Vice President Ann Blain, Secretary Betty Davis, Treasurer Susan McQuinn, and David Gooden as Honororary Member.

Over 50 Club celebrates 31st year

The Seminole Over 50 Club was started in 1959 as a social group at All Souls Church. In 1979, it was changed to all women. Now it has 50 members.

The club's first meeting was held on Monday, Nov. 12. The group has many projects, including a fund-raiser for the Seminole County Senior Center.

The club also sponsors the "Senior Open House" at the Seminole Civic Center. The club is open to all women over 50.

Morris, Blain announce engagement

Mrs. Ann Blain and Mrs. Mary Morris are engaged to be married. The wedding will take place on a date to be determined.



Mrs. Ann Blain and Mrs. Mary Morris are engaged to be married. The wedding will take place on a date to be determined.

Dear Abby is written by Abigail Van Buren, also known as Lucille Klagsberg, and is published by her sister, Pauline Phillips. Write Dear Abby at Post Office Box 247, New York, N.Y. 10021.

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FOOD

Food Football

Cut the fat from Super Bowl snacks

You don't have to sack your guests' diets for them to enjoy the food at this year's Super Bowl party. Here's how to tackle their hunger with some great, healthy, low-fat snacks.

Don't worry, winning the fat from your Super Bowl menu does not have to mean passing on taste. You can make a variety of delicious, healthy snacks with items from the grocery store or that you may already have around the house. For example, Goya's *Frijoles* (black beans) or *Merita* (red beans) can be paired with *Limón* (lemon) chips for a tasty and water-resistant alternative to potato chips and dip.

If you're looking for a bit more filling, simply toss some potatoes, try this recipe for *Chickpea* (garbanzo) bean salad.

BBQ Chicken Chickpea Salad

- 1 pound cooked chicken, cubed
- 1/2 cup barbecue sauce
- 1/2 cup olive oil
- 1/2 cup red onion, sliced
- 1 green or red pepper, cut into strips
- 1 medium tomato, cut into strips
- 1/2 cup Goya's *Frijoles*
- 1/2 cup Goya's *Merita*

Garnishes

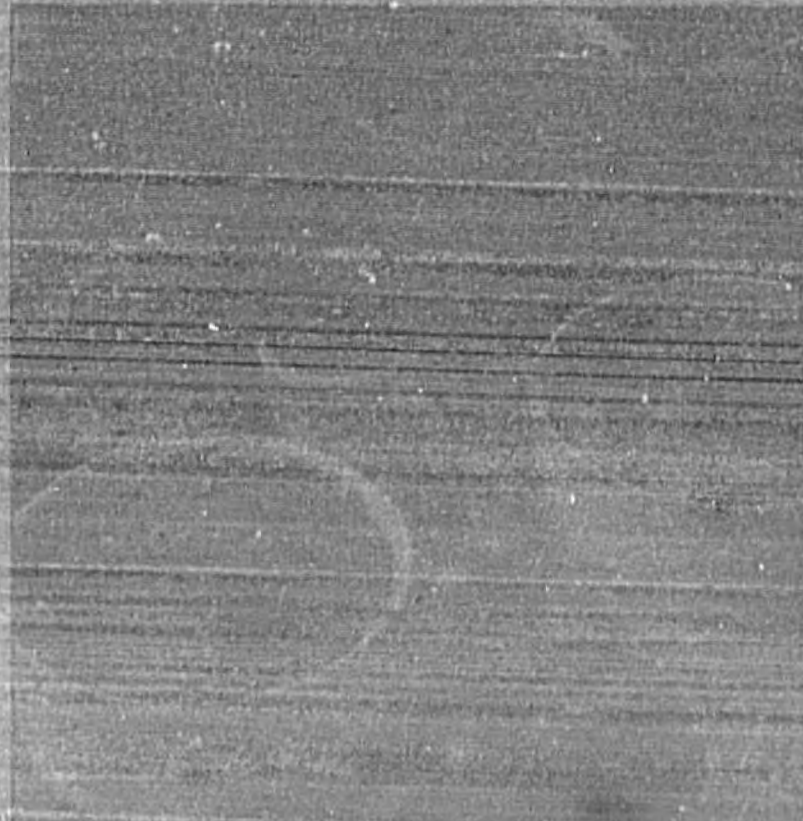
- Goya's *Salsa Frijoles*
- Goya's *Salsa*
- Nonfat sour cream

Cook

1. Preheat oven to 350°.
2. In a small bowl, whisk together 1/2 cup olive oil, 1/2 cup barbecue sauce, and 1/2 cup red onion. Toss chicken with mixture and bake for 15 minutes.
3. Add 1/2 cup olive oil and heat in medium-high Dutch oven to desired temperature. Remove from heat and allow mixture to cool for a minute before cutting against the grain into thin slices.
4. Sprinkle chicken with a few drops of water, wrap in foil and warm in pot, covered, for 5 minutes.
5. On a large platter, arrange chicken, onion mixture and garnishes. Keep the foil warm to top or a cloth napkin. Spoon chicken and onion mixture into center of the platter. Add desired garnishes and wrap.



BBQ Chicken Chickpea Salad



There's nothing better to a hot water and hot than a hearty bowl of homemade chili, especially during football season.

Score big with some super good chili

Nothing beats a bowl of chili during football season. If you're looking for a hearty bowl of homemade chili, try this recipe for *Super Good Chili*. It's super easy, too. Quickly brown ground beef, then add garlic, onion, tomato, *Limón* and pinto beans, and a generous splash of Tabasco hot pepper sauce. Simmer until beef is tender and then pour or cut over until your guests arrive. This super good chili recipe is an all-around winner.

Super Good Chili

- 1/2 pound ground beef
- 1/2 pound ground chicken
- 1 large onion, sliced
- 1/2 cup green onions
- 1/2 cup tomato, sliced
- 1/2 cup *Limón*
- 1/2 cup pinto beans
- 1/2 cup Tabasco hot pepper sauce

Heat oil in 5-quart Dutch oven or sauce pot over medium heat. Add beef and cook until well browned on all sides. Remove with slotted spoon and pat dry.

Add onion and garlic to drippings remaining in skillet; cook over medium heat until tender about 5 minutes. Return meat to Dutch oven and simmer, about 1 hour.

Two great American favorites make a super team

It's a great idea to combine two of our favorite American foods, chili and nachos, to create a super team. This recipe for *Chili and Nachos* is a perfect example of how to do it. It's easy, quick, and delicious.



Chili and Nachos

Chili and nachos are a perfect combination. This recipe for *Chili and Nachos* is a perfect example of how to do it. It's easy, quick, and delicious.

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JANUARY LAKE MARY HERALD

AAA Travel Expo 2000 opens

The AAA Travel Expo 2000 opens at the... (text continues)

AAA Travel Expo 2000... (text continues)

Lake Mary Smiles... (text continues)

Officials see boom in development

Local officials... (text continues)

Local officials... (text continues)

Local officials... (text continues)

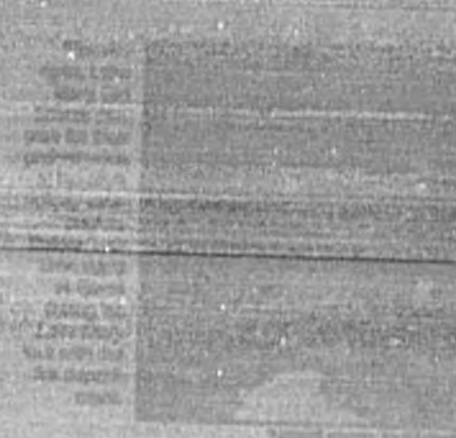


Photo by [Name]



Photo by [Name]

City lights up, Lake Mary Fair

Holidays celebrated with traditional fair



Photo by [Name]

City matriarch dies at age 90

Local matriarch... (text continues)



Photo by [Name]

Mike Good wins Red Eye 100 at New Smyrna Speedway

Local driver... (text continues)

Local driver... (text continues)

Local driver... (text continues)

Local driver... (text continues)

2003

Continued from Page 1
been judged that we've been successful and a home can be built here in the future. I hope to see construction begin this year on the new building project.

Litter and the city would also continue to work with the City of Lake Mary on the project. In 2003, the developer will be responsible for the construction of the new building.

improved, along with several parking and sidewalk improvements. "There will be a lot of work done in the next year on the project," Litter said. "The city will continue to work with the City of Lake Mary on the project. In 2003, the developer will be responsible for the construction of the new building."

would continue in the future. As for the other project, Litter said the city will be responsible for the construction of the new building. In 2003, the developer will be responsible for the construction of the new building.

Happy New Year, Lake Mary...

It's hard to believe that 2002 has come and gone. 2002 was a great year for the City of Lake Mary. The City Commission, City Council, and City Manager have all worked hard to make 2002 a successful year for the City of Lake Mary.

Mayor's Message

By Tom
Mayor
Tom Gross

As we enter the new year, I am proud of the progress we have made in 2002. We have completed the new building project and we have started the new building project. We have also completed the new building project and we have started the new building project.

to play practice, take lessons and more. Speaking of teaching neighbors, our new school will be the first elementary school in the area. We have also completed the new building project and we have started the new building project.

At the end of the year, our City Hall and other projects were completed by a major display of lights. The City and County Board of Commissioners have also completed the new building project and we have started the new building project.

As we enter the new year, I am proud of the progress we have made in 2002. We have completed the new building project and we have started the new building project. We have also completed the new building project and we have started the new building project.

I have not mentioned our automatic fire alarm system or our new computer system, all of which are located at the Sports Center and will be located at Lake Mary throughout the year.

The city is proud to be a part of the new building project and we have started the new building project. We have also completed the new building project and we have started the new building project.

If you would like information on the new building project, please call 407-324-2400. For information on any of the other projects, please call 407-324-2400.

Wolf

Continued from Page 1
which was located west of South Community College and across from the historic building. Wolf stated that she was involved in the project by serving on the Historic Commission and the Board of Adjustment. She was also a member of the Lake Mary Historical Commission, Lake Mary Senior's Club, the Golf Club and the Lake Mary Chamber of Commerce.

Wolf was chosen for her leadership in the project. She was also a member of the Lake Mary Historical Commission, Lake Mary Senior's Club, the Golf Club and the Lake Mary Chamber of Commerce.

Wolf is a member of the Lake Mary Chamber of Commerce. She was also a member of the Lake Mary Historical Commission, Lake Mary Senior's Club, the Golf Club and the Lake Mary Chamber of Commerce.

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Lake Mary Chapter No. 6078 meets the 1st and 3rd Thursdays of the month. For more information, call Laura Lutz at 407-323-9505.

407-323-9505

The Lake Mary Chapter of the Florida State Bar Association meets the 1st and 3rd Thursdays of the month. For more information, call Bill Harty at 407-323-9505.

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through May. For more information, call 407-323-9505.

The Lake Mary Chapter of the Florida State Bar Association meets the 1st and 3rd Thursdays of the month. For more information, call Bill Harty at 407-323-9505.

The Seminole County Lake Mary Regional Chamber of Commerce's New Member Reception will be held at 6:30 p.m. Wednesday, Jan. 15. The event will be hosted by Perot Systems, located at 4111 Crescent Executive Court, 4th Floor. The event is sponsored by Lakeside Insurance Agency.

The Lake Mary Code Enforcement Board Hearing will be held at 10 a.m. Tuesday, Jan. 21, in the Courthouse Classroom at Lake Mary City Hall, located at 100 N. Country Club Road.

The Lake Mary Code Enforcement Board Hearing will be held at 7 p.m. Tuesday, Jan. 21, in the Courthouse Classroom at Lake Mary City Hall, located at 100 N. Country Club Road.

The Seminole County/Lake Mary Regional Chamber of Commerce's Good Morning Seminole meeting will be held 7:00 to 9 a.m. Thursday, Feb. 6, at the Orlando Marriott Lake Mary, located at the intersection of Highway 46 A and International Parkway in Hawthorn.

The event is highly energized meetings with a keynote speaker each month. This great networking event is held monthly at the Orlando Marriott Lake Mary. Attendance exceeds 250 business leaders each month.

to have an event placed in the monthly Lake Mary Herald's community events calendar, e-mail mlherald@seminoleherald.com

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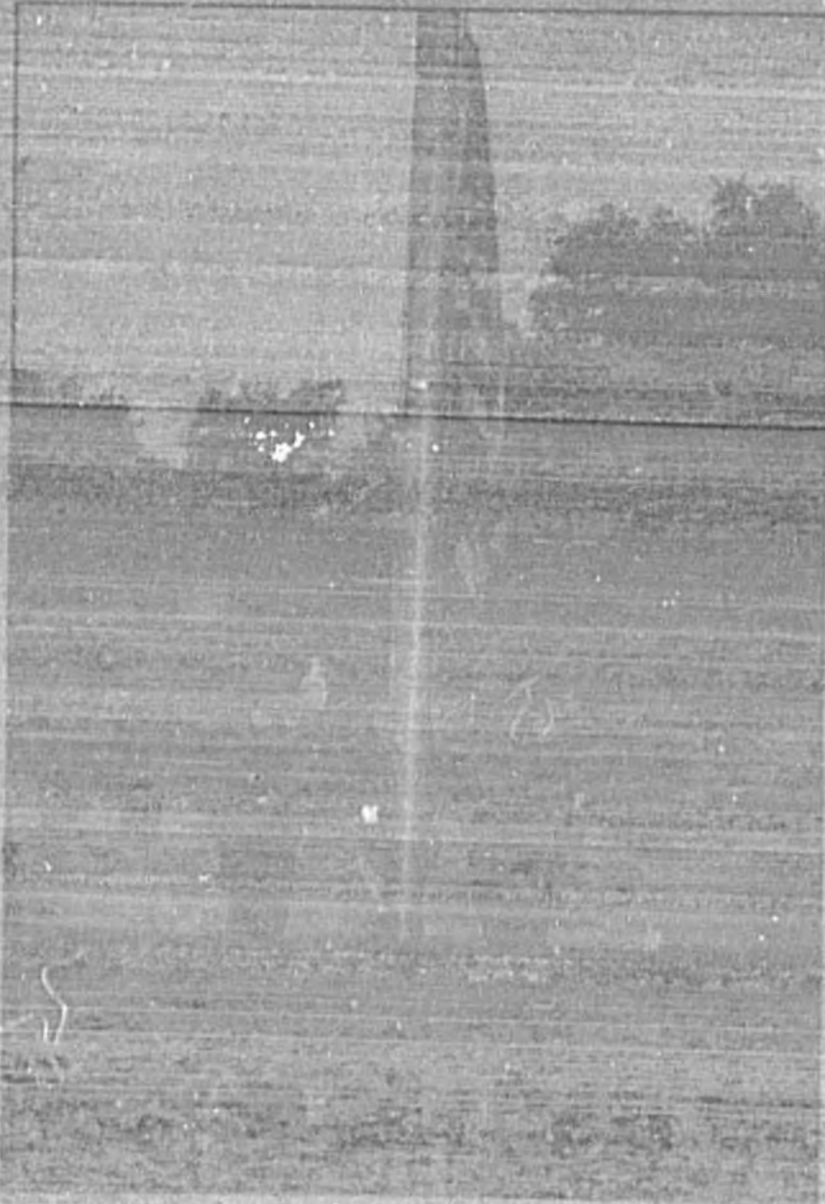
Campuses Open
6:30 a.m. - 6:30 p.m.

OPEN HOUSE
January 25, 2003
10 am - 12 noon

REGISTRATION ONLY. VISITORS WELCOME.

Remembering 2002

Herald photographer Tommy Vincent highlights last year's events



The Lakeside State School Park opened



The Southern Road Trail Plan discussion project begins

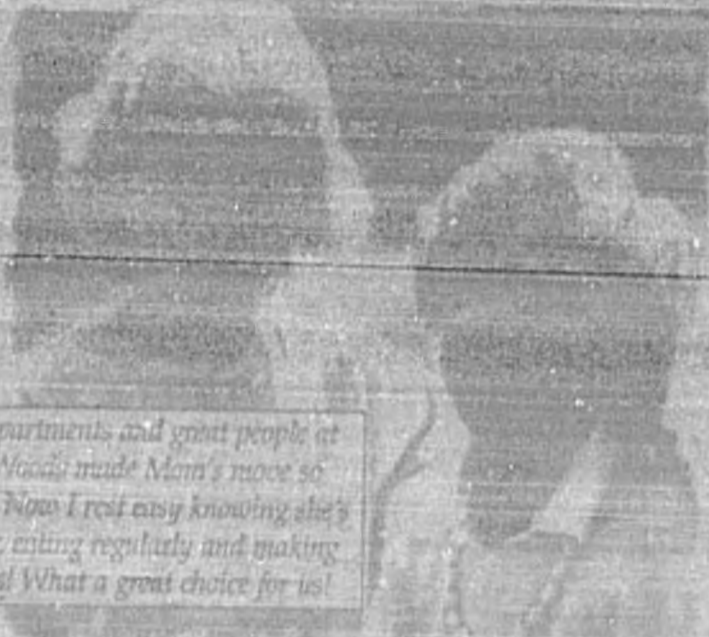


Discussion for the Government's Missing Link is held

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DANIEL M. BARGEN
 Daniel M. Bargen, 61, of Sanford, died Wednesday, Dec. 4, 2002, at Orlando. He was born Dec. 27, 1941, in Springfield, Mo. He was the owner of a landscaping business.

Survivors include wife, Patricia; sons, Sydney, Bryan and Tyler; brother Steve; sister Patricia McConville; parents, Patricia and Donald.

Funeral services were held at the Lake County Community Church at 10 a.m. Monday, Jan. 6, 2003, at the Old First Presbyterian Church in Lake County.

MARION G. TAYLOR
 Marion G. Taylor, 72, of Sanford, died Tuesday, Dec. 3, 2002, at Lake County Hospital. Born Jan. 7, 1930, in Kansas, Mo., she was a member of the United Methodist Church.

Survivors include son, Alan; daughter, Gloria; granddaughters, Cathy, Linda, and Virginia; and four grandchildren. Funeral services were held at the Lake County Community Church at 10 a.m. Monday, Jan. 6, 2003, at the Old First Presbyterian Church in Lake County.

THOMAS H. DUBOIS
 Thomas H. Dubois, 81, of Sanford, died Tuesday, Dec. 3, 2002, at Lake County Hospital. Born Jan. 1, 1921, in New York, he was a member of the United Methodist Church.

Survivors include wife, Mary; daughter, Virginia; and three grandchildren. Funeral services were held at the Lake County Community Church at 10 a.m. Monday, Jan. 6, 2003, at the Old First Presbyterian Church in Lake County.

CECIL H. DUBOIS
 Cecil H. Dubois, 81, of Sanford, died Tuesday, Dec. 3, 2002, at Lake County Hospital. Born May 3, 1921, in New York, he was a member of the United Methodist Church.

Survivors include wife, Mary; daughter, Virginia; and three grandchildren. Funeral services were held at the Lake County Community Church at 10 a.m. Monday, Jan. 6, 2003, at the Old First Presbyterian Church in Lake County.

MARIE S. DUBOIS
 Marie S. Dubois, 81, of Sanford, died Tuesday, Dec. 3, 2002, at Lake County Hospital. Born Sept. 20, 1921, in Missouri, she moved to Sanford in the mid 1950s. She and her husband owned a sign business. She was a member of All Souls Catholic Church.

THOMAS H. DUBOIS
 Thomas H. Dubois, 81, of Sanford, died Tuesday, Dec. 3, 2002, at Lake County Hospital. Born Jan. 1, 1921, in New York, he was a member of the United Methodist Church.

Survivors include wife, Mary; daughter, Virginia; and three grandchildren. Funeral services were held at the Lake County Community Church at 10 a.m. Monday, Jan. 6, 2003, at the Old First Presbyterian Church in Lake County.

CECIL H. DUBOIS
 Cecil H. Dubois, 81, of Sanford, died Tuesday, Dec. 3, 2002, at Lake County Hospital. Born May 3, 1921, in New York, he was a member of the United Methodist Church.

Survivors include wife, Mary; daughter, Virginia; and three grandchildren. Funeral services were held at the Lake County Community Church at 10 a.m. Monday, Jan. 6, 2003, at the Old First Presbyterian Church in Lake County.

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LUCILLA DENISE L. NICK
 Lucilla Denise Nick, 81, of Sanford, died Tuesday, Dec. 7, 2002, at her residence. Born Dec. 2, 1921, in Cambridge, Ala., she was a member of the United Methodist Church.

Survivors include son, Harvey; daughter, Anne; and three grandchildren. Funeral services were held at the Lake County Community Church at 10 a.m. Monday, Jan. 6, 2003, at the Old First Presbyterian Church in Lake County.

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JULIA B. STARRING
 Julia B. Starring, 81, of Sanford, died Monday, Dec. 9, 2002, at Lake County Hospital. Born March 8, 1921, in Sanford, she was a member of the United Methodist Church.

Survivors include daughter, Mary; and three grandchildren. Funeral services were held at the Lake County Community Church at 10 a.m. Monday, Jan. 6, 2003, at the Old First Presbyterian Church in Lake County.

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KATHERINE ANN SPENCER
 Katherine Ann Spencer, 81, of Sanford, died Wednesday, Dec. 25, 2002, at Lake Mary. Born Aug. 14, 1921, in Mississippi, she moved to Sanford in 1965. She was a member of the United Methodist Church.

CPA GEORGE R. DURYEY
 Certified Public Accountant

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 Fax: (407) 322-1733
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IMPACT MEETING PLANNED
 L.L.P.A. Greater Lake Mary Chapter will hold our Annual IMPACT meeting, February 5, 2003 at 6 PM. Guest networking, educational, and professional development opportunities for all.

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Herbal therapies, vitamins offer practical approach to battling cold and flu season

Winter is the best time to get your vitamins and minerals. It's a time when your body needs extra support to fight off the cold and flu viruses that are rampant in the air.

Dr. Robert M. Kaplan, a faculty member at UCF's College of Medicine, says that while there is no single herb that can prevent or cure the common cold or flu, a combination of herbs and vitamins can help reduce the severity and duration of these illnesses.

Dr. Kaplan recommends the following herbs and vitamins:

- Garlic:** Contains allicin, which has antibacterial and antiviral properties.
- Echinacea:** Helps boost the immune system.
- Vitamin C:** Helps reduce the duration of colds and flu.
- Zinc:** Helps reduce the severity of colds and flu.
- Probiotics:** Help maintain a healthy gut, which is important for a strong immune system.

Dr. Kaplan also advises that people should get plenty of rest and drink plenty of fluids during the winter months.

• Echinacea — First used in America by the Sioux, echinacea has been used in American medicine for over a century. It is the most widely used herb in the world today, and is known for its ability to boost the body's natural defenses against infection.

• Vitamin C — The flowers and berries, from which the vitamin is derived, are rich in vitamin C. It is a powerful antioxidant that helps protect cells from damage caused by free radicals.

• Zinc — Essential for the functioning of over 300 body enzymes, zinc regulates a wide variety of immune system functions. It is also believed to help reduce the severity of colds and flu.

• Probiotics — These are live microorganisms that help maintain a healthy gut. A healthy gut is important for a strong immune system.

• Goldenseal — One of the best-known herbs in the U.S. today, goldenseal has been used by Native Americans and was later adopted by the U.S. military from the U.S. Army. It is known for its ability to boost the immune system and is a good remedy for influenza and other respiratory infections.

• Zinc — Essential for the functioning of over 300 body enzymes, zinc regulates a wide variety of immune system functions. It is also believed to help reduce the severity of colds and flu.

Survey says Americans prefer big, bright smiles

What makes someone's smile sexy? A survey of 1,000 people found that it's all about those pearly whites. The survey revealed that Americans prefer a big, bright smile over a shy, closed-mouth smile.

The survey also found that people with a big, bright smile are more likely to be successful in their careers and in their relationships.

Dr. Tom Little, a dentist in Lake Mary, says that a big, bright smile is a sign of confidence and happiness. He advises that people should get regular dental checkups to keep their teeth healthy and bright.

Dr. Little also says that a big, bright smile can help reduce stress and improve overall health.

Kimberly has the ace smile. Nearly half of Americans voted Tiger Woods as having the best smile among male athletes.

When Americans were asked to name the athlete with the best smile, Tiger Woods was the clear favorite. He was chosen by 45 percent of respondents.

Other athletes named in the survey include Mike Tyson, Andre Agassi, and Andre Boudrias.

Dr. Little says that Tiger Woods' smile is a perfect example of a big, bright smile. He says that Tiger's smile is a sign of his confidence and success on the golf course.

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Join golf hole-in-one history with just a click

Scoring a hole-in-one is the dream of every golfer. It's the shot he really, intensely wants to make. It's the shot he really, intensely wants to see. It's the shot he really, intensely wants to play for possibly.

"I was struck three times over for a hole-in-one last year. I was surprised to find out that no one

has a record of all the people who have achieved this feat," says Jay Rossini, a heavy equipment operator and golf enthusiast. "Considering that the odds of hitting a hole-in-one are one in 2,500, you would think records like this would be kept somewhere."

Born in 1951, Rossini is a heavy equipment operator and was surprised to find that

no official national registry existed that tracked or archived hole-in-ones.

For that reason, he developed the United States Golf Register in 1997.

The United States Golf Register allows golfers to register their hole-in-one shots and share them. And the register is not just for bragging rights

with your buddies — it is recognized as the official hole-in-one register by the United States Golf Association (USGA), which maintains the Historical records in their permanent archive. Any hole-in-one recorded in a journal or at least nine holes can be registered according to USGA guidelines. Golfers can register scores in

the past if they have obtained information about the golfer played and can provide

Records can be recorded via the Web site (www.usgaregister.com). For registration fees, by mail to: USGA, 1900 Kingsley Road, Suite 100, Solvang, CA 93463.

It's tax preparation countdown time. File online to save some time before April 15

Tax preparation is not a welcome event for most people. Many find the forms complicated and put off preparing their returns in an attempt to delay the stress and confusion. This year, April 15, 2003, is "D-day" to file your taxes, but there's no need to fret at the prospect of a mountain of incomprehensible forms and charts.

However, Internet users can find some much needed relief as the Internal Revenue Service (IRS) and certain Web sites make it easier to prepare, file and pay taxes — online. Filing online can greatly reduce frustration, anxiety and aggravation

— even for those who wait until the last minute to file.

The IRS is warning against the idea of hurrying to the internet for all of your tax-related needs. The IRS has recently reported that 35 million taxpayers filed their 1999 returns electronically, and the agency is expecting that number will jump to 42 million this year.


Why file online? Larry Wright, spokesman for the IRS explains, "It's easier, faster and less confusing."

The IRS won't reject your return or make an error because it can't read your

handwriting. Plus you get your refund faster. Filing electronically pretty much tells itself: once people file online, they never want to go back."

E-filing can be as simple as visiting one of your favorite Web sites. Yahoo! for example offers user-friendly, secure online filing through its popular Yahoo!

Finance site. Consistently ranked as the No. 1 finance site on the Web, it guides taxpayers through a series of simple steps for preparing and filing returns, and provides a number of relevant tools and resources during the process.



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Limited number of VIP seats available. Call for more info.
Subject to change and handling fees apply.

Commitments totaling \$172,500 raised for beautification project

The Trailblazers are on their way to reaching their \$100,000 goal.

The Lake Mary Historical Society has received commitments for \$172,500 from both public and private sources to enhance the Cross County Trail

The Lake Mary Historical Society's Beautification Project will create a trail between Eagle Creek and County Road 4, providing strategically placed landscaping.

The Trailblazers project provides a very visible opportunity for Lake Mary to demonstrate what can be accomplished.

Through a cooperative effort, said Lake Mary Mayor Thom Cannon, "The Lake Mary Civic Commission fully endorses the work the volunteer group is doing and urges everyone to support this important project."

With approval from the city and Seminole County the project developed and funded by the Trailblazers group continues to seek the appropriate community for historical landmarks.

A groundbreaking ceremony was held last week at the Grand Park to commemorate the launch of the beautification project.

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Phi Delta Kappa scholarship application deadline Jan. 15

The Central Florida Chapter of Phi Delta Kappa is again sponsoring scholarship for high school students who intend to go to college to become teachers.

Applications for these scholarships can be obtained from Dave Scott at Stillwide Elementary School.

Guardian Ad Litem program training begins in February

The Seminole County Guardian Ad Litem Program is in need of volunteers to advocate for the best interest of abused, neglected and abandoned children in a court proceeding.

You must present favorable references, consent to have your background checked, and complete 24 hours of training.

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Advertisement for J.A. Eyebanks, featuring text about comprehensive eye care, contact lens specialists, and contact information for various services.

Advertisement for Yachter Family Chiropractic Center, featuring a large image of a person and text: 'We Want You to Be Part of Our Family', 'Yachter Family Chiropractic Center', '3577 Lake Emma Road, Suite 121, Lake Mary, FL 32746', '407-333-2277'.



[Faded and illegible text, likely a news report or advertisement. The text is too dark and blurry to transcribe accurately.]

NTY